



MİKROBİYOTA NEREDEYİZ??

Prof. Dr. Ener Çağrı DİNLEYİCİ
Eskişehir Osmangazi Üniversitesi Tıp Fakültesi
Çocuk Sağlığı ve Hastalıkları Anabilim Dalı

KLİMİK
15 MART 2019, ANTALYA



PROBAGE STUDY GROUP





MİKROBİYOTA



29 Nisan 2018



5 Ekim 2018



MİKROBİYOTA ÇALIŞMALARI

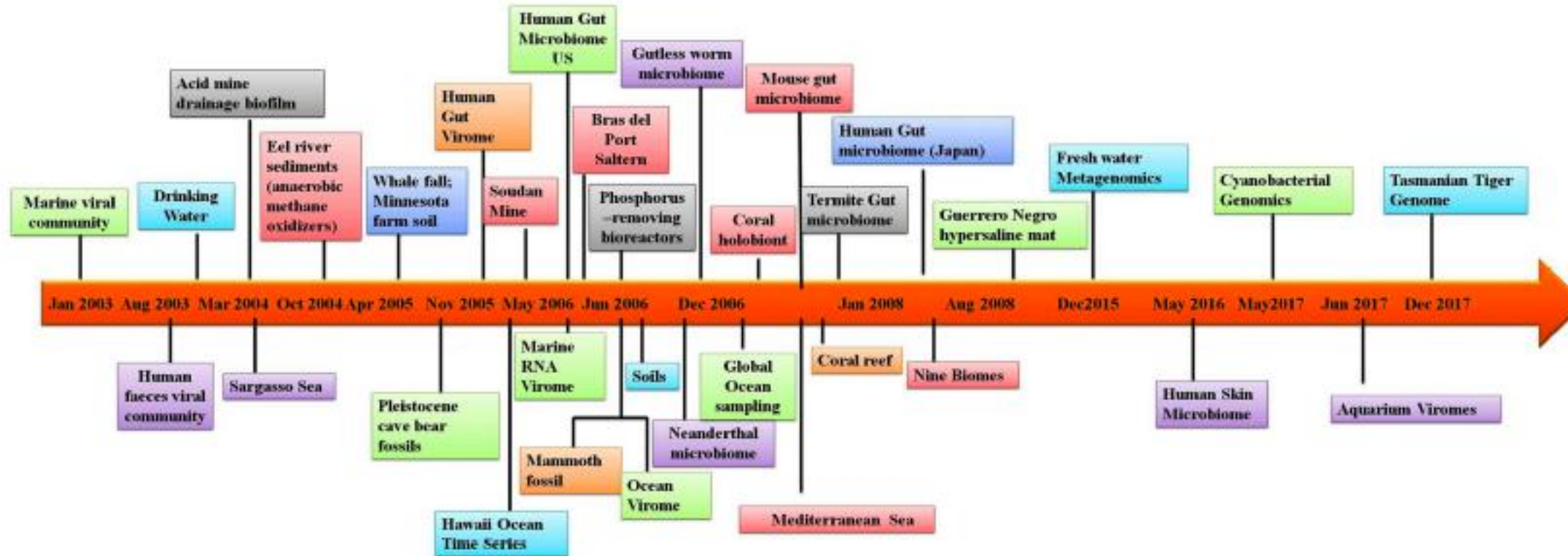


FIGURE 1 | Timeline of the sequence-based metagenomic projects showing the variety of the environmental samples.





MİKROBİYOTA ÇALIŞMALARI

Microbiome IN NUMBERS

100 Trillion

sybiotic microbes live in and on every person and make up the human microbiota

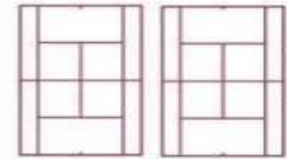
The human body has more microbes than there are stars in the milky way

95%

of our microbiota is located in the GI tract

150:1

The genes in your microbiome outnumber the genes in our genome by about 150 to one



The surface area of the **GI tract** is the same size as 2 tennis courts

You have

1.3X

more microbes than human cells

>10,000

Number of different microbial species that researchers have identified living in and on the human body

2kg

The gut microbiota can weigh up to 2Kg

aps
Microbiome
Ireland

Interfacing Food & Medicine

The microbiome is more medically accessible and manipulable than the human genome

90%

It is thought that

of disease can be linked in some way back to the gut and health of the microbiome

5:1

Viruses:Bacteria
in the gut microbiota

2.5

The number of times your body's microbes would circle the earth if positioned end to end



Each individual has a unique gut **microbiota**, as personal as a fingerprint





MİKROBİYOTA ÇALIŞMALARI



 **frontiers**
in Immunology

REVIEW
published: 07 January 2019
doi: 10.3389/fimmu.2018.02868



Exploring the Human Microbiome: The Potential Future Role of Next-Generation Sequencing in Disease Diagnosis and Treatment

Muneer Ahmad Malla¹, Anamika Dubey², Ashwani Kumar^{2}, Shweta Yadav¹,
Abeer Hashem^{3,4} and Elsayed Fathi Abd_Allah⁵*



HEDEF SAĞLIKLI MİKROBİYOTA

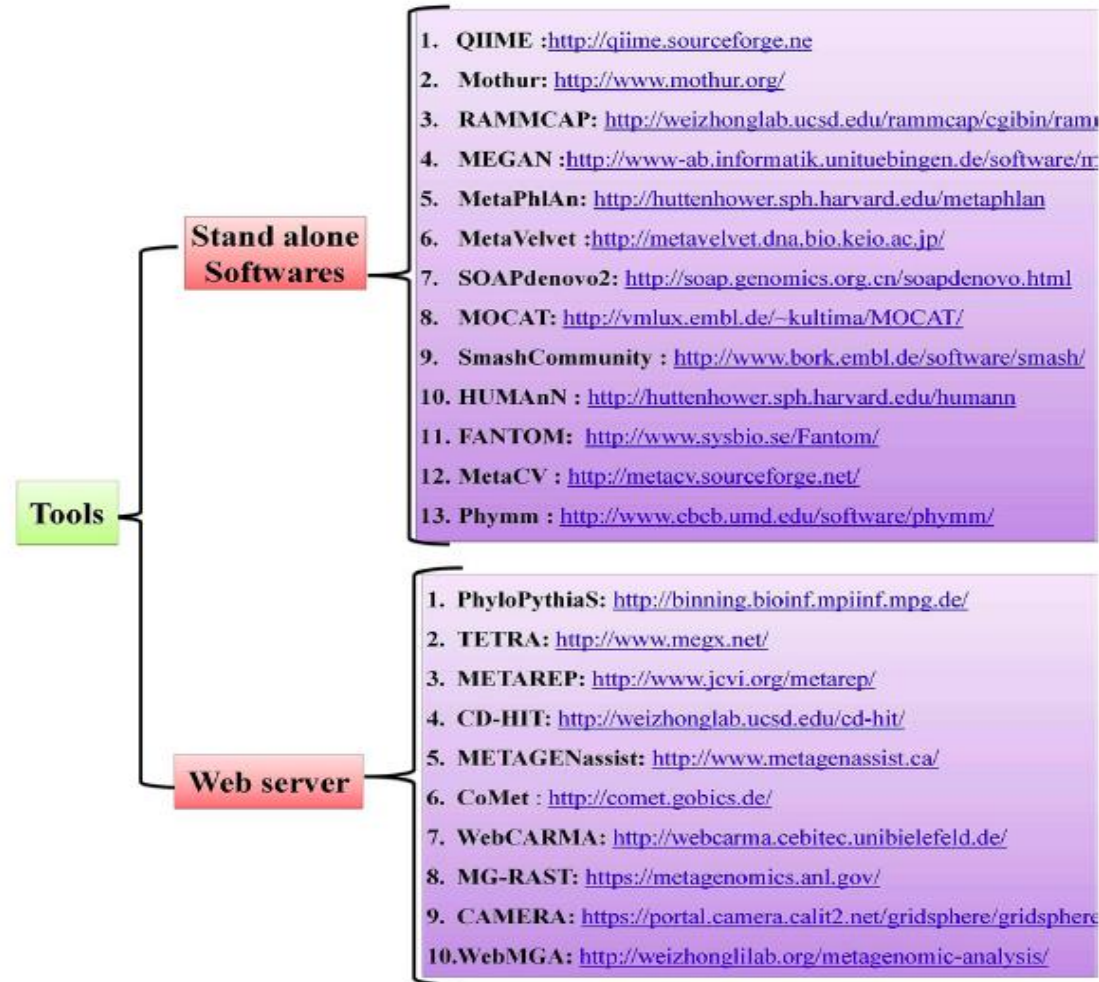
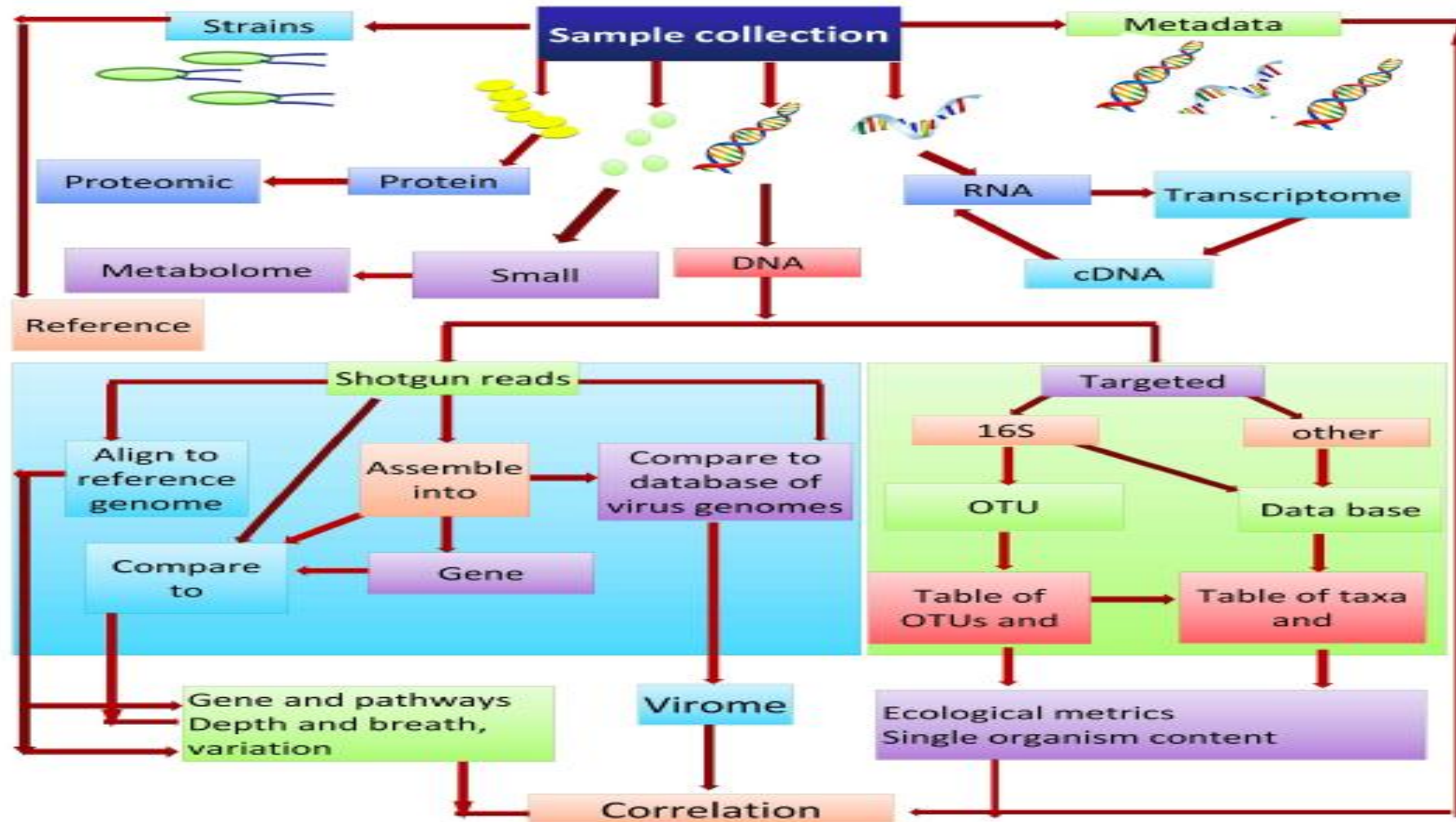


FIGURE 2 | Tools and web servers related to gut microbiome studies.

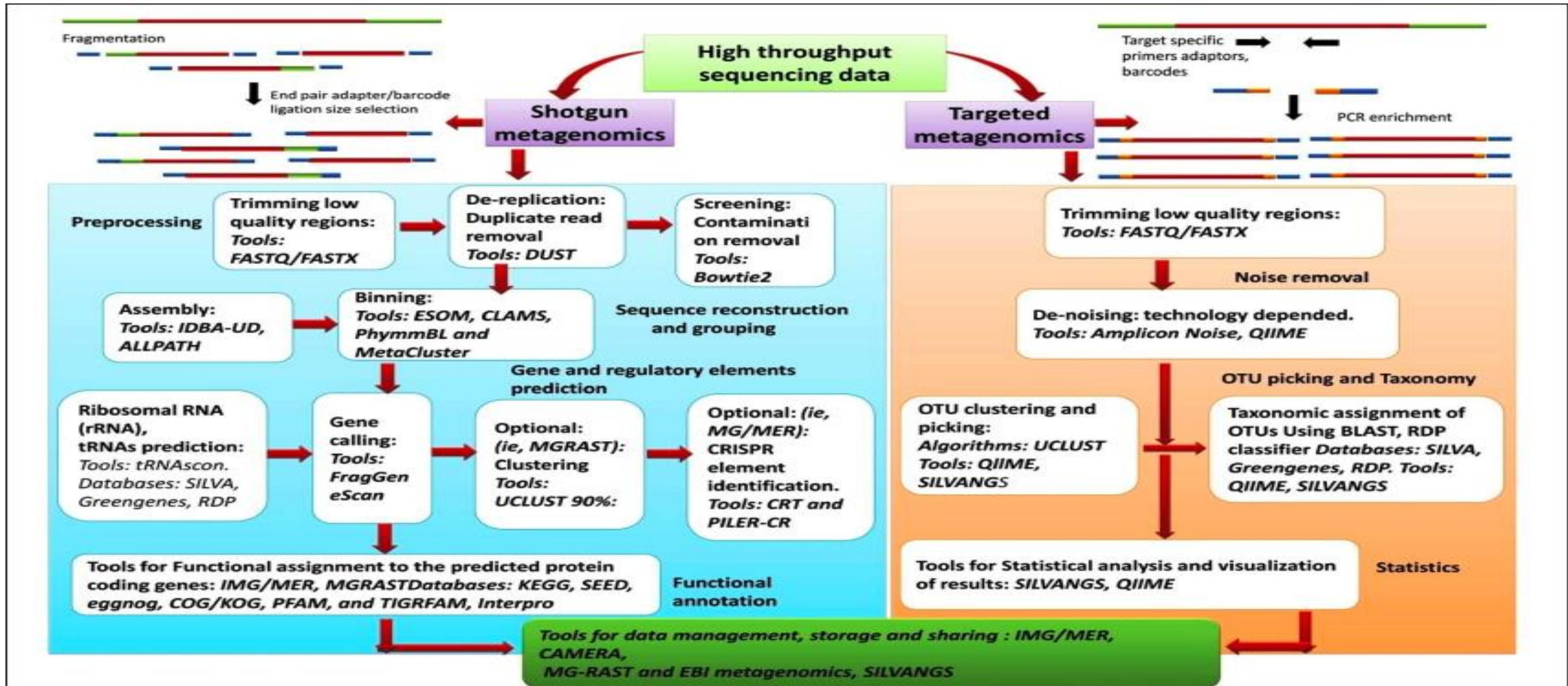


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HEDEF SAĞLIKLI MİKROBİYOTA





MİKROBİYOTA ANALİZ?



Digestive Diseases and Sciences

<https://doi.org/10.1007/s10620-018-5299-6>

INVITED REVIEW

Clinician Guide to Microbiome Testing

Christopher Staley^{1,2}  · Thomas Kaiser^{1,2} · Alexander Khoruts^{2,3}

Received: 16 July 2018 / Accepted: 19 September 2018

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AMERICAN GUT



What it does: This crowd funded research project sequences 16S rRNA — an RNA subunit that's purportedly helpful for identifying bacteria and archaea (single-cell microorganisms).

Results are shared anonymously in open repositories to help further microbiome research around the world.



Price: \$99



Where to find it: AmericanGut.org



What you get: A report on which bacteria and archaea are present, and how your microbiome compares to the 10,000-plus others in the project database. You'll also receive information on how your diet and lifestyle might contribute to your microbiome makeup.



Notes: It takes four to six weeks to receive your testing kit, and up to three months to get results — by which point your microbiome may have changed significantly, depending on any changes in your diet or lifestyle.

BIOHM



What it does: Sequences the genes of both the bacteria and fungi in your gut at a genus and species level. A candida specific test is also available.



Price: \$135



Where to find it: BiohmHealth.com



What you get: A profile of your gut makeup, and comparison to normal levels of bacterial strains from the NIH Human Microbiome Project and/or fungal strains from Case Western Reserve University School of Medicine.



Notes: For an additional fee, you can receive diet and lifestyle recommendations from a registered nutritionist. Biohm also sells their own line of probiotics.



MİKROBİYOTA ANALİZ?



DAYTWO



What it does: Geared toward people with diabetes and prediabetes, DayTwo uses a stool test to sequence the DNA of your microbiome, and a blood test to measure HbA1C, which provides an idea of blood sugar levels on average.



Price: \$349



Where to find it: DayTwo.com



What you get: A profile of your microbiome composition and diversity, and a Personalized Nutrition App dedicated to helping you manage your blood sugar levels via customized advice on foods to avoid and meal and snack recommendations.



Notes: The tests and personalized plans are based on a five-year clinical research project licensed from Weizmann Institute of Science.

THRYVE



What it does: Like American Gut, it uses 16S rRNA sequencing to sequence your microbiome down to a species level.



Price: \$105



Where to find it: ThryveInside.com



What you get: A rundown of which healthy bacteria are low and which pathogens are high, and a "wellness score" based on how your results compare to data from the American Gut Project. You'll also get personalized daily dietary and supplement recommendations.



Notes: Thryve sells probiotics (\$42/bottle) for gut health, general health, weight management, and immune support, which they deliver on ice in the summer.



MİKROBİYOTA ANALİZ?



UBIOME



What it does: Sequences the DNA of your gut microbes to identify pathogens associated with conditions like [Irritable Bowel Syndrome \(IBS\)](#) and Crohn's Disease.



Price: \$89-\$399



Where to find it: uBiome.com



What you get: You'll get a breakdown of the pathogens and commensal bacteria in your microbiome, how your biome compares to the company's database of 150,000+ samples, and an overview of how well it's functioning.



Notes: uBiome also offers SmartGut, a physician-ordered test that might be covered by insurance. Your doctor will receive a clinical report on your microbiome and possible links to specific infections and gut conditions.

VIOME



What it does: Uses metatranscriptomic analysis to sequence all the RNA in your stool and identify all living gut microorganisms (bacteria, viruses, bacteriophages, archaea, fungi, yeast, parasites, etc.) at a species and strain level.



Price: \$399



Where to find it: Viome.com



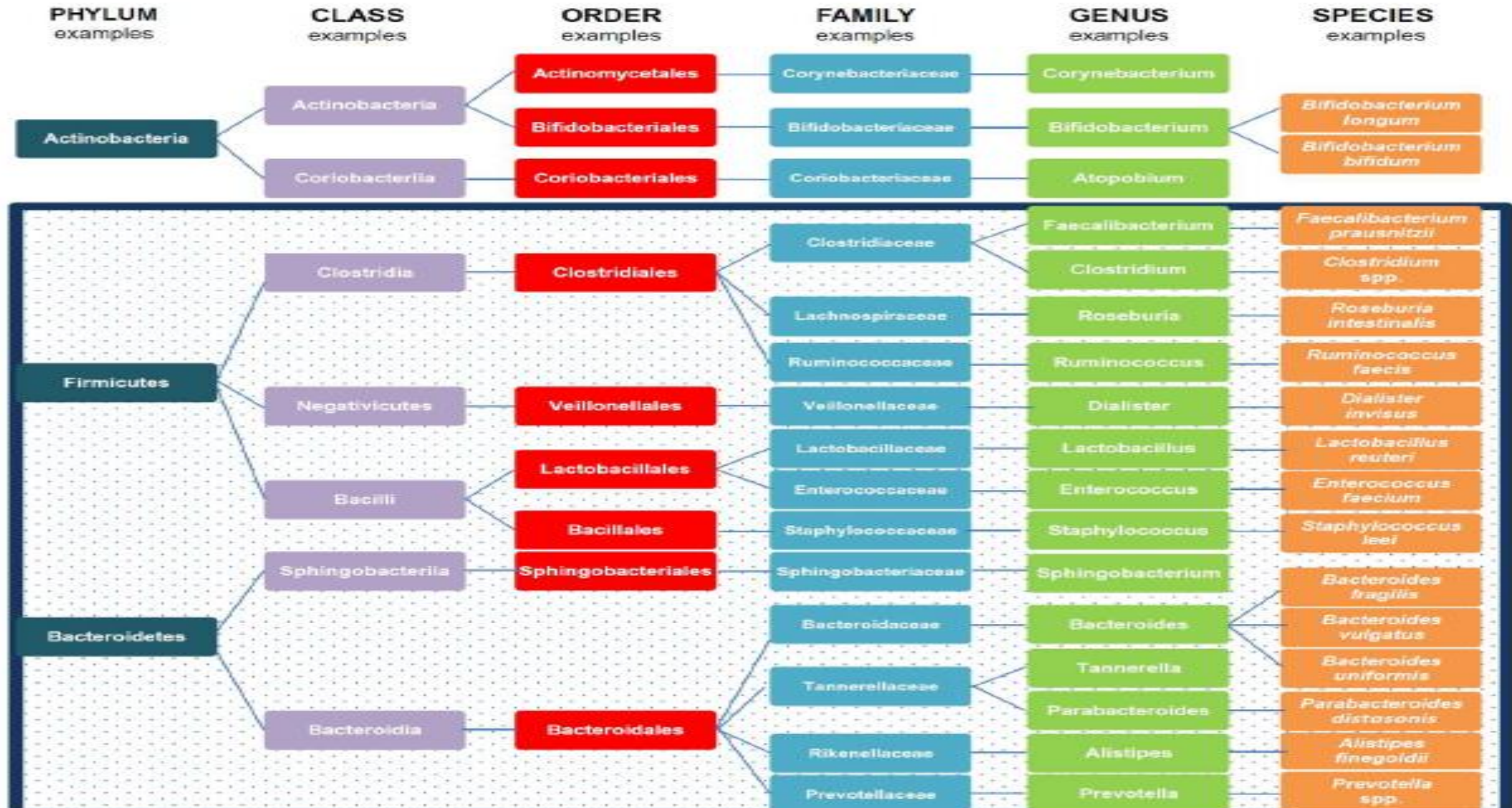
What you get: A gut score (health of your microbiome), metabolic score (fitness and nutrition level), and body score (overall shape and lifestyle choices) based on your results and findings from peer-reviewed articles.



Notes: Viome also measures the metabolites your microbes produce after you've eaten, then offers personalized food and nutrition plans for minimizing production of harmful metabolites and maximizing production of beneficial ones.



Review





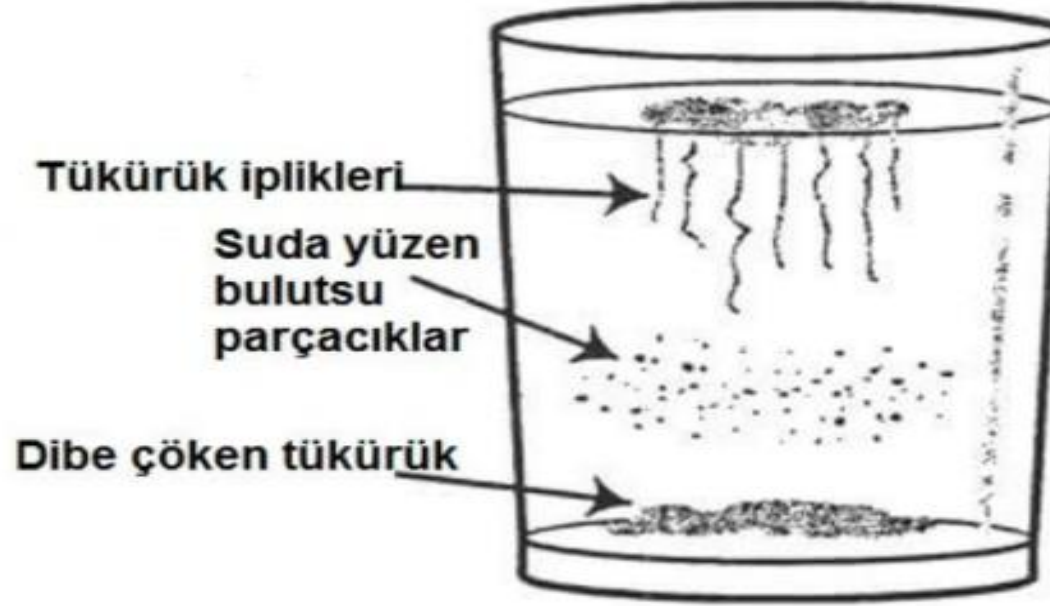
MİKROBİYOTA ANALİZ?





MİKROBİYOTA

GAYTADA CANDIDA ARTIŞI??



