

# Rapid diagnostics: an AMS tool?

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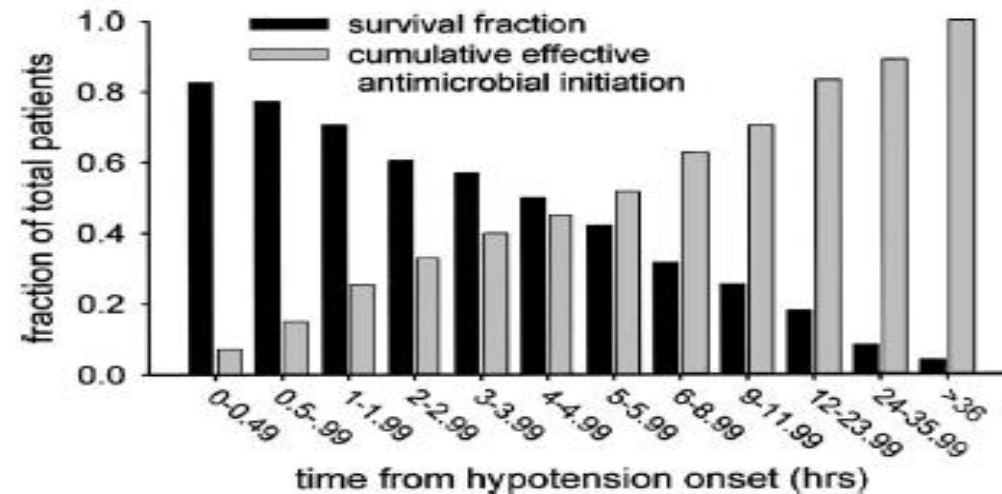
# Rapid diagnostics (RDT): an AMS tool?

- **Outline**

- Why we need rapid diagnostics
- What rapid diagnostics could test
- Their usefulness for antimicrobial stewardship (AMS)
- How we could use them in most efficient way
  - Diagnostic stewardship (DS)

# Why Do We Need RDT?

- The perfect antimicrobial treatment of serious infections
  - Appropriate & Fast
    - Timely antimicrobial therapy improves the mortality of patients with sepsis
    - Each hour of delay resulting in a 8 % decrease in survival



Kumar A.. Chest. 2009;136(5):1237-1248.

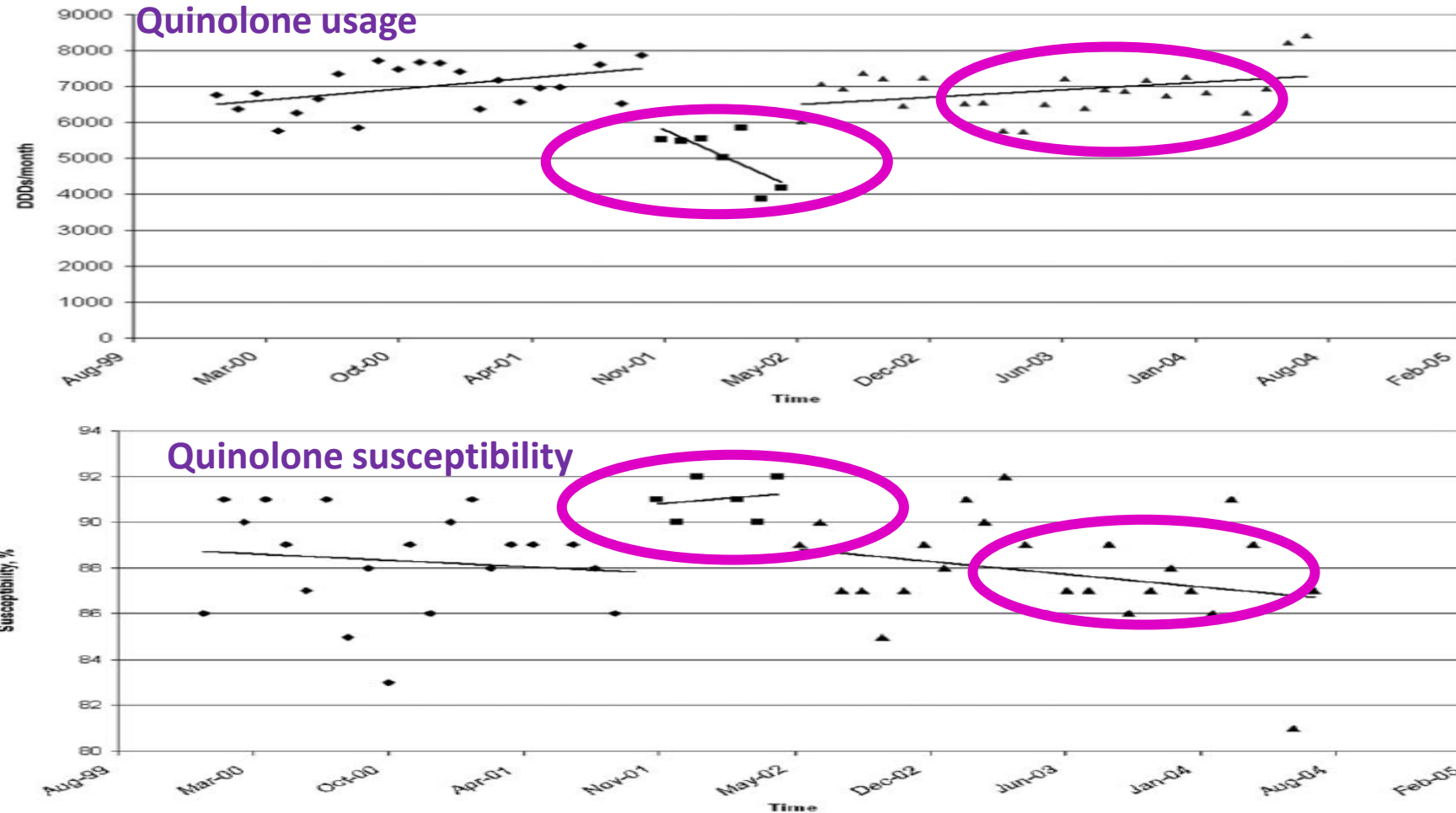
Kumar A. Crit Care Med. 2006;34(6):1589-1596.

Cosgrove SE. Clin Infect Dis. 2006;42(suppl 2):S82-S89

Ferrer R. Crit Care Med 2014; 42:1749-1755

# Why Do We Need RDT?

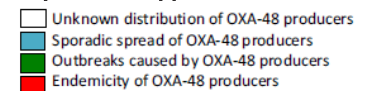
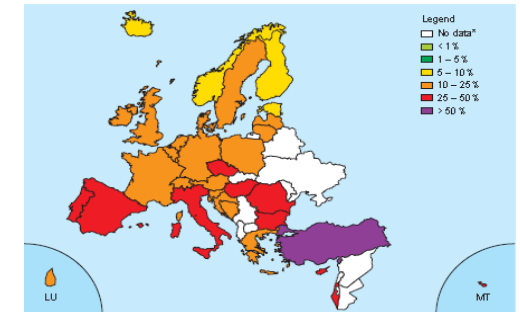
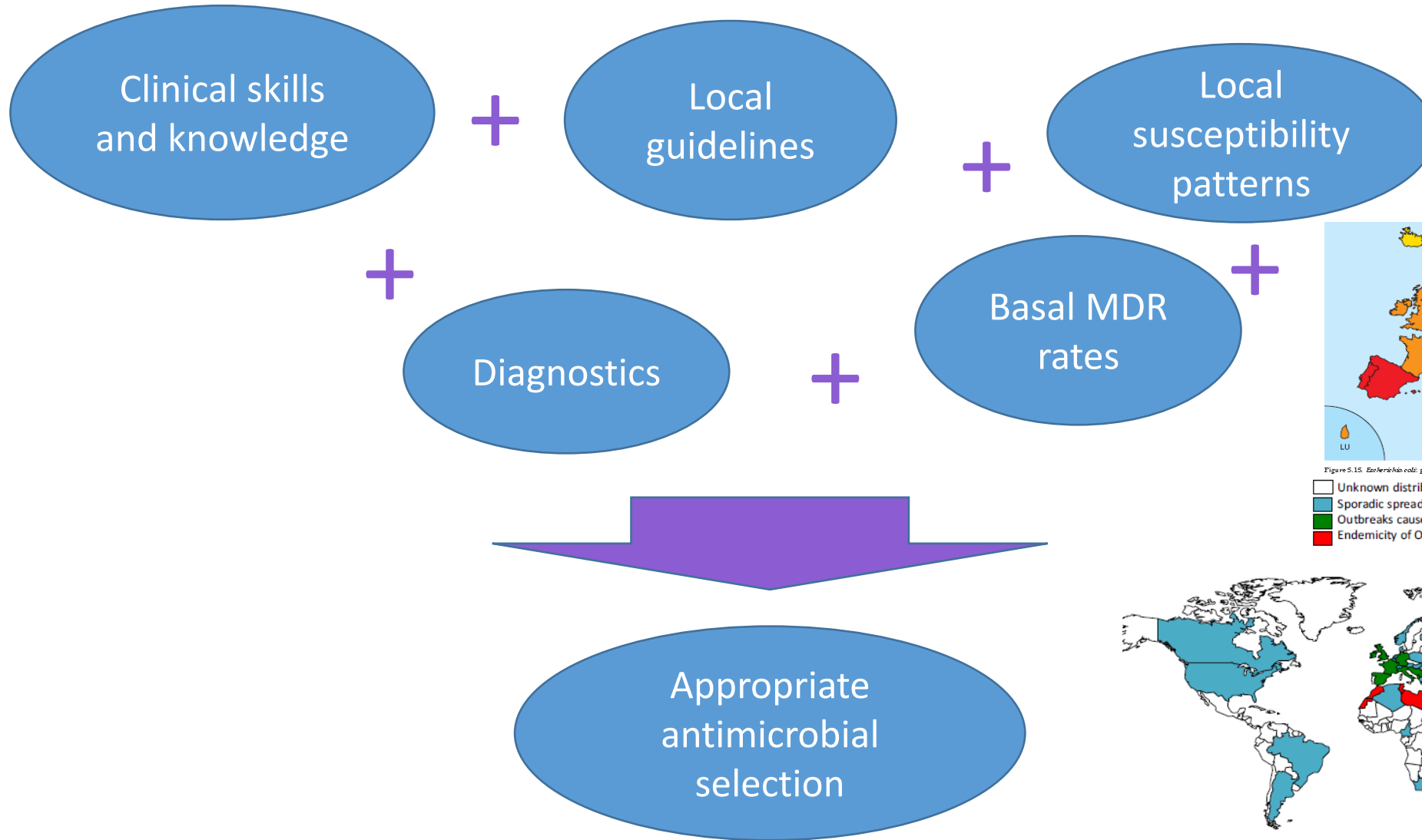
Overuse leads to increase in antimicrobial resistance



Reducing quinolone consumption lead to an immediate significant increase in the susceptibility of *E. coli* urine isolates to quinolones.

