



Sepsis Yönetiminde Güncel Rehberler Ne Diyor?

Dr.R.Aytaç ÇETİNKAYA



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Management of Sepsis guidelines

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Evaluation and management of suspected sepsis and septic shock in adults

Authors: Gregory A Schmidt, MD, Jess Mandel, MD, MACP, ATSF, FRCP
Section Editors: Polly E Parsons, MD, Daniel J Sexton, MD, Korilyn S Zachrisson, MD, MSc
Deputy Editor: Geraldine Finlay, MD

All topics are updated as new evidence becomes available and our peer review process is complete.
 Literature review current through: Jan 2023. | This topic last updated: Feb 09, 2023.

Clinical Infectious Diseases

VIEWPOINTS

2018

IDSAA
Infectious Diseases Society of America

hivma
hiv medicine association

OXFORD

Infectious Diseases Society of America (IDSA) POSITION STATEMENT: Why IDSA Did Not Endorse the Surviving Sepsis Campaign Guidelines

Clinical Infectious Diseases

VIEWPOINTS

2018



Infectious Diseases Society of America (IDSA) POSITION
STATEMENT: Why IDSA Did Not Endorse the Surviving
Sepsis Campaign Guidelines



Society of
Critical Care Medicine
The Intensive Care Professionals



European Society of Intensive Care Medicine

SIRS, Sepsis, Ağır sepsis



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Critical Care Medicine

Society of
Critical Care Medicine
The American College of Chest Physicians

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ONLINE SPECIAL ARTICLE

Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021

JAMA Clinical Guidelines Synopsis

February 28, 2017

Management of Sepsis and Septic Shock

Michael D. Howell, MD, MPH^{1,2}; Andrew M. Davis, MD, MPH³

» [Author Affiliations](#)

JAMA. 2017;317(8):847-848. doi:10.1001/jama.2017.0131



İlk Değerlendirme

İlk resüsitasyon

İzleme

Başlangıç tedavisi başarısız olan hastalar

Tedaviye yanıt veren hastalar



1. ACİL DEĞERLENDİRME VE YÖNETİM

✓ Solunumu stabilize edin



SaO₂:%90-96

Ensefalopati konfüzon

✓ Venöz erişim sağlayın

✓ İlk incelemeler



1. ACİL DEĞERLENDİRME VE YÖNETİM

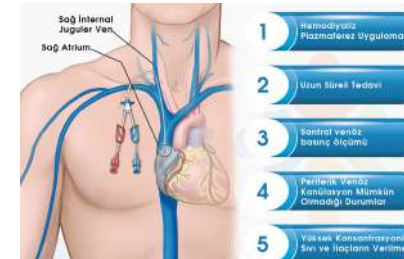
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İlk resüsitasyon ??

✓ İlk incelemeler





1. ACİL DEĞERLENDİRME VE YÖNETİM



Solunumu stabilize edin

Venöz erişim sağlayın

İlk incelemeler



Şüpheli site	Semptomlar/belirtiler*	İlk mikrobiyolojik değerlendirme ¹
Üst solunum yolları	Faringeal inflamasyon artı eksuda ± şişlik ve lenfadenopati	Aerobik kültür için boğaz sürüntüsü
Alt solunum yolu	Produktif öksürük, plöretik göğüs ağrısı, pekiştirici oskültasyon bulguları	İyi kalitede balgam, hızlı influenza testi, idrar antijen testi (örn. pnömokok, <i>Lejyonella</i> ; çocuklarda önerilmez), korumalı fırça veya bronkoalveoler lavajdan kantitatif kültür
İdrar yolu	Aciliyet, dizüri, bel veya sırt ağrısı	Piyuri gösteren idrar kültürü ve mikroskopisi
Vasküler kateterler: arteriyel, merkezi venöz	Giriş yerinde kızarıklık veya akıntı ^Δ	Kan kültürü (kateterden ve periferik bir bölgeden), kültür kateter ucu (çıkarılmışsa)
Kalıcı plevral kateter	Giriş yerinde kızarıklık veya akıntı ^Δ	Plevral sıvı kültürü (kateter yoluyla)
Yara veya yanık	Enflamasyon, ödem, eritem, irin akıntısı	Gram boyama ve irin akan kültür, yara kültürü güvenilir değil
Deri/yumuşak doku	Eritem, ödem, lenfanjit	Kültür kabarcık sıvısı veya irin akması; doku aspiratlarının rolü kanıtlanmamıştır
Merkezi sinir sistemi	Meningeal tahriş belirtileri	BOS hücre sayısı, protein, glikoz, Gram boyama ve kültür [◊]
gastrointestinal	Karın ağrısı, şişkinlik, ishal ve kusma	<i>Salmonella</i> , <i>Shigella</i> veya <i>Campylobacter</i> için diski kültürü *



1. ACİL DEĞERLENDİRME VE YÖNETİM



Solunumu stabilize edin

Venöz erişim sağlayın

İlk incelemeler



Antibiyotik !!!!

Perifer

En az 2 bölge

Aerop ve anaerop

Port? Kolonizasyon?

SVK?