Bağırsaklarınızda Candida (*Candida albicans*) maya mantarının arttığını basit bir test yardımıyla anlayabilirsiniz. Sabah uyandığınızda aç karnına, dişlerinizi fırçalamadan ve ağzınızı çalkalamadan önce, cam bardağı 2/3'ü kadar içme suyu ile doldurun ve suya tükürün. Bunu 15 dakika izleyin. Eğer tükürük suyun üstünde kalıyorsa, sağlıklı bağırsak florasına sahipsiniz demek oluyor. Eğer tükürük dibe çöküyorsa, saçak gibi aşağıya iniyorsa veya kar yağmış gibi oluyorsa ya da suya rakı konmuş gibi bulanıyorsa candida maya mantarı bağırsak floranızı bozmuş anlamına geliyor.



MİKROBİYOTA CANDIDA?



Cell Log in

ARTICLE | VOLUME 176, ISSUE 6, P1340-1355.E15, MARCH 07, 2019

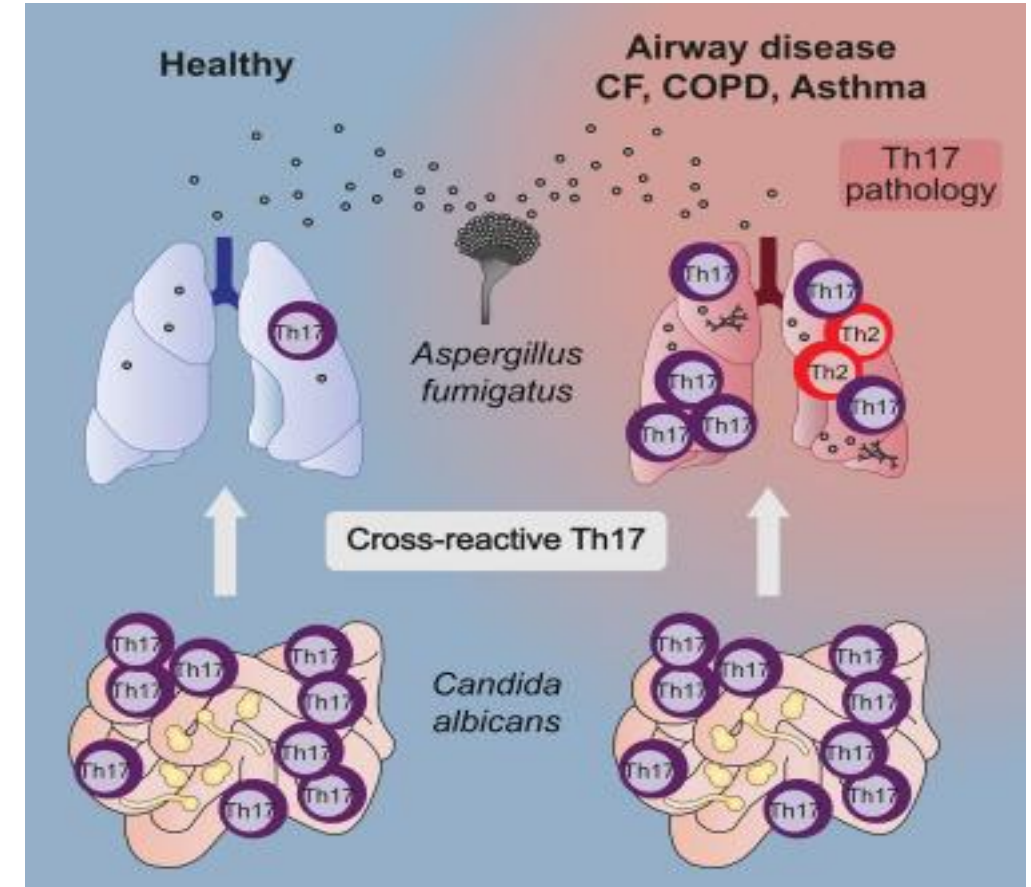
Purchase

Human Anti-fungal Th17 Immunity and Pathology Rely on Cross-Reactivity against *Candida albicans*

Petra Bacher • Thordis Hohnstein • Eva Beerbaum • Marie Röcker • Matthew G. Blango • Svenja Kaufmann • Jobst Röhmle • Patience Eschenhagen • Claudia Grehn • Kathrin Seidel • Volker Rickerts • Laura Lozza • Ulrik Stervbo • Mikalai Nienen • Nina Babel • Julia Milleck • Mario Assenmacher • Oliver A. Cornely • Maren Ziegler • Hilmar Wisplinghoff • Guido Heine • Margitta Worm • Britta Siegmund • Jochen Maul • Petra Creutz • Christoph Tabeling • Christoph Ruwwe-Glösenkamp • Leif E. Sander • Christoph Knosalla • Sascha Brunke • Bernhard Hube • Olaf Kniemeyer • Axel A. Brakhage • Carsten Schwarz • Alexander Scheffold

25 • Show less • Show footnotes

Published: February 21, 2019 • DOI: <https://doi.org/10.1016/j.cell.2019.01.041> • Check for updates





MİKROBİYOTA 2019



IN VIVO? IN VITRO? IN FIMO?

Accepted Manuscript



"In Fimo": A Term Proposed for Excrement Examined Experimentally

Aadra P. Bhatt, Luca Grillo, Matthew R. Redinbo

PII: S0016-5085(18)35403-9

DOI: <https://doi.org/10.1053/j.gastro.2018.11.070>

Reference: YGAST 62318

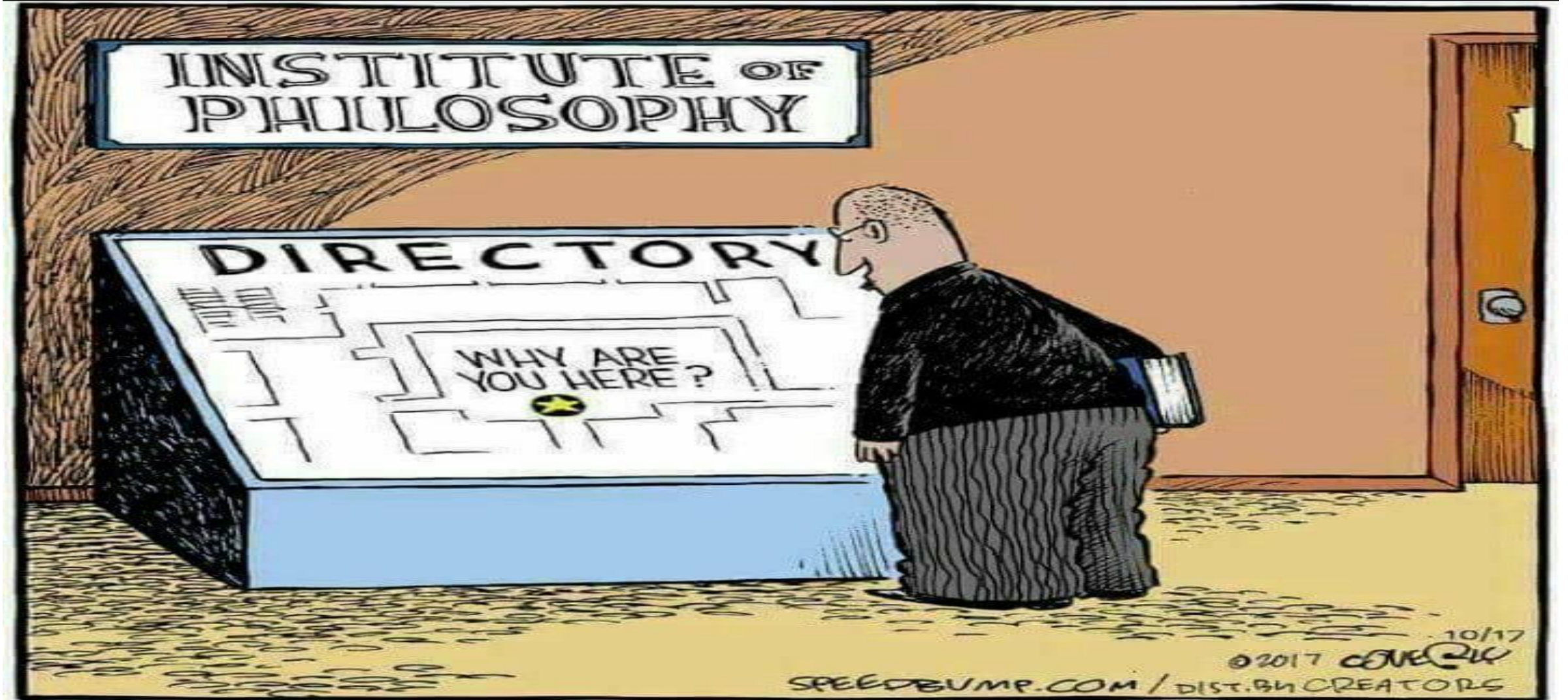
To appear in: *Gastroenterology*

Accepted Date: 29 November 2018



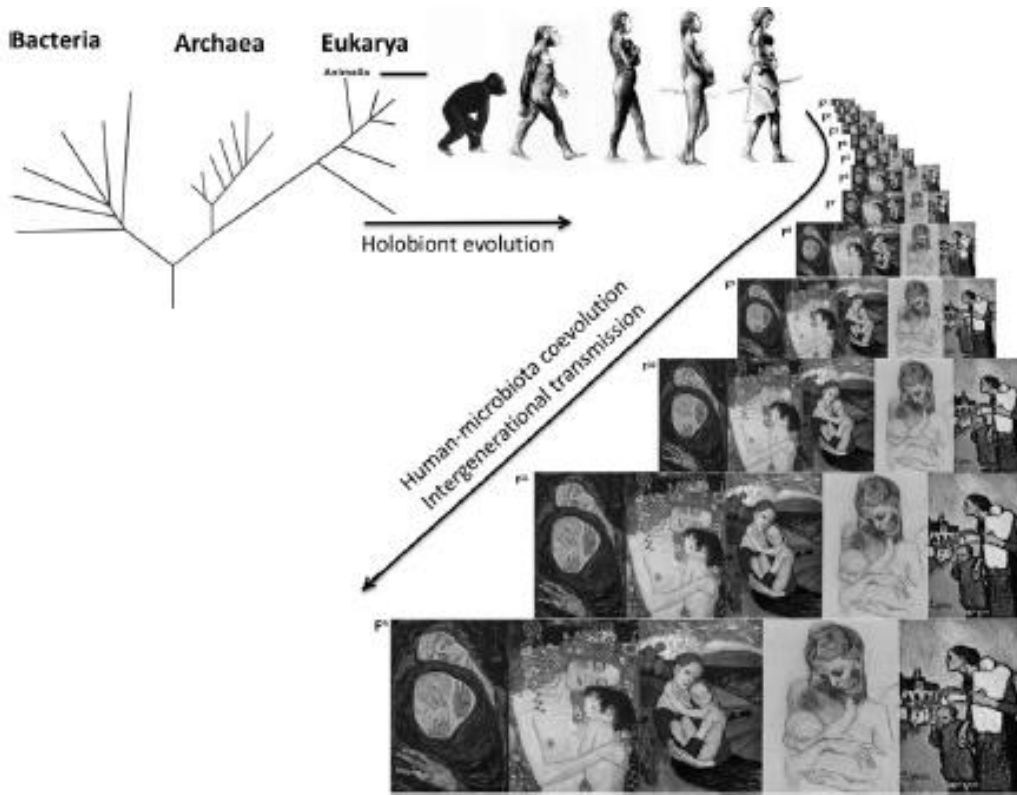
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MİKROBİYOTA ETKİLİ FAKTÖRLER



Role of the microbiome in human development

Maria Gloria Dominguez-Bello,¹ Filipa Godoy-Vitorino,² Rob Knight,³ Martin J Blaser⁴

Figure 1 Evolution of the holobiont and vertical transmission through human generations.

B Traditional farming or fishing population

Microbial Diversity : High

Enriched Taxa: *Prevotella*, *Succinivibrio*,
Treponema, *Ruminococcus*, *Bacteroides*
[*Clostridiaceae*, *Rikenellaceae*, *Bacteroidetes*,
Firmicutes, *Proteobacteria* & *Spirochaetes*]

Depleted Taxa: Low abundance of *Prevotella*
compared to ancient population



A Remote hunter gatherer population

Microbial Diversity: Very High

Enriched Taxa: *Prevotella*, *Succinivibrio*,
Treponema, *Cyanobacteria*, *Tenericutes*,
Clostridium, *Catenibacterium*, *Eubacterium*,
Lachnospira, *Salmonella* [*Enterococcaceae*,
Firmicutes, *Proteobacteria*, *Spirochaetes*,
Clostridiaceae & *Euryarchaeota*]

Depleted Taxa: *Lachnospiraceae*, *Bacteroidales*

C Western (US/European) urban industrialized population

Microbial Diversity : Low

Enriched Taxa: *Bacteroides*, *Bifidobacterium*,
Ruminococcus, *Blautia*, *Dorea* [*Actinobacteria*,
Firmicutes, *Rikenellaceae*]

Depleted Taxa: *Prevotella*, *Xylanibacter* &
Treponema



MIKROBIYOTA

2019







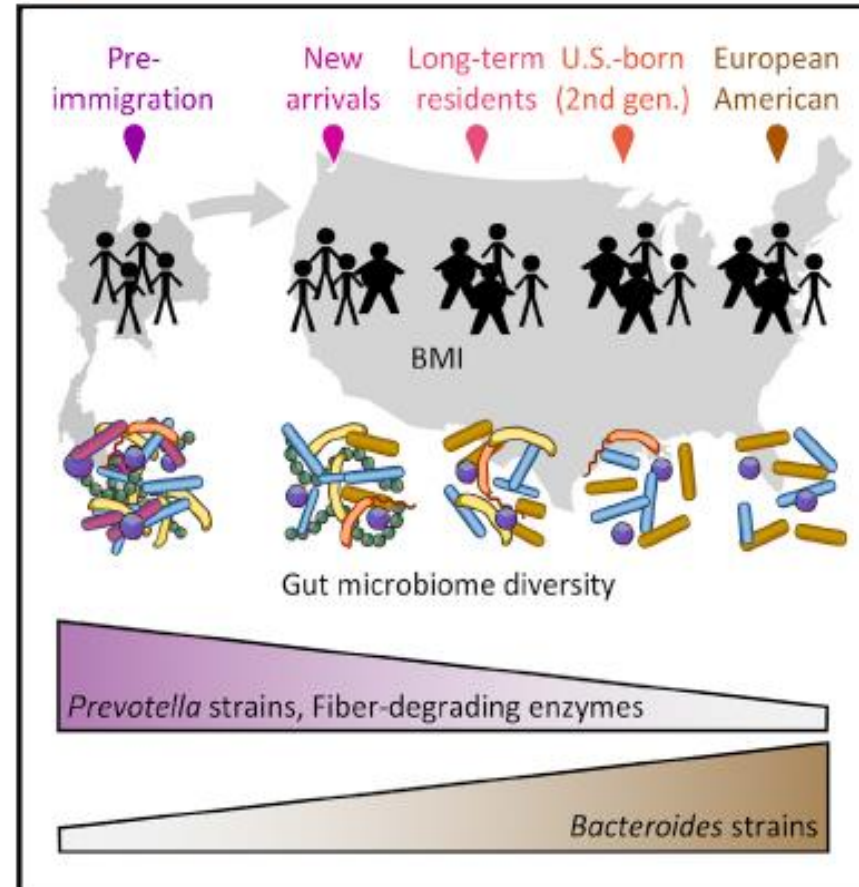
Cell

Article

ener çağrı
dinleüici

US Immigration Westernizes the Human Gut Microbiome

Graphical Abstract



Authors

Pajau Vangay, Abigail J. Johnson, Tonya L. Ward, ..., Puma C. Kashyap, Kathleen A. Culhane-Pera, Dan Knights

Correspondence

dknights@umn.edu

In Brief

Migration from a non-western nation to the United States is found to be associated with a loss in gut microbiome diversity and function in a manner that may predispose individuals to metabolic disease.



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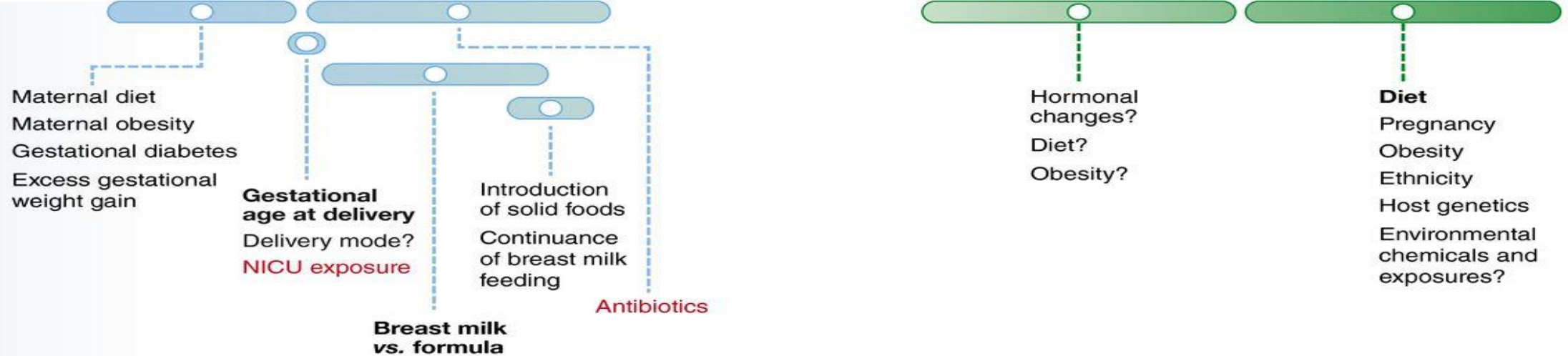
2019



Microbiome
abundance
and diversity



Influential
factors
on the
microbiome





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2019





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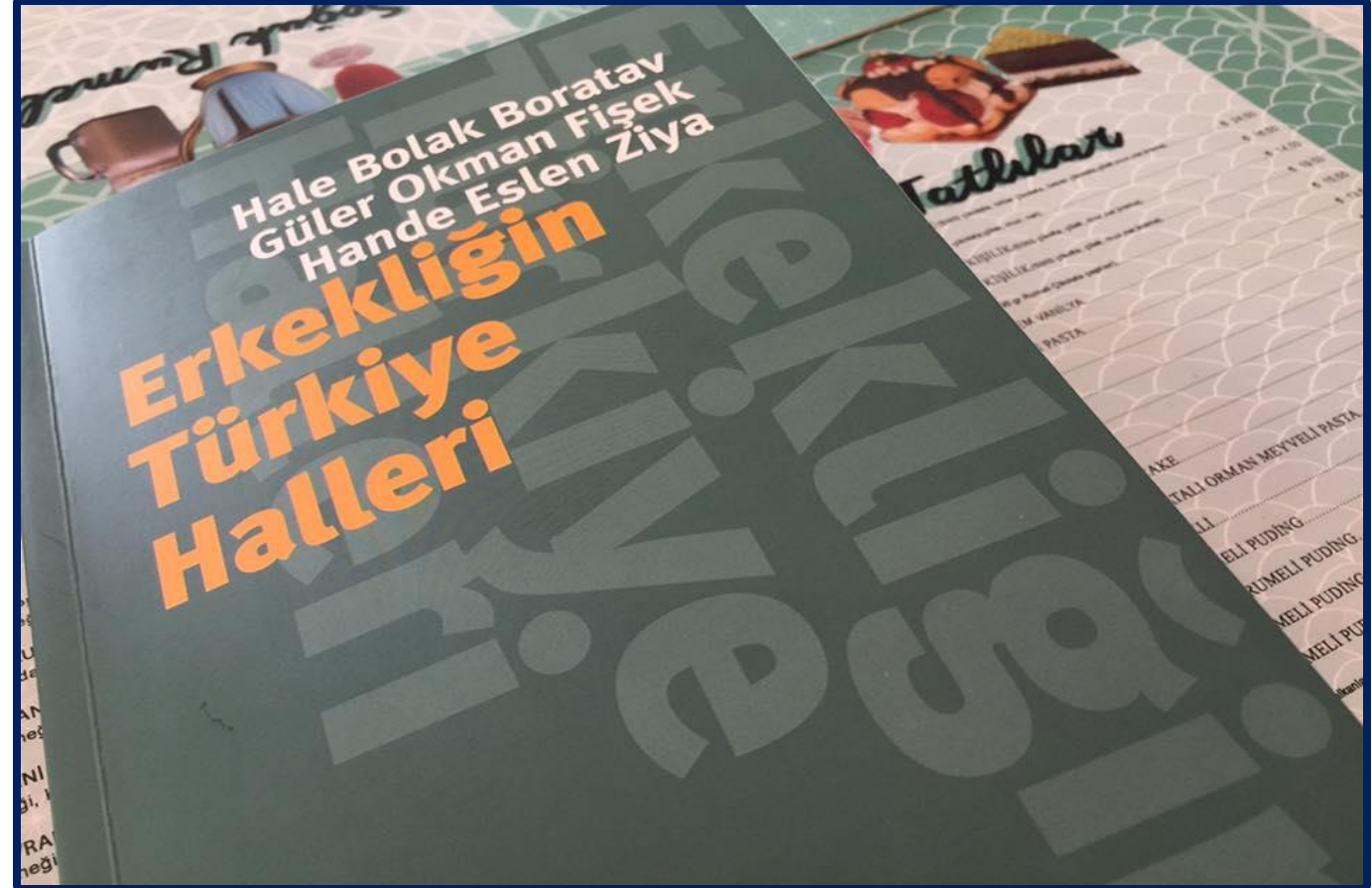
2019



En belirleyici faktör

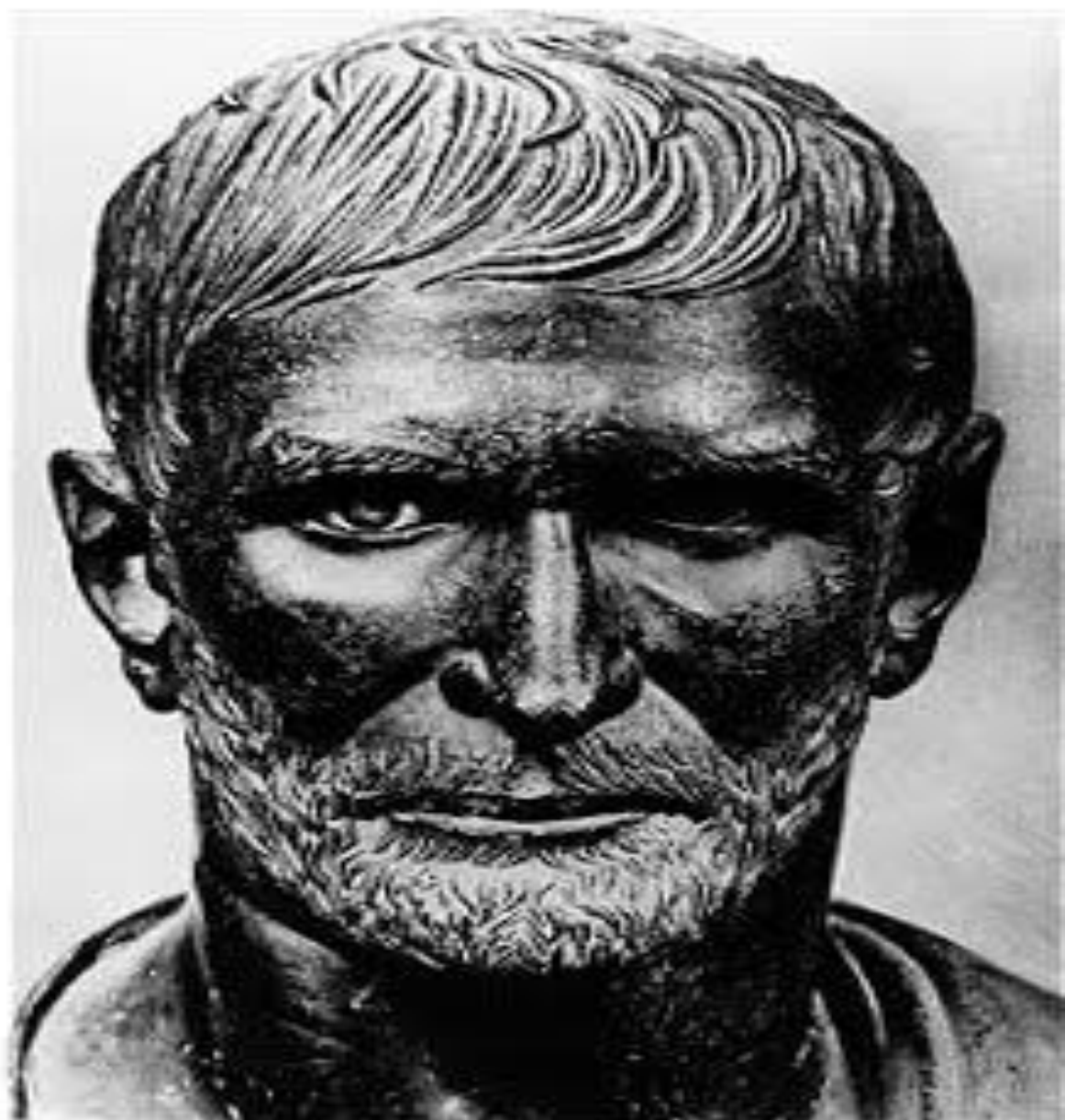
ANNE

GEBELİK
DOĞUM EYLEMİ
EMZİRME
BESLENME





SENDE Mİ
BRÜTÜS
KİMDİR ??





