



STICHTING WERKGROEP ANTIBIOTICABELEID

Dutch Guideline for Antibiotic Stewardship:

**What is the evidence for hospital Antimicrobial
Stewardship objectives?**

and...how to implement it in daily practice?

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October 2017
Istanbul

Antimicrobial stewardship program (ASP)

- **WHAT** do you want to achieve in patient care?
Stewardship objectives (**process**- and **outcome** quality indicators (QI))
- **HOW** do you achieve these goals?
Conditions (A-team, infrastructure to measure, guideline; **structure** QI)

Other (education, audit and feedback, goal setting,...)

Stewardship objectives

Quality Indicators to Measure Appropriate Antibiotic Use in Hospitalized Adults

Caroline M. A. van den Bosch,¹ Suzanne E. Geerlings,¹ Stephanie Natsch,² Jan M. Prins,¹ and Marlies E. J. L. Hulscher³

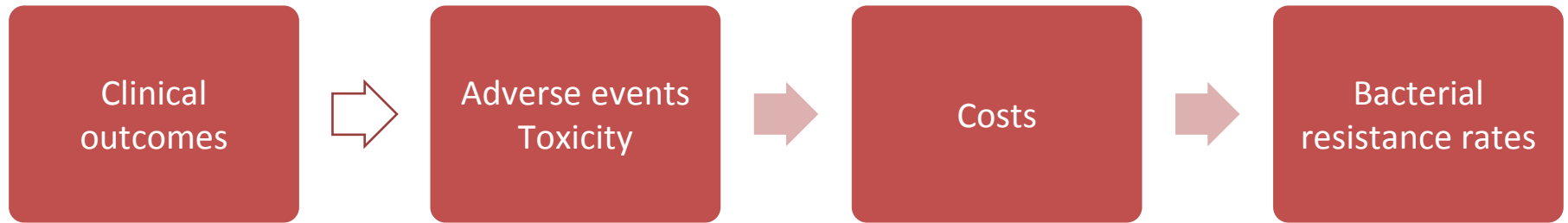
¹Department of Internal Medicine, Division of Infectious Diseases, Academic Medical Center, University of Amsterdam, and Departments of ²Clinical Pharmacology and ³Scientific Institute for Quality of Healthcare, Radboud University Medical Center, Nijmegen, The Netherlands

Clin Infect Dis. (2015)

Stewardship objectives

1	Blood cultures	10	Local guide available
2	Cultures from infection site	11	Local vs. national guideline
3	Guideline adherence		
4	Antibiotic plan	12	List of restricted antimicrobials
5	Renal function	13	Bedside consultation
6	IV/PO switch	14	Therapy compliance
7	De-escalation		
8	Stop criteria		
9	Therapeutic Drug Monitoring		

Outcomes



Inclusion and exclusion criteria

14 systematic reviews

Inclusion

- Hospital or long-term care facilities
- Dutch, English, German, Spanish, French
- Adults (≥ 18 yr)

Exclusion

- Children (< 18 yr)
- Outpatients/GP setting
- Outbreak setting
- Resource-limited settings
- Prophylactic and peri-operative treatment
- Malaria, HIV, *Mycobacterium*, *H. pylori*

Intervention studies

ORIGINAL INVESTIGATION

Early Switch and Early Discharge Strategies in Patients With Community-Acquired Pneumonia

A Meta-analysis

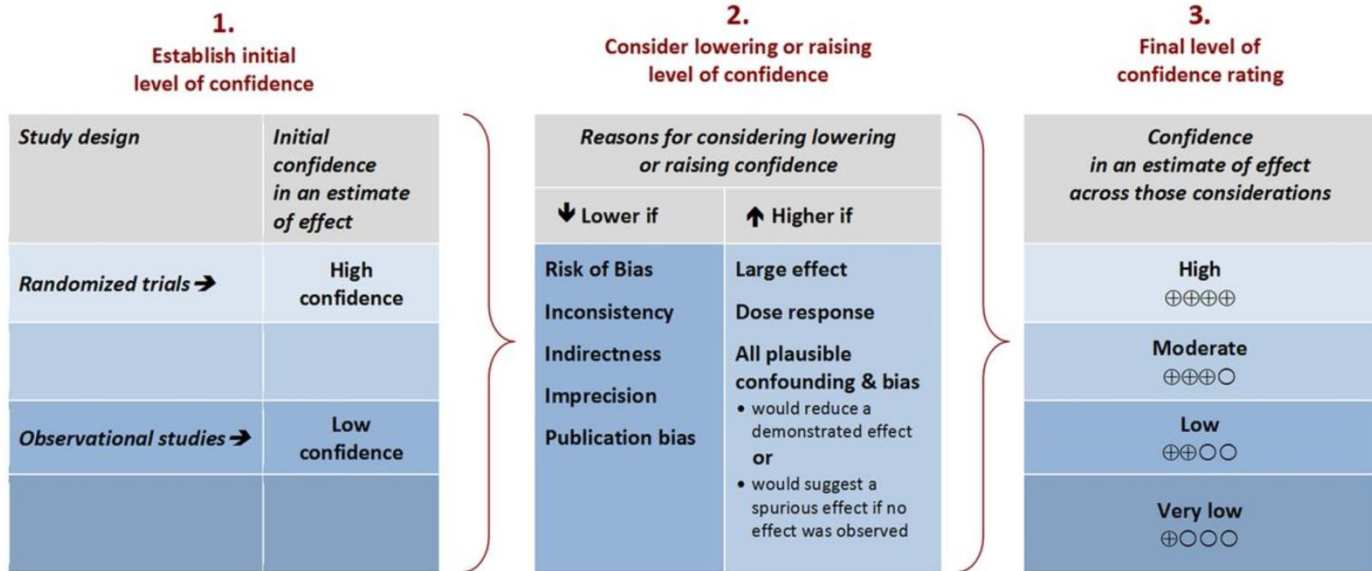
David C. Rhew, MD; George S. Tu, MD; Joshua Ofman, MD, MSHS;
James M. Henning, MS; Margaret S. Richards, PhD; Scott R. Weingarten, MD, MPH

Search

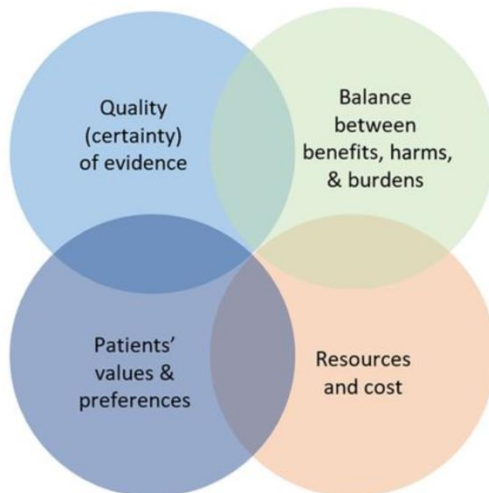
Search	# of records after duplicates removed	# of full-text articles assessed	# of studies included in qualitative synthesis
Empirical therapy according to the guidelines	760	110	40
Take blood cultures	1921	9	0
Take cultures from site of infection	1352	14	0
De-escalation of therapy	2726	121	25
Adjustment of therapy to renal function	1087	24	5
Switch from intravenous to oral therapy	1499	112	18
Documented antibiotic plan	234	2	0
Therapeutic Drug Monitoring (TDM)	2250	64	17
Discontinuation of antibiotic therapy if infection is not confirmed	447	19	3
Presence of a local antibiotic guide	946	4	1
Local guide in agreement with the national guidelines	295	8	0
List of restricted antibiotics	1231	140	30
Bedside consultation	684	24	7
Assessment of patients' adherence	868	18	0
Total	16300	669	146

