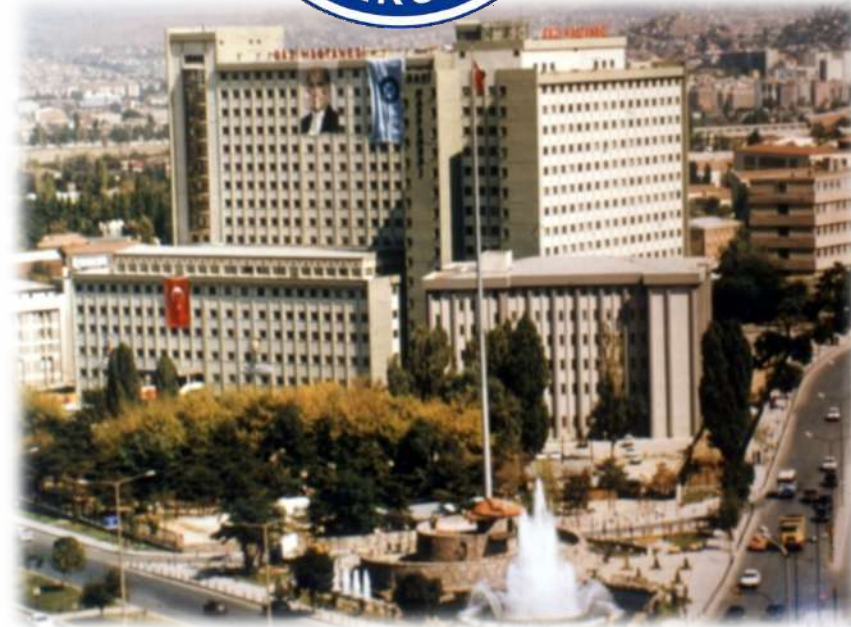


RİSK GRUPLARINDA PNÖMOKOK AŞILAMASI

Prof. Dr. Esin Şenol



ERİŐKİN AŐILAMA PROGRAMLARI



- YAŐ
- YAŐAM TARZI
- MESLEK
- DAHA ÖNCEKİ AŐILANMA /İMMUNİTE DURUMU
- ÖZEL RİSK DURUMU
- SEYAHAT
- TEMAS SONRASI

ÖZEL KONAK KİM ?

- Hematopoetik Kök Hücre Nakil (HKHN)alıcıları
- Kanser hastalar
- **İMMUNSUPRESİF TEDAVİ** alan hastalar (TNF-inhibitörleri , steroid gibi)
- HIV enfeksiyonlu hastalar
- **Kronik hastalıklar**
 - ✓ Diyabetik hastalar
 - ✓ Kronik karaciğer
 - ✓ Kronik akciğer hastalığı
 - ✓ Kalp hastalığı
 - ✓ Kronik böbrek yetmezliği olan hastalar
- **Asplenik hastalar**
- **Gebeler**
- **Sağlık personeli**



Kronik Hastalıklar

- Astım dahil kronik akciğer hastalığı
- Diyabet dahil metabolik hastalıklar
- Kronik kalp hastalığı (hipertansiyon hariç)
- Kronik karaciğer hastalığı
- Kronik böbrek hastalığı, nefrotik sendrom
- Kronik nörolojik hastalıklar
- Sigara
- Alkolizm
- Obesite

Türkiye – Özet Veriler

<i>PREVALANS / HASTA SAYILARI</i>					
		Diyabet	KOAH	KKY	Astım
	Prevalans	13,7%	19,1%	3,2%	8,1%

Yaş	Popülasyon	Hasta Sayıları			
50 +	16.440.131	2.252.298	3.140.065	526.084	1.323.431
65 +	5.891.694	807.162	1.125.314	188.534	474.281

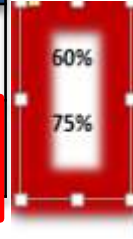


Table 2 Recommended Adult Immunization Schedule by Medical Condition and Other Indications, United States, 2021

Vaccine	Pregnancy	Immuno-compromised (excluding HIV infection)	HIV infection CD4 count		Asplenia, complement deficiencies	End-stage renal disease; or on hemodialysis	Heart or lung disease, alcoholism ¹	Chronic liver disease	Diabetes	Health care personnel ²	Men who have sex with men
			<200 mm ³	≥200 mm ³							
IIV or RIV4 or LAIV4	1 dose annually										
	Not Recommended					Precaution			1 dose annually		
Tdap or Td	1 dose Tdap each pregnancy	1 dose Tdap, then Td or Tdap booster every 10 years									
MMR	Not Recommended*	Not Recommended	1 or 2 doses depending on indication								
VAR	Not Recommended*	Not Recommended		2 doses							
RZV			2 doses at age ≥50 years								
HPV	Not Recommended*	3 doses through age 26 years		2 or 3 doses through age 26 years depending on age at initial vaccination or condition							
PCV13	1 dose										
PPSV23	1, 2, or 3 doses depending on age and indication										
HepA					2 or 3 doses depending on vaccine						
HepB					2, 3, or 4 doses depending on vaccine or condition			<60 years			
								≥60 years			
MenACWY	1 or 2 doses depending on indication, see notes for booster recommendations										
MenB	Precaution	2 or 3 doses depending on vaccine and indication, see notes for booster recommendations									
Hib			3 doses HSCT ³ recipients only		1 dose						

Recommended vaccination for adults who meet age requirement, lack documentation of vaccination, or lack evidence of past infection

Recommended vaccination for adults with an additional risk factor or another indication

Precaution—vaccination might be indicated if benefit of protection outweighs risk of adverse reaction

Recommended vaccination based on shared clinical decision-making

Not recommended/contraindicated—vaccine should not be administered.
*Vaccinate after pregnancy.

No recommendation/Not applicable

ACIP 2022 Güncellemesi

Figure—Continued.

Table 2 Recommended Adult Immunization Schedule by Medical Condition or Other Indication, United States, 2022

Vaccine	Pregnancy	Immuno-compromised (excluding HIV infection)	HIV infection CD4 percentage and count		Asplenia, complement deficiencies	End-stage renal disease, or on hemodialysis	Heart or lung disease; alcoholism ¹	Chronic liver disease	Diabetes	Health care personnel ²	Men who have sex with men
			<15% or <200 mm ³	≥15% and ≥200 mm ³							
IIV4 or RIV4 or LAIV4			1 dose annually								
			Contraindicated			Precaution			1 dose annually		
Tdap or Td	1 dose Tdap each pregnancy		1 dose Tdap, then Td or Tdap booster every 10 years								
MMR	Contraindicated ³	Contraindicated	1 or 2 doses depending on indication								
VAR	Contraindicated ³	Contraindicated		2 doses							
RZV			2 doses at age ≥19 years			2 doses at age ≥50 years					
HPV	Not Recommended ³		3 doses through age 26 years			2 or 3 doses through age 26 years depending on age at initial vaccination or condition					
Pneumococcal (PCV15, PCV20, PPSV23)			1 dose PCV15 followed by PPSV23 OR 1 dose PCV20 (see notes)								
HepA			2 or 3 doses depending on vaccine								
HepB	3 doses (see notes)		2, 3, or 4 doses depending on vaccine or condition								
MenACWY			1 or 2 doses depending on indication, see notes for booster recommendations								
MenB	Precaution		2 or 3 doses depending on vaccine and indication, see notes for booster recommendations								
Hib		3 doses HSCT ³ recipients only		1 dose							

 Recommended vaccination for adults who meet age requirement, lack documentation of vaccination, or lack evidence of past infection
 Recommended vaccination for adults with an additional risk factor or another indication
 Recommended vaccination based on shared clinical decision-making
 Precaution—vaccination might be indicated if benefit of protection outweighs risk of adverse reaction
 Contraindicated or not recommended—vaccine should not be administered.
 No recommendation/Not applicable

1. Precaution for LAIV4 does not apply to alcoholism. 2. See notes for influenza; hepatitis B; measles, mumps, and rubella; and varicella vaccinations. 3. Hematopoietic stem cell transplant.

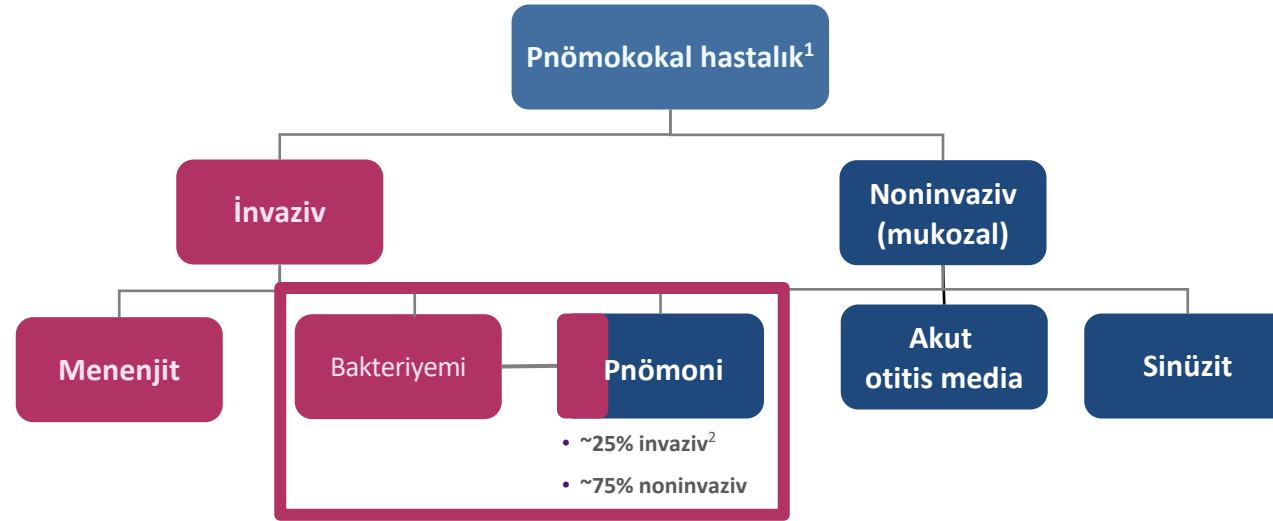
ACIP 2022 Pnömonokok Aşılması

Tüm risk gruplarında (yaştan bağımsız) tek doz PCV20 ya da PCV15 +PPSV23 önerilmiştir.

