



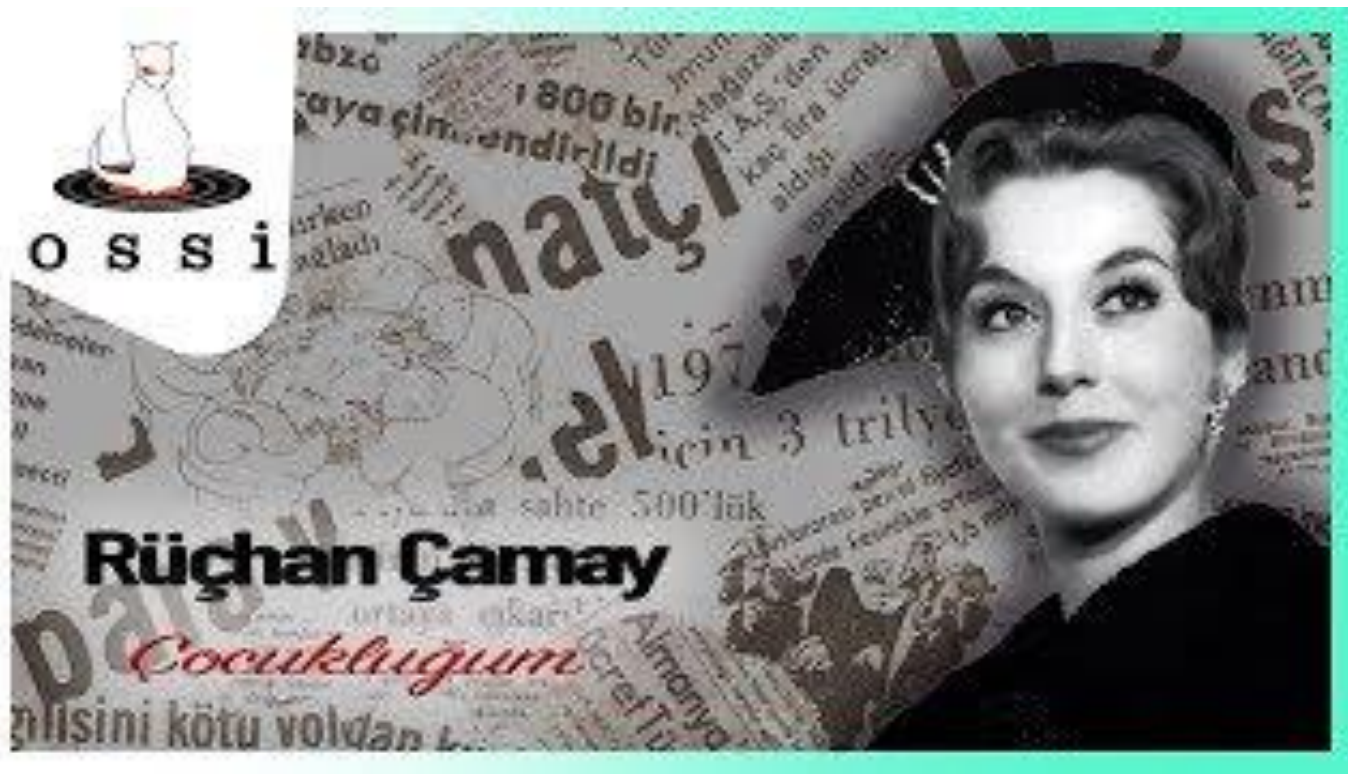
Olgularla HBV İnfeksiyonu Yan Etki Yönetimi:

Olgu: KHB ve Lipid Yönetimi

Dr Emel YILMAZ

BUÜTF Enf Hast ve Kl Mik AD

Görükle-BURSA



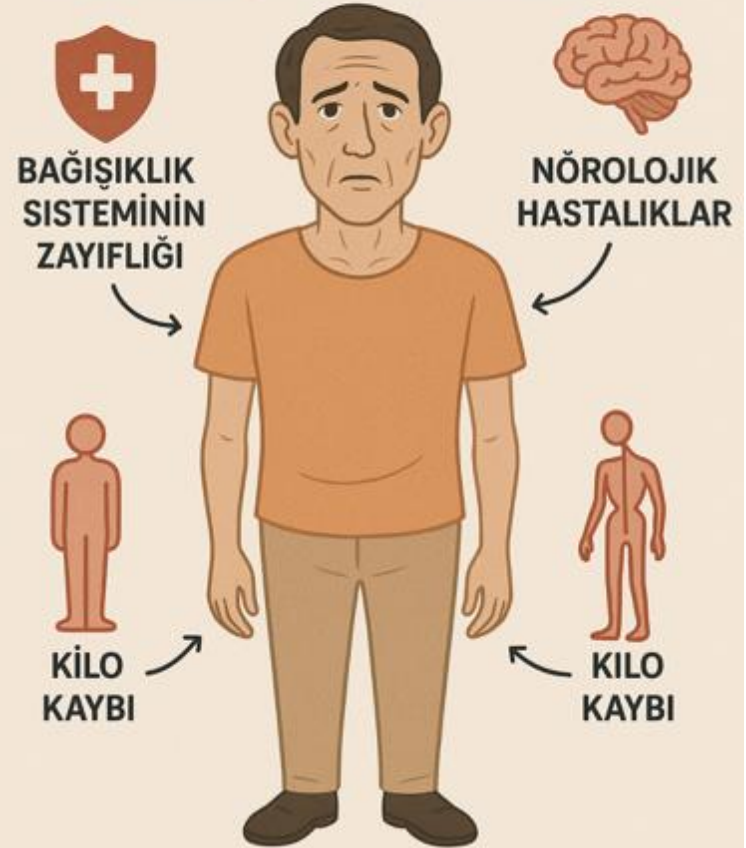
KOLESTEROL YÜKSEKLİĞİ

Obez insanda ne gibi sağlık sorunları olur



KOLESTEROL AZLIĞI

İnsanda ne gibi sağlık sorunları olur



Olgu

- AK
- 61 yaşı, kadın
- Emekli memur
- Yaklaşık 5-6 yıldır Bursa'da yaşıyor



- Hasta merkezimize başvurdu



Olgu

- **Yakınması:** Bel ağrısı, kas-eklem ağrıları dışında yakınması yok
- **Hikayesi:** ~20 yıldır kronik hepatit B tanısı almış

Olgu-Hikaye devam

- Hastaya 2005 yılında biyopsi yapılmış (Ankara)
 - Patoloji raporu HAI: 5, Fibrozis: 3
 - Lamivudin başlanmıştır
- ~ 10 yıl kadar hastaya Lamivudin ile tedavi verilmiştir
- Hastanın kontrol HBV DNA'sı uzun süredir negatiflik varken yükselmeye başlamış
- En son HBV DNA 2534 IU/mL (dış merkezli)

Olgu

- **Özgeçmiş:**

- Sigara kullanımı yok,
- Alkol yok
- Transfüzyon öyküsü yok
- Ameliyat yok
- Tip II DM
- HT

- **Soy geçmişi:**

- Anne siroz nedeniyle exitus
- Ailede KVH öyküsü var
- Baba MI nedeniyle exitus
- 5 kardeşi var, hayatta; 3 kardeşinde karaciğer hastalığı mevcut

Olgu



- Detayı çok bilmiyoruz
 - Düzenli ilaç almamış olabilir
 - Hasta düzenli kullandığını ifade ediyor
 - Direnç gelişmiş olabilir

Tedavi değişikliği yapılmış mıdır?
Hangi tedavi uygun???

EASL 2017 Clinical Practice Guidelines on the management of hepatitis B virus infection[☆]

European Association for the Study of the Liver*

Table 7. Management of patients who develop NA resistance.

Resistance pattern	Recommended rescue strategies
LAM resistance	Switch to TDF or TAF
TBV resistance	Switch to TDF or TAF
ETV resistance	Switch to TDF or TAF
ADV resistance	If LAM-naïve: switch to ETV or TDF or TAF If LAM-resistance: switch to TDF or TAF If HBV DNA plateaus: add ETV ^{***} or switch to ETV
TDF or TAF resistance ^{**}	If LAM-naïve: switch to ETV If LAM-R: add ETV [*]
Multidrug resistance	Switch to ETV plus TDF or TAF combination

ETV, entecavir; TDF, tenofovir disoproxil fumarate; TAF, tenofovir alafenamide; LAM, lamivudine; ADV, adefovir; TBV, telbivudine.

* The long-term safety of these combinations is unknown.

** Not seen clinically so far; do genotyping and phenotyping in an expert laboratory to determine the cross-resistance profile.

*** Especially in patients with ADV resistant mutations (rA181T/V and/or rN236T) and high viral load, the response to TDF (TAF) can be protracted.

Olgu

Bildiğimiz kadarıyla Direnç testi yapılmamış

Tablo 5. Antiviral Direnç Durumunda Tedavi Yönetimi

Tedavi Yönetimi	
LAM Direnci	TDF ya da TAF'a geçilir.
ADV Direnci	Entekavire geçilir.
Telbivudin Direnci	TDF ya da TAF'a geçilir.
Entekavir Direnci	TDF ya da TAF'a geçilir.
*TDF Direnci	Entekavire geçilir ya da entekavir eklenir.

*Lamivudin direnci olan hastalarda entekavir eklenmesi, olmayanlarda entekavire geçilmesi önerilir.

ETV

TAF

TDF

Hepatit B için
FDA TAF onayı 2016
Bizde TAF onayı 2017

Hasta 4 yıl TDF ile düzenli takip
ediliyor



- Bel ağrısı, kas-eklem ağrıları olan hastanın tetkikleri isteniyor
- DEXA isteniyor

25 OH vit D: 10 µg/L (20-50)
Parathormon: 40,2 ng/L (15-68,3)

Başvuru

- Hemogram

- BK: 6500/mm³
- Hb: 12,2 mg/dL
- PLT: 250.000/mm³

HBV DNA: negatif

- HBs Ag: (+)
- AntiHBs: (-)
- HBe Ag: (-)
- AntiHBe: (+)
- AntiHBc IgM: (-)
- AntiHBc IgG: (+)
- AntiHDV: (-)
- AntiHCV: (-)

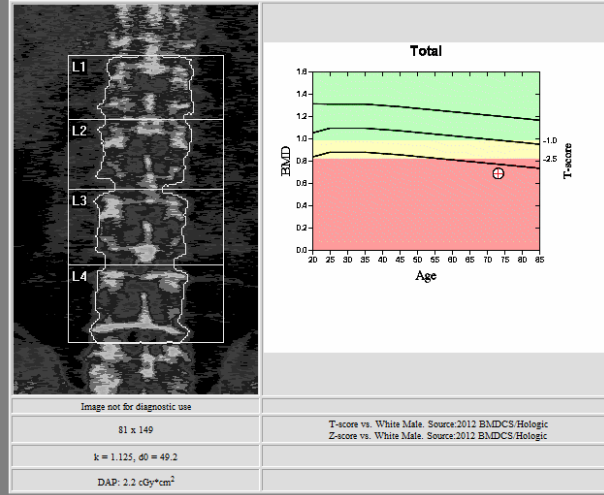
- Kan biyokimyası
 - Glu: 112 mg/dL
 - HbA1c= %5,9
 - Üre: 20,8 mg/dL
 - BUN: 12,9 mg/dL
 - Kreat: 0,8 mg/dL
 - GFR: >90ml/dk (1,73 m²)
 - ALT: 20 IU/L
 - AST: 20 IU/L
 - GGT: 28 U/L
 - ALP: 63 U/L

- Kan biyokimyası
 - T.Prot: 70 g/L (66-81)
 - Alb: 42 g/L (40-50)
 - INR: 0,96
 - AFP: 1,5 µg/L (1,09-8,4)
 - T Bil: 0,54 mg/dL
 - D. Bil: 0,22 mg/dL
- Lipid profili
 - TG: 160 mg/dL (40-150)
 - T Kol: 195 mg/dL (130-200)
 - HDL: 44 mg/dL (>40)
 - LDL: 108 mg/dL (60-130)
- Ca: 9,2 mg/dL
- Fosfor: 3,9 mg/dL
- BMI: 28,6 kg/m²

USG: Özellik yok

ULUDAG UNIVERSITESI TIP FAKULTESI
RADYOLOJİ ANA BİLİMDALI
BURSA

Patient Information:



Scan Information:

Scan Date:	21 February 2022 - A0221220S
Scan Type:	f Lumbar Spine
Analysis Date:	21.02.2022 09:42
Analysis Protocol:	Spine
Report Date:	21.02.2022 09:42
Institution:	ULUDAG UNIVERSITESI TIP FAKULTESI
Operator:	SK
Model:	Horizon Wi (S/N201290)
Comment:	
Software version:	13.6.0.4

Results Summary:

Region	Area[cm ²]	BMC[g]	BMD[g/cm ³]	T-score	PR (Peak Reference)	Z-score	AM (Age Matched)
L1	14.64	10.42	0.712	-3.3	66	-2.4	73
L2	15.78	10.93	0.693	-3.6	63	-2.7	70
L3	17.13	11.85	0.692	-3.7	63	-2.8	70
L4	18.85	12.45	0.660	-3.9	61	-2.9	68
Total	66.39	45.65	0.683	-3.7	63	-2.7	70

Total BMD CV 1.0%, ACF = 1.037, BCF = 1.014, TH = 7.257

Fracture Risk: High; WHO Classification: Osteoporosis

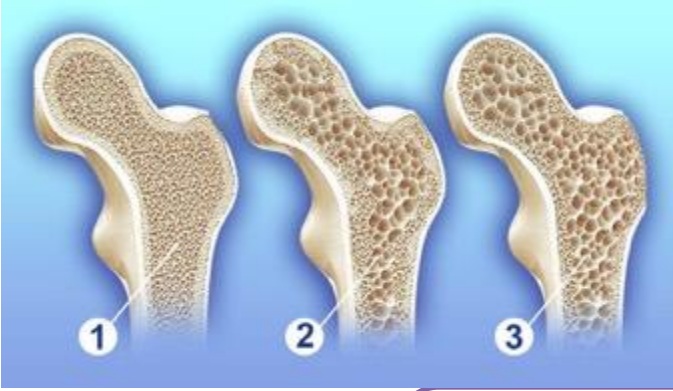
DEXA:

- 1'in üzerindeki değerler normaldir.
- 1 ile -2.5 arasındaki değerler kemik kaybının ilk safhası olan osteopeni'yi gösterir.
- 2.5'tan küçük değerler ise osteoporoz lehine yorumlanır.