GRADE

1. Rating the Quality of the Evidence



2. Determinants of the Strength of Recommendation



3. Implication of the Strength of Recommendation	Strong	<ul style="list-style-type: none"> ❖ Population: Most people in this situation would want the recommended course of action and only a small proportion would not ❖ Healthcare workers: Most people should receive the recommended course of action ❖ Policy makers: The recommendation can be adapted as a policy in most situations
	Weak	<ul style="list-style-type: none"> ❖ Population: The majority of people in this situation would want the recommended course of action, but many would not ❖ Healthcare workers: Be prepared to help people to make a decision that is consistent with their own values/decision aids and shared decision making ❖ Policy makers: There is a need for substantial debate and involvement of stakeholders

Table 2 GRADE Summary of findings and quality of evidence: Empirical antibiotic therapy according to the guideline

Study		No of patients/episodes		Effect				Quality assessment				
No of studies	Study design	Therapy according to guideline	Therapy not according to guideline	Study	Results	Difference (95% CI or Range) P-value	HR/OR (95%CI)	Risk of Bias	Inconsistency	Indirectness	Imprecision	Quality
CLINICAL OUTCOME AND ADVERSE EVENTS												
Length of hospital stay												
24	Obs	96	69	Garcia et al(15) (2007)	Adherent: 26.3 d (SD 17.3) Not adherent: 32.0 d (SD 29.9)	- 5.7 d 0.49		serious ¹	serious ²	not serious	not serious	⊕ VERY LOW
		201	51	Marras et al(25) (1998)	Adherent: 9.9 d (median 6) Not adherent: 8.1 d (median 6)	+ 1.8 d 0.13						
		1092	1755	Blasi et al(7) (2008)	Adherent: Earlier discharge		HR: 1.10 (1.00-1.20) 0.050					
		975	660	Arnold et al(4) (2009)	Adherent: 8 d (IQR 5-15d) Not adherent: 10 d (IQR 6-24d)	- 2 d <0.01						
		531	111	Dambrava et al(8) (2008)	Adherent: 7.6 d Not adherent: 10.4 d	- 2.8 d (95%CI 0.93-4.66) 0.004	Multiv OR: 0.60 (0.36-0.99) 0.049					
		208	245	Diaz et al(10) (2003)	Adherent: 10.7 d Not adherent: 9 d	+ 1.7 d 0.054						
		170	62	Ewig et al(11) (2000)	Adherent: 17 d (SD 11) Not adherent: 14 d (SD 8)	-3 d 0.03						
		160	116	Ferrer et al(12) (2010)	Adherent: 43 d (SD 42) Not adherent: 40 d (SD 40)	+ 3 d 0.54						
		357	274	Frei et al(13) (2006)	Adherent: 5.0 d (SD 3.8) Not adherent: 6.2 d (SD 4.2)	- 1.2 d <0.01 (ITT)						

