Strategies to Implement AMS

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How to implement

- 1- Engage
- 2- Educate
- 3- Execute
- 4- Evaluate
- **5- Provide Feedback**

Modified from Klompas M, et al. ICHE 2014;35:S133-S154

Engage Develop a multidisciplinary team

Setting goals, define steps and monitor progress.

Programs developed by multidisciplinary teams increase adherence

Include core representatives (including residents)

Include external experts (e-g-, pharmacists)

Engage Involve local champions

- Identify local champions, including informal leaders
- Local champions engage stakeholders, encourage improvement
- Local champions match local culture

Engage Utilize peer networks

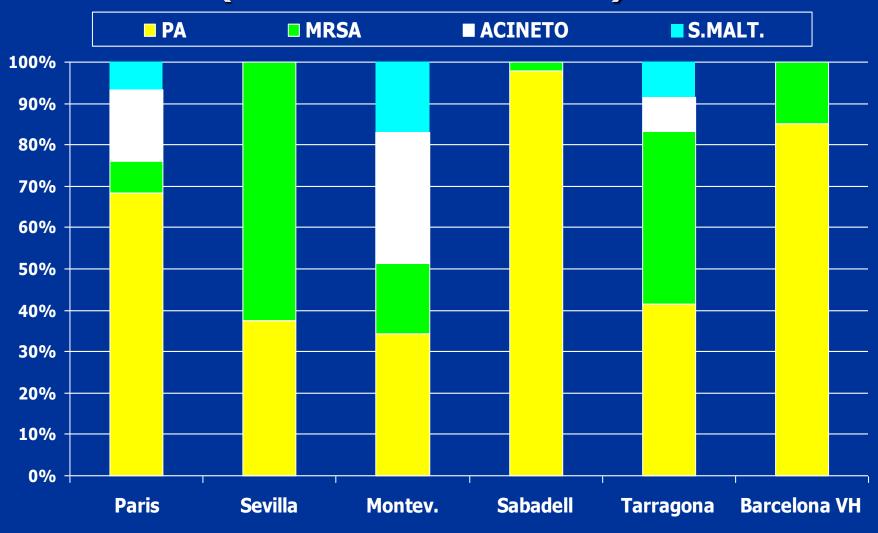
- Horizontal networking of peers across hospitals increase compliance with evidence-based best practices
- Voluntary peer networks increase compliance to specific goals
- Comparing process and benchmark help to understand local strenghts and weaknesses

Educate Provide local information

- Clinicians should know expected organisms identified in surveillance programmes
- It includes main mechanisms of resistance
- Focus on ESKAPE organims

PREDICTING CAUSATIVE ORGANISM

(>7 DAYS + PRIOR ATB)



Modified from RELLO J et al. AJRCCM 1999;160:608-613

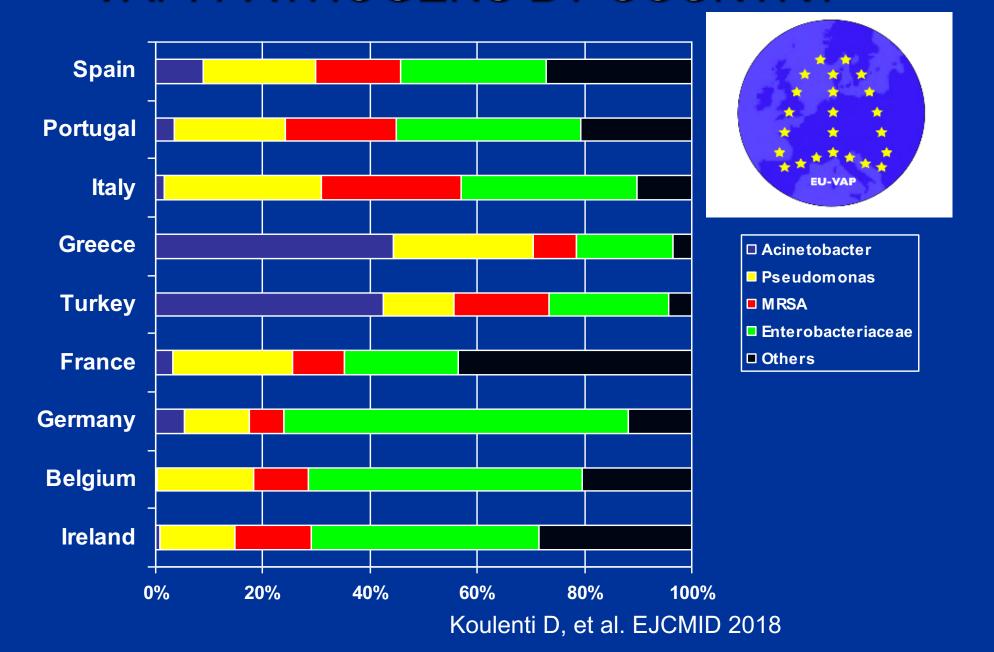
Educate Provide educations sessions

- Help summarize evidence, explain new processes and encourage to adopt recommended practices.
- It includes workshops, hand-on trainings, confeences, slide presentations and interactive discussions.
- Both local champions and topic experts should be involved

Educate Educational sessions

- They should be informative and relevant to the learner.
- It is important to have multidisciplinary educational programmes customized for different specialities and countries
- Both local champions and topic experts should be involved!