Kan kültürü tekrarı 4 saat sonra



1. ACİL DEĞERLENDİRME VE YÖNETİM



Solunumu stabilize edin

✓ Rutin biyokimya, D-dimer, PTZ, Tam kan sayımı

Venöz erişim sağlayın

✓ Serum laktat >2 mmol/L

✓ Arteriyel kan gazı = hipoksemi, asidoz, hiperkapni

İlk incelemeler

✓ Prokalsitonin !!??

✓ Sepsis tanı?

✓ Antibiyotik tedavi süresi ☺



1. Acil Değerlendirme ve Yönetim

2. Başlangıç Resüsitatif Tedavi



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ

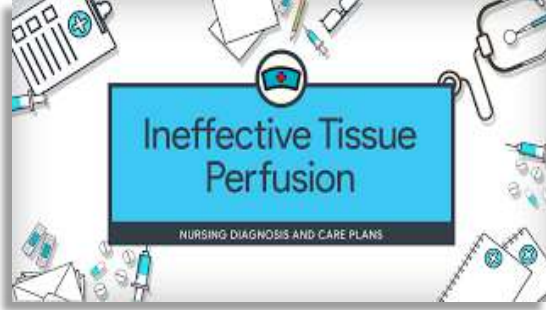


- ✓ Dengeli kristaloid / normal salin
- ✓ 30 mL/kg IV
- ✓ Başlama 1 saat 😊
- ✓ Bitiş 3 saat !!!



- ✓ Şüpheli organizma(lar)
- ✓ Enfeksiyon bölgesi(ler)
- ✓ Başlama 1 saat !!!

2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



- ✓ Dengeli kristaloid / normal salin
- ✓ 30 mL/kg IV
- ✓ Başlama 1 saat 😊
- ✓ Bitiş 3 saat !!!

- ✓ Santral venöz oksihemoglobin satürasyonu (ScvO₂) ≥ yüzde 70
- ✓ Santral venöz basınç (CVP) 8 - 12 mmHg
- ✓ Ortalama arter basıncı (OAB) ≥65 mmHg
- ✓ İdrar çıkışı ≥0,5 mL/kg/saat

2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



HACİM

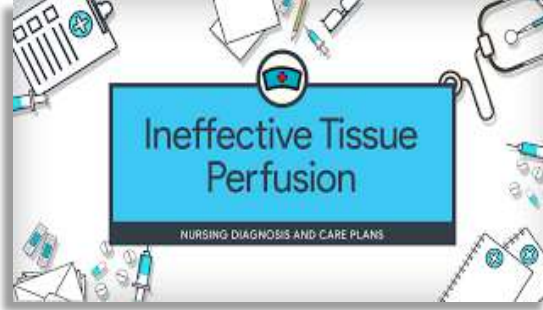
- ✓ Kanıtlanmış / inandırıcı Pulmoner ödem
- ✓ 30 mL/kg IV
- ✓ Başlama 1 saat 😊
- ✓ Bitiş 3 saat !!!
- ✓ **Her 500 mL bolustan önce ve sonrasında**
 - **Klinik**
 - **Hemodinami**
 - **Pulmoner ödem ?**



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



SIVI SEÇİMİ

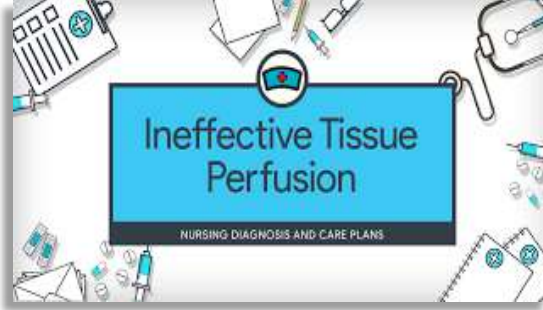


Dengeli Kristalloid ? Normal salin ? Hipertonik salin ? Albumin ?

2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



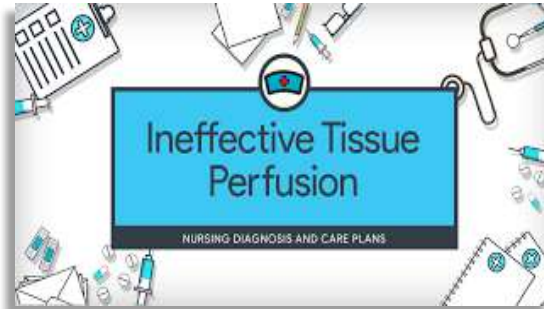
SIVI SEÇİMİ



Dengeli Kristalloid Normal salin Hipertonik salin ? Albumin ?



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



Kristalloide karşı albümin

RESEARCH ARTICLE

Albumin versus Other Fluids for Fluid Resuscitation in Patients with Sepsis: A Meta-Analysis

Libing Jiang, Shouyin Jiang, Mao Zhang*, Zhongjun Zheng, Yuefeng Ma*

Department of Emergency Medicine, Second Affiliated Hospital, School of Medicine & Institute of Emergency Medicine, Zhejiang University, Hangzhou, China

*mayuefengb@163.com (YFM); zmhzjzk@163.com (MZ)

Abstract

Background: Early fluid resuscitation is vital to patients with sepsis. However, the choice of fluid has been a hot topic of discussion. The objective of this study was to evaluate whether the use of albumin-containing fluids for resuscitation in patients with sepsis was associated with a decreased mortality rate.