Results

Guideline adherence

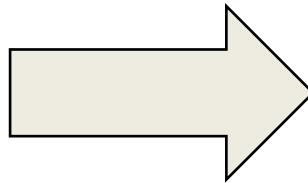
De-escalation

IV/PO switch

TDM

**List of restricted
antimicrobials**

Bedside consult



Mortality

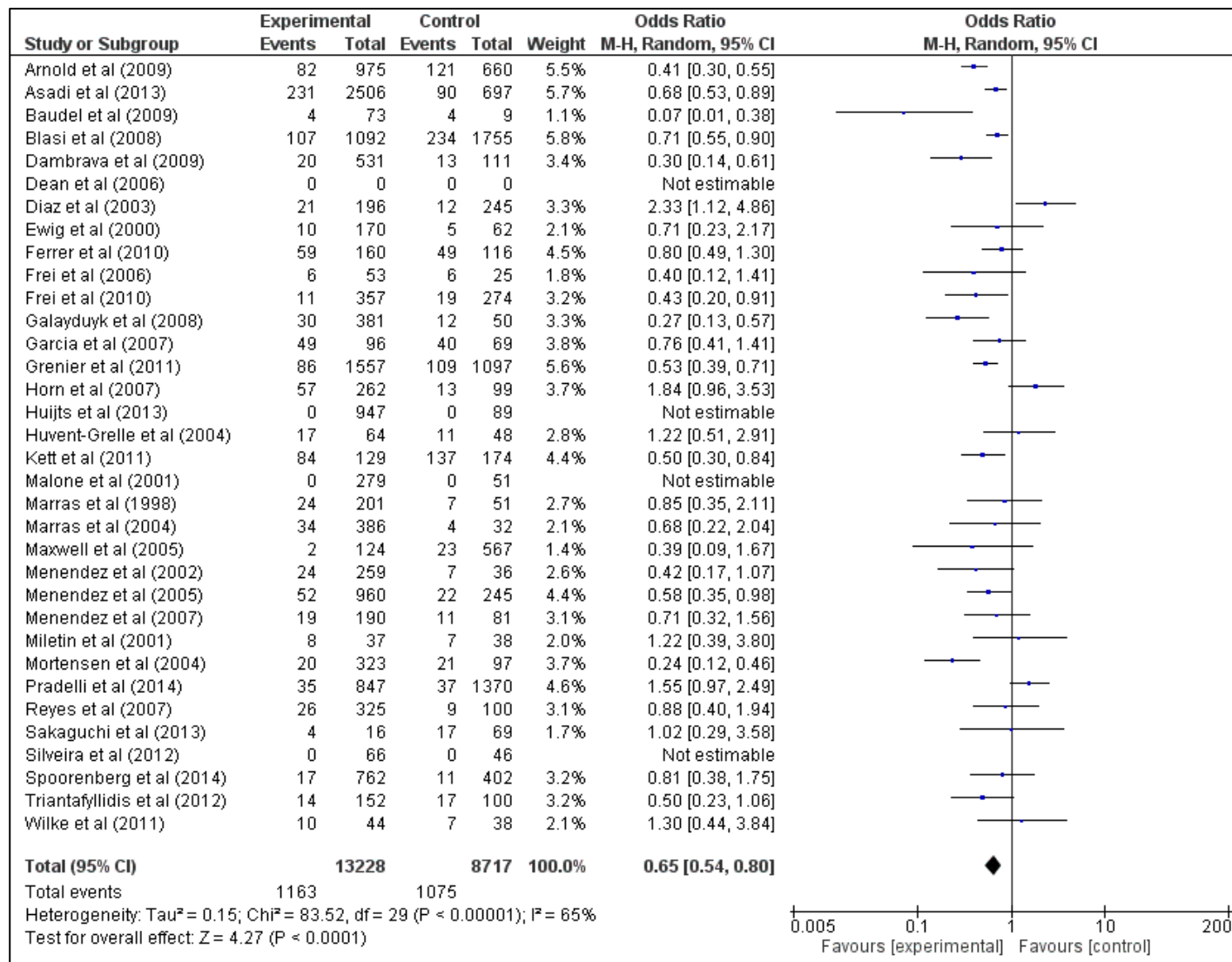
Length of stay

Adverse events

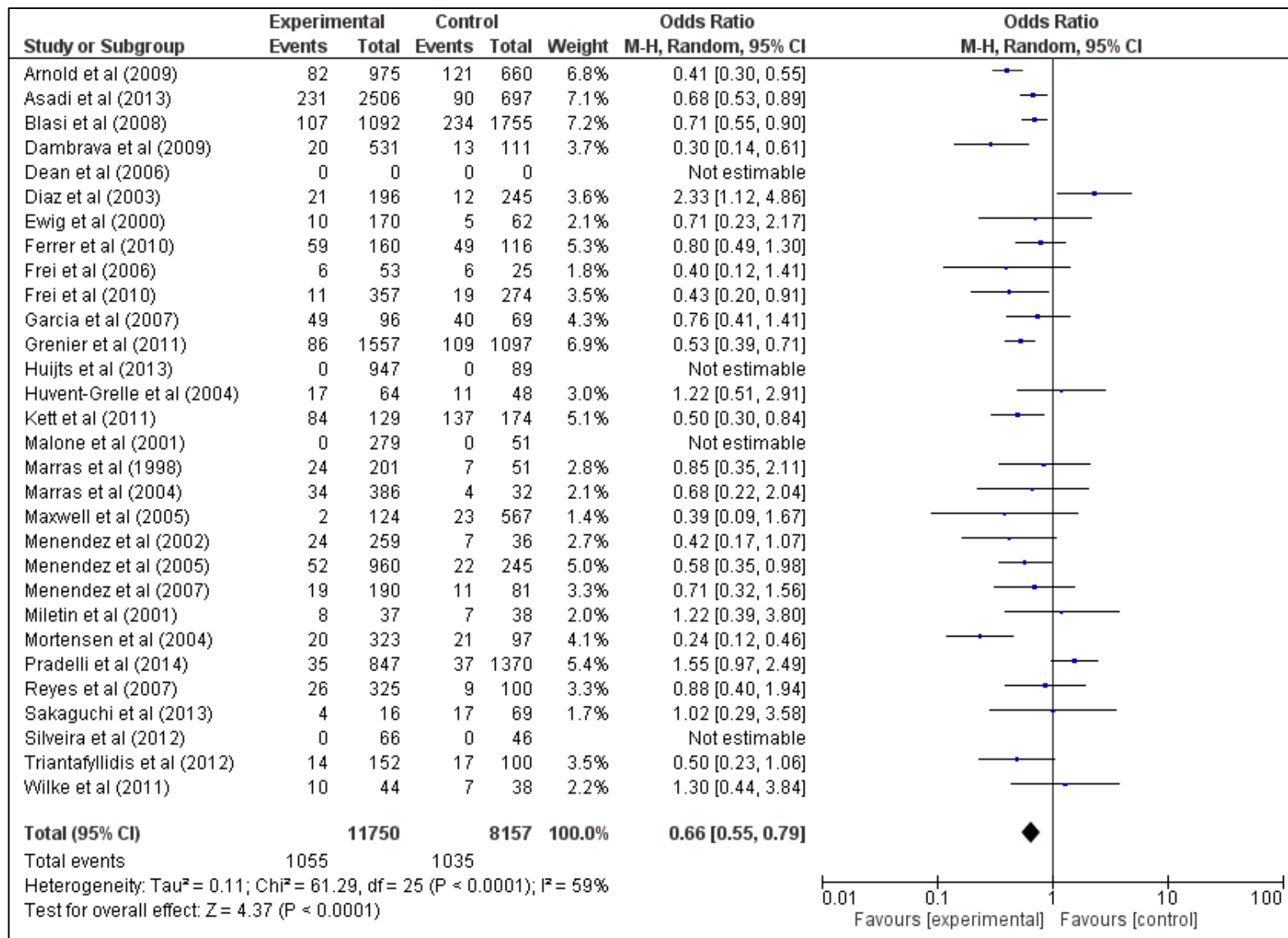
Costs

Bacterial resistance rates

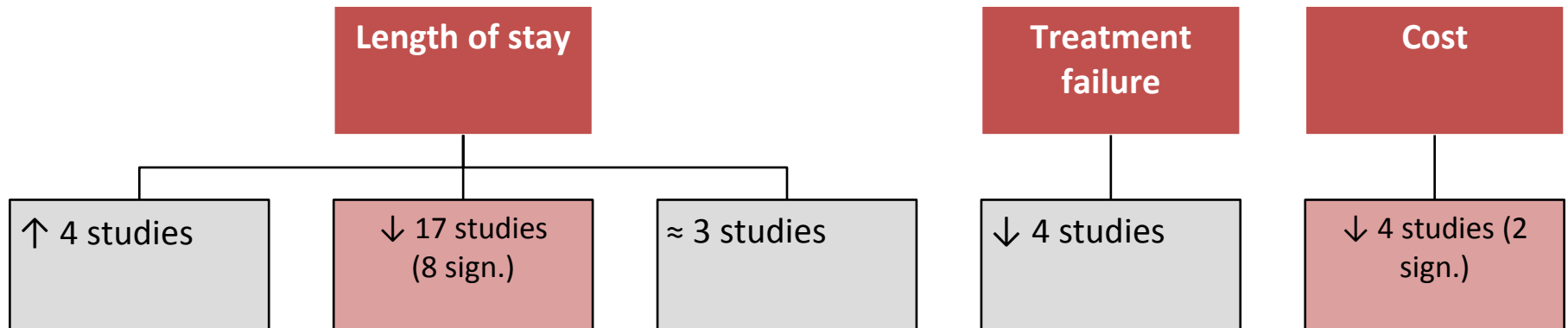
Guideline adherence - mortality