VAP: PATHOGENS BY COUNTRY



Educate Provide educational materials

- Material should summarize evidence, support self-study, and remind staff about new practices
- Include pocket cards, brochures, posters, fact sheets, daily guides, CPG sumaries, flow sheets and 1-page bulletins.
- Local material is important

REVIEW

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Therapy of ventilator-associated pneumonia

A patient-based approach based on the ten rules of "The Tarragona Strategy"

Tarragona Strategy

- 1. Start antibiotic therapy immediately
- 2. Antibiotic choice can be targeted, in same cases, on staining
- 3. Modify prescription in light of microbiologic findings
- 4. Prolonging antibiotics does not prevent recurrence
- 5. Patients with COPD or 1 wk of intubation should receive combination therapy risk of *P. aeruginosa* VAP
- 6. MRSA not expected in absence of ATB exposure; MSSA strongly suspected in comatose patients
- 7. Therapy against yeast is not required
- 8. Vancomycin administration for Gram-positive pneumonias associated with very poor outcomes
- 9. Choice of agent should avoid agents with previous patient exposure
- 10. Guidelines regularly updated and customized





Education

II. Is Didactic Education a Useful Antibiotic Stewardship Intervention for Reducing Inappropriate Antibiotic Use?

Recommendation

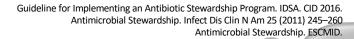
2. We suggest against relying solely on didactic educational materials for stewardship (weak recommendation, low-quality evidence).

Table 7. The Golden Rules of Antimicrobial Prescribing "MINDME".

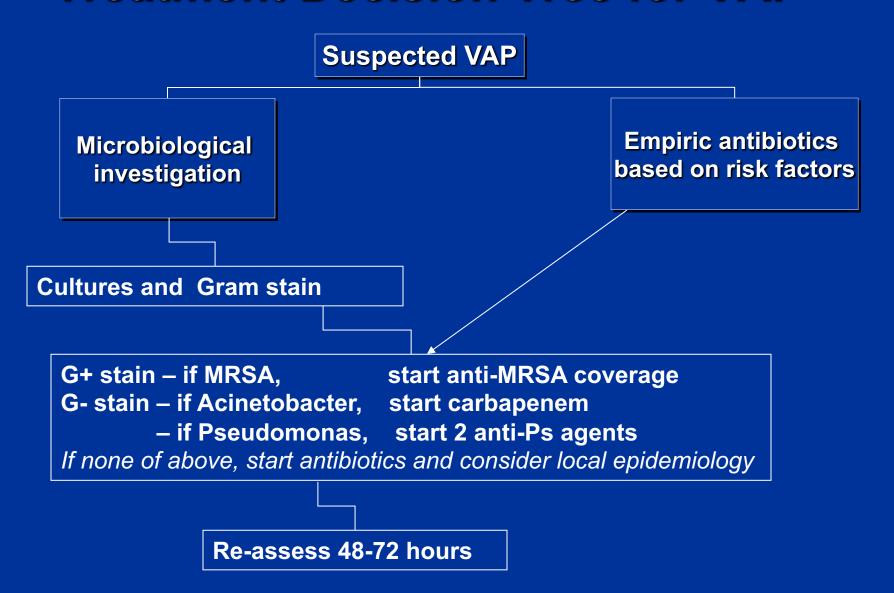
- Microbiology guides therapy wherever possible
- Indications should be evidence based
- N Narrowest spectrum required
- Dosage appropriate to the site and type of infection
- M Minimise duration of therapy
- Ensure monotherapy in most cases

Adapted from Antibiotic Expert Group. Therapeutic guidelines: antibiotic. Version 14. Melbourne: Therapeutic Guidelines Limited; 2010.





Treatment Decision Tree for VAP



Rello J and E Diaz. Crit Care Med. 2003: 31; 2544-2551.

Execute Standardize care processes

- Daily multidisciplinary rounds are widely advocated
- Rounds should follow a structured format
- Include discussion on patients' goals, what resource or actions are required and identification of potential barriers or safety issues.