Methods: We systematically searched PubMed, EMBASE and Cochrane library for eligible randomized controlled trials (RCTs) up to March 2014. The selection of eligible studies, assessment of methodological quality, and extraction of all relevant data were conducted by two authors independently.

Results: In total, 15 RCTs were eligible for analysis. After pooling the data, we found there was no significant effect of albumin-containing fluids on mortality in patients with sepsis of any severity (RR: 0.94, 95% CI: 0.87, 1.02 and RD: -0.01,



OPEN ACCESS

Citation: Jiang L, Jiang S, Zhang M, Zheng Z, Ma Y (2014) Albumin versus Other Fluids for Fluid Resuscitation in Patients with Sepsis: A Meta-Analysis. PLoS ONE 9(12): e114666. doi:10.1371/journal.pone.0114666

2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



Kristalloide karşı hidroksietil nişasta (HES)



Kristalloid > HES
HES 90 günlük mortalite artış
Renal yan etki

THE NEW ENGLAND JOURNAL OF MEDICINE

ORIGINAL ARTICLE

Hydroxyethyl Starch 130/0.42 versus Ringer's Acetate in Severe Sepsis

Anders Perner, M.D., Ph.D., Nicolai Haase, M.D.,
Anne B. Guttormsen, M.D., Ph.D., Jyrki Tenhunen, M.D., Ph.D.,
Gudmundur Klemenzson, M.D., Anders Åneman, M.D., Ph.D.,
Kristian R. Madsen, M.D., Morten H. Møller, M.D., Ph.D., Jeanie M. Elkjær, M.D.,
Lone M. Poulsen, M.D., Asger Bendtsen, M.D., M.P.H., Robert Winding, M.D.,
Morten Steensen, M.D., Pawel Berezowicz, M.D., Ph.D., Peter Sørensen, M.D.,
Morten Bestle, M.D., Ph.D., Kristian Strand, M.D., Ph.D., Jørgen Wiis, M.D.,
Jonathan O. White, M.D., Klaus J. Thornberg, M.D., Lars Quist, M.D.,
Jonas Nielsen, M.D., Ph.D., Lasse H. Andersen, M.D., Lars B. Holst, M.D.,
Katrin Thormar, M.D., Anne-Lene Kjældgaard, M.D., Maria L. Fabritius, M.D.,
Frederik Mondrup, M.D., Frank C. Pott, M.D., D.M.Sc., Thea P. Møller, M.D.,
Per Winkel, M.D., D.M.Sc., and Jørn Wetterslev, M.D., Ph.D.,
for the 6S Trial Group and the Scandinavian Critical Care Trials Group*

ABSTRACT

BACKGROUND

Hydroxyethyl starch (HES) is widely used for fluid resuscitation in intensive care units (ICUs), but its safety and efficacy have not been established in patients with severe sepsis.

METHODS

In this multicenter, parallel-group, blinded trial, we randomly assigned patients with severe sepsis to fluid resuscitation in the ICU with either 6% HES 130/0.42 (Tetraspan) or Ringer's acetate at a dose of up to 33 ml per kilogram of ideal body weight per day. The primary outcome measure was either death or end-stage kidney failure (dependence on dialysis) at 90 days after randomization.

RESULTS

The authors' affiliations are listed in the Appendix. Address reprint requests to Dr. Perner at the Department of Intensive Care 4131, Rigshospitalet, Blegdamsvej 9, DK-2100 Copenhagen, Denmark, or at anders.perner@rh.regionh.dk.

*Members of the Scandinavian Starch for Severe Sepsis/Septic Shock (6S) trial group are listed in the Supplementary Appendix, available at NEJM.org.

This article was published on June 27, 2012, and updated on July 17, 2012, at NEJM.org.

2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



Kristalloide karşı pentastarch



Kristalloid > Pentastarch
Pentastarch alan hastalarda 90
günlük mortalitede artış eğilimi

Randomized Controlled Trial > N Engl J Med. 2008 Jan 10;358(2):125-39.

doi: 10.1056/NEJMoa070716.

Intensive insulin therapy and pentastarch resuscitation in severe sepsis

Frank M Brunkhorst¹, Christoph Engel, Frank Bloos, Andreas Meier-Hellmann, Max Ragaller, Norbert Weiler, Onnen Moerer, Matthias Gruendling, Michael Oppert, Stefan Grond, Derk Olthoff, Ulrich Jaschinski, Stefan John, Rolf Rossaint, Tobias Welte, Martin Schaefer, Peter Kern, Evelyn Kuhn, Michael Kiehntopf, Christiane Hartog, Charles Natanson, Markus Loeffler, Konrad Reinhart, German Competence Network Sepsis (SepNet)

Affiliations + expand

PMID: 18184958 DOI: 10.1056/NEJMoa070716

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2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



Muhtemel enfeksiyon kaynağının belirlenmesi



+

kapalı alan enfeksiyonları (apse, ampiyem) direne edilmeli



- ✓ Şüpheli organizma(lar)
- ✓ Enfeksiyon bölgesi(ler)
- ✓ Başlama 1 saat !!!

