

# COVID-19 Tedavi

24 Mart 2020



Total Confirmed

398,107

Confirmed Cases by  
Country/Region/Sovereignty

81,591 China  
63,927 Italy  
46,805 US  
39,676 Spain  
31,370 Germany  
24,811 Iran  
20,149 France  
9,117 Switzerland  
9,037 Korea, South  
8,160 United Kingdom  
5,578 Netherlands

◀ Admin1 ▶

Last Updated at (M/D/YYYY)  
3/24/2020, 6:07:50 PM169  
countries/regions

Cumulative Confirmed Cases

Active Cases

Lancet Inf Dis Article: [Here](#). Mobile Version: [Here](#). Visualization: [JHU CSSE](#). Automation Support: [Esri Living Atlas team](#) and [JHU APL](#). Contact [US](#). [FAQ](#).  
Data sources: [WHO](#), [CDC](#), [ECDC](#), [NHC](#), [DXY](#), [1point3acres](#), [1point3acres](#)



Esri, FAO, NOAA

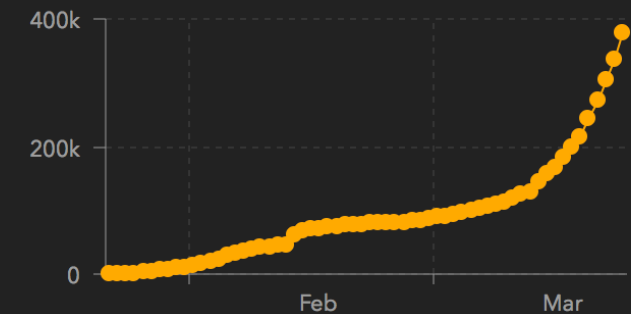
Total Deaths

17,454

6,077 deaths  
Italy3,160 deaths  
Hubei China2,800 deaths  
Spain1,934 deaths  
Iran860 deaths  
France422 deaths  
United Kingdom

Total Recovered

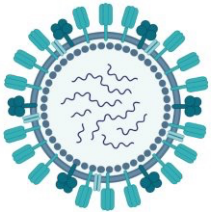
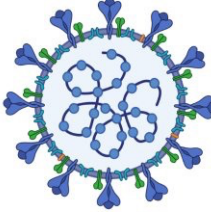
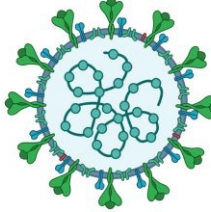
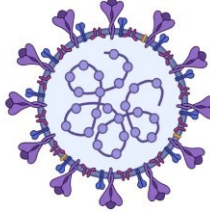
103,334

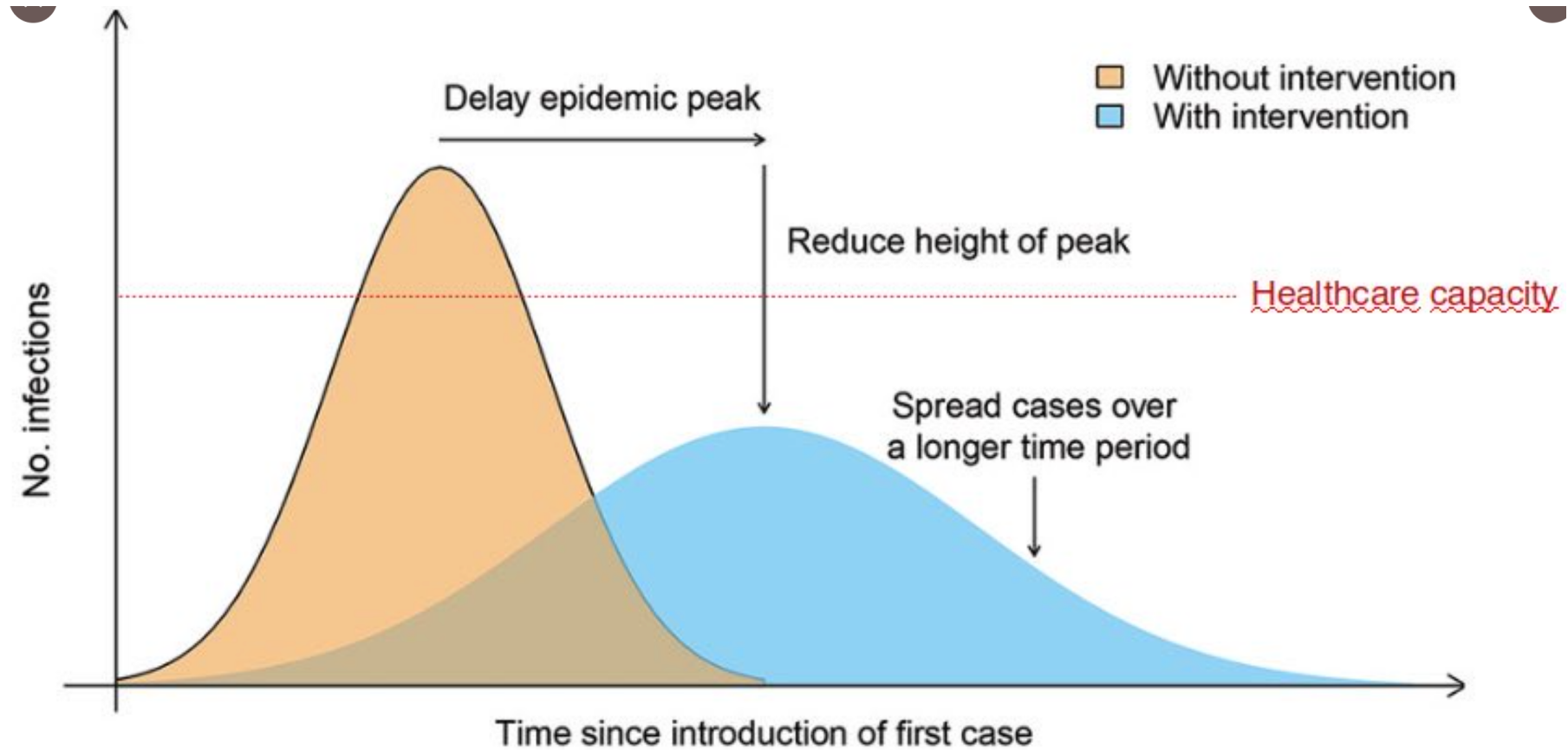
60,324 recovered  
Hubei China8,913 recovered  
Iran7,432 recovered  
Italy3,794 recovered  
Spain3,507 recovered  
Korea, South2,200 recovered  
France