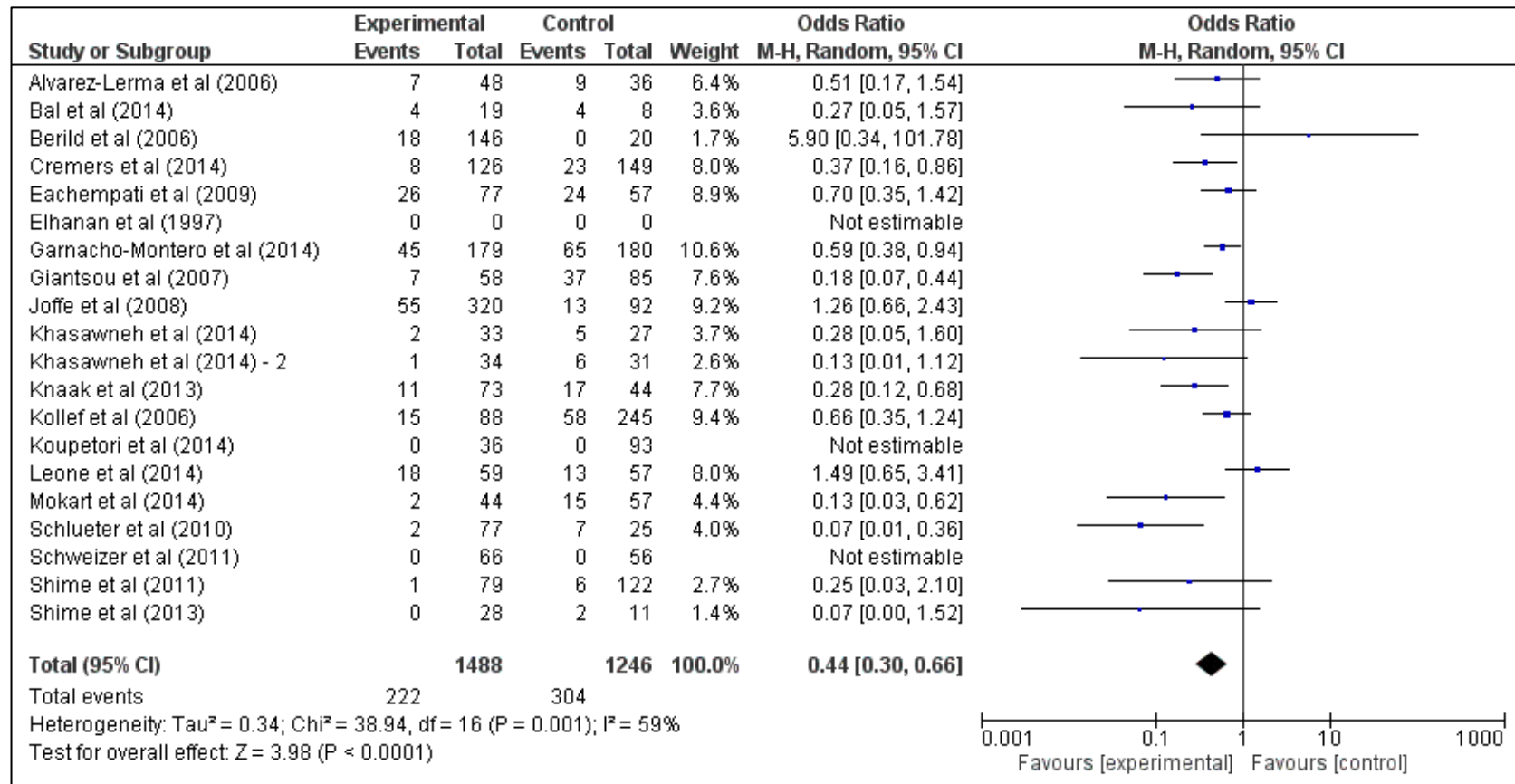
Guideline adherence – mortality CAP



Guideline adherence



De-escalation - mortality



De-escalation

Length of stay

↑ 1 study

↓ 9 studies (2
sign.)

**Number of days
ICU**

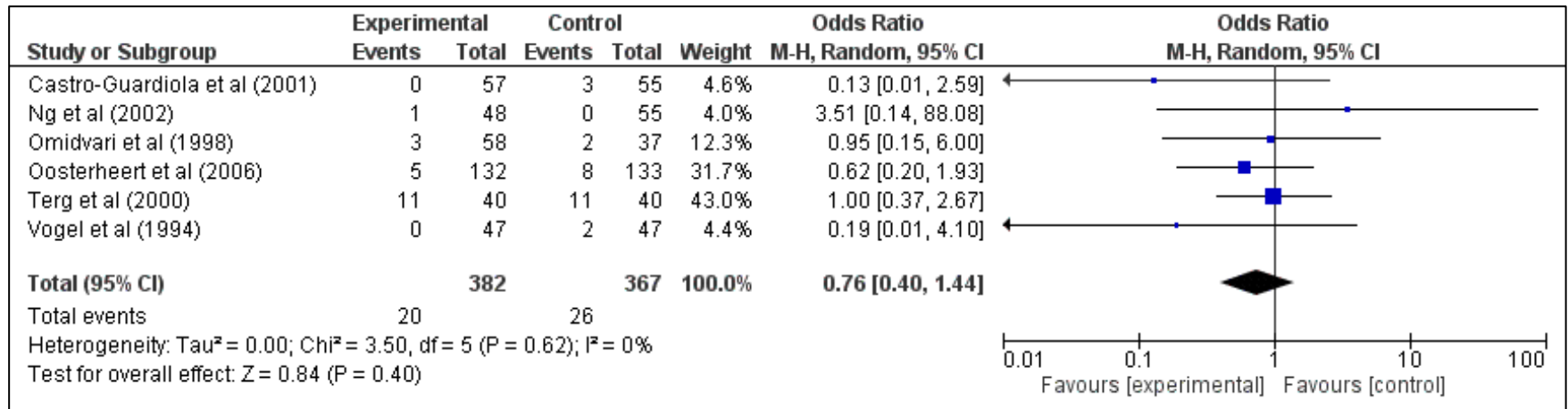
↓ 4 studies (2
sign.)

Cost

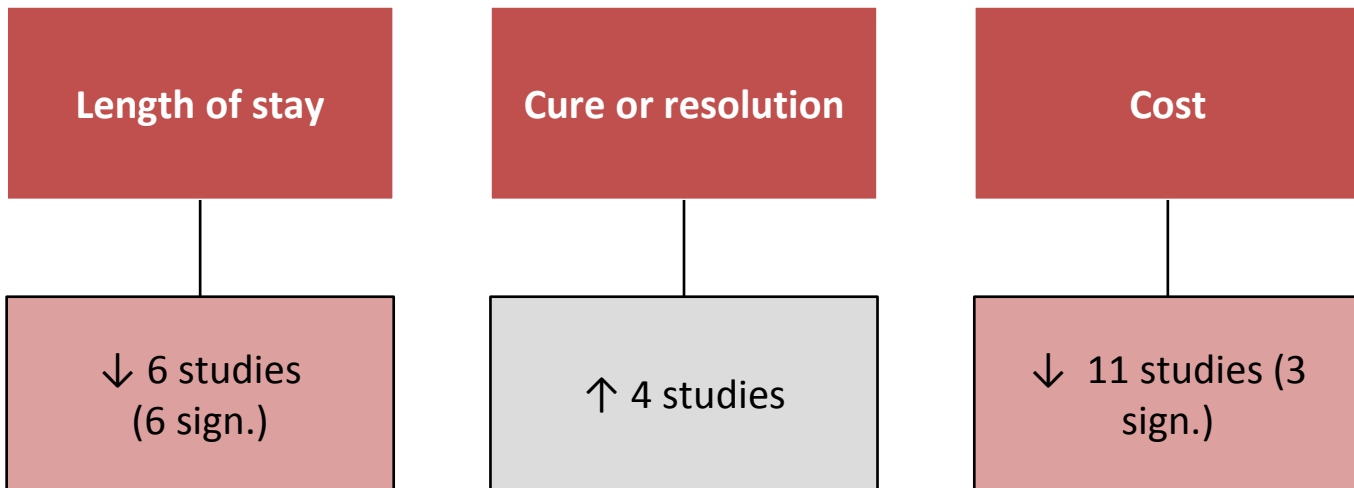
↑ 2 studies (1
sign.)

↓ 11 studies (5
sign.)