2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



Antibiyotik zamanlama

ORIGINAL ARTICLE

The Timing of Early Antibiotics and Hospital Mortality in Sepsis

Vincent X. Liu¹, Vikram Fielding-Singh², John D. Greene¹, Jennifer M. Baker¹, Theodore J. Iwashyna^{3,4}, Jay Bhattacharya⁵, and Gabriel J. Escobar¹

¹Kaiser Permanente Division of Research, Oakland, California; ²Department of Anesthesia and Critical Care, University of California San Francisco, San Francisco, California; ³Center for Clinical Management Research, Ann Arbor Health System, Ann Arbor, Michigan; ⁴Division of Pulmonary and Critical Care, Department of Internal Medicine, University of Michigan, Ann Arbor, Michigan; and ⁵Primary Care and Outcomes Research, Stanford University, Stanford, California

Abstract

Rationale: Prior sepsis studies evaluating antibiotic timing have shown mixed results.

Objectives: To evaluate the association between antibiotic timing and mortality among patients with sepsis receiving antibiotics within 6 hours of emergency department registration.

Methods: Retrospective study of 35,000 randomly selected inpatients with sepsis treated at 21 emergency departments between 2010 and 2013 in Northern California. The primary exposure was antibiotics given within 6 hours of emergency department registration. The primary outcome was adjusted in-hospital mortality. We used detailed physiologic data to quantify severity of illness within 1 hour of registration and logistic regression to estimate the odds of hospital mortality based on antibiotic timing and patient factors.

Measurements and Main Results: The median time to antibiotic administration was 2.1 hours (interquartile range, 1.4–3.1 h). The adjusted odds ratio for hospital mortality based on each hour of delay in antibiotics after registration was 1.09 (95% confidence interval [CI], 1.05–1.13) for each elapsed hour between registration and antibiotic administration. The increase in absolute mortality

Conclusions: In a large, contemporary, and multicenter sample of patients with sepsis in the emergency department, hourly delays in antibiotic administration were associated with increased odds of hospital mortality even among patients who received antibiotics within 6 hours. The odds increased within each sepsis severity strata, and the increased odds of mortality were greatest in septic shock.

Keywords: sepsis; septic shock; antibacterial agents

At a Glance Commentary

Scientific Knowledge on the Subject: Prior work evaluating antibiotic timing in sepsis has shown mixed results and focused on more severely ill patients, often including patients with long delays in antibiotic administration. This has resulted in clinical equipoise regarding timing thresholds for antibiotic administration in sepsis.

What This Study Adds to the Field: We evaluated 35,000 patients treated within a contemporary multicenter sepsis quality improvement program using granular data including vital signs, laboratory values, and severity of illness indices. Although increased time to antibiotic administration



- ✓ Şüpheli organizma(lar)
- ✓ Enfeksiyon bölgesi(ler)
- ✓ Başlama 1 saat !!!

Kültür
1 saat

Sepsis %0.3, ağır sepsis %0.4 ve septic şok %1.8



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



Antibiyotik rejimi

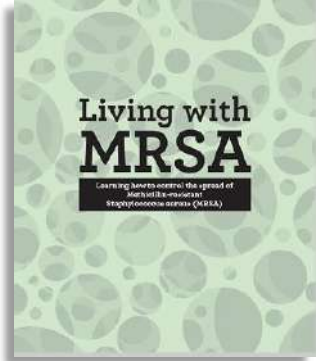
- ✓ Hastanın geçmişi (son alınan antibiyotikler, önceki üremeler ?)
- ✓ Komorbiditeleri (diyabet, organ yetmezlikleri, alerji)
- ✓ Toplum kaynaklı?, hastane kaynaklı?
- ✓ İnvaziv cihazların varlığı
- ✓ Şoksuz sepsis bir veya daha fazla antimikrobiyal
- ✓ Şok kliniği Var ise iki farklı sınıftan kombine antimikrobiyal



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ

Antibiyotik rejimi

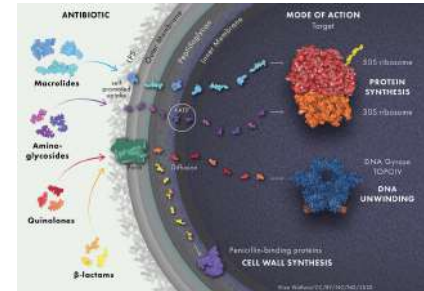
- ✓ Metisiline dirençli *S. aureus* (MRSA)
- ✓ Hastanede yatan / toplum içinde risk
- ✓ Şok tablosu olan sepsis **Ampirik vankomisin önerilmekte**
- ✓ Vankomisin kontrendikasyonu olan hastalarda daptomisin , linezolid, teikoplanin



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ

Antibiyotik rejimi

- ✓ eğer *Pseudomonas* beklenmedik bir patojen ise, **Vankomisin +**
- ✓ Üçüncü veya dördüncü kuşak (örn. [seftriakson](#) veya [sefotaksim](#) veya [sefepim](#)) veya
- ✓ Bir beta-laktam/beta-laktamaz inhibitörü (örn. [piperasilin-tazobaktam](#)) veya
- ✓ Bir karbapenem (örneğin, [imipenem](#) veya [meropenem](#))