Confirmed

Daily Increase

# Epidemiological Comparison of Respiratory Viral Infections

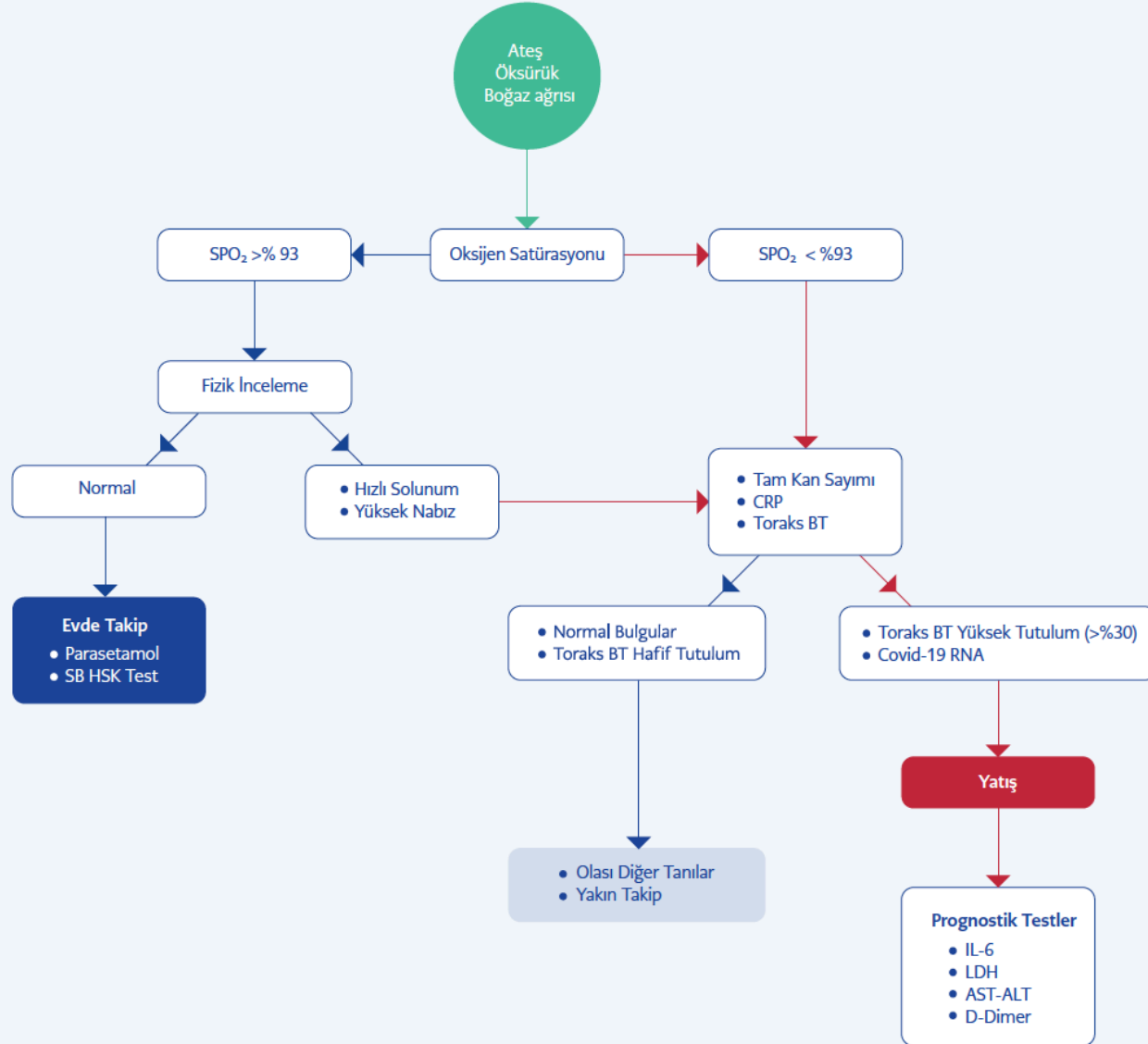
Disease	Flu	COVID-19	SARS	MERS
Disease Causing Pathogen	 Influenza virus	 SARS-CoV-2	 SARS-CoV	 MERS-CoV
$R_0$ Basic Reproductive Number	1.3	2.0 - 2.5 *	3	0.3 - 0.8
CFR Case Fatality Rate	0.05 - 0.1%	~3.4% *	9.6 - 11%	34.4%
Incubation Time	1 - 4 days	4 - 14 days *	2 - 7 days	6 days
Hospitalization Rate	2%	~19% *	Most cases	Most cases
Community Attack Rate	10 - 20%	30 - 40% *	10 - 60%	4 - 13%
Annual Infected (global)	~ 1 billion	N/A (ongoing)	8098 (in 2003)	420
Annual Infected (US)	10 - 45 million	N/A (ongoing)	8 (in 2003)	2 (in 2014)
Annual Deaths (US)	10,000 - 61,000	N/A (ongoing)	None (since 2003)	None (since 2014)



