

IX. ULUSAL VİRAL HEPATİT SİMPOZYUMU

12-14 MAYIS 2017

ANEMON MALATYA HOTEL

AKUT HEPATİTİN TRANSPLANTASYONA



ULUSAL VİRAL HEPATİT
SİMPOZYUMU



KLİMİK

TÜRK KLİNİK MİKROBİYOLOJİ VE
İNFEKSİYON HASTALIKLARI DERNEĞİ



Olgu Sunumu

Dr. Işıl Deniz Alıracı

Ordu Üniversitesi Eğitim ve Araştırma Hastanesi
Enfeksiyon Hastalıkları ve Klinik Mikrobiyoloji Kliniği

OLGU

- 19.11.2014 'te poliklinikten başvuran erkek hasta
- 65 yaş, 63 kg
- Şik: Karın ağrısı
- Özgeçmiş: 22 yaşında sarılık geçirme
- Ek hastalık: 1974 yılında geçirilmiş akciğer Tbc, HT
- Sigara: son 30 yıldır kullanmıyor
- Alkol kullanımı yok
- Operasyon, diş tedavi öyküsü yok

Laborotuvlar (ilk başvuru)

- HBs Ag (+), Anti HBs (-), HBs Ag: 286 IU/ml
- Anti Hbc Ig M (-), Anti Hbc Ig G (+)
- Hbe Ag (+), Anti Hbe (+)
- Anti HCV (+), Anti HAV Ig G (+)
- Anti HIV (-)
- HBV DNA: 3.4X10⁶ IU/ml, HBV Genotip D
- HCV RNA: 2.2x10⁴ IU/ml, HCV Genotip 1b

19.11.2014

Laborotuvlar (ilk başvuru)

- AST: 176 U/L
- ALT: 231 U/L
- ALP: 145 U/L
- GGT: 229 U/L
- AFP: 58
- T bil: 1.8
- Direk bil: 1

➤ Wbc: 9800/mm³

➤ Hgb: 15.6 mg/dl

➤ **Plt: 139000/mm³**

➤ Pt: 15.1

➤ Aptt: 29.3

➤ INR: 1.3

Radyoloji ve Patoloji

- Özofago-gastro-duodenoskopi raporu: **Grade 1 özofagus varisleri, portal hipertansif gastropati**
- Kontrastlı Toraks Tomografi: Sol akciğer apikoposterior pleroparankimal kalınlaşmalar, parankimal düzensiz kalsifikasyonlar, plevral kasifik kalınlaşma, milimetrik subplevral kalsifik nodül
- Üst abdomen MR: En büyüğü sağda 13 mm, solda 17 mm olmak üzere her iki böbrekte kontrastlanmanın izlenmediği kortikal basit kistler
- **Karaciğer Biyopsi: HAI: 7/18 F: 3/6**

Table 3. Approved HCV drugs in the European Union in 2015.

| Product | Presentation | Posology |
|-----------------------------------|--|---|
| PegIFN-α2a | Solution for injection containing 180, 135 or 90 µg of PegIFN-α2a | Once weekly subcutaneous injection of 180 µg (dose reduction needed) |
| PegIFN-α2b | Solution for injection containing 150, 100 or 75 µg of PegIFN-α2b | Once weekly subcutaneous injection of 1.5 µg/kg (dose reduction needed) |
| Ribavirin | Caplets | 1000 mg in the morning and 3 in the evening if body weight <75 kg or 800 mg in the morning and 3 in the evening if body weight >75 kg |
| Sofosbuvir | Tablets containing 400 mg of sofosbuvir | One tablet once daily (morning) |
| Simeprevir | Tablets containing 50 mg of simeprevir | Two tablets once daily (morning) |
| Daclatasvir | Tablets containing 60 mg of daclatasvir | One tablet once daily (morning) |
| Sofosbuvir/ledipasvir | Tablets containing 400 mg of sofosbuvir and 90 mg of ledipasvir | One tablet once daily (morning) |
| Paritaprevir/ombitasvir/ritonavir | Tablets containing 75 mg of paritaprevir, 12.5 mg of ombitasvir and 50 mg of ritonavir | Two tablets once daily (morning) |
| Dasabuvir | Tablets containing 250 mg of dasabuvir | One tablet twice daily (morning and evening) |