SEZARYEN





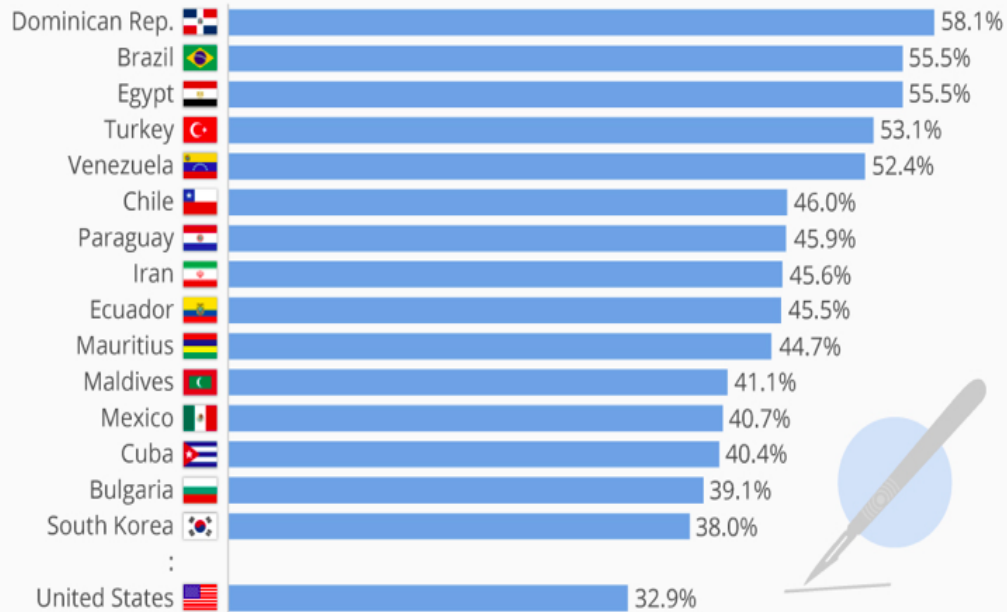
MART 2019 YER: TÜRKİYE



SEZARYEN

Which Countries Conduct The Most Caesarean Sections?

Caesarean rates by country (most recent available year)

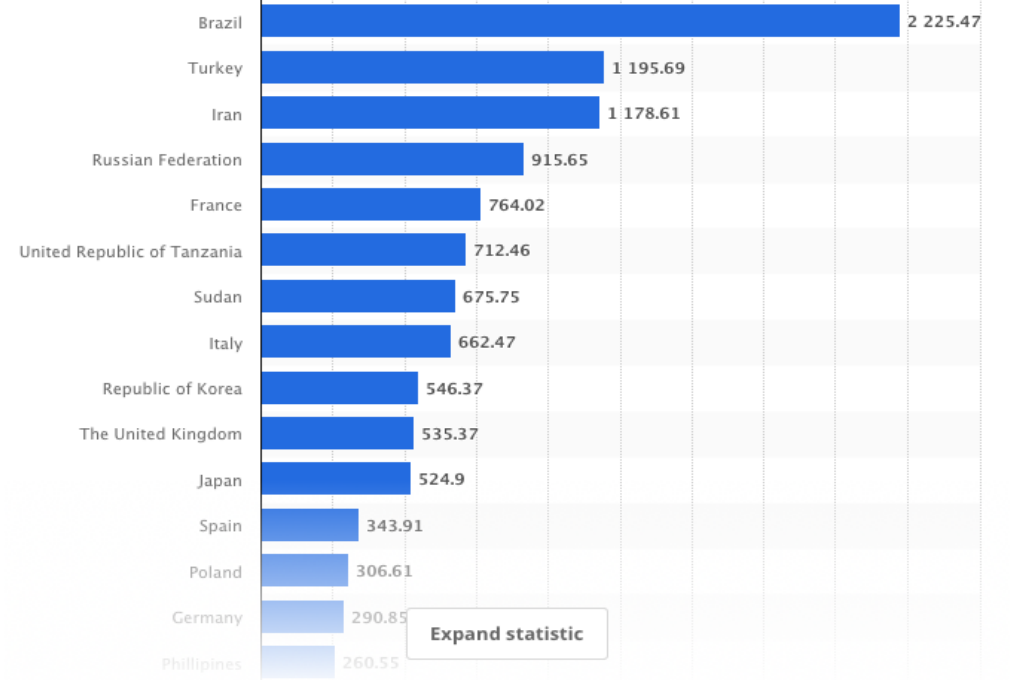


@StatistaCharts Source: The Lancet

statista

ANTİBİYOTİK KULLANIMI

Total consumption of antibiotics in WHO countries in



Expand statistic

© Statista 2019



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ANNE SÜTÜ



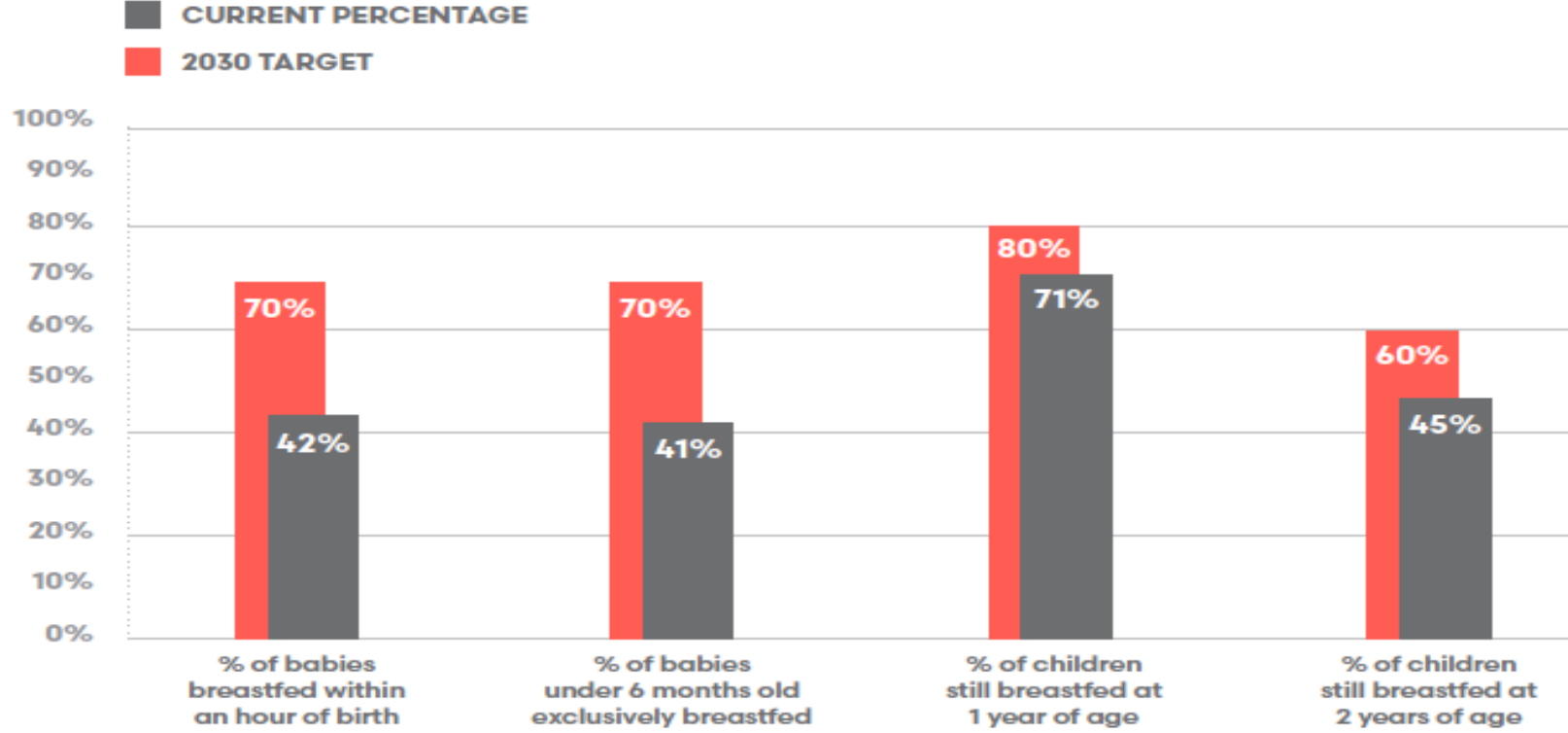
GLOBAL BREASTFEEDING SCORECARD, 2018

**ENABLING WOMEN TO BREASTFEED
THROUGH BETTER POLICIES AND
PROGRAMMES**



MART 2019

ANNE SÜTÜ

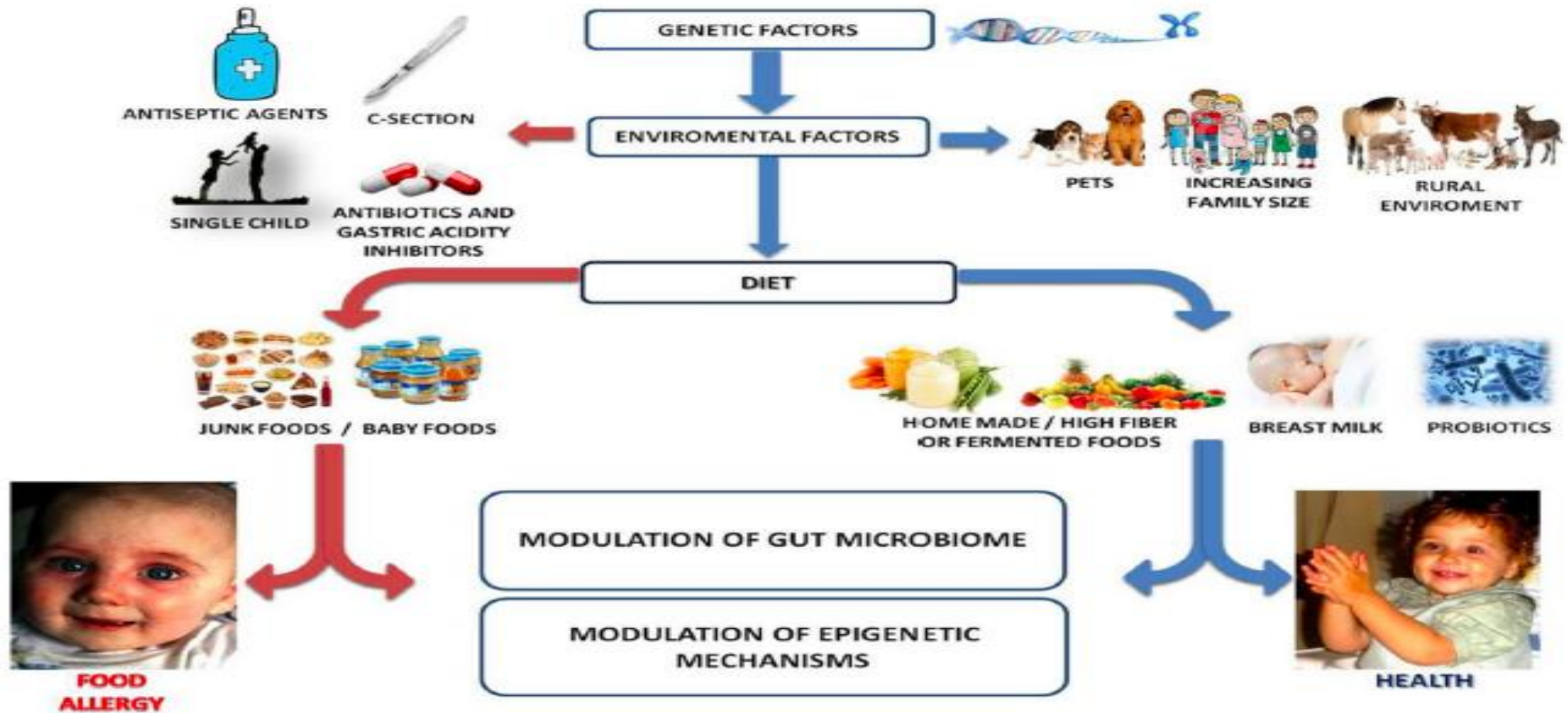


DOĞUM SONRASI İLK 1 SAAT ANNE SÜTÜ: %42
İLK 6 AY YALNIZ ANNE SÜTÜ: %41



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2019



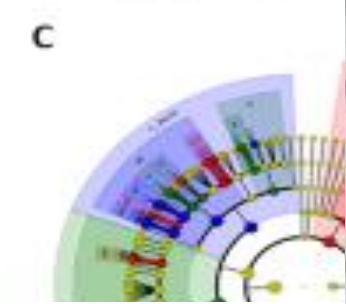
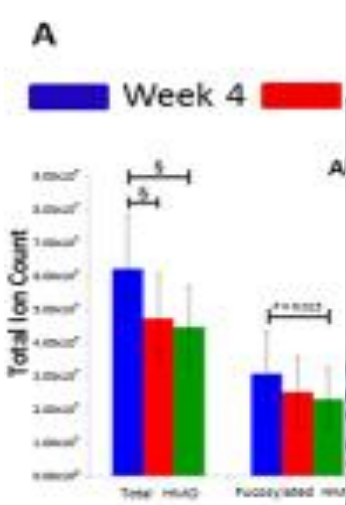




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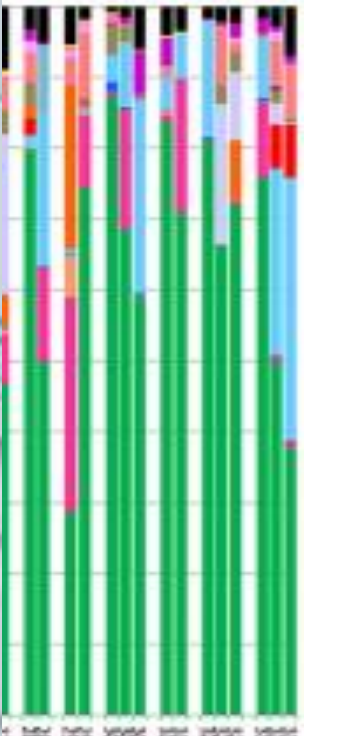
ANNE SÜTÜ





Bifidobacterial species

Percent of total bifidobac



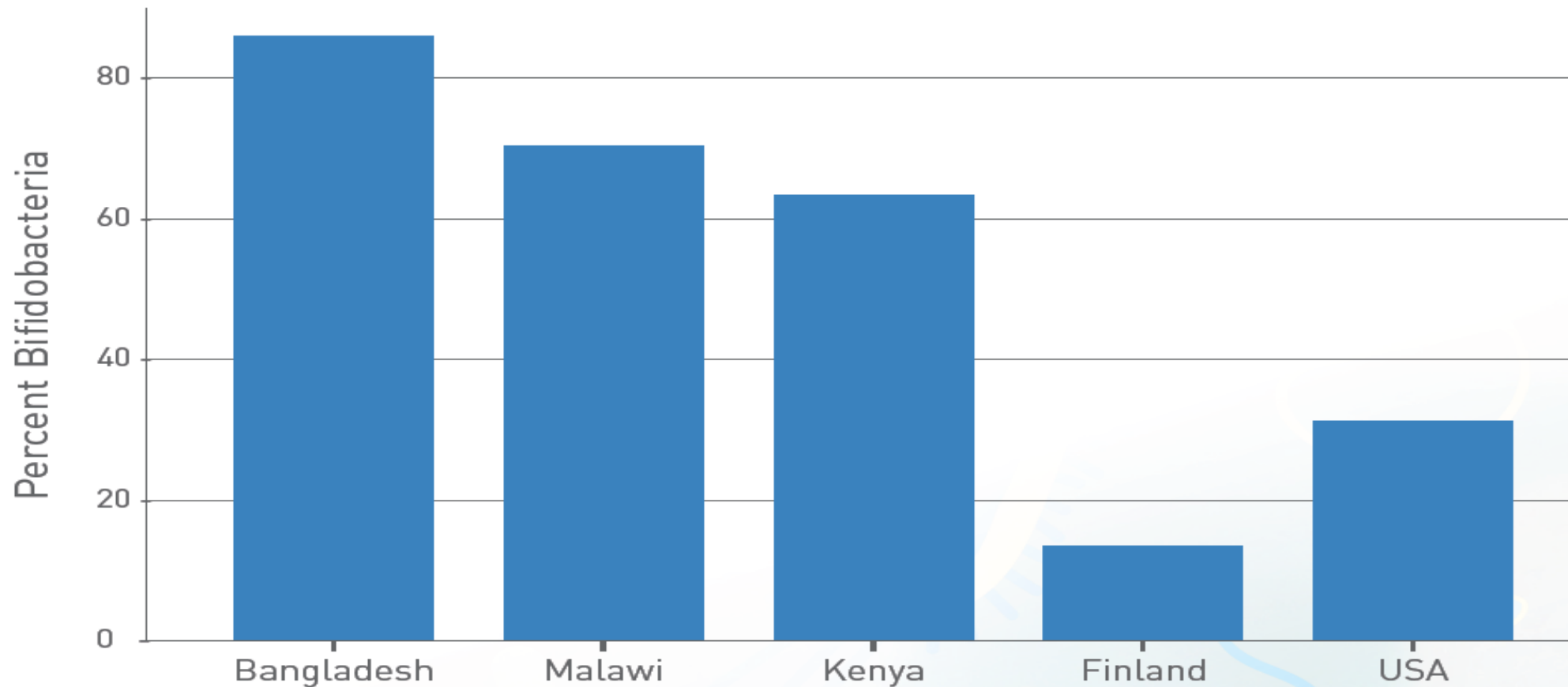
atum	Unknown
	0.179



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2018

% Fecal Bifidobacteria in Infants from Various Global Regions





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2018

- Anne sütü ile beslenen bebeklerde intestinal mikrobiyota öncüsü
 - **BIFIDOBACTERIA**
 - Low-BIF anneler
 - Low-BIF bebekler





ANNE SÜT MİKROBİYOTA KOMPOZİSYONU

HUMAN MILK MICROBIOTA COMPOSITION: RELATIONSHIP WITH GESTATIONAL AGE, DELIVERY MODE, BIRTH WEIGHT

Meltem Dinleyici ^{1, 2*}, Vicente Perez Brocal ^{4*}, Sertac Arslanoglu ⁵,
Ozge Aydemir ^{1,3}, Sibel Sevuk Ozumut⁵, Neslihan Tekin ^{1, 3},
Yvan Vandenplas, Andres Moya ^{4**} and Ener Cagri Dinleyici ^{1**}



ANNE SÜT MİKROBİYOTA KOMPOZİSYONU

HUMAN MILK MICROBIOTA COMPOSITION: RELATIONSHIP WITH GESTATIONAL AGE, DELIVERY MODE, BIRTH WEIGHT



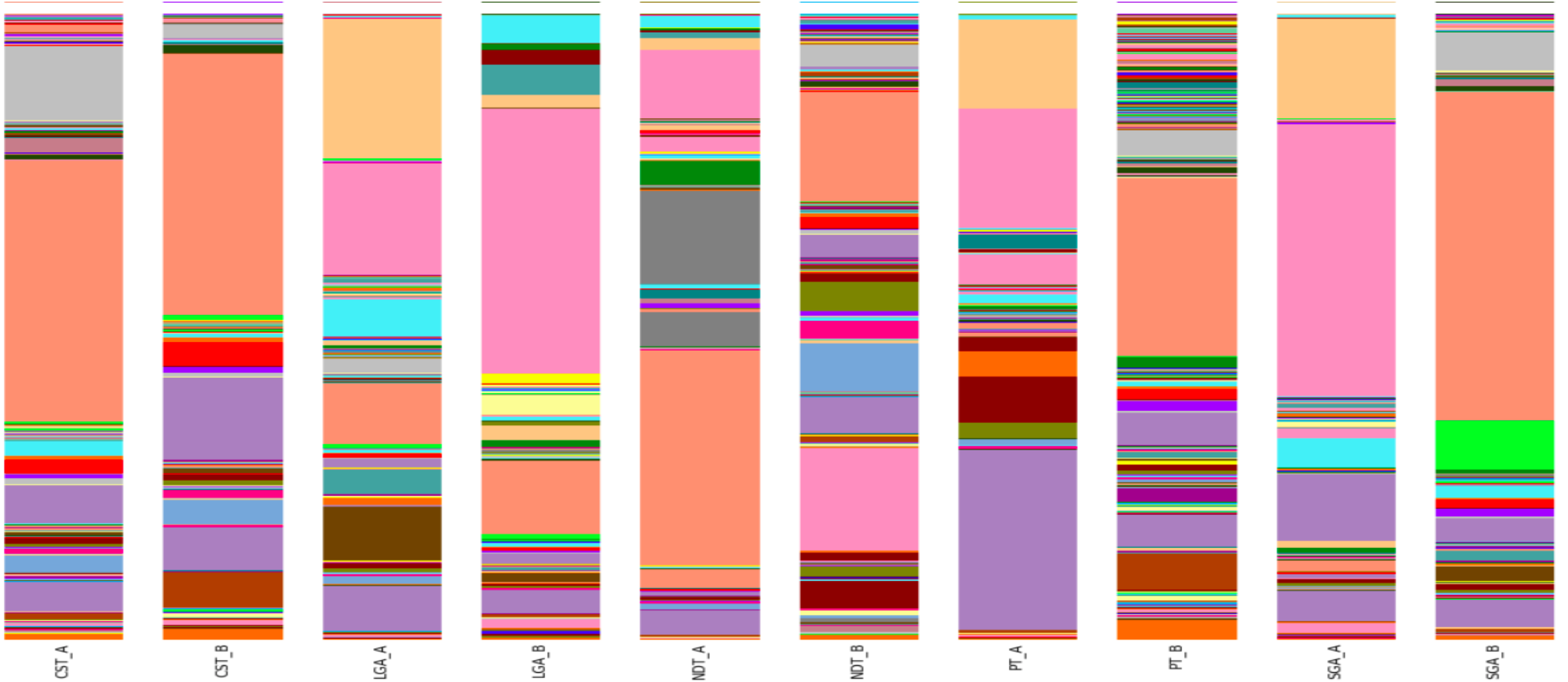
(Day 7-15 and Day 45-90)

Study protocol includes 5 different groups

1. Normal spontaneous delivery- term newborn (NS-T)
2. Caesarean deliveries-term newborn (CS-T)
3. Premature group (Newborn babies with gestational age below 37 weeks) (PT)
4. Small for gestational age groups (SGA)
5. Large for gestational age groups (LGA)