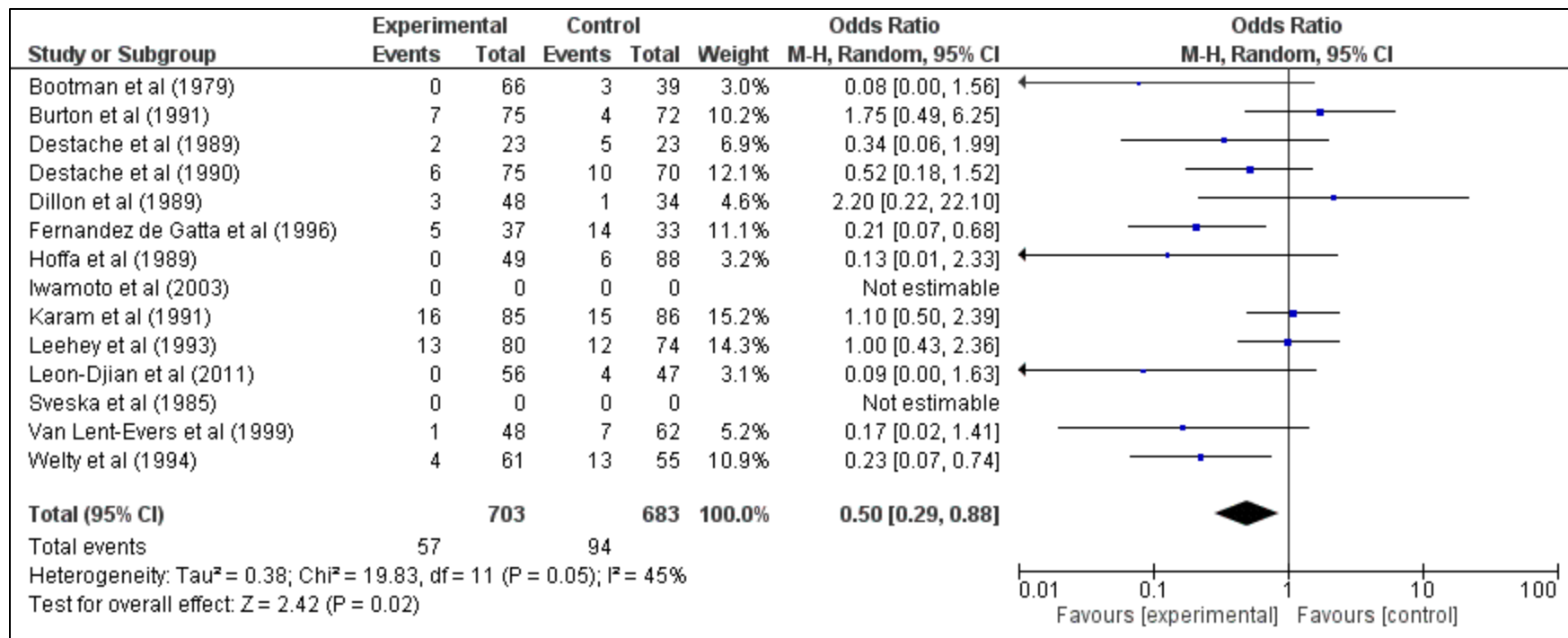
IV/PO switch - mortality



IV/PO switch



TDM - Nephrotoxicity



TDM-Nephrotoxicity

Mortality

2 studies

↓ 6 studies (2 sign.)

≈ 1 study

Length of stay

↑ 3 studies

↓ 8 studies (5 sign.)

Cost

↑ 1 study

↓ 2 studies

Restricted antimicrobials

Mortality

Length of stay

Nosocomial infection rates

↑ 1 study

↓ 4 studies
(2 sign.)

↑ 2 studies
(1 sign.)

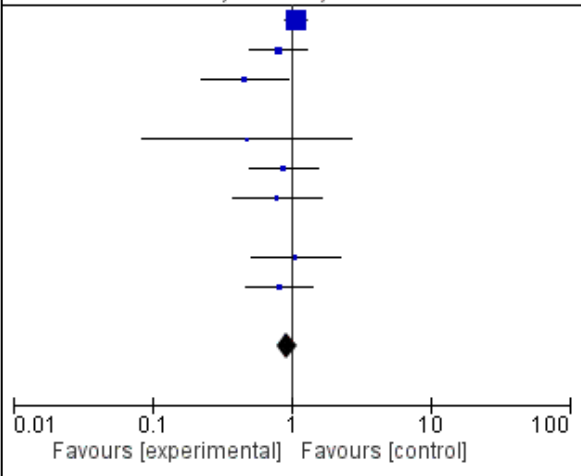
↓ 3 studies
(1 sign.)

≈ 1 study

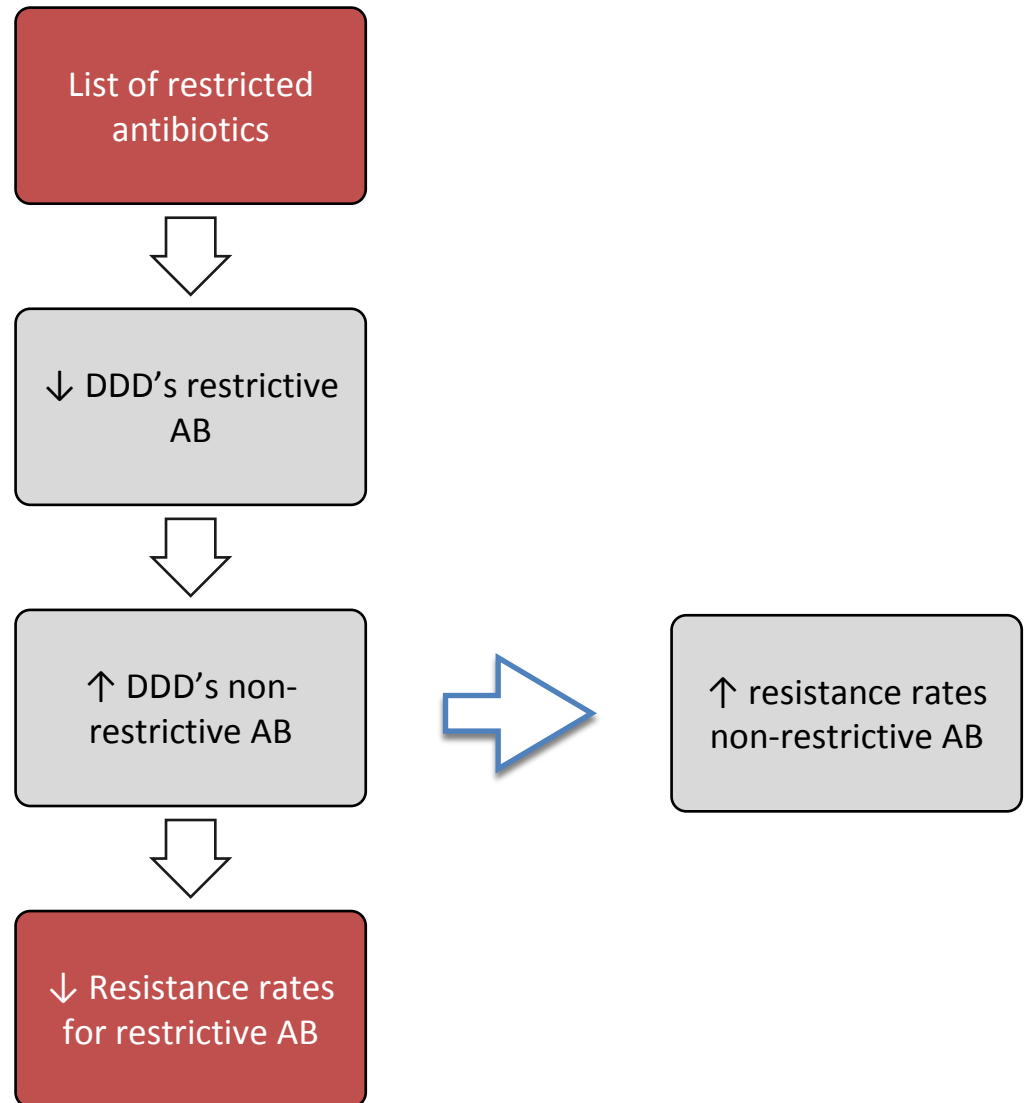
Cost

↓ 11 studies
(4 sign.)