**Sofosbuvir +ledipasvir
temin edilemedi**

**Tenofovir
Peg IFN 2b 100 mg
Ribavirin 1000 mg**

Klinik Seyir

IFN/RBV-İlişkili Hematolojik Yan Etkiler

Nötropeni
Trombositopeni
Anemi

Yan Etkiler

Trombositopeni (60.000)
Halsizlik, eklem ağrısı

- 9 AY TENOFOVİRLE MONOTERAPİYE DEVAM EDİLİYOR

Laborotuvur

Tedavi bařlangıcı

| | WBC | HBG | PLT | AST | ALT | ALP | GGT |
|------------|------|------|---------------|-----|-----|-----|-----|
| 19.03.2015 | 5100 | 14.6 | 120.000 | 123 | 112 | 204 | 278 |
| 30.03.2015 | 3500 | 13.1 | <u>60.000</u> | 142 | 105 | | |
| 17.04.2015 | 8000 | 14.2 | 127.000 | 90 | 84 | 176 | 169 |

Tedavi kesiliyor

Laborotuvlar

- 9 AY TENOFOVİR MONOTERAPİSİ ALTINDAKİ LABOROTUVAR DEĞERLERİ

| | AST | ALT | ALP | GGT | T.BİL/D. BİL | AFP | Hbe Ag | Anti Hbe Ag | HBV DNA |
|--------------------|-----|-----|-----|-----|-----------------|-----|----------------|----------------|---------------------|
| Tenofovir 1. ay | 90 | 84 | 176 | 169 | 1 / 0.6 | 86 | borderli ne | + | 1.2x10 ³ |
| Tenofovir 3. ay | 79 | 71 | 203 | 254 | 0.7 / 0.5 | 72 | | | 1.7x10 ² |
| Tenofovir 6. ay | 64 | 53 | 114 | 134 | 0.9 / 0.6 | 66 | - | + | NEGATİF |
| Tenofovir 9. ay | 57 | 51 | 113 | 106 | | | | | |

