



# Potent Antivirallere Kısmi Yanıtlı Olgular

Fatime Korkmaz

Konya Eğitim Araştırma Hastanesi

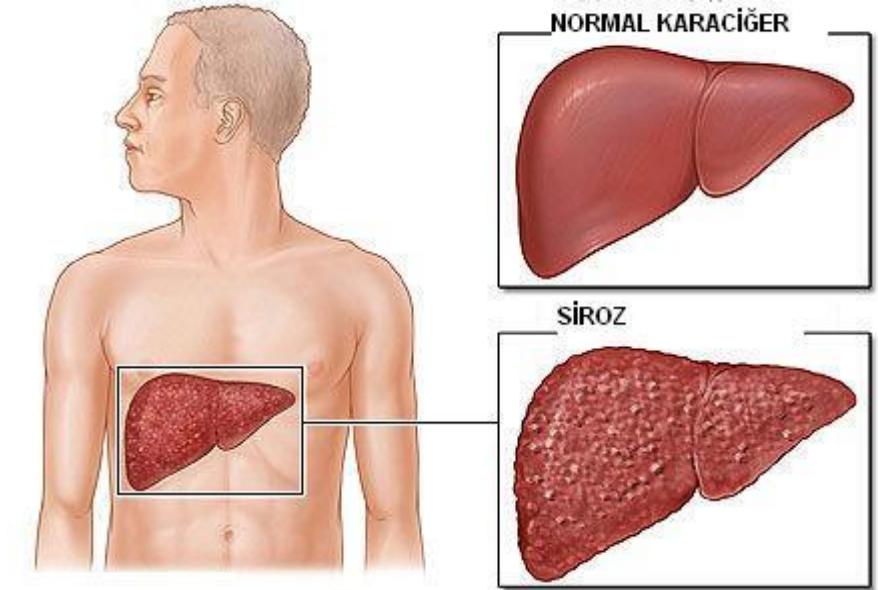


# Kr Hepatit B de tedavi amacı

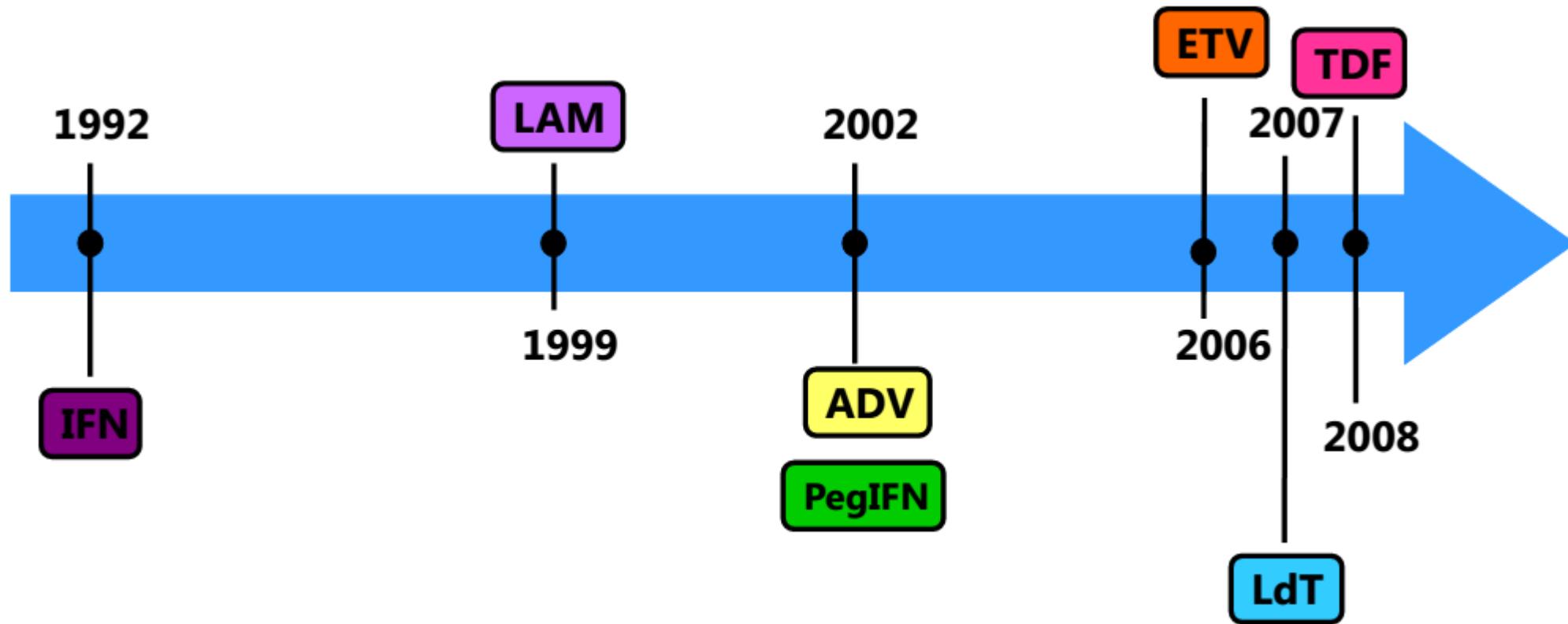
- Siroz, hepatosellüler kanser ve karaciğer yetmezliği gibi uzun dönem komplikasyonları önlemek ve yaşam kalitesini artırmaktır.
- Karaciğer histolojisinin düzelmesi,
- HBe Ag /Anti HBe serokonversiyonu
- HBs Ag /Anti HBs serokonversiyonu

## TEDAVİNİN BAŞARISI

Kalıcı HBV DNA negatifliğini sağlamak  
ALT düzeyinin normal sınırlarda kalması  
Virusun tam eradikasyonu? ccDNA kalıcı!



