

Hepatitlerde Alternatif Tedaviler Etkili mi?



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30. YIL KURULTAYI



National Center for
Complementary and
Integrative Health



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Complementary, Alternative, or Integrative Health: What's In a Name?

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CAM Therapies Included in the 2007 NHIS

- Acupuncture*
- Ayurveda*
- Biofeedback*
- Chelation therapy*
- Chiropractic or osteopathic manipulation*
- Deep breathing exercises
- Diet-based therapies
 - Atkins diet
 - Macrobiotic diet
 - Ornish diet
 - Pritikin diet
 - South Beach diet
 - Vegetarian diet
 - Zone diet
- Energy healing therapy/Reiki*
- Guided imagery
- Homeopathic treatment
- Hypnosis*
- Massage*
- Meditation
- Movement therapies
 - Alexander technique
 - Feldenkrais
 - Pilates
 - Trager psychophysical integration
- Natural products (nonvitamin and nonmineral, such as herbs and other products from plants, enzymes, etc.)
- Naturopathy*
- Progressive relaxation
- Qi gong
- Tai chi
- Traditional healers*
 - Botanica
 - Curandero
 - Espiritista
 - Hierbero or Yerbera
 - Native American healer/Medicine man
 - Shaman
 - Sobador
- Yoga

An asterisk (*) indicates a practitioner-based therapy. For definitions of any of these therapies, [see the full report \(PDF\)](#) or contact the



Numune Sağlık

ISSN 1305-9213

ANKARA NUMUNE EĞİTİM VE ARAŞTIRMA HASTAHANASI YAYINDIR

TEMMUZ-AĞUSTOS-EYLÜL 2015

Geleneksel ve Tamamlayıcı Tıp

Akupunktur Tedavisi

Sızmanlık ve Akupunktur

Alternatif Tıbbın Dünyü,
Bugünü ve Yarını

Ayurvedik Arınma
ve Yenilenme: Pançakarma

İntegratif / Birleştirici / Bütünleştirici
Sağlık Hizmeti ve Hemşirelik Bakımı

Hacamat ve kupa tedavisi

Homeopati

Maggot Tedavisi

Taşıyan Profesyonel Bir
Dokunma: Reiki Terapi

Tıbbi Sütlük Tedavisi

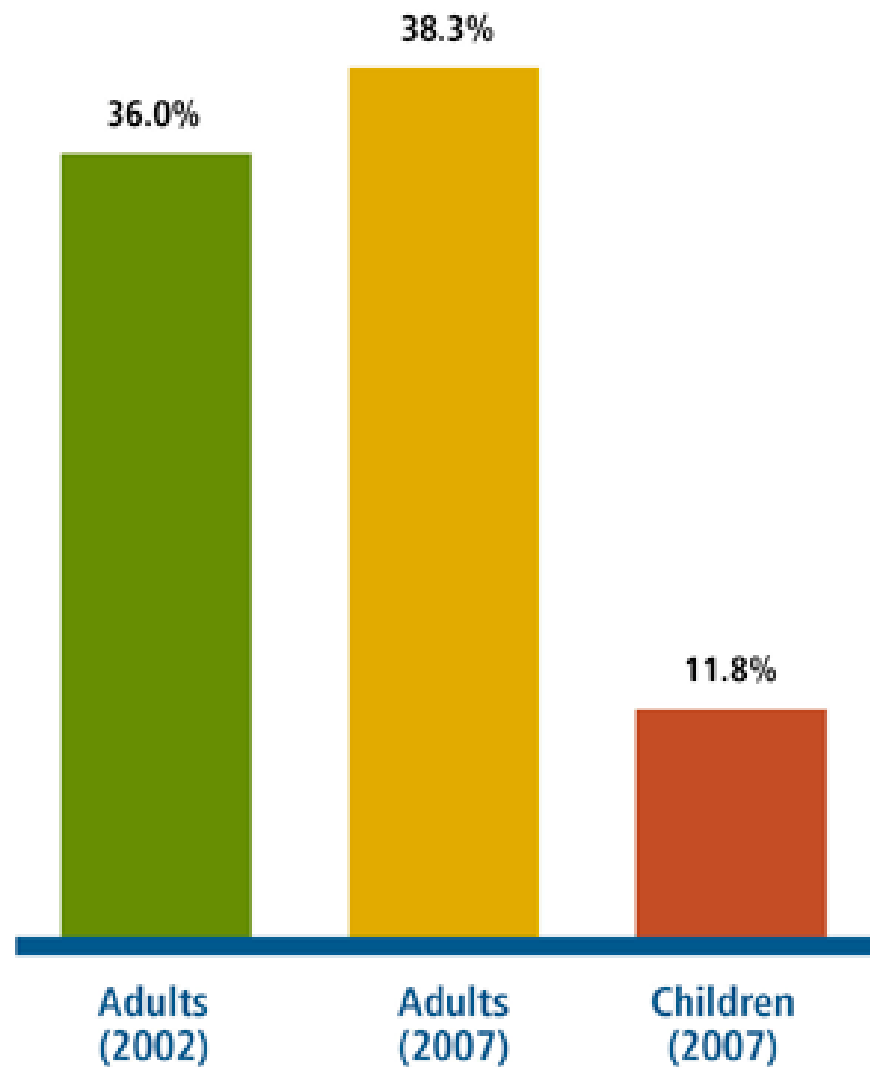
Stres ve Gerilimle Başetmede
Farklı İki Yol:
"Mandala ve Kelebek Kucaklaması"

Gelenekten Bilime "Ankaferd Hemostat"

Multidisipliner Oküler Onkoloji Birimi
ANEAH'nda Hizmet Vermeye Başladı

"Popüler konular"

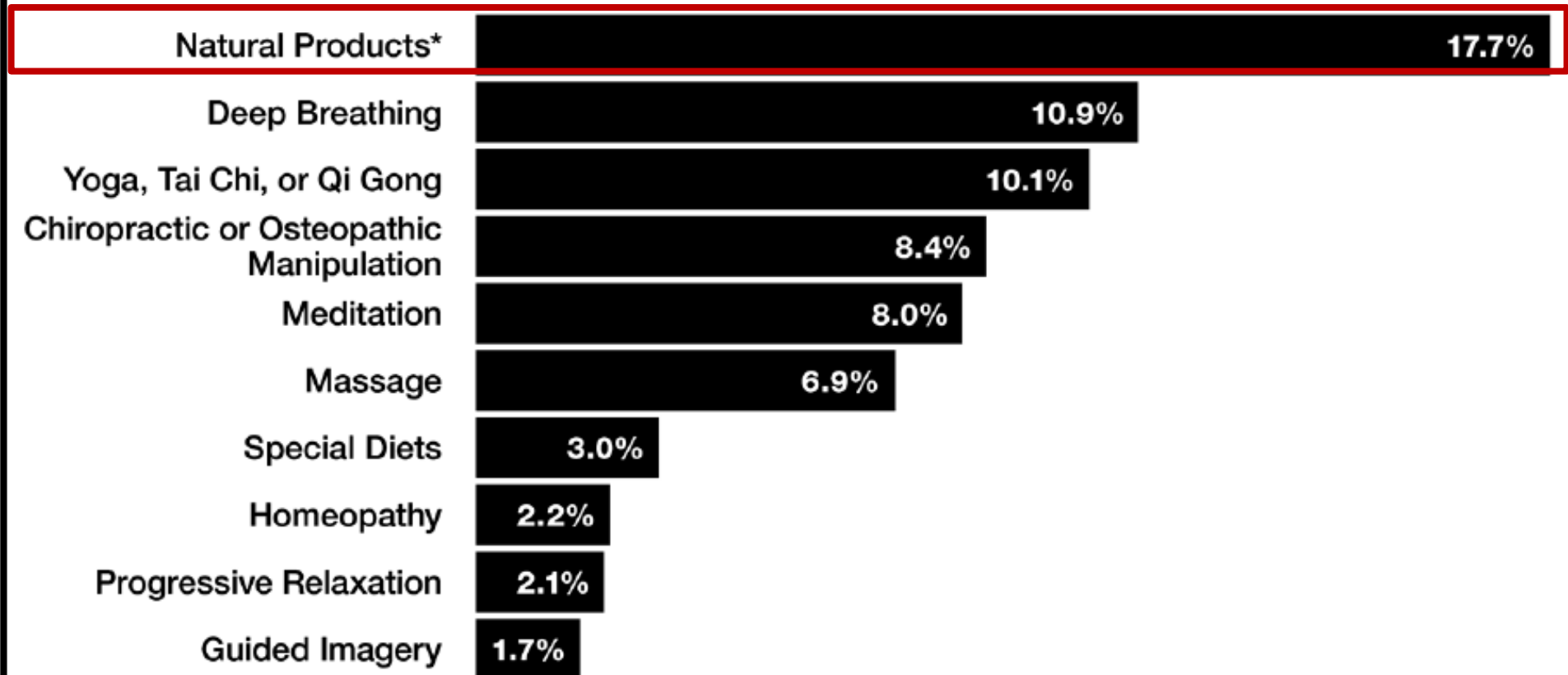
CAM Use by U.S. Adults and Children



Source: Barnes PM, Bloom B, Nahin R. *CDC National Health Statistics Report #12. Complementary and Alternative Medicine Use Among Adults and Children: United States, 2007*. December 2008.