HCV tedavisinde köşe taşları

FDA Onayları

1991 IFN alfa-2b

1996 IFN alfa-2a

1997 “consensus” IFN

1998 IFN alfa-2b ve Ribavirin

2001 PegIFN alfa-2b ve Ribavirin

2002 PegIFN alfa-2a ve Ribavirin

2011 DAA I (Boceprevir ve Telaprevir)

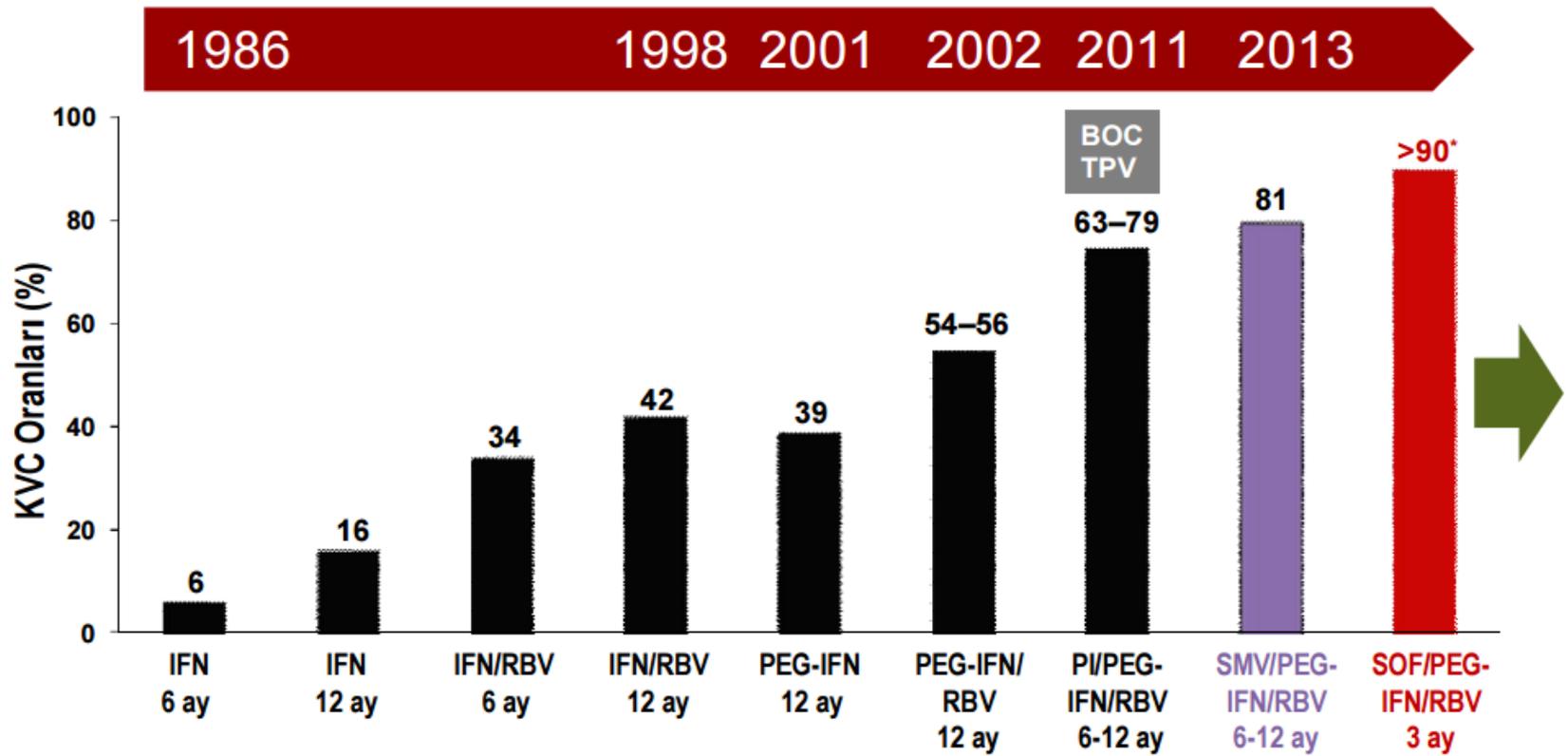
2013 DAA II (SOFOSBUVIR ve Simeprevir)

2014 SOFOSBUVIR+Ledipasvir

2014 PARITAPREVIR+ritonavir+OMBITASVIR ve DASABUVIR (PrOD)

2015 SOFOSBUVIR+DACLATASVIR

2015+ IFN’suz TEDAVİLER; DAHA ETKİLİ, DAHA KISA SÜRELİ



* NEUTRINO çalışması: GT1 hastalarda KVC 12 oranı %90 (12 hafta SOF+PEG-IFN+RBV)

Adapted from Strader DB, et al. *Hepatology* 2004;39:1147-71; INCIVEK [PI]. Cambridge, MA: Vertex Pharmaceuticals, 2013; VICTRELIS [PI]. Whitehouse Station, NJ: Merck & Co, 2014; Jacobson I, et al. EASL 2013. Amsterdam. Poster #1425; Manns M, et al. EASL 2013. Amsterdam. The Netherlands. Oral #1413; Lawitz E, et al. APASL 2013. Singapore. Oral #LB-02.

HepAtölye III: Hepatit C Virusu İnfeksiyonunun Tedavisinde Yeni Antiviraller (4-6 Aralık 2015, İstanbul)'in Ardından

After a Workshop on the Novel Antivirals for Treatment of Hepatitis C Virus Infection (4-6 December 2015, İstanbul)

Süda Tekin¹, Bilgehan Aygen², Mehtap Aydın³, Funda Şimşek⁴, HepAtölye III Düzenleme Kurulu