# Tedavideki ilaçlar yıllar içinde....



#### **Tablo 4. Kronik Hepatit B'de Tedavi Türlerine Göre Virolojik Yanıt Tanımları (89)**

##### **Interferon ve Pegile Interferon Tedavisi**

**Virolojik yanıt:** Tedavinin 6. ayında, tedavi bitiminde, tedavi bitiminden 6 ay ve 12 ay sonra HBV DNA<2000 IU/ml olması.

**Kalıcı virolojik yanıt:** Tedavi bitiminden en az 12 ay sonra HBV DNA<2000 IU/ml olması.

##### **Nükleoz(t)id Tedavisi**

**Primer yanıtsızlık:** Tedavinin 12. haftasında, HBV DNA düzeyinde <1 log IU/ml azalma olması.

**Virolojik yanıt:** HBV DNA'nın PCR ile saptanamayacak düzeye inmesi.

**Kısmi virolojik yanıt:** Tedavinin 24. haftasında HBV DNA düzeyinde >1 log IU/ml azalma olması, fakat RT-PCR ile saptanabilir düzeyde olması.

**Histolojik yanıt:** Fibroz skorunda kötüleşme olmaksızın nekroinflamatuar aktivite skorunda en az 2 puan düzelme olması.

**Tam yanıt:** Biyokimyasal ve virolojik yanıtla birlikte HBsAg'nin kaybolması.

**Tedavi sonu yanıt:** Tedavi bitiminde elde edilen yanıt.

# OLGU 1

**22 yaş, erkek**

**Şikayeti/Hikayesi:** Halsizlik son 2 aydır

4 yıl önce HBs Ag :pozitif, takip yaptırmamış

3-4 aydır antidepresan kullanıyor (Milnacipran 50 mg)

**Aile öyküsü:** Anne ve diğer kardeşte HBV

**Fizik Muayene:** zayıf görünümülü (ağırlık:60 kg boy:172 cm, BKİ= 20.2)

İkteri yok

Karaciğer dalak palpe edilmiyor, traube açık, asit yok

# Laboratuvar Bulguları

- ALT : 137 U/L
- AST: 88 U/L
- GGT: 35 U/L
- T.bilüribin:1,2 mg/dl
- T.protein: 8.2 mg/dL
- Albümin: 4,8 mg/dL
- Kreatinin: 0.8mg/dL
- PTZ:9.3 sn INR:1
- AFP: 2,3 ng/ml
- Trombosit: 220 000 /mL
- HBs Ag: Pozitif
- HBe Ag: Pozitif
- Anti HBe: Negatif
- Anti HBcIgM: Negatif
- Anti HDV:
- Anti HCV: → Negatif
- Anti HIV:
- Anti HAV IgG: Pozitif

**HBV DNA: 1 250 000 000 IU/ml**

## ÜST BATIN USG

Normal bulgular



## KC BİYOPSİ (Modifiye ISHAK)

- Periportal alanda orta şiddete%50 den az piecemał nekroz (3)
- Fokal konfluent nekroz (1)
- İntralobüler alanda 2-4 fokal litik nekroz,fokal inflamasyon (2)
- Portal alanda orta derecede inflamasyon (2)
- Portal alanda fibrozis (2)

HAİ:8 E:2

# Tedavi seçenekleri rehberler

		EASL 2012	APASL 2012	AASLD 2009	VHSD 2011	KLİMİK – VHÇG 2014
<b>HBe Ag ( + )</b>	HBV DNA IU/ml	≥ 20 000	≥ 20000	≥ 20 000	> 2000	> 2000- 20000
	ALT U/L	> 2 kat	> 2-5 kat	> 2 kat	> normal	> 2 kat
	KC BİYOPSİ	>2000 biyopsi ile ≥ A2- ≥ F2 >20000 biyopsi olmadan da	? Orta/şiddetli İnflamasyon	Opsiyonlu Orta/şiddetli İnflamasyon Belirgin fibrozis	HAİ≥4 E ≥ 2	Biyopsi önerilir
	ÖNERİ	<b>Tedavi et</b>	3 - 6 ay ara ile ALT, HBe Ag izlemi	1-3 ay ara ile ALT, HBe Ag izlemi	<b>Tedavi et</b>	<b>Tedavi et</b>

## Tedavi seçimi : Entekavir 0.5 mg / gün ile....

- DNA polimerazın potent inhibitörlerinden
- Nükleozid analogu
- Genetik bariyeri yüksek
- Yan etki yönünden rahat

*Journal of Viral Hepatitis*, 2012, 19, 377–386

doi:10.1111/j.1365-2893.2012.01602.x

REVIEW

# First-line treatment of chronic hepatitis B with entecavir or tenofovir in ‘real-life’ settings: from clinical trials to clinical practice

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Table 2 Summary of efficacy results from real-life studies of entecavir in NUC-naïve patients

Study [ref]	Median follow-up (range)	No. patients	Cut-off (assay limit) (IU/mL)	HBV DNA undetectable, % (n/N*)	ALT normalization, % (n/N*)†	HBeAg seroconversion, % (n/N*)‡	HBsAg loss, % (n/N*)
ORIENTE [22]	52 weeks (46–53)	190	50	83 (150/181)	82 (115/141)	21 (12/57)	1 (2/190)
VIRGIL [23]	19 months (3–45)	243	80	86 (208/243)	74 (126/171)	15 (13/86)	1 (3/243)
Argentinean cohort [25]	110 weeks (56–164)	69	6	88 (61/69)	98 (63/64)	44 (19/43)	10 (7/69)
King's College cohort [26]	28 months (NR)	154	12	76 (NR)	NR	8 (NR)	1 (NR)
Italian cohort [27]	42 months (2–53)	418	12	99 (66/67)	88 (60/68)	56§ (27 patients)	21§ (12 patients)
Hong Kong cohort [28]	3 years (12–60 months)	222	12	96 (67/70)	90 (51/57)	53 (16/30)	0.5 (1/222)§

ALT, alanine transaminase; HBeAg, e antigen; HBsAg, surface antigen; HBV, hepatitis B virus; NR, not reported; NUC, nucleos(t)ide analogue; VIRGIL, Vigilance against Viral Resistance.