# COVID-19

## ŞÜPHELİ HASTA YÖNETİMİ (01)

Hazırlanma Tarihi: 21.03.2020

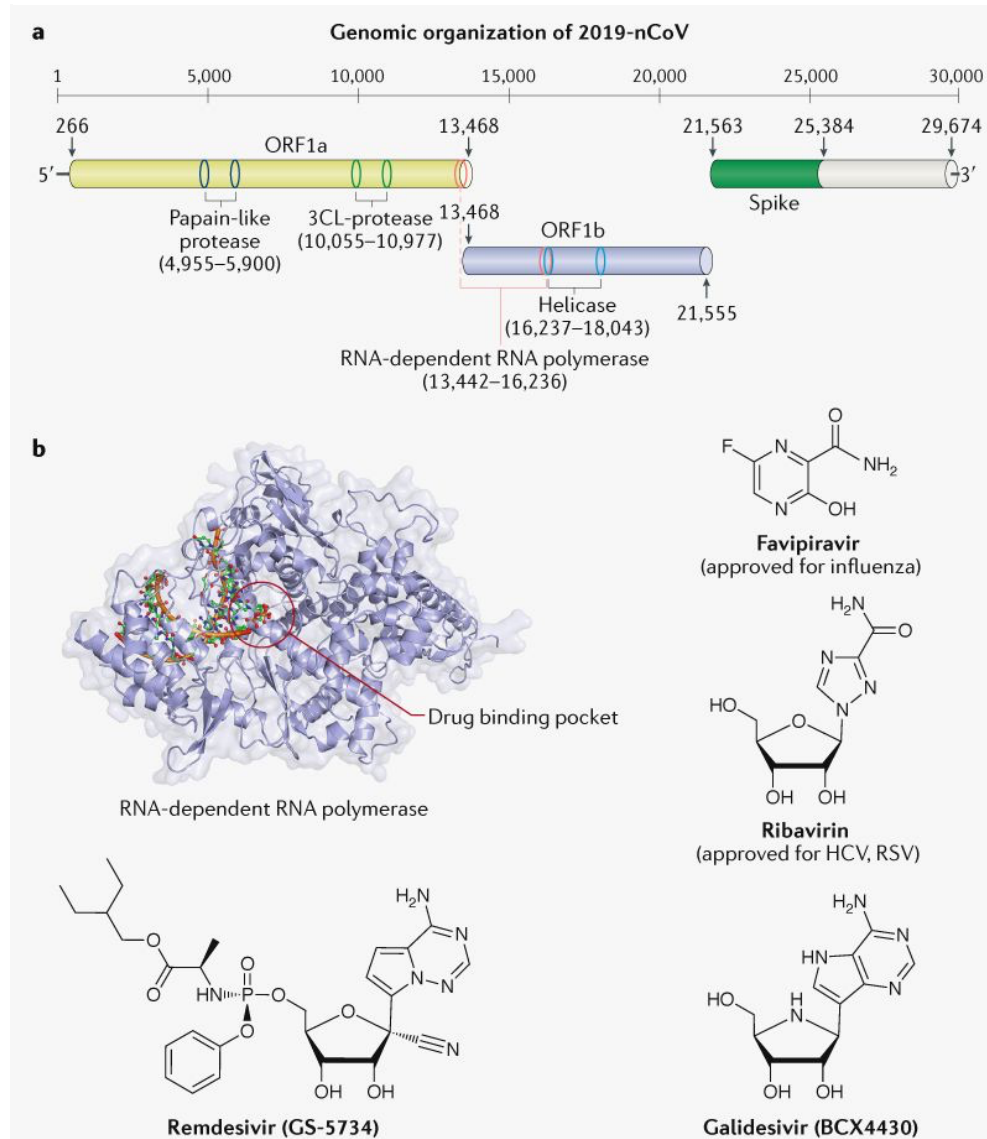


# Tedavi seçenekleri

1. Hidroklorokin (HQ)
  - HQ + azitromisin
2. Lopinavir/ritonavir
3. Remdesivir
4. Ribavirin
5. favipravir
6. Tocilizumab
7. Oseltamivir
8. Baloxavir
9. İnterferonlar
10. Kortikosteroidler