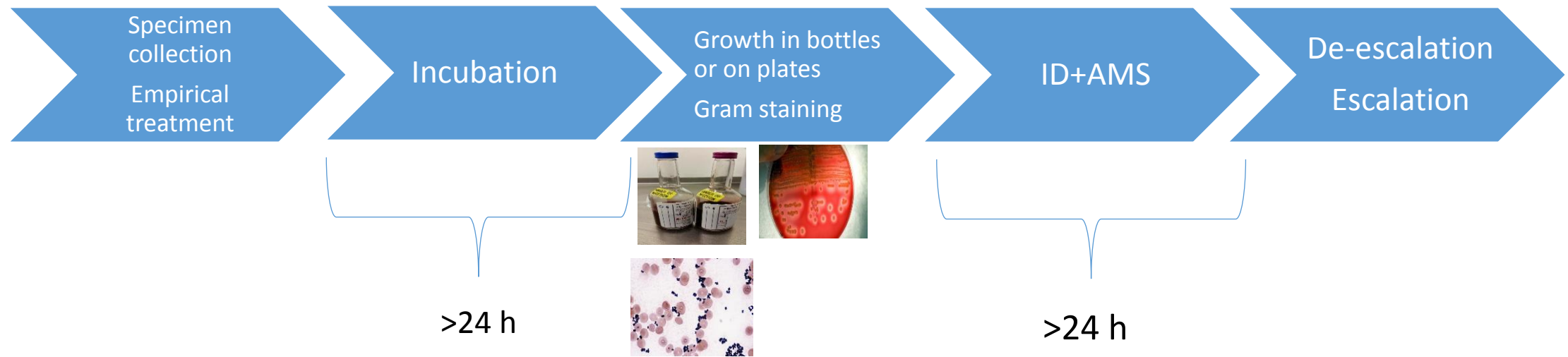
The improved susceptibility pattern reversed immediately when quinolone consumption rose in the community.

# Factors Affecting Appropriate Empiric Antimicrobial Selection



# Why Do We Need RDT?

- Time-table for the diagnosis and treatment of infectious diseases with traditional diagnostics -culture+ID+susp



**Traditional diagnostics**

**At least 48 h, usually 72-96 h to get the results**

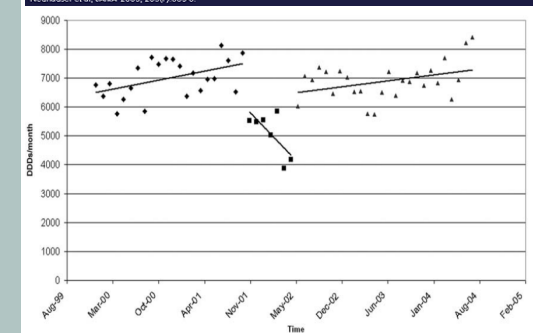
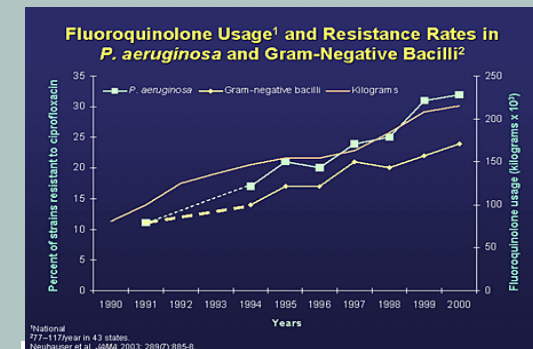
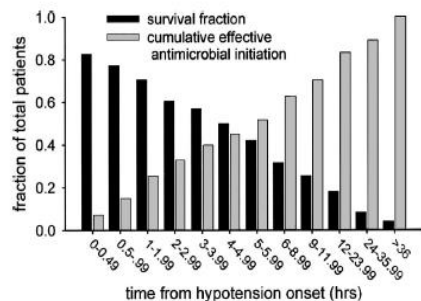
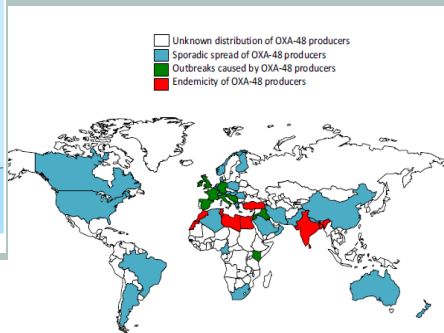
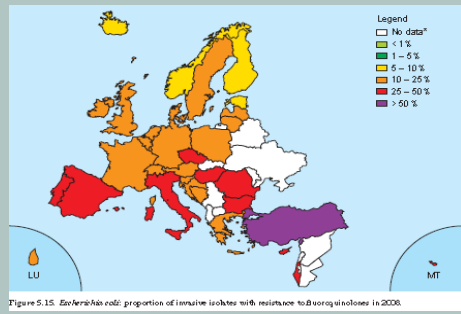