Comment:

HOLOGIC®

Kırılma Riski Yüksek
WHO sınıflamasına
göre Osteoporoz



Endokrinoloji konsültasyonu istendi

2x1/gün Kalsiyum karbonat (3 g)+Vit D3 (800IU) (Calcimax D)
+
1/hafta Na trihidrat (70 g)+ Vit D3 kolekalsiferol (5600 IU) (Fosavance)

1/ yıl Zoledronik asit (4 mg/100mL) (Zometa/Aclasta)

- Biz ne yapalım?

Tedavi deęiřiklięi?



EASL 2017 Clinical Practice Guidelines on the management of hepatitis B virus infection[☆]

European Association for the Study of the Liver*

Table 5. Indications for selecting ETV or TAF over TDF.^{*}

1. Age >60 years

2. Bone disease

Chronic steroid use or use of other medications that worsen bone density

History of fragility fracture

Osteoporosis

3. Renal alteration^{**}

eGFR <60 ml/min/1.73 m²

Albuminuria >30 mg/24 h or moderate dipstick proteinuria

Low phosphate (<2.5 mg/dl)

Hemodialysis

^{*} TAF should be preferred to ETV in patients with previous exposure to nucleoside analogues.

^{**} ETV dose needs to be adjusted if eGFR <50 ml/min; no dose adjustment of TAF is required in adults or adolescents (aged at least 12 years and of at least 35 kg body weight) with estimated creatinine clearance (CrCl) ≥15 ml/min or in patients with CrCl <15 ml/min who are receiving haemodialysis.

Tedavi takibi nasıl olmalı?

- ALT/AST
 - İlk yıl 3-4 ayda bir
 - Sonraki yıllar, 6 ayda bir
- HBV DNA
 - İlk yıl; DNA negatif oluncaya kadar her ay
 - Sonraki yıllar 6-12 ayda bir
- HBsAg
 - HBV DNA negatifleştiyse 12 ayda bir
- AntiHBs
 - HBs Ag negatifleştikten sonra yılda bir
- Kemik ölçümü
 - Yaşa göre yılda bir
- HSK
 - 6-12 ayda bir USG, AFP

Clinical Practice Guidelines



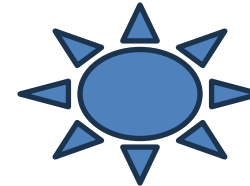
EASL JOURNAL OF HEPATOLOGY

EASL 2017 Clinical Practice Guidelines on the management of hepatitis B virus infection*

European Association for the Study of the Liver*

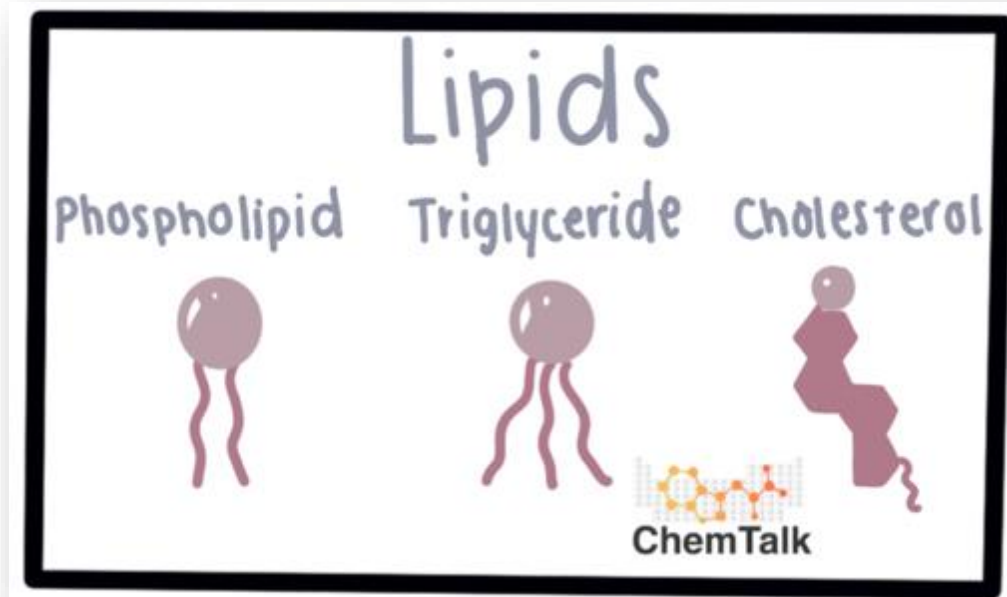
Journal of Hepatology 2017 vol. 67 | 370–398

Lipid profili 6 ayda bir (risk grubunda)



- TDF'den (tenofovir disporoksil fumarat) TAF'a (tenofovir alafenamid fumarat) geçildi
- Takipte
 - HBV DNA
 - KCFT
 - Lipid profili
 - Renal fonksiyonlar
 - AFP
 - Seroloji
 - Batın USG'sinde değişiklik yok

- Takiplerde hangi parametrelere dikkat edelim???



Hastanın Lipid Profili Nasıl?

Tarih	Tedavi	Trigliserid mg/dL	T. Kol	LDL	HDL
0. ay	TDF'dan TAF'a geçerken	160	195	108	44
6. ay	TAF	242	228	148	39
9. ay	TAF	250	230	150	33

RESEARCH

Open Access



Impact of switch from tenofovir disoproxil fumarate-based regimens to tenofovir alafenamide-based regimens on lipid profile, weight gain and cardiovascular risk score in people living with HIV

Pierre-Emmanuel Plum¹, Nathalie Maes², Anne-Sophie Sauvage¹, Frédéric Frippiat¹, Christelle Meuris¹, Frédéric Frippiat¹, Nathalie Maes², Anne-Sophie Sauvage¹, Frédéric Frippiat¹, Christelle Meuris¹

Table 2 Evolution of lipid parameters

A. TDF/TDF group, Mean [95%CI] (N = 31)

	N	2016	2018	Evolution 2018–2016	p-value
Triglycerides (mg/dL)	31	134 [104;164]	116 [91;141]	– 18 [– 49;13]	0.26
TC (mg/dL)	31	184 [170;199]	176 [161;191]	– 8.5 [– 16;– 1.0]	0.028
LDL Cholesterol (mg/dL)	1	107 [94;119]	103 [89;117]	– 3.8 [– 12;4.8]	0.38
HDL Cholesterol (mg/dL)	31	51 [47;56]	50 [45;55]	– 1.2 [– 4.3;1.9]	0.44
TC/HDL ratio	31	3.8 [3.4;4.3]	3.7 [3.3;4.2]	– 0.087 [– 0.37;0.19]	0.53

B. Evolution of lipid parameters in TDF/TAF group, Mean [95%CI] (N = 98)

	N	Before (on TDF)	After (on TAF)	Evolution After–Before	p-value
Triglycerides (mg/dL)	98	123 [110;136]	143 [124;161]	20 [7;33]	0.0026
TC (mg/dL)	98	183 [176;191]	192 [185;199]	8.7 [3.1; 14]	0.0026
LDL Cholesterol (mg/dL)	95	103 [97;110]	105 [99;111]	1.7 [– 3.0;6.4]	0.48
HDL Cholesterol (mg/dL)	96	56 [52;53]	59 [55;63]	2.9 [0.75;5.0]	0.0084
TC/HDL ratio	96	3.6 [3.3;3.8]	3.5 [3.3;3.8]	– 0.023 [– 0.18;0.13]	0.77

Ne yapalım????

- Tedavi değişikliği????

- TAF 'e devam
- TDF'e tekrar geçelim
- ETV'e bir şans verelim

- Antilipid tedavi???

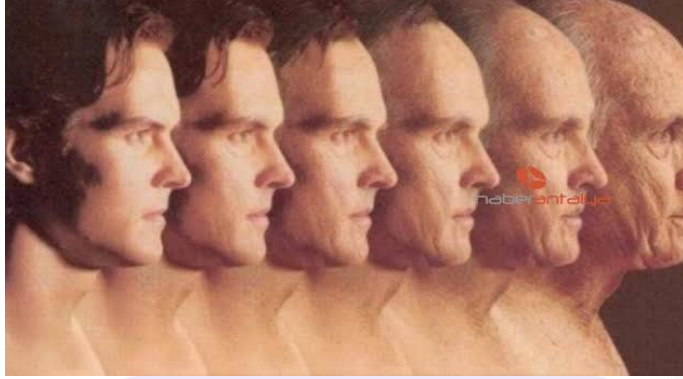
Tablo 1. Total KVH risk hesaplama sistemleri

Sistem	Risk	Değişkenler
Framingham modeli (12)	10 yıllık KVO riski	Cinsiyet, yaş, Total-K, HDL-K, Sistolik kan basıncı, sigara, DM, HT tedavisi
SCORE (10)	10 yıllık KVH ölüm riski	Cinsiyet, yaş, Total-K veya TK/HDL-K, Sistolik kan basıncı, sigara
ASSIGN (13)	10 yıllık KVO riski	Cinsiyet, yaş, Total-K, HDL-K, Sistolik kan basıncı, sigara (sayı), DM, alan bazlı yoksunluk indeksi, aile hikayesi
QRISK2 (14)	10 yıllık KVO riski	Cinsiyet, yaş, Total-K/HDL-K, Sistolik kan basıncı, sigara, DM, alan bazlı yoksunluk indeksi, aile hikayesi, BKI, antihipertansif tedavi, etnik köken, RA, KBH evre 4-5, AF
Reynolds Risk Score (15,16)	10 yıllık MI, inme, koroner revaskülarizasyon veya kardiyovasküler ölüm	Cinsiyet, yaş, Total-K, HDL-K, Sistolik kan basıncı, hsCRP, sigara, ailede erken MI hikayesi (<60 yaş), DM varsa HbA1c
Globorisk (17)	10 yıllık KVH ölüm riski	Cinsiyet, yaş, Total-K, Sistolik kan basıncı, sigara, DM

AF; Atrial Fbrilasyon, BKI; Beden Kitle İndeksi, DM; Diabetes Mellitus, HDL-K; HDL Kolesterol, hsCRP; Yüksek hassas CRP, HT: Hipertansiyon, KBH; Kronik Böbrek Hastalığı, MI; Miyokard İnfarktüsu, RA; Romatoid Artrit, Total-K; Total Kolesterol,

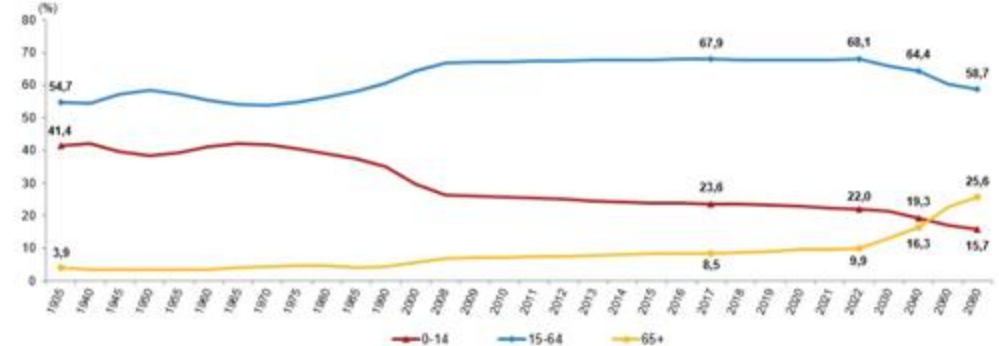
- Hangi tedaviyi başlayalım??