Tarragona Strategy

- Key questions to address:
 - when to start antibiotics
 - how microbiological tests determine antibiotic changes (de-escalate)
 - dose and duration
 - what microorganisms should be covered
 - the choice of the initial agent

Execute Create Redundancy

- Build redundancy or independent checks into delivery processes to remind staff about new practices
- Daily goals in patients rooms and pre-printed checklists.
- Automatic request for re-assessment within 72 hours and 1 week

Execute Antibiotic Care Bundles

State of the Art of Antimicrobial Stewardship

- Group of key evidence-based or logical actions
- If delivered together, have a greater clinical impact than if delivered individually
- Could serve as the pillars of any antibiotic stewardship program

Implement Antibiotic Care Bundles

Optimal Dose

- Critically ill Patients
 - Increased frequency of hepatic and renal dysfunction
 - Unrecognized immune dyfunction
 - Predisposition resistant organisms
 - **□** INCREASED VOLUME OF DISTRIBUTION
 - Suboptimal drug levels
 - Higher dose of ATB

Antibiotic Care Bundles

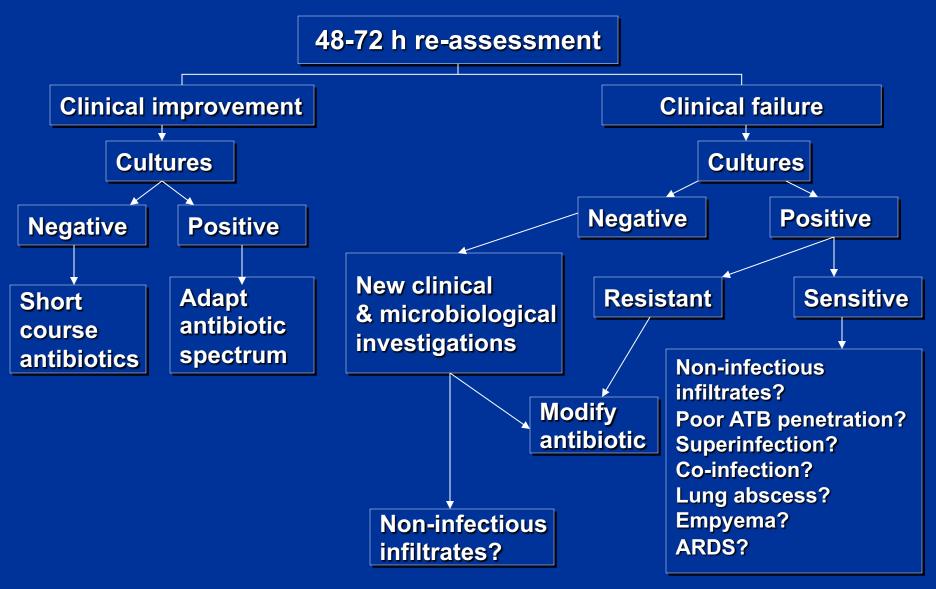
- 1. Clinical Rational
- 2. Cultures
- 3. APPROPRIATE ATB

- 4. ADEQUATE ATB
- Focus control



6. RE-EVALUATE 24-48H

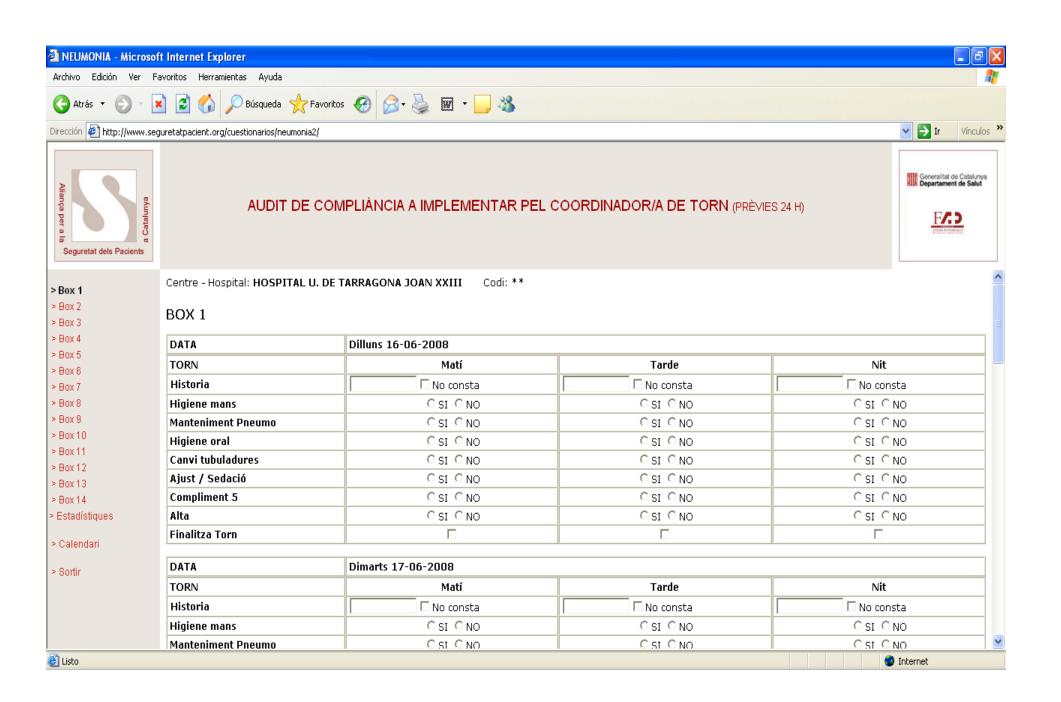
Treatment Decision Tree for VAP



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Evaluate Measure Performance

