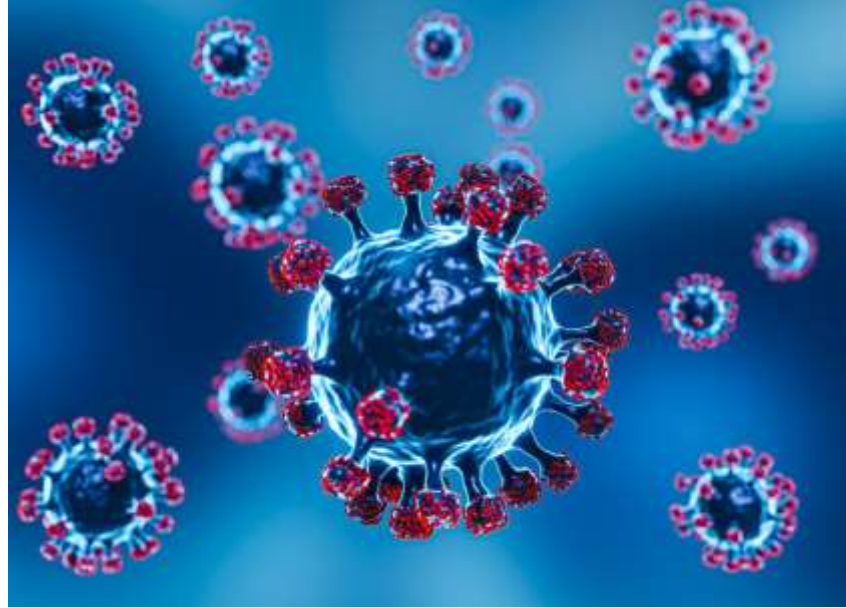




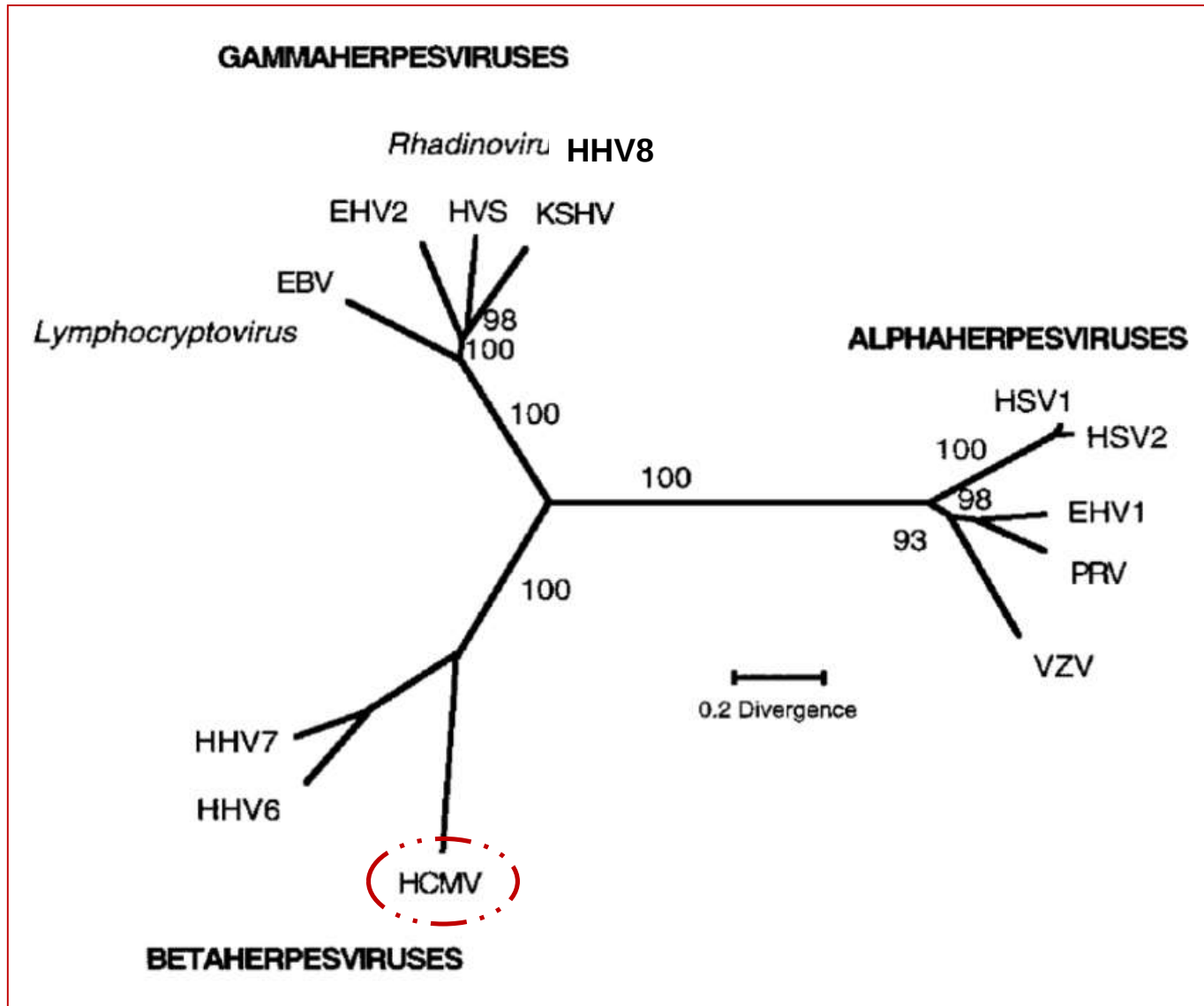
# **CMV TANI YÖNTEMLERİNDE YENİLİKLER**

## **PCR dan Quantiferona**

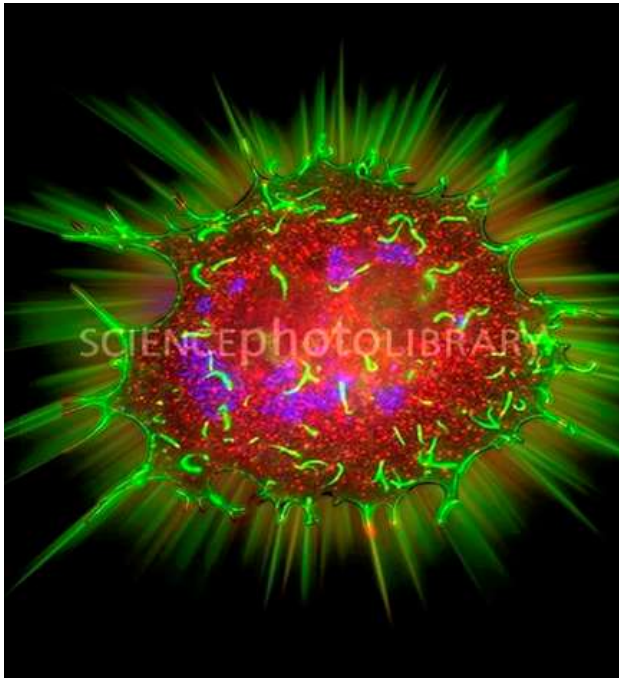
Hande Arslan

Başkent ÜTF / 25.04.2025

# HERPES VIRUS AİLESİ



# CMV



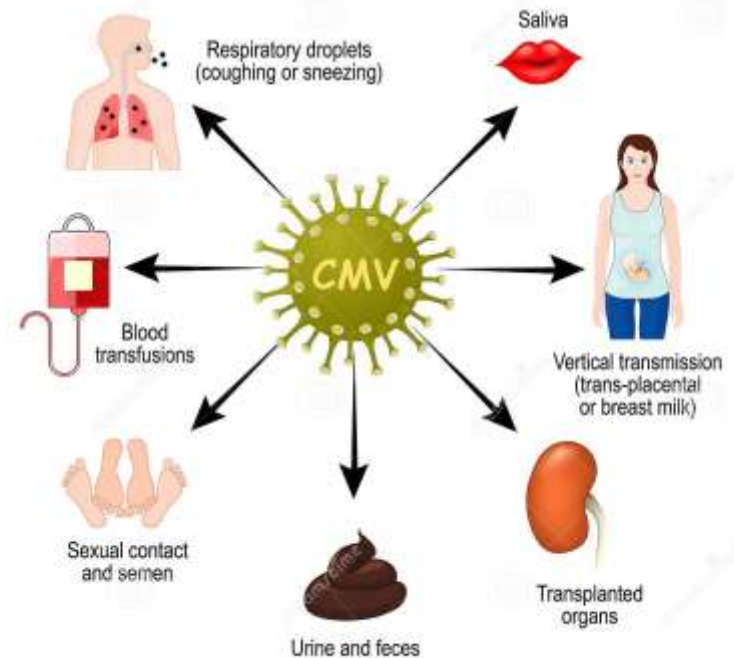
- Çok eski, evolusyoner,
- Latent

- İnsan (HCMV)
- Gine domuzu
- Fare
- Rat
- Hemster
- Şempanze
- Rodentler

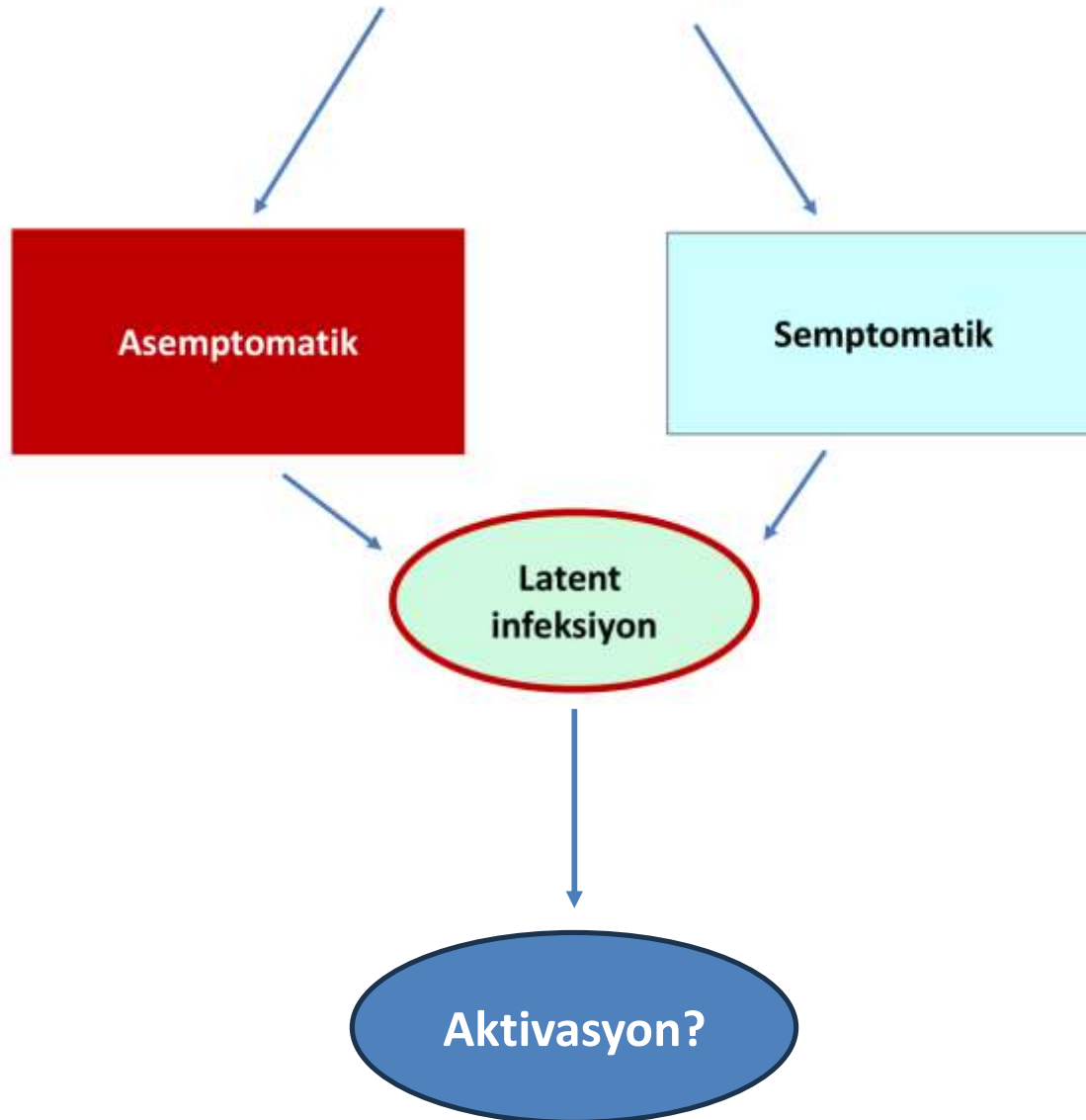
## HCMV

- Gelişmiş ülkelerde %60
- Gelişmekte olan ülkelerde %90 seropozitif

## Cytomegalovirus (transmission)



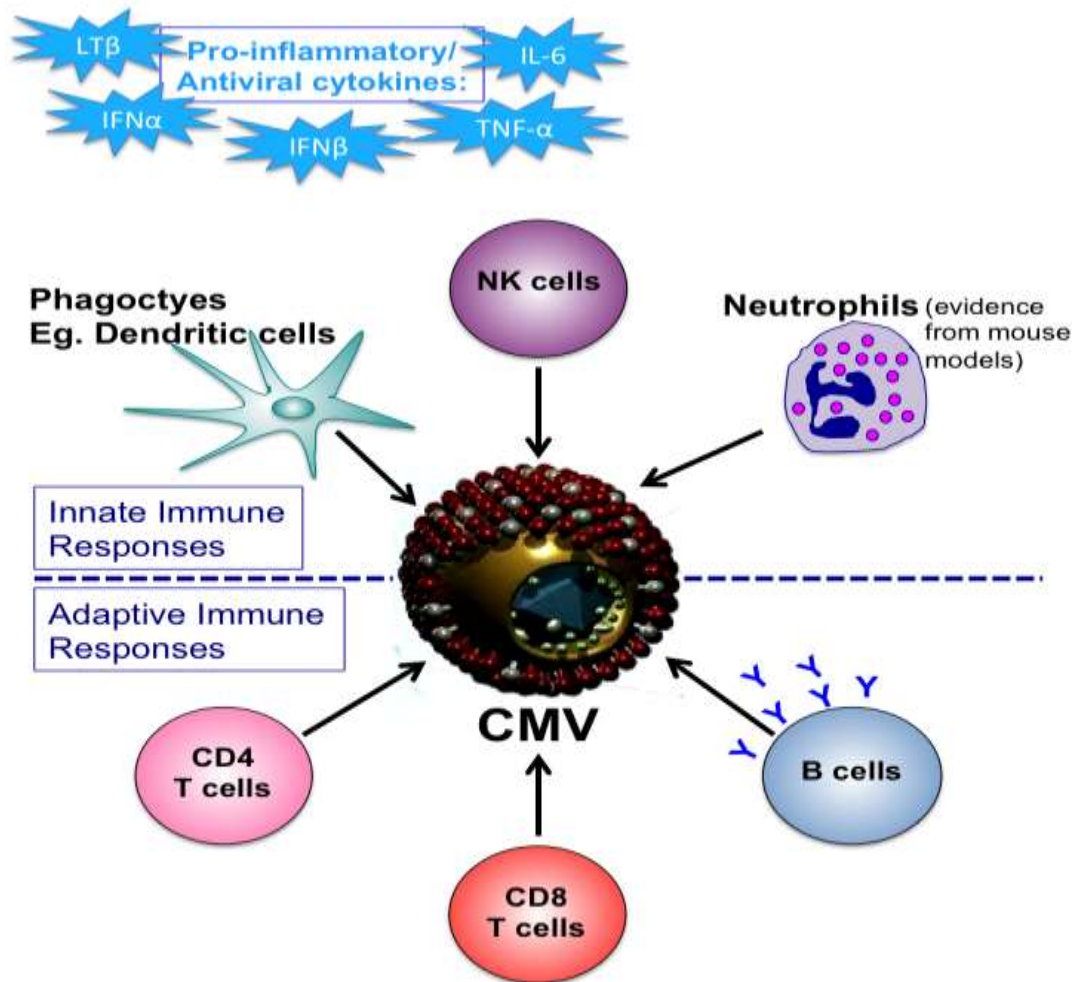
## Primer CMV infeksiyonu

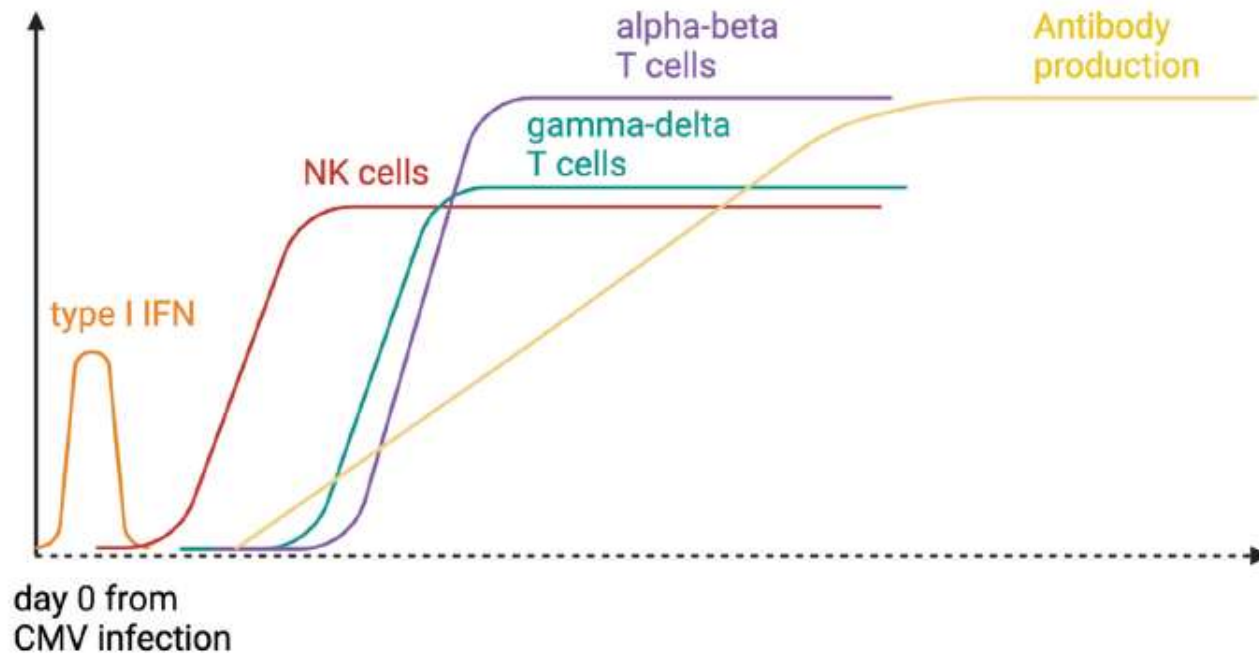


# CMV aktivasyonu kimlerde görülür?

- Solid Organ Nakli Hastaları
- Kök Hücre Nakli hastaları