\*N = number of patients on treatment, unless stated otherwise. †Among those with elevated ALT at baseline. ‡Among those HBeAg(+) at baseline. §Kaplan–Meier estimate.

# EASL 2012

**Table 2. Results of main studies for the treatment of HBeAg-positive chronic hepatitis B at 6 months following 12 months (48 or 52 weeks) of pegylated interferon alpha (PEG-IFN) and at 12 months (48 or 52 weeks) of nucleos(t)ide analogue therapy.**

	PEG-IFN		Nucleoside analogues			Nucleotide analogues	
	PEG-IFN-2a	PEG-IFN-2b	Lamivudine	Telbivudine	Entecavir	Adefovir	Tenofovir
Dose*	180 µg	100 µg	100 mg	600 mg	0.5 mg	10 mg	245 mg
[Ref.]	[63]	[64]	[63, 65-68]	[69]	[67]	[69, 70]	[70]
Anti-HBe seroconversion (%)	32	29	16-18	22	21	12-18	21
HBV DNA <60-80 IU/ml (%)	14	7	36-44	60	67	13-21	76
ALT normalisation# (%)	41	32	41-72	77	68	48-54	68
HBsAg loss (%)	3	7	0-1	0.5	2	0	3

\*PEG-IFN were given as percutaneous injections once weekly and nucleos(t)ide analogues as oral tablets once daily.

#The definition of ALT normalisation varied among different trials (i.e. decrease of ALT to  $\leq 1.25$ -times the upper limit of normal (ULN) in the entecavir or  $\leq 1.3$ -times the ULN in the telbivudine trial).

# EASL KAYNAKLARI

- [63] Lau GK, Piratvisuth T, Luo KX, Marcellin P, Thongsawat S, Cooksley G, et al. Peginterferon Alfa-2a, lamivudine, and the combination for HBeAg-positive chronic hepatitis B. *N Engl J Med* 2005;352:2682–2695.
- [64] Janssen HL, van ZM, Senturk H, Zeuzem S, Akarca US, Cakaloglu Y, et al. PEGylated interferon alfa-2b alone or in combination with lamivudine for HBeAg-positive chronic hepatitis B: a randomised trial. *Lancet* 2005;365:123–129.
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- [67] Chang TT, Gish RG, de Man R, Gadano A, Sollano J, Chao YC, et al. A comparison of entecavir and lamivudine for HBeAg-positive chronic hepatitis B. *N Engl J Med* 2006;354:1001–1010.
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- [70] Marcellin P, Heathcote EJ, Buti M, Gane E, de Man RA, Krastev Z, et al. Tenofovir disoproxil fumarate versus adefovir dipivoxil for chronic hepatitis B. *N Engl J Med* 2008;359:2442–2455.

# EVALUATION OF 3 YEARS TREATMENT RESULTS OF ENTECAVIR NAIVE CHRONIC HEPATITIS B PATIENTS

Fatma KACAR, Nazlım AKTUĞ DEMİR, Halil KARATAŞ, Mehmet ÖZCAN, Fatime KORKMAZ  
Konya Meram Research and Education Hospital

<b>HBV DNA</b>	<b>1. Year</b>	<b>2. Year</b>	<b>3. Year</b>
<b>HBeAg (+)</b> <b>n:15</b>	13 (% 86.6)	15(% 100.0)	15(% 100.0)
<b>HBeAg (-)</b> <b>n:36</b>	25 (% 69.4)	33 (% 91.6)	35 (% 97.2)

## **EVALUATION OF 3 YEARS TREATMENT RESULTS OF ENTECAVIR NAIIVE CHRONIC HEPATITIS B PATIENTS**

**Fatma KACAR, Nazlım AKTUĞ DEMİR, Halil KARATAŞ, Mehmet ÖZCAN, Fatime KORKMAZ**

**Konya Meram Research and Education Hospital**

**Purpose:** In this study 3 years treatment results of 51 chronic hepatitis B patients treated with 0.5 mg/day entacavir.

**Method:** This study included 51 patients admitted to Infectious Diseases clinic of Konya Research and Education Hospital between January 2008 and September 20121. Data were recorded to SPSS 16.0 package program and chi-square test was used for statistical evaluation of cathegorical variables. p<0.05 was considered as statistically significant.

**Findings:** Thirty three (64.7%) patients were males, 18 (35.3%) were females and mean age was  $41 \pm 16.8$ . HBeAg was positive in 15 (29.5%) patients and Anti-HBe was positive in 36 (70.5%) patients. Median HBV DNA value was 86424000 (21000-19937832620) IU/Ml, and median alanine aminotransferase (ALT) value was 97(28-468) u/l. Three years treatment responses of patients are given in Table 1.