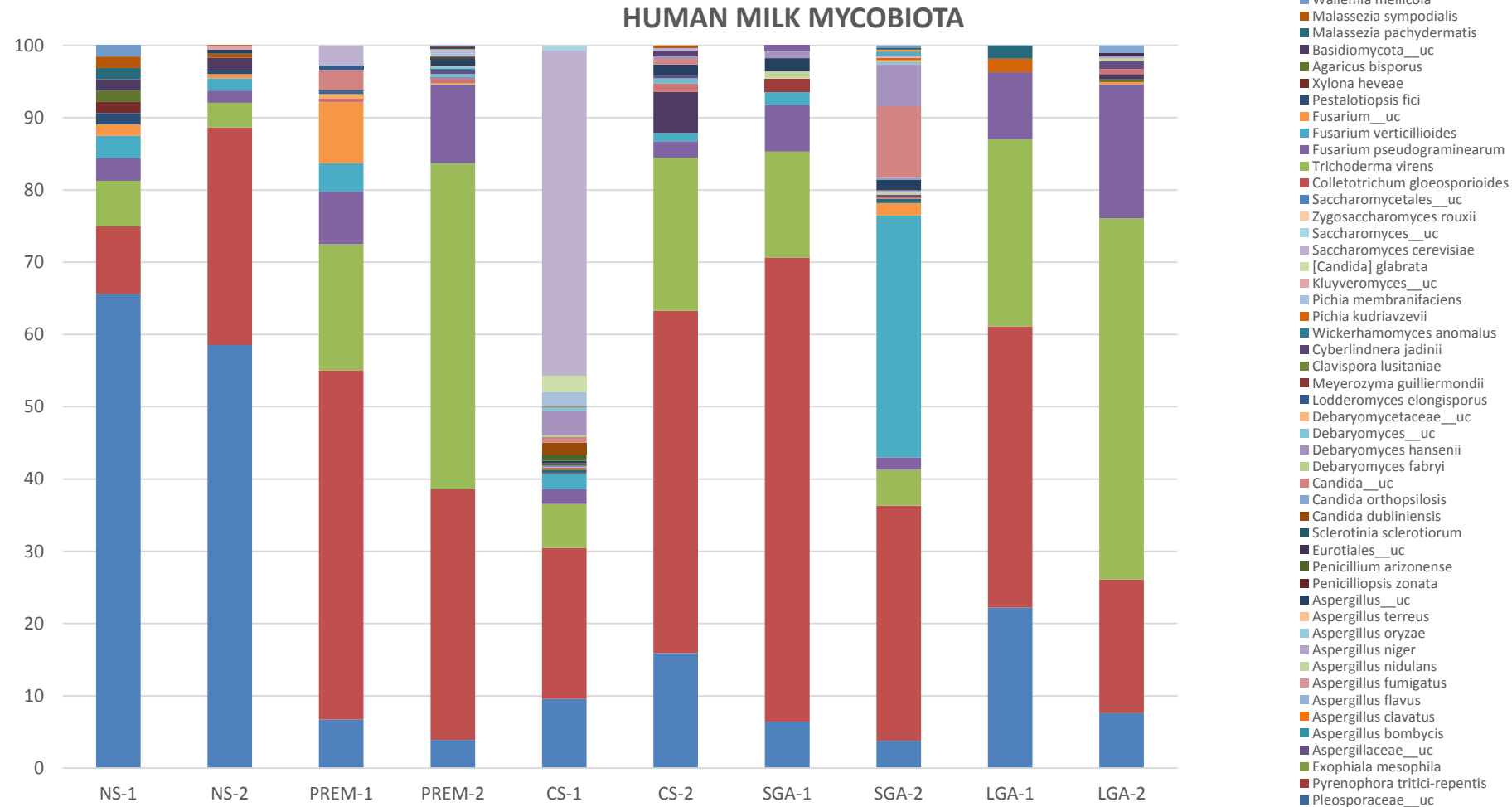


ANNE SÜTÜ MİKROBİYOTA 2019



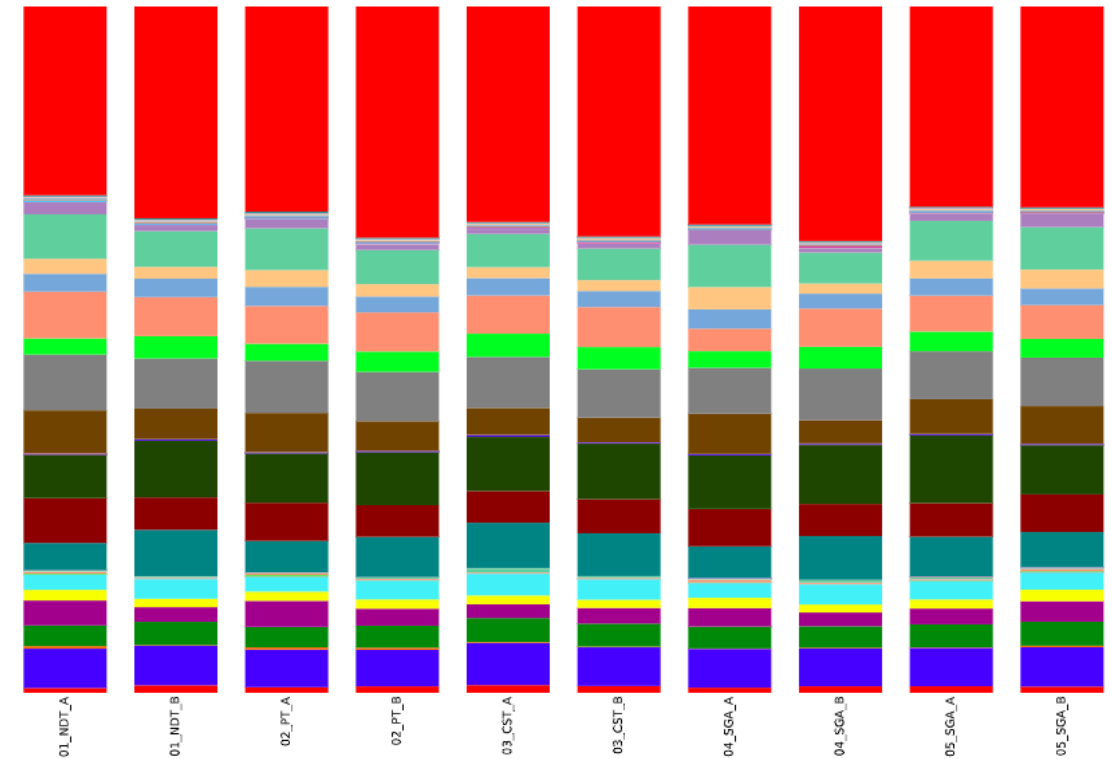
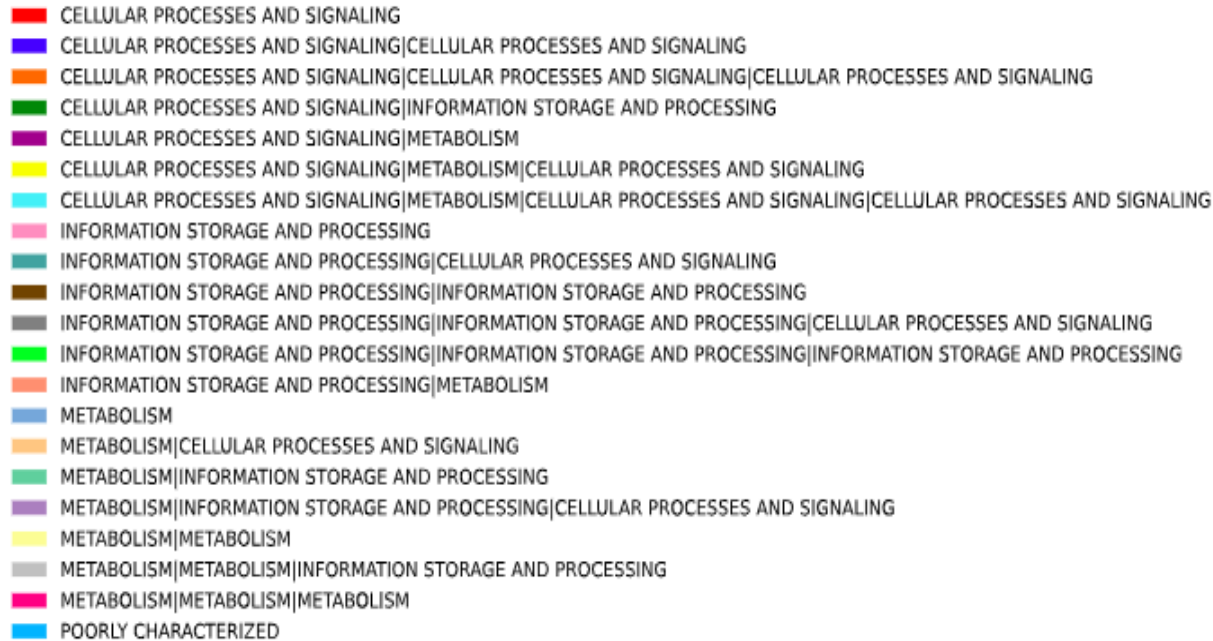


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HUMAN MILK MICROBIOTA 2019



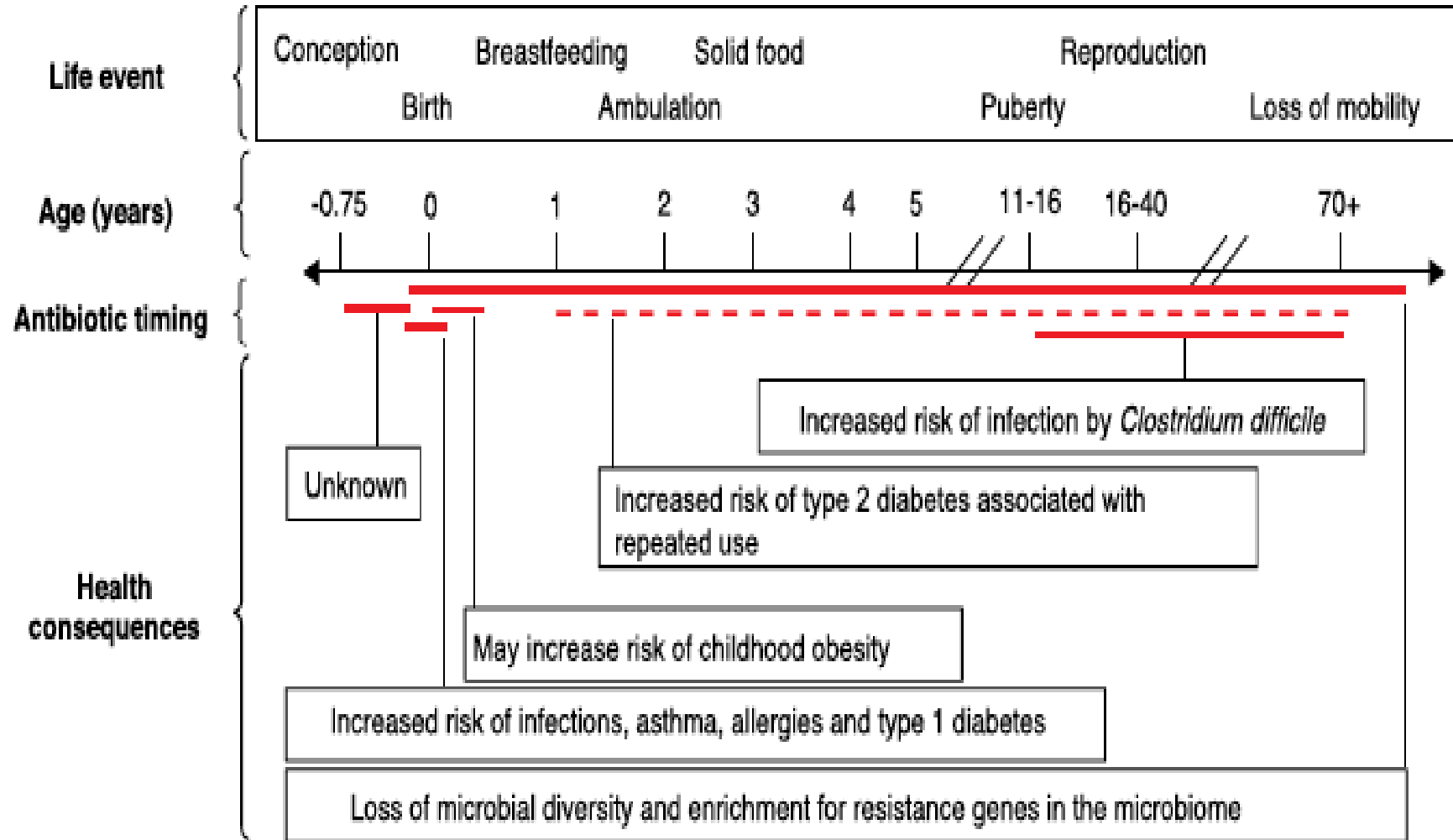


MİKROBİYOTA İLAÇLAR





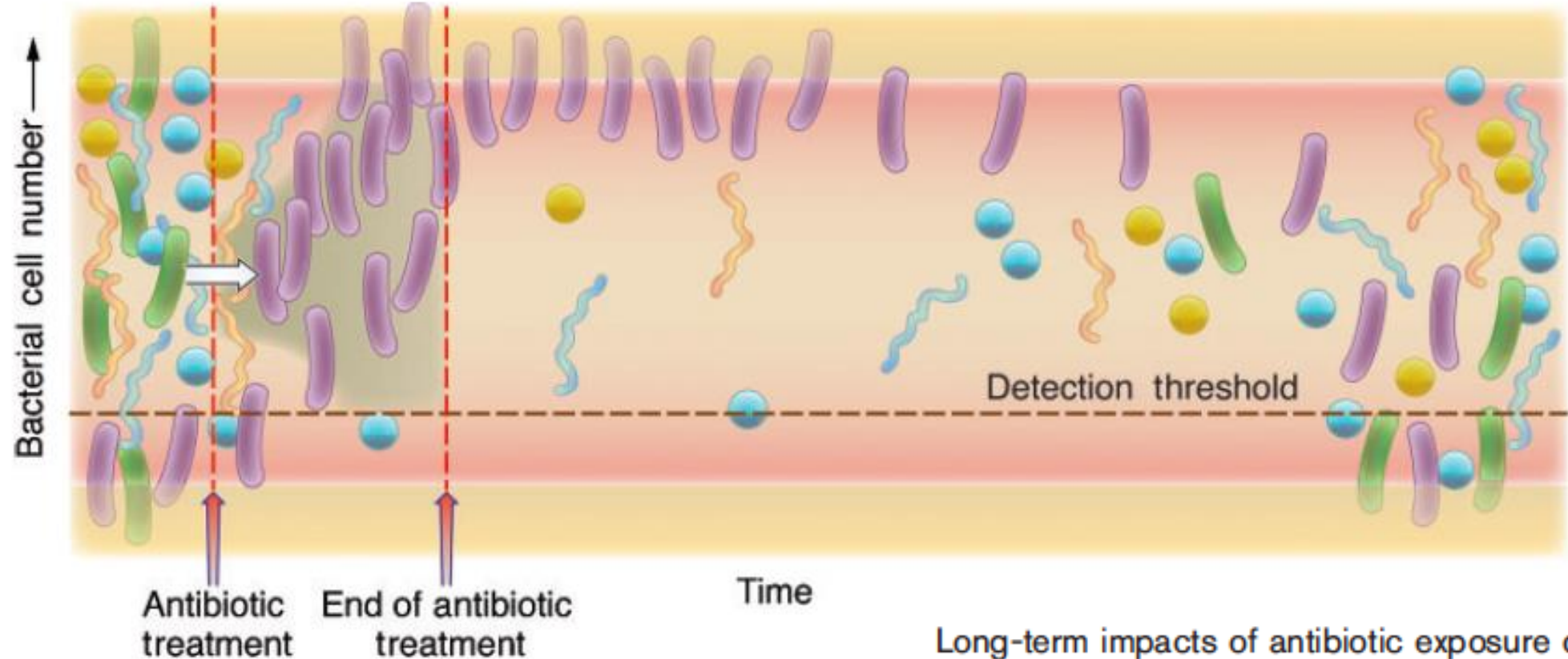
MİKROBİYOTA ANTİBİYOTİKLER





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ANTİBİYOTİKLER



Long-term impacts of antibiotic exposure on the human intestinal microbiota

Cecilia Jernberg,¹ Sonja Löfmark,² Charlotta Edlund^{3,4}
and Janet K. Jansson^{5,6}



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ANTİBİYOTİKLER-hangileri

↓↓, Strong suppression; ↓, moderate suppression; ↑, increase in number; ↑↓, positive and negative effects seen in different studies. NC, No change detected; +, resistant strains detected. The table is adapted from the paper by Sullivan *et al.* (2001).

Antibiotic	Impact on:			Emergence of resistant strains in:	
	Anaerobes	Aerobic Gram positive cocci	Enterobacteria	Enterococci	Enterobacteria
Amoxicillin/clavulanic acid	NC	↑	↑	NC	NC
Ciprofloxacin (high conc. in faeces)	NC	NC	↓↓	NC	+
Clarithromycin/metronidazole	↓	↑	↓	+	+
Cephalosporins (high conc. in faeces)	NC	↑	↓↓	NC	+
Clindamycin	↓↓	↑	↑	+	+
Vancomycin	↓	↑↓	NC	+	+

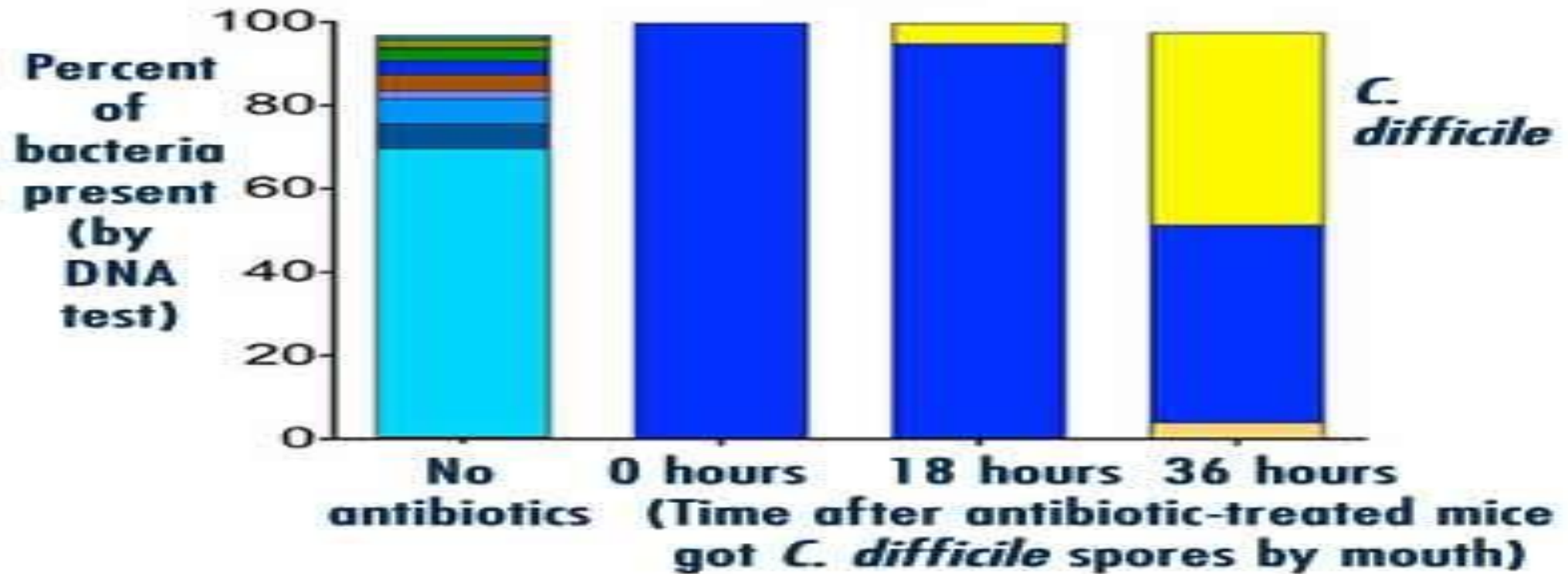
Long-term impacts of antibiotic exposure on the human intestinal microbiota

Cecilia Jernberg,¹ Sonja Löfmark,² Charlotta Edlund^{3,4}
and Janet K. Jansson^{5,6}



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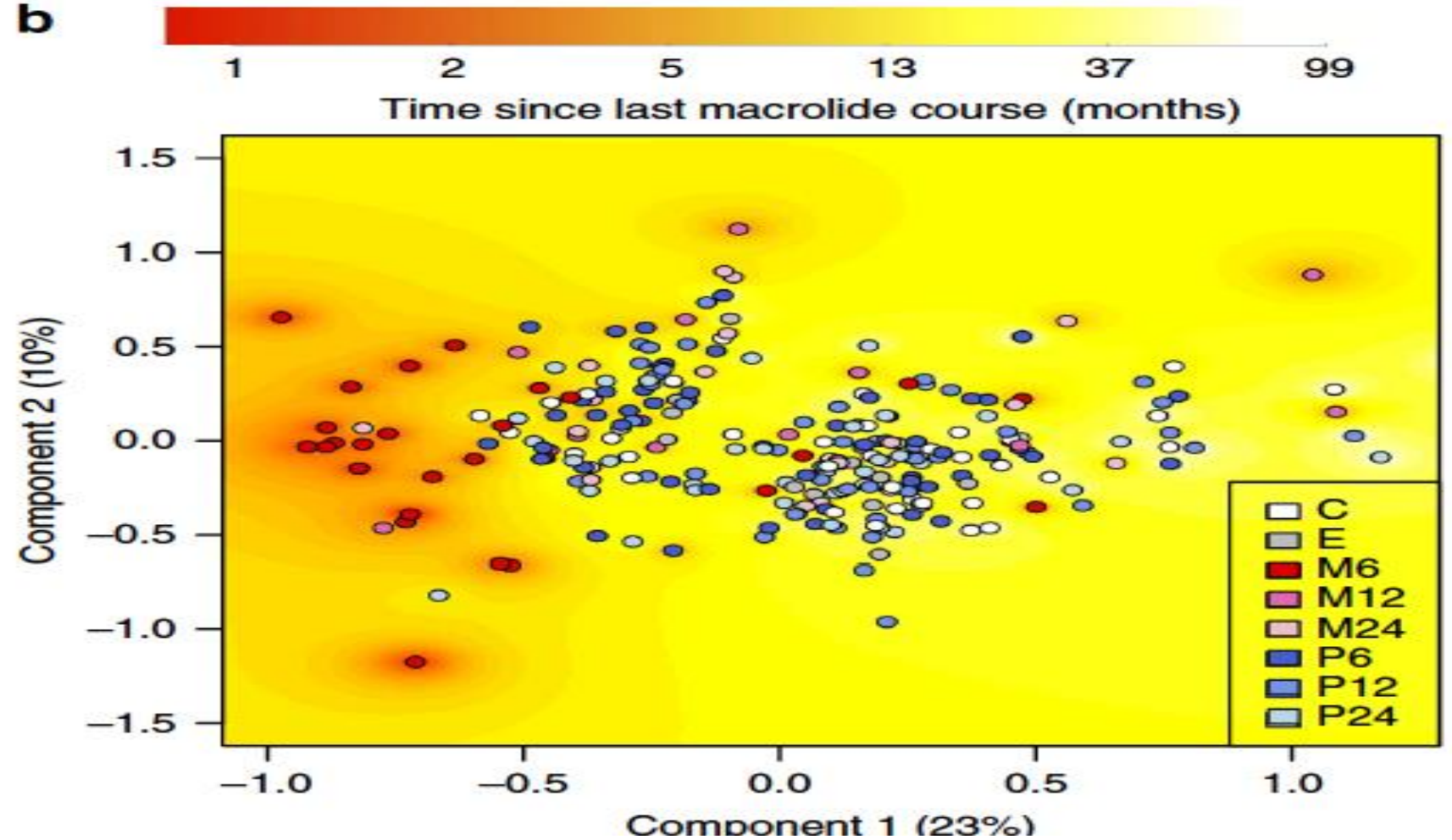
**Effect of antibiotics & *C. difficile*
on colon's microbiome**





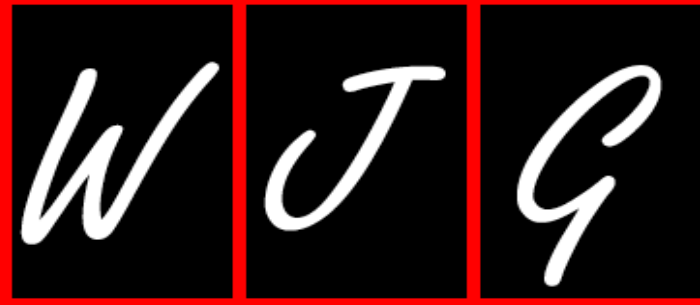
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Actinobacteria
Firmicutes
Bacteroidetes
Proteobacteria
Verrucomicrobia





ANTİBİYOTİK İLİŞKİLİ İSHAL



World Journal of
Gastroenterology

Submit a Manuscript: <http://www.wjgnet.com/esps/>
Help Desk: <http://www.wjgnet.com/esps/helpdesk.aspx>
DOI: 10.3748/wjg.v22.i11.3078

World J Gastroenterol 2016 March 21; 22(11): 3078-3104
ISSN 1007-9327 (print) ISSN 2219-2840 (online)
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REVIEW

Comparison of pediatric and adult antibiotic-associated diarrhea and *Clostridium difficile* infections

Lynne Vernice McFarland, Metehan Ozen, Ener Cagri Dinleyici, Shan Goh



MİKROBİYOTA

ANTİBİYOTİK DIŐI İLAÇLAR



ARTICLE

doi:10.1038/nature25979

Extensive impact of non-antibiotic drugs on human gut bacteria

A few commonly used non-antibiotic drugs have recently been associated with changes in gut microbiome composition, but the extent of this phenomenon is unknown. Here, we screened more than 1,000 marketed drugs against 40 representative gut bacterial strains, and found that 24% of the drugs with human targets, including members of all therapeutic classes, inhibited the growth of at least one strain *in vitro*. Particular classes, such as the chemically diverse antipsychotics, were overrepresented in this group. The effects of human-targeted drugs on gut bacteria are reflected on their antibiotic-like side effects in humans and are concordant with existing human cohort studies. Susceptibility to antibiotics and human-targeted drugs correlates across bacterial species, suggesting common resistance mechanisms, which we verified for some drugs. The potential risk of non-antibiotics promoting antibiotic resistance warrants further exploration. Our results provide a resource for future research on drug-microbiome interactions, opening new paths for side effect control and drug repurposing, and broadening our view of antibiotic resistance.



ANNE SÜTÜ ANTİBİYOTİK KALINTI



European Review for Medical and Pharmacological Sciences

2018; 22: 6560-6566

Human milk antibiotic residue levels and their relationship with delivery mode, maternal antibiotic use and maternal dietary habits

M. DINLEYICI¹, G.K. YILDIRIM², O. AYDEMİR³, T.B. KAYA⁴,
Y. BILDIRICI⁴, K.B. CARMAN⁵



ANNE SÜTÜ

ANTİBİYOTİK KALINTI

Results: 83 mothers aged between 17 to 41 years (mean age 29.7 ± 6.2 years), have been enrolled. 56.6% of pregnant women have been C-section, 31 mothers have been received one dose antibiotic prophylaxis (first generation cephalosporin) and 18 mothers have received antibiotic treatment, maximum 7 days after delivery. 71 out of 83 human milk samples (85.5%) were positive for beta-lactams and 12 positive samples for quinolones (14.5%). Two positive samples for amphenicol, 2 positive for basitrasin, 5 positive samples for cefuroxime, 4 positive samples for polymyxine, one sample for sulfonamide, two positive samples for tobramycine have been noted. There are no differences between the positive antibiotic residues (for beta-lactams and quinolones) between mother received or not received antibiotics during labor and after. The presence of beta lactams or quinolones in human milk was not associated with the maternal dietary habits.