Türkiye’de Yaşlı Nüfusun Zamanla Değişimi



Hastalarımız da
yaşlanıyor

Yaş grubuna göre nüfus oranı, 1935-2080



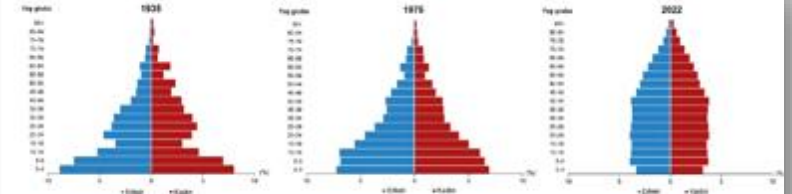
Kaynak: TÜİK, Genel Nüfus Sayımları, 1935-2000

TÜİK, Adrese Dayalı Nüfus Kayıt Sistemi, 2008-2022

TÜİK, 2018 Nüfus Projeksiyonları, 2030-2080

2015 yılında % 8,2
2020 yılında % 9,5
2025 yılında % 11
2030 yılında %12,9
2040 yılında % 16,3
2080 yılında % 25,6

Nüfus piramidi, 1935, 1975, 2022



Kaynak: TÜİK, Genel Nüfus Sayımları, 1935, 1975

TÜİK, Adrese Dayalı Nüfus Kayıt Sistemi, 2022

AGA CLINICAL PRACTICE UPDATE: EXPERT REVIEW

Treatment of Dyslipidemia in Common Liver Diseases

Elizabeth K. Speliotes,^{*} Maya Balakrishnan,[‡] Lawrence S. Friedman,[§] and Kathleen E. Corey[¶]

^{*}Department of Internal Medicine, Division of Gastroenterology and Department of Computational Medicine and Bioinformatics, University of Michigan, Ann Arbor, Michigan; [‡]Department of Internal Medicine, Division of Gastroenterology, Baylor College of Medicine, Houston, Texas; [§]Departments of Medicine, Harvard Medical School, Tufts University School of Medicine, Newton-Wellesley Hospital, and Massachusetts General Hospital, Boston, Massachusetts; and [¶]Department of Medicine, Division of Gastroenterology, Massachusetts General Hospital, Harvard Medical School, Boston, Massachusetts

Table 2. Indications for Pharmacologic Reduction of Serum LDL Levels in the General Population

Presence of clinical atherosclerotic cardiovascular disease (coronary heart disease, symptomatic carotid artery disease, stroke/transient ischemic attack, peripheral artery disease, abdominal aortic aneurysm)
Adults 40–77 years of age with diabetes mellitus and LDL levels of 70–189 mg/dL
Adults 40–75 years of age with a global 10-year risk of cardiovascular disease $\geq 7.5\%$ and an LDL level of 70–189 mg/dL
Adults with an LDL level ≥ 190 mg/dL

Adapted from 2013 American Heart Association/American College of Cardiology guidelines.¹

LDL, low-density lipoproteins.

Tablo 3. ATP III'e göre farklı risk gruplarında LDL kolesterol tedavi hedefleri

ATP III LDL kolesterol hedefleri Risk grubu	LDL kolesterol	Yaşam tarzı değişimi	İlaç tedavisi
Yüksek risk KKH veya eşdeğeri 10-yıl risk $> 20\%$	< 100 mg/dl (opsiyonel hedef < 70 mg/dl)	≥ 100 mg/dl	≥ 100 mg/dl (< 100 mg/dl ilaç seçeneği)*
Orta derece yüksek risk: 2+ RF 10-yıl risk $\geq 10-20\%$	< 130 mg/dl	≥ 130 mg/dl	≥ 130 mg/dl (100-129 mg/dl; ilaç seçeneği)&
Orta risk: 2+ RF 10-yıl risk $< 10\%$	< 130 mg/dl	≥ 130 mg/dl	≥ 160 mg/dl
Düşük risk 0-1 risk faktörü	< 160 mg/dl	≥ 160 mg/dl	≥ 190 mg/dl (160-189 mg/dl; LDL düşürücü ilaç opsiyonel)

*LDL düşürücü tedavi uygulandığında $\geq 30-40$ azalma sağlayacak doz yeterli; &Klinik çalışmalar ışığında LDL kolesterolü < 100 mg/dl yapmak için ilaç başlanması tercihe bağlıdır.

Tablo 4. Mevcut statinler, başlangıç standart dozlar ve bu dozlar ile ulaşılabilen ortalama LDL düşüşü

İlaç	Doz (mg/dl)	LDL düşüşü (%)
Atorvastatin	10*	39
Lovastatin	40*	31
Pravastatin	40*	34
Simvastatin	20-40*	35-41
Fluvastatin	40-80	25-35
Rosuvastatin	5-10†	39-45

*İlaçların tümünde doz maksimum 80 mg'a dek çıkılabilir. Bu doza ulaşana dek dozun her iki kat artışı ile LDL kolesterolde başlangıç değerinin üzerine ≥ 6 'lık ek düşüş elde edilir. †Rosuvastatin için FDA tarafından önerilen maksimum doz 40 mg'dır. 5 mg için etkinlik 10 mg dozu ile elde edilen LDL düşüşünden ilave ≥ 6 çıkarılarak elde edilmiştir.

Speliotes EK et al. Clin Gastroenterol Hepatol 2018; 16: 1189-96.

RESEARCH

Open Access

Statin use and the risk of hepatocellular carcinoma among patients with chronic hepatitis B: an emulated target trial using longitudinal nationwide population cohort data

Dong Hyun Sinn^{1,2†}, Danbee Kang^{3,4†}, Yewon Park⁵, Hyunsoo Kim⁶, Yun Soo Hong⁵, Juhhee Cho^{1,3,4*} and Geum-Youn Gwak^{1,4}



Statinler HMGCoA (3 hidroksi 3 metil glutamil CoA) redüktaz inhibitörüdürler
Dislipidemi HSK gelişimi ile doğru orantılı

Statinler hepatotoksik de olabilir
1/100.000 de akut karaciğer yetmezliği

statinler güvenli

Results for incidence of hepatocellular carcinoma according to statin use

	No of case (100 persons year)	Crude HR (95% CI)	Adjusted HR ^a (95% CI)
	170 (0.3)	Reference	Reference
	37 (0.2)	0.56 (0.39, 0.80)	0.56 (0.39, 0.80)
Liver cancer or liver-related mortality			
Statin nonuser	86 (0.2)	Reference	Reference
Statin user	17 (0.1)	0.57 (0.33, 0.94)	0.59 (0.35, 0.99)
Extrahepatic cancer-related mortality			
Statin nonuser	85 (0.2)	Reference	Reference
Statin user	34 (0.2)	1.13 (0.76, 1.68)	1.12 (0.75, 1.67)
Cardiovascular disease-related mortality			
Statin nonuser	42 (0.1)	Reference	Reference
Statin user	14 (0.1)	0.94 (0.51, 1.72)	0.96 (0.52, 1.79)
All-cause mortality			
Statin nonuser	302 (0.6)	Reference	Reference
Statin user	101 (0.6)	0.94 (0.75, 1.18)	0.93 (0.78, 1.11)

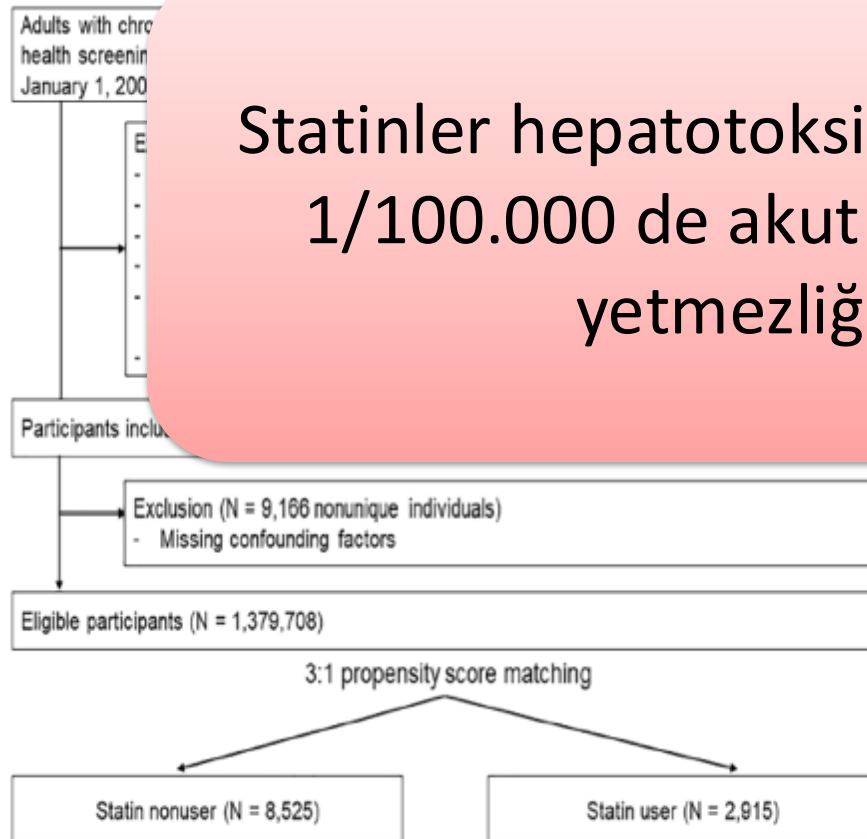
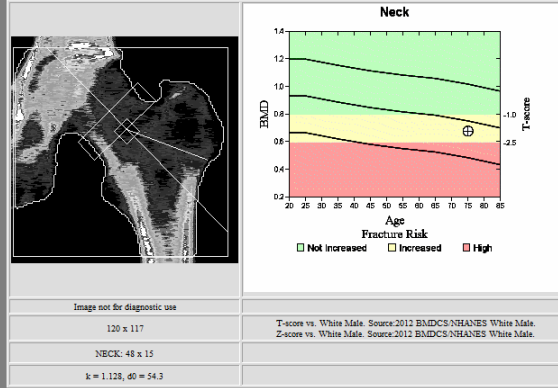


Fig. 1 Flow chart of study subjects. Study participants could have more than one exclusion criteria. *10% random sampling was applied to the statin nonuser group

- Yaşam tarzı değişikliği önerildi
 - Kilo kontrol
 - Diyabet kontrolü
 - Egzersiz
- Atorvastatin (10 mg/gün) başlandı
- İlaç/ilaç etkileşimi kontrol edildi

Tarih	Tedavi	Trigliserid mg/dL (40-150)	T. Kol mg/dL (130-200)	LDL mg/dL (60-130)	HDL mg/dL (>40)
0. ay	TDF	160	195	108	44
6. ay	TAF	242	228	148	39
9. ay	TAF	210	250	157	40
12. ay	TAF	80	190	140	45
1 yıl 6 ay	TAF+ Atorvastatin	50	183	110	63
2. yıl	TAF+Atorvas tatin	83	180	108	62

ULUDAG UNIVERSİTESİ TIP FAKULTESİ HASTANESİ
RADYOLOJİ ANABİLİM DALI
BURSA



Results Summary:

Region	Area[cm²]	BMC[(g)]	BMD[g/cm³]	T-score	PR (Peak Reference)	Z-score	AM (Age Matched)
Neck	5.48	3.71	0.677	-1.9	73	-0.5	90
Troch	14.45	8.18	0.566	-1.7	73	-1.1	80
Inter	28.77	30.61	1.064	-0.7	89	0.0	101
Total	48.70	42.50	0.873	-1.1	84	-0.2	96
Ward's	1.11	0.52	0.470	-2.2	60	-0.1	97

Total BMD CV 1.0%, ACF = 1.037, BCF = 1.014, TH = 5.706

Fracture Risk: Increased; WHO Classification: Osteopenia

Scan Date:	23 February 2024 - A0223241M
Scan Type:	f Left Hip
Analysis Date:	23.02.2024 13:39
Analysis Protocol:	Hip
Report Date:	23.02.2024 13:40
Institution:	ULUDAG UNIVERSİTESİ TIP FAKULTESİ HASTANESİ
Operator:	MK
Model:	Horizon Wi (S/N201290)
Comment:	
Software version:	13.6.0.4

Comment:

HOLOGIC®

5 yıl



emek için tıklatın

in tıklatın

Endokrinoloji konsültasyonu istendi

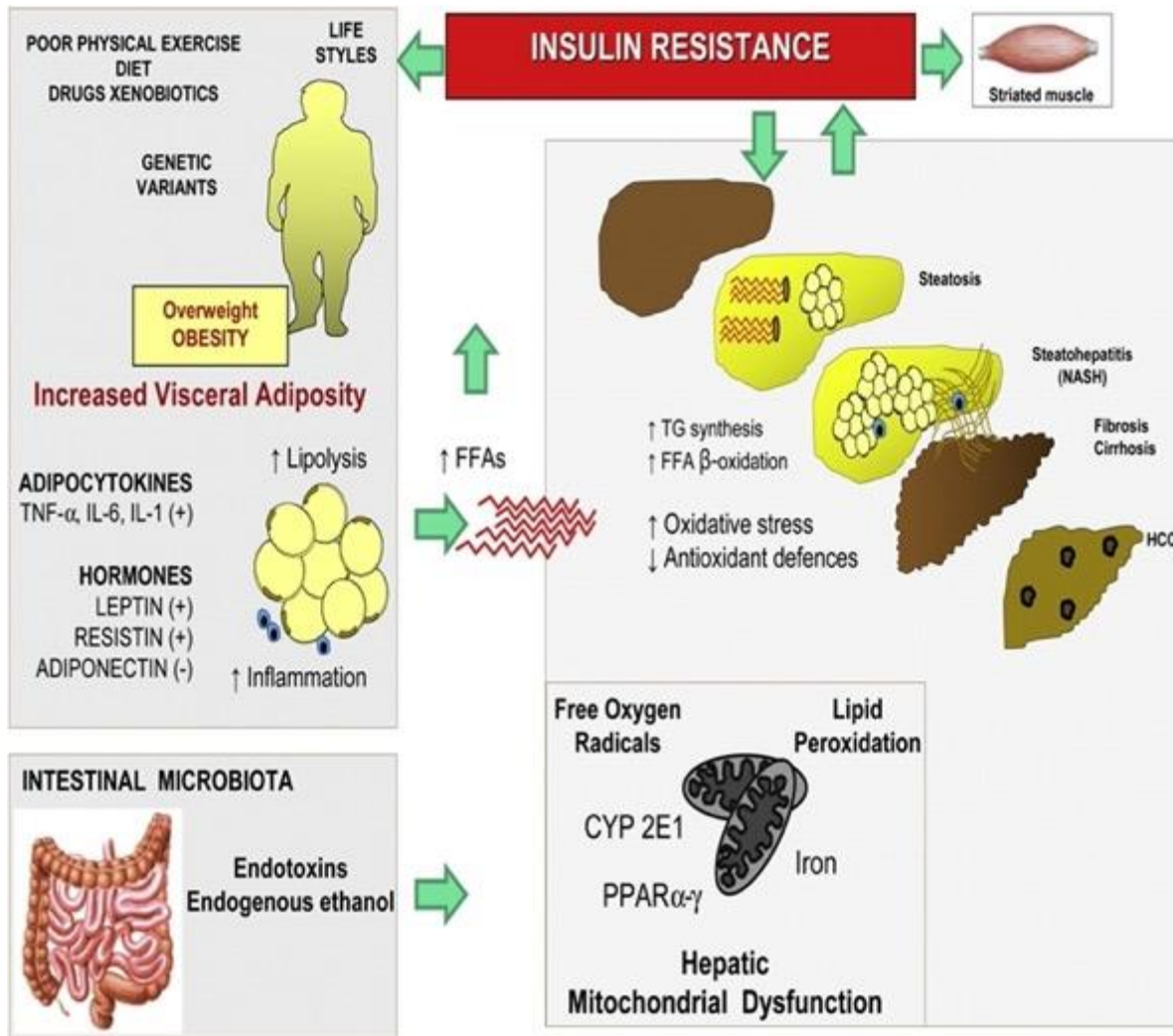
2x1/gün Kalsiyum karbonat (3 g)+Vit D3 (800IU) (Calcimax D)
+
1/hafta Na trihidrat (70 g)+ Vit D3 kolekaliferol (5600 IU) (Fosavance)

1/ yıl Zoledronik asit (4 mg/100mL) (Zometa/Aclasta)

Diğer Dexa lara
göre gerileme
mevcut



HBV – Lipid Metabolizması
arasında bir ilişki var mı?



Karaciğer lipid üretilen organ

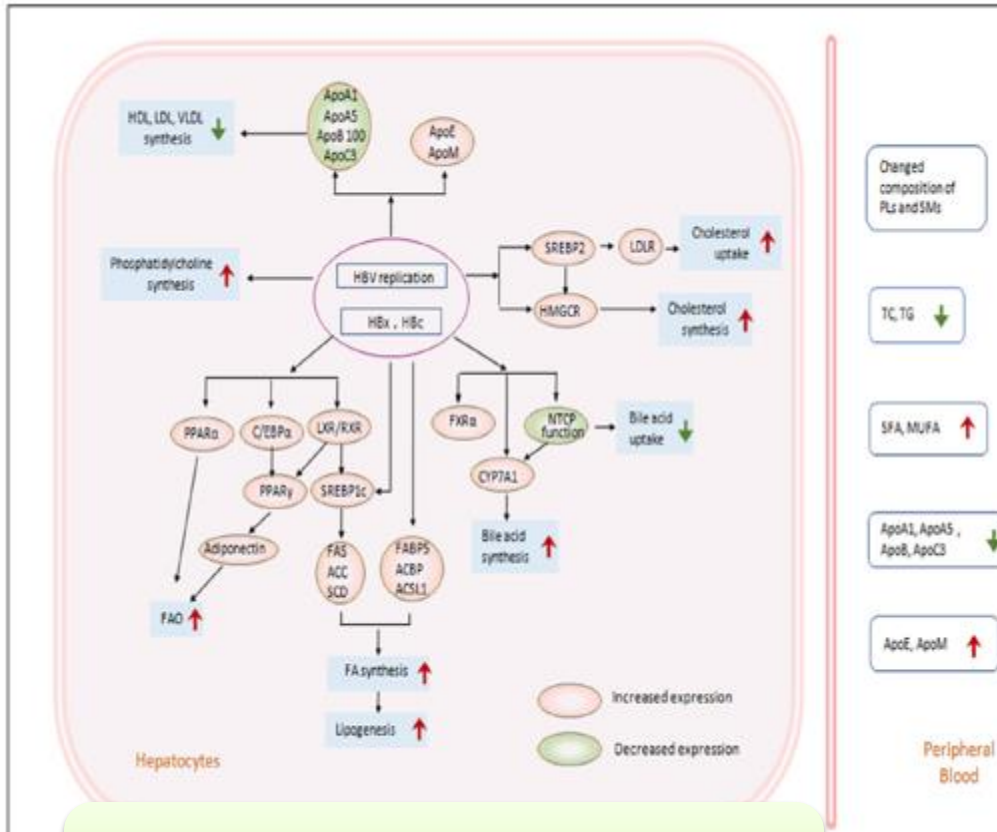
Adipositokinlerden Visfatin bakılmış HCV ile anlamlı ilişki varken HBV ile ilişki gösterilmemiş



Multifaceted Interaction Between Hepatitis B Virus Infection and Lipid Metabolism in Hepatocytes: A Potential Target of Antiviral Therapy for Chronic Hepatitis B

HBV “METABOLİK VİRUS” METABOLOVIRUS

HBV’nin özellikle HBx proteini



HBV hem lipogenez hem de lipoliz
yapar

1. LDL R’ünü ve HMGCR (hidroksi metil glutamil koenzim A) redüktaz sentezini arttırır. Kolesterol alımı ve sentezi artar
2. Lipid emilimi için gerekli olan safra asid sentezini arttırır
3. Yağ asit sentezi artar
4. Bazı lipoproteinleri düşürürken bazılarının sentezini stimüle eder

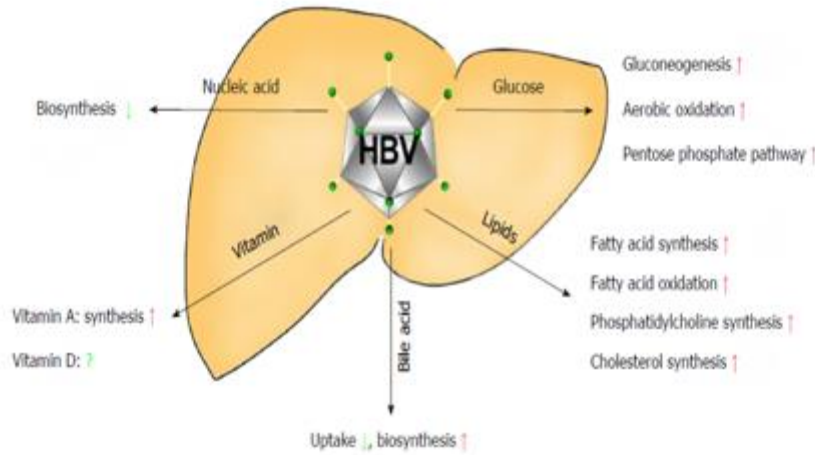


Figure 2 Changes in the hepatic metabolic signaling pathway induced by hepatitis B virus infection. Alterations in related signaling pathways (including glucose, lipids, nucleic acids, bile acids and vitamins) following hepatitis B virus (HBV) infection are marked and highlighted in this figure. The influence of HBV infection on vitamin D metabolism is unclear.

Impact of hepatitis B virus infection on hepatic metabolic signaling pathway

Yi-Xian Shi, Chen-Jie Huang, Zheng-Gang Yang

HBx proteini ile lipid sentezi ve hepatosite yağ asit bağlanması artarken apolipoprotein salgılanması engellenir
Böylece periferik kanda Kolesterol ve Trigliserid azalır, LDL, VLDL çok düşer.
Ancak karaciğer yağlanması artar

The Evaluation of Serum Lipid Profile in Chronic Hepatitis B Patients at a Tertiary Care Centre in Western India: A Cross-Sectional Study

Durga Shankar Meena, Deepak Kumar, Mahendra Kumar Garg, Mahadev Meena, Bharat Seju, Gopal Krishana Bohra, Naresh Kumar Midha, Mithu Banerjee¹

Departments of Internal Medicine and ¹Biochemistry, All India Institute of Medical Sciences, Jodhpur, Rajasthan, India

Table 2: Serum lipid profile of the study population compared with healthy control

Lipid profile	HBV positive patients (n=50)	Control (HBV negative. n=43)	CI of mean difference (95%)	P
TC (mg/dL)	133.06±42.35	162.39±28.51	-44.17--15.03	0.0002
TG (mg/dL)	122.22±53.37	128.42±28.19	-24.43-11.33	NS
HDL-C (mg/dL)	35.56±11.42	43.65±8.20	-11.87--4.38	0.0002
LDL-C (mg/dL)	76.62±29.04	99.95±24.55	-33.60--12.85	0.0001
VLDL-C (mg/dL)	24.57±10.85	25.43±5.7	-4.59-2.73	NS

Values are mean±SD. $P<0.05$ is considered statistically significant, NS: $P>0.05$ (NS). TC=Total cholesterol, TG=Triglyceride, HDL-C=High-density lipoprotein cholesterol, LDL-C=Low-density lipoprotein cholesterol, VLDL-C=Very LDL-C, HBV=Hepatitis B virus, NS=Not significant, CI=Confidence interval, SD=Standard deviation



Original Article

Dyslipidemia and impaired liver function biomarkers in patients with hepatitis B liver cirrhosis



Naila Shoaib, M.Phil.^{a,b}, Zaman Khan, Ph.D.^c, Marukh Ibrahim, B.S.^c,
Anjam Hafeez, B.S.^c, Arooj Fatima, B.S.^c, Hassan Imran, M.Phil.^c, Fiza Saleem, M.Phil.^c,
Syed Muhammad Hassan Askari, M.Phil.^c and Sadra Gull, M.Phil.^{c,d}

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Received 29 August 2022; revised 14 November 2022; accepted 1 January 2023; Available online 12 January 2023

Table 1: Demographic and clinical features of the study population.

Parameters	Reference Range	Patients (n = 300)	Controls (n = 200)	P
Age (years)	—	54.6 ± 13.3	54.3 ± 12.7	0.615
Age group n (%)				
≤20	—	2 (0.7)	2 (1)	0.969
21–40	—	43 (14.3)	29 (14.5)	
41–60	—	162 (54)	112 (56)	
61–80	—	84 (28)	52 (26)	
81–100	—	9 (3)	5 (2.5)	
Sex n (%)				
Male	—	137 (46)	93 (46.5)	0.855
Female	—	163 (54)	107 (53.5)	
LFTs				
Bilirubin	0–1.2 mg/dl	0.7 ± 0.92	0.63 ± 0.34	0.224
AST	10–35 U/L	52.4 ± 123.43	25.4 ± 8.9	<0.001
ALT	9–41 U/L	50.9 ± 70.80	24.2 ± 9.2	<0.001
ALP	30–120 U/L	121.8 ± 87.27	74.8 ± 8.9	<0.001
Lipid profile				
TC	<200 mg/dl	153.7 ± 9.2	190.0 ± 5.6	<0.001
TG	<200 mg/dl	134.8 ± 8.6	145.8 ± 7.3	<0.001
HDL	40–50 mg/dl	22.2 ± 4.4	40.8 ± 6.0	<0.001
LDL	<115 mg/dl	79.6 ± 11.6	101.9 ± 9.6	<0.001
VLDL	~50 mg/dl	29.9 ± 5.8	47.4 ± 4.2	<0.001

Atherosclerotic Cardiovascular Disease Risk Profile of Tenofovir Alafenamide Versus Tenofovir Disoproxil Fumarate

Gregory D. Huhn,¹ David J. Shambraw,² Jean-Guy Baril,³ Priscilla Y. Hsue,⁴ Brittany L. Mills,⁵ Thai Nguyen-Cleary,⁶ Scott McCallister,⁷ and Moupali Das⁸

¹The Ruth M. Rothstein CORE Center, Chicago, Illinois, USA, ²La Jolla Medical Group and Clinical Research, San Diego, California, USA, ³Clinique Medicale Du Quartier Latin, Montreal, Canada, ⁴San Francisco General Hospital, San Francisco, California, USA, ⁵Gilead Sciences, Foster City, California, USA, ⁶Gilead Sciences, Foster City, California, USA, ⁷Gilead Sciences, Foster City, California, USA, ⁸Gilead Sciences, Foster City, California, USA