# Why Do We Need RDT?

Meropenem-  
colistin- vanco

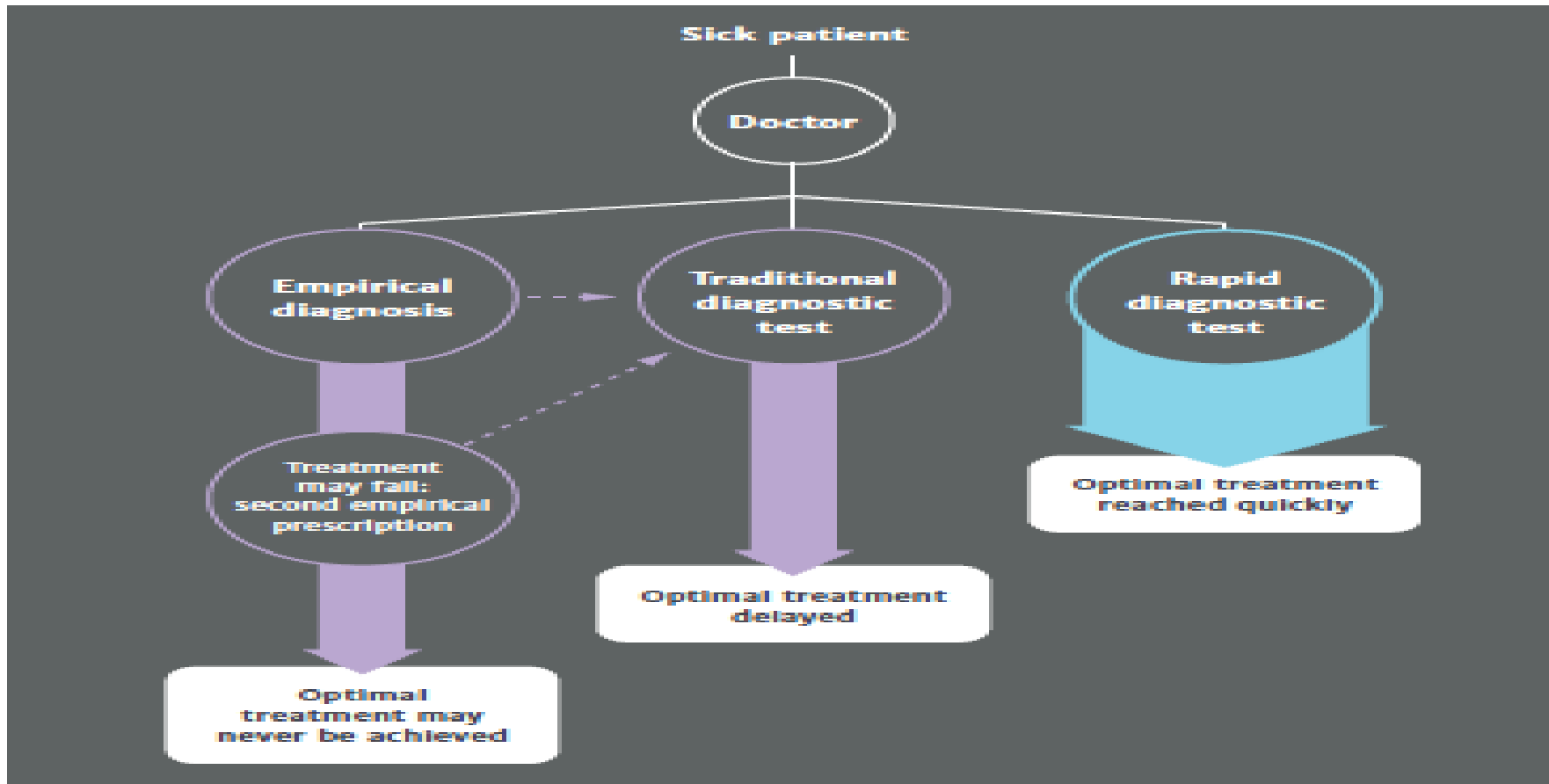


Ampicillin-  
sulbactam



# Why Do We Need RDT?

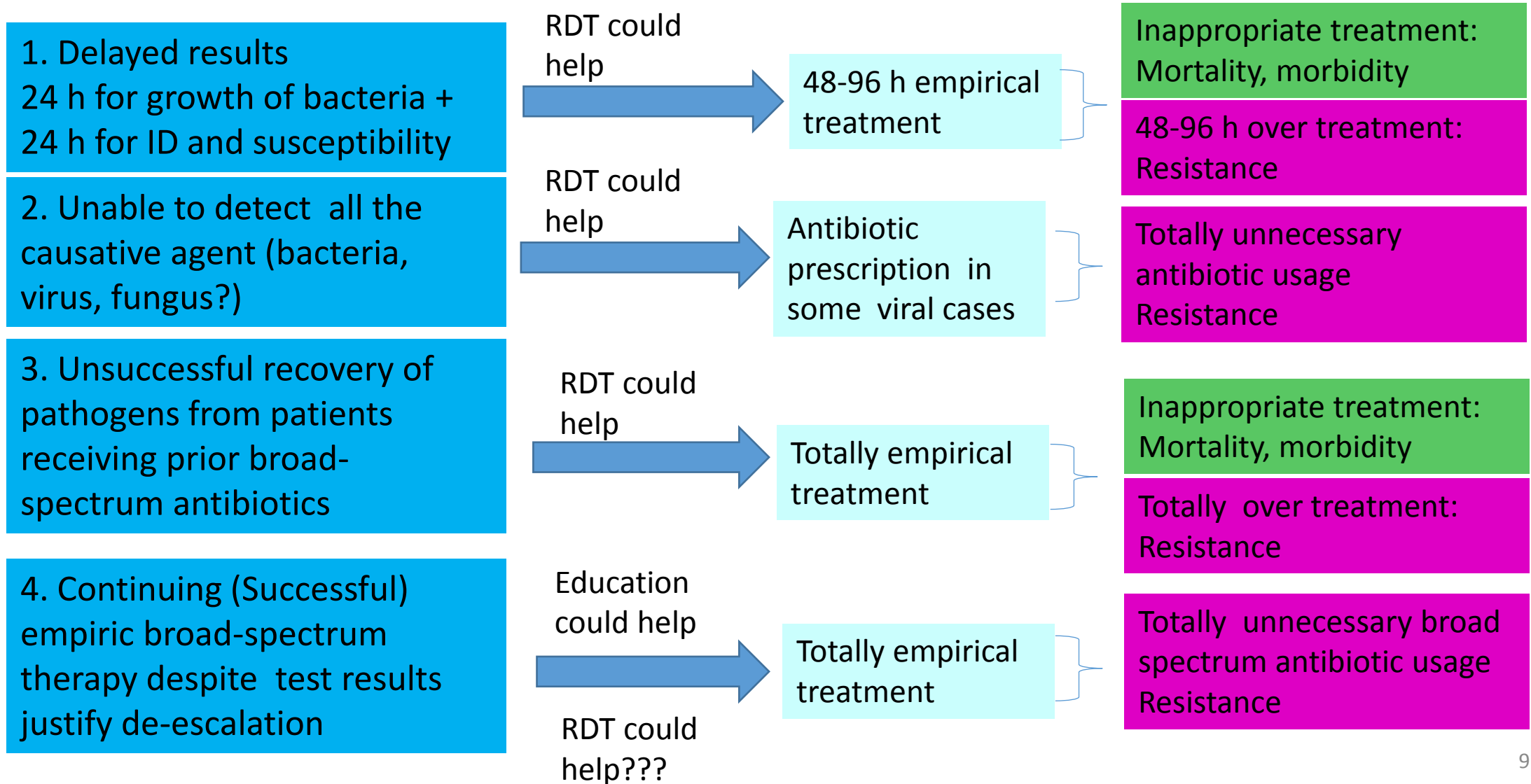
- **Hope (Dream):** New rapid diagnostic tests could solve this dilemma by quickly providing the results and optimize the treatment.





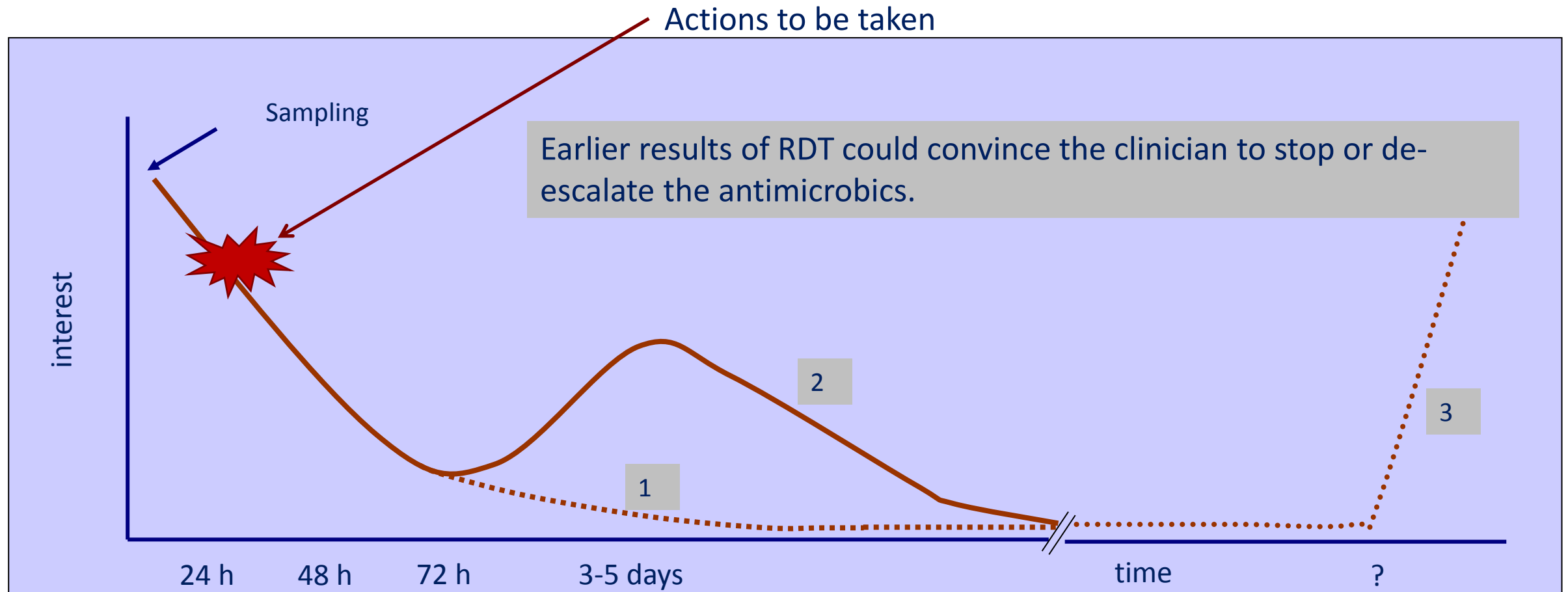
# Why do we need RDT?

- Problems with the traditional diagnostics (culture+ID+Susp) in infectious diseases



# Why do we need RDT?

## Interest of the clinicians for microbiological reports



*Edwards et al. Arch Intern Med 1973; 132:678-82*

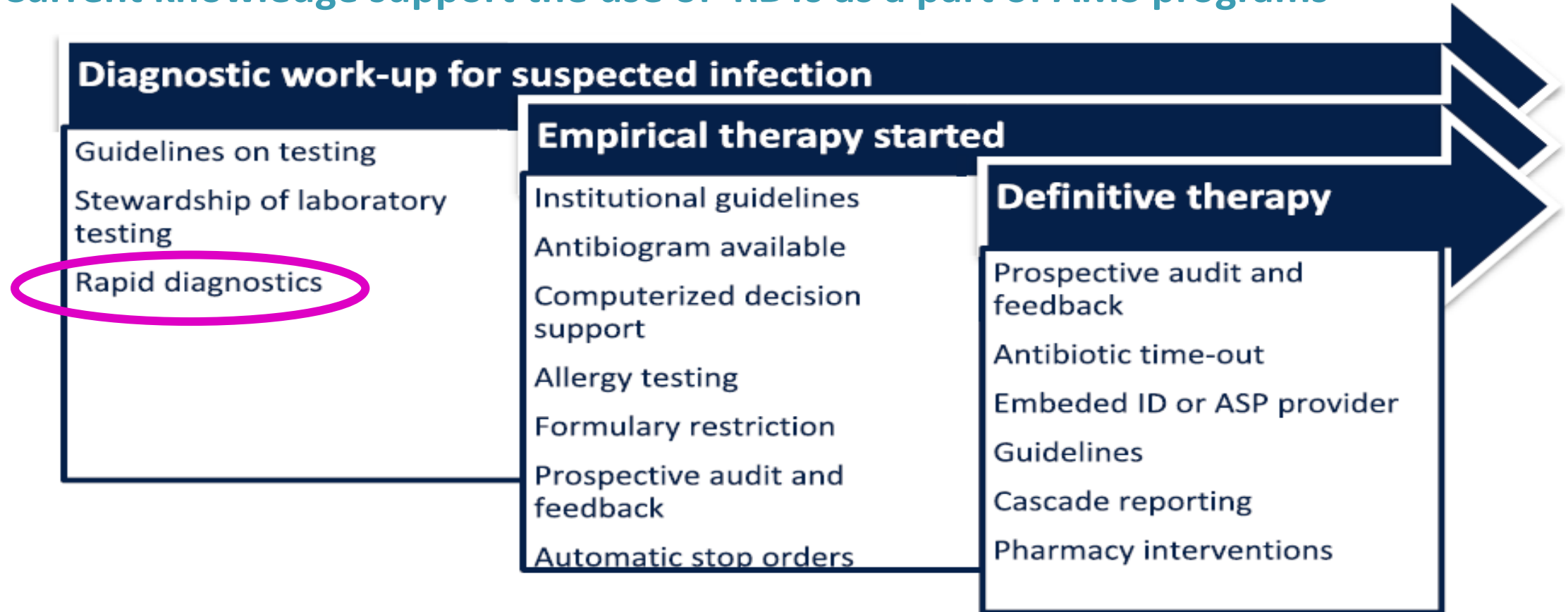
*Spencely et al. J Infect 1979; 1:23-26*