10 most common complementary health approaches among adults—2012

En Sık Kullanılanlar

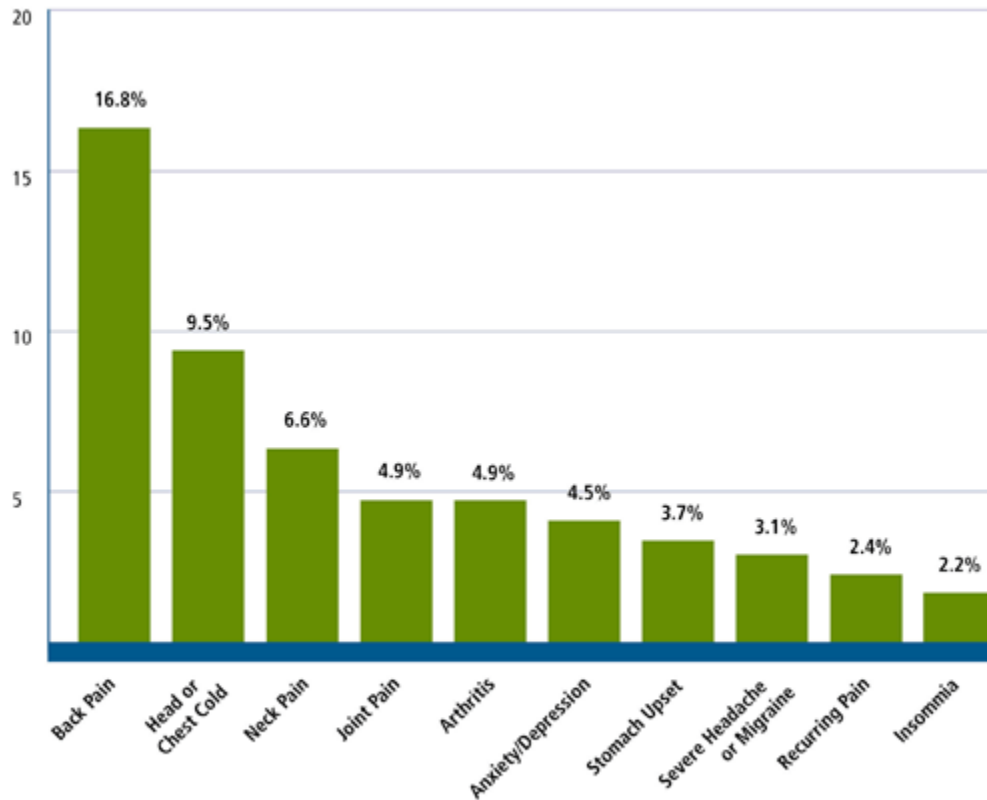


*Dietary supplements other than vitamins and minerals.

Source: Clarke TC, Black LI, Stussman BJ, Barnes PM, Nahin RL. Trends in the use of complementary health approaches among adults: United States, 2002-2012. National health statistics reports; no 79. Hyattsville, MD: National Center for Health Statistics. 2015.

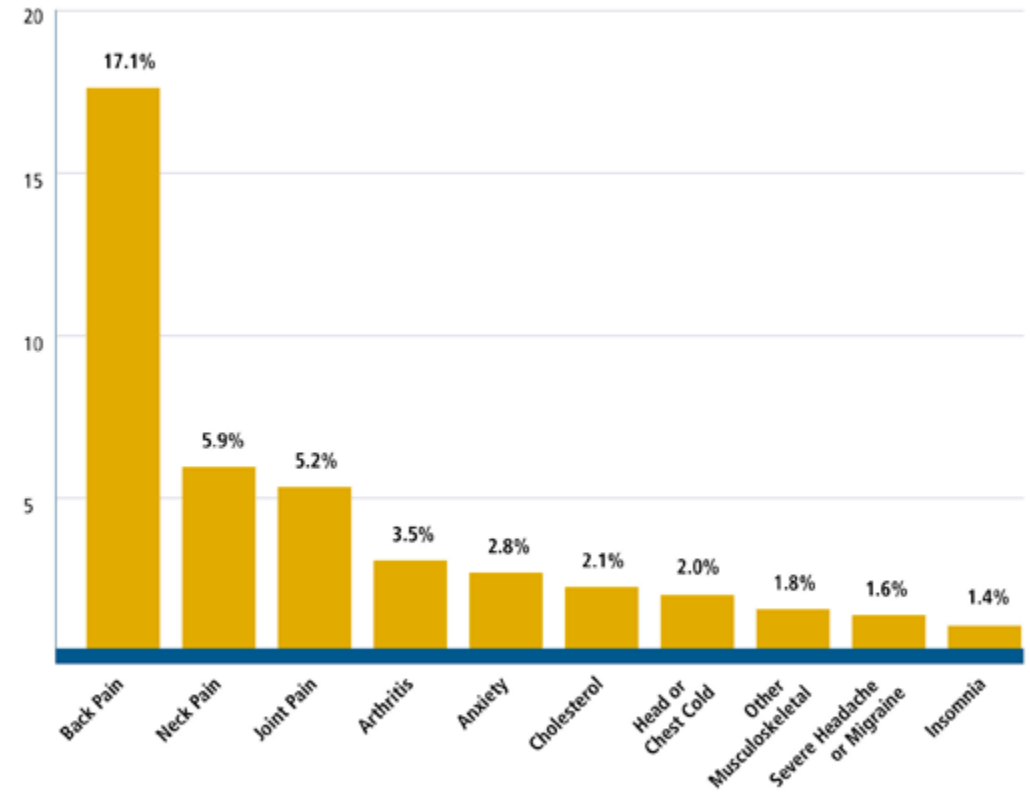
Peki Hangi Nedenlerle ?

Diseases/Conditions for Which CAM
Is Most Frequently Used Among Adults - 2002



Source: Barnes P, Powell-Griner E, McFann K, Nahin R. CDC Advance Data Report #343. Complementary and Alternative Medicine Use Among Adults: United States, 2002. May 2004.

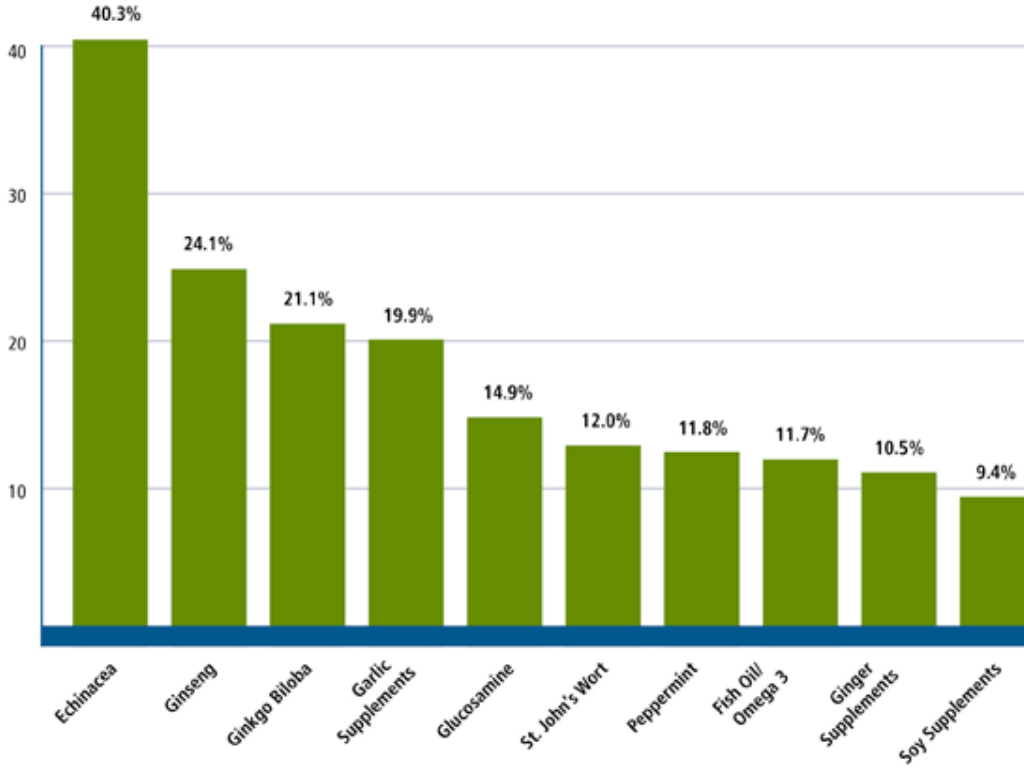
Diseases/Conditions for Which CAM
Is Most Frequently Used Among Adults - 2007



Source: Barnes PM, Bloom B, Nahin R. CDC National Health Statistics Report #12. Complementary and Alternative Medicine Use Among Adults and Children: United States, 2007. December 2008.

En Çok Tercih Edilen Doğal Ürünler

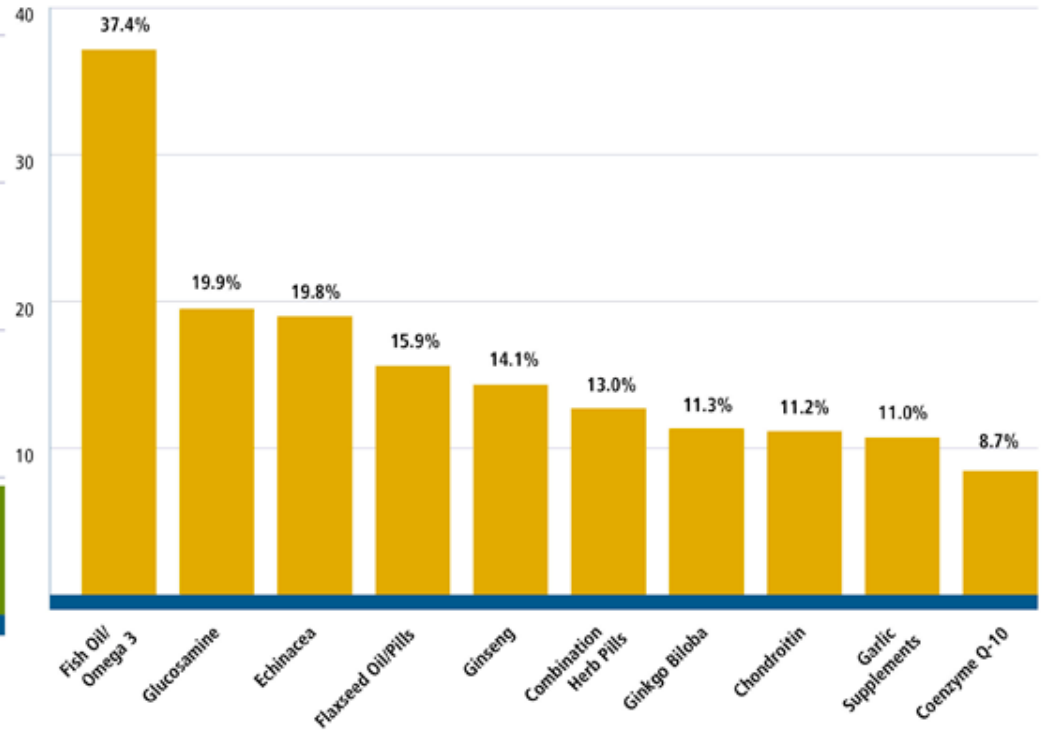
10 Most Common Natural Products Among Adults* - 2002



*Percentages among adults who used natural products in the last 12 months.