Tablo 6. Hepatit C Virusu Genotip 1 veya 4 İnfeksiyonu Olan Sirotik Olmayan Tedavi Naif veya PegIFN + RBV Deneyimli Hastalarda Tedavi Önerileri*

| | HCV Genotip | | |
|-------------------|--|----------|--|
| | 1a | 1b | 4 |
| SOF + PegIFN/RBV | 12 hafta | | 12 hafta |
| SMV + PegIFN/RBV | 12 hafta (naif veya relaps) 24 hafta (parsiyel/ "null") | | 12 hafta (naif veya relaps) 24 hafta (parsiyel/ "null") |
| LDV/SOF | 8-12 hafta [†] | | 12 hafta |
| OBV/PTV-RTV + DSV | 12 hafta (+ RBV) | 12 hafta | Önerilmiyor |
| OBV/PTV-RTV | Önerilmiyor | | 12 hafta (+ RBV) |
| SOF + SMV | 12 hafta | | 12 hafta |
| SOF + DCV | 12 hafta | | 12 hafta |

*Kaynak 13 ve 14'ten uyarlanmıştır. [†]Tedavi naif, sirotik olmayan ve bazal HCV RNA düzeyi < 6 milyon IU/ml olan hastalarda 8 hafta verilebilir (özellikle F3 fibroz hastalarında). PegIFN: Pegile interferon, RBV: Ribavirin, LDV: Ledipasvir, SOF: Sofosbuvir, OBV: Ombitasvir, PTV: Paritaprevir, RTV: Ritonavir, DSV: Dasabuvir, SMV: Simeprevir, DCV: Daklatasvir.

Initial Treatment Box. Summary of Recommendations for Patients Who are Initiating Therapy for HCV Infection or Who Experienced Relapse after Prior PEG/RBV Therapy, by HCV Genotype

| Genotype | Recommended | Alternative | NOT Recommended |
|----------|---|---|--|
| 1 | <p>IFN eligible: SOF + PEG/RBV x 12 weeks</p> <p>IFN ineligible: SOF + SMV ± RBV x 12 weeks</p> | <p>IFN eligible: SMV x 12 weeks + PEG/RBV x 24 weeks*</p> <p>IFN ineligible: SOF + RBV x 24 weeks</p> | <p>TVR + PEG/RBV x 24 or 48 weeks (RGT)</p> <p>BOC + PEG/RBV x 28 or 48 weeks (RGT)</p> <p>PEG/RBV x 48 weeks</p> <p>Monotherapy with PEG, RBV, or a DAA Do not treat decompensated cirrhosis with PEG or SMV</p> |
| 2 | SOF + RBV x 12 weeks | None | <p>PEG/RBV x 24 weeks</p> <p>Monotherapy with PEG, RBV, or a DAA</p> <p>Any regimen with TVR, BOC, or SMV</p> |
| 3 | SOF + RBV x 24 weeks | SOF + PEG/RBV x 12 weeks | <p>PEG/RBV x 24-48 weeks</p> <p>Monotherapy with PEG, RBV, or a DAA</p> <p>Any regimen with TVR, BOC, or SMV</p> |
| 4 | <p>IFN eligible: SOF + PEG/RBV x 12 weeks</p> <p>IFN ineligible: SOF + RBV x 24 weeks</p> | SMV x 12 weeks + PEG/RBV x 24-48 weeks | <p>PEG/RBV x 48 weeks</p> <p>Monotherapy with PEG, RBV, or a DAA</p> <p>Any regimen with TVR or BOC</p> |
| 5 or 6 | SOF + PEG/RBV x 12 weeks | PEG/RBV x 48 weeks | <p>Monotherapy with PEG, RBV, or a DAA</p> <p>Any regimen with TVR or BOC</p> |

Laborotuvlar

- 15.12. 2015 'te (tenofovir tedavisinin 9. ayında) 3 ay sreyle Peg IFN-alfa 2b 100 mg + Ribavirin 1000 mg + Sofosbuvir 400 mg tedavisi bařlandı.

| | AST | ALT | ALP | GGT | T.BİL/D.B İL | AFP | HCV RNA |
|--------------------|-----|-----|-----|-----|-----------------|-----|---------|
| Tedavinin 1. ay | 33 | 25 | 113 | 106 | 0.6/0.3 | - | NEGATİF |
| Tedavinin 2. ay | 32 | 24 | - | 90 | 0.8/0.2 | - | NEGATİF |
| Tedavinin 3. ay | 32 | 26 | 126 | 86 | 0.6/0.1 | - | NEGATİF |