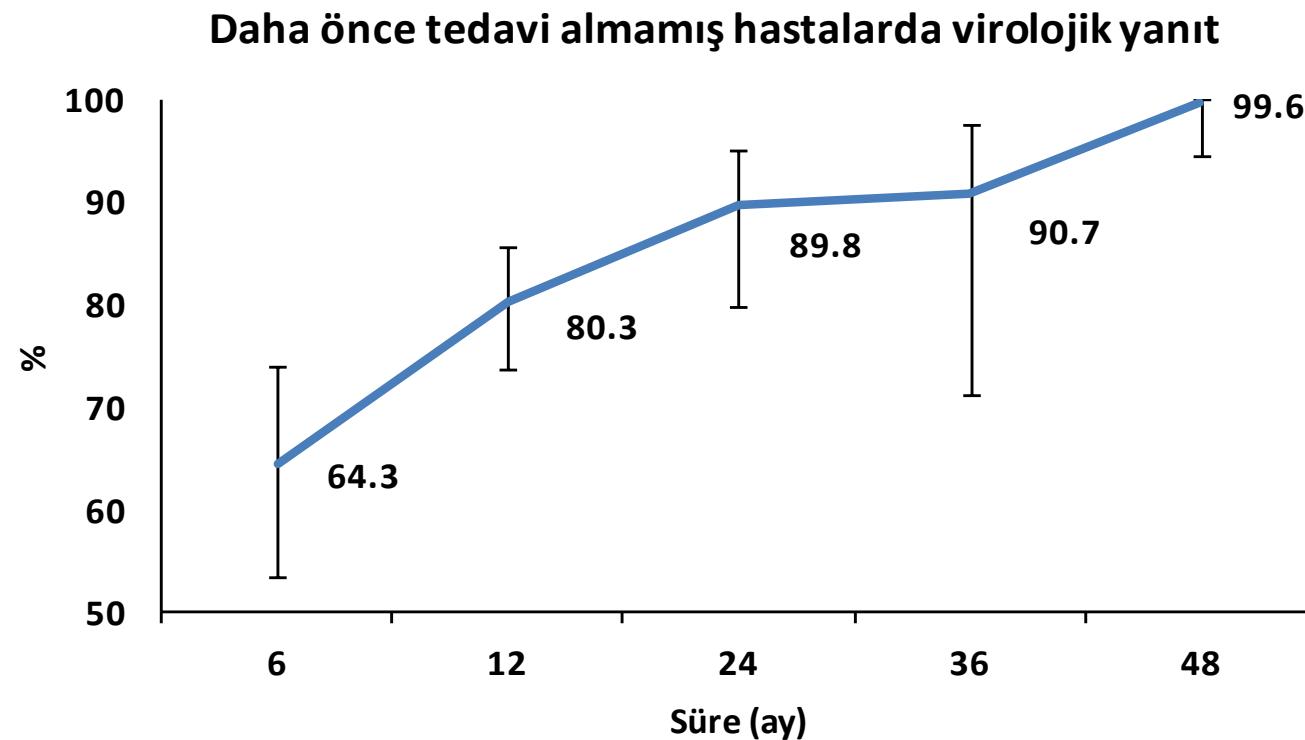
**Table 1.** Treatment Responses of Patients Versus Years

	<b>1.Year</b>	<b>2.Year</b>	<b>3.Year</b>
<b>HBV DNA (IU/ml)</b>	38(%74.5)	48(%94.1)	50(%98)
<b>ALT(U/L)</b>	40(78.4)	49(%96)	50(%98)

Rate of turning of HBV DNA test to negative and rate of ALT normalisation in HBeAg positive, Anti-Hbe positive patients are shown in Table 2 and Table 3.

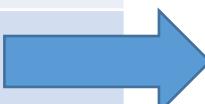
**Table 2.** Rate of Turning of HBV DNA Test to Negative in HBeAg positive and Anti-Hbe Positive Patients

# Kronik B Hepatitinde Entekavir Kullanımının Etkinliği ile İlgili Türkiye Kaynaklı Çalışmaların Meta-Analizi

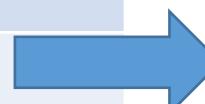


# TEDAVİ SEYRİ

AY - HAFTA	ALT U / L	HBV DNA iu/ml
0 -	137	1 250 000 000
3 (12)	60	
6 (24)	43	44600
9 (36)	32	33659



Biyokimyasal yanıt : 6. ay



Kısmi virolojik yanıt !

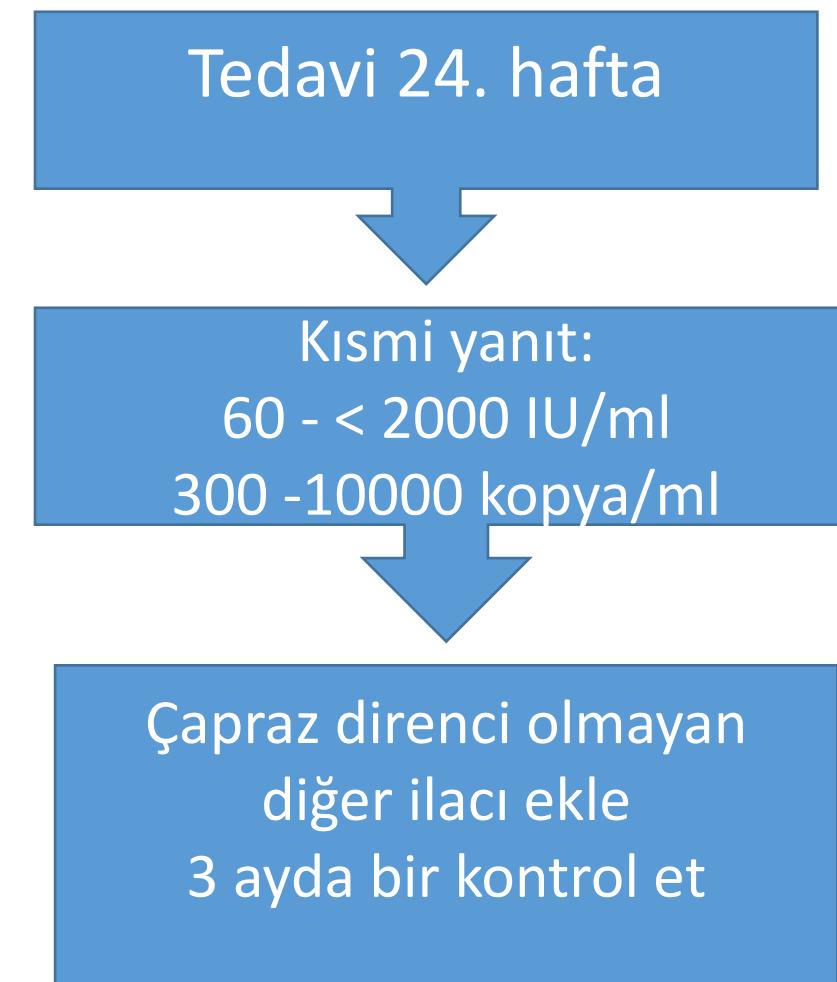
# EASL 2012 :KİSMİ VİROLOJİK YANIT YÖNETİMİ