Source: Barnes P, Powell-Griner E, McFann K, Nahin R. CDC Advance Data Report #343. Complementary and Alternative Medicine Use Among Adults: United States, 2002. May 2004.

10 Most Common Natural Products Among Adults* - 2007



*Percentages among adults who used natural products in the last 30 days.

Source: Barnes PM, Bloom B, Nahin R. CDC National Health Statistics Report #12. Complementary and Alternative Medicine Use Among Adults and Children: United States, 2007. December 2008.



Ankara Üniversitesi Eczacılık Fakültesi

Anadolu Tıbbında Ocaklar ve İnanışlar



Prof.Dr. Sevgi Şar

Anadolu'da hastalıkların tedavisi amacıyla uygulama yapan hoca, şeyh, okuyucu-üfürükçü, ocaklı, izinli, orumçu gibi kişiler bulunmaktadır.

Halk hekimleri olarak tanınan "ocaklı"lar, belirli hastalıklarla uğraşırlar. Ocaklı, tedavi etme kudretini ailesinden alır. Bu yetki nesilden nesile devam eder; yetkiyi elde etmek için eğitime gerek yoktur. Ocaklı, orta Asya "şaman"ının bugüne ulaşmış şekli olarak değerlendirilmektedir. Anadolu'da her hastalığın bir ocağı bulunmaktadır: Dalak ocağı, sarılık ocağı, sıtma ocağı gibi. Ocaklıların büyük bir kısmı kadındır; kadın ocaklıların daha yetkin oldukları kabul edilir. Ocaklılar geçimlerini genellikle tedavi dışı yollardan sağlarlar.

Sarılık kesme

Okunmuş ip bağlamak

Karaciğeri yıkamak mümkün

www.medikalakademi.com.tr/karacigeri-yikamak-muemkuen-mue-ste-karaciger-dostu-bitkilerle-tek-bilimsel-detoks-y

Uygulamalar Önerilen Siteler

Ana Sayfa Sosyal Platform

Kullanıcı adı Parola Beni Hatırla Giriş Kayıt Ol

KARACİĞERİ YIKAMAK MÜMKÜN MÜ? İŞTE BİTKİLERLE TEK BİLİMSEL DETOKS YÖNTEMİ

Beğen 230 Tweetle Paylaş 45

KARACİĞERİN YIKANMASI (DETOKS) FORMÜLÜ

- 200 ml temiz su
- İçine 1 baş sarımsak ezmeden soyularak,
- İri bir parça taze zencefil ezmeden,
- 4 yemek kaşığı sızma zeytinyağı,
- 100 ml taze sıkılmış elma suyu, karıştırılıp en az 12 saat bekletildikten sonra bu karışımdan 1 çay bardağı aç karına için,
- Yarım saat sonra 100 mg karahindibadan çay hazırlanarak 1 çay bardağı içilecek
- Yarım saat sonra çeyrek çay kaşığı toz Arnavut biberi 1 çay bardağı suyla karıştırıp için
- 4 gün süreyle uygulayın.

Beşinci gün
1 büyük bardak suya 3 yemek kaşığı saf süzme bal, çeyrek çay kaşığı karabiber ve bir

Ağrılardan, Acılardan bıkmadınız mı?

**Sarımsak
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Elma suyu
Karahindiba
Arnavut biberi....**

rafinera
www.rafinera.com

İnternette farklı sayfalarda karaciğer iyi gelecek farklı otlarla Hazırlanmış farklı reçetelere rastlamak mümkün

Hepatit sarılık için bitkisel tedavi kürü ve hepatite iyi gelen bitkiler İbrahim Saraçoğlu, Ömer Coşkun

Doğal Kurutulmuş Limon

Sağlıklı Doğal Kurutulmuş Limon. Çayınıza Çorbanıza 4,75 TL



İbrahim Adnan Saraçoğlu kimdir

Bitkisel tedavileriyle dünya çapında tanınan, Türk kimya profesörü

24.04.2013 - 17:18
Haberler » Biyografi »



Tüm dünya genelinde olduğu gibi ülkemizde de son yıllarda öne çıkan "doğal ürünlerle sağlıklı yaşam" akımının en önemli isimlerinden biri olan İbrahim Adnan Saraçoğlu, bilimsel araştırmaları ile ABD ve Avrupa'da yayımlanan pek çok bilim dergisinde makaleleri yayımlanmış ve uluslararası bilim çevreleri tarafından yakından takip edilen araştırmalara imza atmıştır. Modern tıbbın kabul ettiği pek çok

Yazının yer aldığı kategori: Ekim 27, 2010 | Kullanıcı Yorumları 8

Hepatit sarılık için bitkisel tedavi kürü ve hepatite iyi gelen bitkiler İbrahim Saraçoğlu, Ömer Coşkun

Bitkisel tıbbın önde gelen duayenlerinden gerek Dr. Ömer Coşkun gerekse Prof.Dr.İbrahim Saraçoğlu, sarılığa ve hepatit hastalığına iyi gelen bitkiler ve bitkisel çözümler öneriyorlar. Bu bitkisel tedavi yollarını sizlerle paylaşıyoruz. Sarılık yani hepatit veya diğer çeşitli türlerde karaciğer rahatsızlığı (karaciğer yağlanması gibi) şikayeti olanlar için Maydanoz Limon kürü gerçekten şifalı bir iyileştirici etki yapmaktadır.

HEPATİT SARILIK İÇİN MAYDONOZ LİMON KÜRÜ



maydanoz limon

Karaciğer yağlanması (Hepatosteatoz) için mükemmel bir yardımcı tedavi maydanoz-limon kürü uygulamasıdır. Maydanoz-Limon kürünün uygulama şekli : Saplı olarak 15-16 adet taze maydanozu mutfak robotuna yada blendera eliniz ile biraz parçalayarak kovun ve üstüne yarım limon

YÖNETMELİK

Sağlık Bakanlıđından:

GELENEKSEL VE TAMAMLAYICI TIP UYGULAMALARI YÖNETMELİĐİ

BİRİNCİ BÖLÜM

Amaç, Kapsam, Dayanak ve Tanımlar

3) FİTOTERAPİ

a) Tanımı: Fitoterapi, geleneksel bitkisel tıbbi ürünler ve bitkisel ilaçlarla yapılan bir tıbbi tedavi yöntemidir.

Fitoterapi ürünlerinin ruhsat sürecinde, bilim komisyonunun uygun görüşü alınarak belirlenmiş endikasyonları dahilinde sertifikalı tabip önerisiyle uygulanabilir.

Fitoterapi uygulamasında kullanılacak tıbbi ürünler ve bitkisel ilaçların ruhsatlandırılması ve satışına ilişkin hususlar Türkiye İlaç ve Tıbbi Cihaz Kurumu tarafından düzenlenir.

b) Uygulamaya Yetkili Personel: Sertifika sahibi tabip ve dış tabibi



Aktar Dükkanları Lokman Hekimler





Gastroenterology 2015;148:517-524

REVIEWS IN BASIC AND CLINICAL GASTROENTEROLOGY AND HEPATOLOGY

Herbal Products and the Liver: A Review of Adverse Effects and Mechanisms

Leonard B. Seeff,¹ Herbert L. Bonkovsky,² Victor J. Navarro,³ and Guoj Wang⁴

ScienceDirect

Digestive and Liver Disease 39 (2007) 293–304

Review Article

Herbal medicine in the treatment of liver diseases

F. Stickel^{a,*}, D. Schuppan^b

^a Institute of Clinical Pharmacology, University of Berne, Murtensstrasse 35, CH-3010 Berne, Switzerland

^b Division of Gastroenterology and Hepatology, Beth Israel Medical Center, Harvard Medical School, Boston, USA

Received 25 July 2006; accepted 6 November 2006

Available online 28 February 2007

Special Article

Complementary and Alternative Medicine in Chronic Liver Disease

LEONARD B. SEEFF,¹ KAREN L. LINDSAY,² BRUCE R. BACON,³ THOMAS F. KRESINA,¹ AND JAY H. HOOFNAGLE¹

Induced by Herbal
Complementary and Alternative
Medicine

Victor J. Navarro, MD^{a,*}, Leonard B. Seeff, MD^b

...e, challenges, and participants
...ase II trial of a botanical product
...ironic hepatitis C

Clinical Trials 2012; 9: 102–111

Review article: management of chronic hepatitis C in patients with contraindications to anti-viral therapy

V. Carreño

Fundación Estudio Hepatitis Virales,
Madrid, Spain.

Correspondence to:

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Estudio de las Hepatitis Virales,
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EV Pub Online 26 November 2013

*This commissioned review article was
subject to full peer-review and the
authors received an honorarium from
Wiley, on behalf of AP&T.*

SUMMARY

Background

There are patients with chronic hepatitis C who are not eligible for the current interferon-based therapies or refuse to be treated due to secondary effects.

Aim

To provide information on alternative treatments for the management of these patients.

Methods

A PubMed search was performed to identify relevant literature. Search terms included hepatitis C virus, anti-inflammatory treatment, antioxidant, natural products and alternative treatment, alone or in combination. Additional publications were identified using the references cited by primary and review articles.

Results

Several approaches, such as iron depletion (phlebotomy) treatment with ursodeoxycholic acid or glycyrrhizin, have anti-inflammatory and/or anti-

Table 1 | Summary of some studies on the effects of phlebotomy in chronic hepatitis C

Author (Ref.)	Number of patients	Phlebotomy	Results
Hayashi et al. ⁸	10	200 or 400 mL weekly or monthly to reduce ferritin ≤ 10 ng/mL	Significant reduction in ALT; 50% of patients normalised ALT; disappearance of iron deposits from liver (79% of patients)
Kato et al. ¹³	34	200 mL weekly to reduce ferritin ≤ 10 ng/mL and/or Hb = 11 g/dL. Additional phlebotomies if Hb >11 g/dL 6 years) and low-iron diet	Significant reduction in ALT; 65% of patients normalised ALT; significant improvements in liver necrosis, inflammation and fibrosis scores
Tanaka et al. ¹⁷	19	200 or 400 mL biweekly for 6 months	Significant reduction in ALT, AST and alpha-fetoprotein levels
Kato et al. ¹⁸	35	200 g weekly to reduce ferritin ≤ 10 ng/mL. Monthly phlebotomies (44–144 months) and low-iron diet	Significant reduction in ALT; 69% of patients normalised ALT; significant lower risk of HCC
Sartori et al. ¹⁹	28	250 mL bimonthly or monthly to reduce ferritin ≤ 35 ng/mL. Phlebotomies every 1–3 months (minimum 2 years) to maintain ferritin at ≤ 70 ng/mL	Significant decrease in ALT, AST and gamma-GTP; 25% of patients normalised ALT; histological improvement in 43% of patients



ALT, alanine aminotransferase; AST, aspartate aminotransferase; gamma-GTP, gamma-glutamyl transpeptidase; HCC, hepatocellular carcinoma; Hb, haemoglobin.