*Cunney et al. Int J Antimicrob Chemother 2000; 14:13-9*

*R. Cantón (personal experience)*

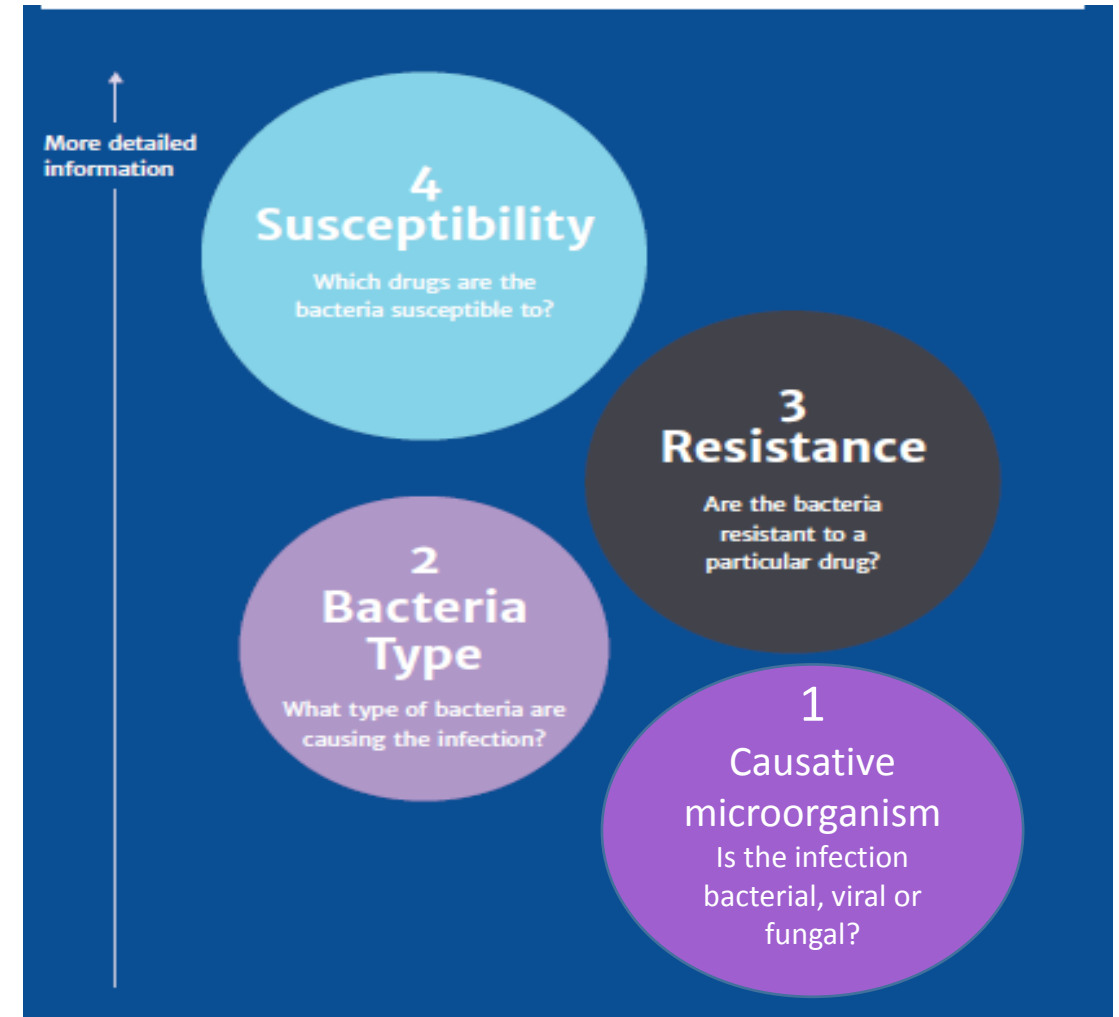
# Opportunities for Antimicrobial Stewardship Interventions

Current knowledge support the use of RDTs as a part of AMS programs



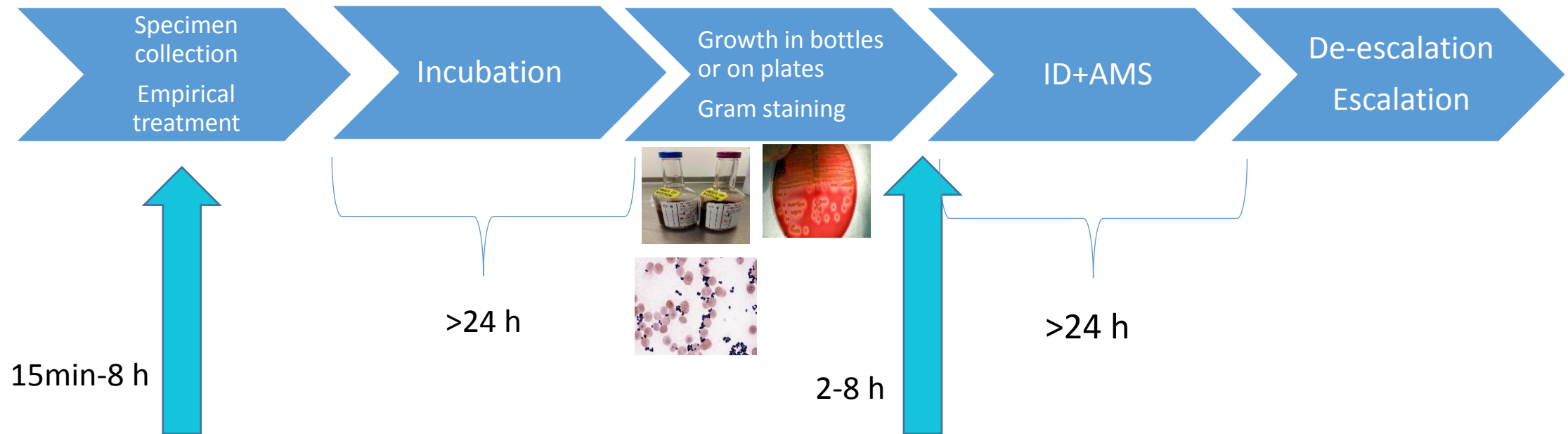
# What Rapid Diagnostics Could Test

- In clinical samples
  - Presence/absence of microorganisms
    - Bacteria, virus, fungus
  - Biomarkers
- In positive blood culture bottles or culture plates
  - Bacteria type
  - Antimicrobial resistance
  - Antimicrobial susceptibility



# What Rapid Diagnostics Could Test

- Time-table for the diagnosis and treatment of infectious diseases (traditional diagnostics - culture+ID+susp)



**RAPID DIAGNOSTICS FOR CLINICAL SAMPLES**  
(direct detection of microorganisms)

**RAPID DIAGNOSTICS FOR POSITIVE BLOOD CULTURE BOTTLES AND CULTURE PLATES**  
(ID, resistance, susceptibility)

# What Rapid Diagnostics Could Test

Direct microorganism detection from clinical samples: Molecular or ICT

Syndrome	Test	Sample	Pathogen	Performance	TAT
Pneumonia	Multiplex PCR	Sputum	“Unlimited” pathogens	PPV????	2 h
	ICT	Urine	<i>S. pneumoniae</i> <i>Legionella</i>	PPV -> 0.8 -0.96 S: 76%; E: 99%	15 min
	Multiplex PCR	Nasal Swab	“Unlimited” virus	PPV???	2 h
Influenza	ICT	NP Swab	Influenza A and B	S:62%; E 98%	15 min
	PCR	NP Swab	Influenza A and B	S: ↑↑↑ E: ↑↑↑	1-6 h
Meningitis	Multiplex PCR	CSF	“Unlimited” virus and bacteria	S: ↑↑↑ E: ↑↑↑	2h
Diarrhea	PCR	Stool	<i>C. diff</i>	S: >90% E: CDAD?	90 min
	ICT	Stool	<i>C. diff</i> Toxin A/B	S: 80-90%, E: 99%	<30 min
	ICT	Stool	Rotavirus, Adenovirus	S: ↑ E: ↑	<30 min
	ICT	Stool	Campylobacter		<30 min
	Multiplex PCR	Stool	“Unlimited” pathogens		2 h



# Direct Pathogen Detection From Clinical Samples

- **Multiplex PCR for respiratory infections as an AMS tool**
  - **The theory**
    - Rapid, sensitive and specific detection of both bacterial and viral pathogens from a single specimen
    - They could help to avoid unnecessary antibacterial treatment if viral pathogens are detected
  - **The real life**
    - Identification of a single viral pathogen in respiratory samples did not result in immediate discontinuation of antimicrobial treatment in several studies.
      - Delayed communication
      - «He's doing well; let's continue the broad spectrum antibiotics»





Brief Report

Evaluating the impact of the multiplex respiratory virus panel polymerase chain reaction test on the clinical management of suspected respiratory viral infections in adult patients in a hospital setting



- The impact of a multiplex respiratory virus panel PCR test in 186 adult patients with suspected influenza-like illness.

Test results	n	Antiviral treatment			Antibiotic treatment		
		Empirically treated*	Postresult treatment		Empirically treated*	Postresult treatment	
			Continued†	Discontinued†		Continued†	Discontinued†
Hospitalized patients							
Negative	62	15 (24.2)	5 (33.3)	10 (66.7)	41 (66.1)	35 (85.4)	6 (14.6)
Positive noninfluenza	10	4 (40.0)	0 (0)	4 (100)	7 (70.0)	5 (71.4)	2 (28.6)
Positive influenza	17	7 (41.2)	7 (100)	0 (0)	12 (70.6)	9 (75.0)	3 (25.0)
Patients diagnosed in the emergency room							
Negative	31	8 (25.8)	1 (12.5)	7 (87.5)	22 (70.9)	17 (77.2)	5 (22.7)
Positive noninfluenza	22	7 (31.8)	2 (28.6)	5 (71.4)	11 (50.0)	7 (63.6)	4 (36.4)
Positive influenza	44	16 (36.4)	14 (87.5)	2 (12.5)	19 (43.2)	13 (68.4)	6 (31.6)

NOTE. Values are n (%).

- Antivirals were discontinued nearly 70 % of patients with negative viral testing results, in 75% of patients with positive viral testing results

RDT alone is not sufficient,  
AMS efforts are required 😊

# Direct Pathogen Detection From Clinical Samples

## 1 Bacterial or Viral

Is the infection  
bacterial or viral?