	19-64 yaş arası	≥65 yaş
Kronik Hastalığı Olanlar* (Astım, KOAH,diyabet vb.)	PCV20 tek doz veya PCV15 +PPS23	PCV20 tek doz veya PCV15 +PPS23
Kohlear implant, BOS kaçağı, immun sistemi zayıflamış kişiler**		

** en az 8 hafta ara ile yapılabilir.

Pnömonokokal hastalık, invaziv ve noninvaziv (mukozal) hastalık olarak iki gruba ayrılabilir.



- Noninvaziv formlar, invazive dönüşebilir. (bakteriyeminin eşlik ettiği pnömoni)¹
- Hastalığın şiddeti ve invazivliği, serotipe göre değişir.³

1. World Health Organization (WHO). Pneumococcal vaccines. WHO position paper—2012. *Wkly Epidemiol Rec.* 2012;87(14):129-144.

2. Said MA et al. Estimating the burden of pneumococcal pneumonia among adults: a systematic review and meta-analysis of diagnostic techniques. *PLoS One.* 2013;8:e60273.

3. Jansen AG et al. IPD among adults: associations among serotypes, disease characteristics, and outcome. *Clin Infect Dis.* 2009;49(2):e23-29.

Türkiye'de de TGP'nin en sık etkeni *S. pneumoniae*'dir.

Turk Thorac J 2021; 22(4): 339-345

DOI: 10.5152/TurkThoracJ.2021.20223

Original Article

The Role of Pneumococcal Pneumonia among Community-Acquired Pneumonia in Adult Turkish Population: TurkCAP Study

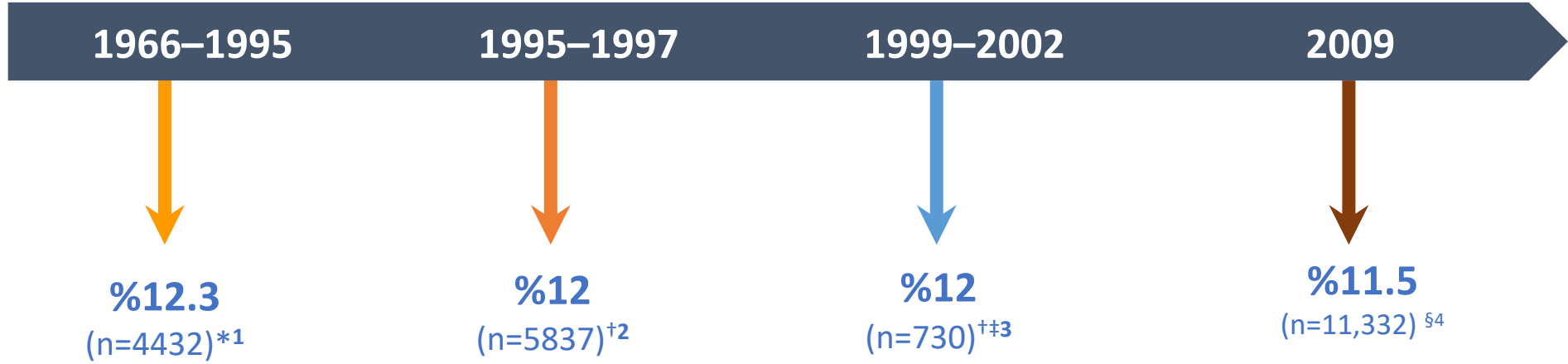
Esin Şenol¹, Aykut Çilli², Hakan Günen³, Alper Sener⁴, Rıdvan Dumlu⁴, Ayşe Ödemiş², Ayşe Füsün Topçu⁵, Yeşim Yıldız⁶, Rahmet Güner⁷, Ayhan Özhasenekler⁸, Birsen Mutlu⁹, Nurdan Köktürk¹⁰, Nurgül Sevimli¹⁰, Nurcan Baykam¹¹, Derya Yapar¹¹, Selami Ekin¹², Mehmet Polatlı¹³, Şebnem Eren Gök¹⁴, Oğuz Kılınç¹⁵, Abdullah Sayiner¹⁶, Ömer Kardeşahin¹⁷, Çağlar Çuhadaroğlu¹⁸, Ayşe Sesin Kocagöz¹⁹, Turhan Togan²⁰, Hüseyin Arpağ²¹, Hakan Kati¹, İftihar Köksal²², Firdevs Aksoy²², Canan Hasanoglu²³

Ülke genelinden 22 merkezin katıldığı prospektif gözlemsel bir çalışma olan TurkCAP Çalışması'nda erişkin TGP'lerin %22.8'inin pnömokok kaynaklı olduğu saptanmıştır.

1. Senol E. et al., The Role of Pneumococcal Pneumonia among Community-Acquired Pneumonia in Adult Turkish Population: TurkCAP Study. Turk Thorac J 2021; 22: 339-345

Pnömonokokal pnömonili hastaların mortalitesi önemli düzeyde değişmemektedir.

Pnömonokokal pnömonili hastaların mortalitesi önemli düzeyde değişmemektedir.



*Farklı çalışma koşullarında ve farklı ülkelerde karma hasta popülasyonu. Veriler, 122 makalenin literatür taramasına dayanmaktadır.

[†]ABD. [‡]Yoğun bakım ünitesi ve serviste 90 günlük mortalite. [§]Danimarka, ilk hastaneye yatış sırasında.

1. Fine MJ, et al. JAMA. 1996;275:134-141. 2. Feikin DR, et al. Am J Pub Health. 2000;90:223-229. 3. Restrepo MI, et al. Chest. 2008;133:610-617. 4. Klausen HH et al. Respir Med. 2012;106:1778-87.



PNÖMOKOKAL HASTALIKLARIN YÜKÜ

- **MORTAL**
 - PP (%5-7->%40), Bakteremi (%20-60)
 - USA-40.000 ölüm/yıl
 - **Türkiye'de mortalite: %10,3 – %60,0**
- **AÖH ARASINDA 2.SIKLIKTAKİ ÖLÜM NEDENİ**
- Influenza mevsim ve **pandemiler**; pnömonilerin %50'sinden ve **neredeyse tüm ölümler ve komplikasyonlardan sorumlu**
- **Risk grupları ve yaşlılarda insidans yüksek, mortalite 2-8 kat..**

*Lynch JP,Zhanel GG.Semin Resp Crit Care Med 2009;30:189-209 2.Brundage JF.Lancet Infect Dis 2006;6:303-12
3.Ludwig E.Eur Respir Rev.212:21:123:57-65 4.Türk Toraks Derneği, Pnömoni Tedavi Uzlaşı Raporu, 2009, Cilt 10, Ek
9,5.TC Sağlık Bakanlığı, Refik Saydam Hıfzıssıhha Merkezi Başkanlığı Hıfzıssıhha MektebiMüdürlüğü ve Başkent
Üniversitesi, Ulusal Hastalık Yüğü ve Maliyet Etkinlik Projesi sonuçları, Aralık 2004*

PNÖMOKOKAL HASTALIKLARIN YÜKÜ

- TKP: PNÖMONİDEN- 3–4 milyon **ölüm**
- **Avrupa-Erişkin Enfeksiyon Kaynaklı Ölüm 1. sırada**
- Solunum sistemi hastalıklarına bağlı **hastane günlerinin**
>%30 –**işgücü kaybı** - 3.5 milyar € -AVRUPA, 10.1 milyar €
- US > 50 y, 3.7 milyar \$ total direk ve 1.8 milyar \$ total
indirek **maliyet**

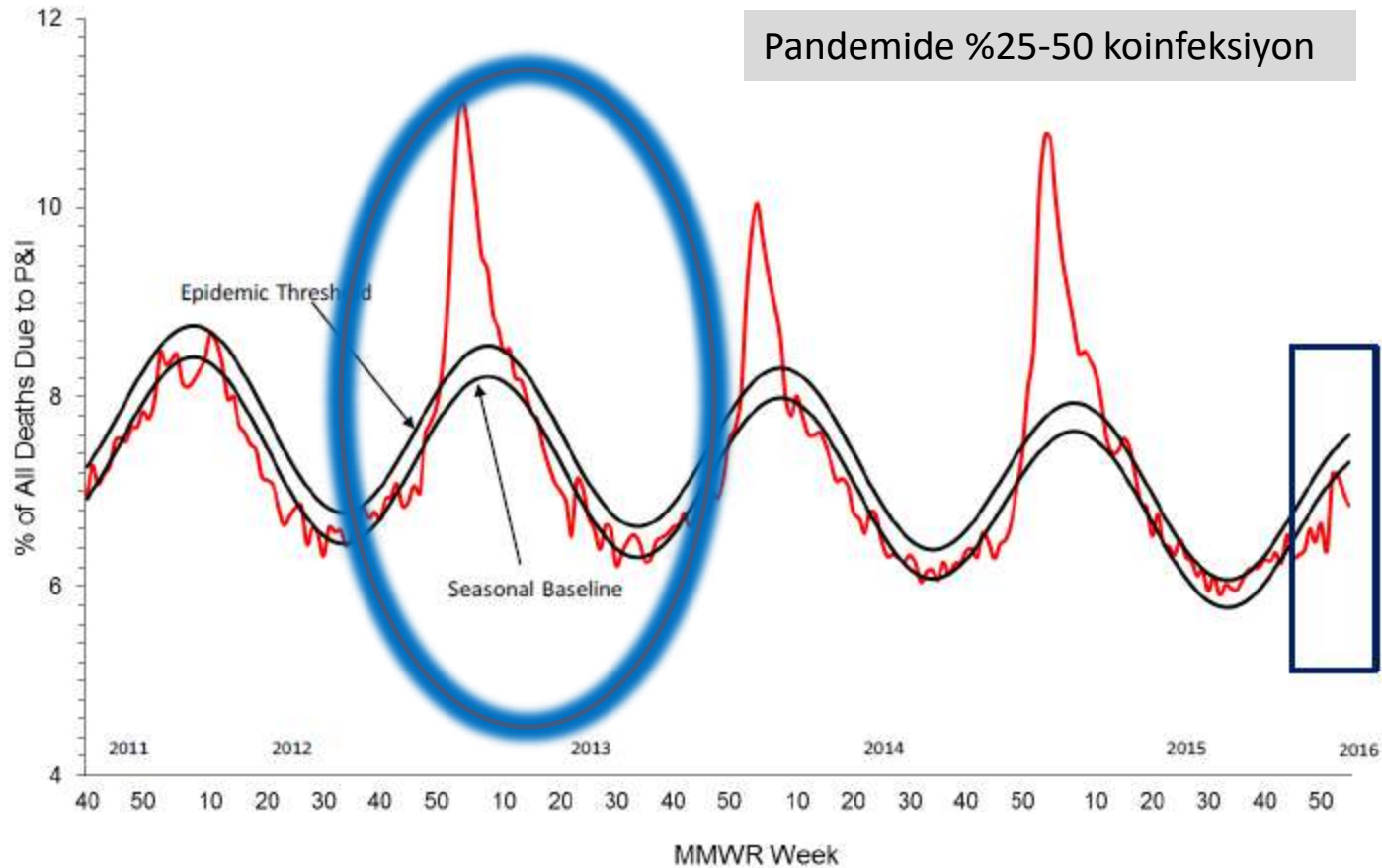
1. Weycker D et al. *Vaccine* 2010;28:4955–60.