- AIDS hastaları
- Onkolojik maligniteler
- Septik şok hastaları/ Yanık hastaları
- İnflamatuvar barsak hastalıkları
- Otoimmün hastalıklar
- 'İmmünoşenesens'

# LATENT İNFEKSİYON REAKTİVASYONU





NK cells

- memory characteristics
- CD94/NKG2C<sup>+</sup>CD57<sup>+</sup>FcεR1γ



gamma-delta T cells

- memory characteristics
- TEMRA cells
- TCR ligand CMV-induced
- CMV control



CD4<sup>+</sup>/CD8<sup>+</sup> alpha-beta T cells

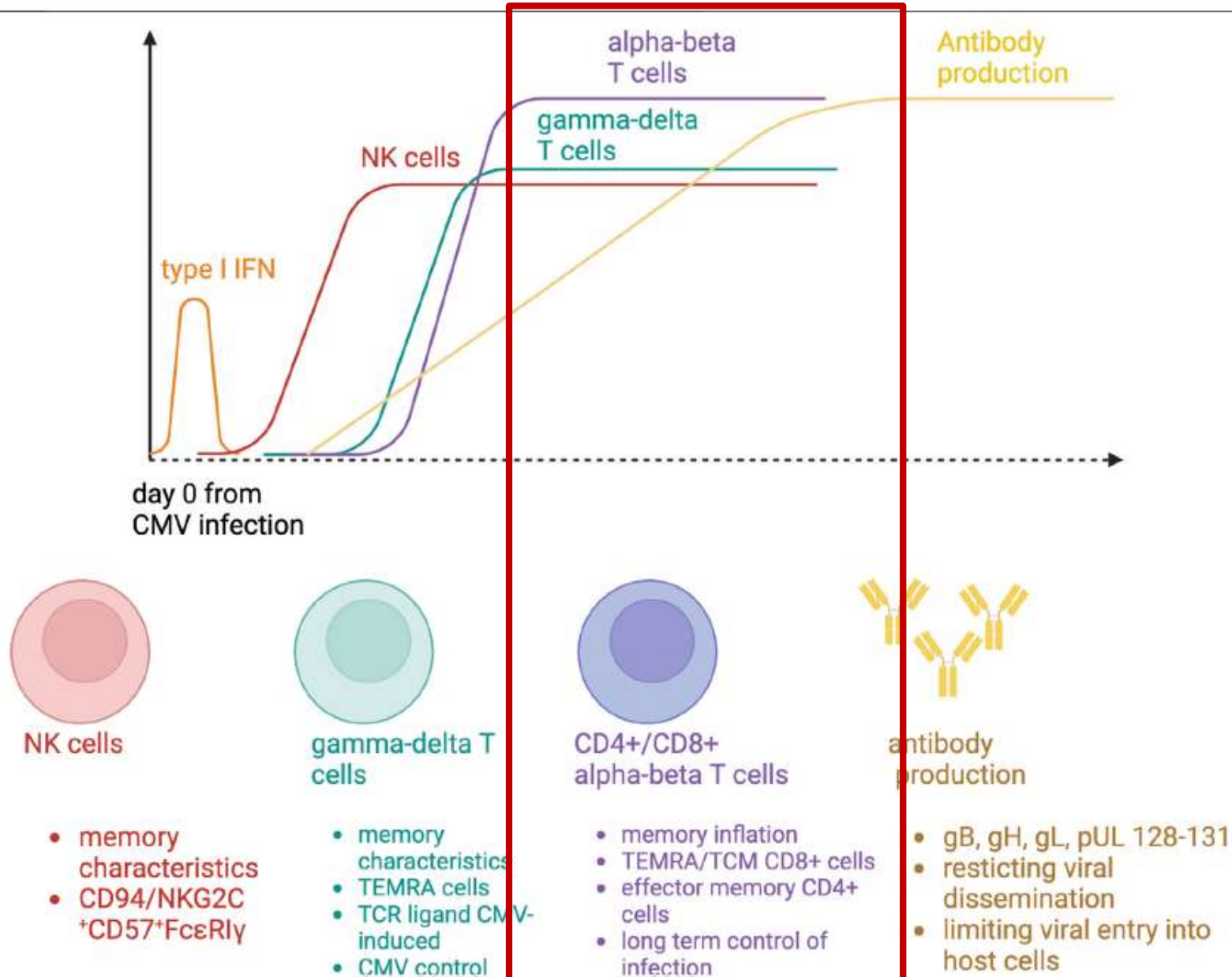
- memory inflation
- TEMRA/TCM CD8<sup>+</sup> cells
- effector memory CD4<sup>+</sup> cells
- long term control of infection



antibody production

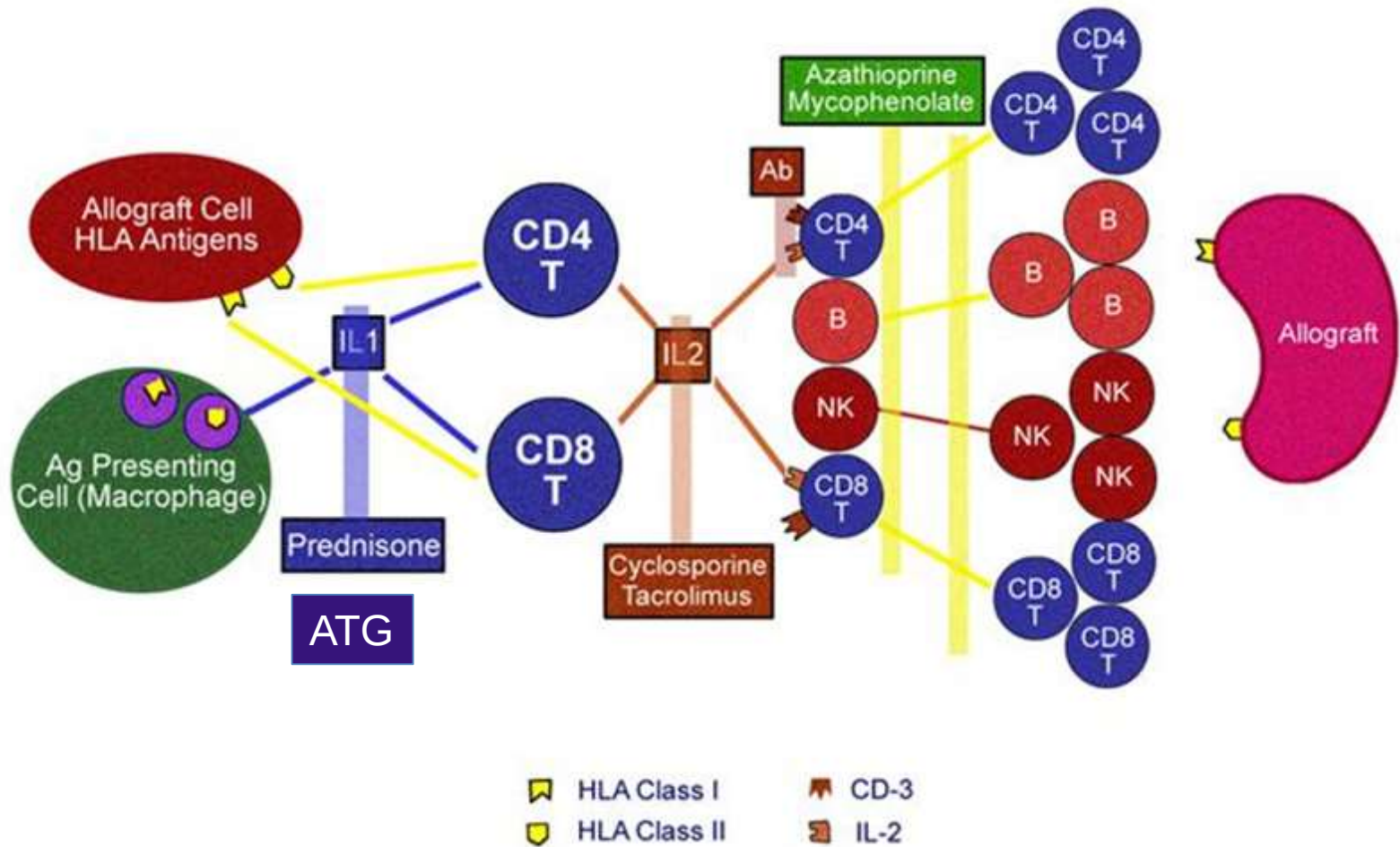
- gB, gH, gL, pUL 128-131
- restricting viral dissemination
- limiting viral entry into host cells