HIV'LE YAŞAYAN HASTALAR

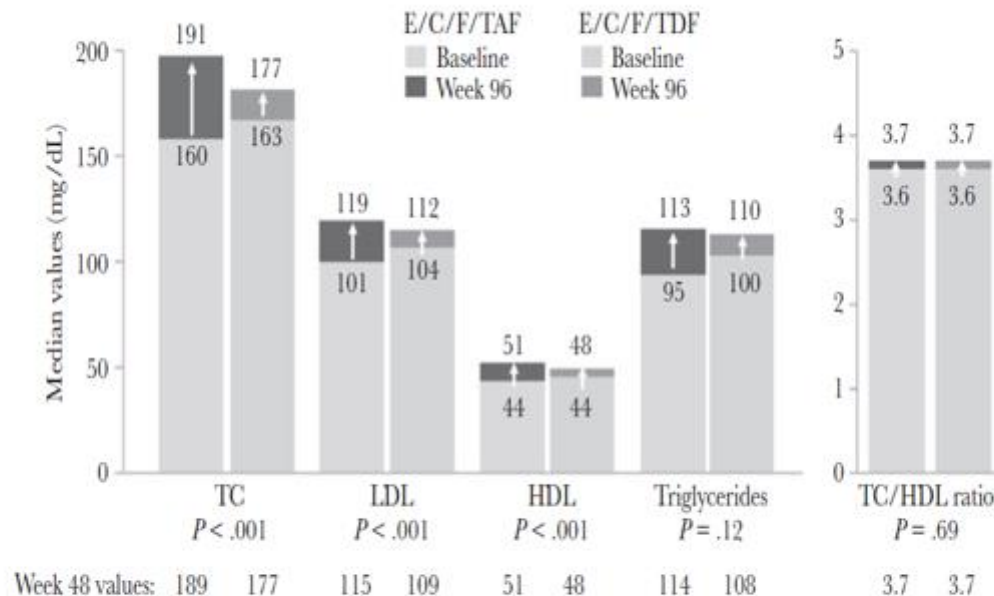


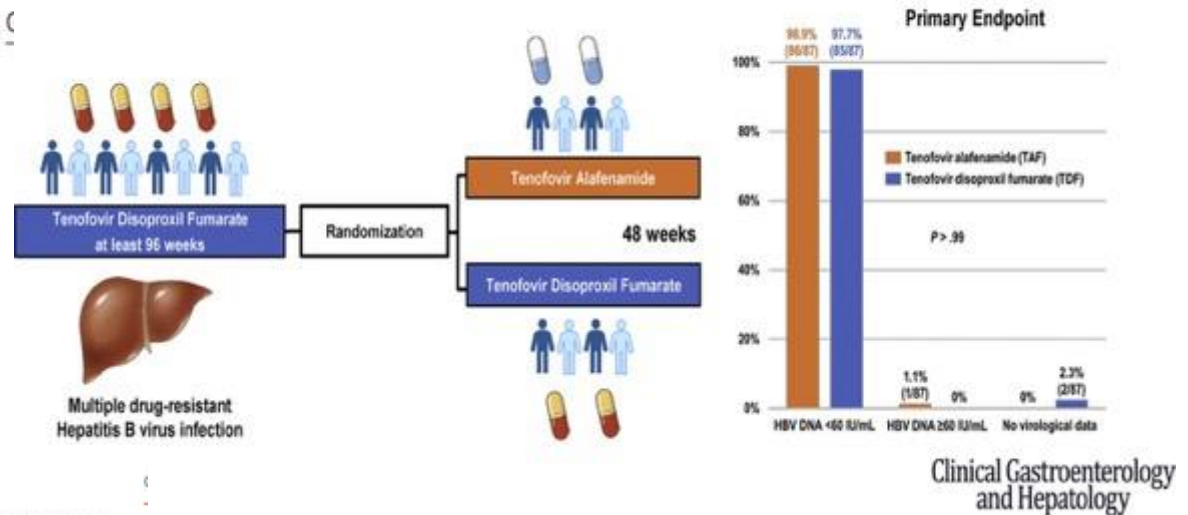
Figure 2. Fasting lipids at baseline and Week 96 results. C, cobicistat; E, elvitegravir; F, emtricitabine; HDL, high-density lipoprotein; LDL, low-density lipoprotein; TAF, tenofovir alafenamide; TC, total cholesterol; TDF, tenofovir disoproxil fumarate.

Tenofovir Alafenamide for Drug-Resistant Hepatitis B: A Randomized Trial for Switching From Tenofovir Disoproxil Fumarate

Kwan Soo Byun ^{*}, Jonggi Choi [†], Ji-Hoon Kim ^{*}, Yoon Jun Kim [§], Byung Chul Yoo ^{||}, So Young Kwon ^{||}, Young-Suk Lim [†] 

Show more 

Tenofovir Alafenamide for Drug-Resistant Hepatitis B: A Randomized Trial for Switching from Tenofovir Disoproxil Fumarate

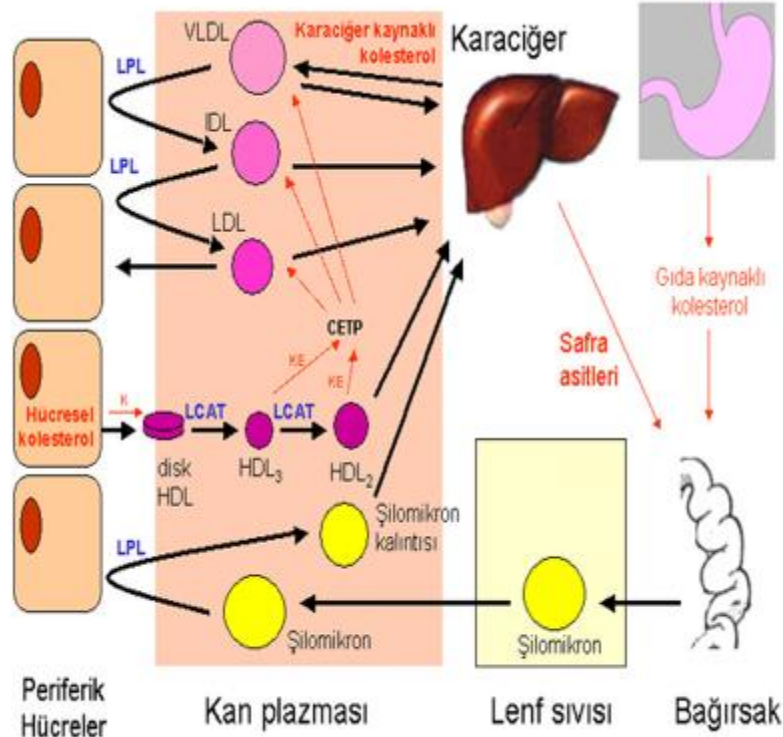


Conclusions

TAF could be substituted for TDF in patients with multidrug-resistant HBV for improved bone and renal safety without a loss of efficacy. However, increases in body weight and cholesterol levels with TAF treatment would be a concern. [ClinicalTrials.gov](https://clinicaltrials.gov/ct2/show/study/NCT03241641) » no.: NCT03241641.

84 TAF/80 TDF 48 hafta takip etkilik açısından fark yok

TAF alanlarda LDL belirgin yüksek/kilo alımı TAF kanadında daha fazla



69 hastadan 33'ü TDF'den
TAF'a geçilmiş.
TAF kolunda LDL belirgin
yüksek bulunmuş

RESEARCH ARTICLE

Effect of switching from tenofovir disoproxil fumarate to tenofovir alafenamide on lipid profiles in patients with hepatitis B

Kazuharu Suzuki^{1,2*}, Goki Suda^{1,2*}, Yoshiya Yamamoto², Satoshi Abiko², Kenji Kinoshita², Shuichi Miyamoto², Ryo Suoira², Meoumi Kimura³, Osamu Maehara¹.

HBV-infected patients who switched
from TDF to TAF
between 2016 and 2020 (n = 99)

30 patients excluded owing to a lack of conserved
serum samples and/or insufficient data and/or
treatment for dyslipidaemia

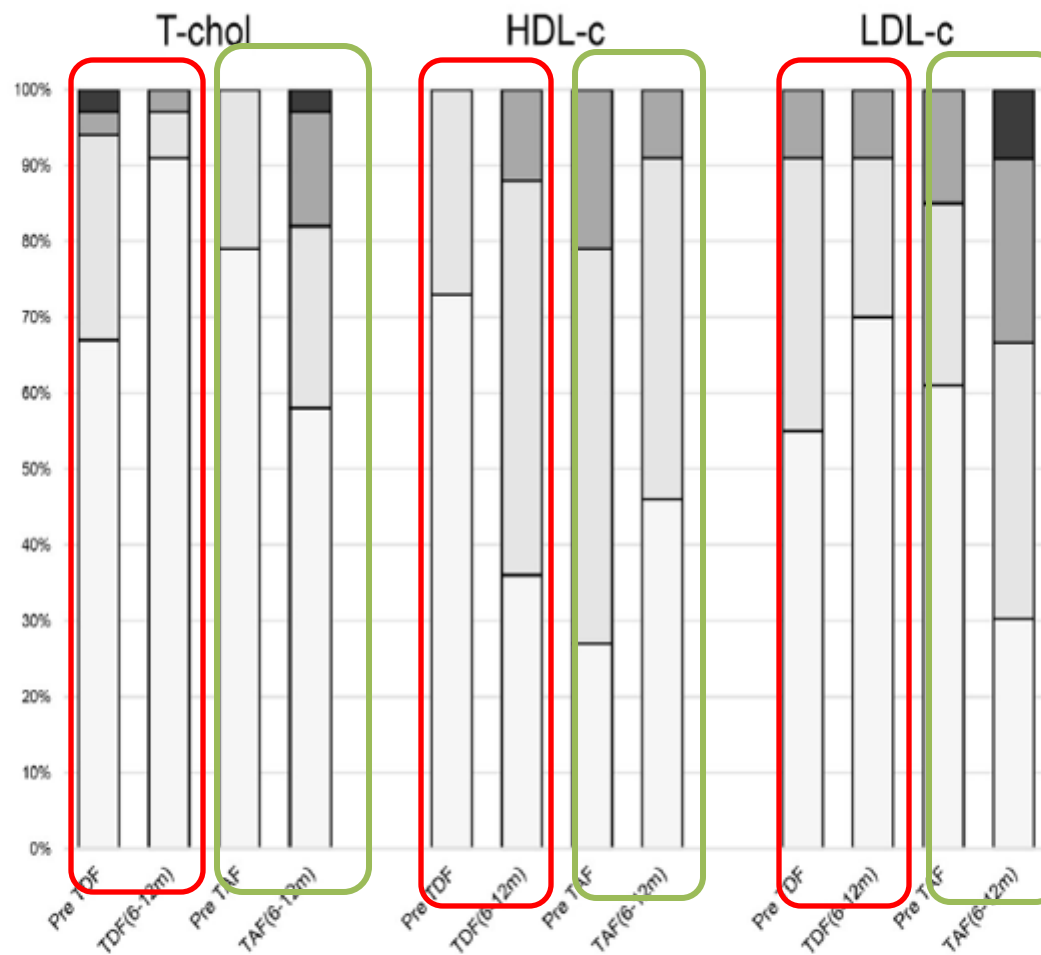
69 patients who switched
from TDF to TAF were
included

33 had sequential data for
pre-TDF to post-TAF time
points

Fig 1. Study flow. TDF, tenofovir-disoproxil-fumarate; TAF, tenofovir alafenamide.

<https://doi.org/10.1371/journal.pone.0261760.g001>

B



■ Severe dyslipidaemia	3.0%	0.0%	0.0%	3.0%		N/A	N/A	N/A	N/A		0.0%	0.0%	0.0%	9.1%
■ Dyslipidaemia	3.0%	3.0%	0.0%	15.2%		0.0%	12.1%	21.2%	9.1%		9.1%	9.1%	15.2%	24.2%
□ Borderline	27.3%	6.1%	21.2%	24.2%		27.3%	51.5%	51.5%	45.5%		36.4%	21.2%	24.2%	36.4%
□ Optimal	66.7%	90.9%	78.8%	57.6%		72.7%	36.4%	27.3%	45.5%		54.5%	69.7%	60.6%	30.3%

P=0.089

P=

Suzuki K et al. Plos One 2022; 17 (1): e1-17



Changes in blood lipids in patients with chronic hepatitis B after 48 weeks of tenofovir alafenamide treatment: A prospective real-world clinical study

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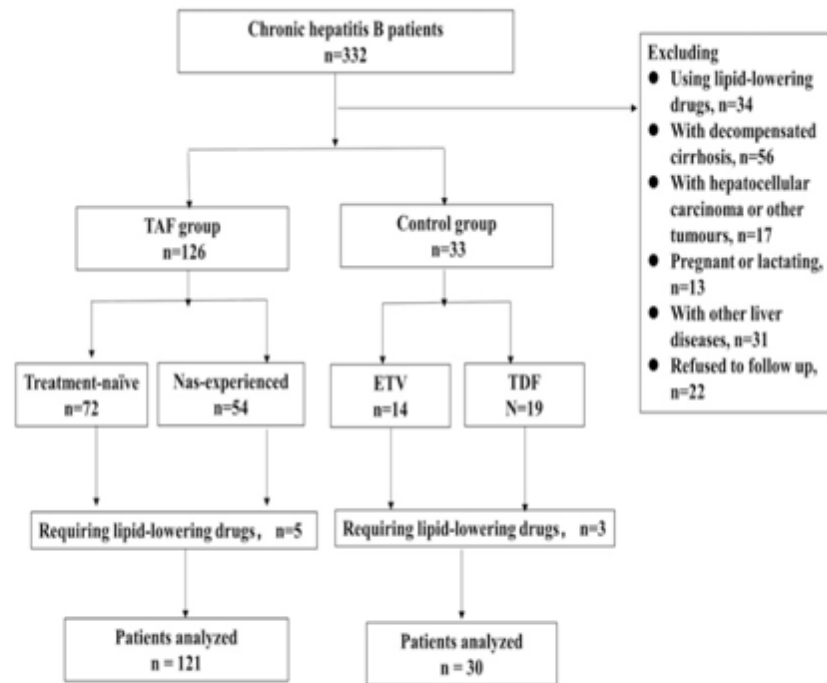


Figure 1. Flow chart of patient inclusion

Table 3. Changes in blood lipid levels from baseline to 48 weeks of TAF treatment in patients who received ETV or TDF before TAF

	ETV	p	TDF	p
△ proportion with TC abnormality (%)	7.6	1.000	13.1	0.375
△ proportion with TG abnormality (%)	36.7	0.063	17.4	0.219
△ proportion with LDL-C abnormality (%)	-6.7	1.000	-8.7	0.500
△ TC (mmol/L, median [IQR])	0.04 (-0.49.0.52)	0.248	0.28 (-0.37.0.39)	0.242
△ TGs (mmol/L, median [IQR])	0.24 (-0.18.0.74)	0.203	0.19 (-0.11.0.47)	0.1201
△ LDL-C (mmol/L, median [IQR])	-0.15 (-0.30.0.22)	0.629	0.11 (-0.26.0.23)	0.891

TC: total cholesterol; LDL-C: low-density lipoprotein cholesterol; TGs: triglycerides.