The optimal management of patients with partial virological response under entecavir or tenofovir (highly potent drugs with a high genetic barrier to resistance) is currently debatable. In such patients with a partial virological response at week 48, the HBV DNA levels at week 48 and their kinetics must be taken into account. Patients with declining serum HBV DNA levels may continue treatment with the same agent (entecavir or tenofovir) given the rise in rates of virological response over time and the very low risk of resistance with long-term monotherapy with both these agents [137] (**B1**). Some experts would suggest adding the other drug in order to prevent resistance in the long term, particularly in the rare patients without further HBV DNA decline despite drug compliance (**C2**).

[137] Zoutendijk R, Reijnders JG, Brown A, Zoulim F, Mutimer D, Deterding K, et al. Entecavir treatment for chronic hepatitis B: adaptation is not needed for the majority of naive patients with a partial virological response. Hepatology 2011;54:443–451.

- Yönetim tartışmalı.
- 48. Haftada HBV DNA düşme eğilimde ise aynı ajanla devam edilebilir :  
(ETV ya da TDF) (**B1**)
- 2 ‘li tedavi (**C2**)

# 24. Haftaya göre kısmi viral yanıtta yol haritası



# VİRAL YÜKÜ YÜKSEK HBE AG(+) HASTADA ENTEKAVİR SEÇİMİ UYGUN MU?

*Efficacy of entecavir treatment for up to 96 weeks in nucleoside-naïve HBeAg-positive chronic hepatitis B patients with high viral load.*

TEDAVİ HAFTASI	VİROLOJİK YANIT	VİROLOJİK YANIT	p
	HBV DNA > 10 log 9 kopya/ml	HBV DNA < 10 log 9 kopya/ml	
48	% 42	% 67.34	0.006
72	% 62	% 85.71	0.007
96	% 68	% 85.71	0.037

- 99 HBe Ag(+) hasta,naif
- 50'si yüksek viral yük:  
 $> 10 \log 9$  kopya/ml
- 49 'u yüksek olmayan VY  
 $< 10 \log 9$  kopya/ ml
- **Virolojik yanıt : <300 kopya/ml**

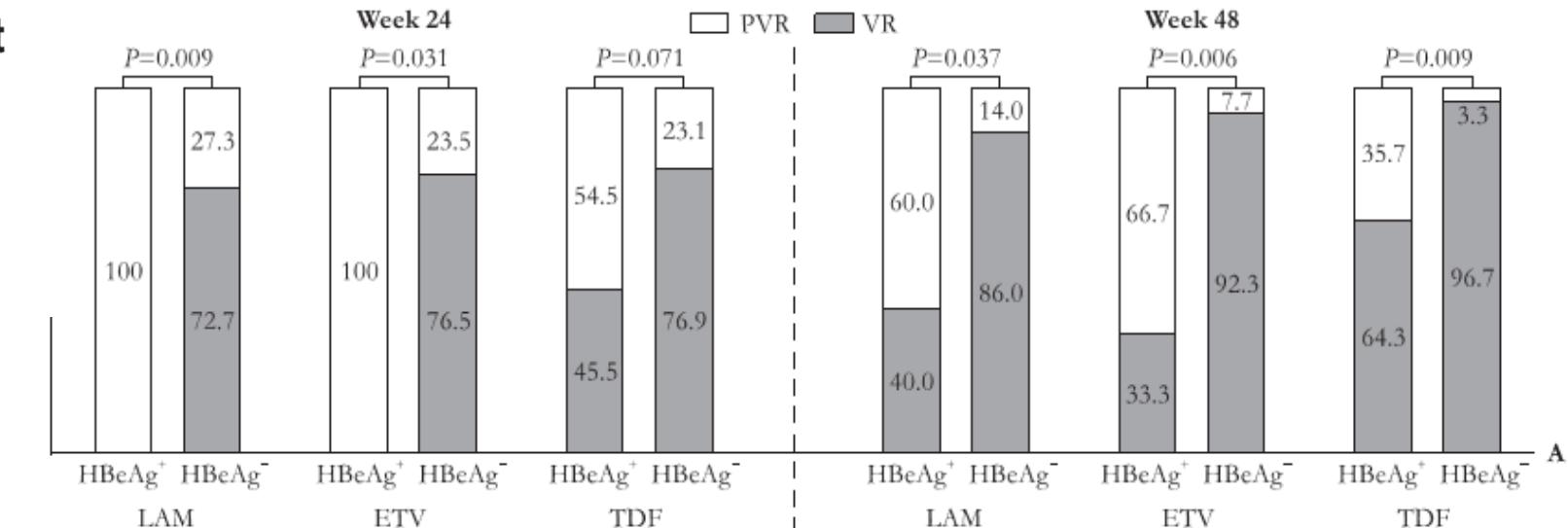
**SONUÇ:** Başlangıçtaki viral yükün yüksek Olması virolojik yanıt için negatif bir belirteç