| | WBC | HGB | PLT |
|------------------------------------|-------------|-------------|---------------|
| Tedavi öncesi 19.11.2015 | 6500 | 15.3 | 111.000 |
| Tedavinin 1. haftası | 4000 | 15.3 | 64.000 |
| Tedavinin 1. ayı | 3900 | 13.4 | 76.000 |
| Tedavinin 2. ayı | 3500 | 12.4 | 67.000 |
| Tedavinin 3. ayı | 2400 | 11.4 | 62.000 |
| Tedavi sonu 1. ay | 5400 | 12 | 118.000 |
| Tedavi sonu 2. ay 05.05.2016 | 4900 | 14 | 43.000 |
| 16.08.2016 | 11800 | 14.5 | 119.000 |



Bir hafta sonra Peg
IFN alfa 2b dozu 80
mg'a düşürülüyor



HCV RNA: +
Hepatit C nüks
07.04.2016



?

Combination of sofosbuvir, pegylated-interferon and ribavirin for treatment of hepatitis C virus genotype 1 infection: a systematic review and meta-analysis.

Dolatimehr F^{1,2,3,4}, Karimi-Sari H^{1,2,3,4}, Rezaee-Zavareh MS^{1,2,3,4}, Alavian SM^{2,3,4}, Behnava B^{2,3,4}, Gholami-Fesharaki M⁵, Sharafi H^{6,7,8}.

⊕ Author information

Abstract

BACKGROUND: Hepatitis C virus (HCV) infection is an important cause of chronic liver disease which has been affected 3% of world's population. Some studies have shown that adding Sofosbuvir (SOF), an HCV polymerase inhibitor to the conventional therapy of Pegylated-interferon (PegIFN) plus Ribavirin (RBV) can increase the rate of sustained virologic response (SVR) among HCV-infected patients. This study was conducted to determine the effect of combination therapy with PegIFN and RBV plus SOF for chronic hepatitis C genotype 1 infection using systematic review with meta-analysis.

METHODS: In this study, electronic databases including PubMed, Scopus, Science Direct, and Web of Science were comprehensively searched using appropriate strategies containing all related keywords of "hepatitis C", "PegIFN", "RBV" and "SOF". Studies assessed the efficacy of combination therapy with PegIFN and RBV plus SOF for chronic hepatitis C genotype 1 infection were included in the meta-analysis.

RESULTS: After screening of 757 records, we included five articles with total sample size of 411 to the meta-analysis. Based on the fixed-effect model ($\chi^2 = 5.29$, $P = 0.26$ and $I^2 = 24.4\%$), pooled SVR rate for treatment regimen of PegIFN and RBV plus SOF was calculated as 88.54% (95% CI = 85.77%-91.32%).

CONCLUSIONS: Combination therapy with PegIFN and RBV plus SOF results in high treatment response in patients with HCV genotype 1 infection.

KEYWORDS: Hepatitis C; Meta-analysis; Pegylated-interferon; Ribavirin; Sofosbuvir

| | AST | ALT | ALP | GGT | AFP | T.BiL/D.BiL | HBV DNA | HCV RNA |
|----------------------------------|-----------|-----------|-----|-----|-----|-------------|---------|---------------------------|
| Tedavi sonu 1. ay | 32 | 28 | 133 | 50 | 13 | 0.5/0.1 | Negatif | 5.6X10 ⁵ IU/ML |
| Tedavi sonu 2. ay Hbs ag: 869 | 96 | 64 | 131 | 186 | | 0.8/0.5 | | |
| Tedavi sonu 3. ay | 73 | 48 | 116 | 199 | | 0.8/0.5 | | |

DİRENÇ BAKALIM MI??