Table 4. Analysis of risk factors related to total cholesterol and triglycerides abnormalities after 48 weeks of TAF treatment

	TC			TGs		
	OR	95% CI	p	OR	95% CI	p
Age	1.02	0.95-1.09	0.690	0.98	0.92-1.05	0.534
Sex: Female*						
Male	0.92	0.18-4.65	0.916	3.21	0.30-34.18	0.333
BMI	0.69	0.51-0.94	0.018	1.09	0.91-1.32	0.355
Smoking	0.46	0.06-3.25	0.434	3.50	1.01-12.13	0.048
Baseline TC/TGs	12.48	3.90-40.01	0.000	5.90	2.34-14.92	0.000
Cardiovascular disease risk						
Low to moderate*						
High	2.6	0.47-14.31	0.271	1.39	0.37-5.23	0.629

*represents the control.

BMI: body mass index; TC: total cholesterol; TGs: triglycerides.

Table 2. Changes in blood lipid levels after TAF treatment (mmol/L, median [IQR])

	Baseline	Week 48	Change from baseline	p*
TAF group				
TC	4.82 (4.29.5.60)	5.00 (4.43.5.80)	0.23 (-0.27, 0.61)	0.014
LDL-C	3.31 (2.71.3.75)	3.17 (2.74.3.67)	0.01 (-0.29, 0.29)	0.750
TGs	1.12 (0.82.1.45)	1.25 (0.89.1.87)	0.13 (-0.15.0.48)	0.004
Body weight	66.0 (60.0.75.0)	66.3 (60.0.73.9)	0 (-1.0.1.0)	0.833
Control group				
TC	4.69 (3.81.5.20)	4.39 (3.89.5.32)	-0.20 (-0.48.0.26)	0.552
LDL-C	3.07 (2.46.3.62)	2.86 (2.32.3.39)	-0.15 (-0.35, 0.19)	0.371
TGs	1.07 (0.74.1.29)	0.96 (0.62.1.52)	-0.06 (-0.32.0.26)	0.723
Body weight	63.3 (57.9.75.0)	62.3 (59.0.75.8)	0 (-0.9.1.0)	0.592
p				
TC	0.123	0.010	0.037	
LDL-C	0.175	0.039	0.242	—
TGs	0.488	0.024	0.032	—
Body weight	0.478	0.381	0.621	—

p: Independent sample T test or Wilcoxon signed rank sum test was used to compared with the control group; p*: Paired sample T test was used compare baseline and week 48 of each group.

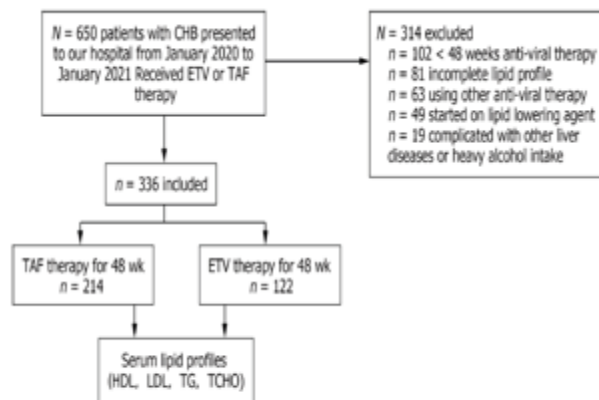
TC: total cholesterol; LDL-C: low-density lipoprotein cholesterol; TGs: triglycerides.

Kontrol
Grup:
TDF/ETV

Retrospective Cohort Study

Tenofovir alafenamide significantly increased serum lipid levels compared with entecavir therapy in chronic hepatitis B virus patients

Rui-Min Lai, Shan Lin, Miao-Miao Wang, Na Li, Jia-Hui Zhou, Xiao-Yu Lin, Tian-Bin Chen, Yue-Yong Zhu, Qi Zheng



DOI: 10.4254/wjh.v15.i8.964 Copyright ©The Author(s) 2023.

Figure 1 Flowchart of study participants. CHB: Chronic hepatitis B; TAF: Tenofovir alafenamide; ETV: Entecavir; TCHO: Total cholesterol; HDL: High density lipoprotein; LDL: Low density lipoprotein; TG: Triglycerides.

Table 1 Summary of demographic and clinical characteristics at baseline of chronic hepatitis B patients on tenofovir alafenamide or entecavir therapy

Characteristic	TAF, n = 214	ETV, n = 122	P value
Age in yr	43.38 ± 10.42	49.96 ± 11.82	0.001
Male	158 (73.83)	96 (78.69)	0.387
BMI in kg/m ²	22.97 ± 2.93	23.78 ± 3.30	0.152
Smoking	16 (7.48)	15 (12.30)	0.203
Drinking	13 (6.07)	14 (11.48)	0.123
ALT in U/L	36.60 ± 36.87	30.44 ± 20.00	0.089
AST in U/L	28.01 ± 26.41	24.50 ± 13.58	0.172
logHBsAg in ng/mL	3.07 ± 0.92	3.04 ± 0.84	0.787
logDNA in IU/mL	1.94 ± 1.23	1.86 ± 1.05	0.56
CREA in μmol/L	73.68 ± 15.87	74.82 ± 16.78	0.535
UA in μmol/L	353.52 ± 89.10	357.23 ± 84.29	0.708
GFR in mL/min	103.48 ± 15.01	97.86 ± 14.17	0.001
CK in U/L	157.23 ± 444.75	122.91 ± 71.31	0.401
FBG in mmol/L	5.18 ± 0.80	5.52 ± 1.61	0.011
Concurrent diseases			
Hypertension	17 (7.94)	21 (17.21)	0.016
DM	20 (9.35)	13 (10.66)	0.844
NAFLD	75 (35.05)	32 (26.23)	0.122
Cirrhosis	54 (25.23)	50 (40.98)	0.004

Data are presented as n (%). ALT: Alanine aminotransferase; AST: Aspartate aminotransferase; BMI: Body mass index; CK: Creatine kinase; CREA: Creatinine; DM: Diabetes mellitus; ETV: Entecavir; FBG: Fasting blood-glucose; GFR: Glomerular filtration rate; HBsAg: Hepatitis B surface antigen; NAFLD: nonalcoholic fatty liver disease; TAF: Tenofovir alafenamide; UA: Uric acid.

TAF ve ETV alan hastalar
1 yıl sonunda TAF kolunda belirgin T kolesterol artışı olmuş

Table 3 Impact of tenofovir alafenamide on achieving a higher level of total cholesterol in chronic hepatitis B patients

Characteristic	TCHO, increased change (%) by using TAF compared with ETV ^{1,2} , OR (95%CI)	P value
5% higher than baseline	1.88 (1.11, 3.16)	0.019
10% higher than baseline	1.70 (0.94, 3.09)	0.081
15% higher than baseline	2.07 (0.99, 4.34)	0.055

Switching to tenofovir alafenamide for nucleos(t)ide analogue-experienced patients with chronic hepatitis B: week 144 results from a real-world, multi-centre cohort study

Eiichi Ogawa¹ | Makoto Nakamura² | Toshimasa Koyanagi³ | Aritsune Ocho⁴ | Norihito Furusawa⁵ | Fumi Kawai⁶ | Kazufumi Nishimura⁷ | Akira Kawano⁸ |

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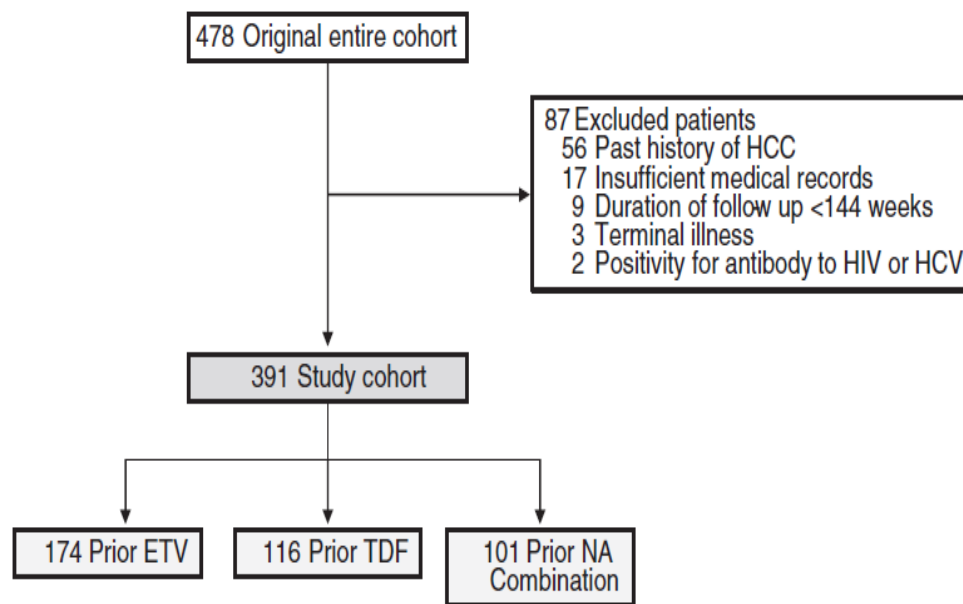
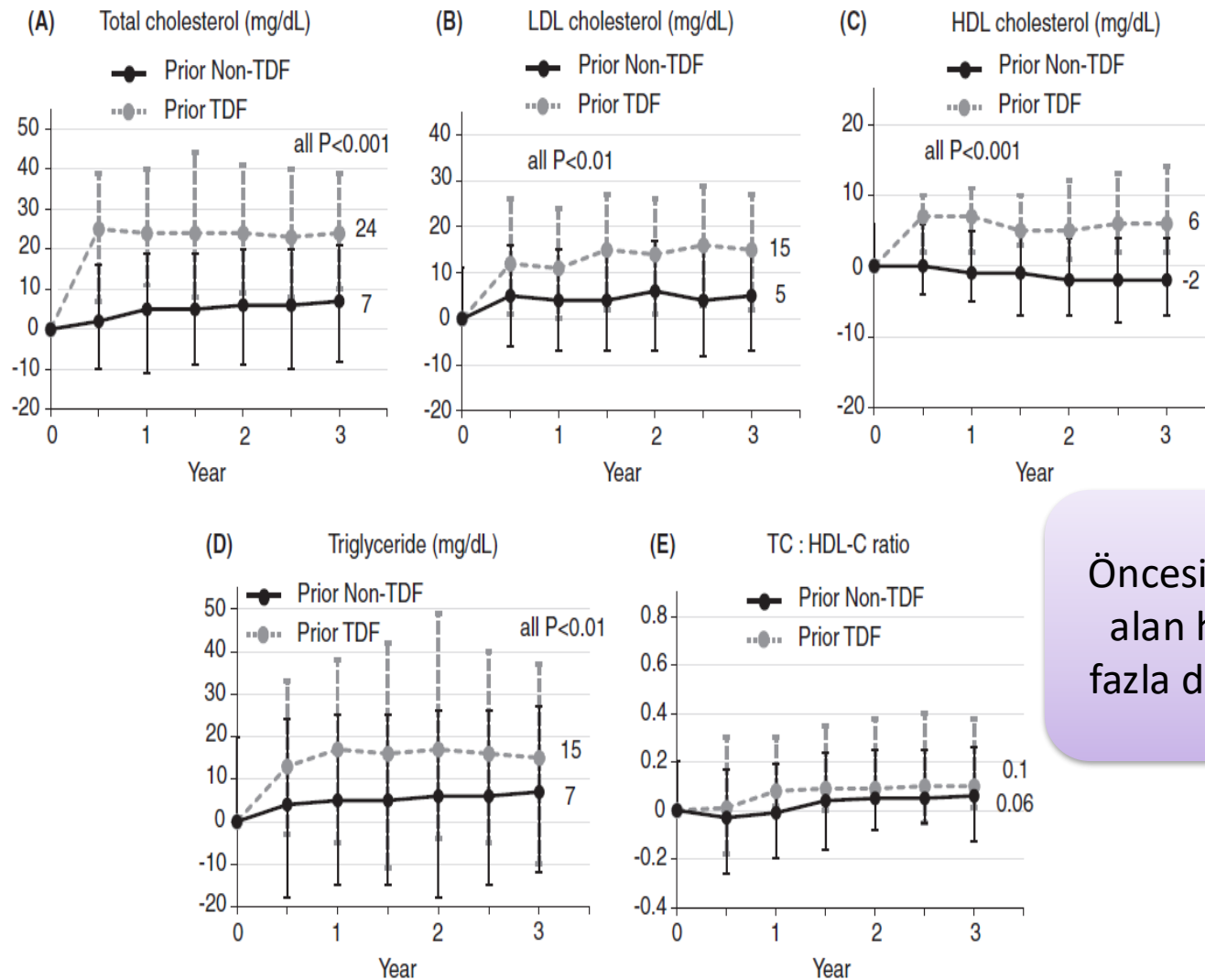


FIGURE 1 Study flow chart. ETV, entecavir; HCC, hepatocellular carcinoma; HCV, hepatitis C virus; HIV, human immunodeficiency virus; NA, nucleos(t)ide analogue; TDF, tenofovir disoproxil fumarate.