**FIGURE 1** | Immune responses to cytomegalovirus primary infection.

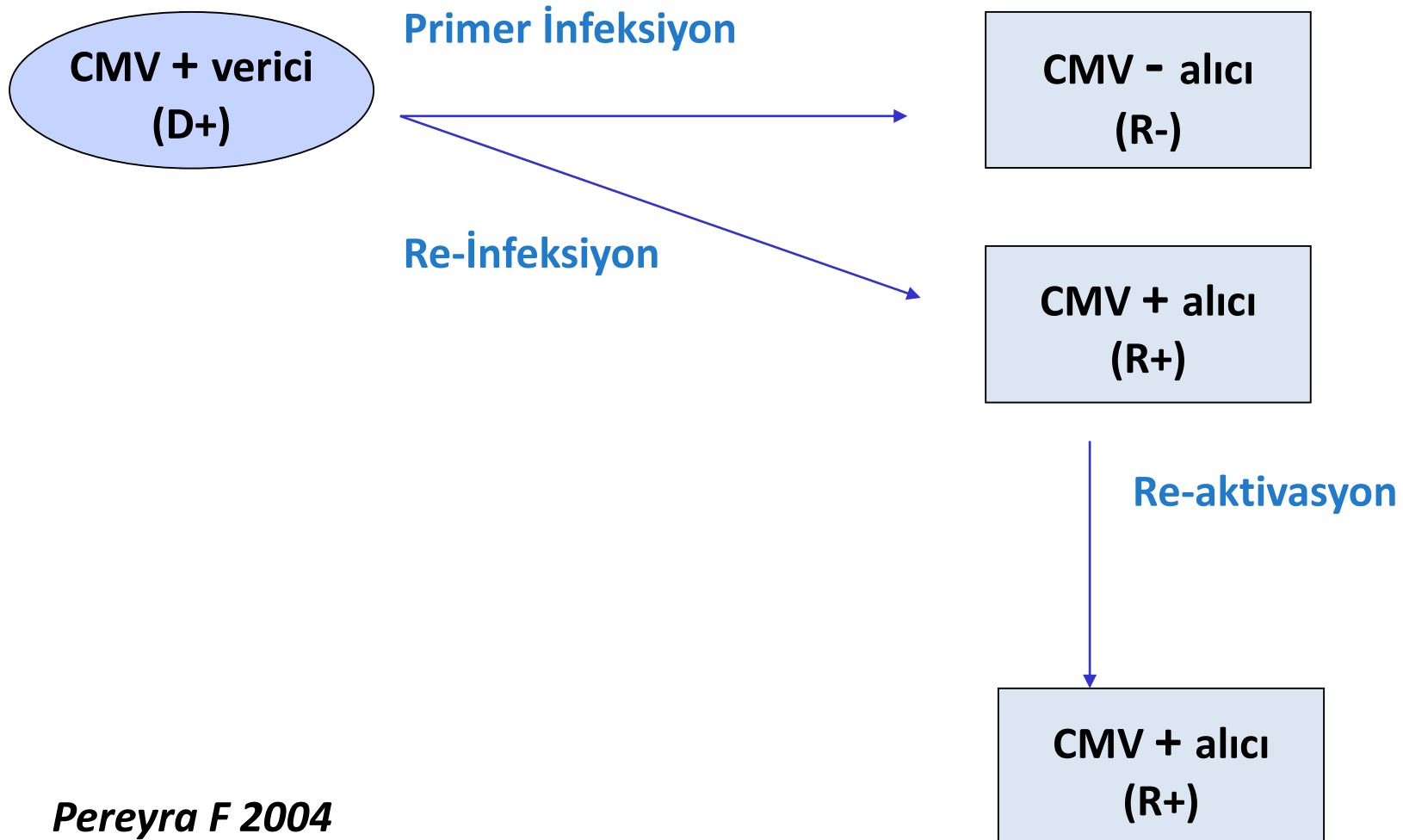


**FIGURE 1** | Immune responses to cytomegalovirus primary infection

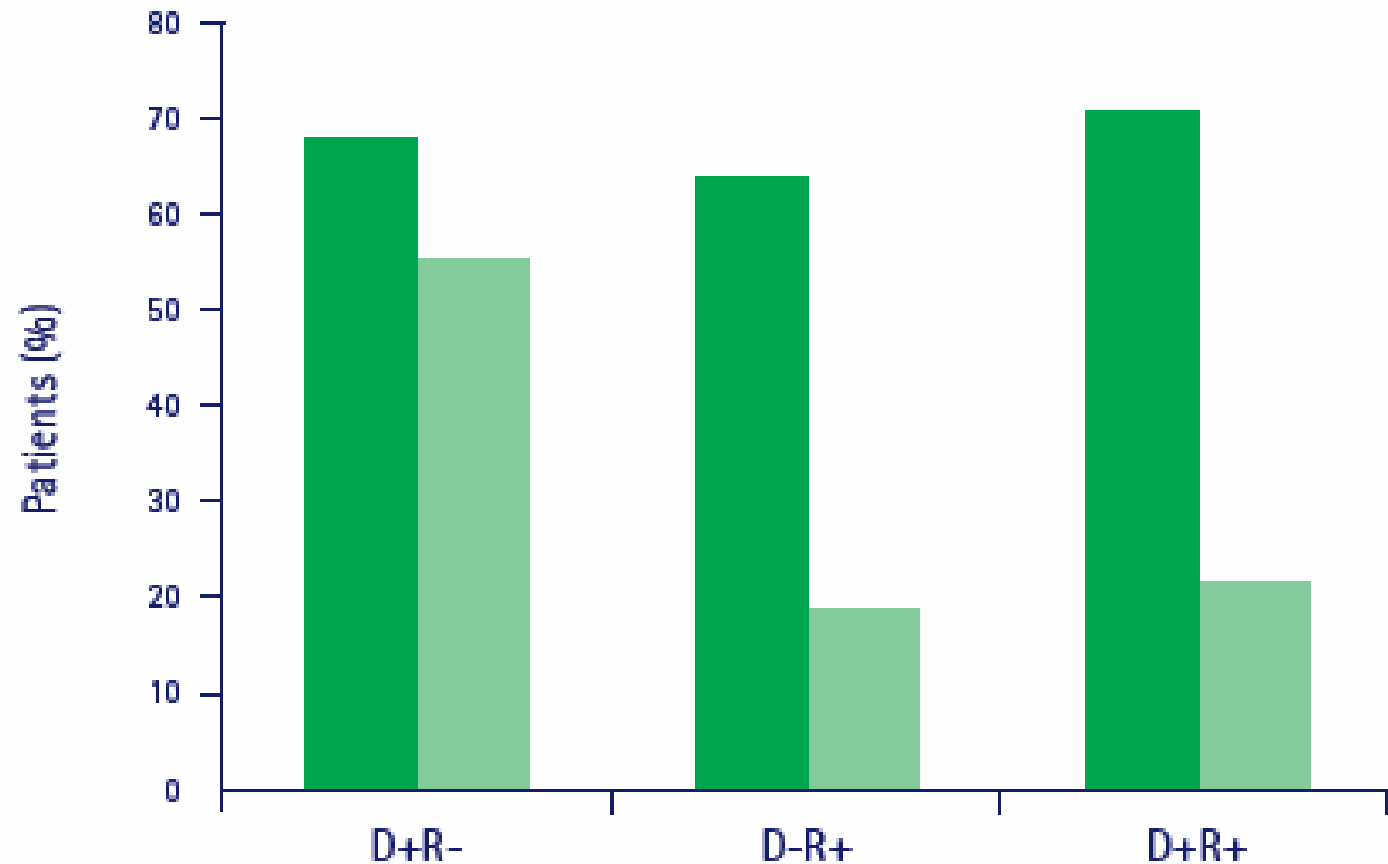
Nakil alıcılarında CMV reaktivasyonu



# Nakil alıcılarında CMV enfeksiyonları



# Renal TX alıcılarında reaktivasyon/ hastalık riski



$P < 0.001$ ;  $n = 477$   
D+/R- risk ratio: 3.926  
CMV, cytomegalovirus.

■ CMV Infection  
■ CMV Disease

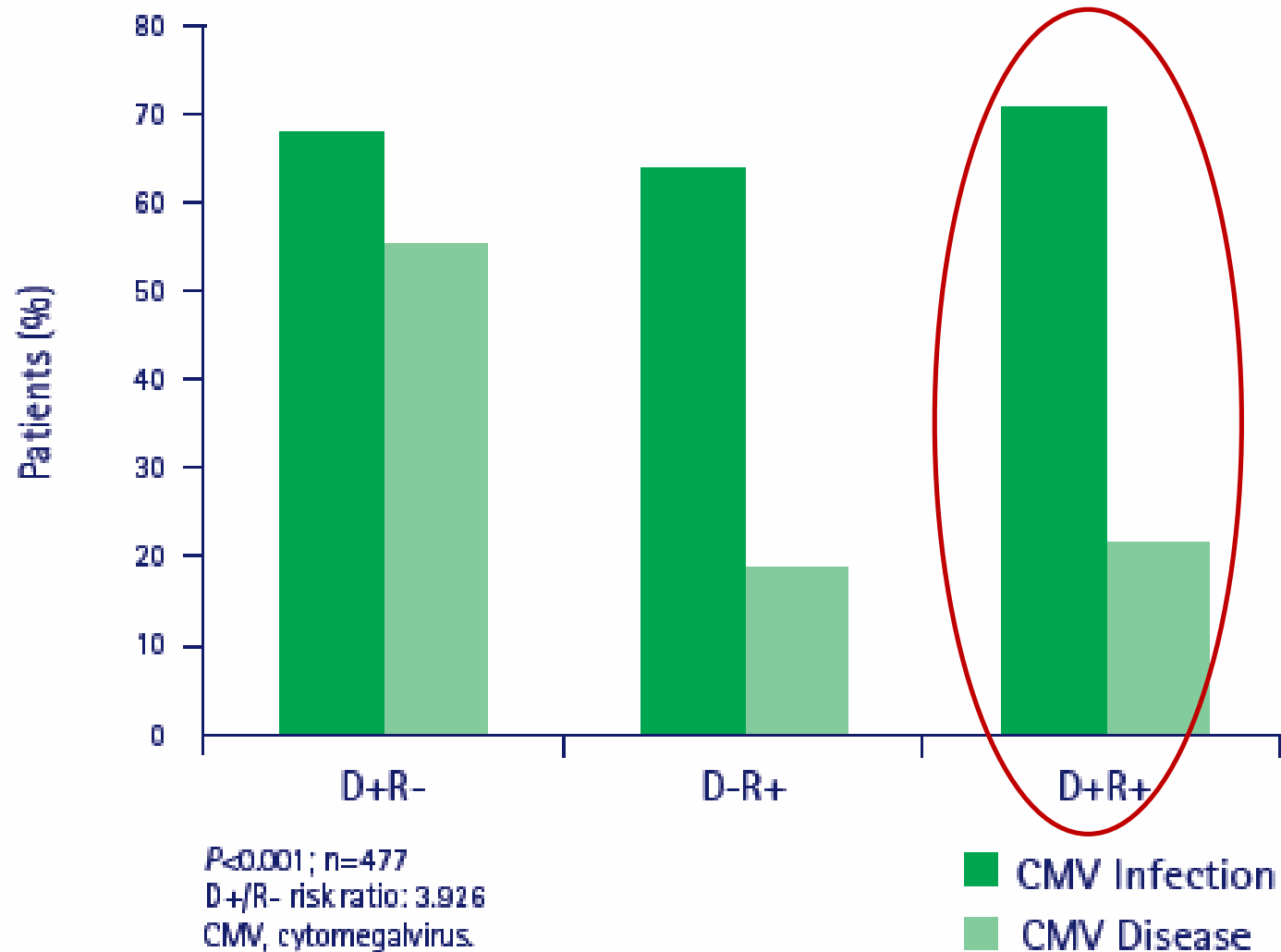
# Başkent Karaciğer/ Böbrek Alıcı verici Serolojik Durumları

| 2015-2024<br>N=866 | Anti-CMV IgG + | Anti-CMV IgG - |
|--------------------|----------------|----------------|
| Verici (D)         | 859 (%99,2)    | 7 (%0,8)       |
| Alıcı (R)          | 843 (%97,35)   | 23 (%2.65)     |

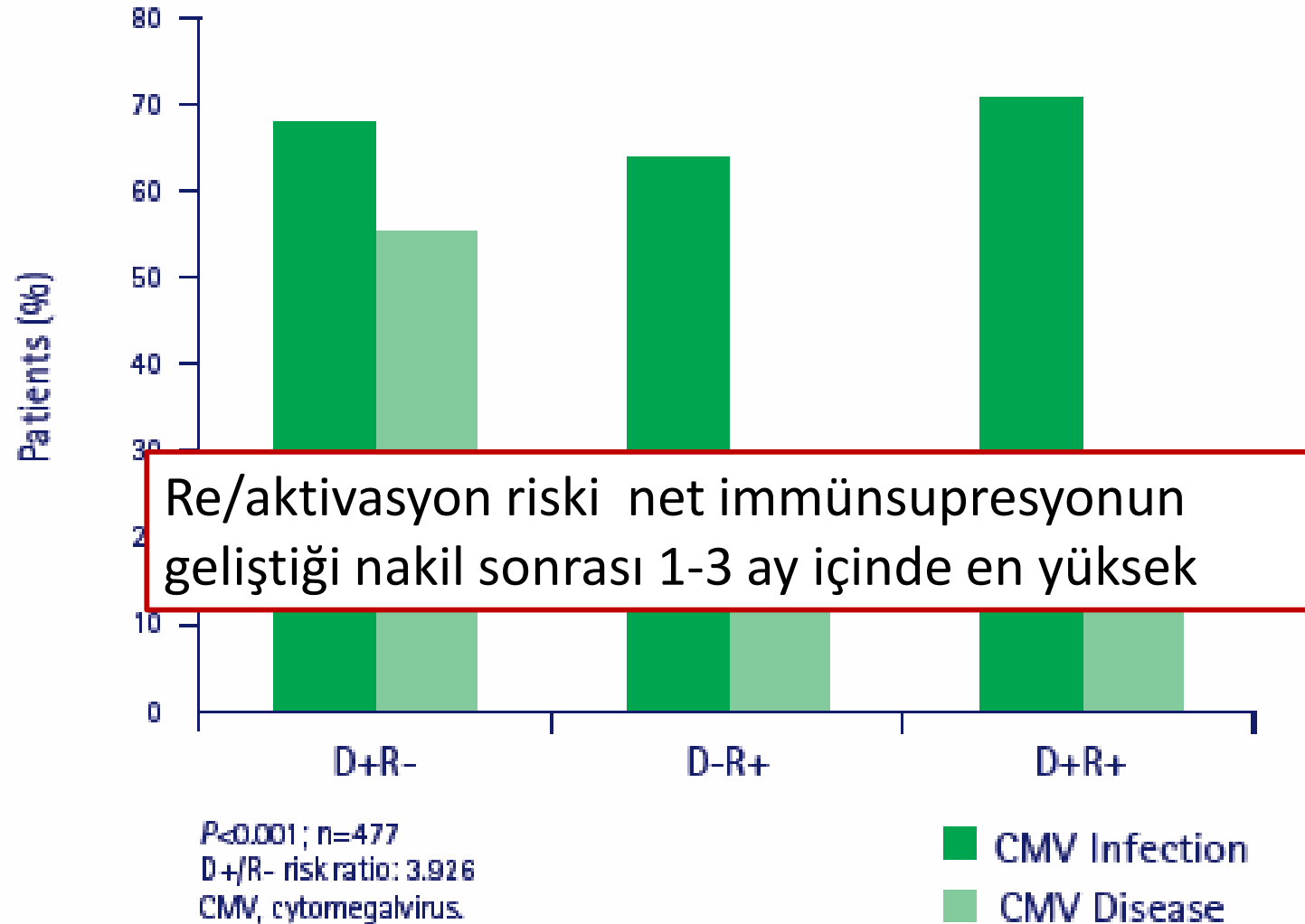
| 2015-2024<br>N=23 | <15 Yaş  | >15 yaş |
|-------------------|----------|---------|
| Seronegatif Alıcı | 17 (%74) | 6 (%25) |

Başkent Erişkin Organ Alıcı Verici Serolojisi  
D+/R+

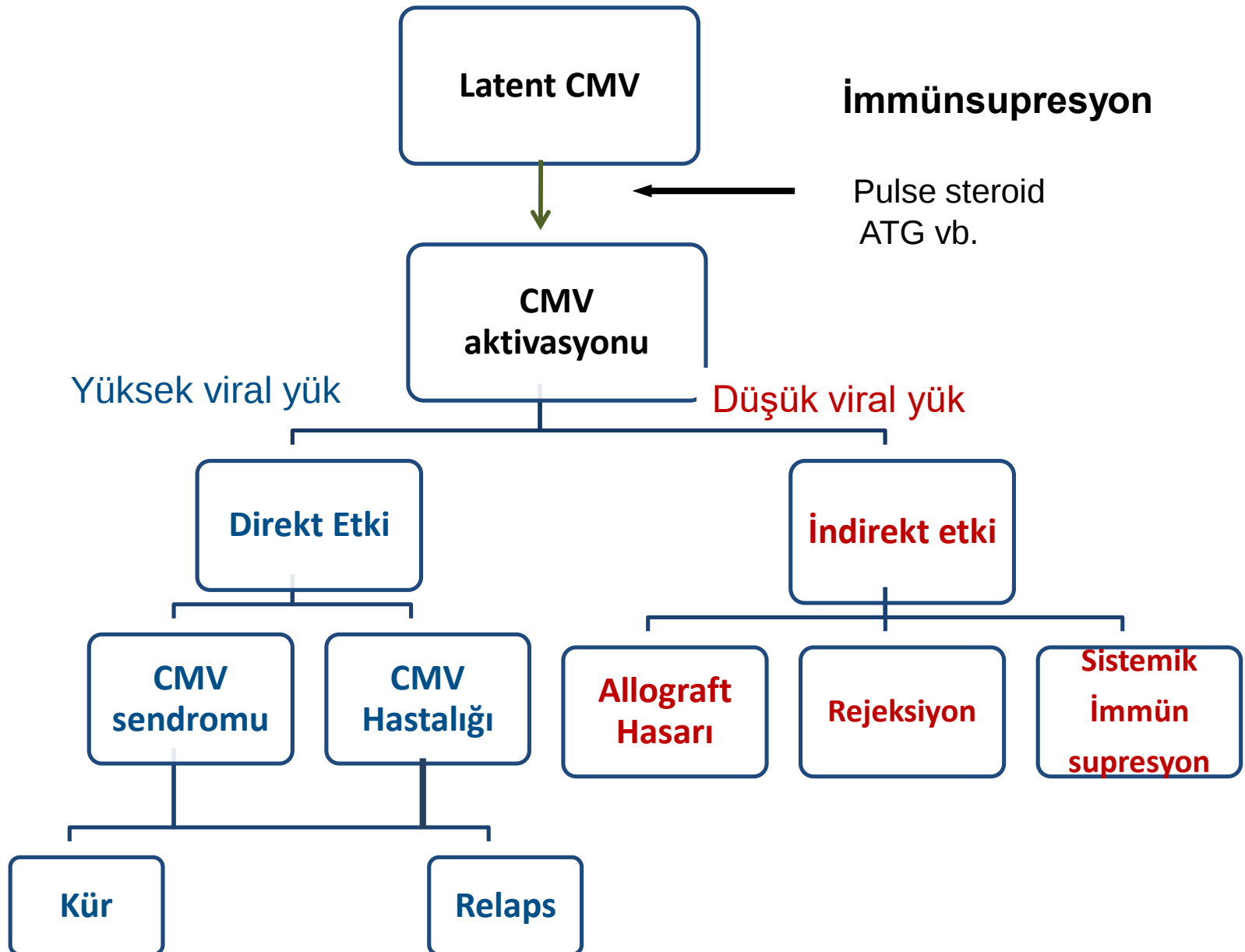
# Renal TX alıcılarında reaktivasyon/ hastalık riski