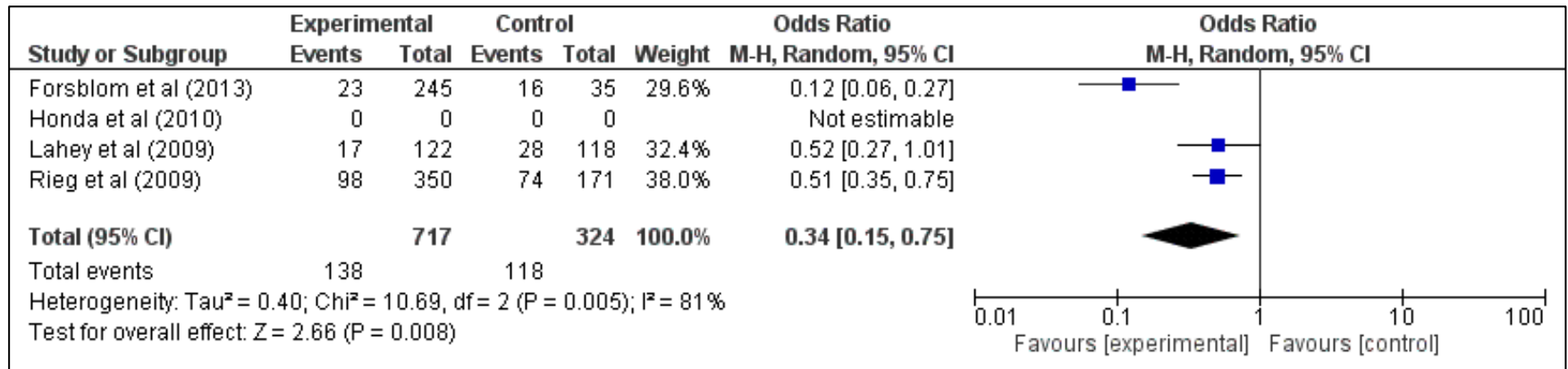
Odds Ratio
M-H, Random, 95% CI



Restricted antimicrobials – Resistance rates



Bedside consultation – mortality *S.aureus*



Bedside consultation

Length of stay

↑ 2 studies
(1 sign.)

↓ 1 study

Deep infection foci identified

↑ 1 study

Cost

↑ 1 study

↓ 1 study (1 sign.)

What does this imply for your ASP?

Guideline adherence

De-escalation

IV/PO switch

TDM

List of restricted antimicrobials

Bedside consult *S.aureus* bacteremia

What does this imply for your ASP?

(Blood)cultures

Antibiotic plan

Local guide available

Local vs. national guideline

Stop criteria

Renal function

Patient compliance

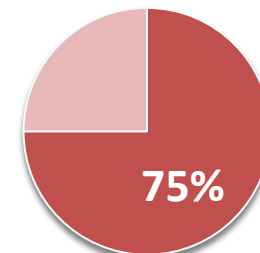
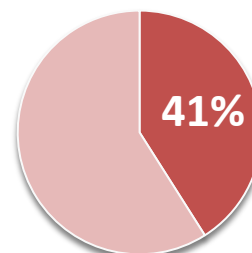
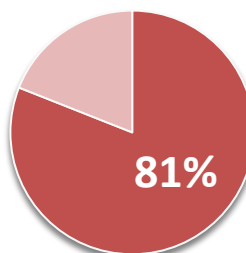
Activity

Reporting?

Preference

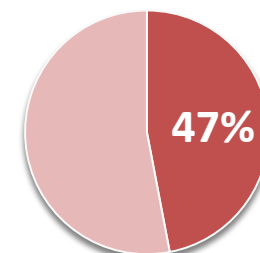
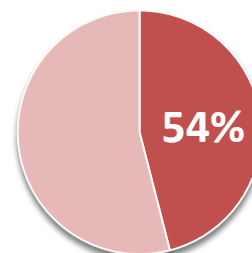
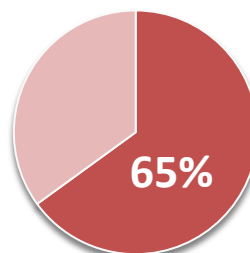
Use

Appropriateness



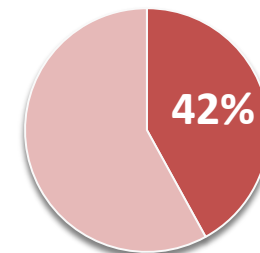
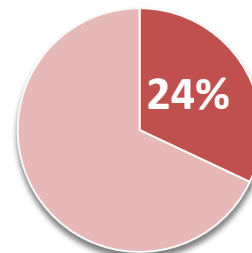
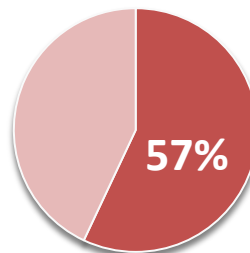
Number