- ❑ Amaç: interferon tedavisi alamayan hastalarda demir yükünü azaltarak karaciğer hasarını azaltmak
- ❑ Haftada bir veya ayda bir flebotomiler + düşük demir yüklü diyet ile, ferritin ve Hb düzeyini düşük tutmak demir yükünü azaltmak
- ❑ ALT normalliği sağlamış, viral yük değişmemiş, nekroz inflamasyon ve fibrozis azalmış

Bitkisel Tedaviler





WJG 20th Anniversary Special Issues (2): Hepatitis C virus

Medicinal plants against hepatitis C virus

Usman A Ashfaq, Sobia Idrees

Table 1 Medicinal plant phytochemicals as anti- hepatitis C virus agents

Phytochemicals	Viral step	Effect
Diosgenin ^[43]	Replication	Inhibition of transcription factor 3 and signal transducer
Silymarin/silibinin ^[37,44,45]	Viral entry (viral attachment)	Inhibition of core protein and NS5 RNA-dependent RNA polymerase
	Replication	
Iridoids ^[46,47]	Viral entry	Blockage of E2 and CD81 contact
Naringenin ^[48,49]	Viral assembly	Suppression of core protein activity
EGCG ^[50,51]	Viral entry	Disturbance in glycoprotein activity and Inhibition of cell-cell transmission
Quercetin ^[52,53]	Replication	Inhibition of IRES activity and NS3 polymerase
Ladanein ^[54]	Post attachment entry step	Inhibition of receptor interactions, virus endocytosis, or membrane fusion
Luteolin and apigenin ^[55]	Replication	Inhibition of NS5B polymerase activity

IRES: Internal ribosomal entry site. EGCG: Epigallocatechin gallate.

Meyan (licorice)



- ❏ Licorice root, licorice, liquorice, sweet root, gan zao (Chinese licorice)
- ❏ Latince adı : *Glycyrrhiza glabra*, *Glycyrrhiza uralensis* (Chinese licorice)
- ❏ Licorice: Türkiye, Yunanistan ve Asya'da yetişir. Bu yörelerde geleneksel olarak mide ülseri, bronşit, boğaz ağrısı, hepatit gibi viral hastalıkların tedavisinde kullanılır.
- ❏ Kapsül, tablet, süspansiyon ve IV formları üretilmiş



HEPATITIS C VIRAL INFECTION

Intravenous glycyrrhizin for the treatment of chronic hepatitis C: A double-blind, randomized, placebo-controlled phase I/II trial

TEKLA GJ VAN ROSSUM,* ARNOLD G VULTO,[†] WIM CJ HOP,[‡] JOHANNES T BROUWER,*
HUBERT GM NIESTERS[§] AND SOLKO W SCHALM*

- 57 olgu interferon yanıtsız
 - 240
 - 160
 - 80
 - Plasebo
- } Haftada 3 gün 4 hafta süreyle IV
- Tedavinin 2. gününde her üç tedavi kolunda da serum ALT düzeyi %15 azalmış
 - Tedavi sonunda ortalama ALT düşüşü %26, ALT normalizasyonu % 10
 - ALT'ye etkisi tedavi sonunda kaybolmuş
 - Tedavi süresince viral klirens görülmemiş

Glycyrrhizin in patients who failed previous interferon alpha-based therapies: biochemical and histological effects after 52 weeks

Faz III çalışma İnterferon yanıtı olmayan olgular,
Randomize, çift kör, Plasebo kontrollü
Grup 1 haftada 5 gün GL (200 mg) IV
Grup 2 haftada 3 gün GL (200 mg) IV + plasebo
Grup 3 haftada 3 gün plasebo IV
Plasebo kolu hariç, Açık etiketli 40 hafta

12 hafta Plasebo'dan üstün

52. Hafta

- ALT ler normal
- Olguların %45'inde nekroinflamasyonda gerileme

phase, and (2) the proportion of patients with improvement of necro-inflammation after 52 weeks as compared with baseline. The proportion of patients with ALT reduction

Keywords: ALT, chronic hepatitis C, fibrosis, hepatocellular carcinoma, IFN non-responder, inflammation.





RESEARCH

Open Access

Glycyrrhizin as antiviral agent against Hepatitis C Virus

Usman A Ashfaq^{1*}, Muhammad S Masoud¹, Zafar Nawaz² and Sheikh Riazuddin³

Abstract

Background: Hepatitis C virus is a major cause of chronic liver diseases which can lead to damage, hepatocellular carcinoma and death. The presently available treatment with limited benefits due to adverse side effects such as anemia, depression, fatigue, and weight loss. Plants have been used for centuries against different diseases including viral diseases. The aim of this study was to evaluate the antiviral effect of Glycyrrhizin (GL) against HCV.

Material: The present study was designed to study the antiviral effect of Glycyrrhizin (GL) against HCV. HCV infected liver cells were treated with GL at non-toxic doses and HCV titers were measured by Quantitative real time RT-PCR.

Results and Discussion: Our results demonstrated that GL inhibits HCV titer in a dose-dependent manner. At a concentration of $14 \pm 2 \mu\text{g}$, GL resulted in 50% reduction of HCV. Comparative studies showed that GL exhibited synergistic effect when combined with interferon. Moreover, GL inhibited the expression of HCV 3a core gene both at mRNA and protein levels while it did not affect the expression of HCV 5a core gene.

Conclusion: Our results suggest that GL inhibits HCV full length viral particles and HCV function in a dose-dependent manner and had synergistic effect with interferon. In future, GL will be a better option to treat HCV infection.

Background

Hepatitis C virus (HCV) is a major cause of chronic liver diseases and is one of the world's most common causes of liver disease. It is estimated that 3% of the world's population are chronically infected with HCV.

because of adverse side effects.

- **İn vitro**
- **HCV enfekte hepatosit**
- **$14 \pm 2 \mu\text{g}$ konsantrasyonda GL ile HCV yükünde %50 azalma sağlamış**
- **İnterferonla birlikte uygulandığında sinerjistik etki**

GL gelecekte Hepatit C tedavisinde interferonla birlikte iyi bir tedavi seçeneği olabilir

Glycyrrhizin injection therapy prevents hepatocellular carcinogenesis in patients with interferon-resistant active chronic hepatitis C

Kenji Ikeda

Department of Hepatology, Toranomon Hospital, Tokyo, Japan

Retrospektif
ALT yüksek

346 olgu sirozsuz ve sirozlu
224 olgu IV GL kullanmış
102 olgu GL kullanmamış

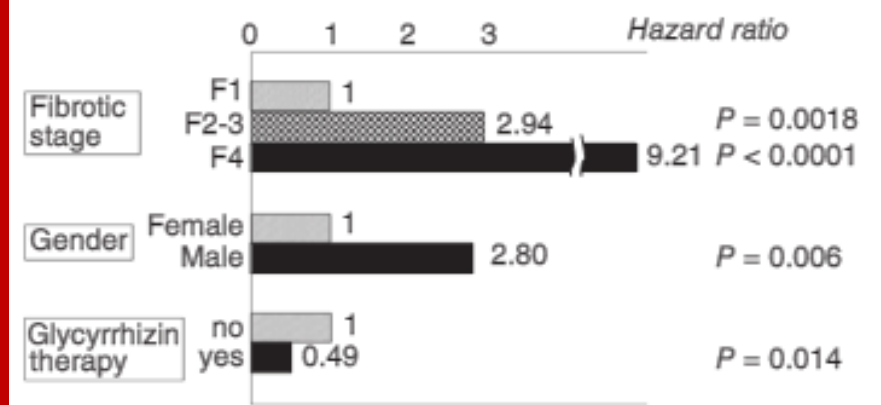


Figure 3 Independent risk factors affecting hepatocellular carcinogenesis (time-dependent Cox proportional hazard analysis).

	HCC %	GL+	HCC %	GL-
5. yıl sonuçları	13.3		26	
10. yıl sonuçları	21.5		35.5	

Meyan kökü

- ❏ Gıda takviyesi olarak 4-6 haftadan uzun kullanımının güvenli olup olmadığına dair veri bulunmamaktadır
- ❏ Fazla miktarda tüketilirse, glycyrrhizin nedeniyle **hipertansiyon, tuz ve su retansiyonu, hipopotasemi ve kardiyak patolojilere** neden olabilir.
- ❏ Gebelikte preterm doğum eylemine neden olabilir.