2. European Respiratory Society/European Lung Foundation. *Pneumonia In: European Lung White Book. 2nd Edition: European Respiratory Society/European Lung Foundation, 2003*

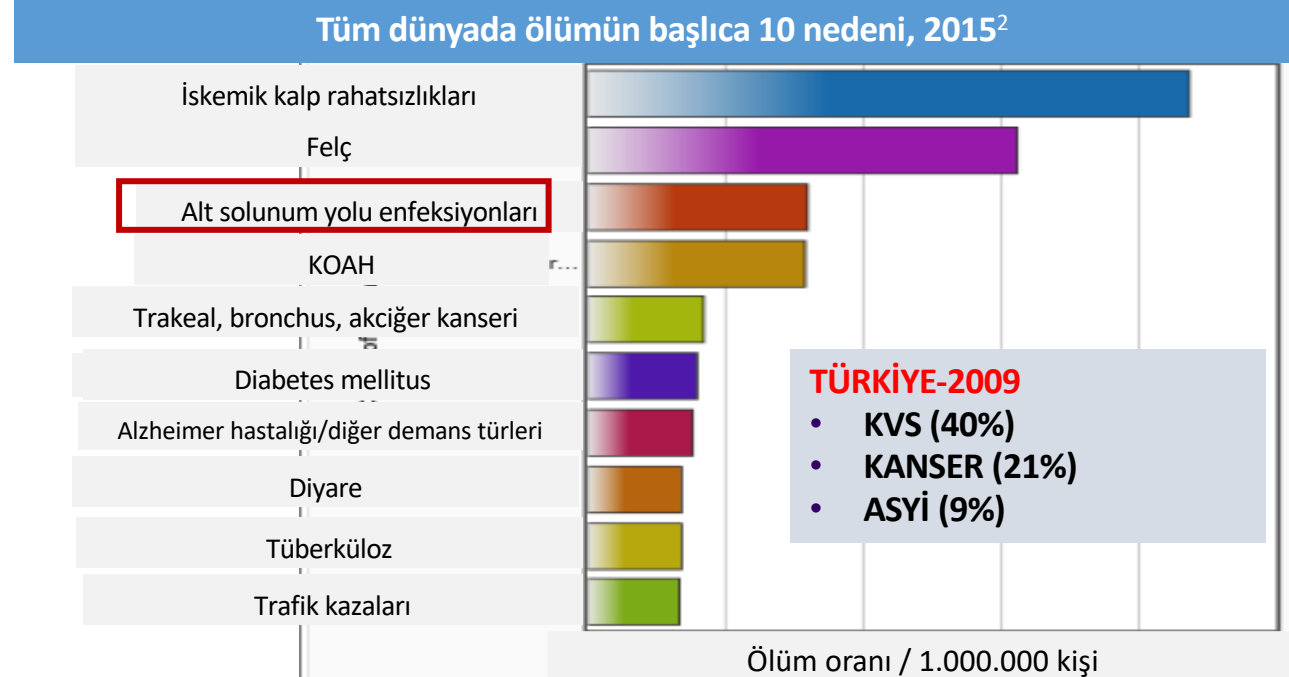
3. Corrales-Medina V, *Lancet* 2013;381:496-505

Pneumonia and Influenza Mortality from the National Center for Health Statistics Mortality Surveillance System

Data through the week ending January 23, 2016, as of February 11, 2016



Pnömoni dahil alt solunum yolu enfeksiyonları, tüm dünyada ölümün başlıca nedenidir.¹

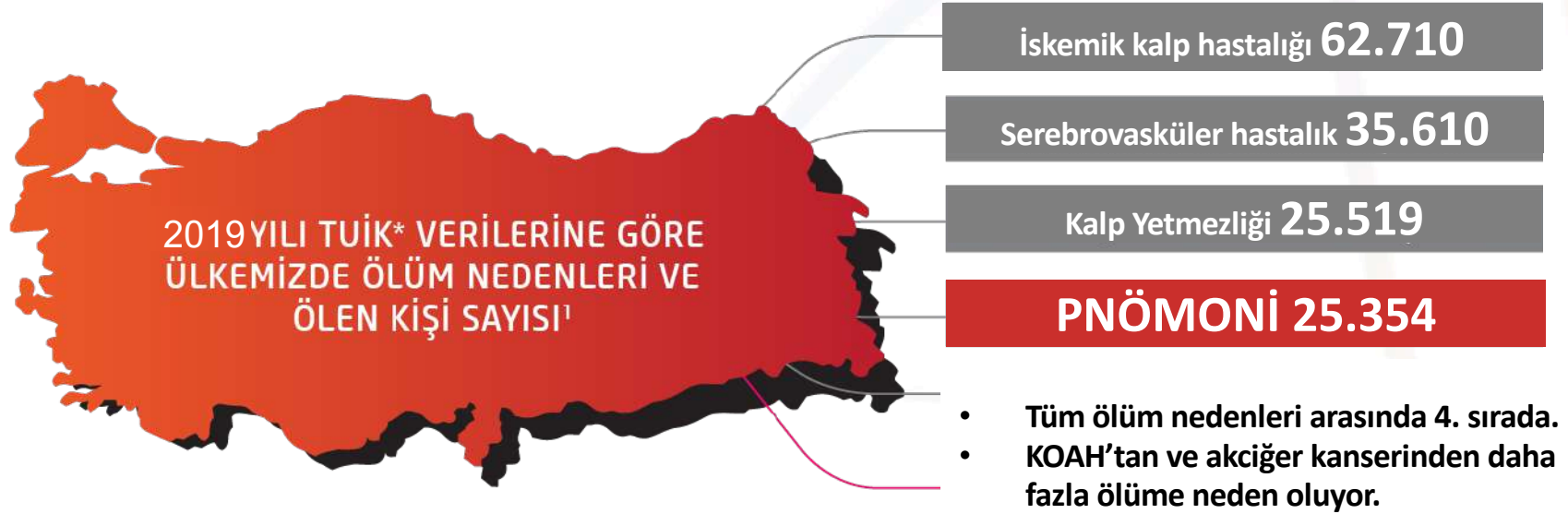


Alt solunum yolu enfeksiyonları en ölümcül bulaşıcı hastalık olarak kaldı ve 2015'te dünya genelinde 3.2 milyon ölüme neden oldu.

KOAH, kronik obstrüktif akciğer hastalığı

1. Naghavi M, et al. Lancet. 2015;385:117–71. 2. <http://www.who.int/mediacentre/factsheets/fs310/en/>. Accessed on 14.05.2017

COVID19 pandemisi öncesinde de pnömoni, Türkiye’de de en önemli ölüm nedenlerinden biridir.¹



Görsel, referans 1’den uyarlanmıştır.

1. Türkiye İstatistik Kurumu. Ölüm Nedeni İstatistikleri. 2019. Ölüm nedeni ve cinsiyete göre ölümler. <https://data.tuik.gov.tr/Bulten/Index?p=Olum-ve-Olum-Nedeni-Istatistikleri-2019-33710> Son erişim tarihi: 16.04.2021



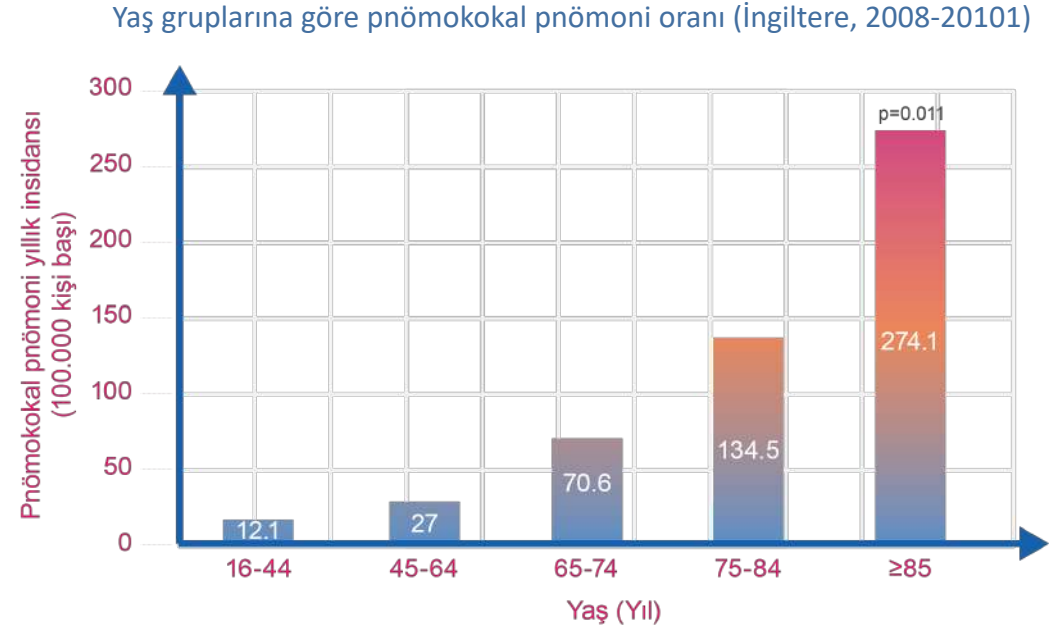
Yaşlılar



.....İnsanlar infeksiyon hastalıklarından erken ölmekten çok, ileri yaşta hastalıklı bir uzamış yaşam riskinden daha çok korkuyor olabilirler

Doherty TM, et al. Gerontology 2020;66:238–248.