Consultation



Use

Appropriateness



Restricted
antimicrobial

77%

Bedside
Consultation
S. aureus

53%

Switch

76%

Improvement strategies



Cochrane
Library

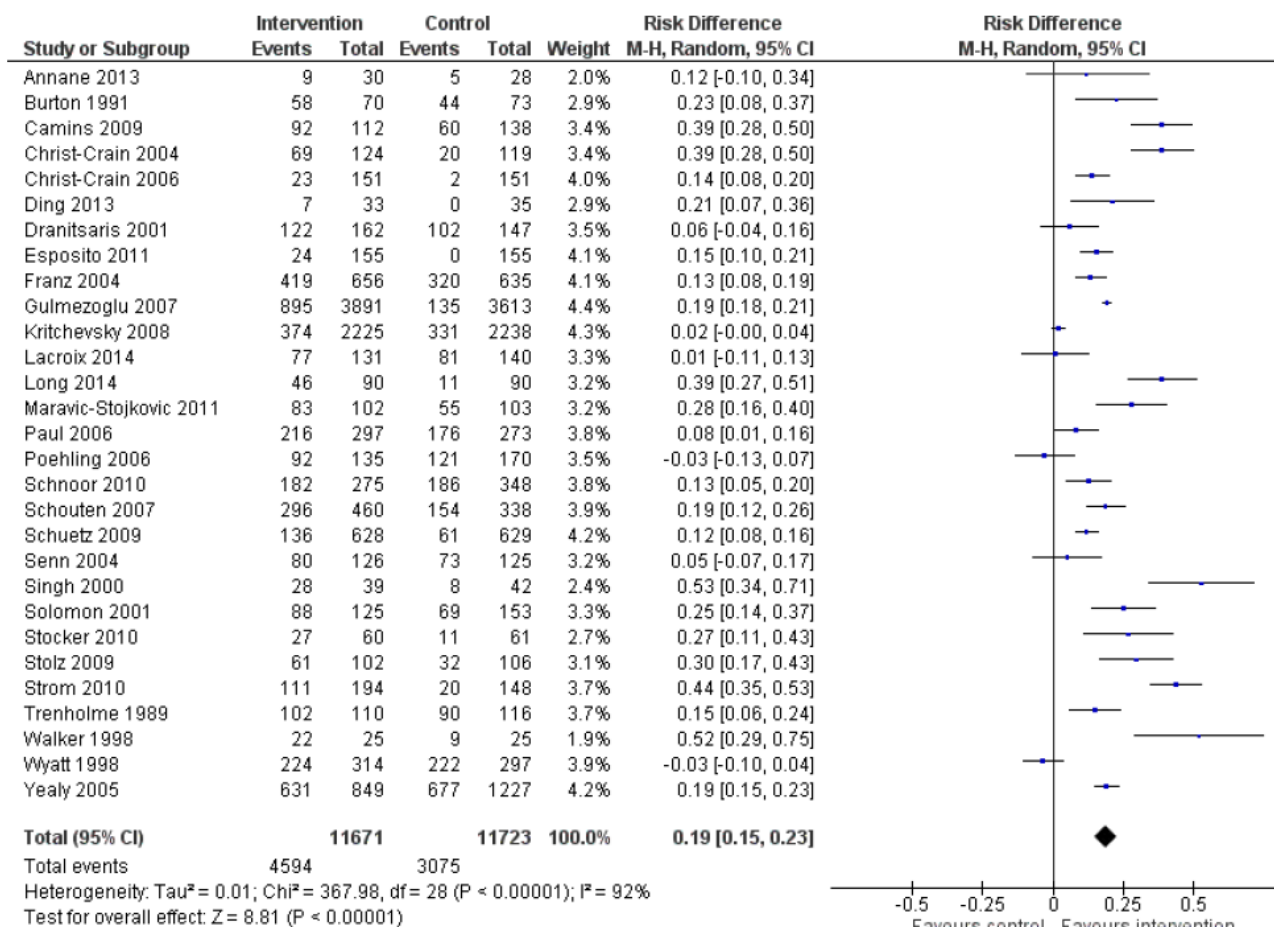
Cochrane Database of Systematic Reviews

Interventions to improve antibiotic prescribing practices for hospital inpatients (Review)

Davey P, Marwick CA, Scott CL, Charani E, McNeil K, Brown E, Gould IM, Ramsay CR, Michie S

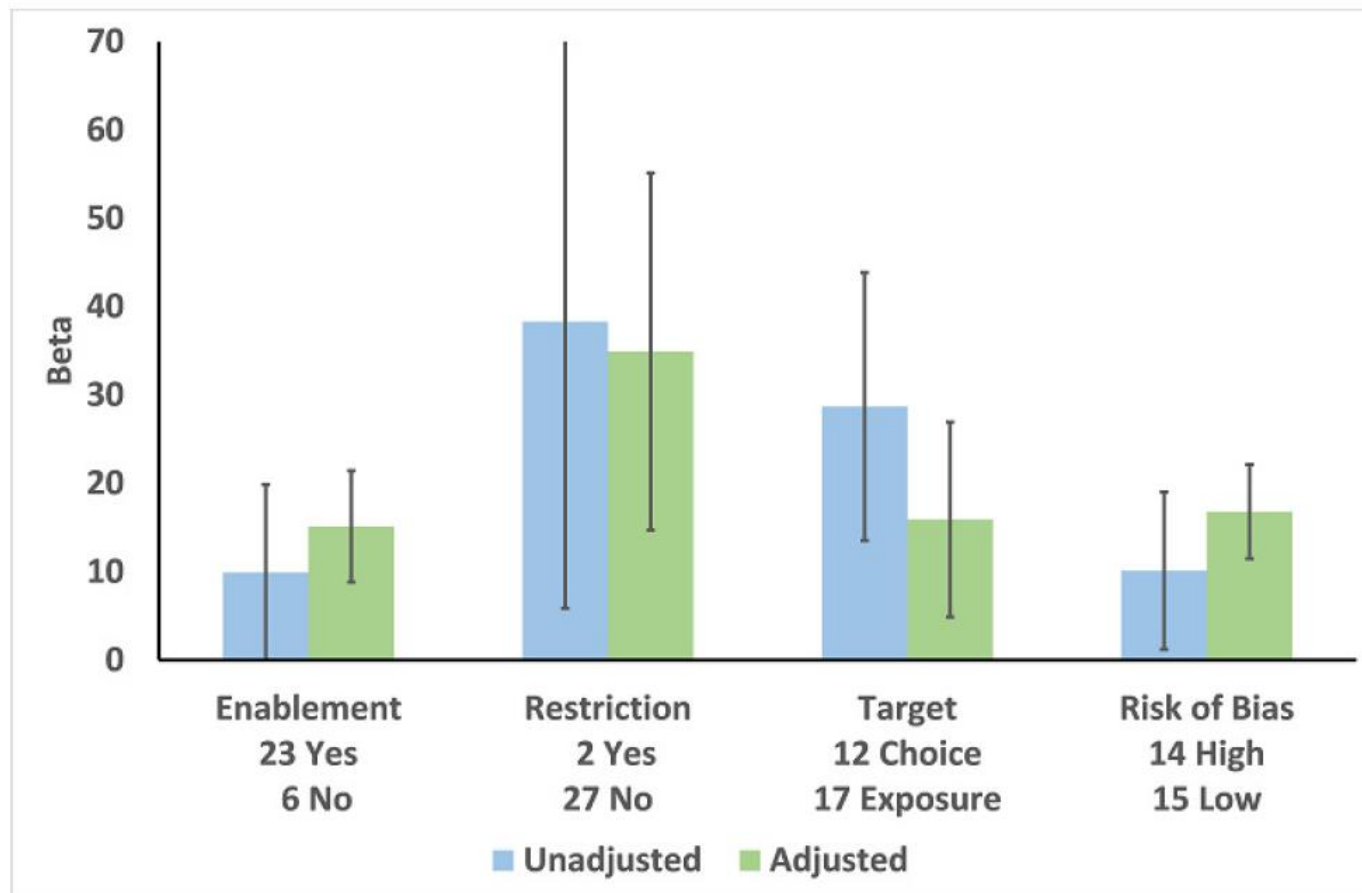
Interventions are effective

Figure 3. Forest plot of comparison: I Prescribing: RCTs of all interventions to reduce unnecessary prescribing, outcome: I.I Dichotomous outcomes, increase in desired practice.



Explaining heterogeneity

Figure 7. Meta-regression by effect modifier for 29 RCTs. A positive value for Beta indicates enhanced intervention effect. One RCT had both enabling and restrictive components in the intervention (Strom 2010).