- Multiplex PCR for respiratory viruses & bacteria :  
PPV problem
  - Bacteria were found as causative agents for CAP

**False-positive rapid molecular test  
results may even trigger antimicrobial  
therapy!!!!** 

Causative microorganisms in 127 pts with CAP

Pathogen identified	Standard (47 pts)	FilmArray (43 pts)
Patients with viral pathogen only: Subtotal		
- Adenovirus	0	0
- Coronavirus	0	1
- Human metapneumovirus	1	1
- Influenza	11	5
- Parainfluenza	0	1
- Respiratory syncytial virus	0	4
- Rhinovirus	1	0
Patients with bacterial pathogen only: Subtotal		
- <i>S. pneumoniae</i>	8	6
- <i>S. aureus</i> (MSSA + MRSA)	4	6
- <i>S. pneumoniae</i> + <i>S. aureus</i>	1	2
- <i>H. influenzae</i>	3	5
- Streptococcus species	1	1
- <i>Moraxella catarrhalis</i>	0	1
- Enterobacteriaceae species	3	0
Patients with viral and bacterial pathogens: Subtotal		
<i>S. aureus</i> + elevated procalcitonin serum concentration	2	1
<i>S. pneumoniae</i> + adenovirus	0	0
<i>S. pneumoniae</i> + coronavirus	0	0
<i>S. pneumoniae</i> + hMPV*	0	0
<i>S. pneumoniae</i> + influenza	3	2
<i>S. pneumoniae</i> + parainfluenza	1	1
<i>S. pneumoniae</i> + RSV*	2	2
<i>S. pneumoniae</i> + rhinovirus	0	1
<i>S. aureus</i> + hMPV*	1	2
<i>S. aureus</i> + influenza	2	0
Streptococcus species + influenza	1	0
Mixed bacterial flora + influenza	2	1

RDT alone is not sufficient,  
AMS and DS efforts are required 😊

# Guideline Recommendation for Rapid Viral Testing

## XVI. Should ASPs Advocate for Use of Rapid Viral Testing for Respiratory Pathogens to Reduce the Use of Inappropriate Antibiotics?

### *Recommendation*

17. We suggest the use of rapid viral testing for respiratory pathogens to reduce the use of inappropriate antibiotics (*weak recommendation, low-quality evidence*).

Comment: Although rapid viral testing has the potential to reduce inappropriate use of antibiotics, results have been inconsistent. Few studies have been performed to assess whether active ASP intervention would improve those results.

# Overdiagnosis of *Clostridium difficile* Infection in the Molecular Test Era

Christopher R. Polage, MD, MAS; Clare E. Gyorke, BS; Michael A. Kennedy, BS; Jhansi L. Leslie, BS;



## • 293 hospitalized adult patients with a positive *C. difficile* PCR test

### • 45% Tox

#### • More

#### • More

### • 55% Tox

Exclusive reliance on molecular tests for CDI diagnosis without tests for toxins or host response is likely to result in overdiagnosis, overtreatment, and increased health care costs!!! 🤪 🤯

#### • Lower *C difficile* bacterial load ( $P < .001$ for all)

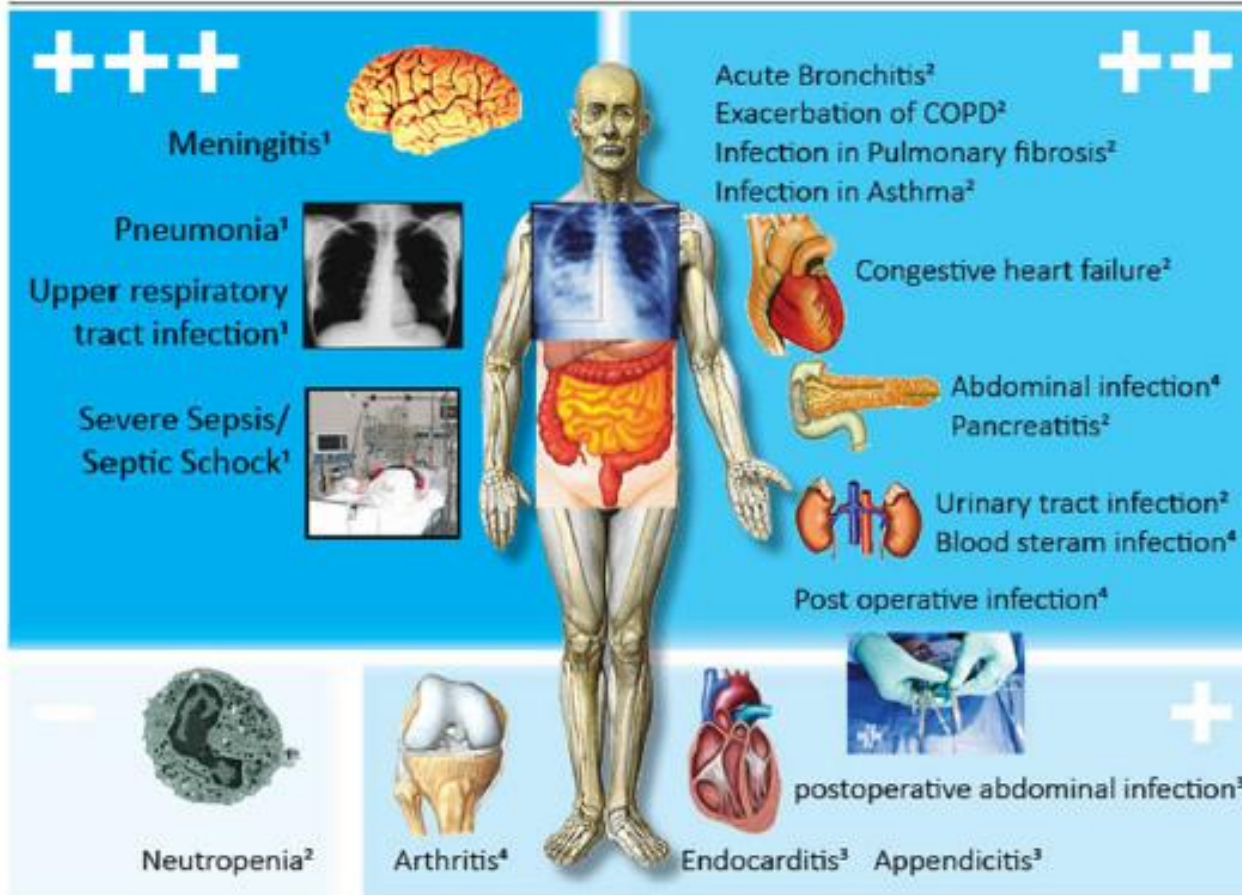
#### • Less antibiotic exposure, fecal inflammation, and diarrhea ( $P < .001$ )

#### • Similar outcomes with Tox /PCR patients

RDT alone is not sufficient,  
AMS and DS efforts are required 😊

# Procalcitonin

The most studied RDT we have ever had.



1  
Bacterial  
or Viral

Is the infection  
bacterial or viral?

## Evidences Regarding PCT For Diagnosis and Antibiotic Stewardship in Organ-related Infections

+++ : strong evidence in favor of PCT

++ : good evidence in favor of PCT

+ : moderate evidence in favor of PCT

– no evidence in favor of PCT

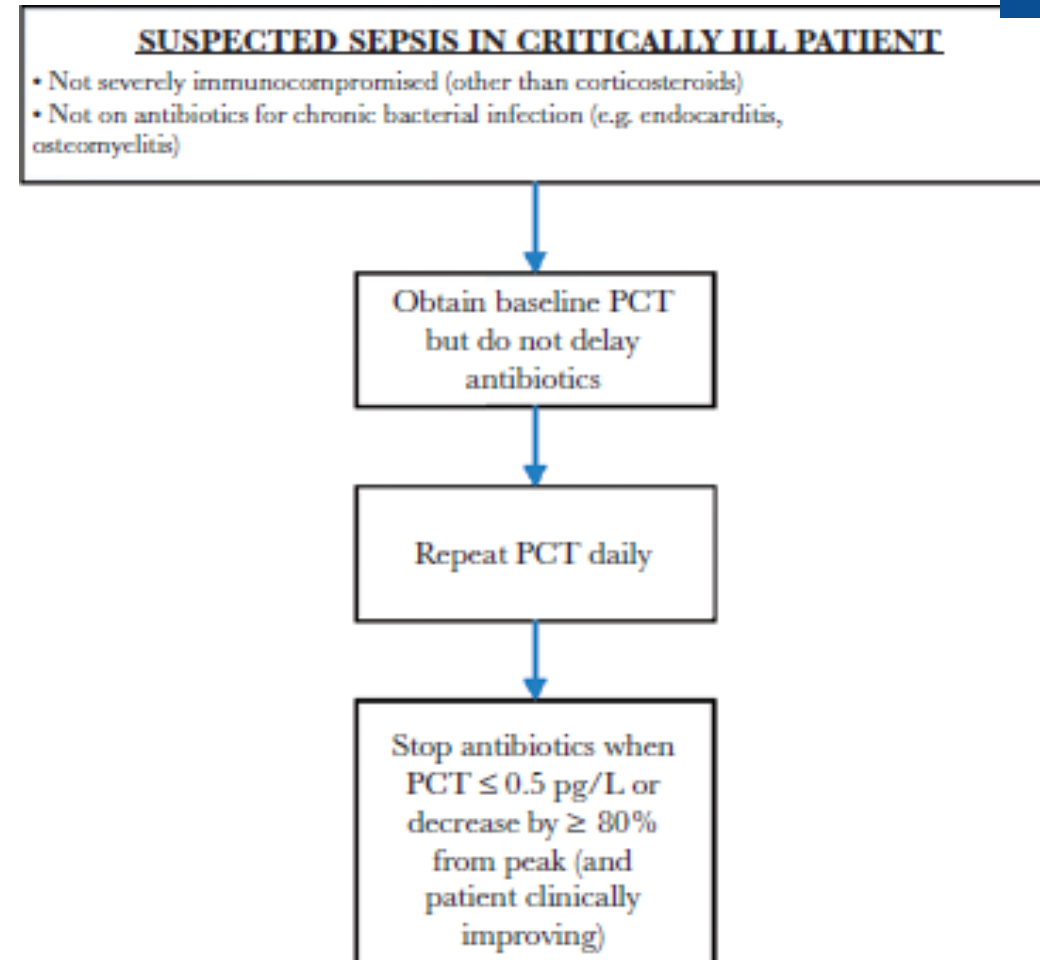
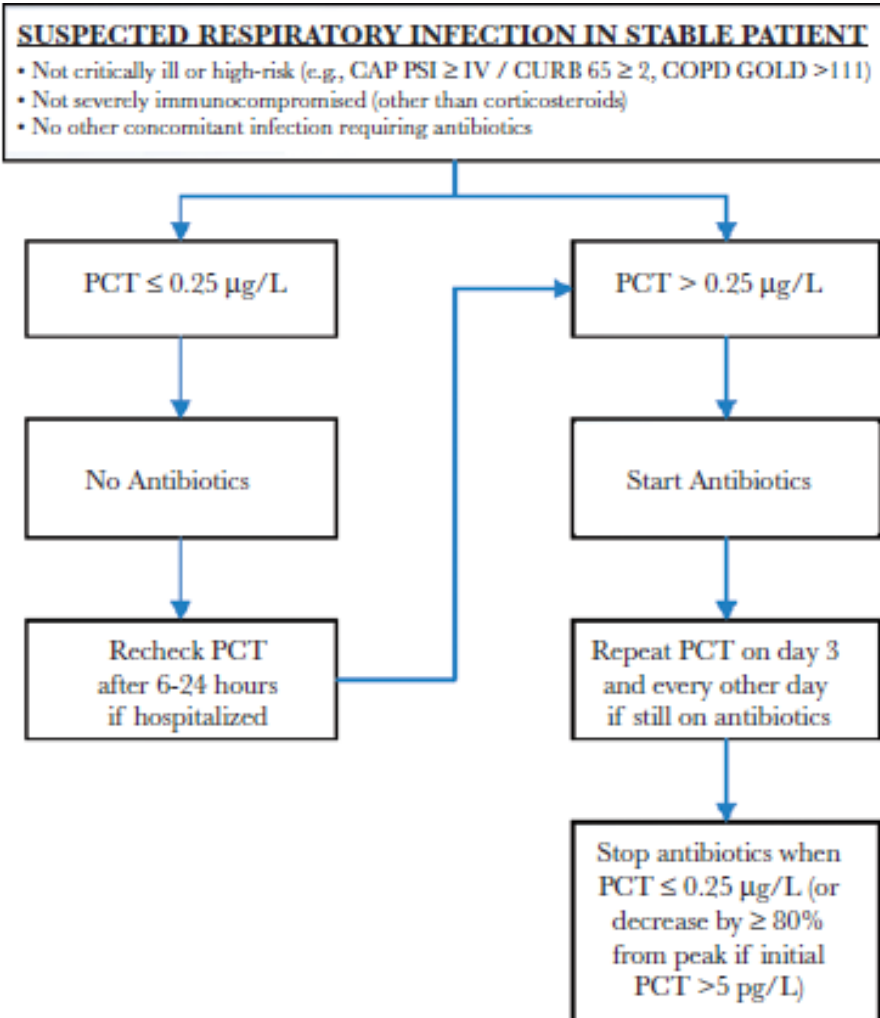
# Using Procalcitonin to Guide Antibiotic Therapy