Hepatit C nüks
07.04.2016

Öneriler

1. DEA ilaçlar asla tek başına kullanılmamalıdır.

2. Günlük Sofosbuvir/Peg-IFN/RBV tedavisinde

- Viral kırılma yok
- Tedavi başarısızlığı olan hastalarda direnç gösterilmemiş

Buti M et al. J Hepatol 2015;63:1511-1522

| | AST | ALT | ALP | GGT | AFP | T.BiL/D.BiL | HBV DNA | HCV RNA |
|----------------------------------|-----------|-----------|-----|-----|-----|-------------|---------|---------------------------|
| Tedavi sonu 1. ay | 32 | 28 | 133 | 50 | 13 | 0.5/0.1 | Negatif | 5.6X10 ⁵ IU/ML |
| Tedavi sonu 2. ay Hbs ag: 869 | 96 | 64 | 131 | 186 | | 0.8/0.5 | | |
| Tedavi sonu 3. ay | 73 | 48 | 146 | 199 | | 0.8/0.5 | | |

**Ombitasvir/Paritaprevir/Ritonavir
+
Dasabuvir
19.07.2016**

**Hepatit C nüks
07.04.2016**



Tablo 18. Daha Önce Kullanılan İlaç Rejimine ve HCV Genotipine Göre Yeniden Tedavi Önerileri

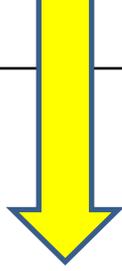
| Daha Önceki Tedavi | Genotip | SOF/LDV | SOF/VEL | PTV-RTV/ OBV+DSV | PTV-RTV/ OBV | GRZ/EBV | SOF+DCV |
|-------------------------------|---------|---|---|---|-----------------|--|---|
| SOF+RBV veya SOF+ PegIFN+ RBV | 1 | +RBV sirotik olmayan 12 hafta, sirotik 24 hafta | +RBV sirotik olmayan 12 hafta, sirotik 24 hafta | +RBV sirotik olmayan 12 hafta, sirotik 24 hafta | Hayır | +RBV sirotik olmayan ve HCV RNA ≤800 000 İÜ/ml olan 12 hafta; sirotik olmayan ve HCV RNA >800 000 İÜ/ml olan veya sirotik 24 hafta | +RBV sirotik olmayan 12 hafta, sirotik 24 hafta |



SUT'a göre Kr. Hepatit C Genotip 1b non sirotik ve kompanse sirotik Child Pugh A tedavisinde Ombitasvir+Paritaprevir+Ritonavir+Dasabuvir ile 12 haftalık tedavi öneriliyor

| | | | | | | | |
|--|----------|---|---|-------|------------------------------------|--|---|
| | | hafta, sirotik 24 hafta | hafta, sirotik 24 hafta | | olmayan 12 hafta, sirotik 24 hafta | HCV RNA ≤800 000 İÜ/ml olan 12 hafta; sirotik olmayan ve HCV RNA >800 000 İÜ/ml olan veya sirotik 24 hafta | hafta, sirotik 24 hafta |
| | 5 veya 6 | +RBV sirotik olmayan 12 hafta, sirotik 24 hafta | +RBV sirotik olmayan 12 hafta, sirotik 24 hafta | Hayır | Hayır | Hayır | +RBV sirotik olmayan 12 hafta, sirotik 24 hafta |

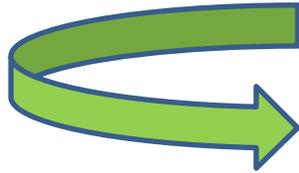
Tedaviye uyumlu
Kendini iyi hissediyor
Bazen **kaşıntı** şik. var



| | | AST | ALT | ALP | GGT | T.BİL/D .BİL | HCV RNA |
|------------|---------------------------------|-----|-----|-----|-----|-----------------|-------------------------------|
| 19.07.2016 | Tenofovir + viekirax exviera | 73 | 48 | 146 | 199 | 0.8/0.5 | 8.3 X10 ⁵ IU/ML |
| 16.08.2016 | Tenofovir + viekirax exviera | 18 | 11 | 115 | 50 | 3.4/1.7 | Negatif |
| 19.09.2016 | Tenofovir + viekirax exviera | 19 | 12 | 122 | 26 | 0.9/0.4 | |
| 17.10.2016 | Tenofovir + viekirax exviera | 21 | 13 | 147 | 24 | 0.6/0.2 | Negatif |

- Viekirax exviera ile 3 aylık tedavi bitimi hastanın kaşıntısı geçiyor
- Tedavi sonu 12.haftada HCV RNA negatif
- KVY elde edildi.