# Renal TX alıcılarında reaktivasyon/ hastalık riski



# CMV reaktivasyonu sonuçları



# CMV yönetimi

## Amaç

- CMV reaktivasyonunun kontrol altına alınarak direkt/indirekt zararların ortadan kaldırılması;
  - **Proflaksi**
  - **Preemptif tedavi**
- Gelişen CMV hastalığının tedavisi ve relapsın önlenmesi

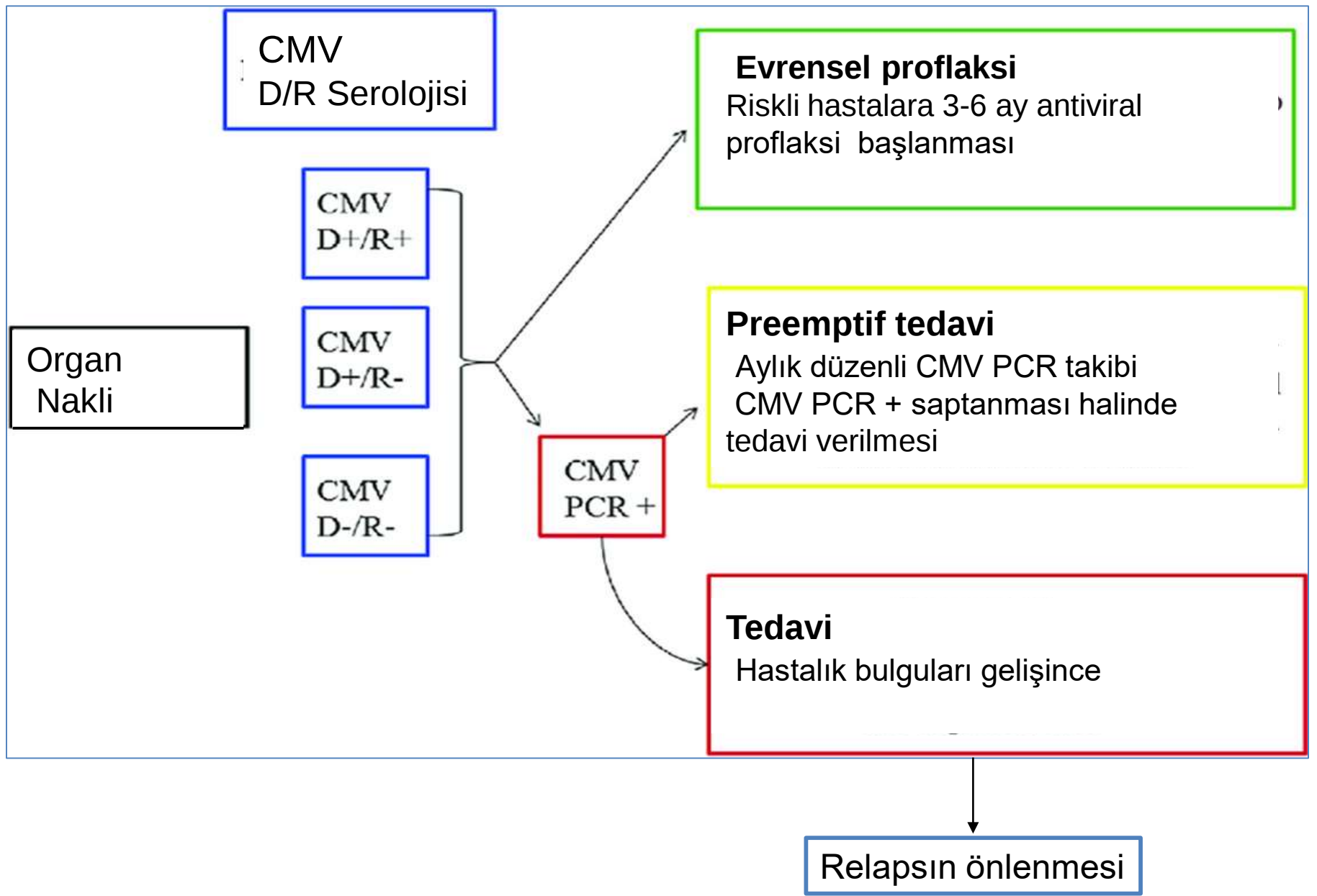
# Reaktivasyon /hastalık tanısında kullandığımız teknikler

## Seroloji

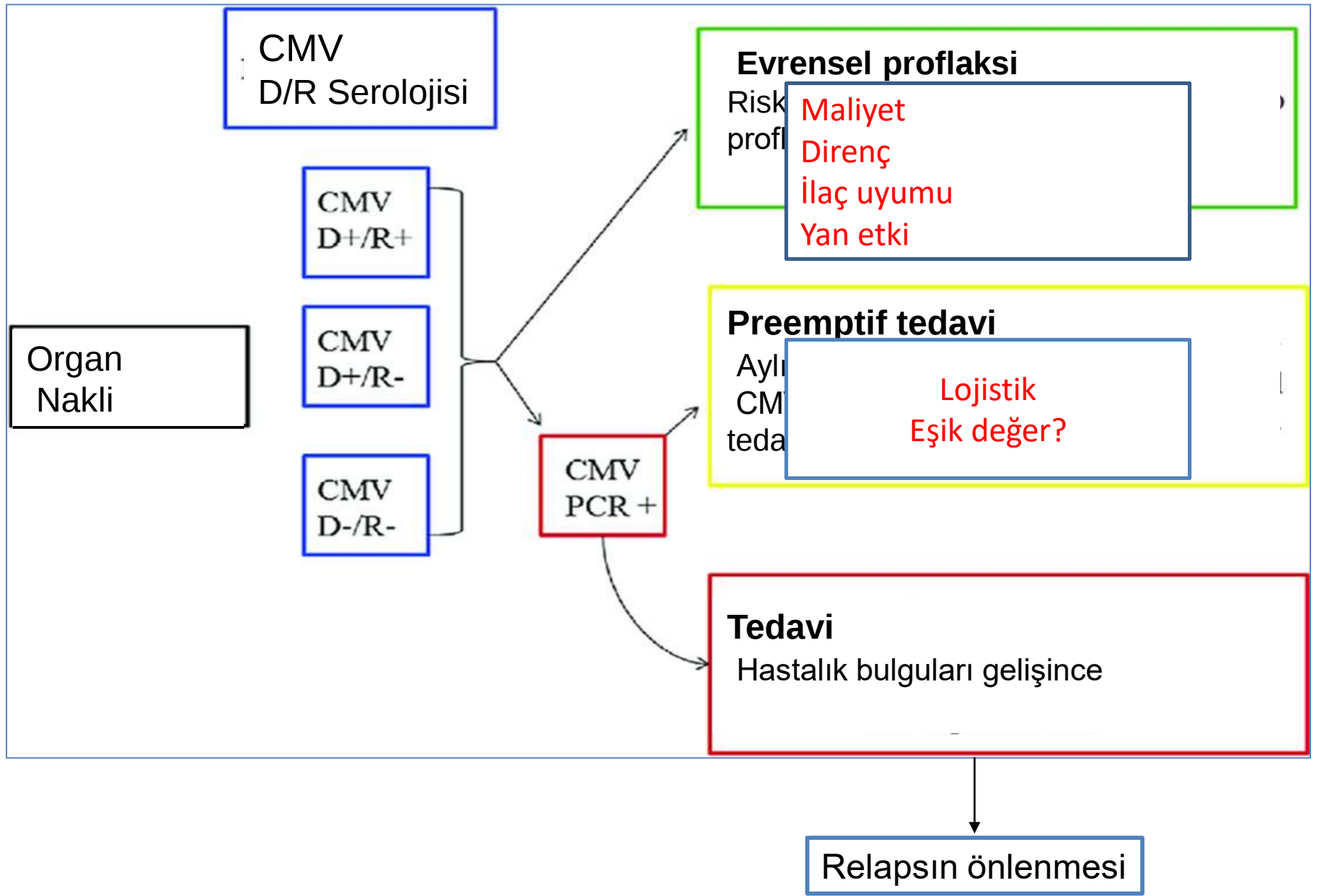
- Nakil öncesi adayın durumunu belirleme
- çok kısıtlı katkı

## Kantitatif PCR

- Preemptif tedavi kararı
- Hastalık tanısı ?
- Hastalık tedavisi takibi?
- Relaps?



## CMV yönetim stratejileri

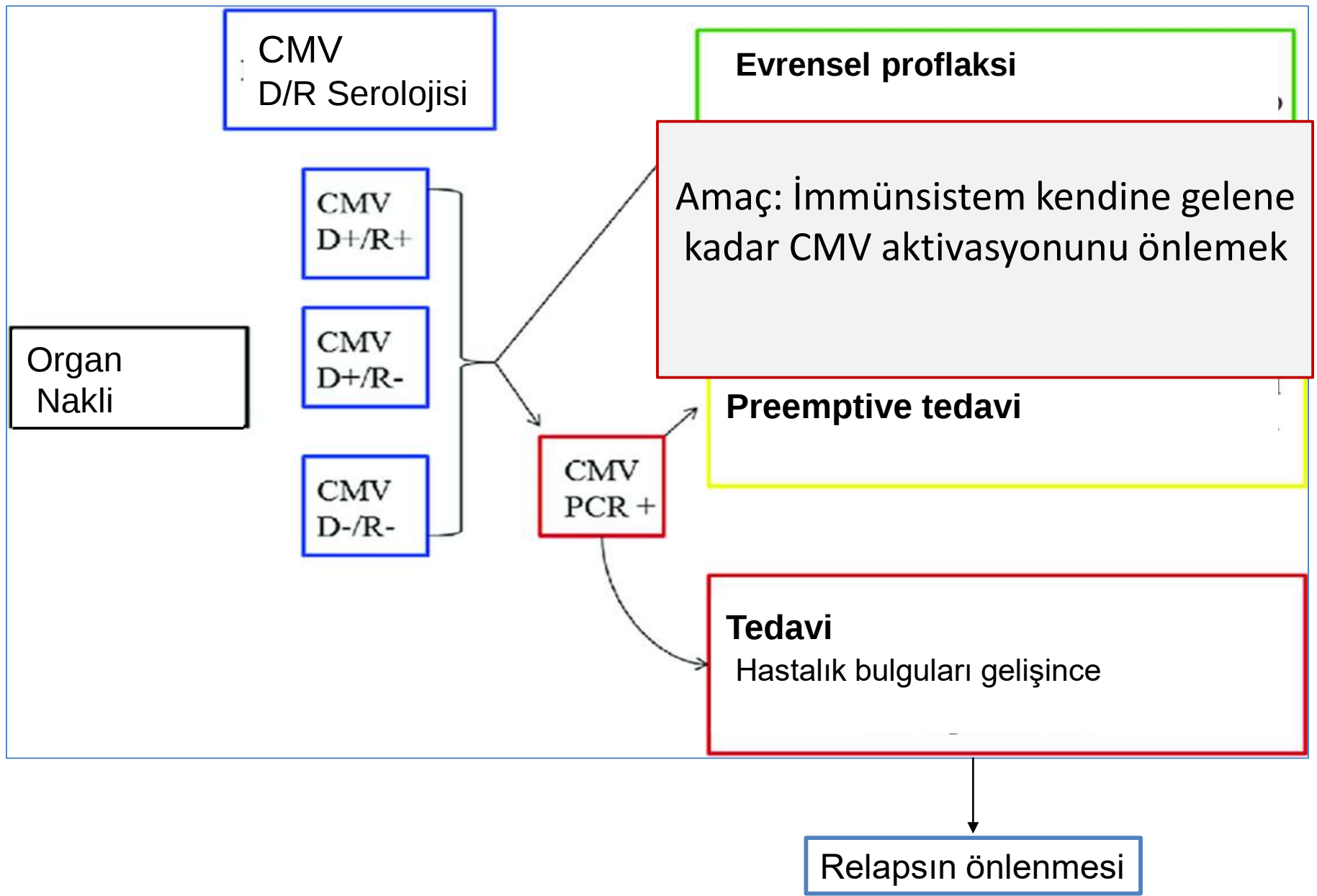


## CMV yönetim stratejileri

## 2.Kantitatif Nükleik Asit testleri

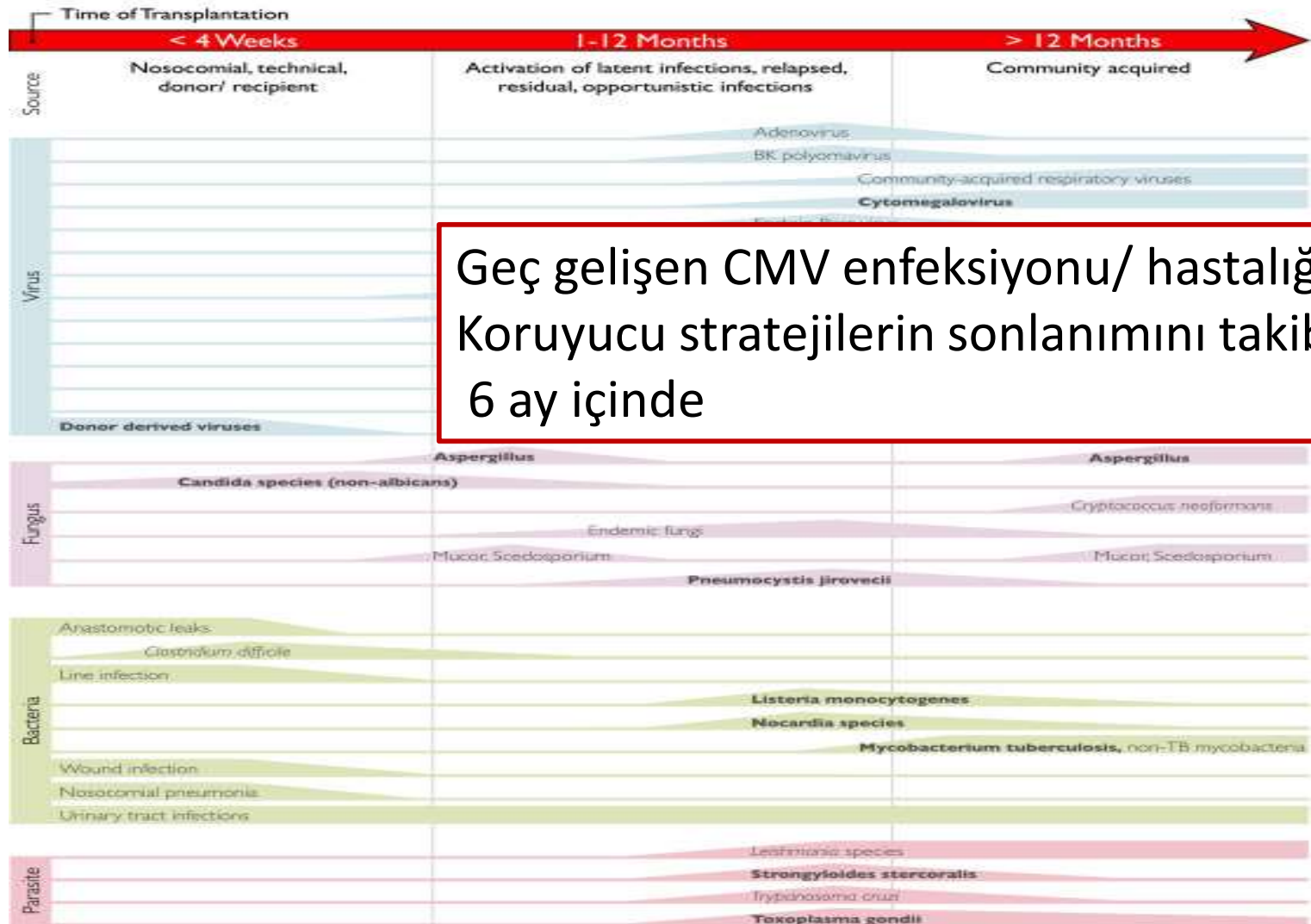
### Preemptif tedavi :