Human milk antibiotic residue levels and their relationship with delivery mode, maternal antibiotic use and maternal dietary habits



MİKROBİYOTA BESLENME

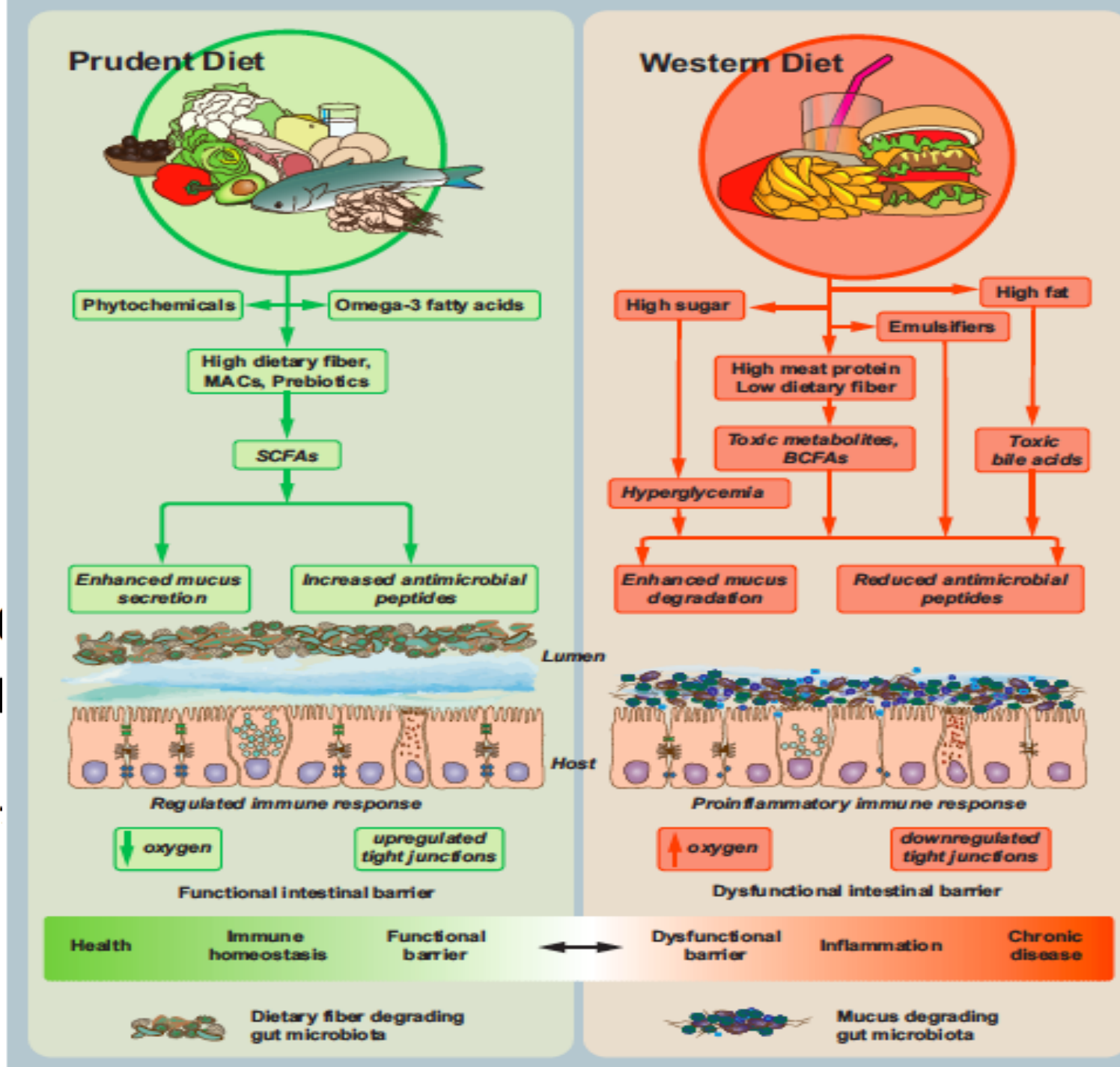




Cell Host & Microbe Review

The Impact of Microbiota in

Kassem Makki,¹ Edward C.





MİKROBİYOTA BESLENME



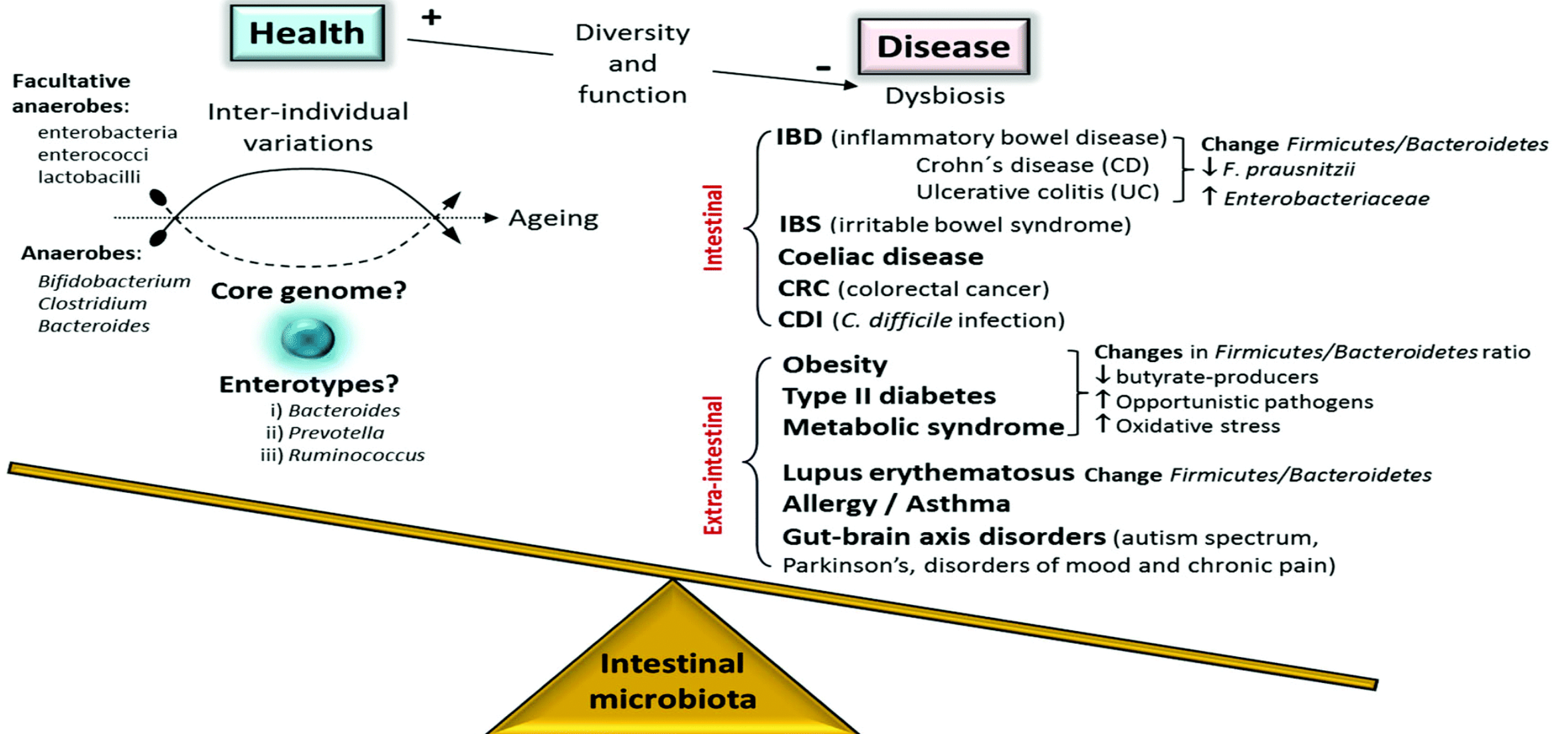


MİKROBİYOTA DİSBIYOZİS





MİKROBİYOTA DİSBIYOZİS





MİKROBİYOTA ENFEKSİYON HASTALIKLARI



nature
microbiology

REVIEW ARTICLE

<https://doi.org/10.1038/s41564-018-0278-4>

The role of the microbiota in infectious diseases

Josie Libertucci¹ and Vincent B. Young ^{1,2*}

NATURE MICROBIOLOGY | VOL 4 | JANUARY 2019 | 35–45 | www.nature.com/naturemicrobiology



MİKROBİYOTA ENFEKSİYON HASTALIKLARI

Table 1 | Examples of microbiota associated with altered mucosal immunity and increased infectious disease susceptibility

Site	Infectious disease/condition	Community structure	Immune component	References
Gastrointestinal tract	<i>Entamoeba histolytica</i> ,	↑ Prevotellaceae	Augmented T _H 17-mediated response	150-155
	<i>Giardia</i> ,	↑ <i>Prevotella copri</i>		
	<i>Cryptosporidium</i> ,	↑ Proteobacteria	↑ IL-23, IL-1, IL-6, IL-8	
	<i>Blastocystis hominis</i>	↓ Firmicutes		
	Simian immunodeficiency virus	↑ Pasteurellaceae, <i>Aggregatibacter</i> , <i>Actinobacillus</i> , <i>Mycoplasma</i>	↓ Expression of TLR4, TLR8	
	HIV	↑ Proteobacteria, <i>Prevotella</i> ↓ Firmicutes	↑ Activated T cells and myeloid dendritic cells	
Respiratory tract	Fungal or viral pneumonia	↑ <i>Prevotella</i> , <i>Veillonella</i>	↑ T _H 17 cells, IL-1 α , IL-1 β , IL-7	114, 156-157
Female reproductive tract	Bacterial vaginosis (clinical condition associated with susceptibility to infection)	↑ Diversity ↓ <i>Lactobacillus</i> ↑ <i>Gardnerella vaginalis</i> , <i>A. vaginae</i> ,	↑ IL-1 β , IL-12p70 ↓ IP-10, elafin	158-160
	HIV	↑ Diversity ↓ <i>Lactobacillus</i> ↑ <i>Gardnerella vaginalis</i> , <i>A. vaginae</i> , <i>Prevotella bivia</i>	↑ Activated CD4 ⁺ T cells, IL-23, IL-1 β , IL-17	



MİKROBİYOTA-AKUT İSHAL FACID STUDY

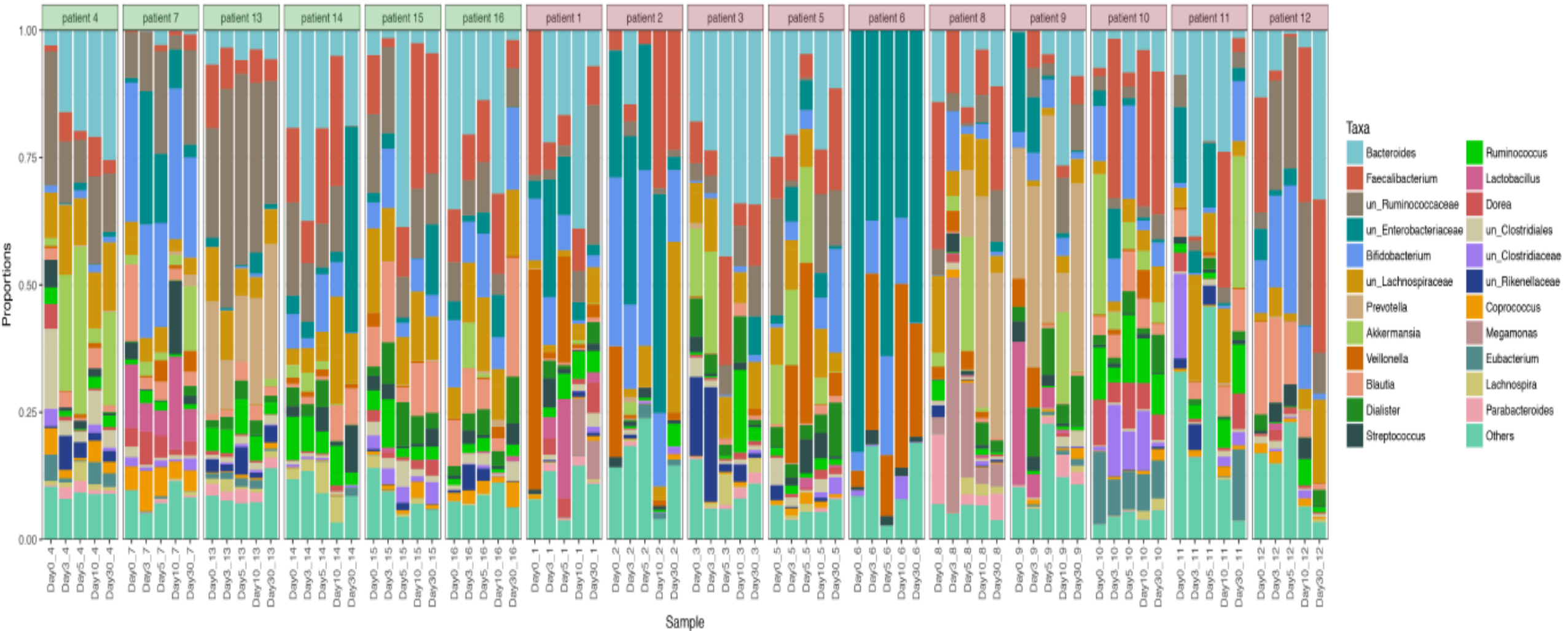


Time series analysis of the microbiota of children suffering from acute infectious diarrhea and their recovery after probiotic treatment

Ener Cagri Dinleyici ^{1,†}, Daniel Martínez-Martínez ^{2,†}, Ates Kara ³, Adem Karbuç ⁴, Nazan Dalgic ⁵, Ozge Metin ⁶, Ahmet Sami Yazar ⁷, Sirin Guven ⁷, Zafer Kurugol ⁸, Ozden Turel ⁹, Mehmet Kucukkoc ⁹, Olcay Yasa ¹⁰, Makbule Eren ¹, Metehan Ozen ¹¹, Jose Manuel Martí, ², Carlos P. Garay, ², Yvan Vandenplas ¹², and Andrés Moya ^{2,13,14,*}

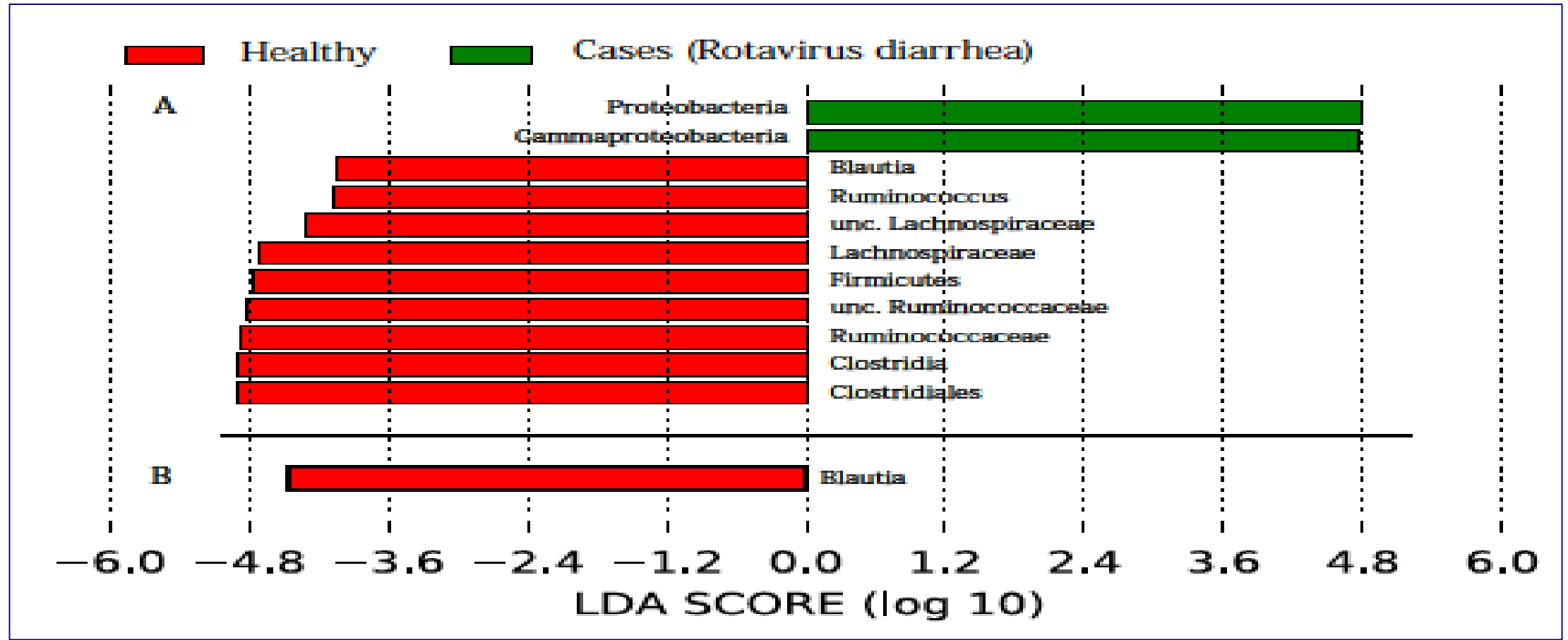


AKUT İSHAL FACID STUDY





MİKROBİYOTA-AKUT İSHAL FACID STUDY

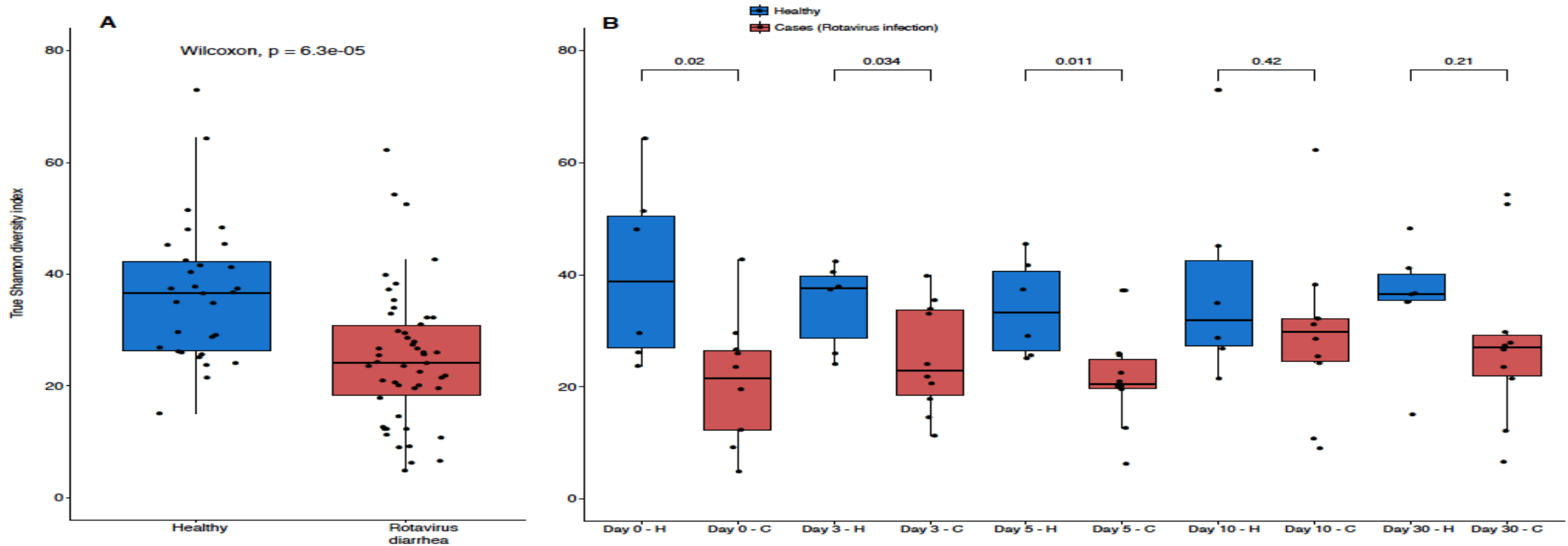




MİKROBİYOTA-AKUT İSHAL FACID STUDY

Dinleyici et al.