• Mayıs 2017



Hasta halen tenofovir kullanmakta
HBV DNA(-) , HCV RNA(-)

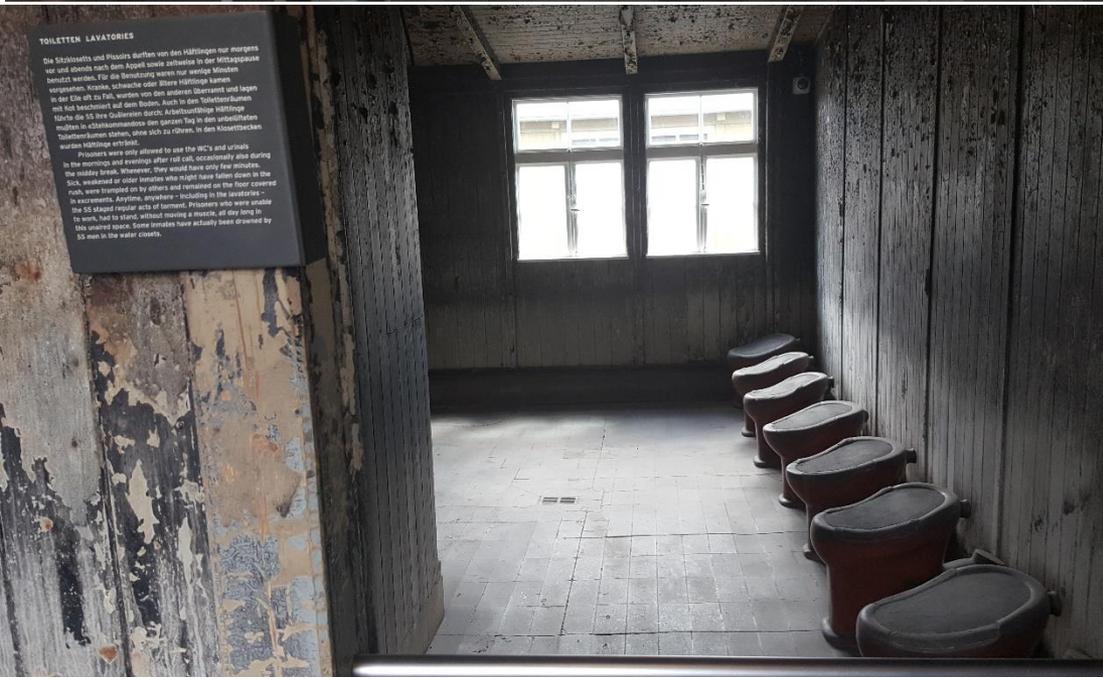
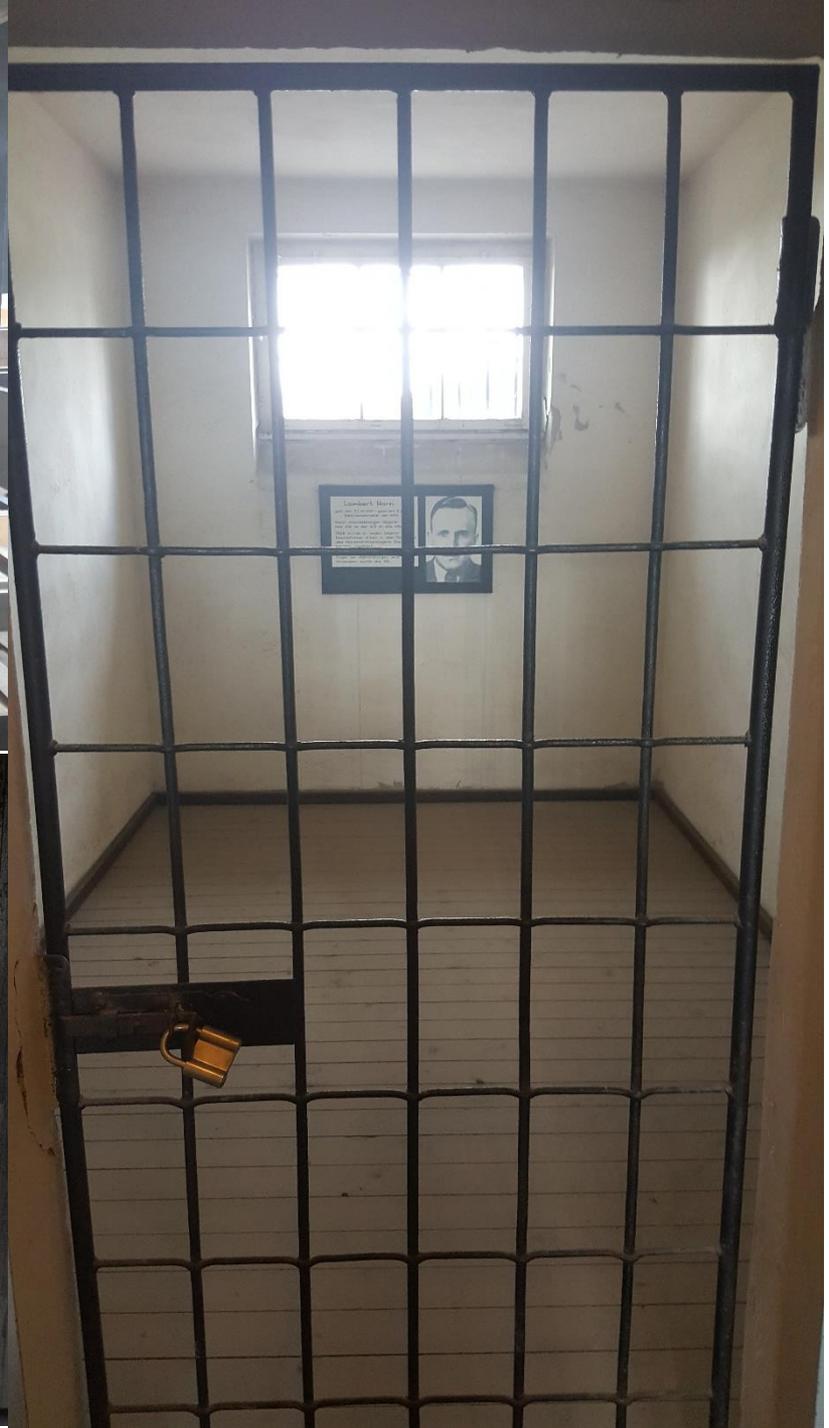
Laborotuvlar (son başvuru)