Pnömokokal pnömoni insidansı yaşla beraber artar.¹



Grafik Referans 1 Tablo 3'ten uyarlanmıştır.

Bu çalışma prospektif, gözlemsel bir kohort çalışması olup, İngiltere'de geniş ölçekli bir eğitim araştırma hastanesinde yürütülmüştür.¹

1. Bewick T et al. Serotype prevalence in adults hospitalised with pneumococcal non-invasive community-acquired pneumonia. Thorax 2012;67:540e545.

Pnömokokal hastalığı olan erişkinlerde en çok görülen 3 komorbid hastalık¹



1. Curcio D et al. Redefining risk categories for pneumococcal disease in adults: critical analysis of the evidence. International Journal of Infectious Diseases. 2015; 37:30–35. 2. Kornum J et al. Diabetes, Glycemic Control, and Risk of Hospitalization With Pneumonia. Diabetes Care. 2008;31:1541–1545. 3. Shea K et al. Rates of Pneumococcal Disease in Adults With Chronic Medical Conditions. Open Forum Infectious D.2014;1(1): 1-9 4. Torres A et al. Which individuals are at increased risk of pneumococcal disease and why? Impact of COPD, asthma, smoking, diabetes, and/or chronic heart disease on community-acquired pneumonia and invasive pneumococcal disease. Thorax. 2015;70:984–989.

Kronik akciğer hastalığı olanlarda
pnömokokal pnömoni riski

7-10 kat

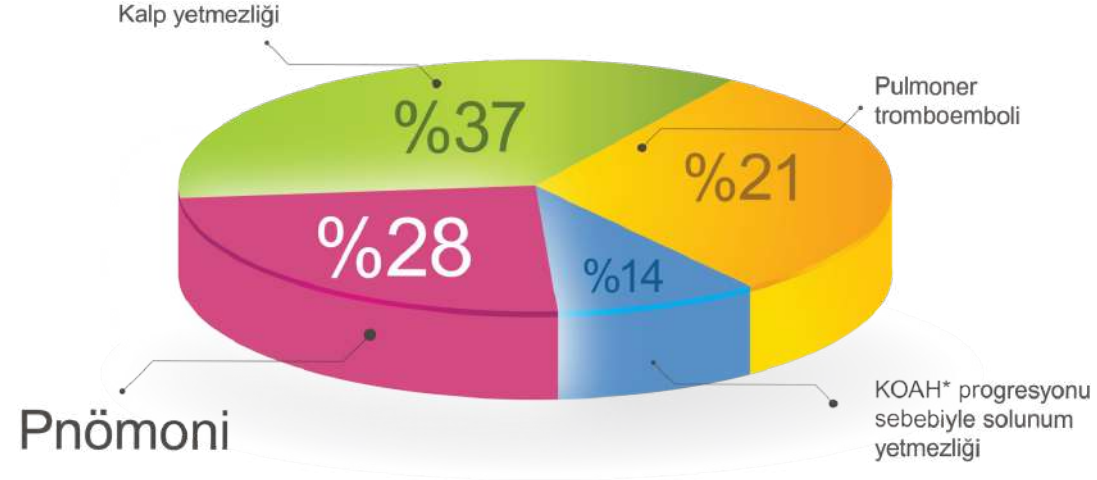
daha fazladır. ¹

2006-2010 yılları arasında kapsayan, kronik eşlik eden hastalığı olan erişkinlerde pnömokok hastalıkları oranını araştıran retrospektif kohort çalışması¹

*50-64 yaş arası erişkinlerde

1. Shea K et al. Rates of Pneumococcal Disease in Adults With Chronic Medical Conditions. et al. Open Forum Infect Dis. 2014;1(1):1-9.

KOAH*’lı hastaların %28’i
pnömoni nedeni ile hayatını kaybediyor.¹



Grafik Referans 1’den uyarlanmıřtır.

*Kronik Obstrüktif Akciđer Hastalıđı

1. Zvezdin B et al. A Postmortem Analysis of Major Causes of Early Death in Patients Hospitalized With COPD Exacerbation. CHEST. 2009;136:376–380.

Pnömoni, KOAH alevlenmelerini ve alevlenme nedeni hospitalizasyon riskini arttırır ¹

KOAH tanılı hastalarda,

- Alevlenmelerin ~%50'si bakteriyel kaynaklıdır ve en sık etken *S. pneumoniae*'dir.
- Alevlenme nedeni ilk hospitalizasyonların %36'sının nedeni pnömonidir.
- Alevlenme nedeniyle hastaneye yatanlarda en sık 2. mortalite nedeni, pnömonidir. ¹



1. Karadeniz G, Kılınç O, Ölmez A, Özhan MH, Özlü T, Akıncı Özyürek B ve ark. Erişkin kronik akciğer hastalıklarında pnömokok infeksiyonu ve aşı ile korunma. Tuberk Toraks 2020;68(3)

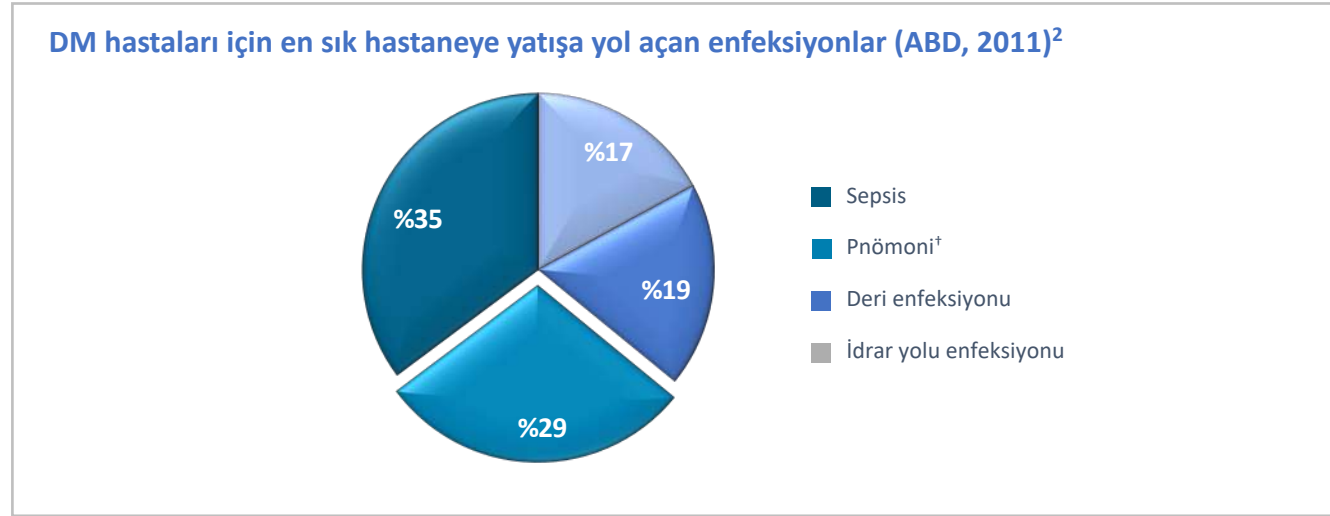
Astım ile pnömoni arasında çift yönlü bir ilişki vardır.¹⁻³



1. Juhn Y. J Allergy Clin Immunol. 2014; 134(2): 247–257.e3.
2. Zaidi S, Blakey J. Respirology (2019) 24, 423–430
3. Pelton SI et al. Journal of Asthma and Allergy 2019;12 95–99

Erişkin DM hastalarında enfeksiyon hastalıkları

DM hastalarının yaklaşık yarısı yılda en az bir kez bir enfeksiyon hastalığı için hastaneye yatar ya da doktora başvurur.¹



DM hastalarında enfeksiyonlar yaygındır ve bu hastalarda pnömoni enfeksiyona bağlı hastaneye yatışın en sık nedenleri arasındadır ^{1,2}

1. Shah ve ark. Diabetes Care 2003;26:510-3. 2. Korbel ve ark. J Diabetes Complications. 2015;29:192-5.

Diyabetli bireyde komorbid hastalık sayısı arttıkça pnömoni riski artar¹



1. Curcio A et al. Redefining risk categories for pneumococcal disease in adults: critical analysis of the evidence. Int J Infect Dis. 2015;37:30-5.

Diyabet tedavisindeki ana hedeflerden biri glisemik dalgalanmanın önlenmesidir.¹

Pnömoni varlığında hiperglisemi ve hipoglisemi görülür.^{2,3}

Hipoglisemi, pnömoni nedeniyle hastaneye yatan **diyabetli hastalarda görülen komplikasyonlardan biridir.⁴**

Hipoglisemili hastalarda;⁵



48 saatlik mortalite oranı **9 KAT**



30 günlük mortalite oranı **3 KAT** daha fazladır.*⁵

Pnömonili** hastalarda **hiperglisemi** pnömoniyi kötüleştirir.⁶



Hastaneye başvuru sırasında kan glukoz düzeyindeki yükseklik, yoğun bakım ünitesinde yatış ve hastanede ölüm riskinde artış ile ilişkilidir.⁶

1. Jan IS, Tsai TH, Chen JM, et al.. Intern J Infect Dis 2009;13:570—76. 2. Castellanos MR,Szerszen A, Saifan C, et al.. Int Arch Med 2010;3:16.3. Macintyre EJ, Am J Med 125(10) 2012) 4. BaderMS, et al. Am J Med Sci. 2016 Jul;352(1):30-5 5. Mortensen EM, Garcia S, Leykum L, et al. Am J Med Sci 2010;339:10.1097/ MAJ.0b013e3181ca43fe. 6. Jennsen VA et al. ERJ Open Res. 2017; 3(2): 00114-2016.