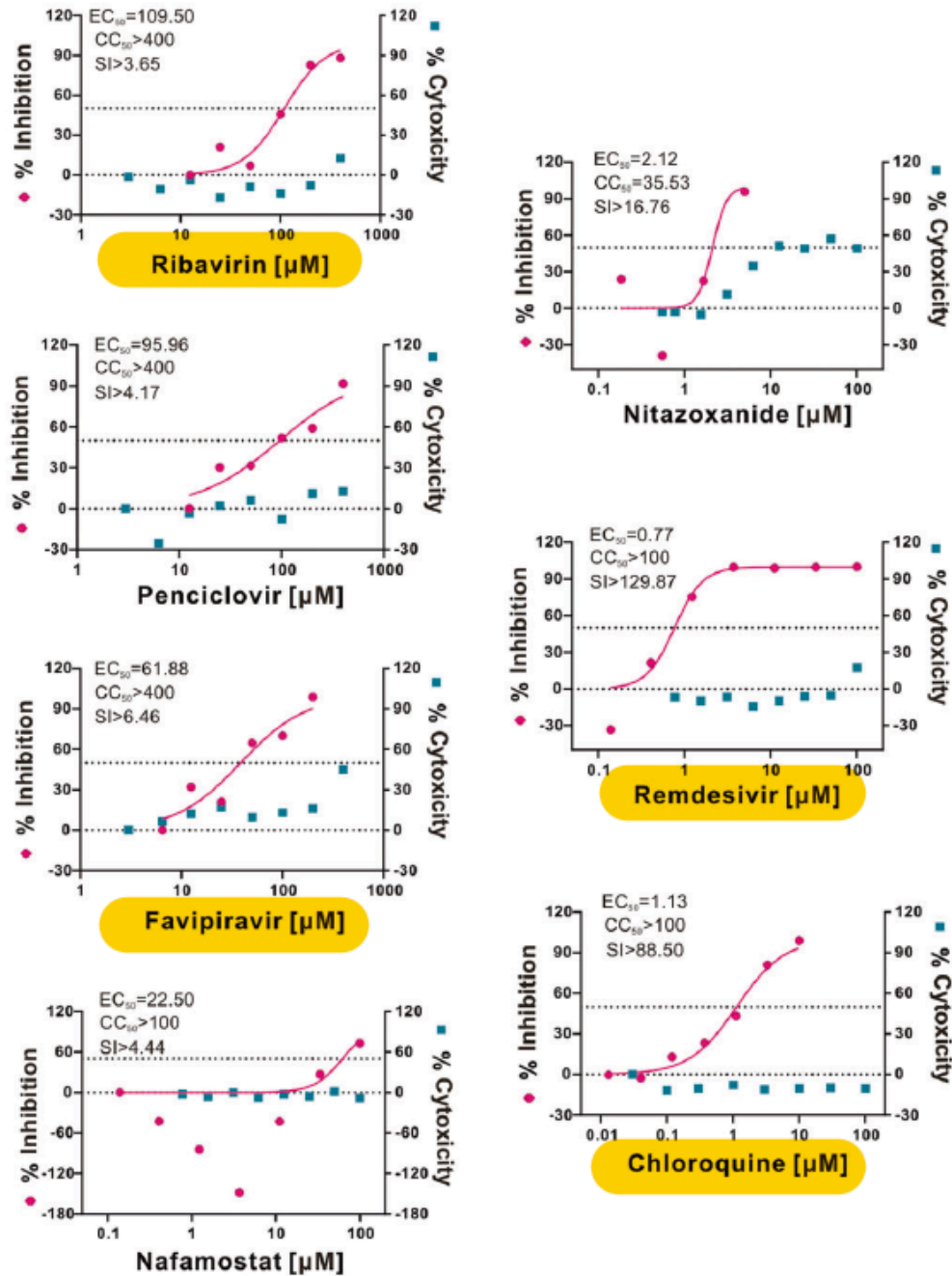
# Therapeutic options for the 2019 novel coronavirus (2019-nCoV)