Neden TDF kullanan hastalarda dislipidemi daha az ya da bazal değerlerden daha iyi



Öncesinde TDF tedavisi alan hastalarda daha fazla dislipidemi oluyor

FIGURE 3 Longitudinal change in (A) total cholesterol, (B) LDL cholesterol, (C) HDL-cholesterol, (D) triglyceride and (E) total cholesterol/HDL cholesterol ratio over the 144 weeks after switching to TAF. Bars are expressed as median change from baseline (first-third quartile). HDL, high-density lipoprotein; LDL, low-density lipoprotein; TAF, tenofovir alafenamide.

Risk of dyslipidemia in chronic hepatitis B patients taking tenofovir alafenamide: a systematic review and meta-analysis

Original Article | Published: 26 April 2023

Volume 17, pages 860–869, (2023) [Cite this article](#)

Fig. 1

From: Risk of dyslipidemia in chronic hepatitis B patients taking tenofovir alafenamide: a systematic review and meta-analysis

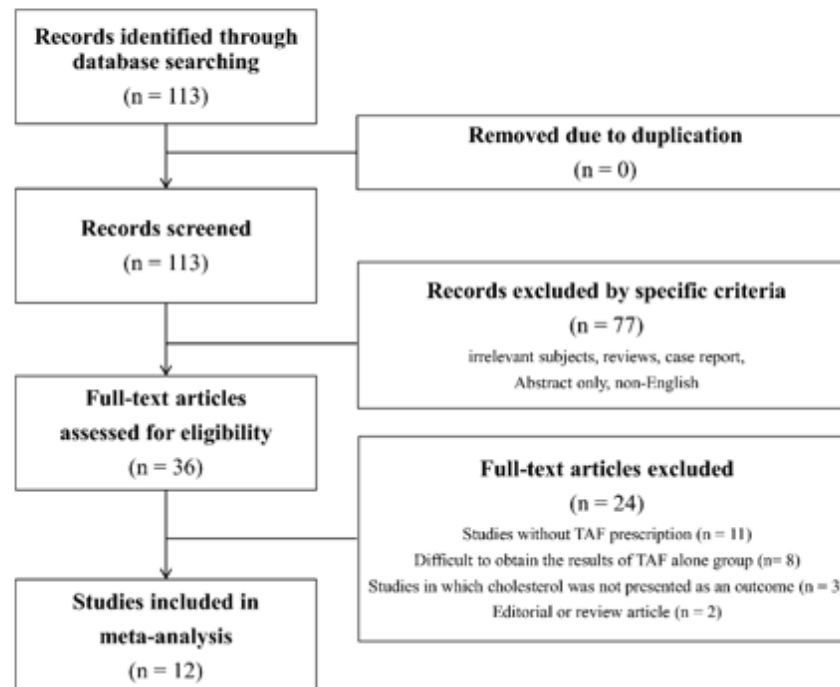


Table 2 Change in lipid profile during TAF treatment (vs. baseline)

From: Risk of dyslipidemia in chronic hepatitis B patients taking tenofovir alafenamide: a systematic review and meta-analysis

Outcome		No. of studies	Mean difference	95% CI	I^2	p for heterogeneity
HDL-cholesterol	6 months	5	2.61	0.38 to 4.84	45	0.12
	12 months	4	2.49	- 4.55 to 9.53	100	< 0.01
	24 months	3	-0.57	- 7.98 to 6.84	95	< 0.01
LDL-cholesterol	6 months	6	5.69	1.82 to 9.55	83	< 0.01
	12 months	4	7.10	0.65 to 13.55	99	< 0.01
	24 months	3	5.52	- 1.46 to 12.50	82	< 0.01
Total cholesterol	6 months	7	7.89	4.92 to 10.86	59	0.02
	12 months	6	7.97	- 2.70 to 18.64	100	< 0.01
	24 months	3	2.60	- 3.55 to 8.74	82	< 0.01
Triglyceride	6 months	6	9.25	1.52 to 16.98	99	< 0.01
	12 months	4	13.80	2.91 to 24.69	100	< 0.01
	24 months	4	14.94	5.87 to 24.00	100	< 0.01

TAF Tenofovir Alafenamide Fumarate; HDL-cholesterol High-Density Lipoprotein cholesterol; LDL-cholesterol Low-Density Lipoprotein cholesterol

Table 3 Change in lipid profile during TAF treatment (vs. other NAs)

From: Risk of dyslipidemia in chronic hepatitis B patients taking tenofovir alafenamide: a systematic review and meta-analysis

Outcome		No. of studies	Mean difference	95% CI	I^2	p for heterogeneity
HDL-cholesterol	6 months	3	10.28	5.40 to 15.15	100	< 0.01
	12 months	3	6.50	6.22 to 6.77	99	< 0.01
	24 months	2	8.54	3.54 to 13.54	100	< 0.01
LDL-cholesterol	6 months	4	8.71	5.77 to 11.66	99	< 0.01
	12 months	3	9.21	7.24 to 11.18	100	< 0.01
	24 months	2	8.81	- 5.29 to 22.91	100	< 0.01
Total cholesterol	6 months	5	18.34	14.70 to 21.98	100	< 0.01
	12 months	5	16.28	11.82 to 20.75	100	< 0.01
	24 months	2	16.04	2.38 to 29.69	100	< 0.01
Triglyceride	6 months	3	13.68	7.63 to 19.73	99	< 0.01
	12 months	2	13.23	12.67 to 13.79	80	0.03
	24 months	2	14.25	12.64 to 15.86	91	< 0.01

TAF Tenofovir Alafenamide Fumarate; NA nucleoside analog; HDL-cholesterol High-Density Lipoprotein cholesterol; LDL-cholesterol Low-Density Lipoprotein cholesterol

Table 4 Change in lipid profile during TAF treatment (vs. TDF only)

From: Risk of dyslipidemia in chronic hepatitis B patients taking tenofovir alafenamide: a systematic review and meta-analysis

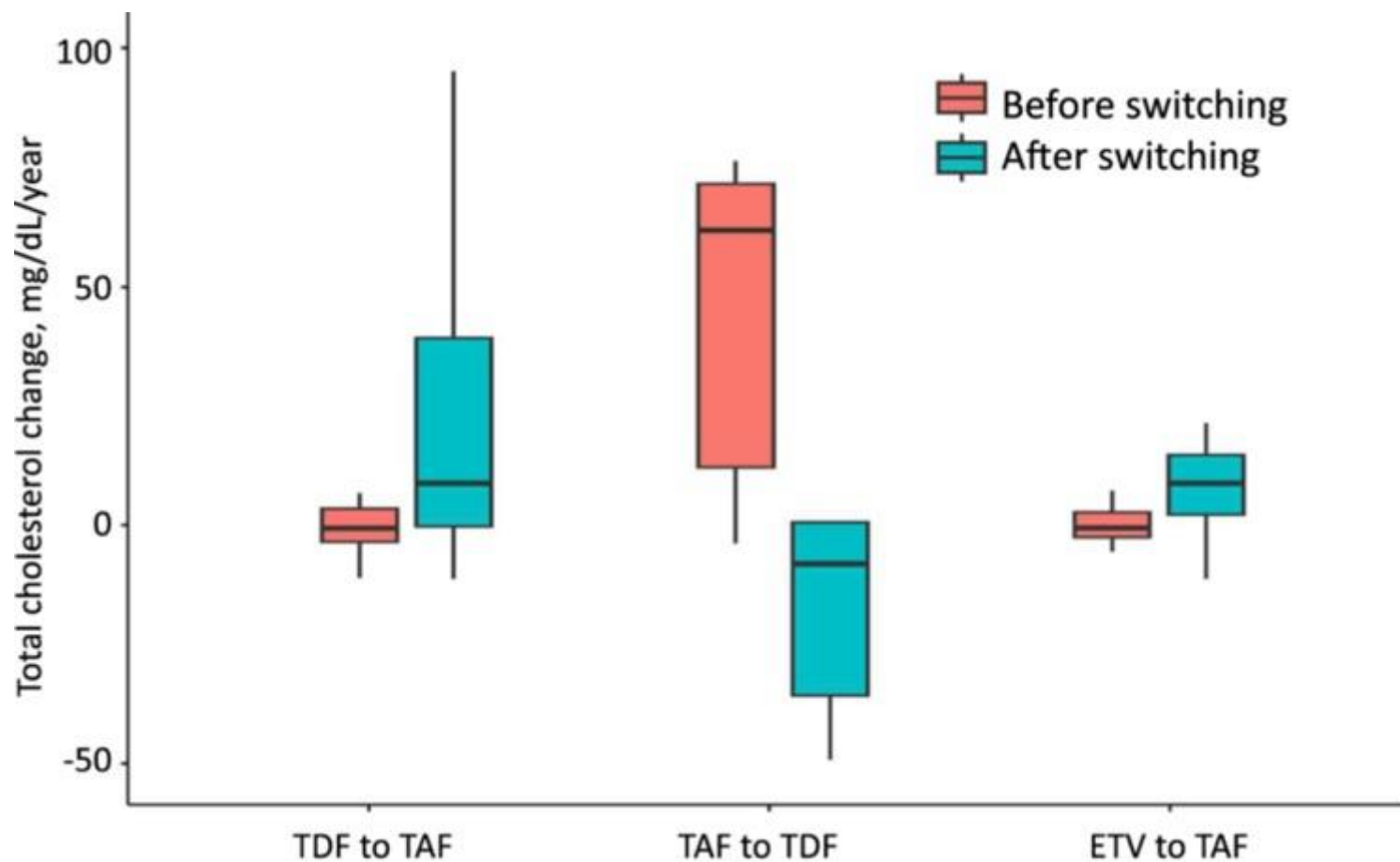
Outcome	No. of studies	Mean difference	95% CI	I^2	p for heterogeneity
HDL-cholesterol	4	7.93	7.44 to 8.42	99	< 0.01
LDL-cholesterol	4	14.52	10.95 to 18.10	100	< 0.01
Total cholesterol	5	23.72	19.12 to 28.33	100	< 0.01
Triglyceride	2	14.25	12.64 to 15.86	91	< 0.01

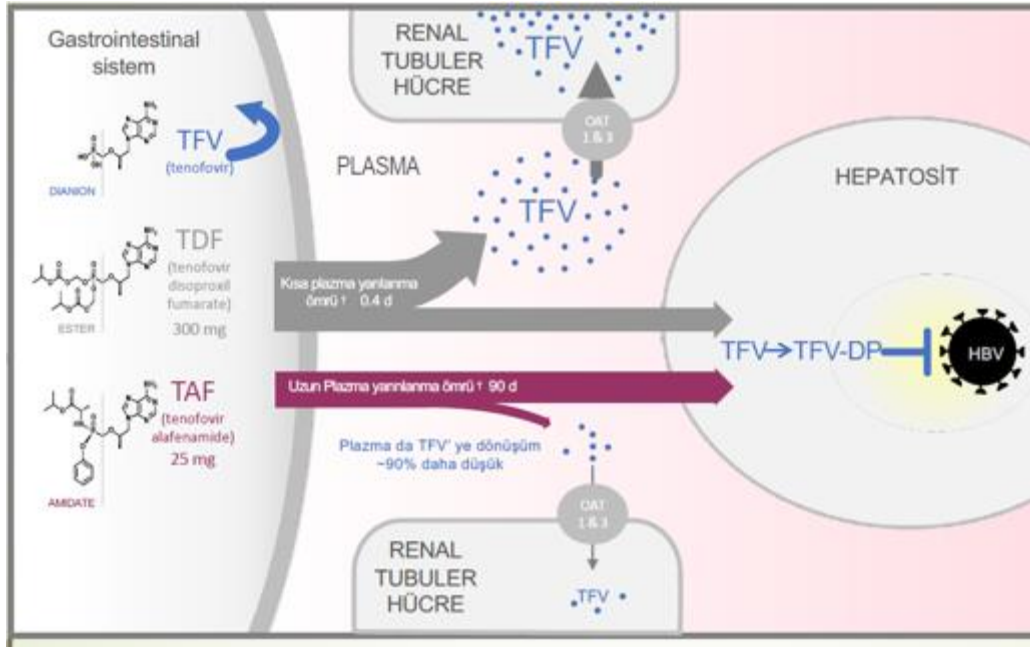
TAF Tenofovir Alafenamide Fumarate; TDF Tenofovir Disoproxil Fumarate; HDL-cholesterol High-Density Lipoprotein cholesterol; LDL-cholesterol Low-Density Lipoprotein cholesterol

Metabolic effects and cardiovascular disease risks of antiviral treatments in patients with chronic hepatitis B