- Bugün için kabul edilmiş viral yük eşik değeri yok
- Haftalık takiplerdeki titre artışı mutlak viral yük düzeyinden daha önemli
- **KNAT da kantifikasyon limitleri önemli:**
  - BEDVY <1000 kopya/ml olan testlerde en az 3 kat artış
  - BEDVY >1000 kopya/ml olan testlerde en az 5 kat artış



## CMV yönetimi stratejileri

# Timeline of Common Post-Transplant Infections



Geç gelişen CMV enfeksiyonu/ hastalığı  
Koruyucu stratejilerin sonlanımını takiben  
6 ay içinde

# Stratejiler neden herkeste işe yaramıyor?

- Bireysel riskler
  - R- nakil
  - R+ ancak immün yanıtsız nakil
  - Genetik faktörler
- Nakil ilişkili riskler
  - Nakil tipi
  - Doku uyumu
  - Nakil indüksiyon tedavisi
  - Rejeksiyon

## Hastalık tedavisi sonrası reaktivasyon riski takibi?

Yüksek riskli hastalarda tedavi bitiminden sonra gelişen CMV aktivasyonunu önlemek için aylık viral yük takibi?

- Kantitatif PCR tekniđi ve etkin antiviral tedaviye dayalı stratejiler CMV aktivasyonu direkt/ indirekt etkileri açısından hala büyük bir sorun
- Sorunun çözümü için her bir alıcı adayı için bireysel değerlendirme gerekiyor



## 4.CMV'de İmmüntakip yöntemleri

Anadolu'nun yükselen yıldızı Çorum...



# Stratejiler neden herkeste işe yaramıyor?

- Bireysel riskler
  - R- nakil
  - R+ ancak immün yanıtsız nakil
  - Genetik faktörler
  - Altta yatan hastalıklar
  - Koinfeksiyonlar
- Nakil ilişkili riskler
  - Nakil tipi
  - Doku uyumu
  - Nakil indüksiyon tedavisi
  - Rejeksiyon

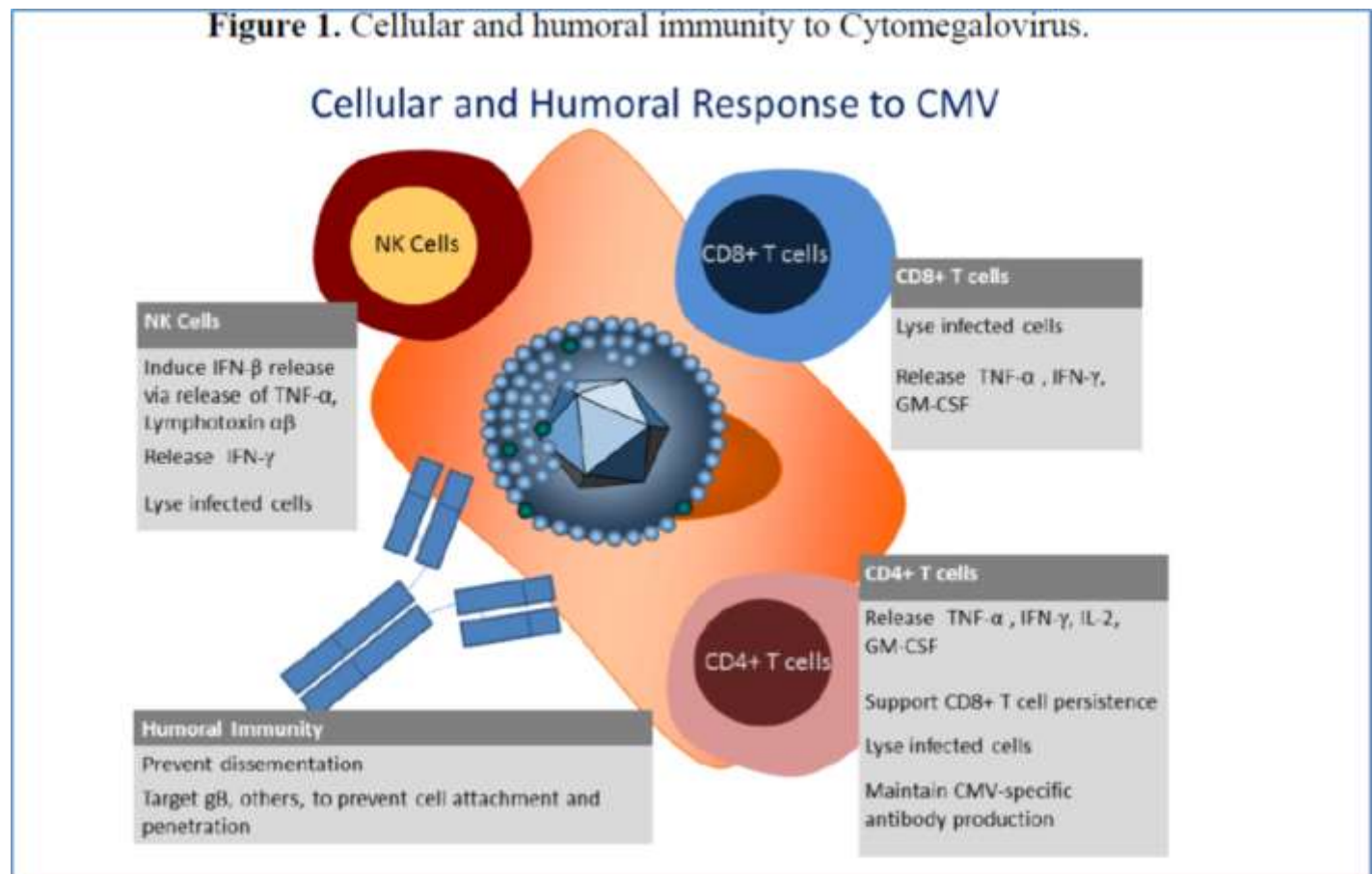
# CMV İmmünolojisi

Review

## Controlling Cytomegalovirus: Helping the Immune System Take the Lead

Patrick J. Hanley \* and Catherine M. Bollard

**Figure 1.** Cellular and humoral immunity to Cytomegalovirus.



# CMV-CMI ölçümü

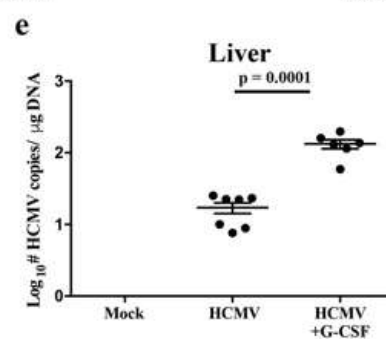
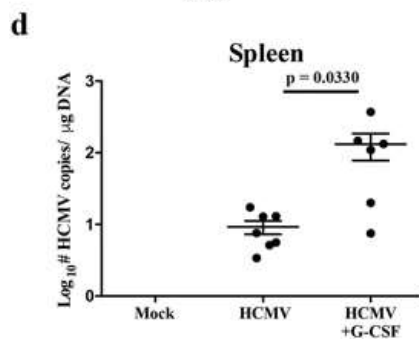
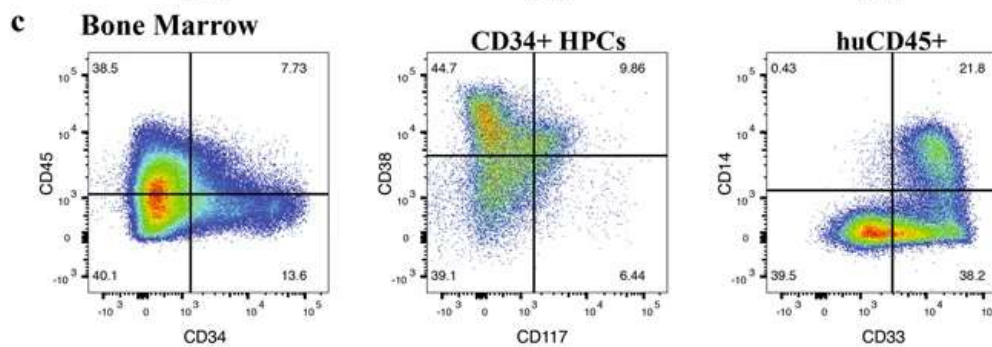
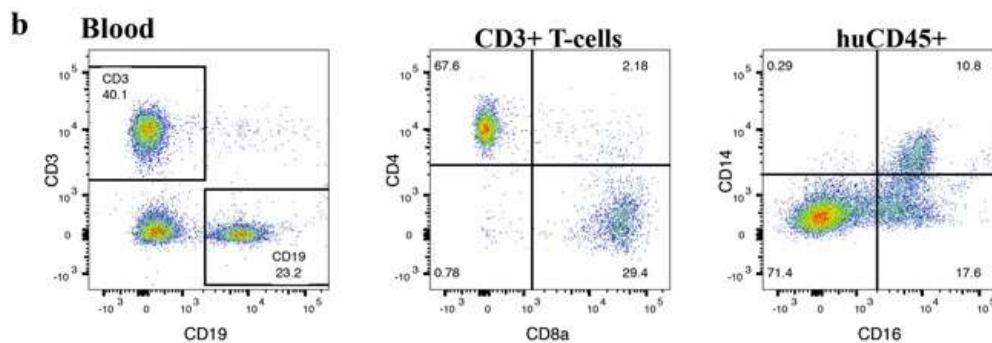
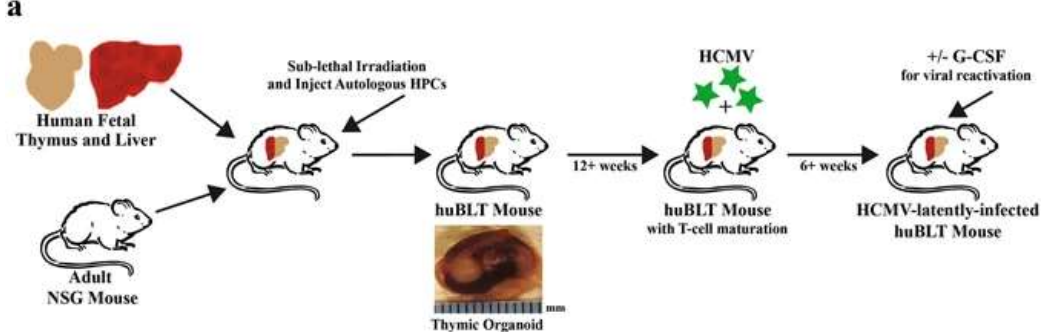
CMV antijeni olan fosfoprotein 65 (pp65) ve IE-1'e yanıt olarak T hücresi aracılı IFN- $\gamma$  üretiminin efektör immün yanıtlarını ölçer

- **Kullanılan yöntemler:**
  - Akış sitometrisi ile hücre içi sitokin boyama (ICS)
  - Interferon (IFN)- $\gamma$  salınım tahlili

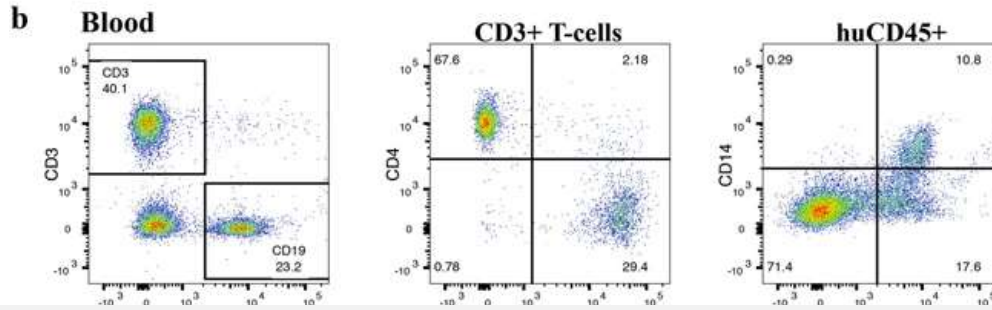
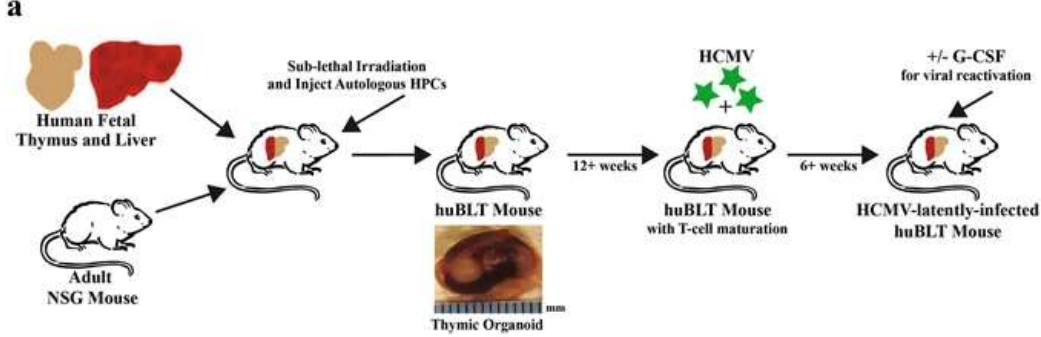
## Ticari olarak mevcut olanlar:

- QuantiFERON<sup>®</sup>-CMV (QTF-CMV) (Qiagen, Hilden; Almanya)
- T-SPOT<sup>®</sup>.CMV (Oxford Immunotec, Abingdon, Birleşik Krallık)
- T-Track<sup>®</sup>CMV (Mikrogen, Neuried, Almanya)

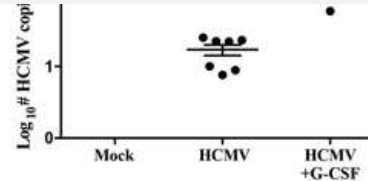
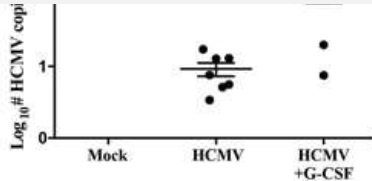
# ICS