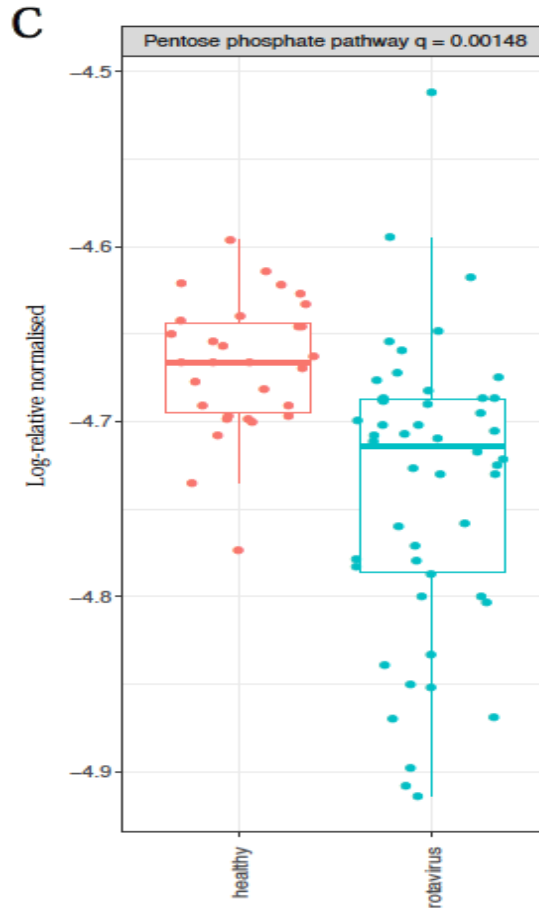
Microbiota in acute diarrhea



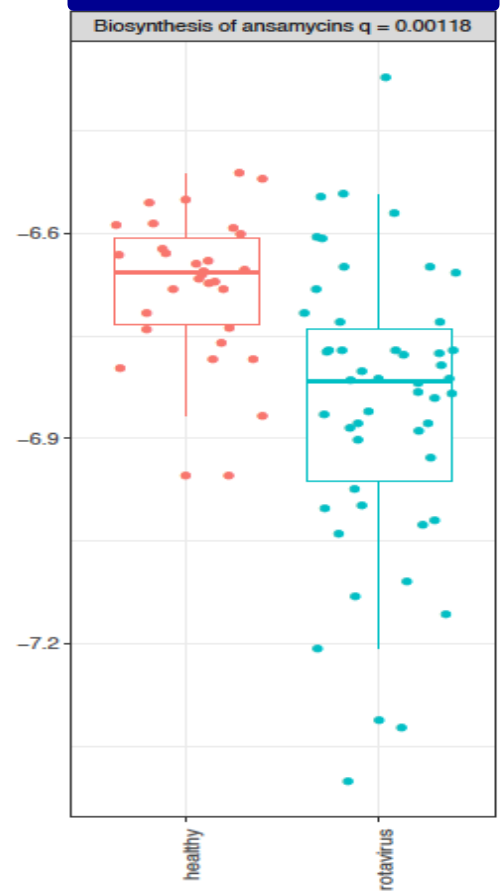


MİKROBİYOTA-AKUT İSHAL FACID STUDY

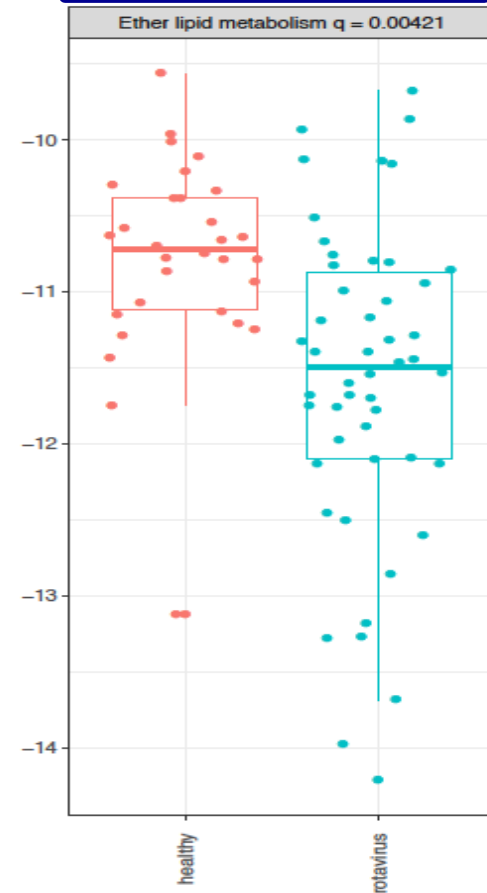
Pentose phosphate pathway



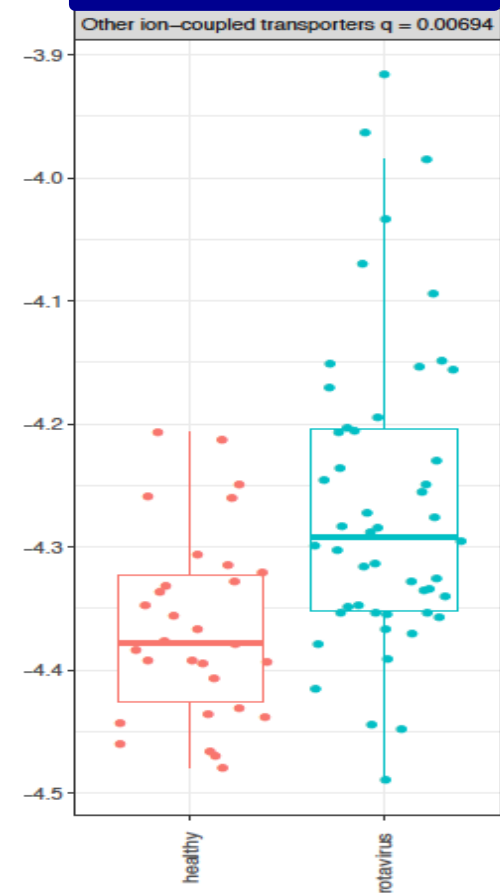
Biosynthesis of ansamycins



Either lipid metabolism



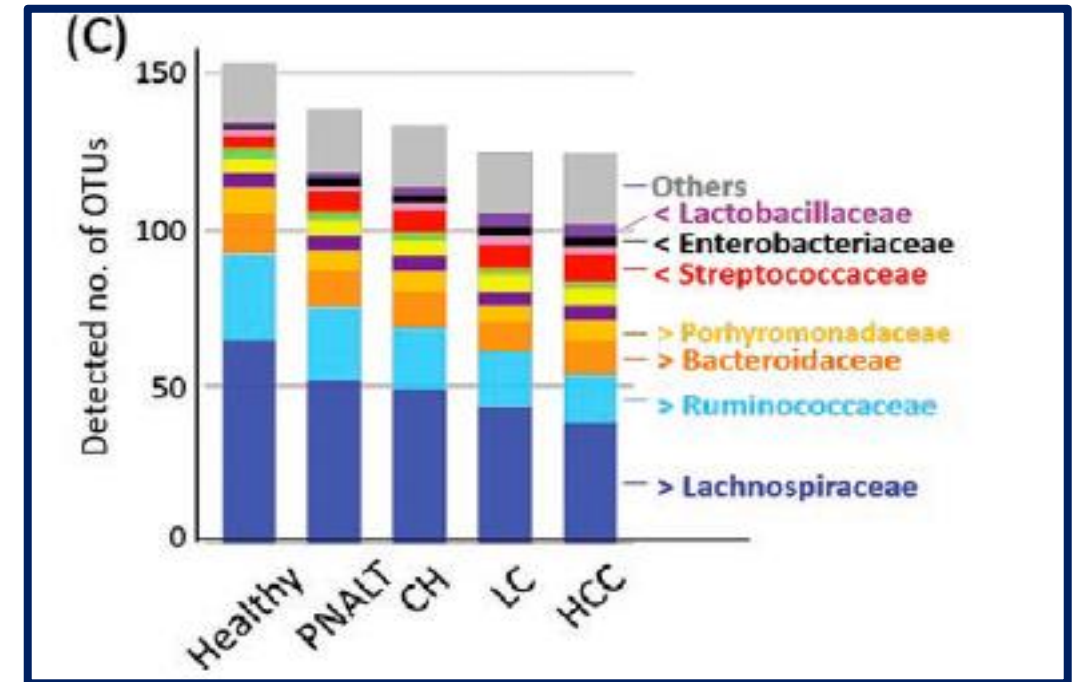
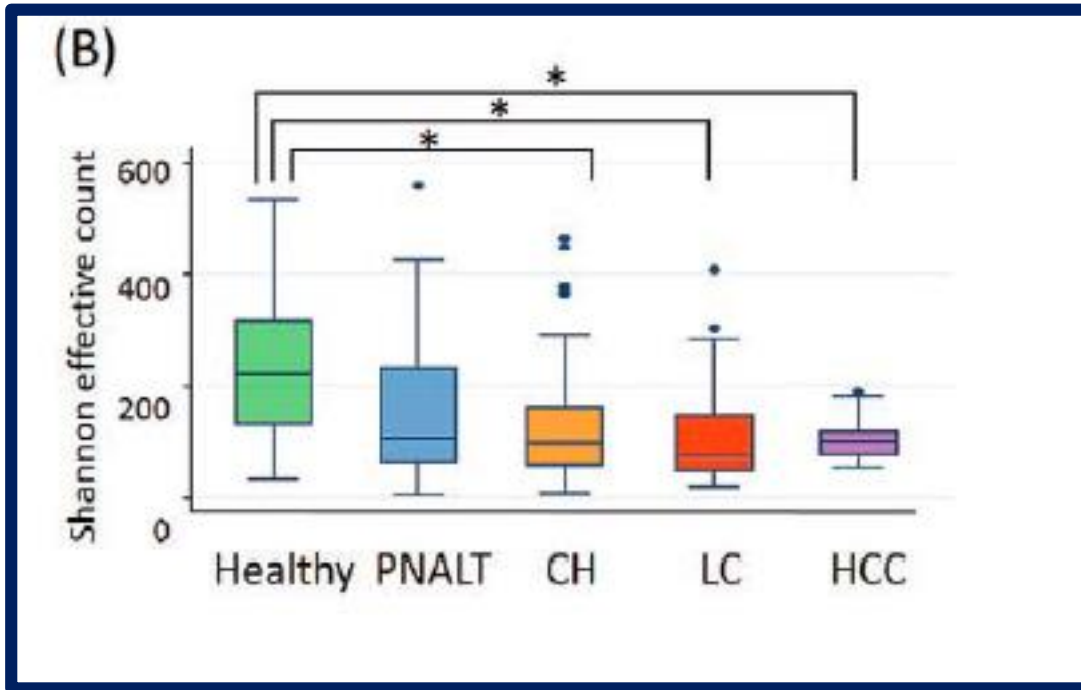
Other ion coupled transporters





MİKROBİYOTA

HEPATİT C



Clinical Infectious Diseases

MAJOR ARTICLE

Gut Dysbiosis Associated With Hepatitis C Virus Infection

Takako Inoue,¹ Jiro Nakayama,² Kei Moriya,³ Hideto Kawaratani,³ Rie Momoda,² Kiyooki Ito,⁴ Etsuko Iio,⁵ Shunsuke Nojiri,⁵ Kei Fujiwara,⁵ Masashi Yoneda,⁴ Hitoshi Yoshiji,³ and Yasuhito Tanaka^{1,6}



MİKROBİYOTA HEPATİT C



Received: 9 August 2018

First decision: 27 August 2018

Accepted: 7 September 2018

DOI: 10.1111/apt.15004



WILEY AP&T Alimentary Pharmacology & Therapeutics

Influence of hepatitis C virus eradication with direct-acting antivirals on the gut microbiota in patients with cirrhosis

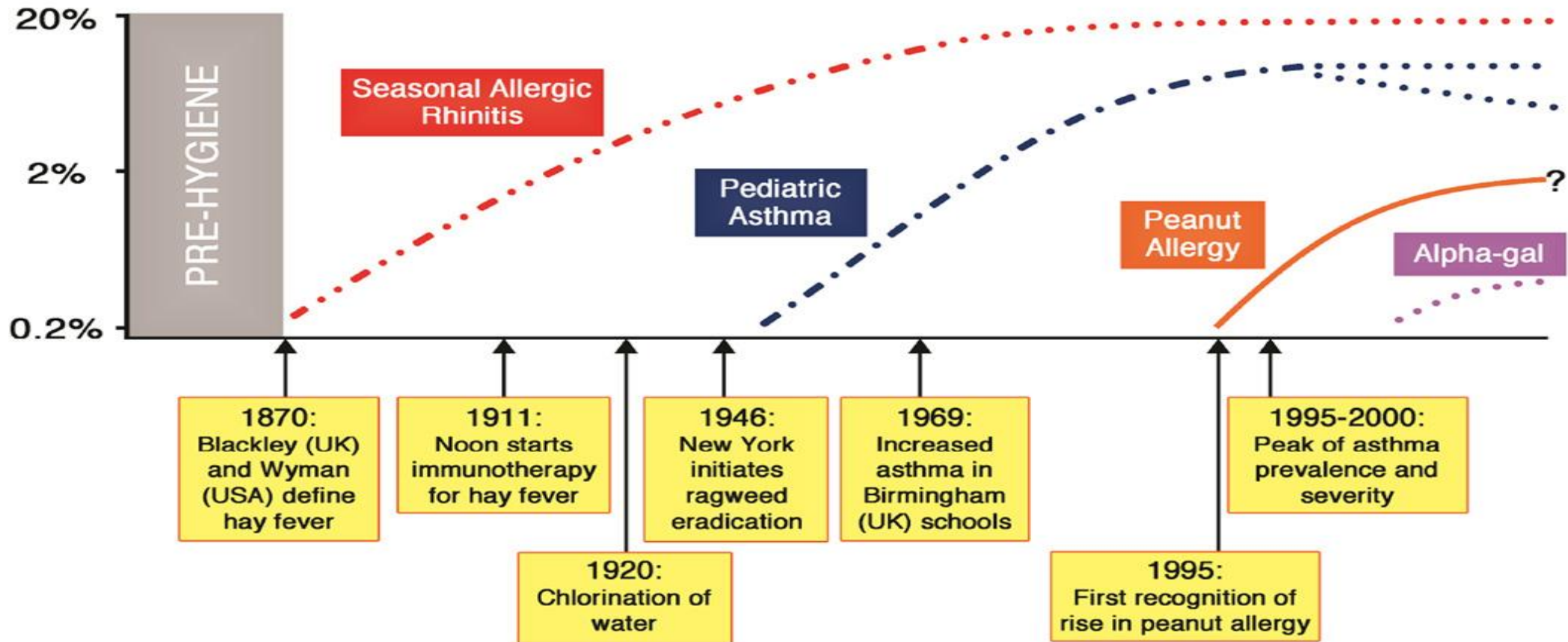
Francesca Romana Ponziani¹  | Lorenza Putignani^{2,3} | Francesco Paroni Sterbini⁴ |
Valentina Petito¹ | Anna Picca⁵ | Federica Del Chierico² | Sofia Reddel² |
Riccardo Calvani⁵ | Emanuele Marzetti⁵ | Maurizio Sanguinetti⁴ | Antonio Gasbarrini¹ |
Maurizio Pompili¹



MART 2019

ALERJİK HASTALIKLAR

Sequential rises in three different allergic diseases





MART 2019

ALERJİK HASTALIKLAR

Figure 5. The circle of causality. From the megatrend of urbanization to increase of non-communicable (inflammatory) diseases. Or the other way around, from symptoms to background factors.

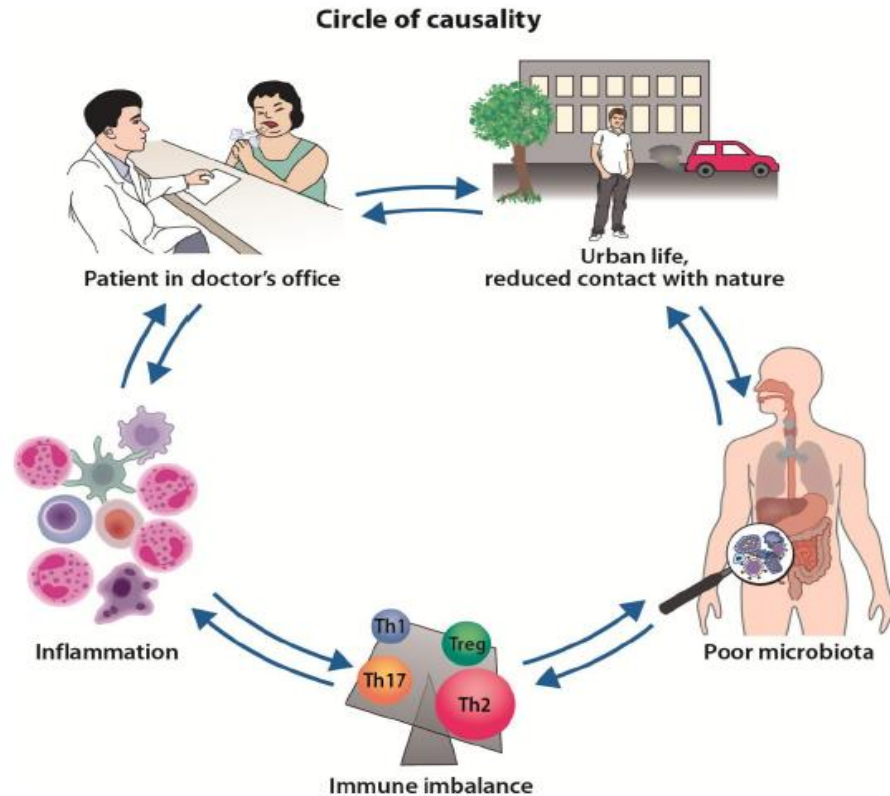
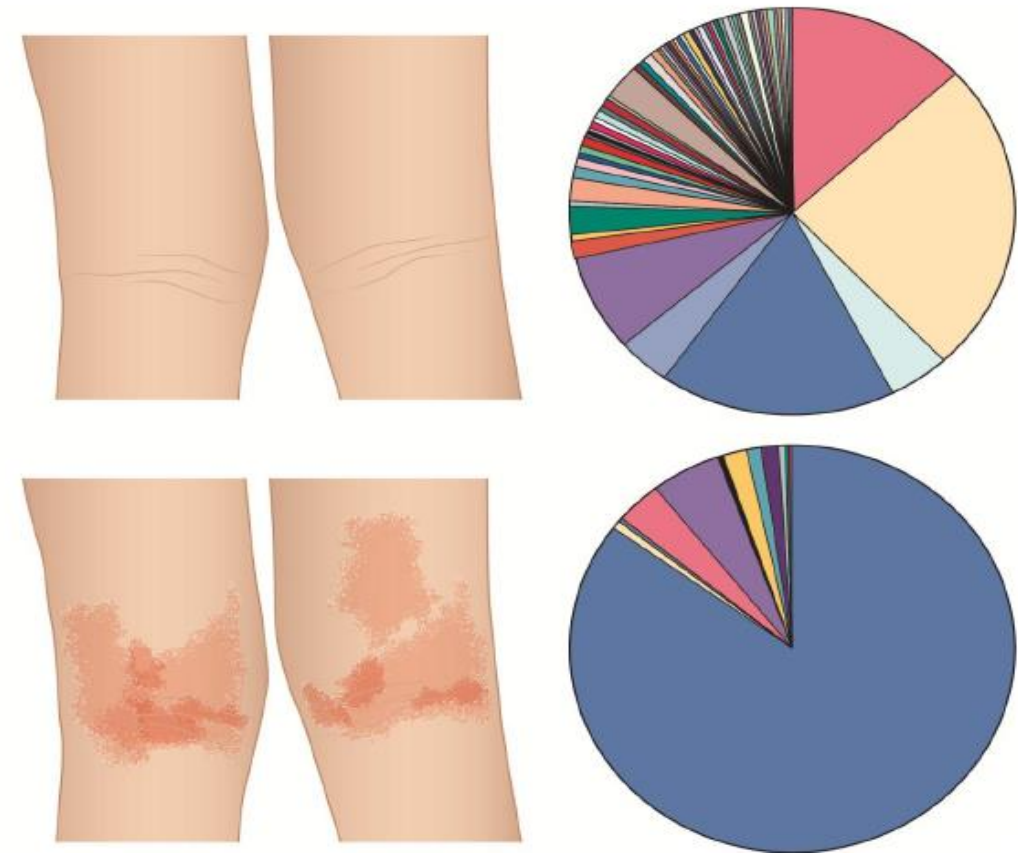


Figure 2. Microbiota on healthy and inflamed skin, where microbial diversity and balance is lost (8, modified).





MART 2019

OBESİTE

OBESITY AND OVERWEIGHT INCREASING WORLDWIDE

3.4
million

DEATHS CAUSED
by overweight
AND OBESITY

Middle Eastern countries experiencing some
of the largest increases in obesity globally:
**SAUDI ARABIA, BAHRAIN, EGYPT,
KUWAIT, AND PALESTINE**



Obesity and overweight
INCREASED
27.5% IN ADULTS
47.1% IN CHILDREN
SINCE 1980

37

Percentage of the
world's adult population
that is overweight
or obese

0

Number of countries
succeeding in
decreasing obesity
in last 33 years

14

Percentage of
overweight or obese
children and adolescents
worldwide

62

Percentage of the
world's obese living
in developing countries

THE US ACCOUNTS FOR **13%** OF THE NUMBER OF OBESE PEOPLE
GLOBALLY BUT **JUST 5%** OF THE WORLD'S POPULATION

OBESITY AND OVERWEIGHT CONTRIBUTE TO:



• **CARDIOVASCULAR DISEASE**



• **DIABETES**



• **CANCER**



• **JOINT PAIN**



MİKROBİYOTA 2019



Endocrine (2018) 61:357–371

<https://doi.org/10.1007/s12020-018-1605-5>

REVIEW



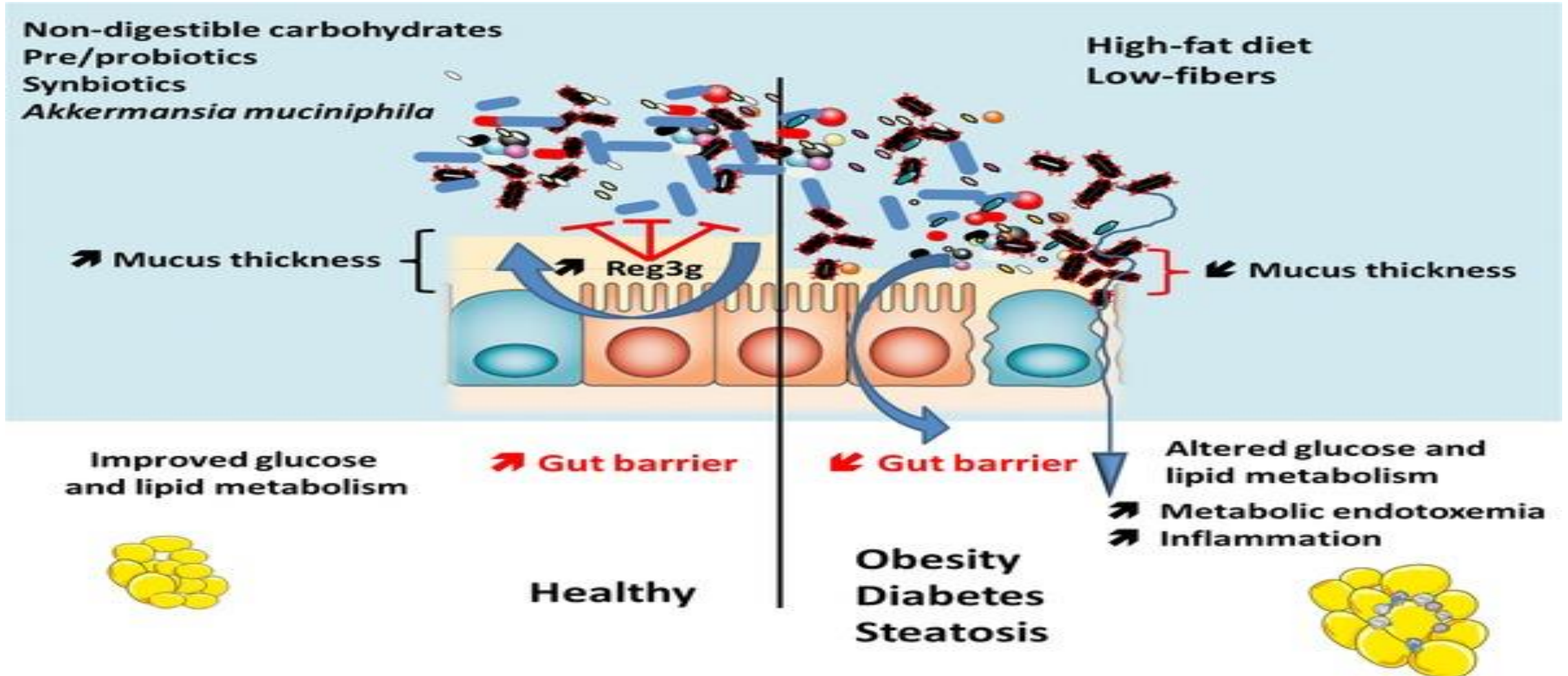
Microbiota and metabolic diseases

Alessia Pascale¹ • Nicoletta Marchesi¹ • Cristina Marelli¹ • Adriana Coppola² • Livio Luzi^{3,4} • Stefano Govoni¹ •
Andrea Giustina⁵ • Carmine Gazzaruso ²



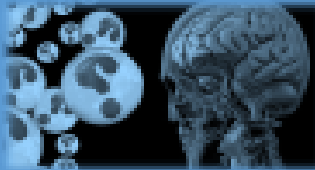
MİKROBİYOTA

2019



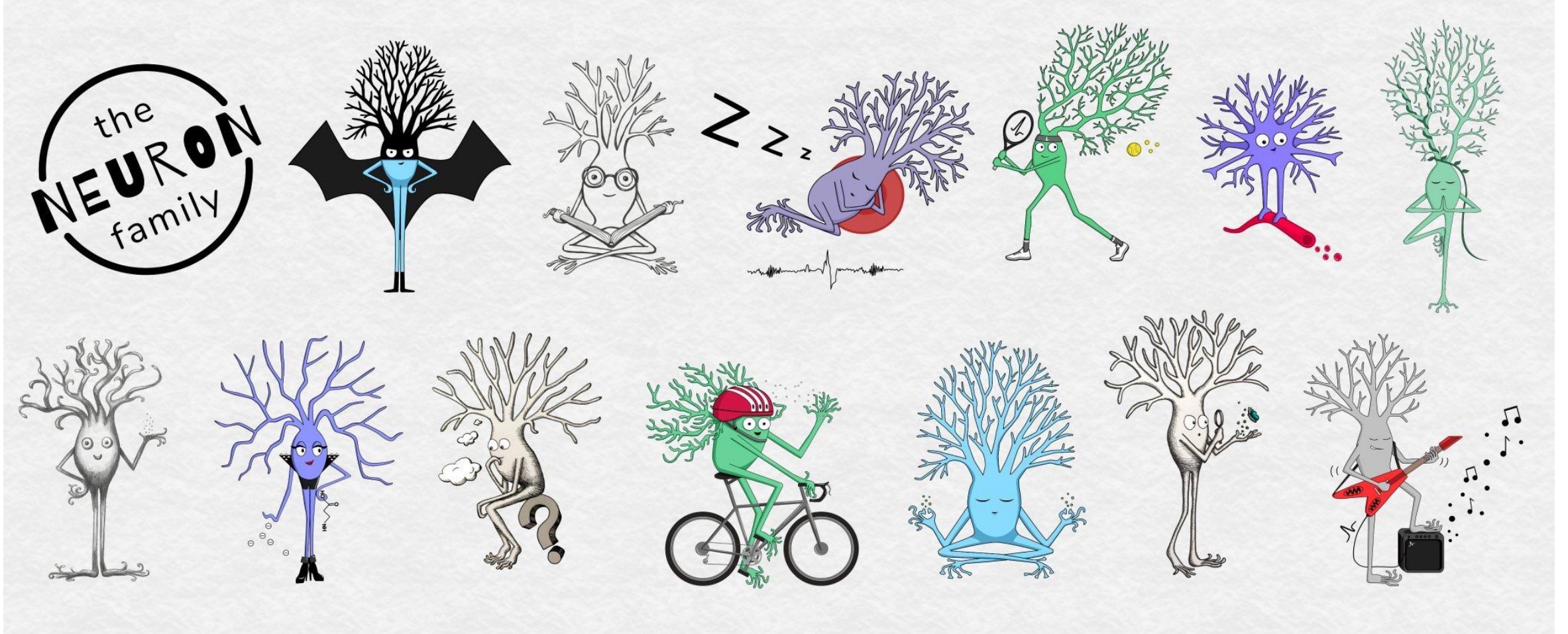


AKKERMANSIA MUCINIPHILIA

					
	Obesity	Non treated Type 2 diabetic	Treated Type 2 diabetic	Gastric Bypass	Multiple sclerosis Parkinson disease
<i>A.muciniphila</i> levels	↓↓	↓↓	↑(↑)	↑↑↑	↑
Major confounding factors	Low level of fibers ingested High fat diet : saturated and low polyunsaturated omega-3 Decreased mucus layer thickness / production ?		Metformin is an energy source for <i>A.muciniphila</i> Metformin increases goblet cells number and changes the gut microbiota	High flux of undigested nutrients as energy source for <i>A.muciniphila</i>	Increased intestinal transit time and constipation Drug treatments Caloric restriction period or altered food intake (i.e., lower energy)
Proof of concept of a direct link between the presence of <i>A.muciniphila</i> and the disease	✓	✓	✓	✓	✗