Yeşil Çay (Green Tea)



(–)-Epigallocatechin-3-Gallate Is a New Inhibitor of Hepatitis C Virus Entry

Noémie Calland,¹ Anna Albecka,¹ Sandrine Belouzard,¹ Czesław Wychowski,¹ Gilles Duverlie,²
Véronique Descamps,² Didier Hober,³ Jean Dubuisson,¹ Yves Rouillé,¹ and Karin Séron¹

HEPATOLOGY, Vol. 55, No. 3, 2012

Here, we identify (–)-epigallocatechin-3-gallate (EGCG) as a new inhibitor of hepatitis C virus (HCV) entry. EGCG is a flavonoid present in green tea extract belonging to the subclass of catechins, which has many properties. Particularly, EGCG possesses antiviral activity and impairs cellular lipid metabolism. Because of close links between HCV life cycle and lipid metabolism, we postulated that EGCG may interfere with HCV infection. We

- Epigallocatechin-3-gallate (EGCG) içerir
- HIV ,HCV, HSV ve İnfluenza' ya karşı **antiviral etkisi** mevcut
- Bu catechin genotipten bağımsız olarak **HCV'nin hepatosit içine girişini potent olarak inhibe eder**. Bu özellik HCV nedeniyle karaciğer transplantasyonu olan hastalarda yeni HCV enfeksiyonu gelişmesini önleyebilir

Yeşil Çay (Green Tea)

TOXICOLOGICAL SCIENCES 52 (Supplement), 111–117 (1999)

Copyright © 1999 by the Society of Toxicology

Green Tea in Chemoprevention of Cancer

Hasan Mukhtar¹ and Nihal Ahmad

Kanser hücrelerinin çoğalmasını inhibe ederek (hedef gen ekspresonu ile ilişkili apoptozis arttırarak) hepatosellüler karsinom gelişmesini engelleyebilir



2003

Exolise isimli zayıflama ilacı

Yüksek doz EGCE içeriyor

13 karaciğer hasarı

Seddik M, Lucidarme D, Creusy C, Filoche B. [Is Exolise hepatotoxic?]. *Gastroenterol Clin Biol* 2001; 25: 834-835

Eur J Clin Pharmacol (2009) 65:331–341
DOI 10.1007/s00228-008-0610-7

REVIEW ARTICLE

Hepatotoxicity from green tea: a review of the literature and two unpublished cases

Gabriela Mazzanti • Francesca Menniti-Ippolito •
Paola Angela Moro • Federica Cassetti •
Roberto Raschetti • Carmela Santuccio •
Sabina Mastrangelo

Online Submissions: <http://www.wjgnet.com/esps/>
wjg@wjgnet.com
doi:10.3748/wjg.v19.i31.5174

World J Gastroenterol 2013 August 21; 19(31): 5174-5177
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CASE REPORT

Green tea extract: A potential cause of acute liver failure

Shreena S Patel, Stacey Beer, Debra L Kearney, Garrett Phillips, Beth A Carter

Epigallo-catechin gallate ve metabolitleri
oksidatif stressi arttırarak hepatoksik etki
oluşturabilir

CYP 450 sistemini etkileyip eş zamanlı
ilaçlarla kullanıldığında toksisitesi artabilir

Oxymatrine (Sophora Flavescens)



- HCV' ye karşı güçlü antiviral etkinlik
- Hepatik fibrozisi azaltır
- Alkol toksisitesi ve hepatit B olgularında karaciğer koruyucu etkinlik

• VIRAL HEPATITIS •

Inhibitory effect of oxymatrine on serum hepatitis B virus DNA in HBV transgenic mice

Lun-Gen Lu, Min-De Zeng, Yi-Min Mao, Jing-Yuan Fang, Yu-Lin Song, Zhao-H

The Journal of International Medical Research

2009; 37: 1411 – 1419

Inhibition of the Replication of Hepatitis B Virus *In Vitro* by Oxymatrine

M LIN, LY YANG, WY LI, YP PENG AND JK ZHENG

Central Laboratory, Chaozhou Central Hospital, Chaozhou, Guangdong Province, China

İnvitro

- HBV replikasyonunu
- HBs Ag ekspresyonunu inhibe etmiş

This study investigated the inhibitory capacity of oxymatrine on *in vitro* hepatitis B virus (HBV) replication. HepG2.2.15 cells were treated with oxymatrine 50, 100, 200, 400, 800 or 1000 mg/l, or with human interferon- α 2b (IFN- α 2b 1000 U/l) as a positive control. Levels of hepatitis B surface antigen (HBsAg), hepatitis B e antigen (HBeAg) and HBV-DNA in cell supernatants were determined by enzyme-linked immunosorbent assay and fluorescent quantitative-polymerase chain reaction, respectively. 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay, flow cytometric analysis and terminal

deoxynucleotidyl transferase deoxy-uridine triphosphate nick-end labelling were used to evaluate the cytotoxicity of oxymatrine. The inhibitory effects of oxymatrine gradually increased as the concentration increased from 200 to 1000 mg/l for HBsAg and HBeAg, and from 200 to 400 mg/l for HBV-DNA. There was no inhibitory effect of oxymatrine at concentrations < 200 mg/l. No significant difference was seen between human IFN- α 2b (positive control) and oxymatrine $\geq$ 200 mg/l. It is concluded that oxymatrine can inhibit *in vitro* HBV replication and antigen expression at concentrations $\geq$ 200 mg/l.

Oxymatrine therapy for chronic hepatitis B: a randomized double-blind and placebo-controlled multi-center trial.

Authors: [Guang Chen](#), [Ye She](#), [Jin Zhu](#), [Yi Mao](#), [Yao Wang](#), [Shan Wu](#), [Min Zeng](#), [Xiong Cai](#), [Hong-Hui Wang](#), [Tian-Mo Wan](#), [Lun-Gen Lu](#), [Zhong Li](#), [Feng Zhang](#), [Fang Tang](#), [Qing Fu](#), [Xia Zhou](#), [Xiang-Jun Ye](#), [Qiang Li](#)

Publication date: 2003-10-31

PubMed ID: 14606080

- 216 Kronik hepatit B olgusu
- 108 oral oxymatrine
- 36 IV oxymatrine
- 72 plasebo
- ALT normalleşmesi , HBV DNA negatifleşmesi plaseboya göre daha yüksek
- Yan etki plasebodan yüksek değil
- Etkin ve güvenilir



Schisandra

- Uzak doğuda karaciğer hastalıklarının tedavisinde
- Zehirlenmelere karşı karaciğer koruyucu olarak kullanılmakta





Isolation and anti-hepatitis B virus activity of dibenzocyclooctadiene lignans from the fruits of *Schisandra chinensis*

Yongbo Xue^{a, b}, Xifeng Li^c, Xue Du^a, Xiaonian Li^a, Weiguang Wang^a, Jianhong Yang^a, Jijun Chen^a, Jianxin Pu^a,  , Handong Sun^a,  

ONCOLOGY REPORTS 28: 1103-1109, 2012

The α -iso-cubebenol compound isolated from *Schisandra chinensis* induces p53-independent pathway-mediated apoptosis in hepatocellular carcinoma cells

JI EUN KIM¹, SUN GUEN KIM², JUN SUE GOO¹, DA JEONG PARK², YOU JIN LEE²,
IN SIK HWANG¹, HAE RYEON LEE¹, SUN IL CHOI¹, YOUNG JU LEE¹,
CHUNG HUN OH³, YOUNG WHAN CHOI² and DAE YOUN HWANG¹

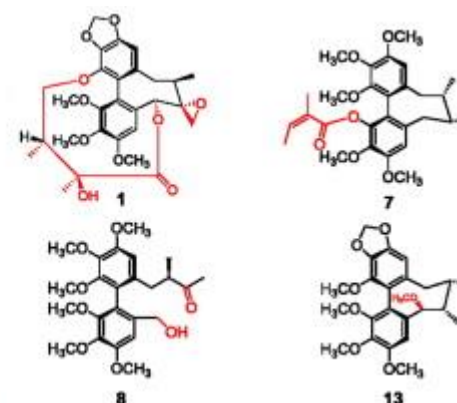
- HBV DNA replikasyonu aşamasında potent anti-HBV ajan
- Hepasellüler karsinoma hücrelerinde apoptoza neden olarak antikanser özellik gösterir

Anti-inflamatuvar

Antioksidan



Schisandra chinensis



RESEARCH ARTICLE



Inhibition of hepatitis B virus replication by quercetin in human hepatoma cell lines

Zhikui Cheng¹, Ge Sun², Wei Guo³, Yayun Huang², Weihua Sun², Fei Zhao^{1✉}, Kanghong Hu^{1,2✉}

1. State Key Laboratory of Virology, Wuhan Institute of Virology, Chinese Academy of Sciences, Wuhan 430071, China

2. Sino-Germany Biomedical Center, Hubei University of Technology, Wuhan 430068, China

3. Department of Infectious Disease and Institute of Infectious Disease, Tongji Hospital of Tongji Medical College, Huazhong University of Science and Technology, Wuhan 430030, China

Hepatitis B virus (HBV) infection is one of the most serious and prevalent viral diseases in the world. Although several anti-HBV drugs have been developed, they still have a certain limit treatment efficacy. Therefore, it is necessary to find new anti-HBV drugs. Flavonol quercetin has shown antiviral activity in several studies, but its mechanism is unclear. In the present study, quercetin inhibited HBV replication in HepG2 cells transfected with an HBV plasmid. Quercetin decreased the expression of HBV antigen (HBsAg) and Hepatitis B e antigen (HBeAg) in both cell lines. In addition, co-incubation of quercetin with HBV further enhanced the quercetin-induced inhibition of HBV replication associated with decreased heat shock protein 70 expression. These results suggest that quercetin inhibited HBV antigen expression in HepG2 and HepH2 cell lines, which suggests that quercetin may be a potentially effective anti-HBV agent.