Improvement strategies

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IDS A FEATURES



Implementing an Antibiotic Stewardship Program: Guidelines by the Infectious Diseases Society of America and the Society for Healthcare Epidemiology of America

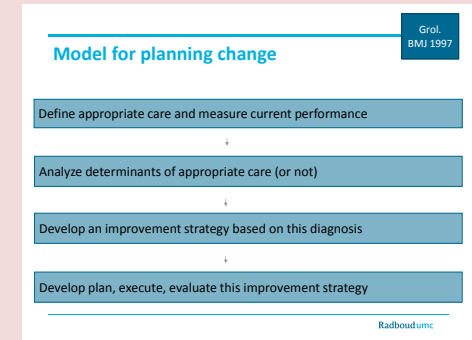
Tamar F. Barlam,¹ Sara E. Cosgrove,² Lilian M. Abbo,³ Conan MacDougall,⁴ Audrey N. Schuetz,⁵ Edward J. Septimus,⁶ Arjun Srinivasan,⁷ Timothy H. Dellit,⁸ Yngve T. Falck-Ytter,⁹ Neil O. Fishman,¹⁰ Cindy W. Hamilton,¹¹ Timothy C. Jenkins,¹² Pamela A. Lipsett,¹³ Preeti N. Malani,¹⁴ Larissa S. May,¹⁵ Gregory J. Moran,¹⁶ Melinda M. Neuhauser,¹⁷ Jason G. Newland,¹⁸ Christopher A. Ohl,¹⁹ Matthew H. Samore,²⁰ Susan K. Seo,²¹ and Kavita K. Trivedi²²

27 key questions in ASP

Building blocks of stewardship

RECOMMENDATIONS to guide the teams' choice of potential interventions to ensure that professionals actually adhere to these 'appropriate antibiotic use recommendations':

APPLY THE MODEL FOR PLANNING CHANGE!



RECOMMENDATIONS on 'appropriate use' to guide the teams' choice of potential stewardship objectives: e.g.

- Streamlining or de-escalation of therapy
- Parenteral to oral conversion
- Dose optimization

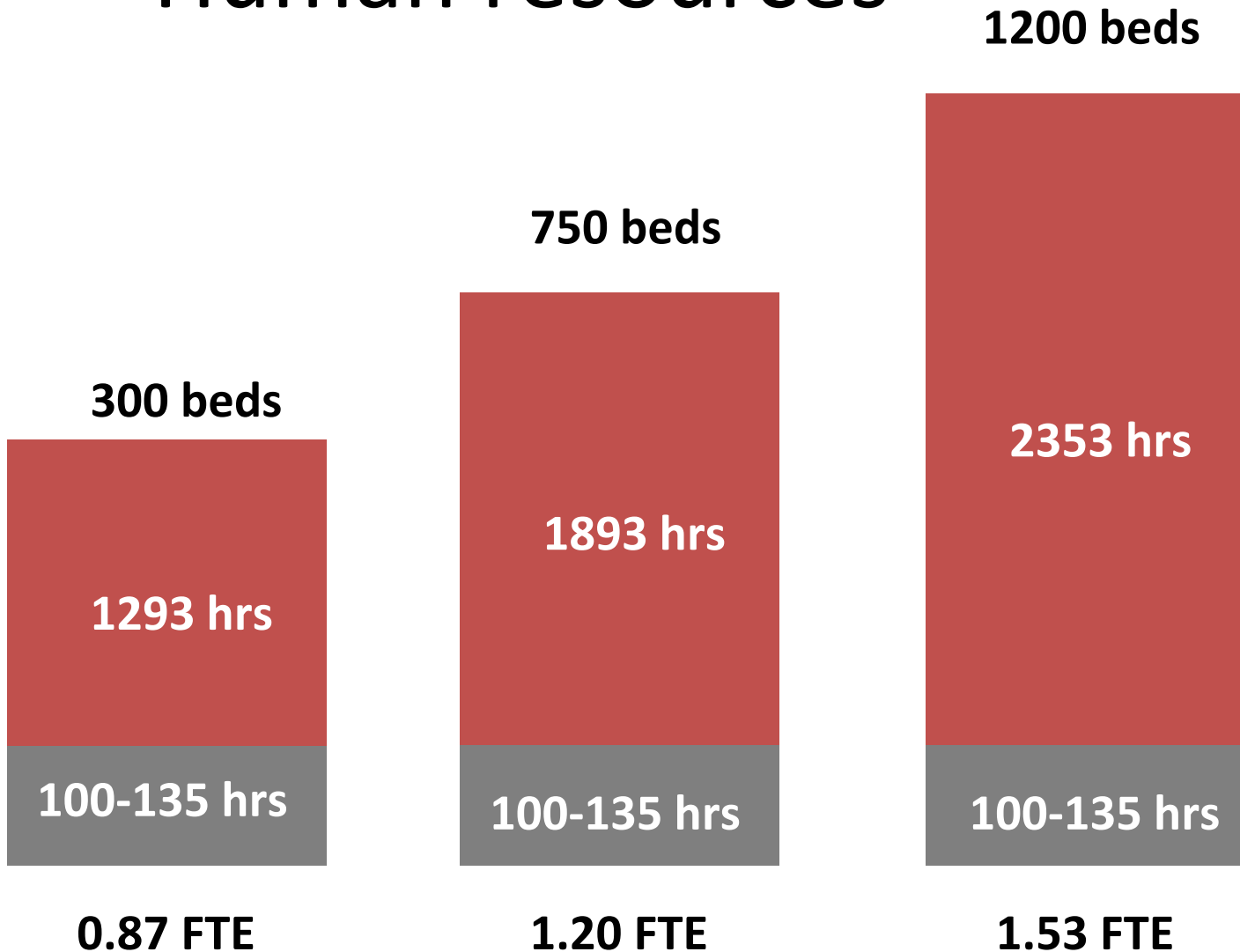
RECOMMENDATIONS on appropriate structural or system preconditions that should be met: e.g.

- Multidisciplinary antibiotic stewardship team
- Infrastructure to track antibiotic use
- Availability of local guidance, i.e. local diagnostic and therapeutic antibiotic guidelines or a list of restricted antibiotics

Implementation

- SWAB founded in 1996 www.swab.nl
- EBM Guidelines for Clinical Infectious Diseases (CAP, UTI, ...)
- Surveillance of antibiotic use and resistance: yearly publication of Nethmap
- SWAB ID: web-based format for a national antibiotic booklet adaptable for every hospital
- 2012 White paper Antibiotic Stewardship: implement A-team in every hospital, controlled by Healthcare Inspectorate
- 2014 'Antimicrobial Stewardship Practice Guide' for the Netherlands www.ateams.nl
- 2015 Antimicrobial Stewardship monitor
- 2015 Staffing standard
- 2016 Guideline Antibiotic Stewardship

Human resources



Human resources – following years

- Monitoring quality of antibiotic use
= 300 hrs + 100 per 100 beds > 300 beds
- 3 stewardship objectives:
 - 300 beds: 1.25 FTE
 - 750 beds: 2.14 FTE
 - 1200 beds: 3.03 FTE
- France:
 - ID specialist: 3.6 FTE/1000 beds
 - Pharmacists: 2.5 FTE/1000 beds
 - Microbiologists: 0.6 FTE/1000 beds

Guideline committee

Coordinator: Emelie Schuts (PhD student, AMC)

Chairs: Jan Prins (AMC) & Marlies Hulscher (IQ healthcare, RadboudUMC)

NIV/VIZ: B.J. Kullberg (RadboudUMC), J.M. Prins (AMC)

NVMM: J.W. Mouton (Erasmus MC), J. Cohen Stuart (MCA), C. Verduin (Amphia)

NVZA: H. Overdiek (MC Haaglanden), P. van der Linden (Tergooi), S. Natsch (RadboudUMC)

Verenso: C. Hertogh (VUmc)

NVK: T. Wolfs (UMCU)

NVIC: J.A. Schouten (CWZ/IQ healthcare, RadboudUMC)



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