Guangdi Li<sup>1</sup> and Erik De Clercq<sup>2</sup>



Nature 2020

a



## Cell Research

www.nature.com/cr  
www.cell-research.com

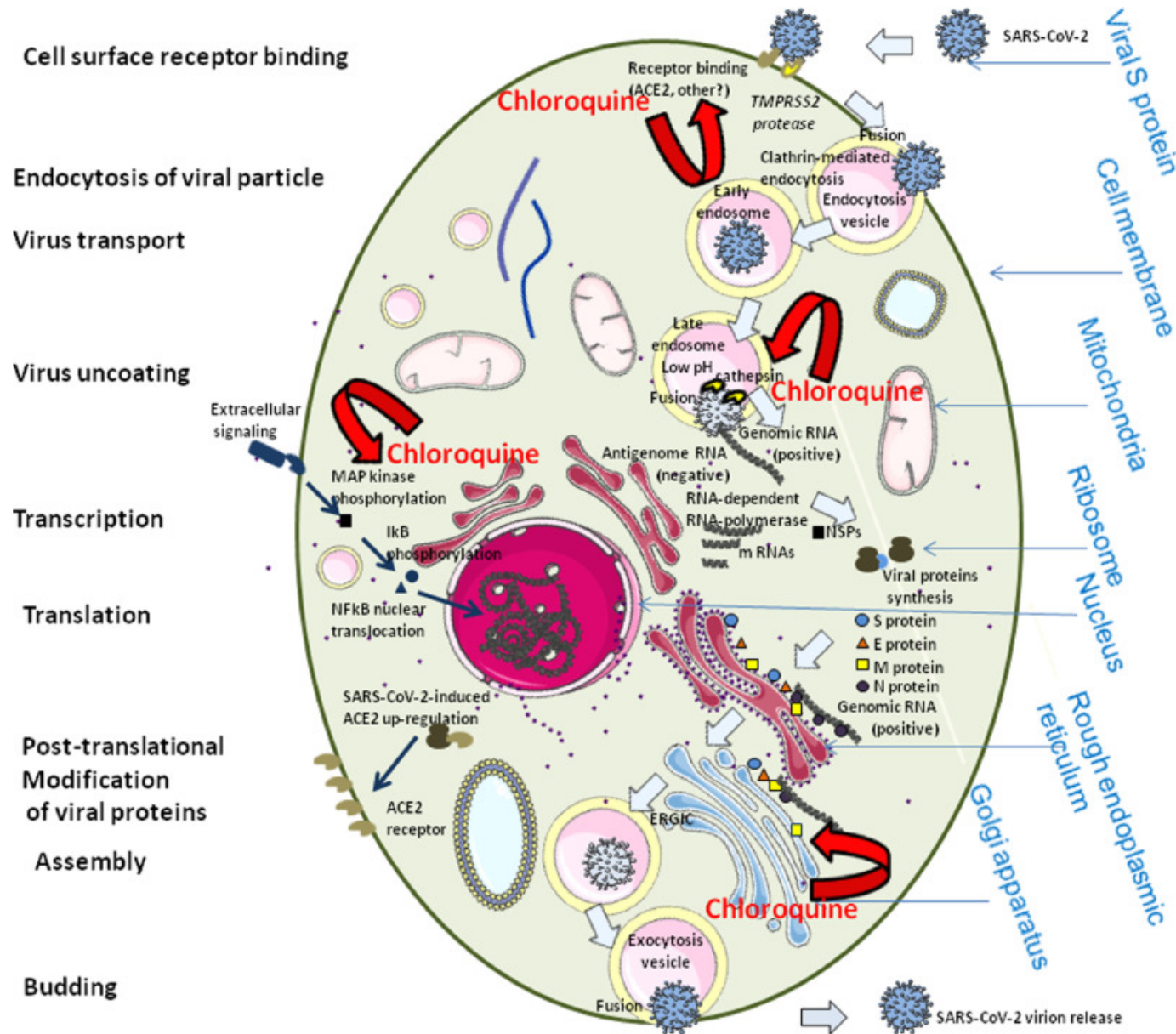


LETTER TO THE EDITOR OPEN

# Remdesivir and chloroquine effectively inhibit the recently emerged novel coronavirus (2019-nCoV) in vitro

Cell Research (2020) 30:269–271; <https://doi.org/10.1038/s41422-020-0282-0>

Our findings reveal that remdesivir and chloroquine are highly effective in the control of 2019-nCoV infection in vitro. Since these compounds have been used in human patients with a safety track record and shown to be effective against various ailments, we suggest that they should be assessed in human patients suffering from the novel coronavirus disease.



# HCQ + Azithromycin: Gautret, IJAA 2020

To this point, Gautret and colleagues recently published their initial experience on the impact of hydroxychloroquine 200 mg by mouth every 8 hours on viral eradication in patients with COVID-19.<sup>20</sup> The authors reported on 36 patients (20 hydroxychloroquine and 16 control) who were COVID-19 positive and able to have nasopharyngeal sampling for the first 6 days of therapy (in the treated arm). The investigators demonstrated that hydroxychloroquine (14/20, 70%) was superior to standard of care (2/16, 12.5%;  $p = 0.001$ ) in eradicating SARS-CoV-2 from the nasopharynx. Interestingly, 6 patients were prescribed azithromycin “to prevent bacterial super-infection” and the investigators found viral eradication was numerically superior in this subgroup (6/6, 100%) compared to those who received hydroxychloroquine alone (8/14, 57%). The authors concluded that azithromycin “reinforced” the SARS-CoV-2 viral load achieved by hydroxychloroquine. While these data are intriguing, certain limitations to this data set must be acknowledged. First, while viral eradication is an important endpoint, the authors did not report clinical outcomes in these patients. Second, the cohort initially contained 26 hydroxychloroquine patients but six of them were removed from the analysis due to early cessation of hydroxychloroquine therapy including three PCR positive patients who were transferred to the ICU, 1 PCR negative patient who passed away, and 1 PCR positive patient who discontinued hydroxychloroquine due to nausea. Finally, the hydroxychloroquine monotherapy arm included patients with significantly higher viral loads, represented by lower cycle threshold ( $C_T$ ) values than those who received combination therapy. If the hydroxychloroquine monotherapy patients with  $C_T$  values  $< 23$  are separated from those with  $C_T$  values  $\geq 23$ , there is a notable discordance in viral eradication rates (1/5, 20% vs. 7/9, 78%), with this latter number approaching the 6/6 demonstrated with hydroxychloroquine and azithromycin combination therapy where all patients had  $C_T$  values  $\geq 23$ . Given this finding, the small numbers in this study, the lack of clinical outcomes presented, the potential for additive toxicity with hydroxychloroquine and azithromycin, and the desperate need to practice good antimicrobial stewardship during the COVID-19 pandemic, we would caution clinicians against using these data to support combination therapy.

Dr. Fauci and the president have publicly disagreed on how long it will take for a coronavirus vaccine to become available and whether an anti-malaria drug, [chloroquine](#), could help those with an acute form of the virus. **Dr. Fauci has made clear that he does not think the drug necessarily holds the potential that Mr. Trump says it does.**

# Prophylactic and therapeutic remdesivir (GS-5734) treatment in the rhesus macaque model of MERS-CoV infection

Emmie de Wit<sup>a,1</sup> , Friederike Feldmann<sup>b</sup>, Jacqueline Cronin<sup>a</sup>, Robert Jordan<sup>c</sup>, Atsushi Okumura<sup>d</sup>, Tina Thomas<sup>a</sup>, Dana Scott<sup>b</sup>, Tomas Cihlar<sup>c</sup>, and Heinz Feldmann<sup>a</sup>

<sup>a</sup>Laboratory of Virology, National Institute of Allergy and Infectious Diseases, NIH, Hamilton, MT 59840; <sup>b</sup>Rocky Mountain Veterinary Branch, National Institute of Allergy and Infectious Diseases, NIH, Hamilton, MT 59840; <sup>c</sup>Biology Department, Gilead Sciences, Foster City, CA 94404; and <sup>d</sup>Center for Infection and Immunity, Mailman School of Public Health, Columbia University, New York, NY 10032

Edited by Michael B. A. Oldstone, Scripps Research Institute, La Jolla, CA, and approved February 7, 2020 (received for review December 16, 2019)

The continued emergence of Middle East Respiratory Syndrome (MERS) cases with a high case fatality rate stresses the need for the availability of effective antiviral treatments. Remdesivir (GS-5734) effectively inhibited MERS coronavirus (MERS-CoV) replication in vitro, and showed efficacy against Severe Acute Respiratory Syndrome (SARS)-CoV in a mouse model. Here, we tested the efficacy of prophylactic and therapeutic remdesivir treatment in a nonhuman primate model of MERS-CoV infection, the rhesus macaque. Prophylactic remdesivir treatment initiated 24 h prior to inoculation completely prevented MERS-CoV–induced clinical disease, strongly inhibited MERS-CoV replication in respiratory tissues, and prevented the formation of lung lesions. Therapeutic remdesivir treatment initiated 12 h postinoculation also provided a clear clinical benefit, with a reduction in clinical signs, reduced virus replication in the lungs, and decreased presence and severity of lung lesions. The data presented here support testing of the efficacy of remdesivir treatment in the context of a MERS clinical trial. It may also be considered for a wider range of coronaviruses, including the currently emerging novel coronavirus 2019-nCoV.