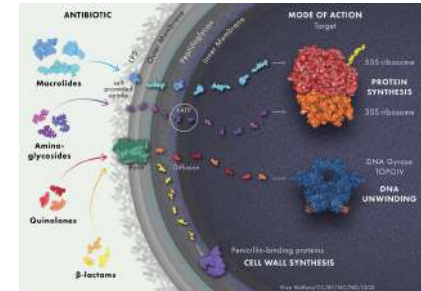
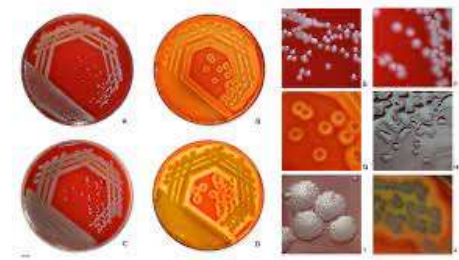


2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



Pseudomonas olası bir patojen ise, **Vankomisin** +

- ✓ Antipsödomonal sefalosporin (örn. [seftazidim](#) , [sefepim](#)) veya
- ✓ Antipsödomonal karbapenem (örn., [imipenem](#) , [meropenem](#)) veya
- ✓ Antipsödomonal beta-laktam/beta-laktamaz inhibitörü (örn. [piperasilin-tazobaktam](#)) veya
- ✓ İyi anti-psödomonal aktiviteye sahip florokinolon (örn. [siprofloksasin](#)) veya
- ✓ Aminoglikozit (örn. [gentamisin](#) , [amikasin](#)) veya
- ✓ Monobaktam (örneğin, [aztreonam](#))



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ

Ampirik antif

- ✓ Nötropenik olmayan
- ✓ parenteral beslenme
- ✓ Uzun süreli antimikr
- ✓ Uzun süreli yoğun b
- ✓ Kemoterapi, transpl
- ✓ Majör abdominal ce

Randomized Controlled Trial > JAMA. 2016 Oct 18;316(15):1555-1564.
doi: 10.1001/jama.2016.14655.

Empirical Micafungin Treatment and Survival Without Invasive Fungal Infection in Adults With ICU-Acquired Sepsis, Candida Colonization, and Multiple Organ Failure: The EMPIRICUS Randomized Clinical Trial

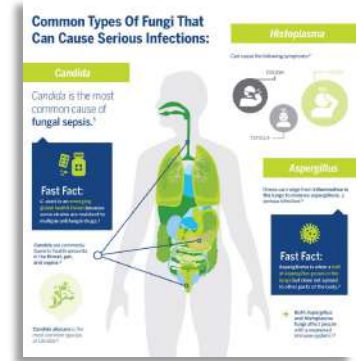
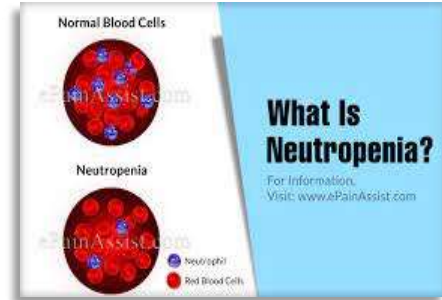
Jean-Francois Timsit¹, Elie Azoulay², Carole Schwebel³, Pierre Emmanuel Charles⁴, Muriel Cornet⁵, Bertrand Souweine⁶, Kada Klouche⁷, Samir Jaber⁸, Jean-Louis Trouillet⁹, Fabrice Bruneel¹⁰, Laurent Argaud¹¹, Joel Cousson¹², Ferhat Meziani¹³, Didier Gruson¹⁴, Adeline Paris¹⁵, Michael Darmon¹⁶, Maité Garrouste-Orgeas¹⁷, Jean-Christophe Navellou¹⁸, Arnaud Foucrier¹⁹, Bernard Allaouchiche²⁰, Vincent Das²¹, Jean-Pierre Gangneux²², Stéphane Ruckly²³, Daniele Maubon⁵, Vincent Jullien²⁴, Michel Wolff¹; EMPIRICUS Trial Group

Affiliations + expand
PMID: 27706483 DOI: 10.1001/jama.2016.14655

Abstract

Importance: Although frequently used in treating intensive care unit (ICU) patients with sepsis, empirical antifungal therapy, initiated for suspected fungal infection, has not been shown to improve outcome.

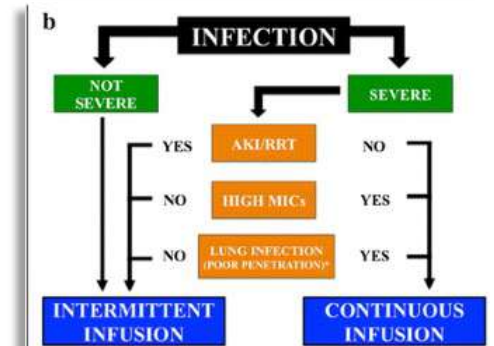
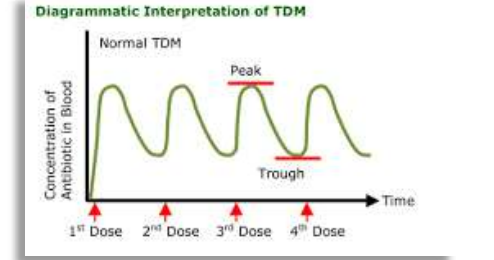
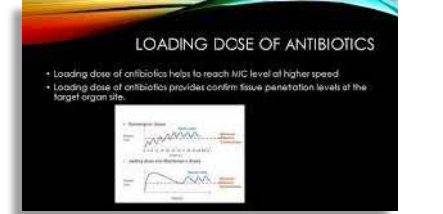
Objective: To determine whether empirical micafungin reduces invasive fungal infection (IFI)-free