Isı şok proteinlerinde azalma

HBs ve Hbe antijen düzeyi ve HBV DNA 'da azalma

HBV replikasyonunda azalma

Etkili bir anti HBV ajan olma potansiyeli taşımakta

The Heat Shock Protein Inhibitor Quercetin Attenuates Hepatitis C Virus Production

Oscar Gonzalez,¹ Vanessa Fontanes,² Santanu Raychaudhuri,³ Rachel Loo,⁴ Joseph Loo,^{4,5,6} Vaithilingaraja Arumugaswami,⁷ Ren Sun,^{6,7,8,9} Asim Dasgupta,^{2,6,8,9} and Samuel W. French^{1,8}

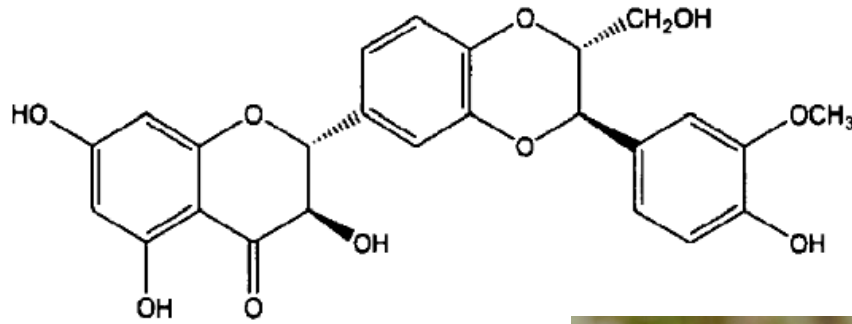
The hepatitis C viral (HCV) genome is translated through an internal ribosome entry site (IRES) as a single polyprotein precursor that is subsequently cleaved into individual mature viral proteins. Non-structural protein 5A (NS5A) is one of these proteins that has been implicated in regulation of viral genome replication, translation from the viral IRES and viral packaging. We sought to identify cellular proteins that interact with NS5A and determine whether these interactions may play a role in viral production. Mass spectrometric analysis of coimmunoprecipitated NS5A complexes from cell

HCV NS5A proteinleri HSPs 40 ve 70 ile aynı lokalizasyonda
Quecetin bu proteinlerin inhibitörü ve HCV virüs üretimini baskılıyor

Deve Dikeni (Milk thistle)



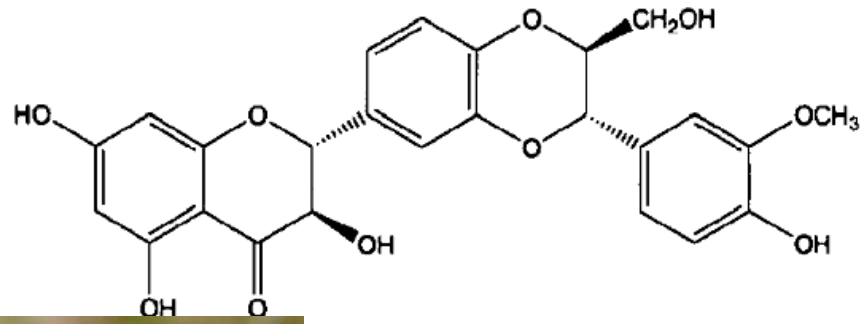
- Antiviral etkinlik
- Anti oksidan
- Anti inflamatuvar
- Anti proliferatif
- Antifibrotik
- İmmün modölatuvar



silibinin A

149mg- 2.1 g

1-2 haftadan
1 yıla kadar



silibinin B



Siroz
Viral Hepatitler
Mantar zehirlenmesi

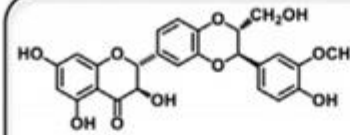
REVIEW

Hepatoprotective and Antiviral Functions of Silymarin Components in Hepatitis C Virus Infection

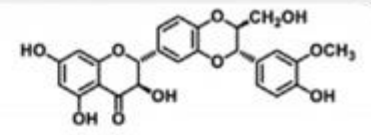
Stephen J. Polyak,^{1,2,3} Peter Ferenci,⁴ and Jean-Michel Pawlotsky^{5,6}

Hepatit çalışmalarında
En çok kullanılan
Silibilin A ve B

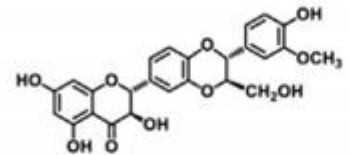
Silibinin



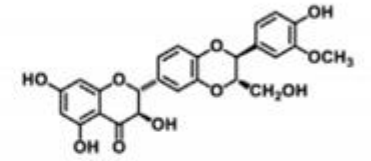
Silybin A



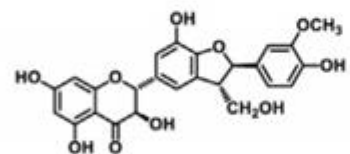
Silybin B



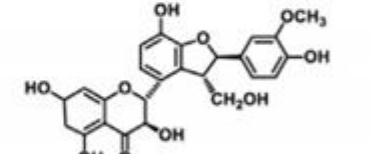
Isosilybin A



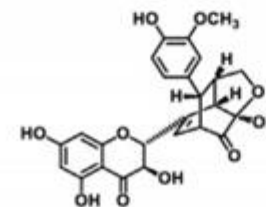
Isosilybin B



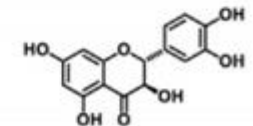
Silychristin



Isosilychristin



Silydianin



Taxifolin

Silymarin
Compounds

Standart
ilaç
tedavisi

Silymarin

Multiple Effects of Silymarin on the Hepatitis C Virus Lifecycle

İnsan karaciğer
hücre kültürü
+
HCV

İnsan karaciğer
hücre kültürü
+
HCV

Wagoner,¹ Amina Negash,^{1*} Olivia J. Kane,^{2†} Laura E. Martinez,³ Yaakov Nahmias,⁴ Nigel P.
⁶ Joe Grove,⁷ Claire Brimacombe,⁷ Jane A. McKeating,⁷ Eve-Isabelle Pécheur,⁸
Oberlies,⁹ Volker Lohmann,¹⁰ Feng Cao,¹¹ John E. Tavis,¹¹ and Stephen J. I.
Silymarin, an extract from milk thistle (*Silybum marianum*), and its purified fla
nans have been recently shown to inhibit hepatitis C virus (HCV) infection, both *in vi*
and *in vivo*. In the current study, we further characterized silymarin's antiviral actions.
Silymarin had antiviral effects against hepatitis C virus cell culture (HCVcc) infection that

1. Hepatit C virüsünün hücreye füzyonunu ve girişini engellemiş
2. Virüsün RNA sentezini engellemiş, Genotip 2a NS5B polimerazını inhibe etmiş
3. İnterferona göre daha az düzeyde olsa da viral yük azalmış
4. Virüsün hücreden hücreye yayılmasını azaltmış

Silibinin and Related Compounds Are Direct Inhibitors of Hepatitis C Virus RNA-Dependent RNA Polymerase

ABDELHAKIM AHMED-BELKACEM,* NAZIM AHNOU,* LAETITIA BARBOTTE,* CZESLAW WYCHOWSKI,[‡] CORALIE PALLIER,*[§] ROZENN BRILLET,* RALF-TORSTEN POHL,^{||} and JEAN-MICHEL PAWLOTSKY*^{||}

**Research Team "Pathophysiology and Therapy of Chronic Viral Hepatitis," INSERM U955, Créteil, France; [‡]Institut de Biologie de Lille (CNRS UMR8161), Université de Lille I and II and Institut Pasteur de Lille, Lille, France; [§]Department of Virology, Hôpital de Bicêtre, Le Kremlin-Bicêtre, France; ^{||}Rottapharm/Madaus, Cologne, Germany; and ^{||}National Reference Center for Viral Hepatitis B, C and Delta, Department of Virology, Hôpital Henri Mondor, Université Paris 12, Créteil, France*

- Genotip 1b replikasyon modelinde silibinin ve komponentlerinin HCV-RNA bağımlı RNA polimeraz enzime etkisi araştırılmış
- NS5B polimerazı inhibe ettiği gözlenmiş

Herbal Product Use by Persons Enrolled in the Hepatitis C Antiviral Long-Term Treatment Against Cirrhosis (HALT-C) Trial

Leonard B. Seeff,¹ Teresa M. Curto,² Gyongyi Szabo,³ Gregory T. Everson,⁴ Herbert L. Bonkovsky,⁵ Jules L. Dienstag,⁶ Mitchell L. Shiffman,⁷ Karen L. Lindsay,⁸ Anna S. F. Lok,⁹ Adrian M. Di Bisceglie,¹⁰ William M. Lee,¹¹ Marc G. Ghany,¹² and the HALT-C Trial Group

- ❏ 1,145 katılımcı
- ❏ Çalışma National Institutes of Health (NIH), tarafından desteklenmiş
- ❏ Katılımcıların % 23 bitkisel ürünler kullanmakta
- ❏ En fazla kullanılan bitkisel ürün oral silymarin (%72) olduğu gözlenmiş
- ❏ Silymarin kullanan olguların hastalık semptomları daha az ve ılımlı
- ❏ Yaşam kalitesinin daha iyi olduğu
- ❏ Ancak virüs aktivitesi ve karaciğer inflamasyonunda fark yok

The numbers do not add up to the 269 baseline users of herbals because study participants used more than one product. (HEPATOLOGY 2008;47:605-612.)

Effect of Silymarin (Milk Thistle) on Liver Disease in Patients With Chronic Hepatitis C Unsuccessfully Treated With Interferon Therapy

A Randomized Controlled Trial FREE

Michael W. Fried, MD; Victor J. Navarro, MD; Nezam Afdhal, MD; Steven H. Belle, PhD; Abdus S. Wahed, PhD; Roy L. Hawke, PharmD, PhD; Edward Doo, MD; Catherine M. Meyers, MD; K. Rajender Reddy, MD; for the Silymarin in NASH and C Hepatitis (SyNCH) Study Group

[+] Author Affiliations

JAMA. 2012;308(3):274-282. doi:10.1001/jama.2012.8265.

Text Size: A A A



Oral preparat suda
çözünmediği için
biyoyararlılığı düşük

❏ İnterferon bazlı tedavilere yanıtı 154 kronik HCV olgusu

❏ Serum Alt düzeyleri 65U/L üzerinde

❏ Randomizasyon

420-mg silymarin,

700-mg silymarin,

Placebo

günde 3 kez 24 hafta süreyle oral (legalon kap)

❏ Serum ALT düzeylerinde başlangıca göre anlamlı bir değişiklik yok

❏ Hepatit C virus düzeyi ve yaşam kalitesi ölçütlerinde plaseboya göre anlamlı fark yok

❏ Plasebo ile karşılaştırıldığında yan etki açısından anlamlı fark yok.