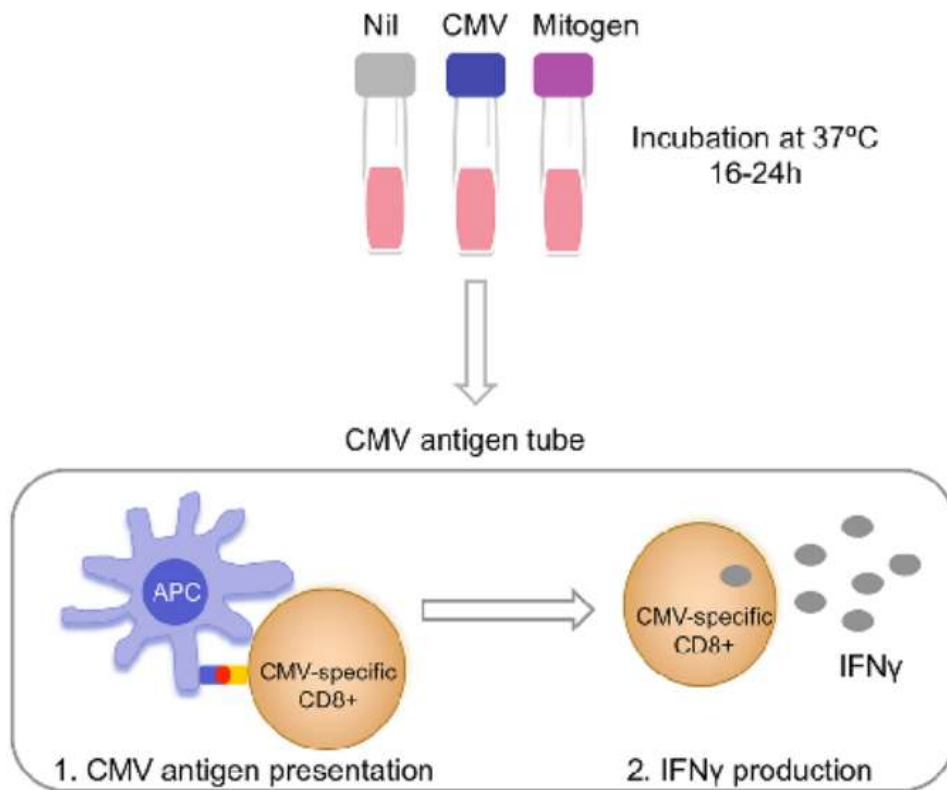


ICS



- CD4+ ve CD8+ T Hücrelerinin Tanımlanması
- Aynı gün sonuç
- HLA tipinden etkilenmeyen sonuçlar
- Akış sitometrisi gerekliliği
- Standart cut-off değerlerinin olmaması



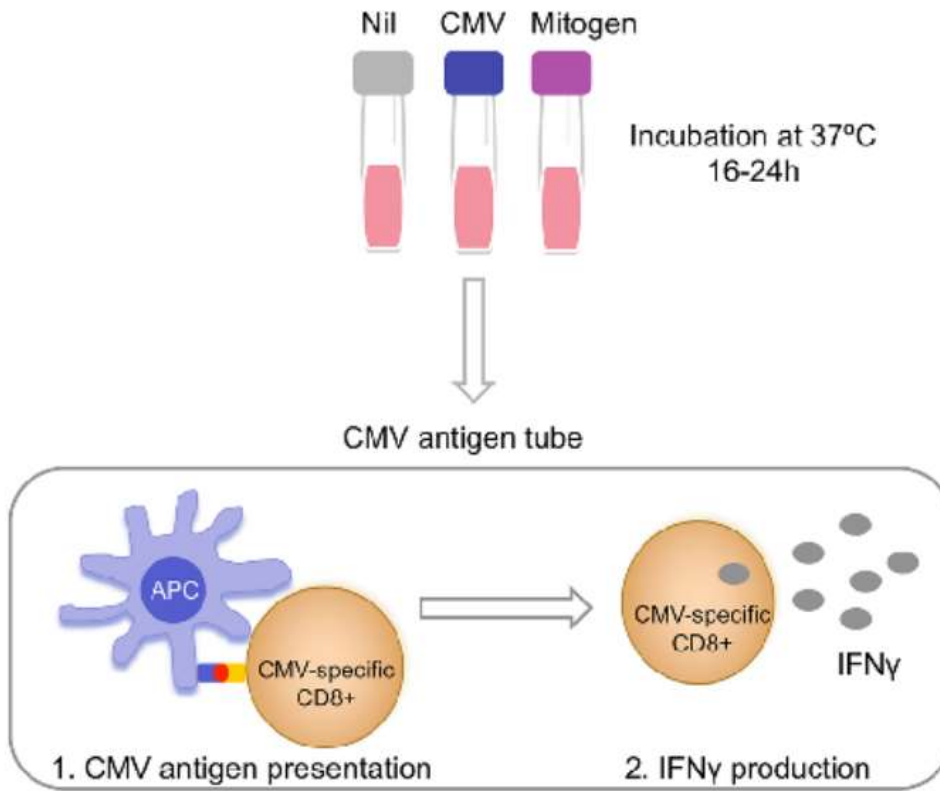


Schematic representation of QuantiFERON-CMV assay. In the cytomegalovirus antigen tube, CMV-specific CD8<sup>+</sup> T cells of patients who have been previously exposed to the virus recognize cytomegalovirus antigen and respond by secreting interferon- $\gamma$

## CMV Quantiferon



## CMV Quantiferon

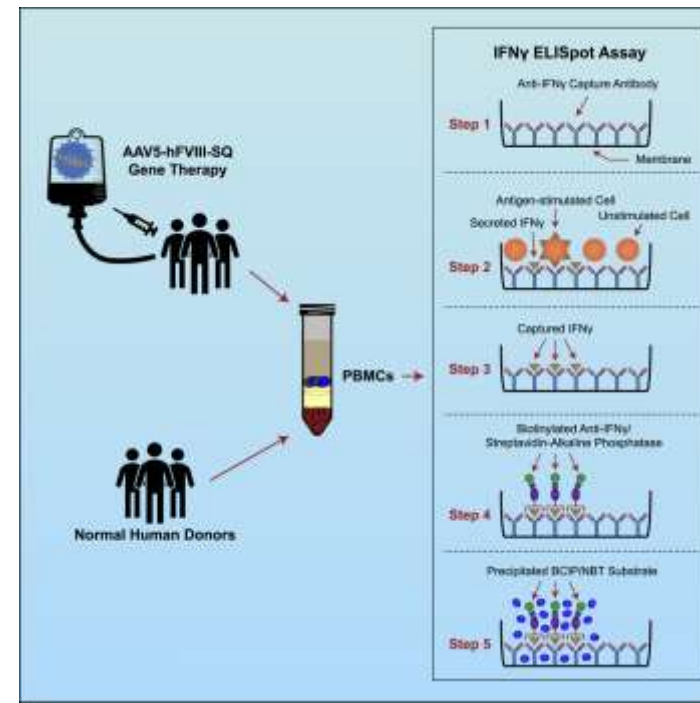
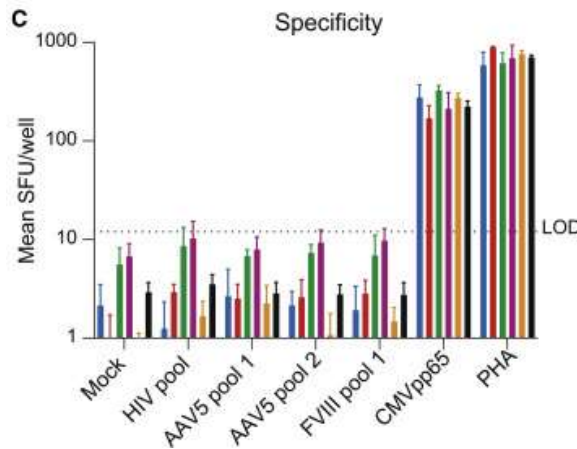
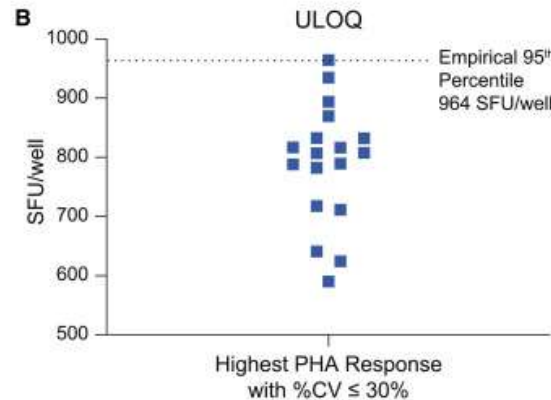
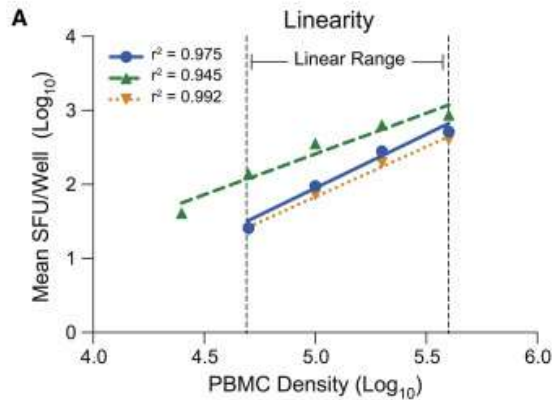


Schematic representation of QuantiFERON-CMV assay. In the cytomegalovirus antigen tube, CMV-specific CD8<sup>+</sup> T cells of patients who have been previously exposed to the virus recognize cytomegalovirus antigen and respond by secreting interferon- $\gamma$

- Standart Cutt-of değerleri
- CD8 T hücre yanıtı
- Analitik süresi yaklaşık 2-3 gün
- HLA tipleri test sonucunu etkiliyor



# ELISpot



- CD4+/CD8+ yanıtlarını ölçer; ancak sonuçlar ayırt edilemez
- HLA tipinden bağımsız
- Analitik süreç 2-3 gün
- Standart cut-off değeri yok

CMV-Quantiferon/Elispot pozitifliği konak CMV  
immun yanıtının var olduğunu gösterir



# Cytomegalovirus Cell-Mediated Immunity: Ready for Routine Use?

*Oriol Bestard<sup>1,2</sup>, Hannah Kaminski<sup>3,4</sup>, Lionel Couzi<sup>3,4</sup>, Mario Fernández-Ruiz<sup>5,6,7</sup> and Oriol Manuel<sup>8\*</sup>*

# CMV İmmüntakip yöntemlerinin kullanılabileceği klinik durumlarla ilgili **gözlemsel** çalışmalar

Bestard et al.

CMV-CMI in Transplantation

**TABLE 1** | Summary of observational studies assessing the potential application of CMV-CMI monitoring in different clinical scenarios.

| Clinical scenario | Predicted event | Supporting studies | Monitoring method | Proposed intervention |
|-------------------|-----------------|--------------------|-------------------|-----------------------|
|-------------------|-----------------|--------------------|-------------------|-----------------------|

- Yüksek riskli hastalarda ((R-) / akciğer,barsak) profilaksi süresi belirleme
- Orta riskli hastalarda profilaksi veya preemptif takip süresi belirleme
- Asemptomatik düşük viral yükün tedavisiz takibi
- Hastalık sonrası tedavi süresi ve preemptif takip belirleme
- Rejeksiyon sonrası stratejilerin yeniden belirlenmesi

# Çalışma düzenlemeleri birbirinden farklı bu nedenle günümüze yansıyan veriler sınırlı klinik uygulamaya katkısı?

Bes

**TABLE 1** | Summary of observational studies assessing the potential application of CMV-CMI monitoring in different clinical scenarios.

| Clinical scenario                                                                                                                            | Predicted event                          | Supporting studies              | Monitoring method                            | Proposed intervention                                                                                                     |
|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|---------------------------------|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| High-risk patients (D+/R-, T-cell-depleting antibodies, lung transplantation) during antiviral prophylaxis or at the time of discontinuation | Late-onset disease <sup>a</sup>          | Yes [43, 46, 48–58]             | QTF-CMV, ELISpot                             | Prolong antiviral prophylaxis or close monitoring for viremia if inadequate response                                      |
| Pre-transplant assessment in intermediate-risk patients (R+ with no other factors)                                                           | Post-transplant viremia and/or disease   | Yes [4, 44, 47, 51, 59, 60]     | QTF-CMV, ELISpot, ICS                        | Initiate antiviral prophylaxis or close monitoring for viremia in patients with inadequate response (D+/R <sub>NR</sub> ) |
| Intermediate-risk patients (R+) on preemptive therapy with no concurrent viremia                                                             | Subsequent viremia and/or disease        | Yes [42, 44, 49, 51, 52, 61–64] | ICS, QTF-CMV, ELISpot, MHC-tetramer staining | Reduce the frequency and/or discontinue monitoring of viremia if adequate response                                        |
| Intermediate-risk patients (R+) on preemptive therapy with asymptomatic viremia                                                              | Spontaneous clearance                    | Yes [65, 66]                    | QTF-CMV                                      | Withhold antiviral therapy if adequate response                                                                           |
| Active CMV infection or disease during antiviral treatment                                                                                   | Response to antiviral treatment          | No                              |                                              | Decrease immunosuppression and/or modify antivirals if inadequate response                                                |
| Active CMV infection or disease after discontinuation of antiviral treatment                                                                 | Post-treatment relapse                   | Yes [67]                        | ICS                                          | Initiate secondary prophylaxis if inadequate response                                                                     |
| Acute graft rejection treated with steroid boluses and/or T-cell-depleting antibodies                                                        | Disease following anti-rejection therapy | No                              |                                              | (Re)initiate prophylaxis if inadequate response                                                                           |



# The Third International Consensus Guidelines on the Management of Cytomegalovirus in Solid-organ Transplantation

Camille N. Kotton, MD,<sup>1</sup> Deepali Kumar, MD,<sup>2</sup> Angela M. Caliendo, MD, PhD,<sup>3</sup> Shirish Huprikar, MD,<sup>4</sup> Sunwen Chou, MD,<sup>5</sup> Lara Danziger-Isakov, MD, MPH,<sup>6</sup> and Atul Humar, MD<sup>7</sup>  
on behalf of the The Transplantation Society International CMV Consensus Group

**Abstract:** Despite recent advances, cytomegalovirus (CMV) infections remain one of the most common complications affecting solid organ transplant recipients, conveying higher risks of complications, graft loss, morbidity, and mortality. Research in the field and development of prior consensus guidelines supported by The Transplantation Society has allowed a more standardized approach to CMV management. An international multidisciplinary panel of experts was convened to expand and revise evidence and expert opinion-based consensus guidelines on CMV management including prevention, treatment, diagnostics, immunology, drug resistance, and pediatric issues. Highlights include advances in molecular and immunologic diagnostics, improved understanding of diagnostic thresholds, optimized methods of prevention, advances in the use of novel antiviral therapies and certain immunosuppressive agents, and more savvy approaches to treatment resistant/refractory disease. The following report summarizes the updated recommendations.