- PCT for Respiratory Tract Infections in Adult Patients: 10 RCT
  - PCT-based algorithms can safely reduce antibiotic use in stable, low risk patients with respiratory infections
  - PCT levels of  $<0.25 \mu\text{g/L}$  can guide the decision to **withhold antibiotics** or stop therapy early
- PCT for Infections in Critically Ill Adult Patients: 9 RCT
  - PCT-based algorithms can safely **reduce antibiotic use** in critically ill patients with suspected sepsis
  - Clinicians should not initially withhold antibiotics
  - PCT levels of  $<0.5 \mu\text{g/L}$  or levels that decrease by  $\geq 80\%$  from peak can guide discontinuation once patients stabilize



# Using Procalcitonin to Guide Antibiotic Therapy





Efficacy and safety of procalcitonin guidance in reducing the duration of antibiotic treatment in critically ill patients: a randomised, controlled, open-label trial



1  
Bacterial  
or Viral

Is the infection  
bacterial or viral?

- 1575 ICU patients were randomly assigned to the PCT-guided group (761) or to SOC (785)

Feature	Procalcitonin-guided group (761)	Standard-of-care (785)	Sig.
Median duration of treatment (days)	5	7	p<0.0001
Median antibiotic consumption of (DDD)	7.5	9.3	P<0 .0001
Mortality at 28 day	20%	25%	p=0.0122
1-year mortality	36%	43%	p=0.0188

- PCT guidance not only stimulates reduction of duration of treatment and daily defined doses in critically ill patients with a presumed bacterial infection, but it also reduces mortality significantly.

# Guideline Recommendation for PCT

**XVIII. In Adults in Intensive Care Units (ICUs) With Suspected Infection, Should ASPs Advocate Procalcitonin (PCT) Testing as an Intervention to Decrease Antibiotic Use?**

*Recommendation*

19. In adults in ICUs with suspected infection, we suggest the use of serial PCT measurements as an ASP intervention to decrease antibiotic use (*weak recommendation, moderate-quality evidence*).

Comment: Although randomized trials, primarily in Europe, have shown reduction in antibiotic use through implementation of PCT algorithms in the ICU, similar data are lacking for other regions including the United States where the patterns of antibiotic prescribing and approach to stewardship may differ. If implemented, each ASP must develop processes and guidelines to assist clinicians in interpreting and responding to PCT results, and must determine if this intervention is feasible in terms of time and resources.

RDT alone is not sufficient,  
AMS efforts are required 😊

# What Rapid Diagnostics Could Test

1  
Causative  
microorganis  
ms

## Molecular assays directly on blood

Assay/ Time (h)	Detection technology	Sens%/Specif %	Pathogens
<b>SeptiFast /2-6</b>	PCR (16s, 23s , 18s rRNA)	68/86	19 b/6 f
<b>Iridica/2-6</b>	PCR + electrospray ionization MS	81/69	>750 b, >200 f, >130 v
<b>SeptiTest/2-8</b>	16S rDNA PCR + sequencing	26-87/83-86	>300
<b>Looxter Vyoo/2-7</b>	PCR + electrophoresis/ microarray		34 b, 7 f
<b>Magicplex/2-6</b>	Nested real time PCR	47/66	90
<b>T2 Candida/2-3</b>	PCR + NMR	100/98	5f
<b>Polaris Idylla/ 1-2</b>	Real time PCR		10 b, 6 f

Ziegler Z. PLoS ONE 2016; 11(12): e0167883

Wenzler E. IDSE, Fall 2016; 35-45.

Vincent JL. Crit Care Med. 2015;43(11):2283–91.

Dark P. Int Care Med 2015; 41: 21-33

# Molecular assays directly on blood: **Pro/Con**

## **Pro**

- **Timeliness**/Rapidness  
(potential influence on ABX prescribing)
- Better performance in **fastidious** microorganisms/**patients on antibiotics**

## **Con**

- **Performance** = **unresolved** issue
- No/Limited susceptibility data
- **Cost**
- **Integration** with laboratory workflow
- **Unknown clinical value**

# What Rapid Diagnostics Could Test

- **Rapid microorganism identification**
  - From positive blood cultures and/or culture plates
    - Polymerase chain reaction (PCR)
    - Multiplex PCR
    - Nanoparticle probe technology (nucleic acid extraction and PCR amplification)
    - Peptide nucleic acid fluorescent in situ hybridization (PNA FISH)
    - Matrix assisted laser desorption/ionization time of flight mass spectrometry (MALDI-TOF)

# What Rapid Diagnostics Could Test

Microorganism ID and resistance determination directly from positive blood cultures.

Verigene<sup>®</sup>

FilmArray<sup>®</sup>

MALDI-TOF MS

Short-term subculture  
+ MALDI-TOF MS

**Testing Time 2h**  
- 24 to 48h to ID/AST

2  
**Bacteria  
Type**

What type of bacteria are causing the infection?

3  
**Resistance**

Are the bacteria resistant to a particular drug?

# What Rapid Diagnostics Could Test



## Rapid phenotypic susceptibility testing

- Sensitive growth detection
  - Semi automated devices
  - Microcalorimetry
  - Impedance measurement
  - Spectrophotometry
  - Flow cytometry
  - Automated time-lapse microscopy
  - Two-photon excitation assays
  - Ultrahigh-resolution bacterial mass measurement
  - Luciferase express
  - Padlock probe detection of bacterial target DNA
  - Microfluidic channel method
  - High-throughput nanowell AST .....

## Rapid molecular resistance testing

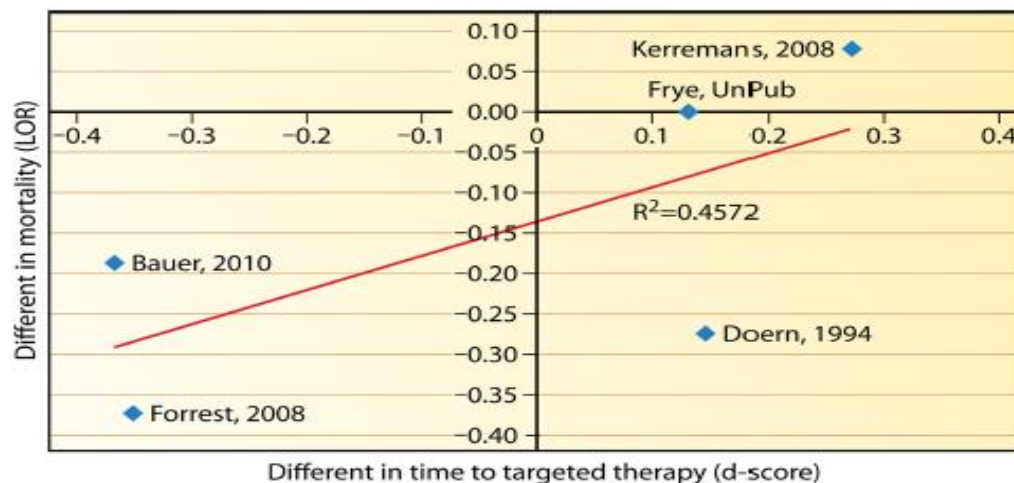
- *mecA*: in staphylococci
- *vanA/B* : in enterococci
- Various beta-lactamases (common carbapenemases) in Gram-negative rods