04.05.2017

- **HBs Ag:1.16**
- Anti HBs: 0.88
- Wbc: 8080
- Hgb:14.8
- Plt: 146.000
- AST:22
- ALT: 20
- AFP: 4.09
- T.p:7.6
- Alb:4.3
- BUN: 18.4
- Kreatn:1
- PT: 14.4 sn
- APTT: 27.9 sn
- INR: 1.04



TEŞEKKÜRLER



TOILETTEN LAVATOIRES

Die Stöbeplätze und Pissoirs dürfen von den Häftlingen nur morgens vor und abends nach dem Appell sowie zeitweise in der Mittagspause benutzt werden. Für die Benutzung waren nur wenige Minuten vorgesehen. Saubere, warme oder kalte Häftlinge kamen in der Eile oft zu Fall, wurden von den anderen überfahren und lagen mit Kopf bedeckt auf dem Boden. Auch in den Toilettenräumen mußten die SS ihre Quälerrollen durch Arbeitsschleife Häftlinge in Schlangenlinie den wachen Teil in den unbelüfteten Toilettenräumen stehen, ohne sich zu rühren, in den Kiscuttdecken wurden Häftlinge erstickt.

Prisoners were only allowed to use the WC's and urinals in the mornings and evenings after roll call, occasionally also during the midday break. However, they would have only few minutes. Sick, weakened or older inmates who might have fallen down in the line, were trampled on by others and remained on their face covered with their heads. In the lavatories - to work, had to stand, without moving a muscle, all day long in the unventilated rooms. Some inmates have actually been drowned by SS men in the water closets.



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12-14 MAYIS 2017

ANEMON MALATYA HOTEL

AKUT HEPATİTİN TRANSPLANTASYONA



ULUSAL VİRAL HEPATİT
SİMPOZYUMU



KLİMİK

TÜRK KLİNİK MİKROBİYOLOJİ VE
İNFEKSİYON HASTALIKLARI DERNEĞİ