KRONİK KALP HASTALIĞI

olan kişilerde
Toplumda Gelişen Pnömoni
riski **3.3 kat daha fazladır.**¹

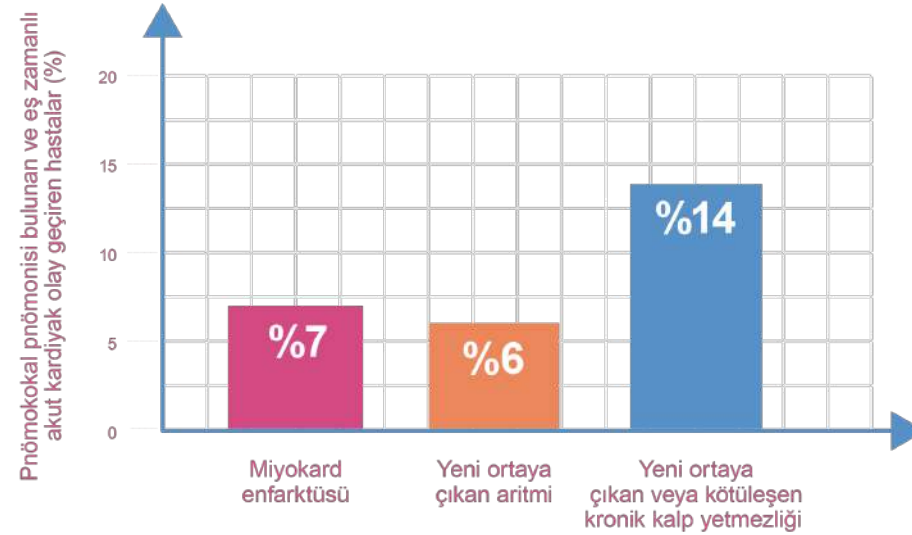


Konjestif kalp yetmezliği, kardiyovasküler ve kapak hastalıkları ¹

1. Torres A et al. Which individuals are at increased risk of pneumococcal disease and why? Impact of COPD, asthma, smoking, diabetes, and/or chronic heart disease on community-acquired pneumonia and invasive pneumococcal disease. Thorax. 2015;70:984–989.

Pnömokokal pnömonili hastalar eşzamanlı akut kardiyak olay geçirme riski taşırlar. ¹

Pnömokokal pnömoni ve akut kardiyak olay bulunan hastalarda mortalite, sadece pnömokokal pnömonisi bulunanlara kıyasla 3 kat daha yüksektir ($p<0.008$).¹

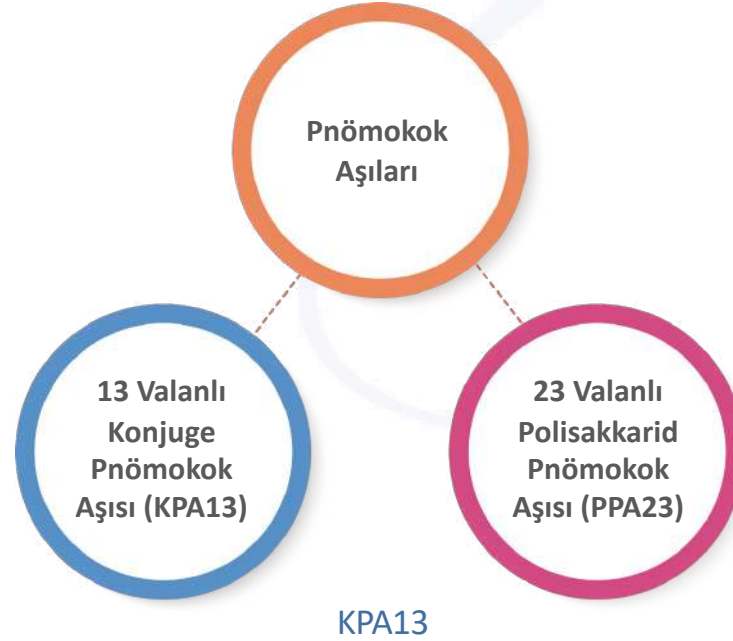


Grafik Referans 1'den uyarlanmıştır.
2001-2005 yılları arasında Amerika Birleşik Devletleri'nde pnömokokal pnömoni nedeniyle hastaneye yatırılan 170 erişkinde ait kayıt incelemesi¹

1. Musher D et al. The Association between Pneumococcal Pneumonia and Acute Cardiac Events. Clinical Infectious Diseases. 2007; 45:158-65.



Günümüzde erişkinler için iki tip pnömokok aşısı mevcuttur.^{1,2}

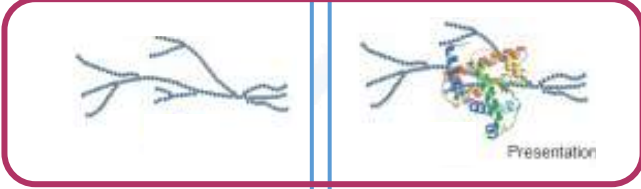

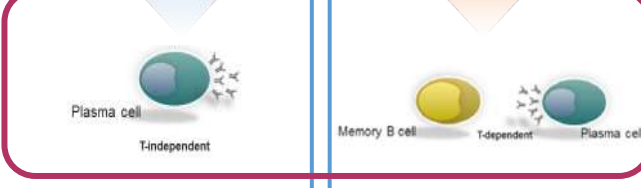


KPA13
Tek bir tip taşıyıcı protein (CRM197*) içerir.¹

*Toksik olmayan difteri toksin taşıyıcı protein³

1. 13 valanlı Konjuge Pnömokok Aşısı Kısa Ürün Bilgisi 2. 23 Valanlı Polisakkarid Pnömokok Aşısı Kısa Ürün Bilgisi 3. Çelebi S. Epidemiology and Prevention of Bacterial Meningitis and Meningococcal Serogroup B Infection. J Pediatr Inf. 2014; 8: 33-9.

Konjügasyonun bilimsel zemini

Polisakkarid aşı ^{1,2}	Konjüge aşı ^{1,2}
<ul style="list-style-type: none">Polisakkarid antijenler ihtiva eder.	 <p>Polisakkarid antijenler bir taşıyıcı proteinle kovalent olarak bağlanarak sunulur.</p>
<ul style="list-style-type: none">Antikor üretimi için B hücrelerini uyarır.	 <p>T hücreleri B hücrelerini uyararak antikor üretimi için T hücrelerini uyarır ve immün bellek üretir.</p>
<ul style="list-style-type: none">T hücreden bağımsız immün yanıt sağlar.	 <p>T hücre bağımlı immün yanıt sağlar.</p>

Bellek B hücre üretimi, erişkinlerde KPA13 ile çalışılmamıştır.

KPA13, 13 valanlı konjuge pnömokok aşısı.

1. Siegrist CA. In: Plotkin, et al., eds. Vaccines, 5th edn. 2008:17–36. 2. Pollard AJ, et al. Nat Rev Immunol 2009;9:213–20.

Pnömonok Aşıları Arasındaki Farklar

Temel Özellikler / Aşının Tipi	13 Valanlı Konjuge Pnömonok Aşısı (KPA13)	23 Valanlı Polisakkarid Pnömonok Aşısı (PPA23)
Serotipler	1, 3, 4, 5, 6A, 6B, 7F, 9V, 14, 18C, 19A, 19F, 23F ¹	1, 2, 3, 4, 5, 6B, 7F, 8, 9N, 9V, 10A, 11A, 12F, 14, 15B, 17F, 18C, 19A, 19F, 20, 22F, 23F, 33F ²
Aşı başlangıç yaşı	6 hafta ¹	2 yaş ²
Bağışıklık Yanıtı	T lenfosit bağımlı ^{1,3}	T lenfosit bağımsız ^{3,4}
OPA Düzeyi	Yüksek OPA düzeyi ⁵	Düşük OPA düzeyi ⁶
İmmün yanıt	Uzun dönemli ³	Kısa dönemli ³
Nazofarengeal taşıyıcılık (uzun dönemde azalma)	Evet ^{7,8}	Hayır ⁹

OPA: Opsonofagositik Aktivite

1. 13 valanlı Konjuge Pnömonok Aşısı Kısa Ürün Bilgisi 2. 23 valanlı polisakkarid pnömonok aşısı kısa ürün bilgisi 3. Blanchard-Rohner G, Pollard AJ. Expert Rev Vaccines. 2011;10(5):673-84. 4. Goldblatt D. Clin Exp Immunol. 2000;119(1):1-3. 5. Jackson L et al. Vaccine. 2013; 31: 3594-3602. 6. Schenkein J et al. Vaccine. 2008;26(43):5521-5526. 7. Egere U et al. PLOS ONE. 2012;7(11):e49143. 8. Desai AP et al. Pediatr Infect Dis J. 2015;34(11):1168-74. 9. Boelsen L et al. Vaccine. 2015; 33(42): 5708-5714.