## Partial virological response to three different nucleotide analogues in naive patients with chronic hepatitis B

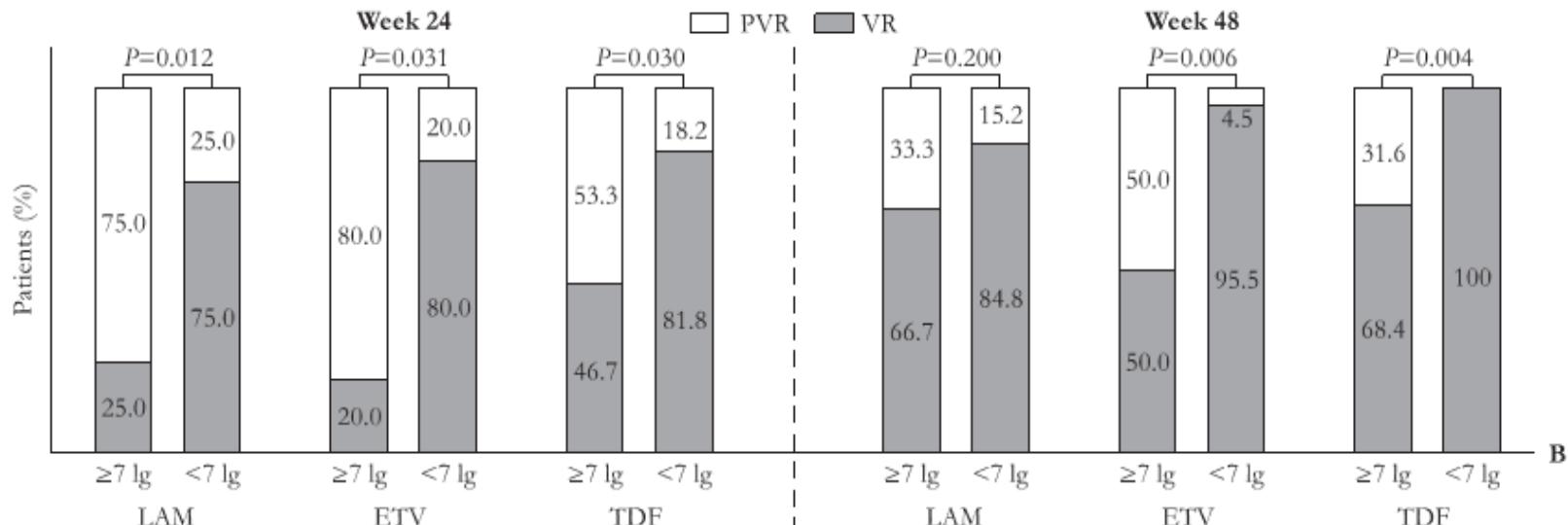
Ender G Yegin and Osman Cavit Ozdogan

Istanbul, Turkey

Viral yük :  $\geq 7 \log \text{IU/ml}$



Viral yük :  $< 7 \log \text{IU/ml}$



**150 NA naif hasta,  
LAM:69, ETV:35 TDF:46**

**Fig. 1.** The distribution of patients with PVR and VR at week 24 and 48 for three NA groups; lamivudine, entecavir and tenofovir according to, (A) Baseline HBeAg status, (B) High ( $\geq 7 \log \text{IU/mL}$ ) and low ( $< 7 \log \text{IU/mL}$ ) baseline HBV DNA level. LAM: lamivudine; ETV: entecavir; TDF: tenofovir.

# Tedaviye TDF eklendi.....

AYLAR	0 ETV	3 ETV	6 ETV	9 ETV+TDF	12 ETV+ TDF
ALT U/L	137	60	43	32	26
HBV DNA IU/ml	1 250 000 000		44600	33659	773

# 2'li tedavi süresi ? ..... Sonra monoterapi?

- KESİN VERİ YOK DENEYİMLER GENELLİKLE 24-48 HAFTADA (ÇOĞUL İLAÇ DİRENÇİ YOKSA) VİRAL SÜPRESYON SAĞLANIP MONOTERAPİ YÖNÜNDE,  
DİRENÇLİ VİUSTA DEVAM...

# 2 li sonrası TDF monoterapisi?

- [Eur J Gastroenterol Hepatol.](#) 2015 Apr 21. [Epub ahead of print]
- **Tenofovir monotherapy after achieving complete viral suppression on entecavir plus tenofovir combination therapy.**
- [Kim LH<sup>1</sup>](#), [Chaung KT](#), [Ha NB](#), [Kin KC](#), [Vu VD](#), [Trinh HN](#), [Nguyen HA](#), [Nguyen MH](#).
- [Author information](#)
- **Abstract**
- **OBJECTIVES:**
- It is unclear whether patients with chronic hepatitis B with partial response to entecavir (ETV) who have achieved complete viral suppression (CVS) with ETV plus tenofovir (TDF) combination therapy maintain CVS if switched to TDF or ETV. Our goal was to examine virologic outcomes in such patients.
- **METHODS:**
- This is a retrospective cohort study of 57 ETV partial responders with chronic hepatitis B who showed CVS on ETV+TDF combination therapy, who were switched back to monotherapy with either ETV (n=16) or TDF (n=18), or continued on combination therapy (n=23). The majority of patients were Asian (91%) and male (65%), with a mean age of 41±12 years.
- **RESULTS:**
- The patients switched back to ETV had significantly higher rates of virologic breakthrough by 6 months after the switch compared with their TDF counterparts (88 vs. 39%, P=0.004). Patients who remained on ETV+TDF also had virologic breakthrough, due to either confirmed or suspected nonadherence. On multivariate analysis inclusive of age, sex, and hepatitis B virus DNA levels at initiation of combination therapy, ETV (compared with TDF) was found to be an independent predictor for virologic breakthrough (odds ratio 112.7, P=0.03), as well as duration of CVS of less than 12 months while on ETV+TDF (odds ratio 60.2, P=0.03).
- **CONCLUSION:**
- TDF monotherapy, especially in those who have had CVS for at least 12 months on combination therapy, may be considered for some ETV partial responders who have achieved CVS with combination therapy, given the financial advantage and convenience of monotherapy.