(*Transplantation* 2018;102: 900–931)

# 4.CMV'de immüntakip yöntemleri

**TABLE 2.**

Advantages and limitations of various assays for immune monitoring of CMV

| Assay                         | Advantages                                                                                                                                                                                                                                   | Limitations                                                                                                                                            | Comments                                                                                                                                                                               | Predict viremia                                                 | Predict disease |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|-----------------|
| ICS                           | Whole blood assay with low blood volume (1 mL) or PBMC Short incubation time Results available after 8 hours Identification of CD4+ and CD8+ T cells Knowledge of HLA not necessarily required Quantitative and qualitative characterization | Needs access to a flow cytometer Not standardized                                                                                                      | Most data available with this technique Potential to freeze PBMCs and ship to reference lab for testing                                                                                | Yes                                                             | Yes             |
| QuantiFERON-CMV (Qiagen, USA) | Whole blood assay with low blood volume (3 mL) Simple to perform Results available after 30-40 hours Can be done in any center and stimulated plasma can be sent to reference lab                                                            | CD8+ responses only. Sensitive to lymphopenia. Rare patients whose HLA types are not covered in assay                                                  | Approved in Europe                                                                                                                                                                     | Yes                                                             | Yes             |
| ELISpot                       | Identifies both CD4+/CD8+ T cells Knowledge of HLA not necessarily required Results available after 30-40 hours                                                                                                                              | Need for purified PBMC from 10 mL blood (in reality 5-10 mL) Cannot differentiate CD4+ and CD8+ T cells Not standardized                               | Potential to freeze PBMCs and ship to reference lab for testing; Commercial availability (T-Track CMV, Lophius CE marked in Europe; T-SPOT.CMV is LDT in U.S.) and CE marked in Europe | Yes                                                             | Yes             |
| MHC multimer staining         | Fast assay (1-2 h) Whole blood assay with low blood volume (0.5-1 mL) or PBMC                                                                                                                                                                | CD8+ responses only Needs access to a flow cytometer HLA and epitope-specific. No information about function unless combined with ICS Not standardized | Unlikely to be used on a widespread basis                                                                                                                                              | No, Only in combination with functional or phenotypical markers | No              |

# Nasil?

**TABLE 3.**

**Potential clinical uses and management based on CMV-specific immune monitoring**

| Clinical settings                                                        | Viral load | Immune monitoring result <sup>a</sup> | Action                                                          | Interpretation                                   |
|--------------------------------------------------------------------------|------------|---------------------------------------|-----------------------------------------------------------------|--------------------------------------------------|
| <b>Pretransplant</b>                                                     |            |                                       |                                                                 |                                                  |
| Pretransplant R+                                                         |            | Neg                                   | Prophylaxis or surveillance                                     | Indicates low level protection                   |
| Pretransplant Seropositive patients<br>with potential passive antibodies |            | Neg                                   |                                                                 | Passive immunity; T cells are<br>not transferred |
|                                                                          |            | Pos                                   |                                                                 | True Infection                                   |
| <b>Posttransplant prophylaxis</b>                                        |            |                                       |                                                                 |                                                  |
| End of prophylaxis                                                       |            | Pos                                   | Stop prophylaxis                                                | Indicates protection                             |
|                                                                          |            | Neg                                   | Continue prophylaxis or stop<br>prophylaxis and do surveillance | Indicates lack of protection                     |
| <b>Posttransplant preemptive therapy</b>                                 |            |                                       |                                                                 |                                                  |
| Asymptomatic R+ patients<br>(>1 month posttransplant)                    | Neg        | Pos                                   | Continue surveillance                                           | Low risk, indicates protection                   |
|                                                                          | Neg        | Neg                                   | Close surveillance                                              | Increased risk, indicates lack<br>of protection  |
| End of treatment                                                         | Pos        | Pos                                   | No treatment; close monitoring                                  | Low risk, indicates sufficient immunity          |
|                                                                          | Pos        | Neg                                   | Treatment                                                       | Indicates lack of protection                     |
|                                                                          | Neg        | Pos                                   | Stop treatment                                                  | Low risk of relapse,<br>sufficient immunity      |
|                                                                          | Neg        | Neg                                   | Secondary Prophylaxis                                           | High risk of relapse, lack<br>of protection      |

<sup>a</sup> Positive (or Reactive) immune monitoring result suggests a threshold has been established; viral load negative means below lower limit of quantitation. Limited information in heart and lung transplant recipients and pediatric recipients.

Neg = negative; Pos = positive

# CMV İmmüntakip yöntemlerinin kullanılabileceği klinik durumlarla ilgili **müdahaleli** çalışmalar

**TABLE 3** | Summary of the intervention studies on the application of CMV-CMI assays in SOT recipients.

| Study author | Number of patients | Type of organ transplant    | CMV serostatus      | Cell-mediated immune assay | Intervention                                                                                                                | Main results                                                                                                                          |
|--------------|--------------------|-----------------------------|---------------------|----------------------------|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| [106]        | 118                | Lung                        | R+ and D+/R-        | QTF-CMV                    | Test at 5, 8 and 11 months, stop prophylaxis if test positive                                                               | Lower CMV replication in the allograft and longer duration of antiviral prophylaxis in the intervention group                         |
| [107]        | 150                | Kidney                      | R+ on ATG           | QTF-CMV                    | Test at 30, 45, 60, 90 days, stop prophylaxis if test positive                                                              | Similar incidence of CMV replication/disease, shorter duration of antiviral, lower incidence of neutropenia in the intervention group |
| [108]        | 185                | Kidney (164) and liver (21) | R+ on ATG and D+/R- | T-Track-CMV                | Test at 30, 60, 90 days (R+ and D+/R-), 120, 150, 180 (D+/R-), stop prophylaxis if test positive                            | Similar incidence of CMV replication/disease, shorter duration of antiviral in the intervention group                                 |
| [109]        | 27                 | All SOT                     | R+ and D+/R-        | QTF-CMV                    | Test at the end of therapy for CMV replication, add secondary prophylaxis in case of negative result                        | Lower incidence of CMV relapse in patients with a positive test                                                                       |
| [110]        | 160                | Kidney                      | R+                  | T-SPOT.CMV                 | Stratify patients at transplant in low vs. high-risk according to test result. Then randomize to preemptive vs. prophylaxis | Higher incidence of CMV replication in high-risk group. Better performance of antiviral prophylaxis strategy in both groups           |

# Immunoguided Discontinuation of Prophylaxis for Cytomegalovirus Disease in Kidney Transplant Recipients Treated With Antithymocyte Globulin: A Randomized Clinical Trial

Aurora Pérez-Vega,<sup>1,2</sup> Belén Gutiérrez-Gutiérrez,<sup>2,3</sup> María L. Agüera,<sup>1,4</sup> Carme Facundo,<sup>5</sup> Dolores Redondo-Pachón,<sup>6</sup> Marta Suñer,<sup>7</sup> María O. López-Oliva,<sup>8</sup> Jose R. Yuste,<sup>2,9</sup> Miguel Montejo,<sup>2,10</sup> Cristina Galeano-Álvarez,<sup>11</sup> Juan C. Ruiz-San Millán,<sup>12</sup> Ibai Los-Arcos,<sup>2,13</sup> Domingo Hernández,<sup>14</sup> Mario Fernández-Ruiz,<sup>2,15</sup> Patricia Muñoz,<sup>16</sup> Jorge Valle-Arroyo,<sup>1,2</sup> Angela Cano,<sup>1,2</sup> Alberto Rodríguez-Benot,<sup>1,4</sup> Marta Crespo,<sup>6</sup> Cristian Rodelo-Haad,<sup>1,4</sup> María A. Lobo-Acosta,<sup>17</sup> Jose C. Garrido-Gracia,<sup>18</sup> Elisa Vidal,<sup>1,2,19</sup> Luis Guirado,<sup>5</sup> Sara Cantisán,<sup>1,2</sup> and Julian Torre-Cisneros<sup>1,2,19</sup>, on behalf of the TIMOVAL Study Group

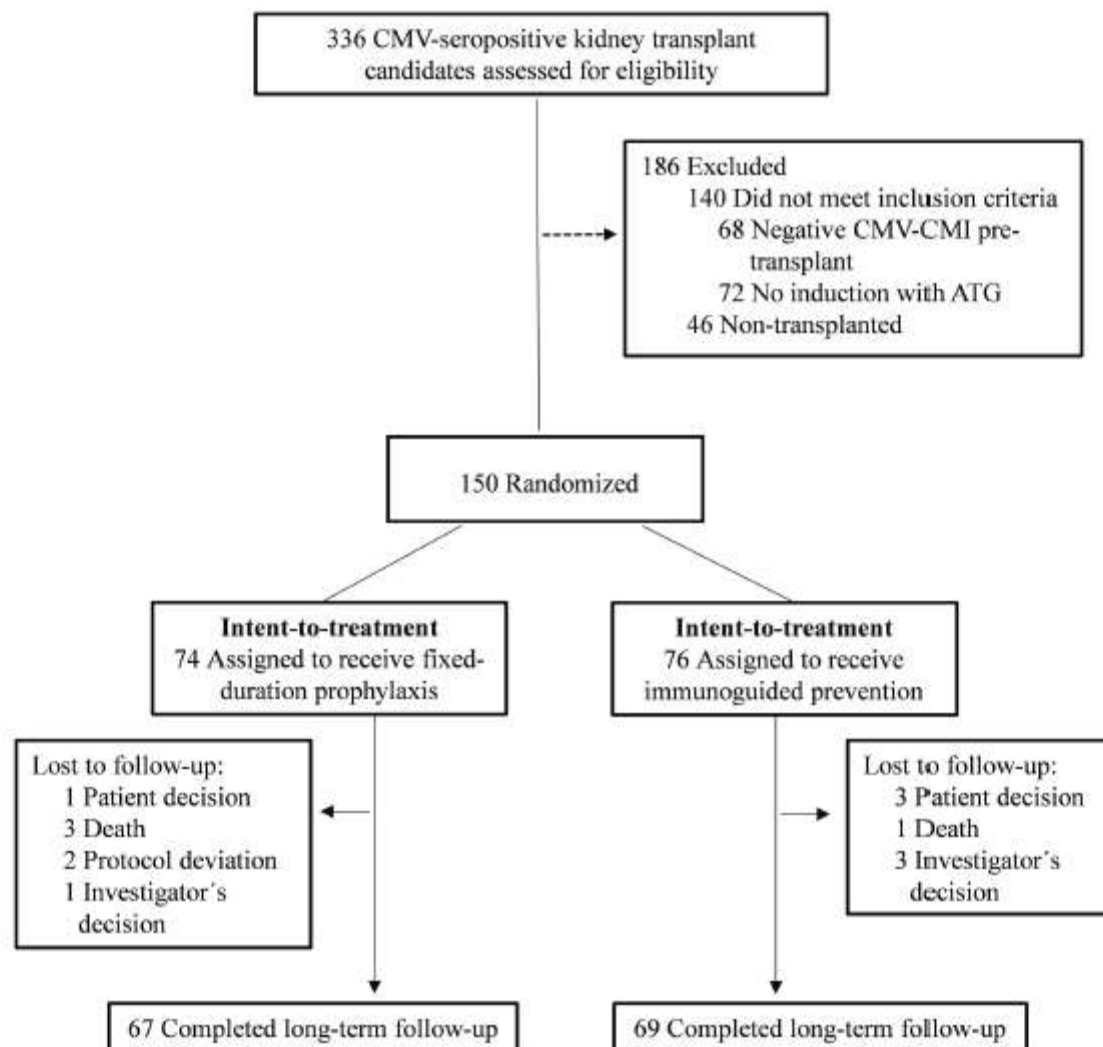
- Açık uçlu, non inferiority amaçlayan klinik çalışma
- İndüksiyon tedavisinde ATG alan R+ Böbrek alıcılarında
- (CMV-Quantiferon)
- 1 **X** 1 randomize
- 90 gün proflaksi **X** CMV-CMI pozitifleştğinde proflaksi kesiliyor
- Sonraki 6 ay viremi takibi ve preemptiv tedavi uygulaması
- 12 ay süre ile takip

**Table 1. Ordinal Outcomes for Efficacy, Safety, and Benefit-Risk Analyses With Categories in Ascending Order of Desirability**

| Analyses     | Outcome                                                                                                                                                                                              |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Efficacy     | 1. CMV disease/replication<br>2. No CMV disease/replication                                                                                                                                          |
| Safety       | 1. Neutropenia                                                                                                                                                                                       |
| Benefit-Risk | 1. No CMV disease/replication without neutropenia<br>2. No CMV disease/replication with neutropenia<br>3. CMV disease/replication without neutropenia<br>4. CMV disease/replication with neutropenia |

Desirability of outcome ranking analysis was defined post hoc. Neutropenia: <1500 neutrophils/mm<sup>3</sup>.

Abbreviation: CMV, cytomegalovirus.



**Figure 1.** Patient flow through the study. Abbreviations: ATG, antithymocyte globulin; CMI, cell-mediated immunity; CMV, cytomegalovirus.

**Table 4. Results of the QuantiFERON Cytomegalovirus Assay Performed in the Immunoguided Group (76 Patients)**

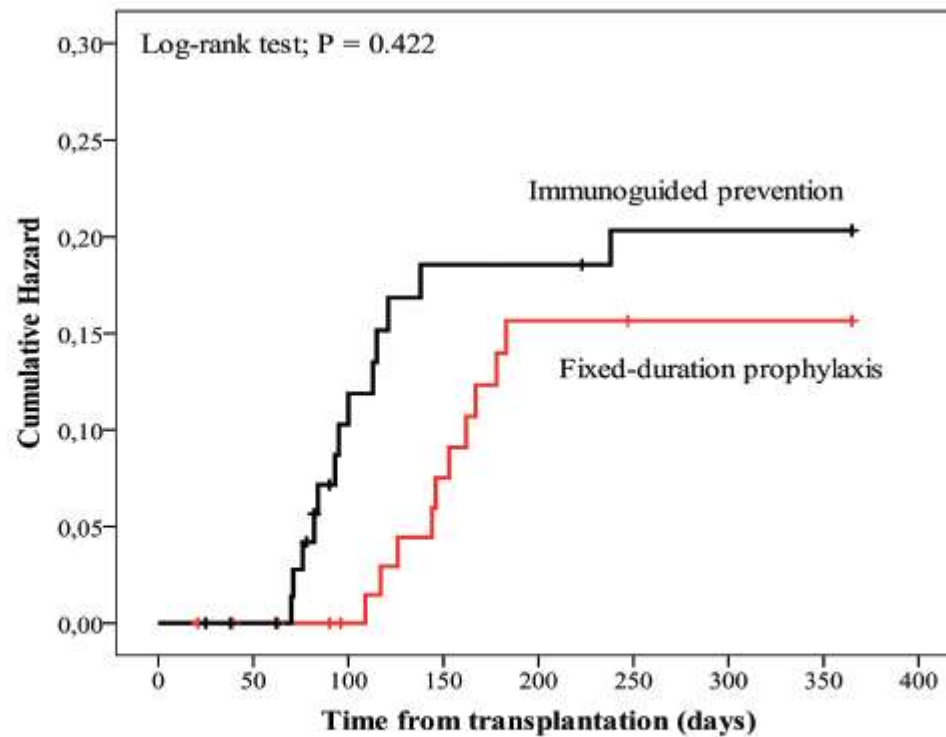
| Parameter                                                | Time Point    |                |                |              |
|----------------------------------------------------------|---------------|----------------|----------------|--------------|
|                                                          | Day 30        | Day 45         | Day 60         | Day 90       |
| Patients with QuantiFERON-CMV assay results <sup>a</sup> | 74 (97.3)     | 73 (96.1)      | 72 (94.7)      | 72 (94.7)    |
| Negative                                                 | 16 (21.1)     | 22 (28.9)      | 23 (30.3)      | 18 (23.7)    |
| Indeterminate                                            | 24 (31.6)     | 11 (14.5)      | 4 (5.3)        | 2 (2.6)      |
| Positive                                                 | 34 (44.7)     | 40 (52.6)      | 45 (59.2)      | 52 (68.4)    |
| Interferon-gamma, median (interquartile range), IU/mL    | 2.4 (0.9–9.4) | 2.9 (1.0–11.7) | 3.6 (1.2–14.0) | 8.1 (1.0–16) |
| Discontinuation of prophylaxis <sup>b</sup>              | 32 (42.1)     | 7 (9.2)        | 6 (7.9)        | 28 (36.8)    |

**Table 3. Outcome of Selected End Points for DOOR Analysis (Intent-to-Treat Population)**

| End points                                     | Immunoguided Prevention (n = 76) | Fixed-Duration Prophylaxis (n = 74) | PValue |
|------------------------------------------------|----------------------------------|-------------------------------------|--------|
| Primary outcome                                |                                  |                                     |        |
| Incidence of CMV disease                       | 0 (0.0)                          | 2 (2.7)                             | .243   |
| Secondary outcome                              |                                  |                                     |        |
| Incidence of CMV replication                   | 13 (17.1)                        | 10 (13.5)                           | .542   |
| DOOR at 12 months                              |                                  |                                     |        |
| No CMV disease/replication without neutropenia | 57 (75.0)                        | 39 (52.7)                           | <.001  |
| No CMV disease/replication with neutropenia    | 6 (7.9)                          | 25 (33.8)                           | <.001  |
| CMV disease/replication without neutropenia    | 12 (15.8)                        | 7 (9.5)                             | .248   |
| CMV disease/replication with neutropenia       | 1 (1.3)                          | 3 (4.1)                             | .323   |
| DOOR components at 12 months                   |                                  |                                     |        |
| CMV disease/replication                        | 13 (17.1)                        | 10 (13.5)                           | .542   |
| Neutropenia                                    | 7 (9.2)                          | 28 (37.8)                           | <.001  |

Data are presented as no. (%) unless otherwise indicated. DOOR analysis was performed. For this analysis, the composite variable of incidence of CMV disease or replication was considered. Given that the 2 patients with CMV disease also had CMV replication, only 1 event was considered in these patients. Neutropenia: <1500 neutrophils/mm<sup>3</sup>.