# Effectiveness of Practices To Increase Timeliness of Providing Targeted Therapy for Inpatients with Bloodstream Infections: a Laboratory Medicine Best Practices Systematic Review and Meta-analysis

The evidence for the effectiveness of rapid diagnostic practices in decreasing the time to targeted therapy (1994-2016)

- Rapid molecular testing without direct communication of test results to clinicians is not significantly better in increasing timeliness than standard testing
- Rapid molecular testing with direct communication of test results to clinicians significantly improves timeliness
- Although a strong correspondence between the timeliness of targeted therapy and mortality can be observed, the relationship fails to reach significance



## Impact of same-day antibiotic susceptibility testing on time to appropriate antibiotic treatment of patients with bacteraemia: a randomised controlled trial

- A RCT evaluated the reduction in inappropriate antibiotic therapy using rapid ID and AMS testing (FAST) compared to standard of care (SOC) testing in patients with bloodstream infections.
- The FAST testing : ID-PCR and AMS-Semi molecular method
- SOC testing: BD Phoenix system

Outcome	FAST (129 patients)	SOC (121 patients)	Sig.
Mean time to result, h	50.7	66.3	P<0.001
Mean time to appropriate antibiotic, h	28.2	26.9	P=0.9
Hospital LOS, days	11	11	P=0.8
In hospital mortality, %	12.3	7.3	P=0.2

- RDT alone is not sufficient, (agreement with SOC was 94 %), they were only AMS efforts are required 😊)

# Randomized Trial of Rapid Multiplex Polymerase Chain Reaction–Based Blood Culture Identification and Susceptibility Testing

- Randomization of 617 + blood cultures

STANDARD BLOOD  
CULTURE ID (207)

RAPID MULTIPLEX PCR  
(198) (Filmarray®)

RAPID MULTIPLEX PCR  
(Filmarray®)  
+  
STEWARDSHIP\* (212)

- Stewardship\*

- An ID clinician or pharmacist was paged with the result, 7d/24 h
- The subject's rmPCR result and medical record were reviewed and the primary service contacted immediately over the 3 days following enrollment if a modification to antimicrobial therapy was deemed appropriate.

# Randomized Trial of Rapid Multiplex Polymerase Chain Reaction–Based Blood Culture Identification and Susceptibility Testing

(Rapid) information does not (necessarily) lead to action, we should push😊)

TIME TO ID, h	22.5	1.5	1.5	P<0.001
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Impact of targeted therapy on significant outcomes might not be obvious.

- No significant differences in clinical outcomes (mortality, ICU admission, LOS) or cost
- RDT alone is not sufficient, AMS efforts are required 😊)

# Effect of MALDI-TOF MS Alone versus MALDI-TOF MS Combined with Real-Time Antimicrobial Stewardship Interventions on Time to Optimal Antimicrobial Therapy in Patients with Positive Blood Cultures.

Features	MALDI (126)	MALDI+AMS (126)	Sig.
Time to optimal therapy, h	75.17	43.06	P<0.001
Gr (+) contaminant TTOT, h	48.21	11.75	P<0.001
Gr (-) TTOT, h	71.83	35.98	P<0.001
Hospital LOS, days	15.03	9.02	P=0.021
Gr (+) LOS, days	14.64	10.31	P = 0.002
Gr (-) time to microbiologic clearance, h	51.13	34.51	P<0.001
Gr (-) LOS, days	15.40	7.90	P=0.027

RDT alone is not sufficient,  
AMS efforts are required 😊

# Impact of MALDI-TOF-MS-based identification directly from positive blood cultures on patient management: a controlled clinical trial

- The impact of MALDI-TOF versus conventional identification on patient management in a setting with a well-established AST

Features			
Rapid identification using MALDITOF directly from positive BCs did not impact on duration of intravenous antimicrobial therapy in the setting of an established ASP.			
Duration of total AMI therapy, h	16.4	15.9	P=0.9
Hospital LOS, days	17.9	16.1	P=0.3
Admission to ICU after BSI onset, %	37.2	23.1	P=0.02
In hospital mortality	9.3	9.3	P=1

In the setting of an established AST, RDT is not required at all😊)

# What about from our old rapid diagnostics?

- **Gram-staining**
  - **Rapid**
  - **Cheap**
  - **Easy to perform**
  - **Available all the time**
  - **Could be reliable if you try**



## SHORT REPORT

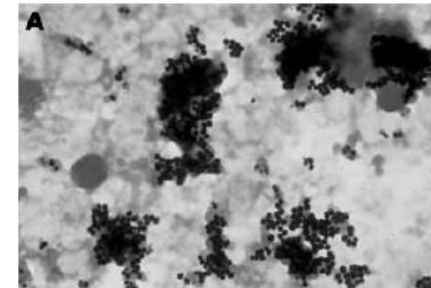
# Rapid identification of *Staphylococcus aureus* from BacT/ALERT blood culture bottles by direct Gram stain characteristics

D R Murdoch, R L Greenlees

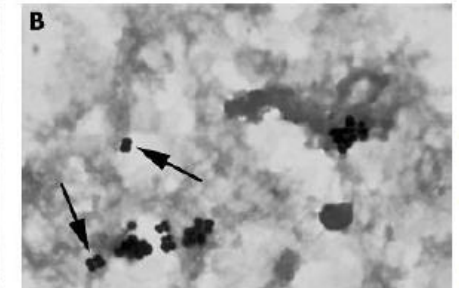
- 150 blood cultures in which a direct Gram stain showed Gram positive cocci resembling staphylococci were examined.

## Criteria used to distinguish *Staphylococcus aureus* from CNS in direct Gram stains from blood culture bottles

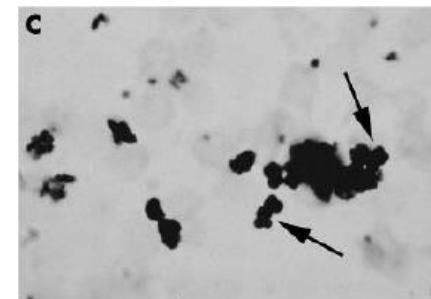
Bottle type	Organism	Cell size	Cluster characteristics
Anaerobic	<i>S aureus</i>	Small ( $<1\ \mu\text{m}$ )	Irregularly clustered in large numbers (typically 200–300 cells)
	Coagulase-negative staphylococci	Large ( $\geq 1\ \mu\text{m}$ )	Tetrads or small clusters up to 16 cells
Aerobic	<i>S aureus</i>	Large ( $\geq 1\ \mu\text{m}$ )	Very tight clusters (typically 8–32 cells). Individual cells cannot be distinguished
	Coagulase-negative staphylococci	Variable (typically $<1\ \mu\text{m}$ )	Tetrads or small clusters up to 16 cells



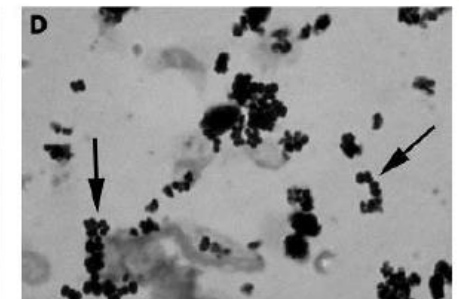
Anaerobic bottle *S.aureus*



Anaerobic bottle CNS



Aerobic bottle *S.aureus*



Anaerobic bottle CNS

Murdoch DR. *J Clin Pathol* 2004;57:199–201

## SHORT REPORT

# Rapid identification of *Staphylococcus aureus* from BacT/ALERT blood culture bottles by direct Gram stain characteristics

D R Murdoch, R L Greenlees

- Using that criteria, an experienced microscopist was able to distinguish *S aureus* from other staphylococci isolated from blood cultures with an overall sensitivity of 89% and specificity of 98%.
- Testing time was 15 min



Table 2 Performance characteristics of Gram staining for identification of *Staphylococcus aureus* from BacT/ALERT blood culture bottles

Microscopist*	Blood culture bottle type	No. of staphylococci stains negative for <i>S aureus</i> /No. of staphylococci stains negative for <i>S aureus</i> † (specificity)	PPV (%)	NPV (%)
Technologist	All	59/61 (97)	82/89 (92)	
	Aerobic	26/27 (96)	49/54 (91)	
Microbiologist	All	33/34 (97)	33/35 (94)	
	Aerobic	58/65 (89)	77/85 (91)	
	Microaerophilic	24/27 (89)	47/54 (87)	
		34/38 (89)	30/31 (97)	

\*Technologist experienced in identifying staphylococci and micrococci.

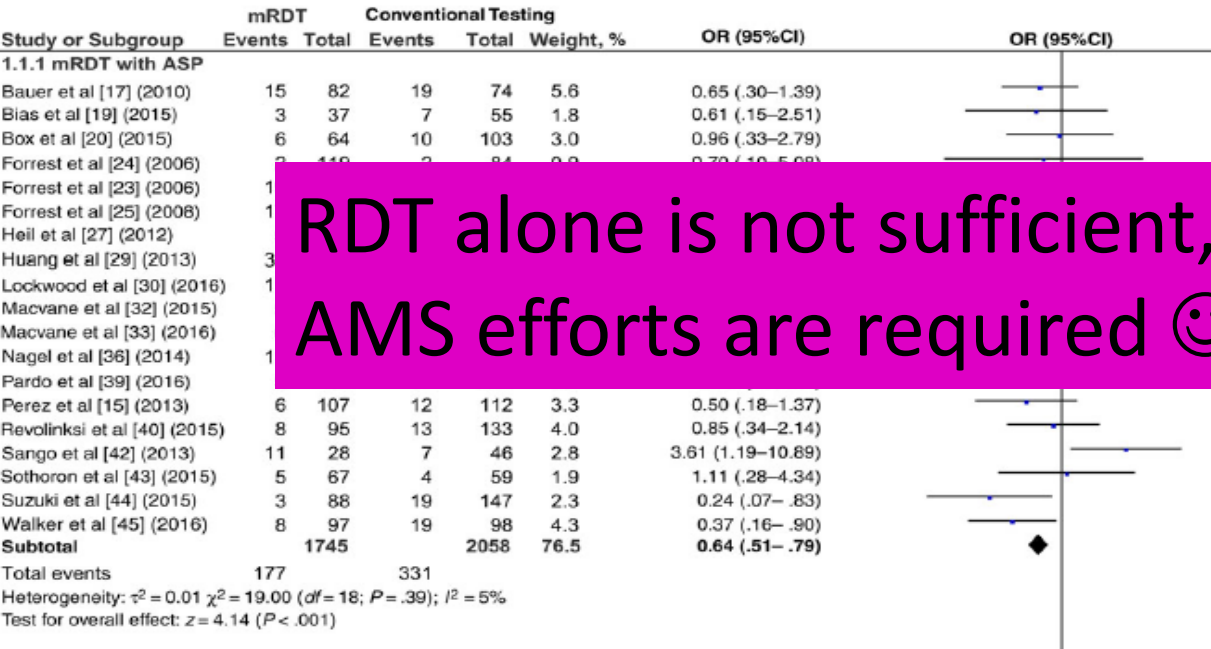
NPV, negative predictive value; PPV, positive predictive value.