MERS-CoV | antiviral | animal model | remdesivir | therapy

presence of GS-441524, a parent nucleoside that is metabolized into the same active triphosphate metabolite, were still sensitive to higher concentrations of remdesivir, and fitness was impaired in the resistant viruses as compared to wild-type MERS-CoV (9). With these promising data in mind, we tested the prophylactic and therapeutic efficacy of remdesivir treatment in a nonhuman primate model of MERS-CoV infection, the rhesus macaque (10).

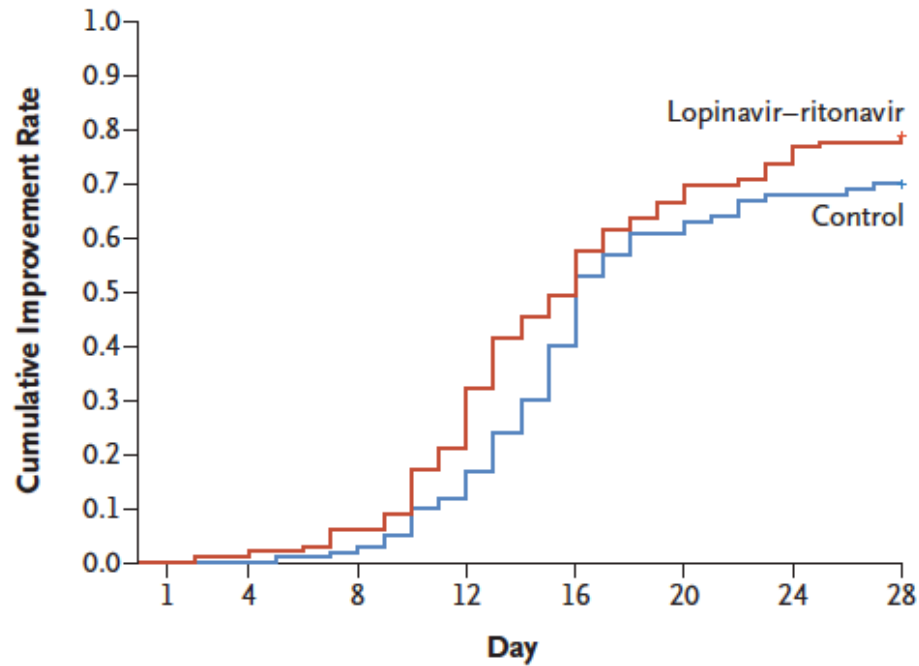
## Results

**Remdesivir Reduces Clinical Signs in Rhesus Macaques upon Prophylactic and Therapeutic Treatment.** To assess the efficacy of remdesivir to alleviate clinical signs of MERS-CoV infection, 18 rhesus macaques were randomly assigned to three groups of six animals. Three animals in the control group were treated with 1 mL/kg vehicle solution 24 h before MERS-CoV inoculation, and three animals were treated at 12 h post MERS-CoV inoculation. Another group of six rhesus macaques was treated prophylactically 24 h before MERS-CoV inoculation with 5 mg/kg remdesivir, and one group of six animals was treated therapeutically at 12 h postinoculation with MERS-CoV with 5 mg/kg remdesivir. Treatment

ORIGINAL ARTICLE

# A Trial of Lopinavir–Ritonavir in Adults Hospitalized with Severe Covid-19

B. Cao, Y. Wang, D. Wen, W. Liu, Jingli Wang, G. Fan, L. Ruan, B. Song, Y. Cai, M. Wei, X. Li, J. Xia, N. Chen, J. Xiang, T. Yu, T. Bai, X. Xie, L. Zhang, C. Li, Y. Yuan, H. Chen, Huadong Li, H. Huang, S. Tu, F. Gong, Y. Liu, Y. Wei, C. Dong, F. Zhou, X. Gu, J. Xu, Z. Liu, Y. Zhang, Hui Li, L. Shang, K. Wang, K. Li, X. Zhou, X. Dong, Z. Qu, S. Lu, X. Hu, S. Ruan, S. Luo, J. Wu, L. Peng, F. Cheng, L. Pan, J. Zou, C. Jia, Juan Wang, X. Liu, S. Wang, X. Wu, Q. Ge, J. He, H. Zhan, F. Qiu, L. Guo, C. Huang, T. Jaki, F.G. Hayden, P.W. Horby, D. Zhang, and C. Wang