Mart 2015 tarihinde New England Journal of Medicine'da yayımlanan CAPITA çalışması (Erişkinlerde Toplum gelişen Pnömoni İmmünizasyon Çalışması)

≥65 yaş aşılammamış
84.496 erişkin

THE NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

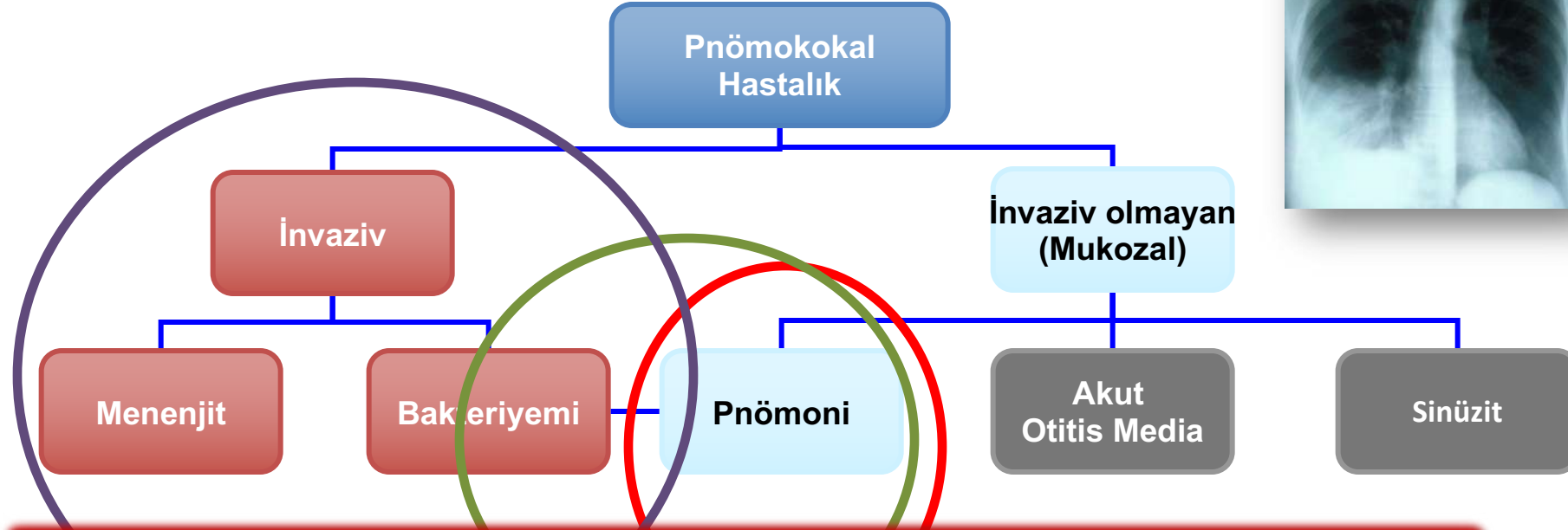
Polysaccharide Conjugate Vaccine against
Pneumococcal Pneumonia in Adults

M.J.M. Bonten, S.M. Huijts, M. Bolkenbaas, C. Webber, S. Patterson, S. Gault,
C.H. van Werkhoven, A.M.M. van Deursen, E.A.M. Sanders, T.J.M. Verheij,
M. Patton, A. McDonough, A. Moradoghli-Haftvani, H. Smith, T. Mellelieu,
M.W. Pride, G. Crowther, B. Schmoele-Thoma, D.A. Scott, K.U. Jansen,
R. Lobatto, B. Oosterman, N. Visser, E. Caspers, A. Smorenburg, E.A. Emini,
W.C. Gruber, and D.E. Grobbee

Aşı serotiplerinin neden olduğu pnömokokal toplumda gelişen pnömoni ve invaziv pnömokok hastalığının önlenmesinde KPA13®'ün etkinliğinin değerlendirildiği Faz IV, çift kör, randomize, plasebo kontrollü, klinik çalışma^{1,2}

CAPiTA ÇALIŞMASI

N Engl J Med 372:12:March 2015



	Etkinlik	P-değeri
VT-CAP	%45.56	.0006
VT-NB CAP	%45	.0067
VT-IPD	%75	.0005



Acute pneumonia and the cardiovascular system

Ayaktan pnömonilerin % 21'i KV problem ile komplike - KV FONKSİYONLARIN ARAŞTIRILMASI

Lancet 2013; 381

Published Online

January 16, 2012

[http://dx.doi.org/10.1016/](http://dx.doi.org/10.1016/S0140-6736(12)61266-5)

S0140-6736(12)61266-5

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Medicine and Molecular

Effects on the cardiovascular system at all severities of infection. Pneumonia tends to affect individuals who are also at high cardiovascular risk. Results of recent studies show that about a quarter of adults admitted to hospital with pneumonia develop a major acute cardiac complication during their hospital stay, which is associated with a 60% increase in short-term mortality. These findings suggest that outcomes of patients with pneumonia can be improved by prevention of the development and progression of associated cardiac complications. Before this hypothesis can be tested, however, an adequate mechanistic understanding of the cardiovascular changes that occur during pneumonia, and their role in the trigger of various cardiac complications, is needed. In this Review, we summarise knowledge about the burden of cardiac complications in adults with acute pneumonia, the cardiovascular response to this infection, the potential effects of commonly used cardiovascular and anti-infective drugs on these associations, and possible directions for future research.

MAKROLİD,FQ

	Effect of pneumonia
Vascular endothelium and peripheral vessels	Impaired reactive hyperaemia response and response to nitric oxide, ³⁵ decreased peripheral vascular resistance in most young adults, but increased peripheral vascular resistance in up to a third of middle-aged adults (no data available for elderly patients); ³⁶⁻³⁹ increased concentrations of endothelin-1 and adrenomedullin ^{40,41}
Myocardium	Depression of left ventricular function, ^{37,38,42} myocarditis, ⁴³ increased concentrations of troponins, BNP, and ANP ⁴⁴⁻⁴⁶
Cardiac rhythm	Acute cardiac arrhythmias ^{36,44,45}
Coronary arteries	Possible acute inflammatory changes in atherosclerotic plaques, ⁵⁰⁻⁵² possible coronary vasoconstriction ⁵³
Pulmonary circulation	Increased pulmonary artery pressures ⁵⁴
Cardiac autonomic function	Impairment of cardiovascular autonomic reflexes ⁵⁵
Coagulation	Increased procoagulant activity ⁵⁶⁻⁵⁸
Renal function and fluid and sodium balance	Increased production of vasopressin, ^{41,59,60} decreased ACE activity, ⁶¹⁻⁶³ water retention, ⁵⁹ acute kidney injury ^{64,65}

BNP=B-type natriuretic peptide. ANP=atrial natriuretic peptide. ACE=angiotensin-converting enzyme.

Table: Effects of pneumonia on the cardiovascular system

Risks of Cardiac Arrhythmia and Mortality Among Patients Using New-Generation Macrolides, Fluoroquinolones, and β -Lactam/ β -Lactamase Inhibitors: A Study

Clinical Infectious Diseases® 2015;60(4):566–77

Hsu-Wen Chou,^{1,*} Jiun-Ling Wang,^{2,3,*} Chia-Hsueh Chang,^{1,3} Chao-Lun Lai,^{1,3,4} Mei-Shu Lai,^{1,5} and K. Arnold Chan^{6,7}

Background. Previous studies have demonstrated increased cardiovascular mortality related to azithromycin and levofloxacin. Risks associated with alternative drugs in the same class, including clarithromycin and moxifloxacin, were unknown. We used the Taiwan National Health Insurance Database to perform a nationwide, population-based study comparing the risks of ventricular arrhythmia and cardiovascular death among patients using these antibiotics.

Methods. Between January 2001 and November 2011, a total of 10 684 100 patients were prescribed oral azithromycin, clarithromycin, moxifloxacin, levofloxacin, ciprofloxacin, or amoxicillin-clavulanate at outpatient visits. A logistic regression model adjusted for propensity score was used to calculate the odds ratios (ORs) and 95% confidence intervals (CIs) for adverse cardiac outcomes occurring within 7 days after the initiation of antibiotic treatment.

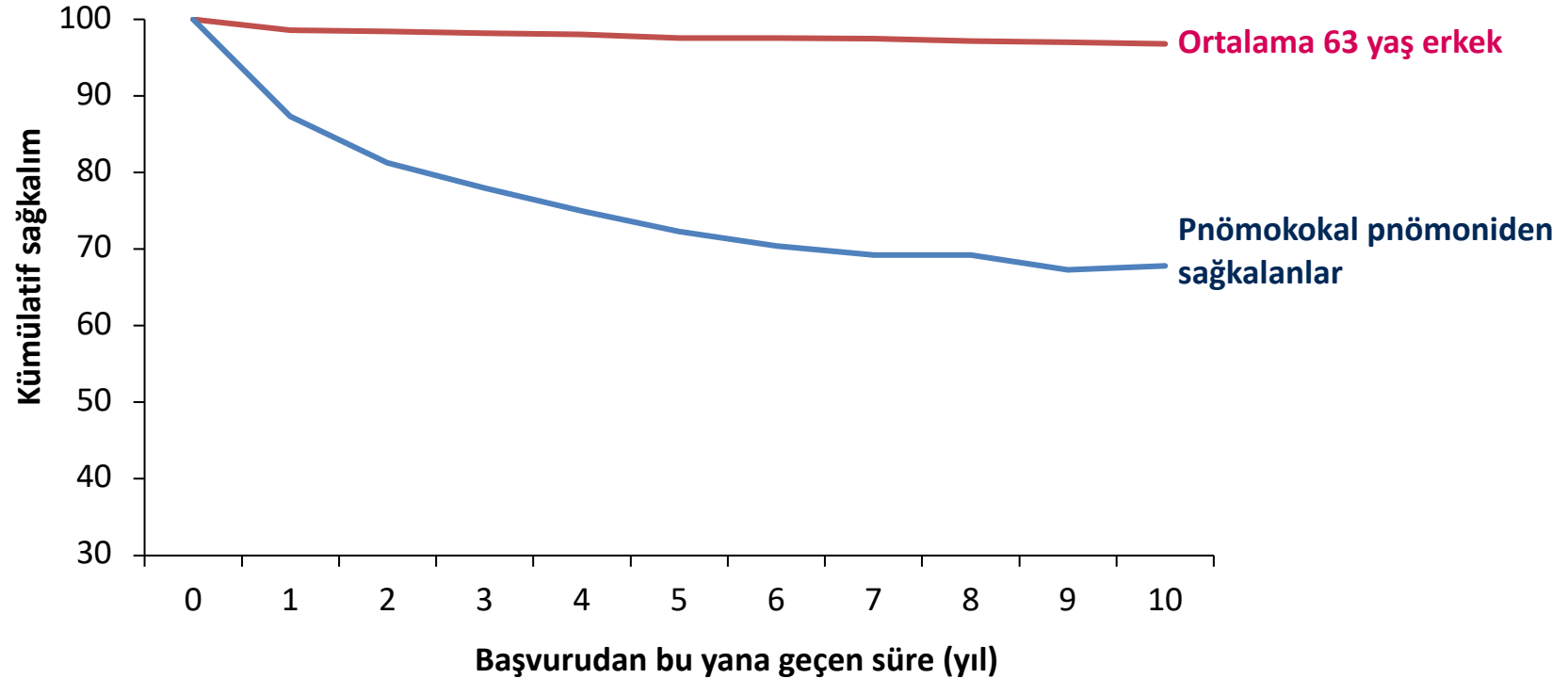
Results. Compared with amoxicillin-clavulanate treatment, the use of azithromycin and moxifloxacin was associated with significant increases in the risks of ventricular arrhythmia and cardiovascular death. The adjusted ORs for ventricular arrhythmia were 4.32 (95% CI, 2.95–6.33) for azithromycin, 3.30 (95% CI, 2.07–5.25) for moxifloxacin, and 1.41 (95% CI, .91–2.18) for levofloxacin. For cardiovascular death, the adjusted ORs for azithromycin, moxifloxacin, and levofloxacin were 2.62 (95% CI, 1.69–4.06), 2.31 (95% CI, 1.39–3.84), and 1.77 (95% CI, 1.22–2.59), respectively. No association was noted between clarithromycin or ciprofloxacin and adverse cardiac outcomes.