❏ Silymarin yüksek dozda bile güvenli

Trial Registration clinicaltrials.gov Identifier: [NCT00680342](https://clinicaltrials.gov/ct2/show/study/NCT00680342)

Silibinin Is a Potent Antiviral Agent in Patients With Chronic Hepatitis C Not Responding to Pegylated Interferon/Ribavirin Therapy

PETER FERENCI,* THOMAS-MATTHIAS SCHERZER,* HEIDRUN KERSCHNER,† KAROLINE RUTTER,* SANDRA BEINHARDT,* HARALD HOFER,* MAXIMILIAN SCHÖNIGER-HEKELE,* HEIDEMARIE HOLZMANN,† and PETRA STEINDL-MUNDA*

*Internal Medicine 3, Department of Gastroenterology and Hepatology, Medical University of Vienna, Austria; and †Clinical Institute of Virology, Medical University of Vienna, Austria

Legalon® SIL

Wirkstoff: Silibinin-C-2',3'-dihydrogensuccinat, Dinatriumsalz

Trockensubstanz

Zusammensetzung:
1 Durchstechflasche mit 598,5 mg Trockensubstanz enthält:
Silibinin-C-2',3'-dihydrogensuccinat, Dinatriumsalz 528,5 mg (entsprechend 350 mg Silibinin)

Zul.-Nr.: 4178.00.00



16 olgu

7 gün
10 mg/kg/gün SIL
IV

8. gün
3x 140 mg SIL oral
+
PegIFN+RBV

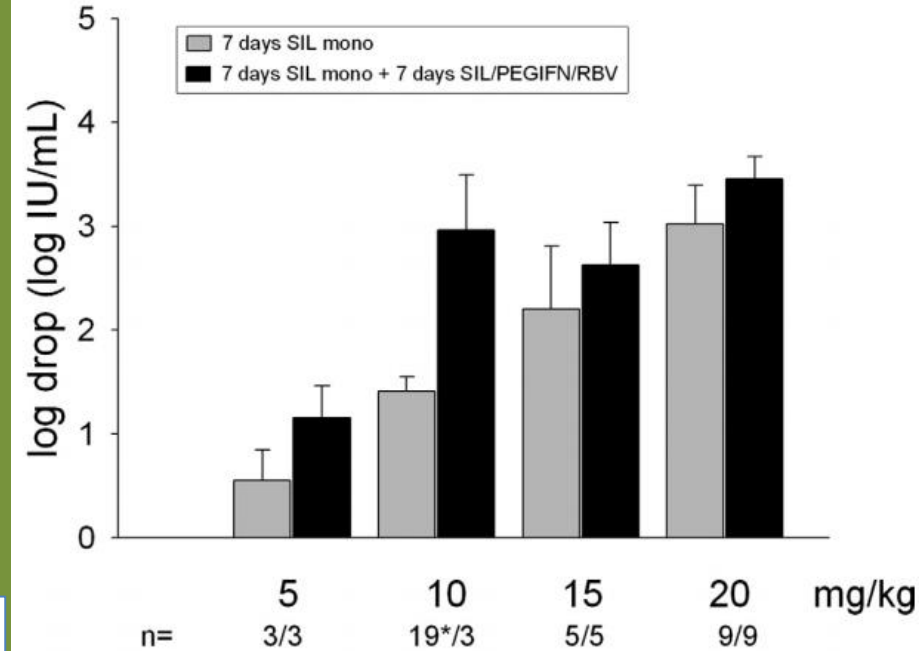
20 olgu

5-10-15-20 mg/kg/gün SIL IV
7 gün

8-14 gün
5-10-15-20 mg/kg/gün SIL IV
+
PegIFN-2a/RBV

14. günden sonra 3 x 280 SIL oral
+
PegIFN-2a/RBV

24. Hafta virolojik yanıt alınanlar
48 hafta tedavi



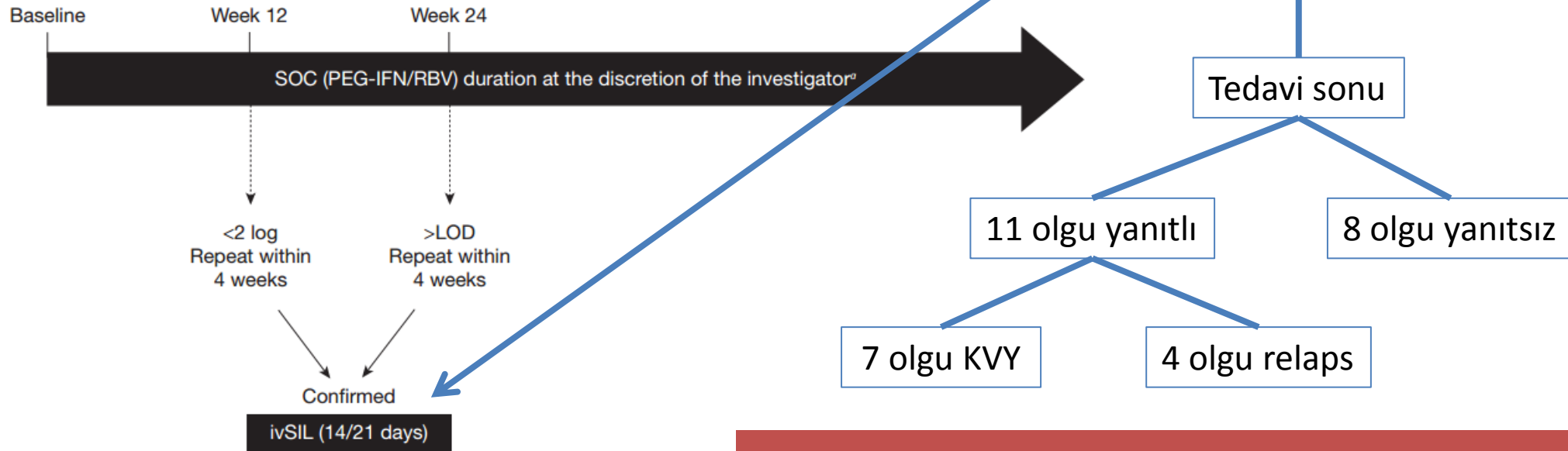
15-20 mg kollarında 7 hastada
12 haftada HCV RNA
saptanamaz düzeyde

Original article

Intravenous silibinin as ‘rescue treatment’ for on-treatment non-responders to pegylated interferon/ribavirin combination therapy

Karoline Rutter¹, Thomas-Matthias Scherzer¹, Sandra Beinhardt¹, Heidrun Kerschner², Albert F Stättermayer¹, Harald Hofer¹, Theresia Popow-Kraupp², Petra Steindl-Munda¹, Peter Ferenci^{1*}

Figure 1. Study protocol



*Minimum 36 weeks if HCV RNA does not become negative. ivSIL, intravenous silibinin; PEG-IFN, pegylated interferon; RBV, ribavirin.

IV Silibinin klasik tedaviye yanıtı olmayan olguların Kurtarma tedavisine etkili



Case report

Successful HCV eradication and inhibition of HIV replication by intravenous silibinin in an HIV–HCV coinfecting patient

B.A. Payer, T. Reiberger, K. Rutter, S. Beinhardt, A.F. Staettermayer, M. Peck-Radosavljevic  , P. Ferenci

- HIV-HCV koinfekte hasta
- PegIFN+ RBV deneyimli
- CD4+ düzeyi yüksek HIV RNA düzeyi düşük antiretroviral tedavi almıyor
- **PEGIFN/RBV ile yeniden tedavi başlanıyor**
- **1. haftadan sonra 2 hafta süreyle IV SIL uygulanıyor**
- IV silymarin tedavisini takiben HCV-RNA ve HIV-RNA saptanamaz düzeye iniyor
- 16. haftada yan etki nedeniyle hastanın isteği üzerine PEGIFN+RBV tedavisi kesiliyor
- Tedavi kesildikten sonra 24. haftada HCV-RNA hala negatif ,
- HIV RNA bazal düzeyine yükselmiş

Arnaud Galbois^{1,2,3,*}
Dominique Thabut^{2,3,4}

¹AP-HP, Hôpital Saint-Antoine, Service de Réanimation Médicale,
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²Université Pierre et Marie Curie (UPMC), Univ Paris 06,
Sorbonne Universités, UMR_S_938,
CdR Saint-Antoine, F-75012 Paris, France

³INSERM, UMR_S_893, CdR Saint-Antoine, F-75012 Paris, France

⁴AP-HP, Groupe Hospitalier Pitié-Salpêtrière,
Service d'Hépatogastroentérologie, Paris, France

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Tel.: +33 149282315; fax: +33 149282145
E-mail address: galbois@gmail.com (A. Galbois)

Silibinin monotherapy prevents graft infection after orthotopic liver transplantation in a patient with chronic hepatitis C

Beta talasemili hasta
1994 HCV genotip 1a/4 miks enfeksiyon
IV SIL monoterapisi

1998
Haftada 3 gün 5 milyon ünite interferon
24. Hafta yanıtızsız tedavi kesiliyor

2009 Siroz
Orthotopik karaciğer transplantasyonu planlanıyor
Preop dönemde 15 gün IV SIL monoterapisi
(20 mg/kg/gün)
Transplantasyon
Transplantasyon sonrası 25 gün IV SIL
5 ay süreyle HCV RNA saptanamaz düzeyde

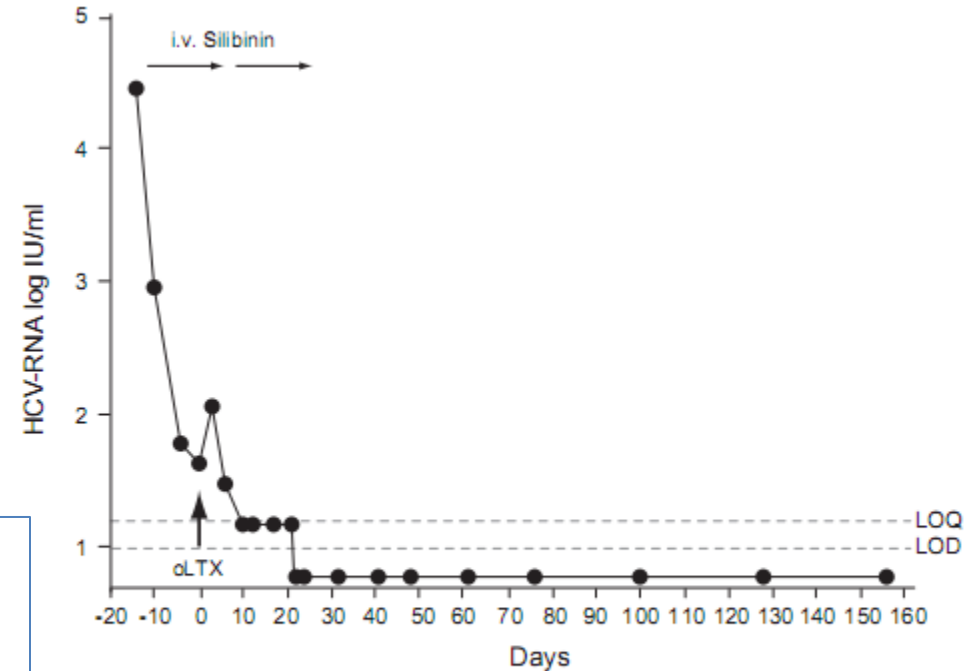


Fig. 1. HCV-kinetics during silibinin i.v. monotherapy. HCV RNA levels measured by real-time PCR (Cobas Taqman[®], Roche Diagnostics, Pleasanton, CA).