# Olgu 2

**43 yaş, erkek, işçi**

**Şikayeti/Hikayesi:** Yakınması yok, Tarama sırasında HBs Ag(+)

**Aile öyküsü** : Özellik yok

**Fizik Muayene** : İkteri yok

Karaciğer dalak palpe edilmiyor, traube açık, asit yok

# LABORATUVAR BULGULARI (Mart 2008)

- ALT : 75 - 282 U/L
- AST: 51 - 161 U/L
- GGT: 55 U/L
- T.bilüribin: 0.6 mg/dl
- T.protein: 7,8 mg/dL
- Albümin: 4 mg/dL
- Kreatinin: 1.1 mg/dl
- PTZ: 12,9 sn INR:1,03
- AFP: 6,2 ng/ml
- Trombosit: 182 000 /mL

- HBs Ag : Pozitif
  - Anti HBe: Pozitif
  - HBe Ag : Negatif
  - Anti HDV:
  - Anti HCV:  Negatif
  - Anti HIV:
  - Anti HAV IgG: Pozitif
- HBV DNA: > 100 000 000 kopya/ml**

# İlk Takipte ALT artışı???

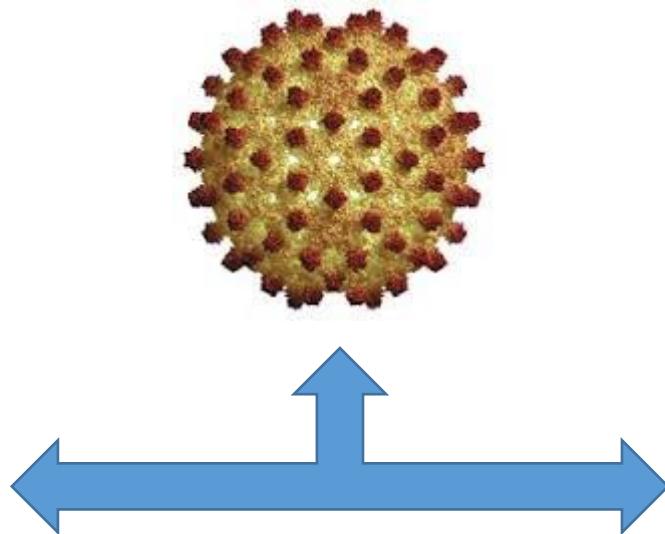
- Anti HBc IgM :Negatif
- CMV ,EBV, HSV koinf yok
- Demir, bakır depo hst yok
- İmmün marker (ANA,AMA)
- Negatif

	Mart	Nisan Biyopsi	Mayıs	Haziran Tedavi başlandı
ALT U/L	75	282	464 - 190	182
AST U/ml	51	161	269- 77	75

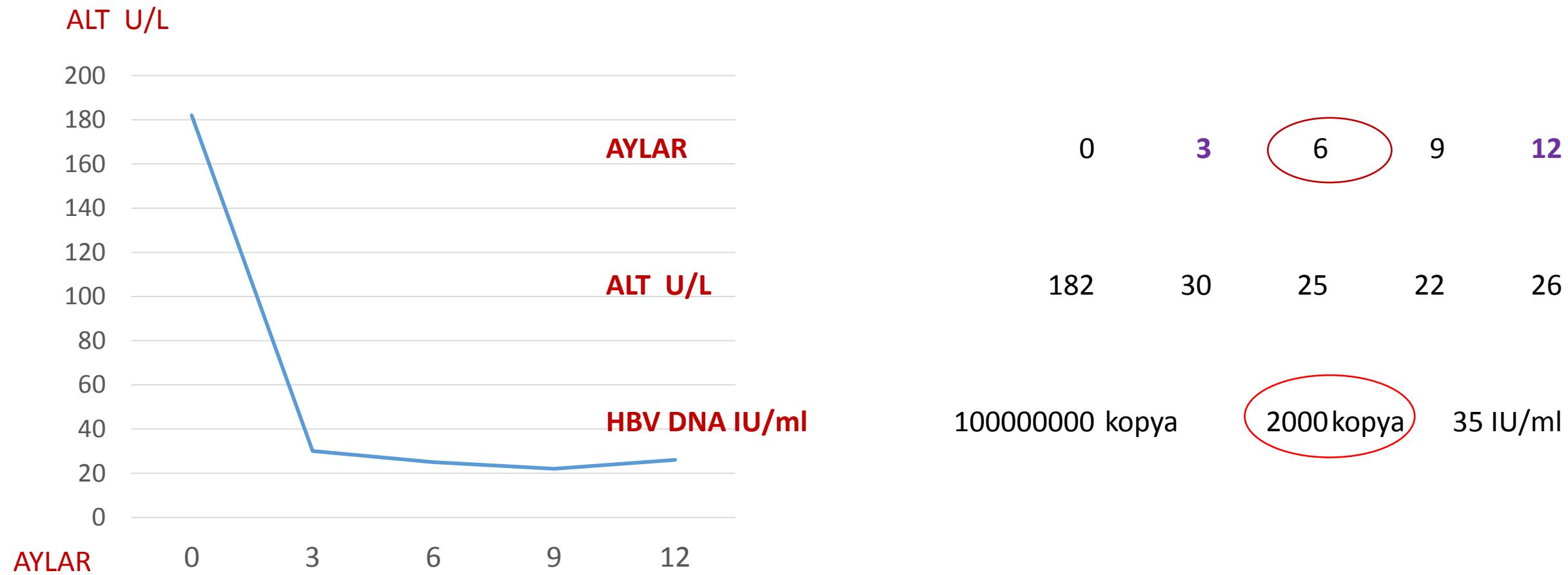
# TEDAVİ SEÇENEĞİ?