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ

İlaç dozu -süresi

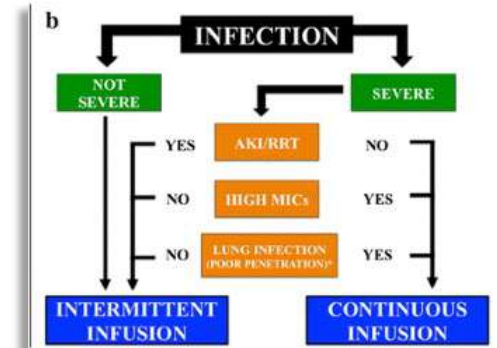
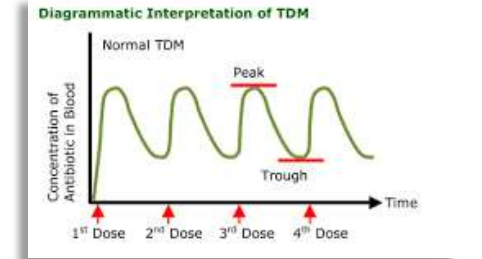
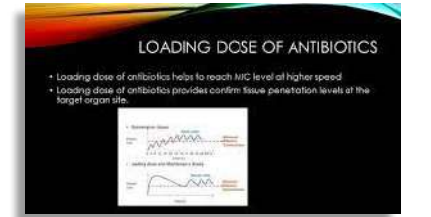
- ✓ Yükleme dozu
- ✓ Kristalloid veya SF yüklemesi & antibiyotik kan konsantrasyonu
- ✓ Sürekli infüzyon, uzamış ve aralıklı infüzyon



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ

Sürekli (Continue) infüzyon antibiyotikler

İlaç adı	Başlangıç dozu, süresi	İdame doz zamanı	Renal	İdame dozu, süresi
Cefepime	15 mg/kg >30 dak	Hemen	eGFR > 60	6 gr 24 saat
Ceftazidime	15 mg/kg > 30 dak	Hemen	eGFR > 50	6 gr 24 saat
Temocillin	2 gr > 30 dak	Hemen	eGFR > 50	6 gr 24 saat
Vancomycin	15-20 mg/kg, 15 mg/dak	Hemen	20-25 µg/mL	30-40 mg/kg 24 saat



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



- ✓ Şüpheli organizma(lar)
- ✓ Enfeksiyon bölgesi(ler)
- ✓ Başlama 1 saat !!!

Continuous versus Intermittent β -Lactam Infusion in Severe Sepsis A Meta-analysis of Individual Patient Data from Randomized Trials

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İlaç adı

Ampisilin- sul

Doripenem

Meropenem

Piperasilin-Ta

Abstract

Rationale: Optimization of β -lactam antibiotic dosing for critically ill patients is an intervention that may improve outcomes in severe sepsis.

Objectives: In this individual patient data meta-analysis of critically ill patients with severe sepsis, we aimed to compare clinical outcomes of those treated with continuous versus intermittent infusion of β -lactam antibiotics.

Methods: We identified relevant randomized controlled trials comparing continuous versus intermittent infusion of β -lactam antibiotics in critically ill patients with severe sepsis. We assessed the quality of the studies according to four criteria. We combined individual patient data from studies and assessed data integrity for common baseline demographics and study endpoints, including hospital mortality censored at 30 days and clinical cure. We then determined the pooled estimates of effect and investigated factors associated with hospital mortality in multivariable analysis.

Measurements and Main Results: We identified three randomized controlled trials in which researchers recruited a total of 632 patients with severe sepsis. The two groups were well balanced in terms of age, sex, and illness severity. The rates of hospital mortality and clinical cure for the continuous versus intermittent infusion groups were 19.6% versus 26.3% (relative risk, 0.74; 95% confidence interval, 0.56–1.00; $P = 0.045$) and 55.4% versus 46.3% (relative risk, 1.20; 95% confidence interval, 1.03–1.40; $P = 0.021$), respectively. In a multivariable model, intermittent β -lactam administration, higher Acute Physiology and Chronic Health Evaluation II score, use of renal replacement therapy, and infection by nonfermenting gram-negative bacilli were significantly associated with hospital mortality. Continuous β -lactam administration was not independently associated with clinical cure.

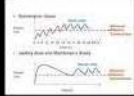
Conclusions: Compared with intermittent dosing, administration of β -lactam antibiotics by continuous infusion in critically ill patients with severe sepsis is associated with decreased hospital mortality.