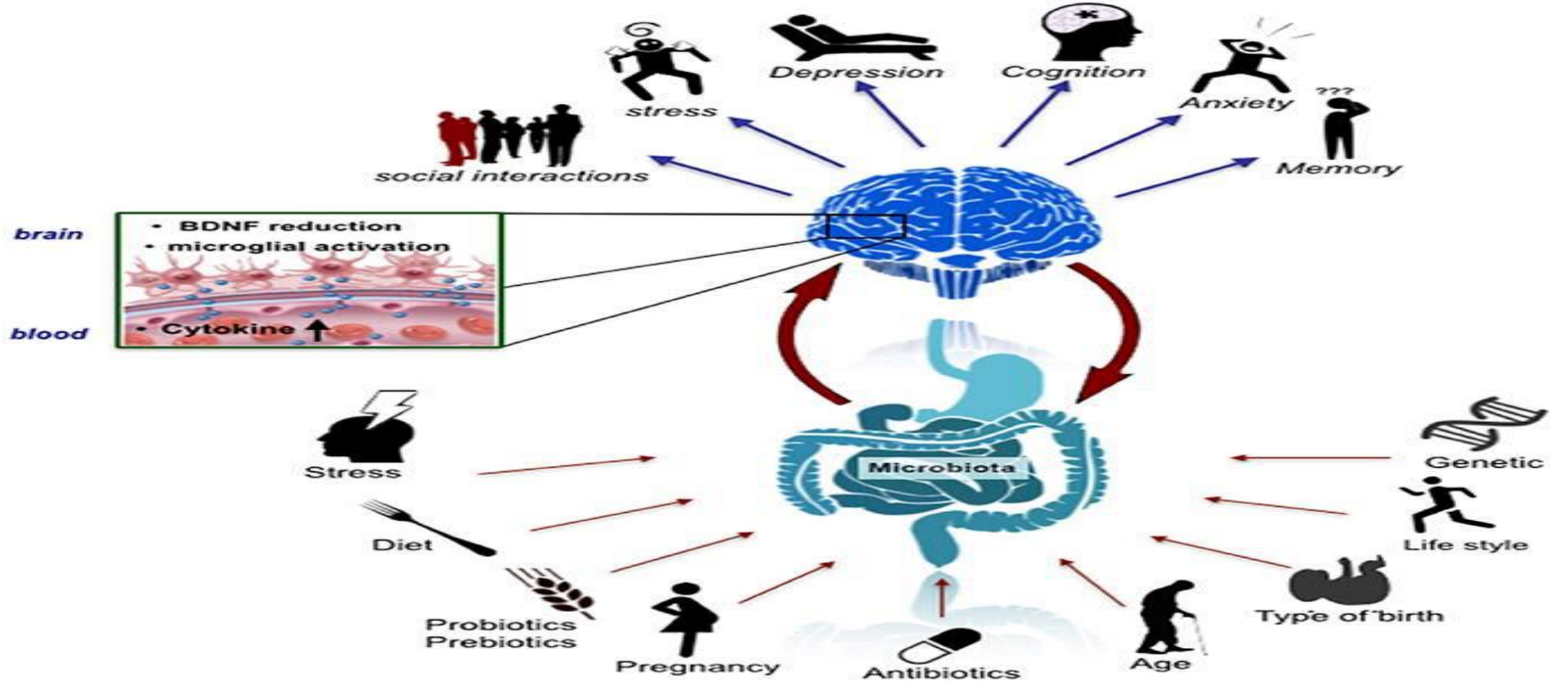


MİKROBİYOTA BAĞIRSAK-BEYİN AKSI





MİKROBİYOTA BAĞIRSAK-BEYİN AKSI





ANTİBİYOTİKLER NÖROPSİKİYATRİK HASTALIKLAR

The contribution of the gut microbiome to neurodevelopment and...
BB Warner

7

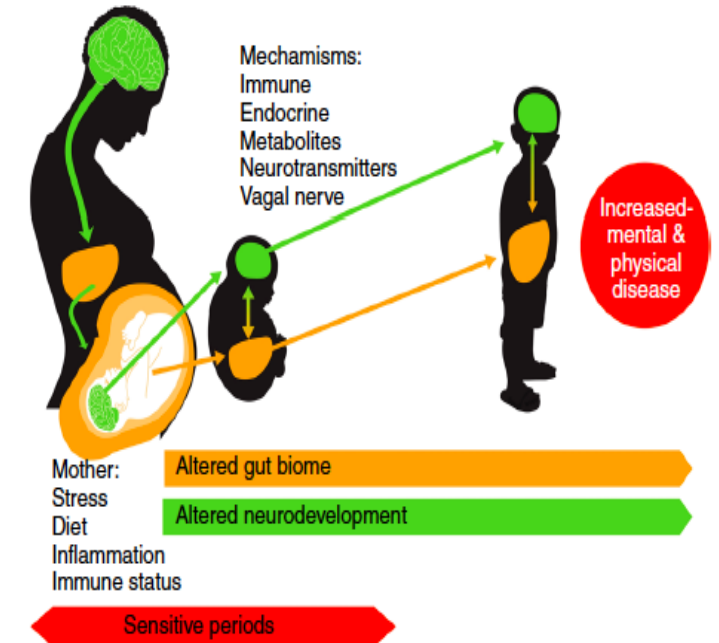
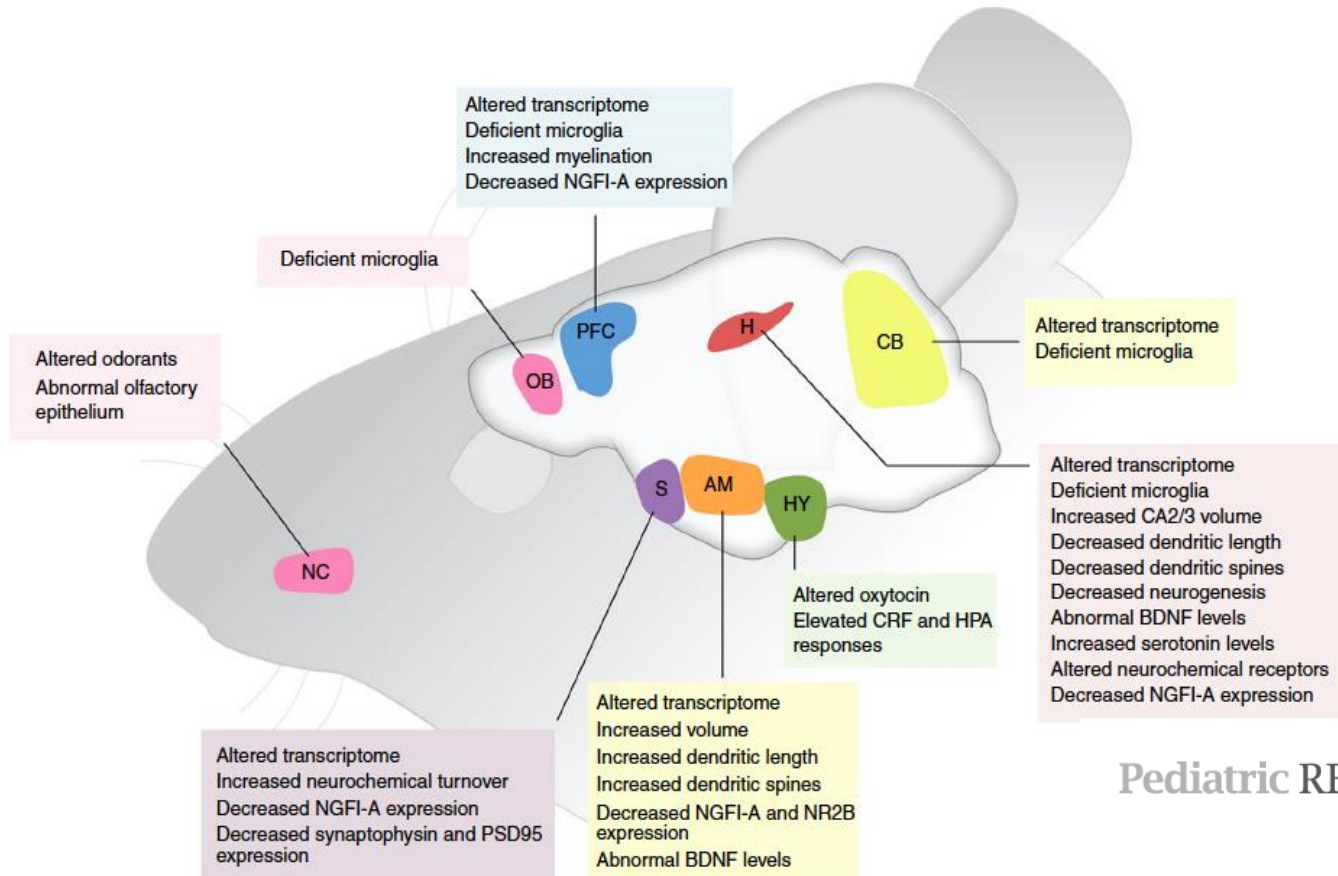


Fig. 2 Developmental windows for gut microbial impact on neurodevelopment, impacted by prenatal exposures and potential mechanism involved

Pediatric RESEARCH

REVIEW ARTICLE

The contribution of the gut microbiome to neurodevelopment and neuropsychiatric disorders

Barbara B. Warner¹

1/pr





MİKROBİYOTA ENDOMETRİOSİS



www.nature.com/scientificreports

SCIENTIFIC REPORTS

OPEN

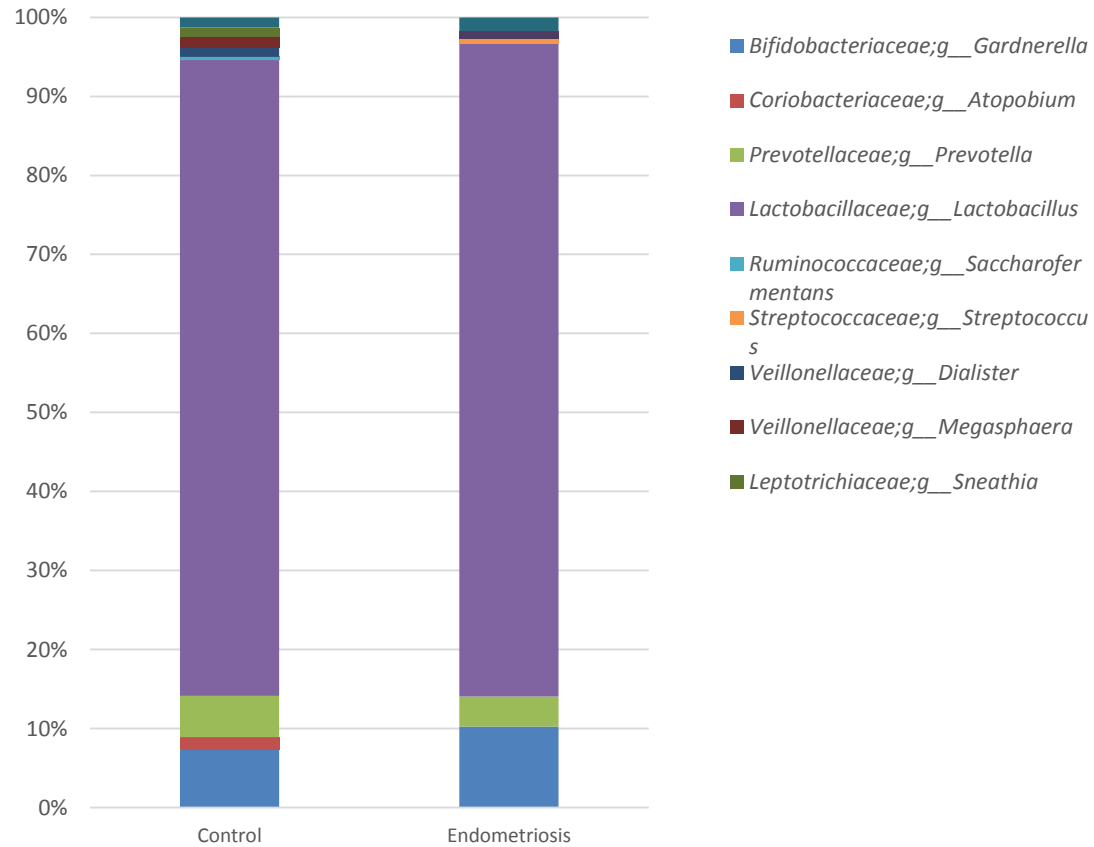
The Endobiota Study: Comparison of Vaginal, Cervical and Gut Microbiota Between Women with Stage 3/4 Endometriosis and Healthy Controls

Received: 10 August 2018
Accepted: 30 January 2019
Published online: 18 February 2019

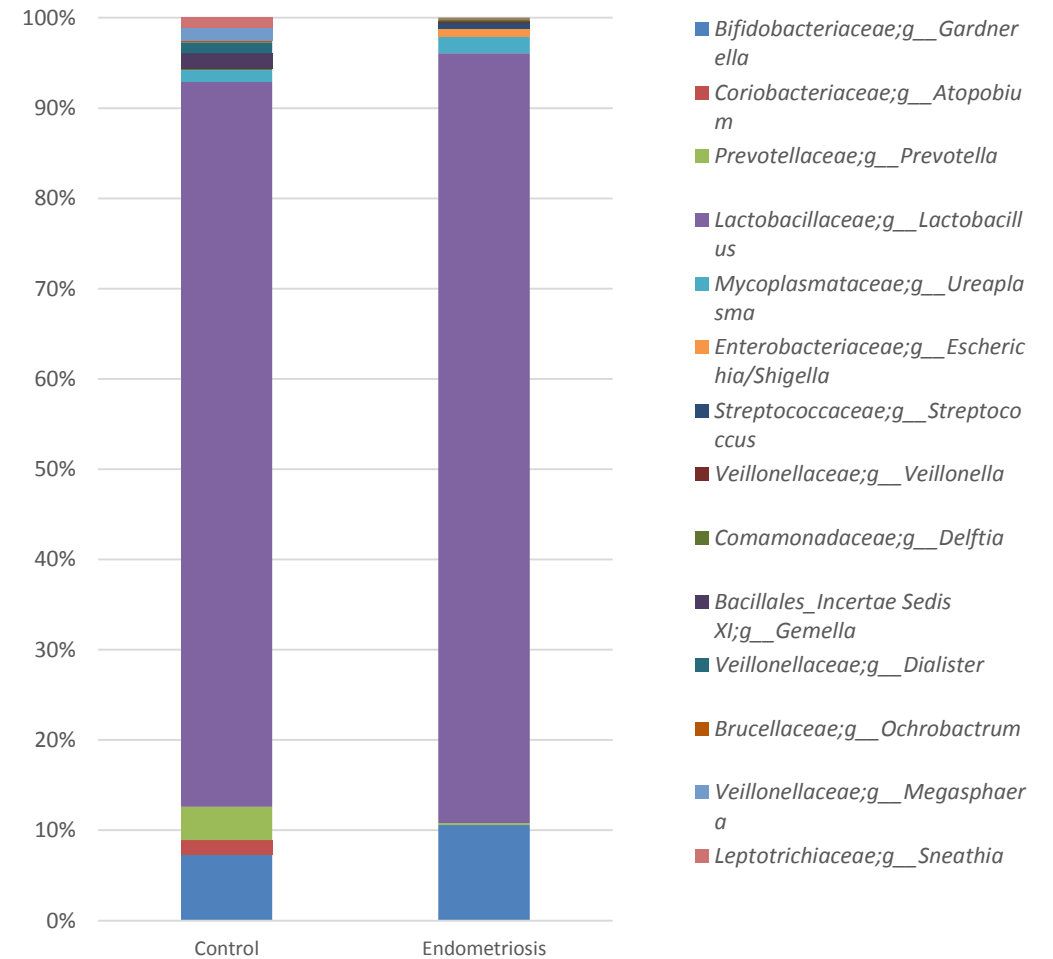
Baris Ata¹, Sule Yildiz², Engin Turkgeldi², Vicente Pérez Brocal³, Ener Cagri Dinleyici⁴, Andrés Moya^{3,5,6} & Bulent Urman¹



CERVIX MICROBIOTA

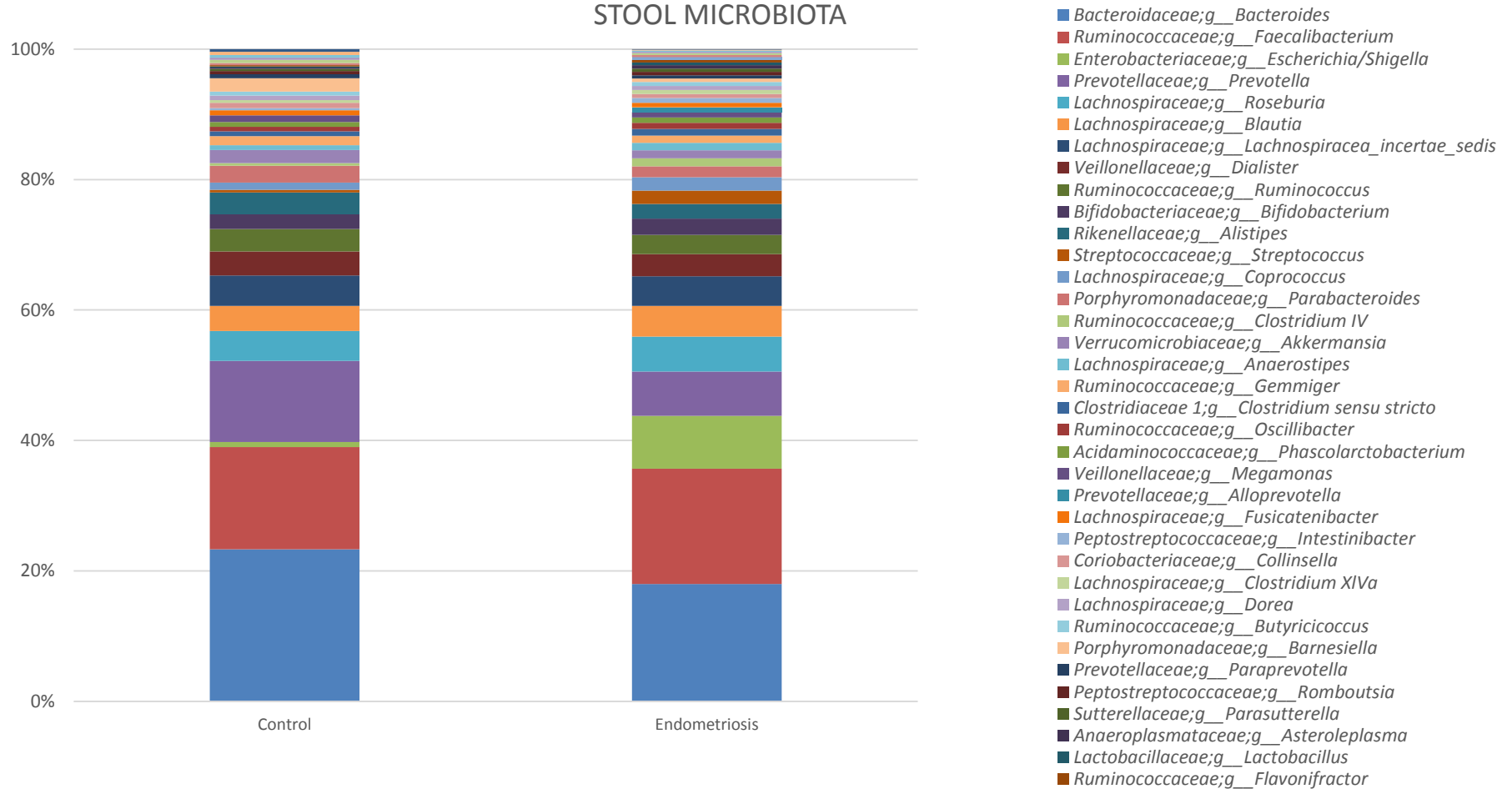


VAGINAL MICROBIOTA





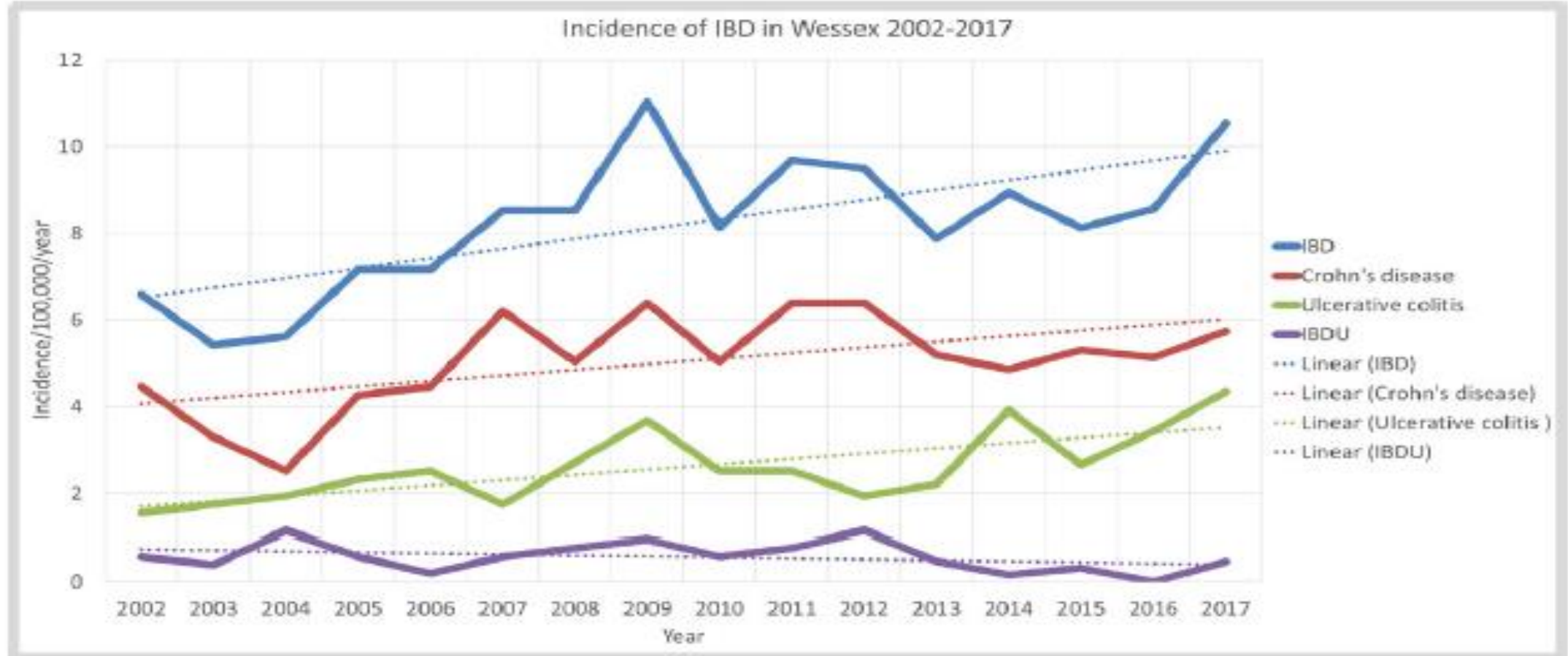
ENDOBIOTA STUDY





MART 2019

İNFLAMATUAR BAĞIRSAK HASTALIKLARI





MİKROBİYOTA KANSER



nature
medicine

FOCUS | REVIEW ARTICLE

<https://doi.org/10.1038/s41591-019-0377-7>

The microbiome, cancer, and cancer therapy

Beth A. Helmink¹, M. A. Wadud Khan¹, Amanda Hermann¹, Vancheswaran Gopalakrishnan^{1,3} and Jennifer A. Wargo^{1,2,3*}



MİKROBİYOTA

KANSERDE TEDAVİ YANITI?



Published in final edited form as:

Science. 2018 January 05; 359(6371): 97–103. doi:10.1126/science.aan4236.

Gut microbiome modulates response to anti-PD-1 immunotherapy in melanoma patients

Science. 2018 Jan 5;359(6371):104-108. doi: 10.1126/science.aao3290.

The commensal microbiome is associated with anti-PD-1 efficacy in metastatic melanoma patients.

Matson V¹, Fessler J¹, Bao R^{2,3}, Chongsuwat T⁴, Zha Y⁴, Alegre ML⁴, Luke JJ⁴, Gajewski TF^{1,4}.