- USG. Normal bulgular
- KARACİĞER BİYOPSİ (Mod ISHAK)
- HAI :10 E:1

# TEDAVİ KARARI : Tenofovir disoproxil 245 mg (Haziran 2008)



# TDF TEDAVİ İZLEMİ: 3. ay biyokimyasal yanıt 6/ay kismani VY 12/ay VY



# ANCAK HASTA MUTSUZ-GİS YAN ETKİ

# Tenofovir yan etkiler:

- Nadiren laktik asidoz bulguları
  - Sarılık
  - Nadir bulantı, kusma, mide ağrısı, gaz-şişkinlik
  - Uyku problemi, baş dönmesi
  - Kaşıntı
  - Uzun süreli kullanımda renal fonksiyon bozukluğu
  - «osteopeni-poroz»

# GASTRİK YAKINMALAR İÇİN ENDOSKOPI

- ÖZEFAJİT
- LES DİSFONKSİYONU
- PANGASTRİT
- PPI
- ANTİASİT
- TEDAVİ 48. HF (1 YIL) HASTA İSTEĞİ İLE İLAÇ DEĞİŞİMİ
- ENTEKAVİR

# TDF → ETV tedavi seyiri

- 
- **viral kırılma**
- **ilaç uyumu ?**



AYLAR	ALT U/L	HBV DNA IU/ml
0	26	35
3	28	
6	38	< 10
12	33	< 10
18	40	
24	115	259 000

## Viral kırlımda EASL 2012 önerisi

- LAM,LdT ,ADV → ilaca uyum varsa direnç düşünülmeli
- Potent ilaçlarda hasta uyumsuzluğu ?
- Çok düşük ihtimal entekavir direnci?
- Entecavir direncinde TDF değişim/ekleme

# HASTAMIZDA DURUM?

- Hastanın ağabeyi vefat etmiş,
  - ETV ‘i aksatmış ama kesmemiş!!!
  - ETV direnci baktırmadık (2011)
- 
- ETV ‘ye TDF EKLENEREK DEVAM.....

## ETV+ TDF 6 AYLIK SEYİR

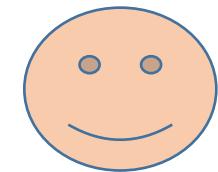
ALT :115 → 55 U/L

HBV DNA → 240 IU/ml

YENİDEN TENOFOVİR MONOTERAPİ

# TENOFOVİRLE DEVAM

AYLAR	ALT U/L	HBV DNA IU/ml
0 (42)	55	240
6 (48)	32	192
12 (54)	24	NEGATİF
18 (60)	18	507



VİRAL KIRILMA



# VHÇG

# ULUSAL HBV İLAÇ

# DİRENÇİ PROJESİ

Doç.Dr.Murat SAYAN  
 Kocaeli Üniversitesi Hastanesi  
 Merkez Laboratuvarı, PCR Ünitesi

## Sequence Information

<b>Identifier:</b>	Konya EAH, N A HBV
<b>Genotype:</b>	D
<b>Dual Infection:</b>	No indication of dual infection was found (100% confidence)
<b>Subgenotype:</b>	D1 (similarity to subgenotype profile = 98.65%)
<b>Included RT domain codons:</b>	82 - 243 (similarity to reference = 98.15%)
<b>Included SHB protein codons:</b>	74 - 227 (similarity to reference = 98.05%)
<b>Mutations RT domain:</b>	H124Y, Y135S, Q215S (LAM ve ADV ile ilişkili kompansatuvar - viral replikasyonu onarıcı/arttırıcı-mutasyon)
<b>Mutations SHB protein:</b>	T127P, S207R, I208T
<b>Escape mutations SHB protein:</b>	

## Drug Resistance

Drugs	Scored mutations	Resistance analysis	
Lamivudine, Zeffix®	none	susceptible	
Adefovir, Hepsera®	none	susceptible	
Entecavir, Baraclude®	none	susceptible	
Tenofovir DF	none	susceptible	
Telbivudine, Tyzeka®, Sebivo®	none	susceptible	

# TENOFOVİRE DEVAM... VE NİHAYET ... 2013 - 2015



AYLAR	ALT U/L	HBV DNA IU/ml
18 (60)	18	507
21 (63)	17	20
24 (66)	18	NEGATİF
30 (72)	20	NEGATİF
36 (78)	19	NEGATİF

- HBs Ag .Pozitif
- Anti HBs :Negatif
- HBe Ag : Negatif
- Anti HBe :Pozitif
  
- ÜRE :42
- Kreatinin. 1.11
- AFP: 3
- Plt :280 000
- USG : Normal
- Kemik dansitometre patolojiksinden değil

A scenic view of a lake surrounded by cherry blossom trees in full bloom, with a small bridge visible in the background.

**TEŞEKKÜR EDERİM**