Keywords: antibiotic; meropenem; pharmacodynamics; pharmacokinetics; piperacillin-tazobactam

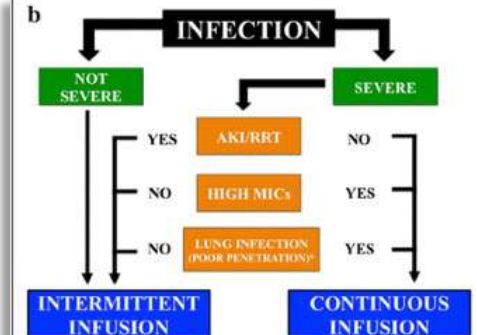
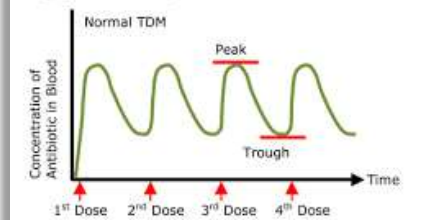
İlaç adı

LOADING DOSE OF ANTIBIOTICS

- Loading dose of antibiotics helps to reach MIC level of higher speed
- Loading dose of antibiotics provides confirm tissue penetration levels at the target organ site.



Diagrammatic Interpretation of TDM





1. Acil Değerlendirme ve Yönetim

2. Başlangıç Resüsitatif Tedavi

3. İzlem-Takip





3. İZLEM-TAKİP



2. BAŞLANGIÇ RESÜSİTATİF TEDAVİ



- ✓ Dengeli kristaloid / normal salin
- ✓ 30 mL/kg IV
- ✓ Başlama 1 saat 🕒
- ✓ Bitiş 3 saat !!!

- ✓ Santral venöz oksihemoglobin satürasyonu (ScvO2) $\geq$ yüzde 70
- ✓ Santral venöz basınç (CVP) 8 - 12 mmHg
- ✓ Ortalama arter basıncı (OAB) $\geq$ 65 mmHg

- ✓ İdrar çıkışı $\geq$ 0,5 mL/kg/saat

- ✓ Kalp hızı,
- ✓ Solunum hızı,
- ✓ Ten rengi,
- ✓ Vücut ısısı,
- ✓ Mental durum takip
- ✓ Laktat klirensi
- ✓ Hemogram, Rutin biyokimya, Procalcitonin
- ✓ Arteriyel Kan gazı



1. Acil Değerlendirme ve Yönetim

2. Başlangıç Resüsitatif Tedavi

3. İzlem-Takip

4. Başarısız Başlangıç Tedavisi



4. BAŞARISIZ BAŞLANGIÇ TEDAVİ



Vazopressör seçimi

Septik şokta vazoaktif ajanlar

İlaç	Kalp atış hızı üzerindeki etki	kontraktilite üzerindeki etkisi	Arter daralma etkileri
Dobutamin	+	+++	- (genişler)
Dopamin	++	++	++
epinefrin	+++	+++	++
norepinefrin	++	++	+++
fenilefrin	0	0	+++

+ vazopressin / + epinefrin



4. BAŞARISIZ BAŞLANGIÇ TEDAVİ

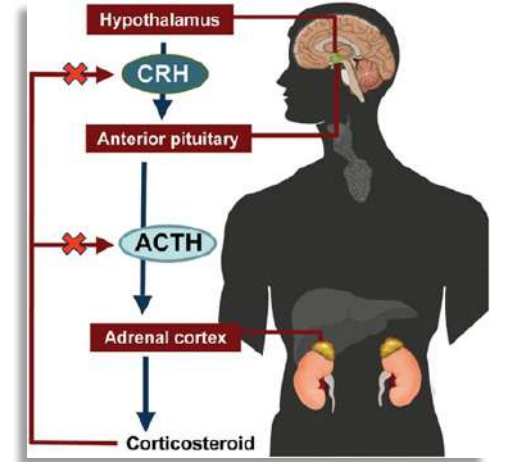


Glukokortikoid

Rutin glukokortikoid kullanımına karşı



Yeterli sıvı resüsitasyonuna ve vazopresör yanıtsız ise





1. Acil Değerlendirme ve Yönetim

2. Başlangıç Resüsitatif Tedavi

3. İzlem-Takip

4. Başarılı Tedavi



5. BAŞARILI TEDAVİ



Efficacy and safety of procalcitonin to shorten the duration of antibiotic treatment in patients with sepsis: a randomised, controlled, open-label trial

Evelien de Jong, Jos A van Oers, Albertus Beishuizen, Piet Vos, Wytze J Vermeij, Gertrude C van Melsen, Yvette C Kluiters, Hans Kemperman, Maarten J van de Ven, Hans Kieft, Georg H Kluge, Veerle C van Dam, Joost van Pelt, Laura Bormans, Jos W Twisk, Ewoudt M W van de Garde, Anne Marie G A de Smet, Jozef Kesecioglu

Summary

Background In critically ill patients, antibiotic therapy is often associated with the development of antimicrobial resistance. Shortening antibiotic therapy and reduce its duration, but data about safety of this strategy and of procalcitonin-guided antibiotic treatment in patients in intensive care with a comparatively low use of antibiotics.