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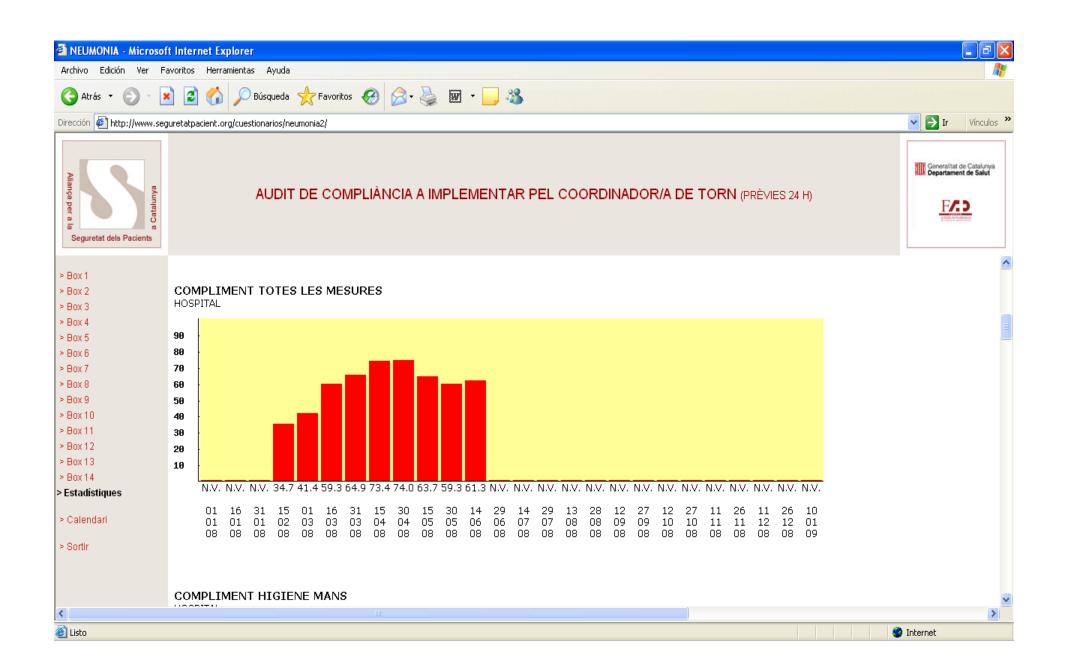


Evaluate Measure Performance

- Use frequent formal and informal audits of clinical practice.
- Measuring process and outcomes rewards changes in behavior
- Evaluating performance provides an ongoing, real-time image of implementation
- Aras of por compliance can be rapidly identified and rectified
- Gain additional insights into barriers to implementation.
- Use your analyses to develop strategies and to improve practice

Provide feedback

- It can be provided via emails, displays or during meetings
- It helps to maintain staff motivation and can boost adherence to new processes.
- Helps to appreciate how efforts impact performance (rates) and patients' outcomes
- It helps pinpoint new areas for improvement
- It marks successful transitions to new standards of care

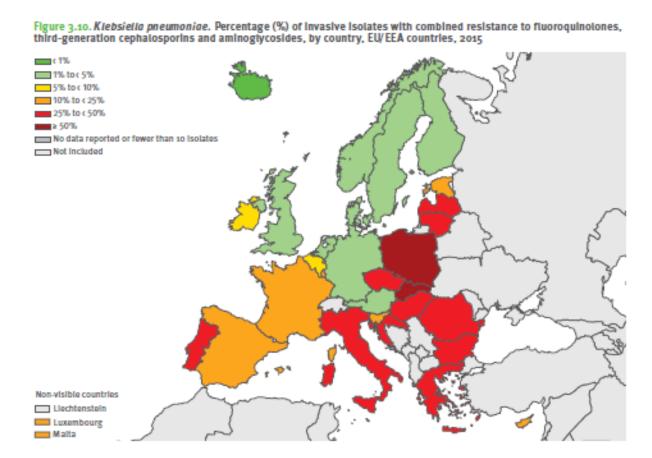


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Antimicrobial Stewardship













Teşekkür ederim

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