Conclusions. Healthcare professionals should consider the small but significant increased risk of ventricular arrhythmia and cardiovascular death when prescribing azithromycin and moxifloxacin. Additional research is needed to determine whether the increased risk of mortality is caused by the drugs or related to the severity of infection or the pathogens themselves.

Keywords. ventricular arrhythmia; cardiovascular death; azithromycin; moxifloxacin; levofloxacin.

Pnömonokokal pnömoni, uzun dönem sağkalımın kısalması ile ilişkilidir.¹

Kaplan–Meier eğrisi, ortalama 63 yaşındaki bir Amerikalı erkek hastanın beklenen 10 yıllık sağ kalım süresine kıyasla, pnömonokokal pnömoniden sağ kalan 344 hastanın* 10 yıllık kümülatif sağkalımını göstermektedir.



*Son 1 ay sağkalan hastalar, başvuru sırasında PORT skor şiddet indeksine (PSI) göre derecelendirildi.

Kaynak: 1. Sandvall B, et al. Clin Infect Dis 2013;56:1145–1146, by permission of Oxford University Press.

İPH VE PNÖMOKOKAL PNÖMONİ RİSKİ

Konak faktörler				
Yaş ¹	Riskli grup ^{2,3,5,6}	Yüksek riskli grup ^{2,3,5,6}	Çevresel faktörler ^{3,4}	Davranış faktörleri ^{2,3}
<ul style="list-style-type: none">• ≤ 2 yaş• ≥ 65 yaş	<ul style="list-style-type: none">• Kronik kalp hastalığı• Kronik akciğer hastalığı*• Diyabet• Fonksiyonel veya anatomik aspleni• Kronik karaciğer hastalığı• Serebrospinal sıvı kaçıkları	<ul style="list-style-type: none">• HIV enfeksiyonu• Kronik böbrek yetmezliği, nefrotik sendrom• Kanser (solid ve hematolojik)• Solid organ transplantasyonu• Otoimmün hastalıklar• İmmünsüpresif tedavi ve kortikosteroidler• Primer immün yetmezlikler	<ul style="list-style-type: none">• Geçirilmiş viral solunum yolu enfeksiyonu (örn. influenza)• Bir kurumda konaklama (örn. bakım evi)	<ul style="list-style-type: none">• Sigara• Alkol kullanımı

*Kronik obstrüktif akciğer hastalığı, amfizem ve astım dahil olmak üzere.

HIV, insan immün yetmezlik virüsü; İPH, invaziv pnömokok hastalığı.

1. Centers for Disease Control and Prevention. Available from: <http://www.cdc.gov/abcs/reports-findings/survreports/spneu12.pdf>. Accessed March 2015.

2. Centers for Disease Control and Prevention. MMWR Morb Mortal Wkly Rep 2010;59:1102–6. 3. Musher DM. In: Mandell, Douglas, and Bennett's

Principles and Practice of Infectious Diseases, 7th edn, 2010:2623–42. 4. Centers for Disease Control and Prevention. Available from:

http://www.cdc.gov/h1n1flu/vaccination/provider/provider_pneumococcal.htm. Accessed March 2015. 5. van Hoek AJ, et al. J Infect 2012;65:17–24.

6. Klemets P, et al. BMC Infect Dis 2008;8:96.

Pnömonok Aşı Pozolojisi

- Yüksek Riskli Gruplarda(HIV, KBY, malignite..)

KPA13



en az 8 hafta sonra

- Riskli Gruplarda (Diyabet, Astım, KOAH, 65yaş..)

KPA13



en az 1 yıl sonra

Prevention of Acute Myocardial Infarction and Stroke among Elderly Persons by Dual Pneumococcal and Influenza Vaccination: A Prospective Cohort Study

Ivan F. N. Hung,^{1,2} Angela Y. M. Leung,³ Daniel W. S. Chu,⁴ Doris Leung,³ Terence Cheung,⁷ Chi-Kuen Chan,² Cindy L. K. Lam,² Shao-Hsui Liu,⁴ Chung-Ming Chu,⁵ Pak-Leung Ho,⁶ Sophia Chan,³ Tai-Hing Lam,⁴ Raymond Liang,² and Kwok-Yung Yuen¹

¹Infectious Disease Division, Queen Mary Hospital, State Key Laboratory of Emerging Infectious Diseases, Carol Yu Centre for Infection, The University of Hong Kong, Departments of ²Medicine and ³Nursing Studies and ⁴School of Public Health, The University of Hong Kong, ⁵Family Medicine and Primary Healthcare and ⁶Department of Infection, Emergency, and Contingency, Hospital Authority, ⁷Centre for Health Protection, Department of Health, and ⁸Department of Medicine, United Christian Hospital, Hong Kong SAR, China

2007 -2008:Prospektif bir çalışma, Kronik hastalığı nedeni ile trivalan inaktif aşı ve PPA 23 aşısı verilen 65 yaş hastalar ölüm, hastaneye yatma , pnömoni,iskemik atak, MI ve koroner ve yoğun bakıma yatma bakımından 31 mart 2009 (1 yıl)izlenmiş

Toplam 36,636 kişi:Aşılanmayan 25,393 kişi

İki aşı verilen 7292

influenza aşısı tek başına 2076 kişi

PPA23 tek başına 1875 kişi

Conclusions. Dual vaccination with PPV and TIV is effective in protecting elderly persons with chronic illness from developing complications from respiratory, cardiovascular, and cerebrovascular diseases, thereby reducing hospitalization, coronary or intensive care admissions, and death.

Pneumococcal and influenza infections can cause se- population. In Hong Kong, overcrowded living con-

İki aşı verilenlerde ölüm, pnömoni , inme ve MI aşılanmayanlara göre daha düşük bulunmuş

1098-4836/2010/5109-0000\$15.00
DOI: 10.1093/cid/cir267

of community-acquired pneumonia and death among elderly persons, defined as those aged ≥ 65 years in most

Hospitalization for CAP is associated with an up to eight-fold increase in the risk of acute myocardial infarction (MI) and many 'pneumonia-related deaths' are related to non-infectious complications including acute coronary syndrome (ACS) events.^{6,7} Many proposed pathophysiological mechanisms contribute to cardiovascular (CV) complications including endothelial dysfunction, plaque instability, inflammation, sympathetic activation, hypercoagulability, tissue hypoxaemia, depression of ventricular function, arterial stiffness, volume overload and arrhythmias.^{8,9}

Conclusion: PV is associated with decreased risk of cardiovascular events and mortality. This protective effect increases at older age and in high cardiovascular risk subjects and decreases as the time elapses from PV. PV decreases the risk of MI and cerebrovascular events in the elderly.

RESEARCH ARTICLE

Open Access

Clinical effectiveness of pneumococcal vaccination against acute myocardial infarction and stroke in people over 60 years: the CAPAMIS study, one-year follow-up

Angel Vila-Corcoles^{1,2*}, Olga Ochoa-Gondar¹, Teresa Rodriguez-Blanco², Antonia Gutierrez-Perez², Angel Vila-Rovira², Frederic Gomez³, Xavier Raga⁴, Cinta de Diego¹, Eva Satue¹ and Elisabet Salsench¹, for EPIVAC Study Group¹

Abstract

Background: Conflicting results have been recently reported evaluating the relationship between pneumococcal vaccination and the risk of thrombotic vascular events. This study assessed the clinical effectiveness of the 23-valent polysaccharide pneumococcal vaccine (PPV23) against acute myocardial infarction and ischaemic stroke in older adults.

Methods: Population-based prospective cohort study conducted from December 1, 2008 until November 30, 2009, including all individuals ≥ 60 years-old assigned to nine Primary Care Centres in Tarragona, Spain (N = 27,204 individuals). Primary outcomes were hospitalisation for acute myocardial infarction and/or ischaemic stroke. All cases were validated by checking clinical records. The association between pneumococcal vaccination and the risk of each outcome was evaluated by Multivariable Cox proportional-hazard models (adjusted by age, sex, influenza vaccine status, presence of comorbidities and cardiovascular risk factors).

Results: Cohort members were followed for a total of 26,444 person-years, of which 34% were for vaccinated subjects. Overall incidence rates (per 1000 person-years) were 4.9 for myocardial infarction and 4.6 for ischaemic stroke. In the multivariable analysis, vaccination was associated with a marginally significant 35% lower risk of stroke (hazard ratio [HR]: 0.65; 95% confidence interval [CI]: 0.42-0.99; $p = 0.046$). We found no evidence for an association between pneumococcal vaccination and reduced risk of myocardial infarction (HR: 0.83; 95% CI: 0.56-1.22; $p = 0.347$).

Conclusions: Our data supports a benefit of PPV23 against ischaemic stroke among the general population over 60 years, suggesting a possible protective role of pneumococcal vaccination against some acute thrombotic events.