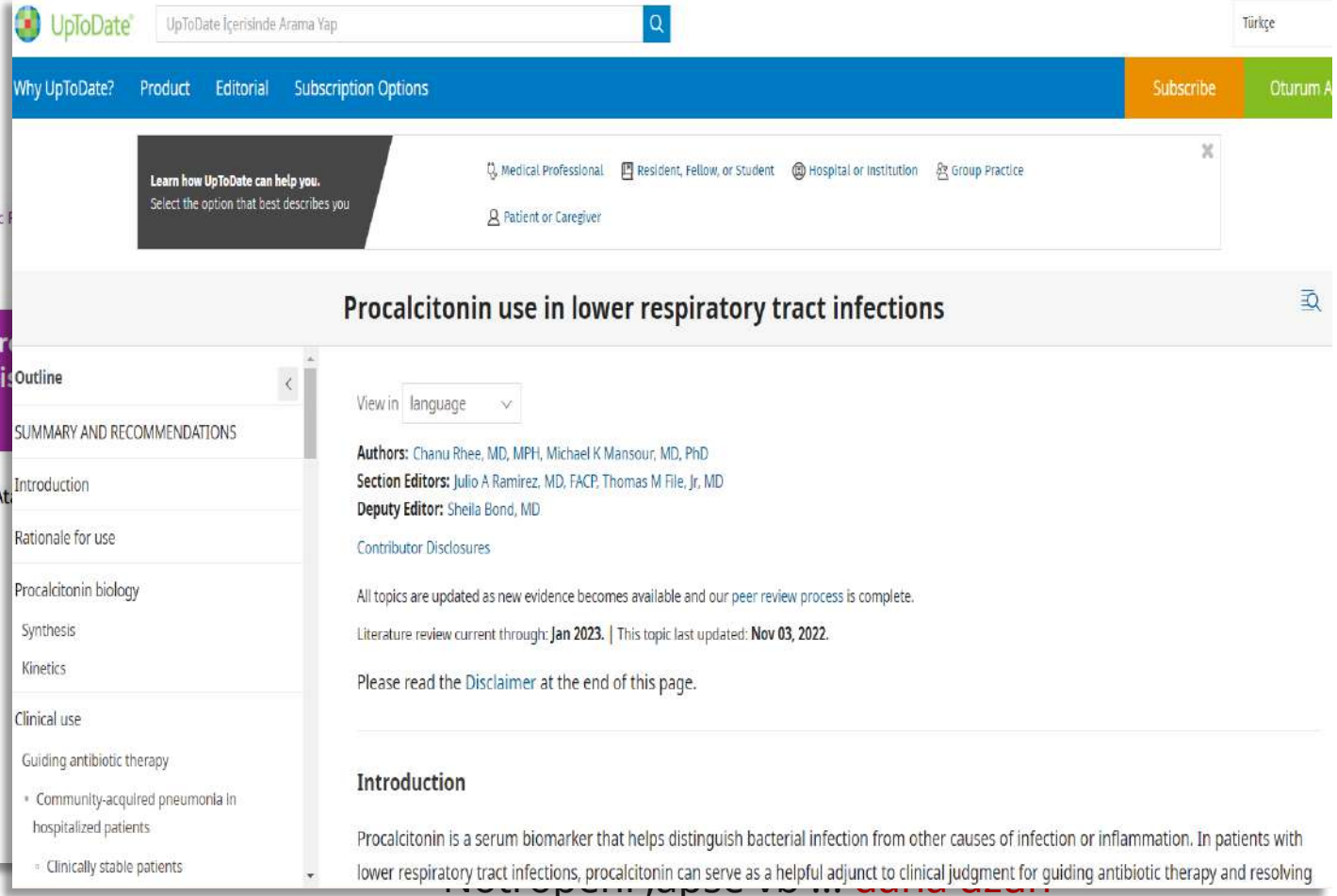
Methods We did a prospective, multicentre, randomised, controlled trial in the Netherlands. Critically ill patients aged at least 18 years, admitted to intensive care, and started antibiotics no longer than 24 h before inclusion in the study were eligible to participate. Patients who received antibiotics for presumed infection were included in the generated list, and stratified (according to treatment centre, ward, and dependent on severity of infection [ie, sepsis, severe sepsis, or standard-of-care antibiotic discontinuation]. Both patients assigned to the procalcitonin-guided group, a non-binding advice to discontinue antibiotics when the procalcitonin concentration had decreased by 80% or more of its peak value or to 0.5 µg/L, and patients treated according to local antibiotic protocols. Primary endpoint was duration of antibiotic treatment. All analyses were done by intention to treat (intention to treat) and for patients in whom antibiotics were discontinued. Safety endpoints were reinstitution of antibiotics and need for renal replacement therapy and they were measured in the population assigned to the procalcitonin-guided group.



Cochrane Database of Systematic Reviews

Effectiveness and safety of procalcitonin to shorten mortality in adults with sepsis (Review)

Andriolo BNG, Andriolo RB, Salomão R, Atun C



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Procalcitonin use in lower respiratory tract infections

View in language

Authors: Chanu Rhee, MD, MPH, Michael K Mansour, MD, PhD
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All topics are updated as new evidence becomes available and our peer review process is complete.
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Introduction

Procalcitonin is a serum biomarker that helps distinguish bacterial infection from other causes of infection or inflammation. In patients with lower respiratory tract infections, procalcitonin can serve as a helpful adjunct to clinical judgment for guiding antibiotic therapy and resolving

- Community-acquired pneumonia in hospitalized patients
- Clinically stable patients



Sepsis Yönetiminde Güncel Rehberler Ne Diyor?

Dr.R.Aytaç ÇETİNKAYA