Gram staining: A lifebuoy RDT for resource limited settings😊)

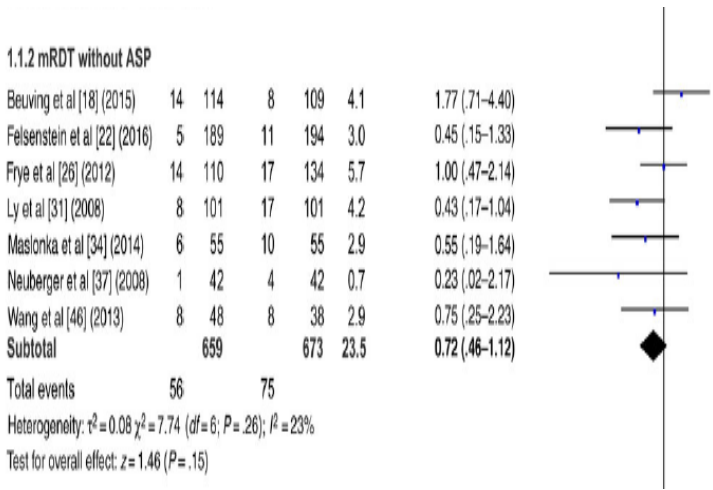
# The Effect of Molecular Rapid Diagnostic Testing on Clinical Outcomes in Bloodstream Infections: A Systematic Review and Meta-analysis

- RDT with ASP

- RDT without ASP



RDT alone is not sufficient, AMS efforts are required 😊



The mortality risk was significantly lower in studies with mRDT+AMS programs with an OR of 0.64, but mRDT without ASP studies failed to demonstrate a significant decrease in mortality risk.

# Guideline Recommendation for RDT on Blood Specimens

## 2 Bacteria Type

What type of bacteria are causing the infection?

### **XVII. Should ASPs Advocate for Rapid Diagnostic Testing on Blood Specimens to Optimize Antibiotic Therapy and Improve Clinical Outcomes?**

#### *Recommendation*

18. We suggest rapid diagnostic testing in addition to conventional culture and routine reporting on blood specimens if combined with active ASP support and interpretation (*weak recommendation, moderate-quality evidence*).

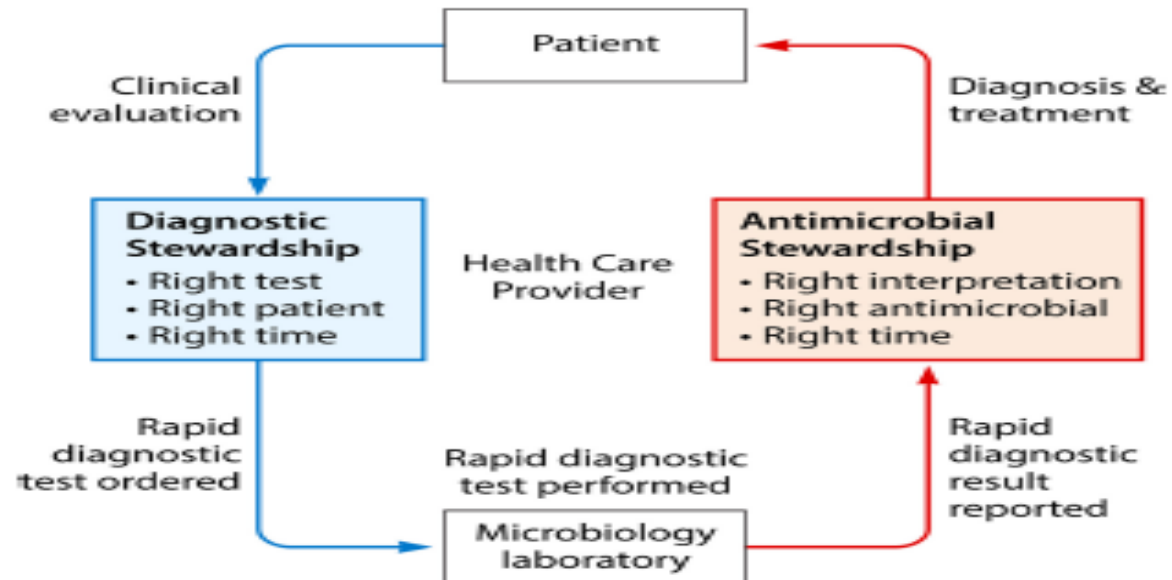
Comment: Availability of rapid diagnostic tests is expected to increase; thus, ASPs must develop processes and interventions to assist clinicians in interpreting and responding appropriately to results.



## Implementation of Rapid Molecular Infectious Disease Diagnostics: the Role of Diagnostic and Antimicrobial Stewardship

“Our technical capabilities are exceeding our ability to apply them effectively and economically to human problems” Dr. Bartlett , 1974.

We need also diagnostic stewardship along with antimicrobial stewardship to ensure that these technologies conserve, rather than consume, additional health care resources and optimally affect patient care.



# Diagnostic and Antimicrobial Stewardship

## Key antimicrobial stewardship considerations for implementation of rapid infectious disease diagnostics

Goal	Key question	Key considerations and potential strategies <sup>a</sup>
Right interpretation	Will the clinician understand the test result?	Result report language Selective reporting of relevant results AS prospective audit and feedback AS real-time decision support
Right antimicrobial	Will the clinician appropriately modify antimicrobials based on the test result?	Clinical practice guidelines EMR-based decision support with result reporting AS prospective audit and feedback AS real-time decision support
Right time	Will the clinician act upon the test result promptly?	EMR reporting Results called with readback reporting AS prospective audit and feedback AS real-time decision support

*Messacar K. J Clin Microbiol 2017; 5: 715–723.*

# Diagnostic and Antimicrobial Stewardship

## Key diagnostic stewardship considerations for implementation of rapid infectious disease diagnostics

Goal	Key question	Key considerations and potential strategies
Right test	Is the test appropriate for the clinical setting?	Sensitivity and specificity Predictive values Testing volumes Diagnostic yield Laboratory feasibility Cost Clinical impact
Right patient	Will the clinical care of the patient be affected by the test result?	Laboratory test utilization committee Automatic laboratory reflex CPOE decision support Appropriate use criteria Indication selection Prior authorization Benchmarking Specimen rejection
Right time	Will the result be available in time to optimally affect care?	Time to specimen receipt Centralized vs point-of-care testing On-demand vs batched testing Specimen preparation time Run time Result reporting time



# Antimicrobial Stewardship Program Checklist for Rapid Diagnostic Tests

## Preimplementation

- Identify most useful RDT based on hospital pathogen prevalence
- Time to effective therapy
- Identify hospital cost of infection

*Bauer KA. CID 2014;59(S3):S134–45*



# Antimicrobial Stewardship Program Checklist for Rapid Diagnostic Tests

## Implementation

- Microbiologist-validated RDT instrument
- Determine if test is done continuously (24/7) or at least in frequent batches
- Rapid notification and communication of RDT results from microbiologist to physician and ASP pharmacist is established
- ASP pharmacist-physician educates medical staff
- ASP documents interventions and acceptance rate

The most difficult part of the job!! Infectious Disease and Clinical Microbiology specialist could handle that better, at least in Turkey).

*Bauer KA. CID 2014;59(S3):S134–45*

# Antimicrobial Stewardship Program Checklist for Rapid Diagnostic Tests

## Postimplementation

- Time to effective therapy
- Time to discontinuation or de-escalation
- Time to ID consult
- Documented negative blood culture prior to hospital discharge
- 30-day readmission
- Mortality

*Bauer KA. CID 2014;59(S3):S134–45*

# Diagnostic Stewardship Along with Antimicrobial Stewardship



# Diagnostic Stewardship Along with Antimicrobial Stewardship

Nothing can be achieved by this way!!!

Birds fly not into our mouth ready roasted

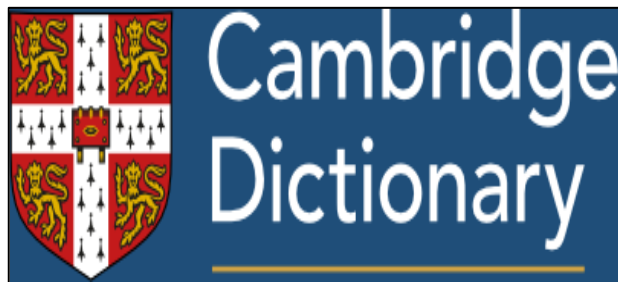


Armut piş ağızıma düş



# Diagnostic Stewardship Along with Antimicrobial Stewardship

- To do this hardwork, all we need is .....



the willingness to give a lot of time and energy to something (AMS) because it is important (not because it gives you power or money ☺))



# Take-home Messages

- **Rapid diagnostics: an AMS tool?**
  - Yes, they could be an AMS tool, if there are people who have dedicated themselves to protecting the antimicrobials.
  - RDTs are of little value if an AMS program does not have a role as an active messenger and educator of the results.
  - Along with AMS, diagnostic stewardship is needed to implement appropriate tests for the clinical setting and to direct testing toward appropriate patients.
  - PCT should be used to guide the therapy in sepsis and CA pneumonia.