Pneumococcal Vaccination and Risk of Acute Myocardial Infarction and Stroke in Men

Hung Fu Tseng, PhD

Jeffrey M. Slezak, MS

Virginia P. Quinn, PhD

Lina S. Sy, MPH

Stephen K. Van Den Eeden, PhD

Steven J. Jacobsen, MD, PhD

MULTIPLE STUDIES HAVE shown that vaccination against influenza can reduce the risk of recurrent myocardial infarction (MI), sudden cardiac death, cardiac hospital admissions, need for revascularization, and stroke.¹⁻⁵ A similar finding has been recently reported for pneumococcal polysaccharide vaccine.⁶ In the study by Lamontagne et al,⁶ the authors hypothesized that besides preventing bacterial infections, pneumococcal vaccination may protect against cardiovascular events by decreasing the extent of atherosclerosis. There were, however, several potential limitations of this study that raise questions about the validity of the results, including preferential inclusion of a healthier cohort, confounding from dietary factors, physical activity, and family his-

Context Multiple studies have shown that preventing influenza by vaccination reduces the risk of vascular events. However, the effect of pneumococcal polysaccharide vaccine on vascular events remains controversial.

Objective To examine the association between pneumococcal vaccination and risk of acute myocardial infarction (MI) and stroke among men.

Design, Setting, and Participants A prospective cohort study of Kaiser Permanente Northern and Southern California health plans with 84 170 participants aged 45 to 69 years from the California Men's Health Study who were recruited between January 2002 and December 2003, and followed up until December 31, 2007. The cohort was similar to the population of health plan members and men who responded to a general health survey in California on important demographic and clinical characteristics. Demographic and detailed lifestyle characteristics were collected from surveys. Vaccination records were obtained from the Kaiser Immunization Tracking System.

Main Outcome Measure Incidence of acute MI and stroke during the follow-up period in men who had no history of such conditions.

Results During follow-up, there were 1211 first MIs in 112 837 vaccinated person-years (10.73 per 1000 person-years) compared with 1494 first MI events in 246 170 unvaccinated person-years (6.07 per 1000 person-years). For stroke, there were 651 events in 122 821 vaccinated person-years (5.30 per 1000 person-years) compared with 483 events in 254 541 unvaccinated person-years (1.90 per 1000 person-years). With propensity score adjustment, we found no evidence for an association between pneumococcal vaccination and reduced risk of acute MI (adjusted hazard ratio [HR], 1.09; 95% confidence interval [CI], 0.98-1.21) or stroke (adjusted HR, 1.14; 95% CI, 1.00-1.31). An inverse association was also not found in men of different age and risk groups. The results appeared to be consistent, because using more specific *International Classification of Diseases, Ninth Revision* codes for the outcome definition did not change the estimations.

Conclusion Among a cohort of men aged 45 years or older, receipt of pneumococcal vaccine was not associated with subsequent reduced risk of acute MI and stroke.

JAMA. 2010;303(17):1699-1706

www.jama.com



ERİŞKİN BAĞIŞIKLAMADA HEDEF: HEALTHY PEOPLE 2010 / 2020 - CDC

ELİMİNASYON;
Difteri, KKK, Tetanoz

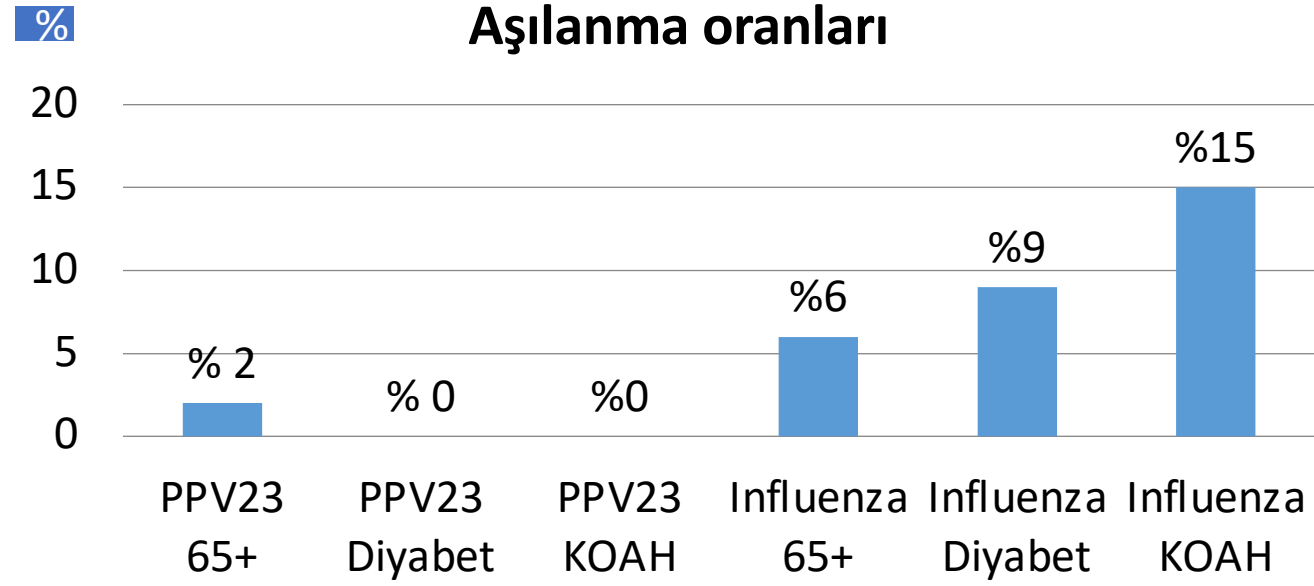
%75 AZALTMA;
Hepatit A ve B

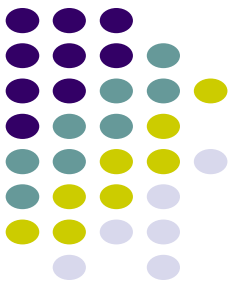
Kanada, ABD;
İnfluenza%30-
40

UYUM; ≥ 65 yaş ; İnfluenza ve en az 1 doz
pnömokok aşısı 90%

18-64 yaş ,yüksek risk: pnömokok aşısı %60
uyum, >6 ay influenza aşısı , %70 , SP %90

Türkiye; Erişkin Aşılama Oranları





**.Sana attığım email'i
almadın mı?**

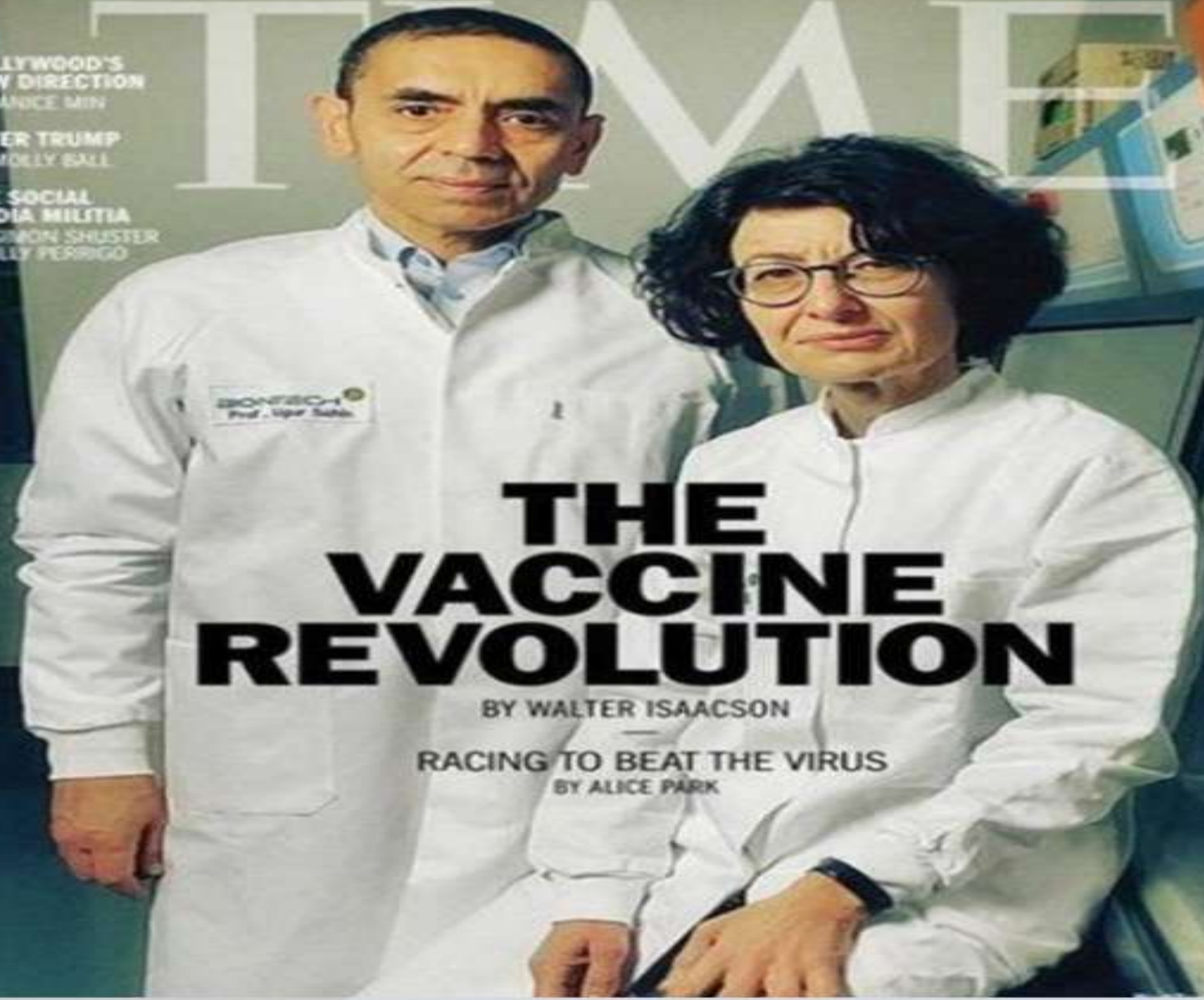
THE YEAR AHEAD

TIME

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SORULARINIZ?

Prof. Dr. Esin Şenol