Science





MİKROBİYOTA

KANSER



Soldati et al. *J Transl Med* (2018) 16:75
<https://doi.org/10.1186/s12967-018-1448-0>

Journal of
Translational Medicine

REVIEW

Open Access



The influence of diet on anti-cancer immune responsiveness

Laura Soldati^{1*†}, Laura Di Renzo^{2†}, Emilio Jirillo³, Paolo A. Ascierto⁴, Francesco M. Marincola⁵ and Antonino De Lorenzo²

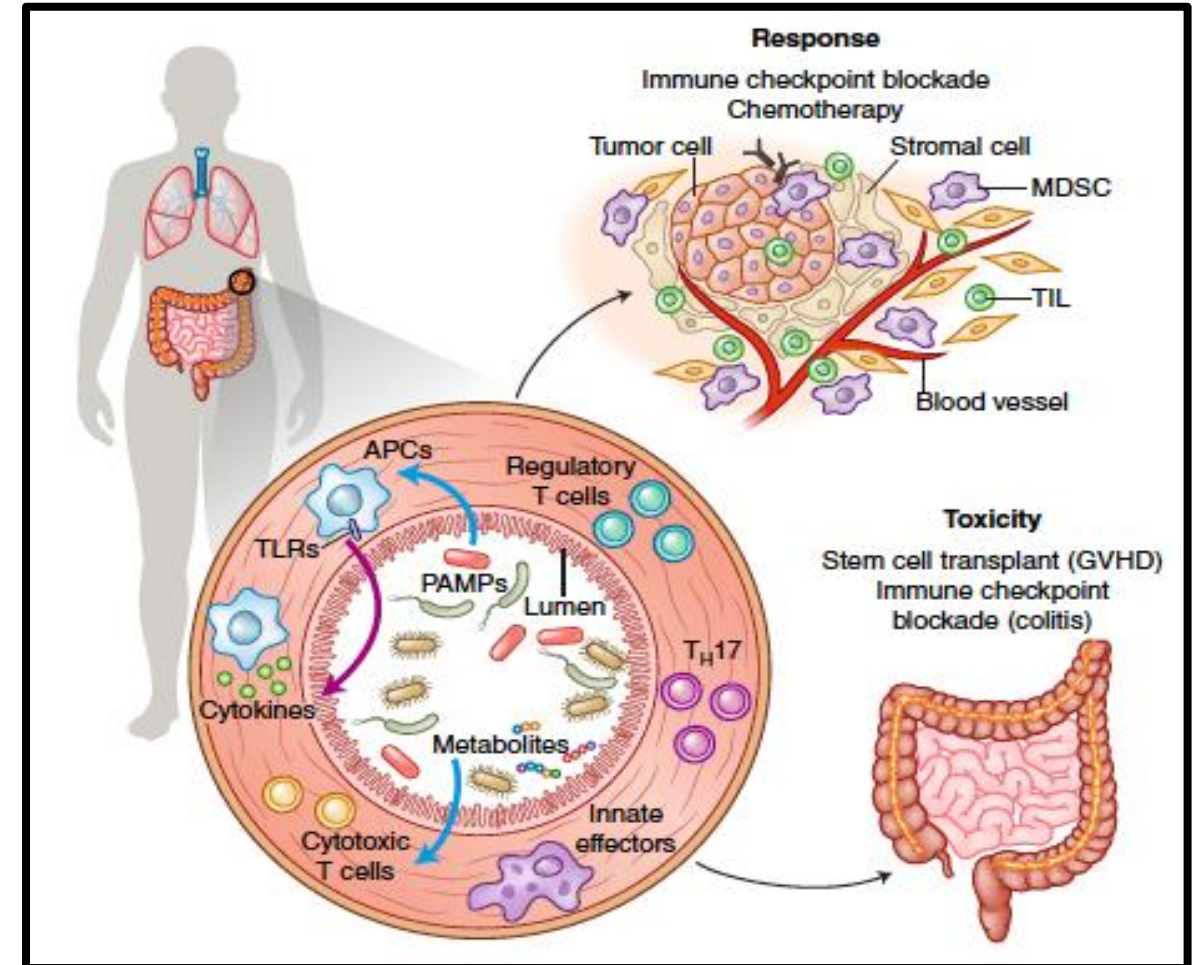
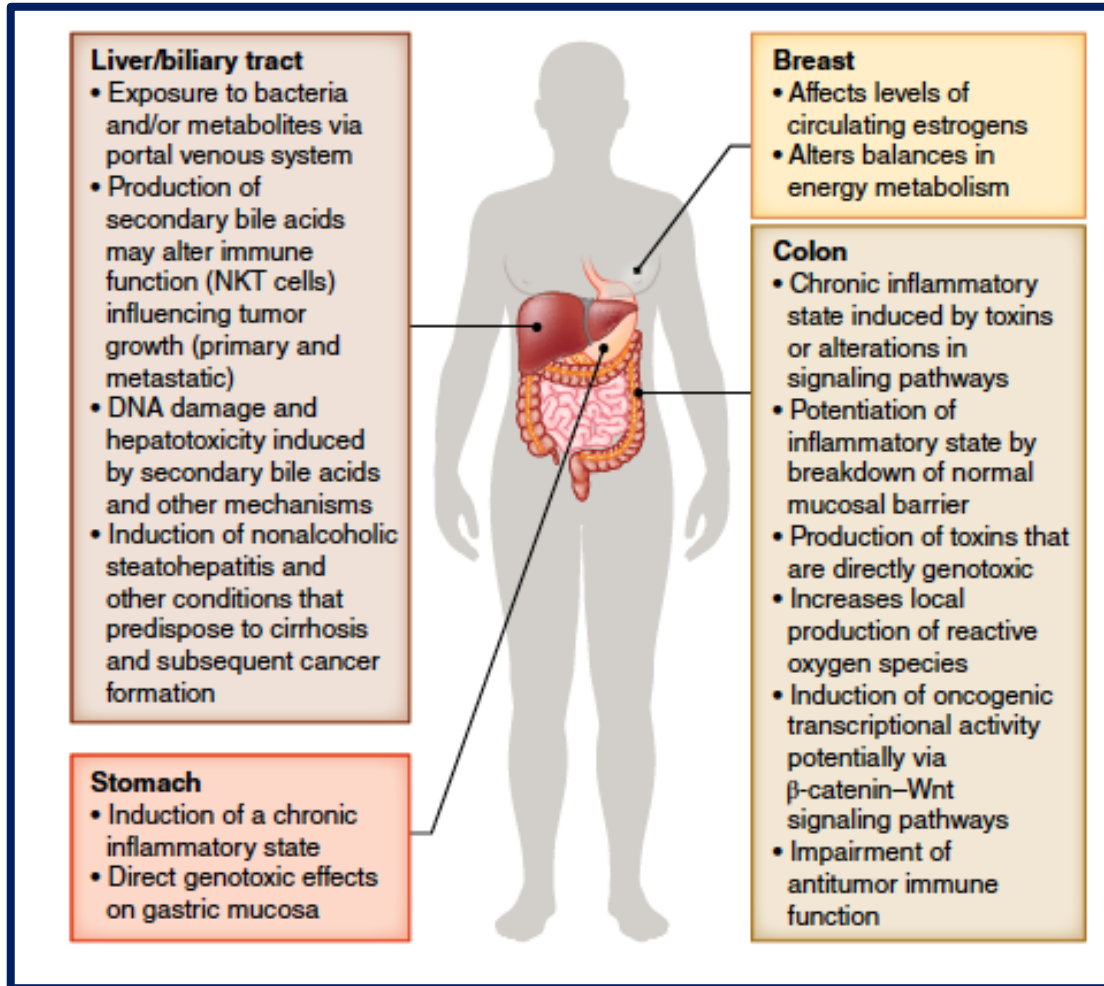
Abstract

Immunotherapy has matured into standard treatment for several cancers, but much remains to be done to extend the reach of its effectiveness particularly to cancers that are resistant within each indication. This review proposes that nutrition can affect and potentially enhance the immune response against cancer. The general mechanisms that link nutritional principles to immune function and may influence the effectiveness of anticancer immunotherapy are examined. This represents also the premise for a research project aimed at identifying the best diet for immunotherapy enhancement against tumours (D.I.E.T project). Particular attention is turned to the gut microbiota and the impact of its composition on the immune system. Also, the dietary patterns effecting immune function are discussed including the value of adhering to a healthy diets such as the Mediterranean, Veg, Japanese, or a Microbiota-regulating diet, the very low ketogenic diet, which have been demonstrated to lower the risk of developing several cancers and reduce the mortality associated with them. Finally, supplements, as omega-3 and polyphenols, are discussed as potential approaches that could benefit healthy dietary and lifestyle habits in the context of immunotherapy.

Keywords: Immunotherapy, Healthy diet, Cancer, Microbiome, Functional supplements

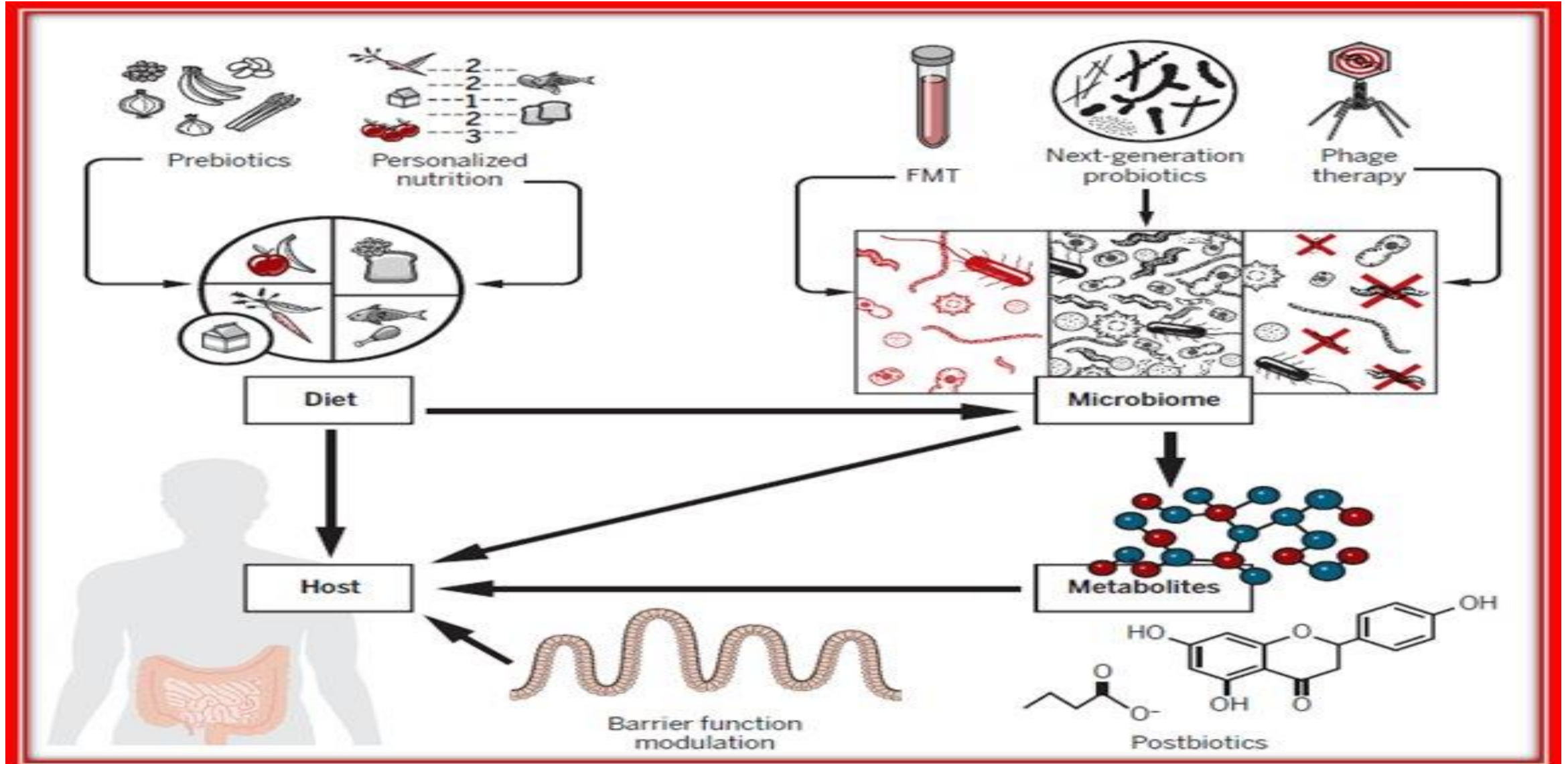


MİKROBİYOTA KANSER



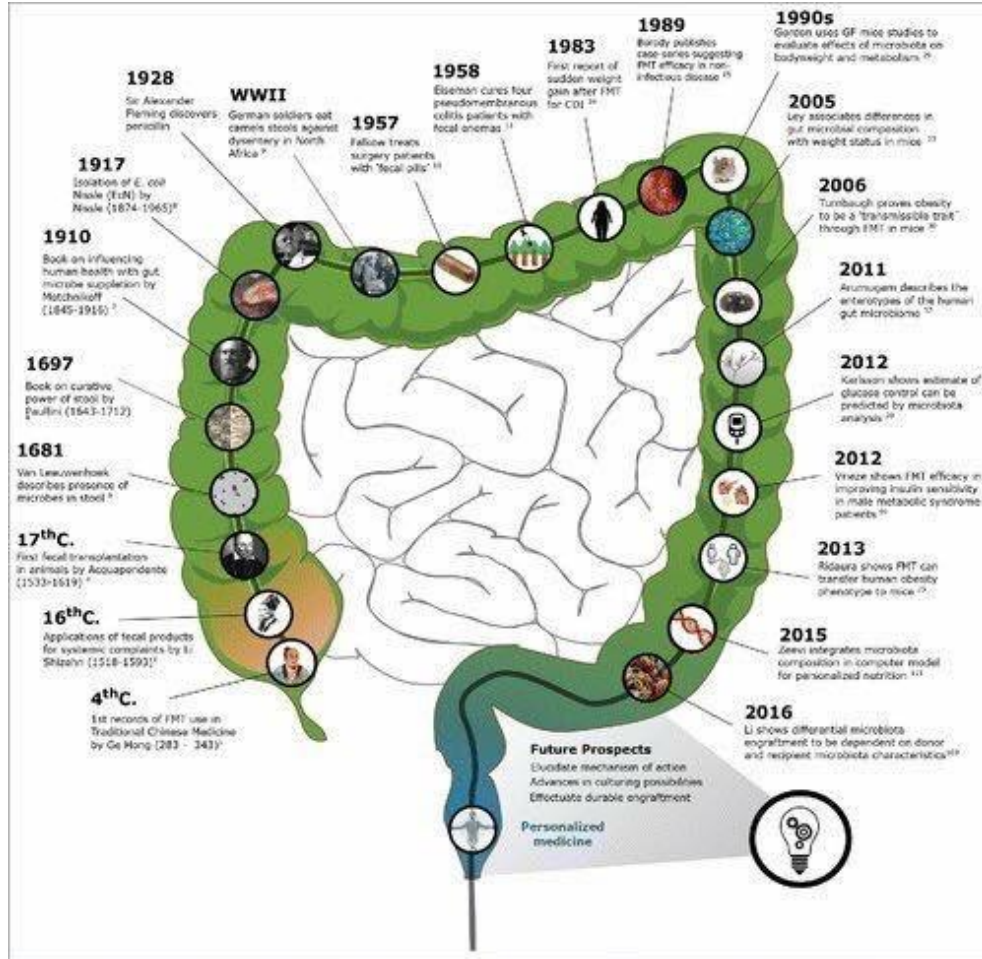


HEDEF SAĞLIKLI MİKROBİYOTA





FEKAL TRANSPLANTASYON??



MICROBIOLOGY

Microbiome conservancy stores global fecal samples

Research could help prevent or treat diseases of the gut



MİKROBİYOTA YAŞLANMA



Review Article

Vol. 8, No. 1, 1-7
<https://doi.org/10.15280/jlm.2018.8.1.1>

Journal of
**Lifestyle
Medicine**

Influence of Altered Gut Microbiota Composition on Aging and Aging-Related Diseases

Jeonghyun Choi^{1,2,3}, Tai-Young Hur⁴, Yonggeun Hong^{1,2,3,5,*}

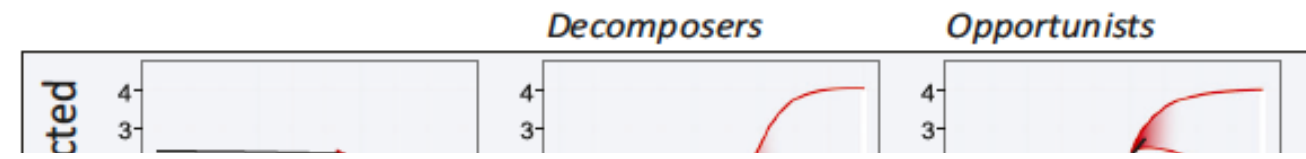
¹Department of Rehabilitation Science, Graduate School, ²Biohealth Products Research Center (BPRC), ³Ubiquitous Healthcare & Anti-aging Research Center (u-HARC), Inje University, Gimhae, ⁴Animal Biotechnology Division, National Institute of Animal Science, Wanju, ⁵Department of Physical Therapy, College of Healthcare Medical Science & Engineering, Inje University, Gimhae, Korea





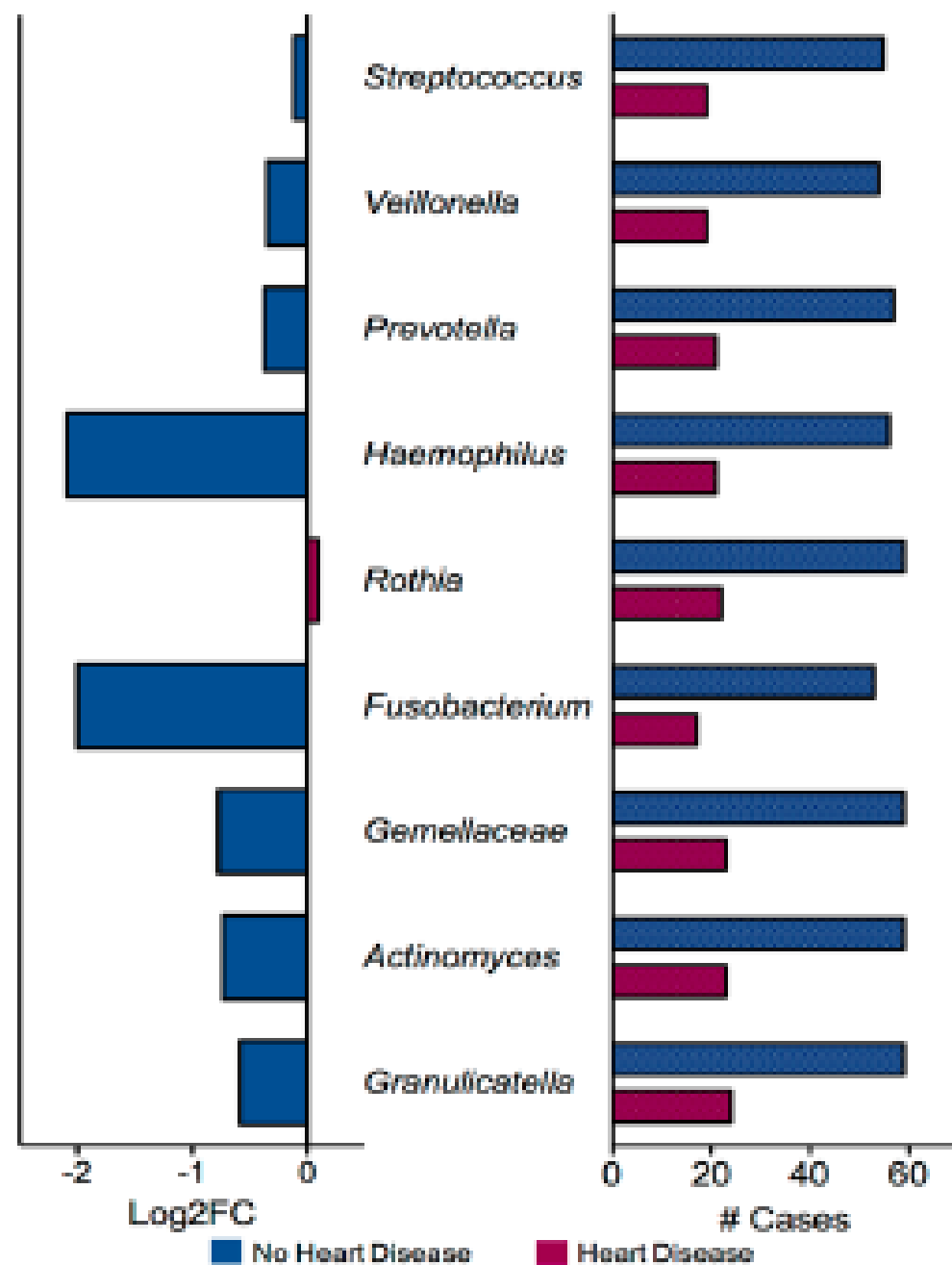
Obligately
host-associated

Non-obligately
host-associated

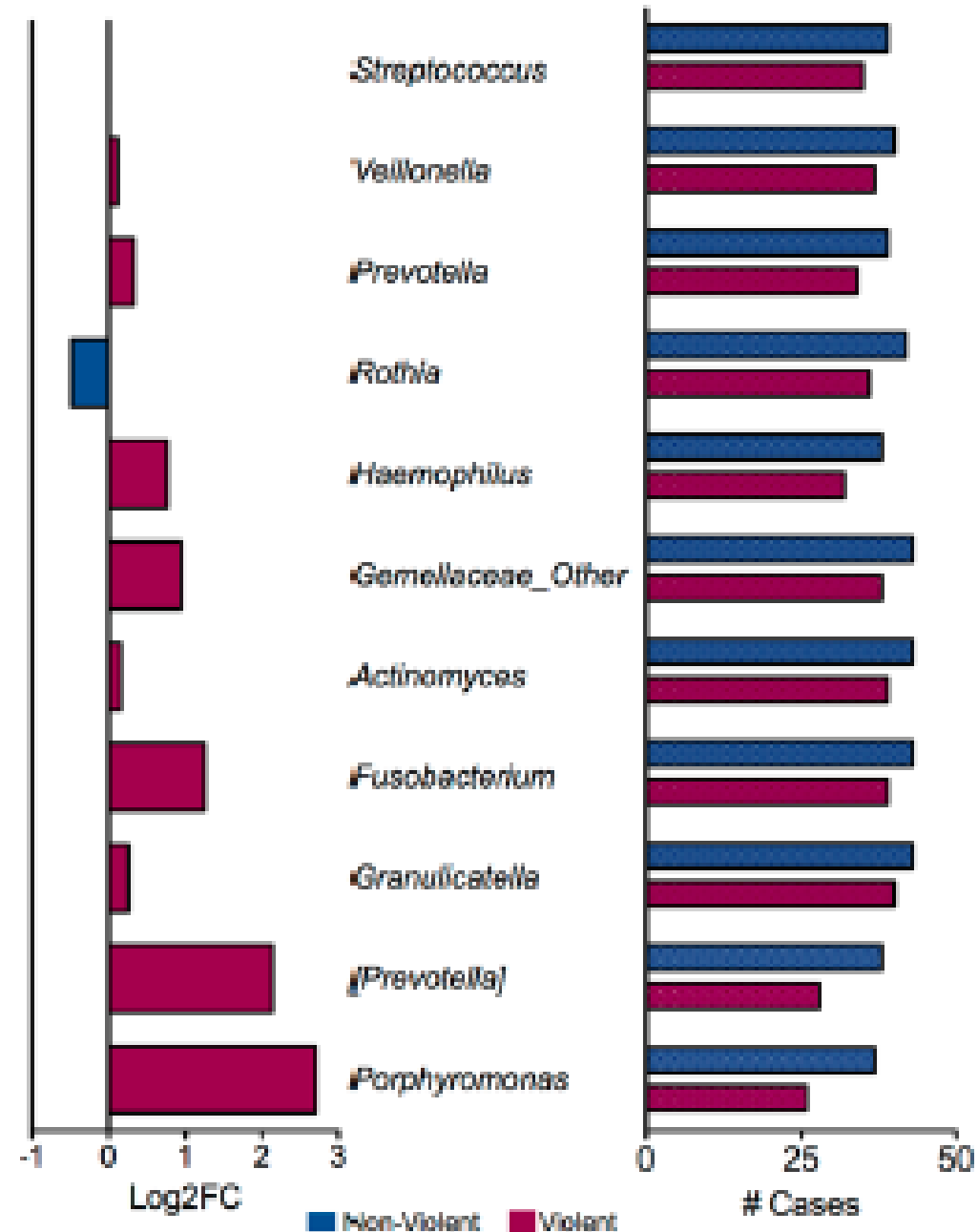


	Class	Order	Family	Genus	Assigned Group
OTU 12	<i>Saprospirae</i>	[Saprospirales]	NA	NA	Food associated
OTU 9		[Saprospirales]	<i>Saprospiraceae</i>	NA	Obl. host-associated
OTU 17	<i>Flavobacteriia</i>	Flavobacteriales	<i>Flavobacteriaceae</i>	<i>Flavobacterium</i>	Food associated
OTU 2	<i>Cytophagia</i>	Cytophagales	<i>Cytophagaceae</i>	<i>Emticicia</i>	Other
OTU 16	<i>Actinobacteria</i>	Actinomycetales	<i>Microbacteriaceae</i>	NA	Medium associated
OTU 15		Actinomycetales	<i>Microbacteriaceae</i>	<i>Clavibacter</i>	Medium associated
OTU 6	<i>Alphaproteobacteria</i>	Rhodobacterales	<i>Rhodobacteraceae</i>	<i>Rhodobacter</i>	Opportunists
OTU 18	<i>Gammaaproteobacteria</i>	Pseudomonadales	<i>Moraxellaceae</i>	<i>Acinetobacter</i>	Other
OTU 10		Alteromonadales	[<i>Chromatiaceae</i>] ¹	<i>Rheinheimera</i>	Decomposer
OTU 4		Alteromonadales	[<i>Chromatiaceae</i>] ¹	<i>Rheinheimera</i>	Other
OTU 5		Pseudomonadales	<i>Pseudomonadaceae</i>	<i>Pseudomonas</i>	Opportunists
OTU 8		Pseudomonadales	<i>Pseudomonadaceae</i>	NA	Other
OTU 1	<i>Betaproteobacteria</i>	Burkholderiales	<i>Comamonadaceae</i>	<i>Rubrivivax</i>	Obl. host-associated
OTU 7		Burkholderiales	<i>Comamonadaceae</i>	NA	Decomposer
OTU 11		Burkholderiales	<i>Comamonadaceae</i>	NA	Opportunists
OTU 13		Burkholderiales	<i>Comamonadaceae</i>	<i>Methylibium</i>	Medium associated
OTU 3		Burkholderiales	<i>Comamonadaceae</i>	<i>Limnohabitans</i>	Obl. host-associated
OTU 425		Burkholderiales	<i>Comamonadaceae</i>	<i>Limnohabitans</i>	Obl. host-associated
OTU 14	<i>Deltaproteobacteria</i>	Myxococcales	NA	NA	Opportunists

16S rRNA Diversity (PD)

B

16S rRNA Diversity (PD)

D



DEVAM EDEN ÇALIŞMALAR

- BEHÇET HASTALIĞI ORAL AFT VE İNTESTİNAL MİKROBİYOTA
- FİBROMİYALJİ VE MİKROBİYOTA
- FMF HASTALIĞINDA MİKROBİYOTA
- TALASEMİ NEDENİL İLE KİT YAPILAN HASTALARDA MİKROBİYOTA KOMPOZİSYONU
- ANNE SÜTÜ VİROME ANALİZİ
- ANNE SÜTÜ ANTİBİYOTİK İÇERİĞİ VE MİKROBİYOYA KOMPOZİSYONU
- PEDIATRİK SEPSİS OLGULARINDA NAZOFARİNGEAL VE İNTESTİNAL MİKROBİYOTA ANALİZİ
- İNVAZİV MENİNGOKOK ENFEKSİYONU OLGULARINDA MİKROBİYOTA
- OBEZ ERGENLERDE MİKROBİYOTA KOMPOZİSYONU VE PROBİYOTİKLERİN ETKİSİ

TÜRKİYE

DR. METEHAN ÖZEN

DR. ATEŞ KARA

DR. MAKBULE EREN

DR. NAZAN DALGIÇ

DR. ŞİRİN GÜVEN

DR. AHMET SAMİ YAZAR

DR. ÖZGE METİN

DR. OLCA YASA

DR. ADEM KARBUZ

DR. OZDEN TUREL

DR. ZAFER KURUGOL

PROBAGE STUDY GROUP



VALENCIA/İSPANYA

ANDREAS MOYA

VICENTE PEREZ BROCAL

DANI MARTINEZ

JOSE MANUEL MARTI

CARLOS P. GARAY

Albert Einstein College
New York City

DANIEL BIRO

KONSTANTIN RUMYANTSEV

AVIV BERGMAN

KOÇ ÜNİVERSİTESİ

BARIŞ ATA

BÜLENT URMAN

ŞULE YILDIZ

ENGİN TÜRKGELDİ



BELÇİKA

YVAN VANDENPLAS





*Excellence is a road, not a destination
Cont'd, 2019. Ener Cagri Dinleyici*