Abbreviations: CMV, cytomegalovirus; DOOR, desirability of outcome ranking.



Number at risk

|                            |    |    |    |    |    |    |    |    |
|----------------------------|----|----|----|----|----|----|----|----|
| Immunoguided prevention    | 76 | 74 | 62 | 58 | 58 | 56 | 56 | 56 |
| Fixed-duration prophylaxis | 74 | 72 | 69 | 64 | 59 | 58 | 58 | 58 |

**Table 5. Overview of Safety and Common Adverse Events (Incidence  $\geq 10\%$ ) in Either Arm**

| Adverse events                          | Immunoguided Prevention (n = 76) | Fixed-Duration Prophylaxis (n = 74) | P Value <sup>a</sup> |
|-----------------------------------------|----------------------------------|-------------------------------------|----------------------|
| Overview of safety                      |                                  |                                     |                      |
| Patients with any adverse event         | 44 (57.9)                        | 51 (68.9)                           | .161                 |
| Patients with serious adverse events    | 14 (18.4)                        | 18 (24.3)                           | .378                 |
| All-cause mortality at 12 months        | 1 (1.3)                          | 3 (4.1)                             | .363                 |
| Common adverse events <sup>b</sup>      |                                  |                                     |                      |
| Neutropenia <sup>c</sup>                | 7 (9.2)                          | 28 (37.8)                           | <.001                |
| Increased blood creatinine <sup>d</sup> | 23 (30.3)                        | 19 (25.7)                           | .532                 |
| Urinary tract infection <sup>e</sup>    | 12 (15.8)                        | 11 (14.9)                           | .875                 |
| Biopsy-proven acute rejection           | 12 (15.8)                        | 8 (10.8)                            | .370                 |
| Diarrhea                                | 8 (10.5)                         | 4 (5.4)                             | .248                 |

P values are presented as *P* values unless otherwise indicated.

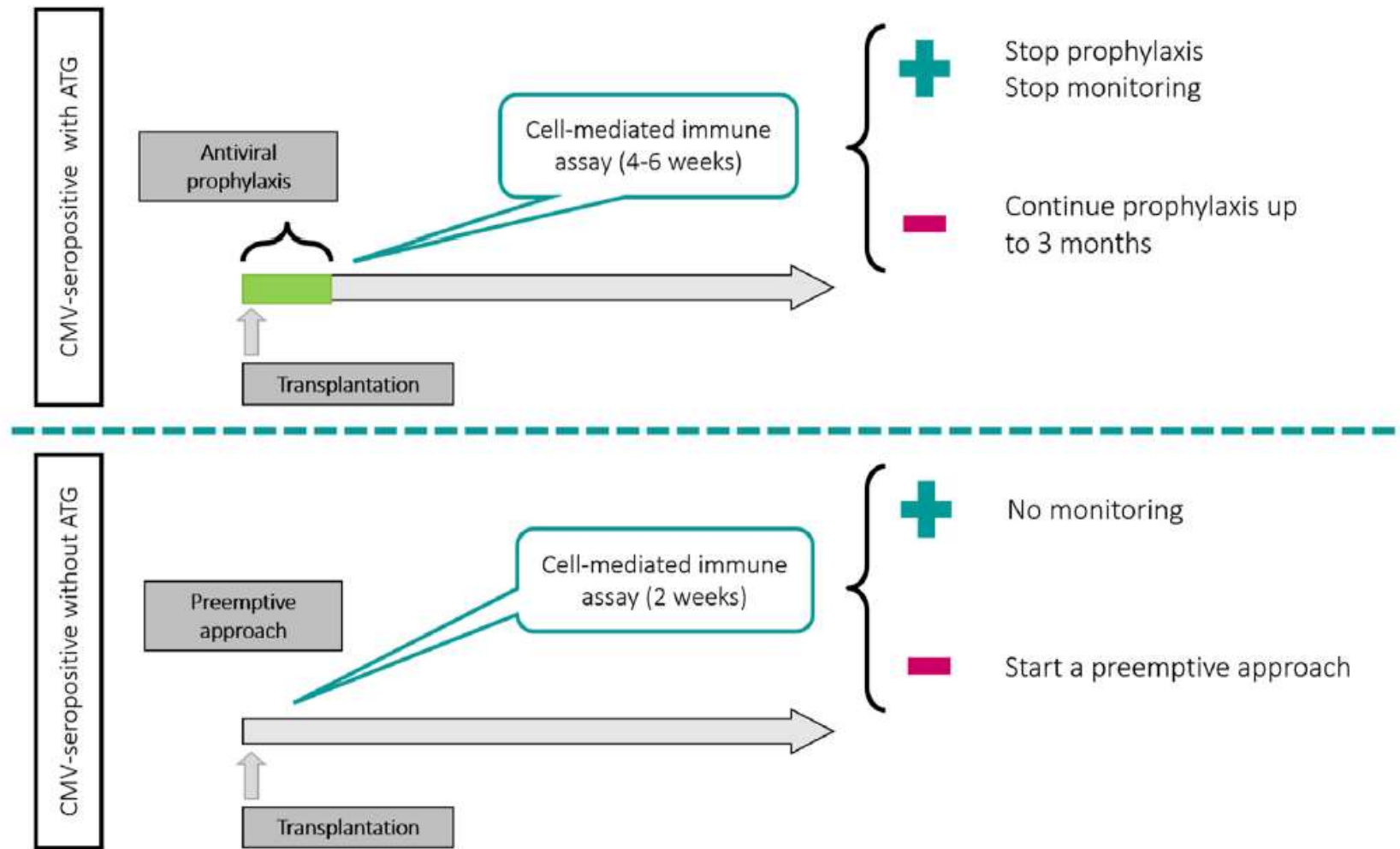
# Immunoguided Discontinuation of Prophylaxis for Cytomegalovirus Disease in Kidney Transplant Recipients Treated With Antithymocyte Globulin: A Randomized Clinical Trial

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The TIMOVAL Study • CID 2022;74 (1 March) • 757

Sonuç olarak;

- ATG indüksiyon tedavisi alan seropozitif böbrek nakil alıcılarında
  - CMV-CMI rehberliğinde korunma; rutin proflaksiden daha az başarılı değildir
  - İlaç yan etki oranları daha düşüktür



**FIGURE 2** | Potential uses of CMV-CMI assays in CMV-seropositive patients according to preventive strategy and use of T-cell depleting antibodies.



The banner for the TTS 2024 Istanbul Turkey congress features a red ribbon graphic on the left. The TTS logo is in the center, with the text 'TTS 2024 ISTANBUL TURKEY' and 'September 22-25' to its right. Below this, it says '30<sup>th</sup> International Congress of The Transplantation Society'. On the right, it mentions 'Organized in partnership with' and 'Endorsed by' with logos for RESOL, TOP, and another organization. The website 'www.tts2024.org' is at the bottom right.

**TTS 2024** ISTANBUL TURKEY  
September 22-25  
30<sup>th</sup> International Congress of The Transplantation Society

Organized in partnership with  
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[www.tts2024.org](http://www.tts2024.org)



Atıl Kumar  
Camille Cotton  
24 Eylül

ATG kullanılan R+ böbrek alıcıları için ( ATG alanlar için daha kuvvetli olarak) aylık CMI takibi ve buna göre proflaksi süresi belirlemeyi öneriyor

# CMV aktivasyonu kimlerde görülür?

- Solid Organ Nakli Hastaları
- Kök Hücre Nakli hastaları
- AIDS hastaları
- Onkolojik maligniteler
- Septik şok hastaları/ Yanık hastaları
- İnflamatuvar barsak hastalıkları
- Otoimmün hastalıklar
- 'İmmünoşenesens'

# CMV

(Cucumber Mosaic Virus)



# CMV Yönetimi;

## Hastanın durumunu belirleme

Nakil öncesi

Serolojik durumun belirlenmesi

### **Anti-CMV IgG**

– Sonuç: CMV D+/R+ gibi belirlenmeli

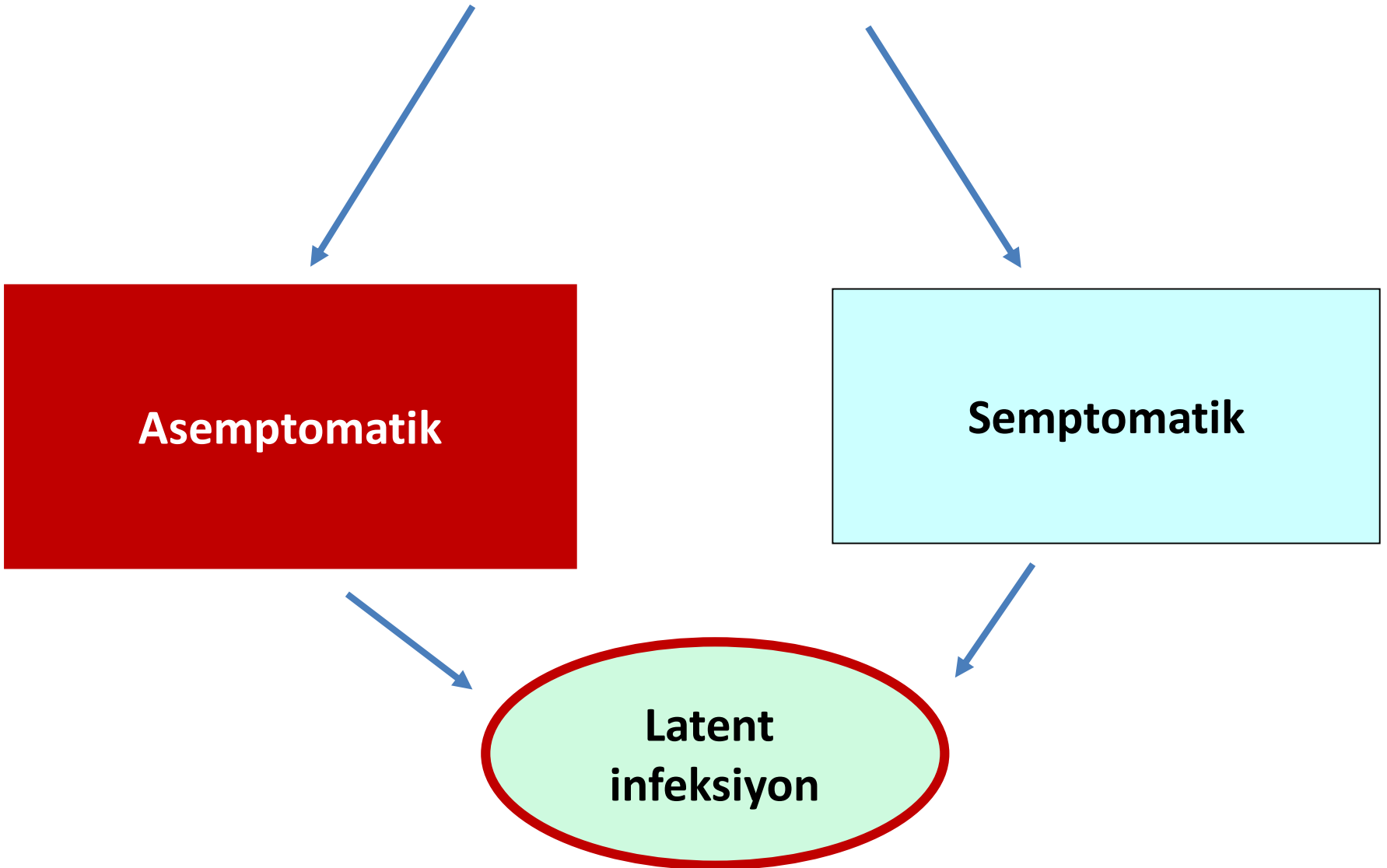
### **Anti-CMV IG M/ total Anti-CMV**

– ÖNERİLMEZ

# Nakil Sonrası

- Seroloji *Kullanılmaz !*
- Kantitatif Nükleik Asit testleri
- Antijenemi
- CMV spesifik immün takip
- Histopatoloji

# Primer CMV infeksiyonu



## 2.Kantitatif Nükleik Asit testleri

### Hastalık tanısı:

*Clinical Infectious Diseases*

MAJOR ARTICLE



# Consensus Definitions of Cytomegalovirus (CMV) Infection and Disease in Transplant Patients Including Resistant and Refractory CMV for Use in Clinical Trials: 2024 Update From the Transplant Associated Virus Infections Forum

Per Ljungman,<sup>1,2,\*</sup> Roy F. Chemaly,<sup>3</sup> Fareed Khawaya,<sup>3</sup> Sophie Alain,<sup>4</sup> Robin Avery,<sup>5</sup> Cyrus Badshah,<sup>6</sup> Michael Boeckh,<sup>7,8</sup> Martha Fournier,<sup>9</sup> Aimee Hodowanec,<sup>10</sup> Takashi Komatsu,<sup>10</sup> Ajit P. Limaye,<sup>11</sup> Oriol Manuel,<sup>12</sup> Yoichiro Natori,<sup>13</sup> David Navarro,<sup>14,15</sup> Andreas Pikis,<sup>10</sup> Raymund R. Razonable,<sup>16,17,\*</sup> Gabriel Westman,<sup>18,19</sup> Veronica Miller,<sup>20</sup> Paul D. Griffiths,<sup>21</sup> and Camille N. Kotton<sup>22</sup>; for the CMV Definitions Working Group of the Transplant Associated Virus Infections Forum

## 2.Kantitatif Nükleik Asit testleri

### Hastalık tanısı:

- Son Organ hastalığı kesin tanısı histopatolojik inceleme
- Kanda CMV
  - DNAemi replikasyonu gösterir
  - Negatif Prediktif Değeri yüksek (GİS tutulumu hariç)
- Vücut sıvılarında CMV
  - BAL
    - » Negatif prediktif değeri yüksek
    - » Çok yüksek değerler hastalık lehine değerlendirilebilir