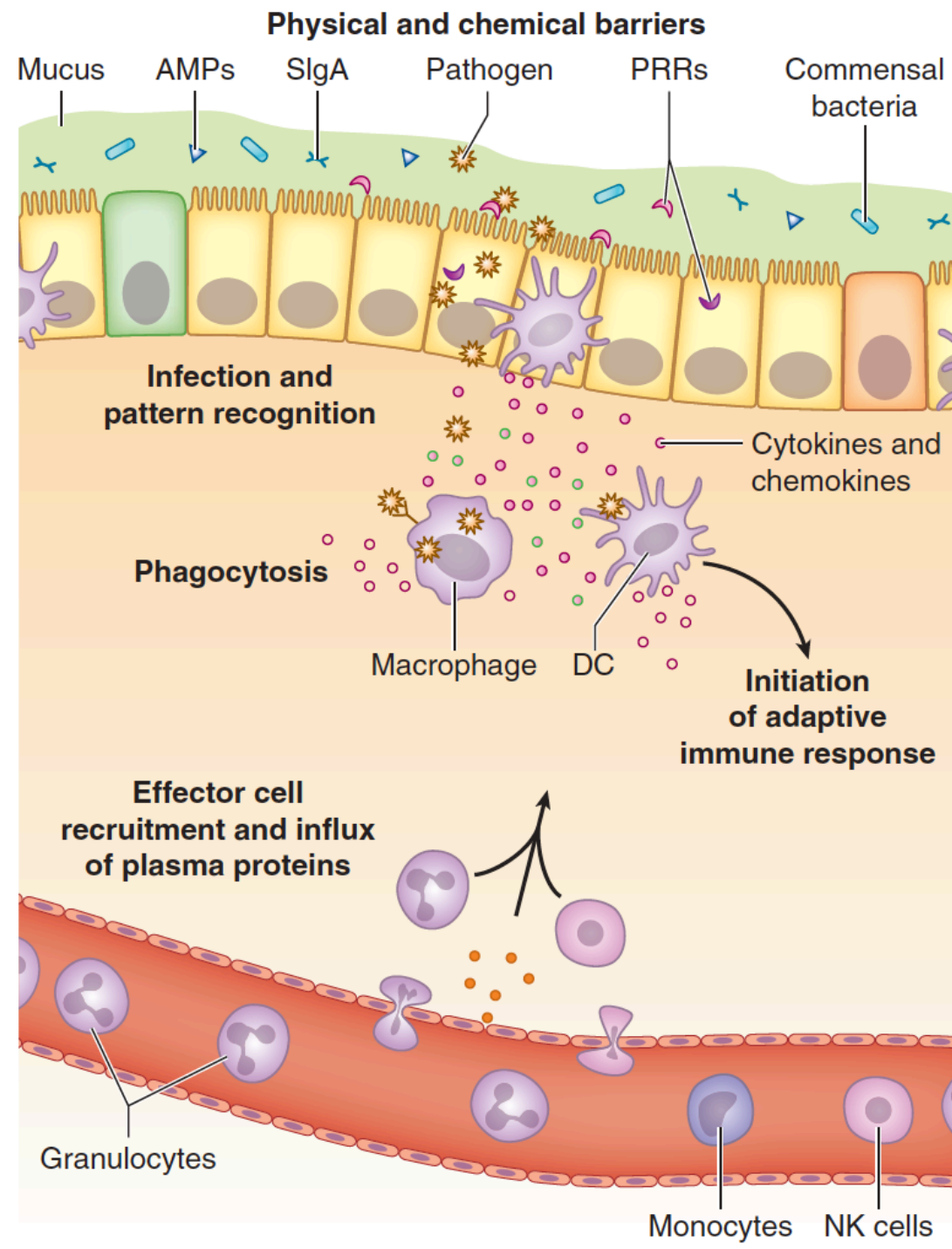
#### No. at Risk

Lopinavir-ritonavir	99	98	93	78	50	33	26	22
Control	100	100	98	88	60	39	32	30

**Figure 2.** Time to Clinical Improvement in the Intention-to-Treat Population.

In conclusion, we found that lopinavir-ritonavir treatment did not significantly accelerate clinical improvement, reduce mortality, or diminish throat viral RNA detectability in patients with serious Covid-19. These early data should inform future studies to assess this and other medication in the treatment of infection with SARS-CoV-2. Whether combining lopinavir-ritonavir with other antiviral agents, as has been done in SARS<sup>5,20</sup> and is being studied in MERS-CoV,<sup>15</sup> might en-

**Klorokin + Kaletra  
kullanılması için veri yok  
Ama eklenebilir?**





Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

## Interim Recommendations for the use of Tocilizumab in the Management of Patients who have Severe COVID-19 with Suspected Hyperinflammation

This document is intended for use by healthcare professionals only.

The recommendations are specific to the management of Patients with confirmed Severe COVID-19 with Suspected Hyperinflammation. While the recommendations are intended to strengthen clinical management of these patients they do not replace clinical judgment or specialist consultation.

Protocol: Interim Recommendations for the use of Tocilizumab in the Management of Patients who have Severe COVID-19 with Suspected Hyperinflammation		Published: 20 Mar 2020 Review: 30 Apr 2020	Version number: 1.0
Protocol Code: COVID19-TOCILIZUMAB	Approved by: Dr Vida Hamilton, HSE National Clinical Advisor and Group Lead, Acute Hospitals	Contributors: Prof C Bergin, N Conlon, A O'Leary, R Adams, F King, P Gilvarry.	Page 1 of 14
Any clinician seeking to apply or consult these documents is expected to use independent medical judgement in the context of individual clinical circumstances to determine any patient's care or treatment. Use of these documents is the responsibility of the prescribing clinician and is subject to HSE's terms of use available at <a href="http://www.hse.ie/eng/Disclaimer">http://www.hse.ie/eng/Disclaimer</a> This information is valid only on the day of printing, for any updates please check: <a href="https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/guidance/guidanceforhealthcareworkers/">https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/guidance/guidanceforhealthcareworkers/</a>			