Failure of Intravenous Silibinin Monotherapy to Prevent Hepatitis C Genotype 2A Liver Graft Reinfection

Alessio Aghemo^{1*}, Sherrie Bhoori², Stella De Nicola¹, Vincenzo Mazzaferro², Massimo Colombo¹

¹ Angela Maria e Antonio Migliavacca Center for Liver Disease, First Division of Gastroenterology, Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, University of Milan, Milan, Italy

² Hepato-Oncology Group, Department of Gastroenterology and Surgery, IRCCS National Institute of Cancer Institute, Milan, Italy.

- ❑ İnterferon bazlı tedaviye yanıtızsız genotip 2a hepatosellüler karsinoma
- ❑ Orthotopik karaciğer transplantasyonu
- ❑ Transplanttan 24 saat önce IV SIL
- ❑ Postoperatif 15 gün tedavi
- ❑ Yanıt yok



Yorum:
Antiviral
etkinlik genotip
bağımlı mı?

Knapstein et al. Journal of Medical Case Reports 2014, 8:257
<http://www.jmedicalcasereports.com/content/8/1/257>



CASE REPORT

Open Access

Combination therapy with silibinin, pegylated interferon and ribavirin in a patient with hepatitis C virus genotype 3 reinfection after liver transplantation: a case report

Johanna Knapstein, Marcus A Wörns, Peter R Galle and Tim Zimmermann*

Genotip 3
KVY sağlanmış

Transplant International
Volume 27, Issue 7, Article first published online: 10 MAY 2014
Abstract | Full Article (HTML) | Enhanced Article (HTML) | References | Cited By
Wiley Online Library

TRANSPLANT
INTERNATIONAL

Transplant International ISSN 0934-0874

ORIGINAL ARTICLE

Antiviral activity and safety profile of silibinin in HCV patients with advanced fibrosis after liver transplantation: a randomized clinical trial

Maria Rendina,¹ Massimo D'Amato,² Antonino Castellaneta,¹ Nicola Maurizio Castellaneta,¹ Nadia Brambilla,² Giampaolo Giacobelli,² Lucio Rovati,² Salvatore Fabio Rizzi,¹ Marianna Zappimbalso,¹ Roberto Spyridon Bringiotti¹ and Alfredo Di Leo¹

¹ Department of Emergency and Organ Transplantation, Section of Gastroenterology, University Hospital, Bari, Italy
² Department of Clinical Research, Rottapharm SpA, Milan, Italy

20 olgu

14 gün IV SIL
20 mg /kg /gün

14 gün
Plasebo SF

Viral yük
-2.3log IU/ml

Viral yük
aynı

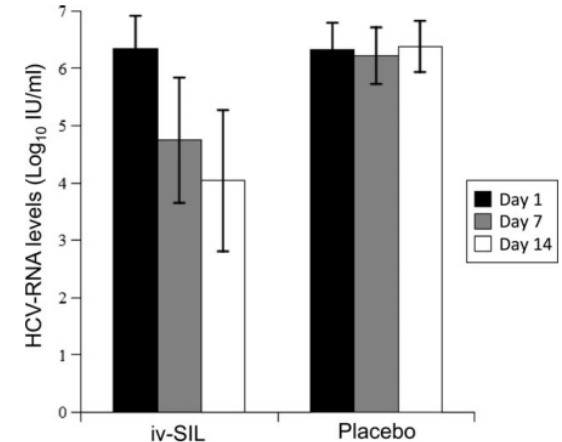
16 gün sonra

Viral yük
Bazal değerlere dönmüş

- Faz II çalışma
- Randomize,
- Çift kör
- Plasebo kontrollü
- İlaç etkileşimi yok
- Bilirübin yüksekliği dışında kötü bir yan etki saptanmamış

Etkin doz ve süre
belirlemek için
daha fazla
çalışmalara gerek
var

i.v. Silibinin and HCV recurrence after liver transplantation



Medicinal plants against hepatitis C virus

Usman A Ashfaq, Sobia Idrees

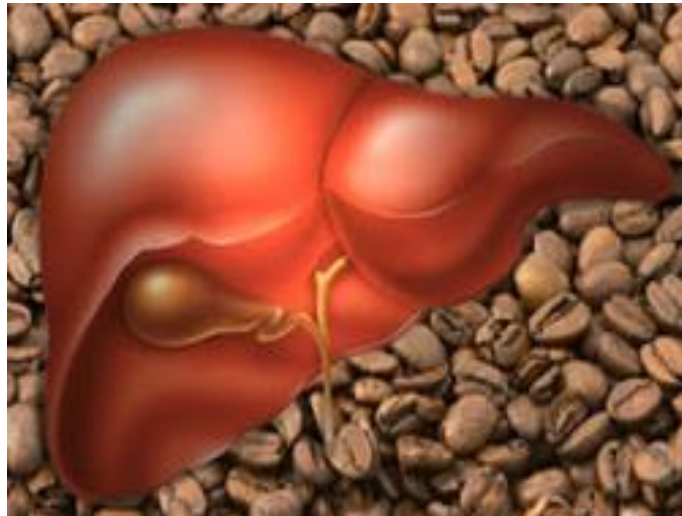
Table 1 Herbal supplements to discontinue and/or avoid while taking hepatitis C virus treatment

Herbal Product	Effect
Milk thistle (<i>Silybum marianum</i>)	Concomitant use of milk thistle may result in increased plasma concentrations of simeprevir
St. John’s wort (<i>Hypericum perforatum</i>)	Concomitant use of St. John’s wort may result in decreased plasma concentrations of telaprevir, boceprevir, simeprevir and sofosbuvir

Coffee and Caffeine Are Associated With Decreased Risk of Advanced Hepatic Fibrosis Among Patients With Hepatitis C



Natalia Khalaf,^{*,‡} Donna White,^{*,‡} Fasiha Kanwal,^{*,‡} David Ramsey,^{*,‡} Sahil Mittal,^{*,‡} Shahriar Tavakoli-Tabasi,[§] Jill Kuzniarek,[‡] and Hashem B. El-Serag^{*,‡}



Average daily intake of caffeine:

100 mg = **1/3 LESS**
risk of
advanced
fibrosis

Effects of coffee consumption in chronic hepatitis C: A randomized controlled trial

[Romilda Cardin](#), [Marika Picciocchi](#), [Diego Martinez](#), [Laura Scribano](#), [Marino Petracco](#), [Fabio Farinati](#)

**Kahve;
Hepatit C ye baęlı oksidatif
stress ve buna baęlı apoptozisi
azaltıyor,
Kollajen sentezini azaltıp
Hastalığın ilerlemesini engelliyor**

AP&T

Alimentary Pharmacology
and Therapeutics

AP&T Alimentary Pharmacology and Therapeutics

Systematic review with meta-analysis: coffee consumption and the risk of cirrhosis

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**Günde 2 fincan kahve
Alkolik karaciğerde
siroza gidişini azaltıyor**

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Association of Coffee Intake With Reduced Incidence of Liver Cancer and Death From Chronic Liver Disease in the US Multiethnic Cohort

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**Kahve HCC ve KKH ilişkili
ölüm riskini azaltıyor**

Fincan	HCC %	Ölüm %
2-3	38	46
≥ 4	41	71

Yeni Araştırılanlar

Vitis vinifera

Circuma longa

Çekirdeksiz Üzüm Yiyenler Dikkat !



《Journal of Xinjiang Medical University》 2007-11

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Protective effects of grape seed extracts against the acute chemical liver injury in mice

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Objective: To study the protective effects of grape seed extracts (GSE) against the acute chemical liver injury in mice and research its possible mechanism for offering scientific basis of its health function. **Methods:** Randomly distribute 60 male Kunming mice to control group, acute chemical liver injury model group, DDB group (150 mg/kg) and low, middle, high dose groups of GSE (50, 250, 500 mg/kg). Determination and comparing of liver and spleen index between groups, using Reitman-Frankel to assay serum ALT and AST levels, xanthine oxidase to assay liver tissue SOD activities and thiobarbituric acid to assay MDA content in liver tissue, and observing histopathological change of liver. **Results:** Treatment with different dose GSE could significantly increase serum ALT, AST levels ($P < 0.01$) and liver tissue SOD activities ($P < 0.01$), decrease MDA content in liver tissue ($P < 0.01$). Histopathological observations showed that GSE could ameliorate the liver injury in different degree. **Conclusions:** GSE showed protective effects on the acute chemical liver injury induced by carbon tetrachloride in mice.

【Key Words】 : [grape seed extracts](#) [chemical liver injury](#) [protective effect](#)

Antioksidan
Karaciğer koruyucu



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Antiviral effect of *Curcuma longa* Linn extract against hepatitis B virus replication

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Curcumin inhibits hepatitis B virus via down-regulation of the metabolic coactivator PGC-1 α

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Antioksidan,
Sitoprotektif,
Antikanserojen
Hepatoprotektif



Hücre kültüründe HBV replikasyonunu durdurmuş
HBV transkripsiyonunda ko-aktivatör olan PGC 1 alfa inhibitörü

Sonuç Olarak

- Hepatit tedavisinde kullanılan pek çok bitkisel ürün mevcut
- Ne zaman başlanmalı,
- Ne dozda kullanılmalı,
- Ne kadar süre kullanılmalı sorularının yanıtı belli değil
- İlaç etkileşimleri bazılarında önemli sorun
- Ancak gelecekte geliştirilecek yeni ilaçların öncüleri olabilirler

Toxic, Not Healthy: Surprising Liver Dangers of Herbal Products

By [Marie Suszynski](#) | Reviewed by [Judy Mouchawar, MD, MSPH](#)

Seemingly healthy herbal teas and supplements can carry the risk of drug-induced liver injury.



Alamy

Common herbs like comfrey tea can injure your liver.

An "all-natural" herbal product might sound like it's