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TDF tübüler sekresyon ve GF ile atılır
TAF hücre içi konsantrasyonu fazla
Her ikisi de aktif madde olan Tenofovir difosfata çevrilir

TDF ve TAF arasındaki fark nedir?????
Neden TDF'de lipid profili bozulmuyor?
Neden TAF 'ta dislipidemi var

TDF 'de lipid metabolizmasında ters orantı var
TAF 25 mg/TDF 245 mg

Göreceli????
Daha çok çalışma yapılmalı

Long-term efficacy and safety of direct-acting antiviral (DAA) analogues in patients with chronic hepatitis B

böbrek

kemik

ileri evre kc

ilaç direnci

gebelik

>2 yaş

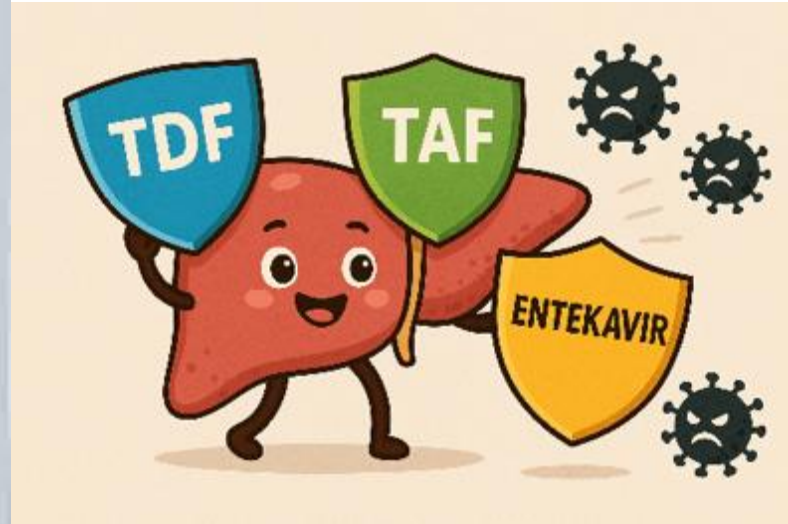
HIV koenfeksiyon

HDV koenfeksiyonu

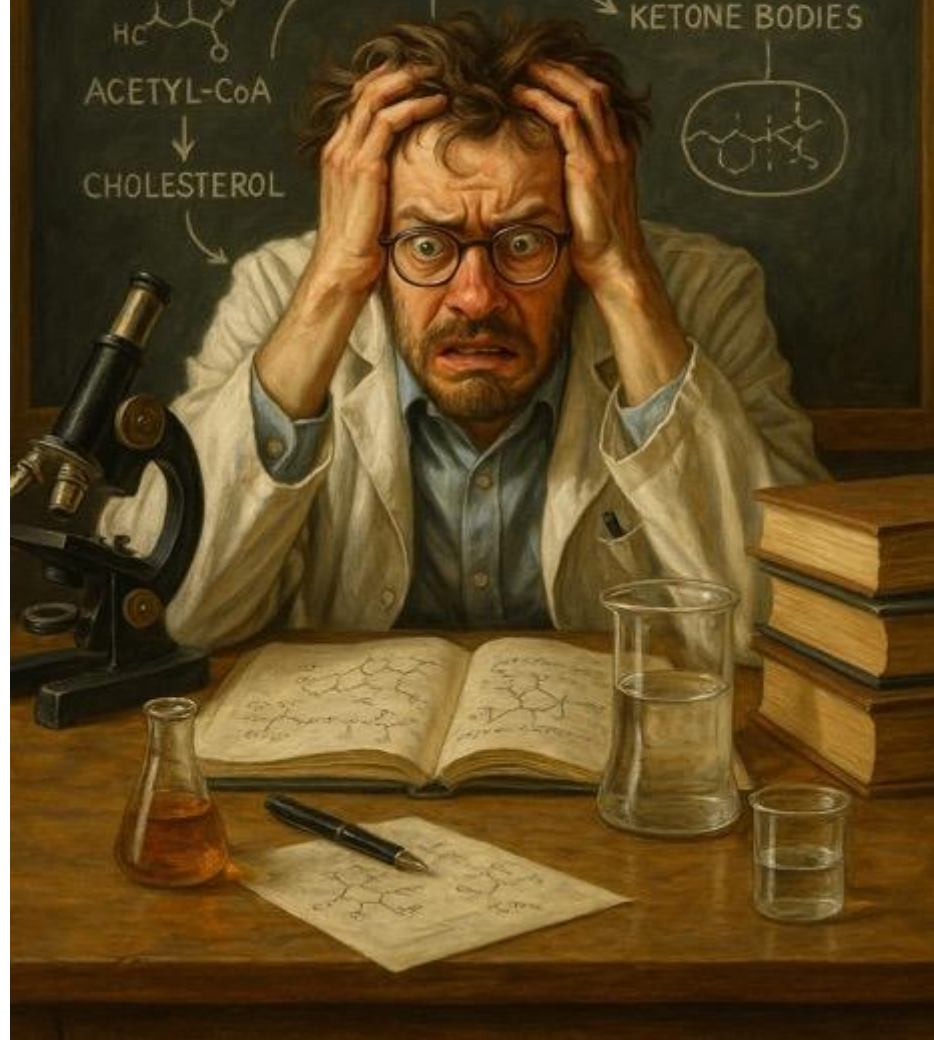
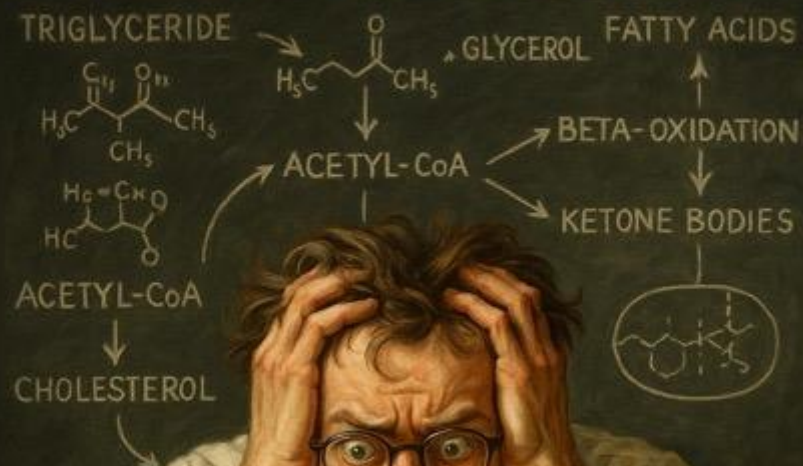
Table 1. Monitoring recommendations and considerations for first line NAs.

TDF	TAF	ETV
 Monitor with serum creatinine, eGFR and serum P ⁺ at start and then regularly. Dose adjustment if eGFR <50 ml/min per 1.73 m ² . Consider switch to TAF or ETV if P ⁺ <2.5 mmol/dl, eGFR <60 ml/min per 1.73 m ² or elderly. ⁷⁰	No monitoring needed. No dose adjustment needed. Scarce evidence in hemodialysis and eGFR <15 ml/min per 1.73 m ² . Favorable preliminary data. ^{71,72}	Monitor with serum creatinine and eGFR at start and then regularly. Dose adjustment if eGFR <50 ml/min per 1.73 m ² .
 Consider switch to TAF or ETV if P ⁺ <2.5 mmol/dl, concomitant bone condition or elderly.	No monitoring needed.	No monitoring needed.
 Usual dose. Extreme kidney monitoring.	Scarce evidence. Favorable preliminary data. ⁷³	Increase usual dose to 1 mg/day. Extreme kidney monitoring.
 Extremely infrequent. Ensure adherence. Switch to ETV or combination therapy.	Not reported.	Resistance in 1% in naive, 50% LMV-experienced. Ensure adherence. Switch to TDF usual dose in monotherapy.
 Recommended.	Scarce evidence. Limited favorable data in HIV mono-infected women. ⁷⁴	Not recommended.
 Above 2 years old.	Scarce experience, above 12 years old.	Above 2 years old.
 As part of HAART.	As part of HAART.	Not recommended in monotherapy.
 No direct anti-HDV activity. ⁷⁵ Might be added to peg-IFN α and/or new therapies according to HBV replication. ⁷⁶	No direct anti-HDV activity. Data extrapolated from other NAs. ⁷⁵ Might be added to peg-IFN α and/or new therapies according to HBV replication. ⁷⁶	No direct anti-HDV activity. ⁷⁵ Might be added to peg-IFN α and/or new therapies according to HBV replication. ⁷⁶

 Kidney safety.
 Bone safety.
 End-stage liver disease.
 Drug resistance.
 Pregnancy and childbearing women.
 Children.
 HIV co-infection.
eGFR, estimated glomerular filtrate rate; ETV, entecavir; HAART, high active virus; HIV, human immunodeficiency virus; IFN, interferon; LMV, lamivudine; disoproxil fumarate; P⁺, serum phosphate.

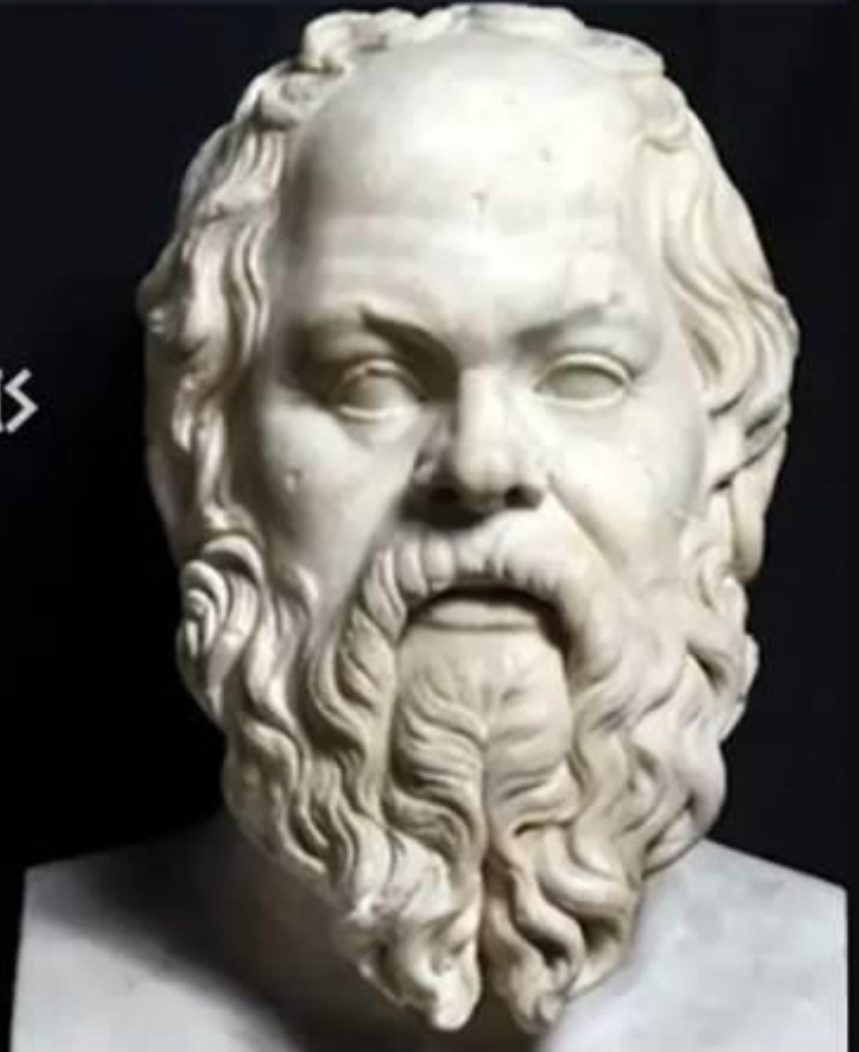


LIPID METABOLISM



"AS FOR ME, ALL I KNOW IS
THAT I KNOW NOTHING."

SOCRATES



Teşekkürler

- TDF alanlarda
- İlk yıl 3 ayda bir eGFR ve fosfat takibi
- Sonra normal ise 6 ayda bir
- $eGFR < 60 \text{ ml/dk/1,73 m}^2$ ve fosfat $< 2,5 \text{ mg/dL}$ ise yakın takip
- Ya da tedavi değişikliği düşünülmeli

Tedavi takibi nasıl olmalı?

- ALT/AST
 - İlk yıl 3-4 ayda bir
 - Sonraki yıllar, 6 ayda bir
- HBV DNA
 - İlk yıl; DNA negatif oluncaya kadar her ay
 - Sonraki yıllar 6-12 ayda bir
- HBsAg
 - HBV DNA negatifleştiiyse 12 ayda bir
- AntiHBs
 - HBs Ag negatifleştikten sob-nra yılda bir
- Kemik ölçümü
 - Yaşa göre yılda bir
- HSK
 - 6-12 ayda bir USG, AFP

Takip (yok et)

Tenofovir

- Serum (3-6 ay)
 - Üre/kr
 - Fosfat
 - Kalsiyum
 - 25 OH D3
 - PTH
 - Ürik asit
- İdrar (1-3-6 ay)
 - Kreatin klirensi
 - Fosfat
 - Protein
 - Glukoz

Entekavir

- Serum (3-6 ay)
 - Üre/kr
 - ALT
 - Bil
 - Amilaz/lipaz
 - CK
 - PLT
 - TG