**Table 1 - Summary of evidence for tocilizumab in COVID-19**


Study Title (location)	Methodology	Population	Outcome assessed	Efficacy data	Reference
Analysis of clinical features of 29 patients with 2019 novel coronavirus pneumonia (China) <sup>16</sup>	Retrospective observational analysis of chart data.  Intervention: tocilizumab	Patients (n=29) were stratified into three groups according to degree of severity: mild (15 cases), severe (9 cases) and critical (5 cases).	To analyse the clinical characteristics of 2019 novel coronavirus (2019-nCoV) pneumonia and to investigate the correlation between serum inflammatory cytokines and severity of the disease.	There were statistically significant differences in the expression levels of interleukin-2 receptor (IL-2R) and IL-6 in the serum of the three groups ( $P<0.05$ ), among which the critical group was higher than the severe group and the severe group was higher than the mild group. The authors claim that the increased expression of IL-2R and IL-6 in serum is expected to predict the severity of the 2019-nCoV pneumonia and the prognosis of patients. However, patient numbers in this study are small. No criteria were provided to define severity in COVID-19. Baseline and change in IL-6 levels were not presented in the publication. No a priori definition was provided which defined magnitude or range of IL-6 to be measured. The study has not been peer-reviewed.	Chen L, Liu HG, Liu W, Liu J, Liu K, Shang J, et al. [Analysis of clinical features of 29 patients with 2019 novel coronavirus pneumonia]. <sup>16</sup>
Effective Treatment of Severe COVID-19 Patients with Tocilizumab (China) <sup>17</sup>	Retrospective observational analysis of chart data.  Intervention: tocilizumab 400mg once as an IV infusion. (Note: n =3/21 had a second dose within 12 hours)  All patients were treated with standard of care prior to initiation of tocilizumab which included lopinavir, methylprednisolone, other supportive therapies and oxygen therapy.	Patients (n=20) diagnosed as severe or critical COVID-19. Severity was defined if any of the following conditions was met: (1) respiratory rate $\geq 30$ breaths/min; (2) SpO <sub>2</sub> $\leq 93\%$ while breathing room air; (3) PaO <sub>2</sub> /FiO <sub>2</sub> $\leq 300$ mmHg. A critical case was diagnosed if any of: (1) respiratory failure which requiring mechanical ventilation; (2) shock; (3) combined with other organ failure, need to be admitted to ICU	To retrospectively analyse the changes of clinical manifestations, CT scans, and laboratory examinations.	Preliminary data was reported from a small study demonstrated that 15 of the 20 patients reduced their oxygen therapy and one patient did not require oxygen therapy following treatment with tocilizumab. The body temperature of all patients returned to normal on the first day after receiving tocilizumab and remained stable then after. The authors report that inflammatory markers including CRP, lymphocytes all normalised or decreased significantly. In total nineteen patients (90.5%) have been discharged on average 13.5 days after the treatment with tocilizumab. The study has not been peer-reviewed. The study sample is small. Patients were also being treated with other therapies during the study including lopinavir which may have contributed to the positive outcomes. It is noted that based on these results, China recently updated its COVID-19 treatment guidelines, approving the use of tocilizumab to treat patients with severe or critical disease	Xu X, Han M, Li T, Sun W, Wang D, Fu B, et al. Effective Treatment of Severe Covid-19 Patients with Tocilizumab. ChinaXiv [Internet]. 2020 Mar 5 [cited 2020 Mar 16]; Available from: <a href="https://www.ser.es/wp-content/uploads/2020/03/TCZ-and-COVID-19.pdf">https://www.ser.es/wp-content/uploads/2020/03/TCZ-and-COVID-19.pdf</a> <sup>17</sup>

## Technical Appendix 2:H Score







The H score generates a probability for the presence of secondary haemophagocytic lymphohistiocytosis (sHLH). HScores greater than 169 are 93% sensitive and 86% specific for HLH. Note that bone marrow haemophagocytosis is not mandatory for a diagnosis of HLH. HScores can be calculated using an online HScore calculator which is available at <http://saintantoine.aphp.fr/score/>

### HScore for secondary HLH, by clinical parameter

**Hôpital  
Saint-Antoine  
AP-HP**

ASSISTANCE  
PUBLIQUEHÔPITAUX  
DE PARIS

Saisissez un mot ou une expression

 L'hôpital ▾ Consultations ▾ Espace patient ▾ Prendre rdv en ligne Venir à l'hôpital ▾ Payez en ligne

### Score

Known underlying immunodepression	----Select ---- ▾
Maximal Temperature (C)	----Select ---- ▾
Hepatomegaly	----Select ---- ▾
Splenomegaly	----Select ---- ▾
Lower Hemoglobin level	----Select ---- ▾
Lower Leucocytes count	----Select ---- ▾

1. Immunsüpresyon
2. Sıcaklık
3. Hepatomegali
4. Splenomegali
5. Hb
6. Düşük lökosit sayısı
7. Düşük trombosit
8. Yüksek ferritin
9. Yüksek trigliserid
- 10.Yüksek AST/ALT
- 11.Hemofagositoz

## IL-6 Testi ve Tocilizumab

1. IL-6 testi kimlere yapılmalı?
2. Tocilizumab ne zaman verilmeli
  - $3x > \text{IL-6}$  veya  $>300$  (üst sınır 9)
  - Artış olması
  - Başka parametrelerle birlikte

# Yararı Olmadığı Düşünülen İlaçlar

Ribavirin

Interferonlar

Oseltamivir: nörominidazı kullanmıyor

Baloxavir

**COVID-19 Treatment: A Review of Early and Emerging Options**

Erin K. McCreary, PharmD, BCPS, BCIDP<sup>1,#</sup> and Jason M. Pogue, PharmD, BCPS, BCIDP<sup>2</sup> on behalf of the Society of Infectious Diseases Pharmacists

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2. Department of Clinical Pharmacy, University of Michigan College of Pharmacy, Ann Arbor, MI, USA